

Davina's Ark (Aftercare Addiction Centre)

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2023

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Structure, governance and management

The Society is a Company Limited by Guarantee, not having a share capital and satisfies the criteria set out in Section 60 of the Companies Act 2006 whereby it is exempt from the use of the word "Limited" as part of the company name.

The company is governed by a Memorandum and Articles of Association. The liability of each member of the company is limited to a contribution, in the event of the winding up of the Society, of an amount not exceeding £1.

The Directors have ultimate legal and financial responsibility for the affairs of Davina's Ark (Aftercare Addiction Centre), although the management of the organisation is generally delegated to the staff and volunteers, through the Chief Executive. The Board of Directors meet on a quarterly basis and consist of the Chief Executive, the Chairperson and the other Board Members. In addition, staff/volunteer meetings are held on a monthly basis.

The Directors of the company at 31 March 2023, all of whom have been in office for the whole of the period ended on that date, unless otherwise stated, are listed below.

Davina's Ark (Aftercare Addiction Centre) has an induction program for new directors in which directors are advised of their legal responsibility and requirements.

Charitable status

The society has been granted charitable status for taxation purposes and its registered number is NIC100289.

Risk management

The directors have actively reviewed the major risks which the charity is exposed to and have in place sufficient resources in the event of adverse conditions. The directors have also examined other business and operational risks, which the charity faces and confirm that it has established systems to mitigate significant risks.

Public Benefit

The direct benefits which flow from purpose

- 1. Through working with individuals inflicted with addiction Davina's Ark will help prevent relapses and incidents of self-harm and suicide and the relief of anxiety, depression and the associated psychological trauma connected with addiction.**

These benefits will be evidenced through evaluation feedback forms completed at the end of the programme by the centre users themselves, family members and or monitoring services (where a referral was in place) from other professionals also working with the individuals. There is no obvious harm arising from this benefit. The charities beneficiaries are individuals regardless of age, race, religion, sexual orientation or gender and their families living within the Newry & Mourne region and surrounding district who are suffering from or affected by the effects of addiction The only private benefit arising from this purpose is the practical experience and training that the will be available to the volunteer counsellors and facilitators, some of whom are trustees. However this training is necessary and obligatory in order to provide the service and therefore this benefit is incidental.

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2. The relief of those in need by reason of youth, age, ill health, disability, or hardship

The direct benefits which flow from purpose 2 is the provision of a safe, confidential non-residential aftercare service which will provide a range of tailored therapeutic programmes which will rediscover family relationships lost to addiction and offer emotional support, anger management and help develop and or reintroduce social and life skills for example Interaction with the individual and their family also relieves pressure on a lot of young carers in our society. These benefits will be evidenced through evaluation feedback forms completed at the end of each programme by the centre users themselves, family members involved in the process and or monitoring services (where a referral was in place) from other professionals also working with the individuals and or the family. There is no harmful outcome in the provision of this benefit The charities beneficiaries are individuals regardless of age, race, religion, sexual orientation or gender and their families living within the Newry & Mourne region and surrounding district who are suffering from or affected by the effects of. Quite often this is either elderly parents or young children or other vulnerable persons. The only private benefit arising from this purpose is the practical experience and training that the will be available to the volunteer counsellors and facilitators, some of whom are trustees. However this training is necessary and obligatory in order to provide the service and therefore this benefit is incidental.

3. The advancement of education

The direct benefits which flow from purpose 3 is the increased awareness within the entire society of the effects of addiction, the reduction of shame and stigma surrounding addiction and highlighting how addiction can impact on more than just the individual and it also provides hope to the centre users and reduces the shame and stigma attached to addiction. These benefits will be evidenced through feedback evaluation forms completed at the end of each programme by the centre users themselves, family members involved in the process and or regular monitoring services (where a referral was in place) from other professionals also working with the individuals and or the family. There is no harmful outcome in the provision of this benefit The charities beneficiaries are individuals regardless of age, race, religion, sexual orientation or gender and their families living within the Newry & Mourne region and surrounding district who are suffering from or affected by the effects of addiction. The only private benefit arising from this purpose is the practical experience and training that the will be available to the volunteer counsellors and facilitators, some of whom are trustees. However this training is necessary and obligatory in order to provide the service and therefore this benefit is incidental.

Reference and administrative details

Registered charity name	Davina's Ark (Aftercare Addiction Centre)
Charity registration number	NIC100289
Company registration number	NI620042
Principal office and registered office	22 Kilmorey Street Newry Co Down BT35 6BB

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Company secretary

Ciaran Mackin

Trustees/Directors

Rosemary Rooney
Julie McGinnis
Gavin Booth
Geraldine Deen
Ciaran Mackin
Theresa O'Hagan

Accountants

Phelan & Prescott
Chartered Accountants
River House, Home Avenue
Newry, Co Down, BT34 2DL

Objectives and activities

Davina's Ark (Aftercare Addiction Centre) was setup as a social enterprise and was incorporated on 27 August 2013 as a company limited by guarantee. The core activity of Davina's Ark (Aftercare Addiction Centre) is supporting individuals and families affected by addiction and associated psychological trauma through the provision of psychological, emotional, spiritual and practical supports. Davina's Ark aims to;

- break the cycle of addiction;
- free families from the heartache of a loved one in addiction;
- rediscover relationships in families lost to addiction;
- establish positive relationships within the family and wider community;
- provide a bridge to reconnect beneficiaries to adopt a healthier lifestyle;
- challenge stigma and discrimination with regard to all aspects of addiction and addictions.

Davina's Ark (Aftercare Addiction Centre) provides counselling support and bespoke confidential aftercare programmes for individuals and their families in a non-residential setting. The service is provided within a safe and confidential therapeutic framework delivered by professionally qualified counsellors to all individuals without distinction of age, sex, sexual orientation, and race, political, religious or other opinion.

Davina's Ark (Aftercare Addiction Centre) will provide individual counselling, group work, educational workshops, therapeutic programmes and educational information and literature.

Our vision is to provide a centre of excellence to support individuals and families affected by addiction and associated psychological trauma, by providing a holistic aftercare service with the object of preventing relapse, encouraging change and improving the way of life for all beneficiaries. We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous periods. The review looks at the success of projects and programmes and the outcomes of each element. The review also helps us ensure our aims, objectives and activities remain focused on our stated purpose.

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Achievements and performance

Davina's Ark (Aftercare Addiction Centre) main objectives for the 2019/20 year were to continue providing and to develop and extend an aftercare counselling service within a safe and confidential therapeutic framework for individuals and families affected by addiction and associated psychological trauma through the provision of psychological, emotional, spiritual and practical supports. The Strategies we used to meet these objectives included;

- Developing controls to ensure behaviours throughout our organisation are of the highest standard, open and transparent with appropriate safeguards, given the confidential nature of our work;
- Developing, maintaining and delivering a range of best practice, specialised, individual and group counselling, educational workshops, tailored therapeutic programmes and holistic aftercare services in a non-residential setting;
- Informing and educating beneficiaries on all aspects of addiction including cause, effect, recovery and prevention of relapse;
- Recruiting, competent and highly motivated workforce of professional qualified counsellors and volunteers who have knowledge and experience to deliver the service to the highest standard;
- Increasing public awareness through media sources and developing marketing communication materials - leaflets, posters, etc and setting up an operational web-site;
- Developing collaborative links with other Health & relevant voluntary organisations.

Davina's Ark (Aftercare Addiction Centre) is based in Newry but will provide its services within the Newry & Mourne, the Southern Health and Social Care Trust domain and adjoining border counties of the Republic of Ireland serving a population in excess of 600,000. The Newry & Mourne area includes 7 neighbourhood renewal (NR) areas of high multiple deprivation with additional NR areas in Armagh, Lurgan and Craigavon. There are similar demographics in the border counties although the neighbourhood renewal categorisation is not used in that jurisdiction.

The projects developed during 2021/22 include:

- One to one counselling
- Extended non-residential 6 - 12 week programmes
- Family Therapy
- Workshops
- Training and education programmes

Davina's Ark (Aftercare Addiction Centre) have developed an Aftercare Programme specifically designed as a response to the needs of those recovering from addiction and for families affected by addiction within our community. It is targeted at those who wish to look to the future with a view to change, to engage with our Recovery Action Plan and to work towards breaking the cycle of addiction and maintaining recovery. While structured day programmes are a fairly new modality, they facilitate service users remaining within important supportive social networks and prove to be cost effective. The Social Ideology is based on community care; service users remain in their own community during therapy.

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Financial review

The financial statements are presented in the standard format required by the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005 and cover the activities of Davina's Ark (Aftercare Addiction Centre). The Statement of Financial Activities (SOFA) shows the gross income from all sources.

Overview

The charity incurred a surplus of £40,716 in the period for the year ended 31 March 2023. This performance was expected by the Board of Directors.

Incoming resources

Total incoming resources for the year were £190,228. The charity continues to be thankful for peoples' wonderful efforts and generosity, particularly in times of recession.

Direct charitable expenditure

Direct charitable expenditure has increased during the year primarily due to costs of staffing and establishment, as a result of the increase in activities conducted by the charity during the year.

Governance costs

The administration costs of running the charity were £149,512 in 2022/23.

Balance Sheet

Net funds were positive at £41,944 as at 31 March 2023.

Reserves Policy

The reserves policy was agreed following an analysis of the following four factors:

- Forecasts for levels of income in future years taking into account the reliability of each source of income and the prospects for opening up new sources;
- Forecasts for expenditure in the future years in the basis of planned activity;
- Analysis of any future needs, opportunities, contingencies or risks, the effects of which are not likely to be met out of income if and when they arise; and
- Assessment of the likelihood of each of those needs and risks materialising and the potential consequences of the charity not being able to meet them.

The charity's policy is to maintain a level of free reserves which meets the needs of the Charity both at the current time and for the foreseeable future. Free reserves are its total funds excluding restricted funds, designated funds or income funds which can only be released by disposing of fixed assets held for charity use.

Investment Policy

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment.

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Plans for future periods

Davina's Ark (Aftercare Addiction Centre) will continue to:

- Provide a frontline service;
- Deliver a service that no other organisation suitably addresses in the area and surrounding districts;
- Provide a service in an area where no other organisation provides a similar service;

Events after the end of the reporting period

There are no post balance sheet events requiring disclosures in the financial statements.

Going concern

The company's business activities, together with the factors likely to affect its future development, performance and position are set out in the Directors report. The financial position of the company, its cash flows, and liquidity position are described in the notes to the financial statements.

The company's forecasts and projections, taking account of reasonably possible changes in operating performance and upon securing funding show that the company will be able to operate within its current facilities and expected offer letters.

After making enquiries, the directors have a reasonable expectation that the company has adequate resources to continue in operation for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the annual report and financial statements

Directors and their interests

None of the directors who served during the year had any interests in the company.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption. The trustees' annual report was approved on 12th October 2023 and signed on behalf of the board of trustees by:

Geraldine Deen

Geraldine Deen
Trustee