

Larne Well-Being Hub
Annual Report for the period ending March 2023

Larne Well-Being Hub

Charity No: NIC100070

Address: Ground Floor, Moyle Medical Building, 14a Old Glenarm Road, Larne, BT40 1RW

Trustees

Sharon Maxwell	Chairperson
Shannon Smith	Treasurer
Deborah Neil	Secretary
Danny Donnelly	
Janice Todd	
Aine Fleming	

AIMS AND OBJECTIVES

Larne Well-Being Hub provides a safe secure location where anyone affected by issues surrounding trauma, addiction or any mental health issues can access support and services whether it be the user or their family members. We offer 1-to-1 children and adult counselling for those aged 4 years and over, support groups and workshops for adults and young people. Our services continue to be offered in person and remotely depending on need. All of our services are provided free of charge.

ACTIVITIES APRIL 2022 – MARCH 2023

Larne Well-Being Hub has continued to provide services and support to people who have issues with trauma, addiction and/or mental health issues. Larne Well-Being Hub has evolved over time to supporting all areas of mental health. We support all age groups (from 4 years and up) offering counselling and support in our drop-in service offered weekly. We have returned to working in person where able and continue to offer remote access to our services when required. There has been in excess of 8000 people contacting Larne Well-Being for support over the last financial year.

This year has been a challenging year due to the ongoing rise in demand for services. We have continued to offer both in person and remote versions for our services, which has made our service more accessible.

We gained 1 new member to our management committee.

Larne Well-Being Hub would like to thank all of the committee members for their loyalty and support over the last year, without them it would be impossible to provide the service we offer within the local community and further afield.

Larne Wellbeing Hub continues to receive referrals from a varied range of places including self-referrals, GP, CAMHS, CMHT, Action for Children, Woman's Aid etc. Larne Wellbeing Hub also continues to work with other statutory and voluntary organisations such as Network Personnel, PSNI, Victim Support etc.

Signed: 

Date 23/10/23.

Chairperson: Sharon Maxwell