

KILKEEL CHARITABLE TRUST

Report of the Trustees FOR THE YEAR ENDED 31 OCTOBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company is established to promote the development of community based projects which will enhance individual's skills, confidence and well-being.

Significant activities

The charity has been delivering a programme of personal well-being through their involvement with the Healthy Living Centre Alliance. This is a network of community led health improvement organisations based in areas of high health inequalities throughout Northern Ireland. The charity has initiated a number of programmes within the Kilkeel community aimed at initiatives to encourage individuals to take control of their own health and well-being. The programmes delivered within the community offer support to people to self manage long term chronic pain relief to encouragement on activities to enhance both individual physical and mental health recovery and the individual's inner well-being.

Public benefit

The public benefit afforded by the charity to the inhabitants of Kilkeel and the local wider community is the knowledge that there is a support group providing access to programmes aimed to promote and facilitate issues encountered in today's stressful and hectic modern life. With the pressures upon individuals in terms of mental and physical wellbeing the charity offers a channel whereby those in the community with physical and emotional issues can seek guidance through targeted programmes and with the knowledge that they are not isolated with no avenue of support. This is the role and purpose of Kilkeel Charitable Trust within the community.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity continues to play an important role in the local community of Kilkeel through its initiatives surrounding both physical and mental health well-being. Within the financial year Kilkeel Charitable Trust delivered additional programmes through "Better Health Through Better Living" and "Better Days" Programmes. In conjunction with the Healthy Living Centre Alliance programmes were brought to the community to enable those to develop better lifestyle choices which impacts on health to those who are seeking ways and means to self manage chronic pain in their life. In going forward the charity is introducing a social prescribing programme which seeks to increase access and encourage activities to enhance the participants well-being but also to bring out their positivity and outlook towards life.

FINANCIAL REVIEW

Principal funding sources

The charity continues to seek funding streams as part of their membership of the Healthy Living Centre Alliance through which they deliver community based projects designed to promote personal well-being programmes to aid mental and physical health support to reducing personal social isolation.

Funding is also obtained from charitable bodies such as the Community Foundation Northern Ireland whereby grant support is secured to allow the charity to focus on community led projects aimed at improving the lives of individuals.

Reserves policy

The reserves policy of Kilkeel Charitable Trust is to maintain an operating surplus on an ongoing basis thereby accumulating unrestricted funding reserves. These reserves are to be retained in order to meet precautionary financial requirements.

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FINANCIAL REVIEW

Going concern

After making appropriate enquiries the board of trustees has a reasonable expectation that the trust has adequate support to continue in operational existence for the foreseeable future. For this reason it continues to adopt the going concern basis in preparing the financial statements.

FUTURE PLANS

The charity will seek to ensure the provision of community led projects and to support the delivery of these to the benefit of the members of the local community.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company's name is "Kilkeel Charitable Trust".

The organisation is a charitable company limited by guarantee, incorporated on the 26th January 2009, and registered as a charity on the 25th September 2014. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the Company for the purposes of charity law and under the company's Articles of Association shall manage the business of the company and exercise all the powers of the company. Each year one third of the directors shall retire by rotation from office and being eligible offer themselves for re-election. Due to the nature of the charity's work the Directors seek to ensure that the needs of the community are appropriately reflected through the diversity of the directors. To enhance this Directors are sought who have an interest and understanding of the charity's work.

Recruitment and appointment of new trustees

The trustees are familiar with the practical work of the charity. Additionally, where new trustees are invited and encouraged to familiarise themselves with the work of the charity and in the context in which it operates.

Organisational structure

The day to day decision making is undertaken by the Development Officer under the guidance of the Board of Directors. Financial matters are addressed by the Development Officer in conjunction with the Board of Directors.

It is the responsibility of the Board of Directors along with the Development Officer to ensure that the funders regulations are met and adhered to.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

NI071575 (Northern Ireland)

Registered Charity number

100403

Registered office

Nautilus Centre
Rooney Road
Kilkeel
Co. Down
BT34 4AG

KILKEEL CHARITABLE TRUST

**Report of the Trustees
FOR THE YEAR ENDED 31 OCTOBER 2023**

Trustees

Mr V Aiken M.B.E. Director of Sales
Mr H Nicholson M.B.E. Fish Merchant
Mr G Coulter M.B.E. Manufacturer
Mr J Cunningham Teacher/Butcher
Mr W J Newell MD Seafood Company
Mr S McKee Retired
Ms M D M Coulter Solicitor
Mr A Hanna Entrepreneur
Mr K Fitzpatrick Banking

Company Secretary

Mr S McKee

Independent Examiner

Conaill McGrady FCA
M.B.McGrady & Co
Chartered Accountants
Rathmore House
52 St Patricks Avenue
Downpatrick
Co. Down
BT30 6DS

Solicitors

Ms Diane Coulter
125 Harbour Road
Kilkeel
Co. Down
BT34 4AT

Approved by order of the board of trustees on 29 July 2024 and signed on its behalf by:

Mr W J Newell - Trustee

