

REGISTERED COMPANY NUMBER: 02086284 (England and Wales)
REGISTERED CHARITY NUMBER: 801419

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
MRS INDEPENDENT LIVING LTD

Brindley Millen Ltd
167 Turners Hill
Cheshunt
Hertfordshire
EN8 9BH

MRS INDEPENDENT LIVING LTD

CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2022

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10 to 11
Notes to the Financial Statements	12 to 20
Detailed Statement of Financial Activities	21

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Our vision, mission and values

Our vision is a society where everyone has a sense of control over their lives and the ability to stay independent, active and connected to the world around them.

Our mission is to provide practical help so that people who need support can live safely and well in their homes and communities.

We achieve this by providing a range of services and projects to support independent living, focusing on minor home adaptations, falls prevention, digital confidence, social isolation, therapeutic decluttering and advice and informal advocacy

Our values are:

- 1 **Real world perspective:** People have overlapping physical, mental and emotional needs and assets, and we respond to these as holistically as we can.
- 2 **People have assets:** We all bring valuable strengths that can benefit the community.
- 3 **Collectivity:** Everyone benefits when we come together to support each other and share experiences and learning.
- 4 **Empathetic and non-judgemental:** We always attempt to understand the different contexts in which people live their lives.
- 5 **Equity:** Disadvantaged people should have equal access to opportunities and be supported to exercise their rights.
- 6 **User-led:** People define the approaches that work for them, and we work with those in mind.
- 7 **Integrity:** We are honest with ourselves and others about our capabilities and what we can deliver.

Our principles of working

The following principles set out our priorities and guide the way we work:

- **Evidence-based:** drawing on existing data and research to inform our work.
- **Supporting innovation:** by supporting new ideas and piloting projects to help build an evidence base.
- **Offering flexibility:** adapting what we do to suit individual needs and preferences.
- **Meeting needs other organisations don't:** identifying gaps and acting on them.
- **Free or low cost:** supporting people in need to overcome disadvantage.
- **Capacity-building:** supporting people to gain and improve skills, knowledge and tools to achieve personal and organisational goals.
- **Networks:** identifying, building and capitalising on networks and the assets within them.

The Year in Review

This has been a year of intensive activity for MRS during which, with the easing of Covid restrictions in July 2021, we have worked to re-establish our services and projects in their fullest sense and pick up development work paused during the pandemic.

In March, the Management Committee welcomed the successful appointment of our new Trustee, Tade Oyebode. Recruitment took place entirely on line, the first step in increasing the diversity of board members and deepening the expertise and range of interests we have available. Throughout the year Trustees have taken part in educational and training programmes with a view to diversifying our staff, volunteers and Management Committee, and to reviewing the board's decision-making and scrutiny. These evolving processes extend to service user involvement where regular meetings have been established from which it's evident that further preparation will be needed to deliver genuine and effective participation in governance.

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2022**

OBJECTIVES AND ACTIVITIES

When the Director returned from parental leave in Spring 2021, she built on her colleagues' careful preparation to implement a flurry of important new policies and policy updates. In the course of the year she has overseen further developments in remote working so that MRS has dispensed with underused office premises, and adopted a hot-desking arrangement at a shared facility in Dalston. Work is in hand to further refine the new staff contract and this has allowed useful consultation and the exploration of some outstanding and even undisclosed concerns. In September 2021 we established a Health and Safety Committee which provides oversight on behalf of the Management Committee and demonstrates our commitment to health and safety as an organisation. One Trustee with a trade union background and a sensory disability attends the Health & Safety Committee as a Trustee Champion. This approach of greater direct involvement is one that we hope to expand in future.

The dominant feature of the year, however, and one considerably exceeding our expectations, has been the successful pursuit of funding. This has been particularly significant for our community advice service (Side by Side), for work with people who hoard, and in enabling the restoration of a fuller range of falls prevention exercise support. The continuous review of our diverse portfolio is a core responsibility of the Trustees. A considerable boost to organisational confidence was achieved when we were able to bring the Side by Side community advice work within the remit of a National Institute of Health Research-funded study into safeguarding and neglect carried out by King's College London. Their subsequent report was an endorsement of an extremely committed and purposeful approach which has helped establish advice-led interventions alongside the hoarding support work as a new pillar of our work at MRS, helping to reshape our identity and direction.

Financially, although we continue as policy to spend down reserves, the acquisition of new funding has enabled a more confident approach to contract negotiation. We're grateful to all our fellow trustees and as ever want to thank the staff for their initiative, resilience and inventiveness in all areas of the organisation's work.

ACHIEVEMENT AND PERFORMANCE **OUR ACTIVITIES AND ACHIEVEMENTS IN 2021/22**

Home adaptations

In 21/22 we continued to provide our Trusted Assessor service for London Borough of Islington's Occupational Therapy team. This service is delivered on a spot purchase basis, outside of a formal contract arrangement. During the year:

- 306 Trusted Assessor jobs were completed; an average of 26 per month. Compared with the 19/20 financial year (the last 'normal' year before the pandemic) this represents a 25% reduction, but reflects an evolution in the type of work being requested, as jobs tend to be bigger and take longer.
- Service capacity was significantly impacted in the first quarter of the year by long-term staff sickness, but we were able to mitigate this to some extent by subcontracting some (mostly external concreting) work to trusted partners working under supervision.
- A pricing review has helped to increase income slightly, with a 5.4% increase for the year compared with 19/20, enabling us to continue providing a full service without the need for cuts.
- We purchased two new vans for the service - one Euro 6 and one electric - that are more environmentally 'friendly' and compliant with London Ultra Low Emissions Zone criteria, allowing charges to be avoided.
- The TCES prescription-based service was phased out as this was not cost-effective to deliver.
- Overall, the Islington Adaptations service drew a deficit of around £4,000 in 21/22 (excluding capital expenditure on the vans and including income from the flexible furlough scheme).

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2022**

Falls prevention

Staying Steady

We also continued to deliver the falls prevention service (known as Staying Steady) in City and Hackney, commissioned by London Borough of Hackney's Public Health team. With activity in the first quarter of 21/22 still impacted by the Covid-19 pandemic, our focus for most of the year has been on re-establishing the programme of community-based exercise classes across the boroughs, including finding new venues and partners, and processing the waiting list of referrals. During the year:

- 168 people at risk of falls started a 24-week strength and balance exercise programme delivered through a community class.
- Sixty-seven completed their exercise programme.
- Across the year, an average of 74% of participants experienced a reduction in falls.
- On average, 83% were assessed as improving their strength and balance, as measured by a recognised test.
- Ninety per cent of participants were still exercising 3 months after completing their exercise course.
- Over three-quarters reported increased mobility and independence 3 months after completion.

Unfortunately our efforts to collaborate with housing providers to host exercise classes have not been particularly successful due to low referrals and retention. We will pursue other avenues to ensure social housing residents and other groups are informed about Staying Steady and able to conveniently access classes locally.

Alongside the main falls prevention contract, we also ran two strength and balance exercise programmes for women from the Orthodox Jewish community, with funding from the Springfield Neighbourhood and London Borough of Hackney's Community Chest. These specialist courses enabled a group that is often excluded from mainstream provision to experience the benefits of group exercise.

Home safety checks were also significantly impacted by the Covid-19 pandemic in the early part of 21/22. Whilst overall referrals have been and remain low (14 in total), we have taken on some complex referrals that have required in-depth and time-intensive work for individuals facing serious safety challenges at home.

Otago home-based exercise

The Otago home-based exercise programme is commissioned by City and Hackney Clinical Commissioning Group (CCG), now the North East London Integrated Care Board. In 21/22, due to ongoing restrictions caused by the Covid-19 pandemic, the CCG commissioned a second pilot of Otago which aimed to trial whether a hybrid approach that reduced the number of in-person visits by an exercise instructor but replaced them with virtual support, was successful in reducing falls amongst a cohort of participants mostly over 75 who are generally unable to access community-based exercise provision due to frailty.

Fifty frail older people at high risk of falls were referred to the pilot. Before the pilot was due to conclude, all Covid-19 restrictions were relaxed in the UK, so the pilot reverted to the standard evidence-based format for Otago delivery. Early indications had shown that participants faced substantial barriers in the ability and willingness to engage with digital technology.

Towards the end of 2021/22, exploratory conversations began with the team leading a local pilot of anticipatory care to see whether this may provide an avenue for future long-term funding of the Otago programme.

Side by Side

Side by Side provides targeted place-based advice and advocacy for people from marginalised and excluded communities who congregate in Gillett Square in Dalston, in partnership with Hackney Cooperative Developments. During the year we worked with academic researchers from King's College London (KCL) who volunteered with the service and produced a case study focusing on Side by Side as part of their research into adult safeguarding in cases of homelessness and self-neglect, which was submitted for publication to the Journal of Adult Protection. This relationship with KCL continues into 22/23. In the period:

- Seventy people received support with welfare issues. This included 47 cases involving benefits, 11 appeals, 29 concerned with housing issues, seven with homelessness, eight addressing debt issues and 10 with immigration challenges. Eight cases had a safeguarding element. Service users often present with multiple issues and the service works with them at their own pace to deal with these challenges in the round.
- Approximately two-thirds of service users were from the Black Caribbean community and one-fifth were from the Black African community. Forty-seven were male and 23 were female, and about half were over 60. Many are living with disability, mental health challenges and/or drug and alcohol misuse.
- New referrals to the service come through outreach on Gillett Square, or increasingly via word-of-mouth from people who use the service to their friends, family and networks. This approach enables us to reach deep into a highly disadvantaged community. The service does not accept referrals from professionals.
- On 17 August we hosted an event called Let's Talk about Welfare Rights for the Gillett Square community and other community advice workers.

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2022**

- In January 2022, we were pleased to have confirmation that the Trust for London had awarded 2-year funding for Side by Side, providing security and sustainability for a unique service that MRS has funded significantly from reserves whilst longer-term funding has been sought.

Our work with G shows how the flexible, holistic and long-term approach of Side by Side can lead to successful engagement with vulnerable individuals who do not use mainstream services. When Community Advice Worker Terry first met G on Gillett Square after a stay in hospital, he had no heating or hot water, no furniture, bed or bedding, and his flat was covered in mould. Although under the care of mental health services, he did not attend appointments. Terry helped G with various housing issues and soon he started arriving every week for support. He has been able to get a new lock for his flat, a bed and mattress through an emergency payment, and the landlord is going to replace the gas system. Work continues but these improvements to his living situation will aid G's recovery.

Digital Confidence

Thanks to funding from Wave 5 of the London Community Response Fund, in 21/22 we were able to continue to develop our programme of group and peer learning opportunities for older people wanting to build their confidence using digital technology and the internet. This included:

- Digital and social support at Dalston Curve Garden, which benefitted 78 older people through 12 3-hour sessions.
- Community hub support at Dalston Curve Garden: including informal smartphone workshops in the garden - up to 20 people attended each week.
- Three workshops for older digital beginners, learning the basics of mobile devices, which were attended by 12 learners.
- Mobile phone learning walks: Two walks took place in Woodberry Down, three in Hackney Wick. 15 older people participated in total.
- Four structured courses for older digital beginners:
 - 'Exploring the internet with smartphones': 13 learners
 - 'How to be safe on the internet': 9 learners
 - 'Touchscreen skills for beginners': 6 learners
 - 'Smartphones for beginners': 13 learners
- Drop-in digital support at Whitmore Community Centre: 18 2-hour sessions were delivered, benefitting 48 older people.
- We also spent significant time on phone calls and email to individuals.

Most participants had become socially isolated since the first Covid lockdown, and also digitally isolated because they had no online access after lockdown restrictions forced our drop-in service to close along with libraries and other supported access services. Sadly we have heard many stories of depression and helplessness from participants, but the fact that we heard them is evidence that we are reaching people and that the project has made a difference.

Helping service users rebuild their personal networks and the sense of community that is the key to continual engagement and therefore effective learning. For dozens of individual users, we have helped to remove at least one worrying digital problem. They all know they can come back with the next problem - and they know where to find us.

Hackney Dudes

Wave 5 of the London Community Response Fund also supported the continued delivery of our Hackney Dudes project, which helps older men in Hackney overcome social isolation and loneliness. During the year, we organised and hosted a great many social activities for older men at risk of social isolation and loneliness, which included:

- Forty-seven weekly in-person Friday drop-ins at the Dalston Eastern Curve Garden, attracting up to 26 older men per session.
- Seventeen Wednesday Movie Group sessions at the U7 Lounge.
- Twenty Hackney Dudes Band music group sessions (now self-facilitated by the members of the group)
- Twenty-two outings and trips, including to the Wellcome Collection, Maritime Museum, John Soane's Museum, Hackney City Farm, Science Museum, V&A Museum, Imperial War Museum, Natural History Museum, Museum of London, London Zoo, Camden Brewery and a picnic at Haggerston Park.
- Several 'quiz walks' around Hackney during lockdown, which combined a fun and competitive activity with exercise in the fresh air.

We also hosted 52 weekly meet-ups on Zoom, for those who could not join the in-person activities easily or felt anxious about joining.

At the core of our activity planning has always been the Dudes sharing their interests, knowledge and information with each other. In following the interests of participants, along the way other participants will inevitably experience something new. The outcomes we have achieved in 21/22 include:

- Fifty-four older men participating in the range of activities and events hosted by Hackney Dudes, with over 40 men taking part in peer-led creative workshops including cookery, digital skills, guitar lessons and art workshops.

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2022**

- Three Dudes shared their digital know-how with 16 others in the group, leading to increased digital confidence using smartphones/laptops and tablets and tools such as Zoom, and increased access to online services.
- Twenty-six men have been assisted in accessing, or supported through advocacy to access services and support including for example food bank vouchers, energy discount schemes, Blue Badge, Taxicard and Freedom Pass applications, liaising with healthcare services.
- Seventeen men have been referred or signposted to other local community services such as the Shoreditch Trust, Adult Social Care, Hackney Carers, Posh Club, Food Bank network, Public Health Community Champions network.

Making Room

Making Room provides therapeutic decluttering support for people with mild to severe hoarding behaviour. During 21/22, the service has continued to grow with more and more referrals coming from a wider variety of sources, indicating that outreach and network-building efforts, focusing on key professionals, are proving successful. In the period:

- We received 61 referrals, compared to 32 in 20/21 (although this was a year significantly impacted by the pandemic). Of these, 23 referrals progressed into active cases, of which 7 cases were completed and closed.
- A total of 52 decluttering sessions were delivered to 10 clients, resulting in clearing over 250 bags of waste, including 100 bags for recycling and 38 bags for donation to charity.
- We successfully applied for a grant from East London Foundation Trust to fund approximately 100 decluttering sessions for 10 individuals.
- We also used a small grant from Edward Gostling Foundation to subsidise work with 8 self-funding clients who were ineligible for statutory support and on low incomes.
- We undertook a pricing review to reflect increased staffing and overhead costs and identified our 'break-even' point.
- We have developed a relationship with the Link Work team at Hackney Council, which has promisingly led to exploration of future funding opportunities.
- There continues to be a high number of referrals that do not progress beyond the initial contact with the referrer, despite there being a clear need in some cases. We try to work closely with referrers to support them in identifying and requesting funding in order to maximise the chance of success, but this is not always taken up.

A couple of case studies illustrate the impact of Making Room:

M has severe physical health issues and has been sleeping on her sofa due to the clutter in her flat. Clearing the bedroom and bathroom was the highest priority when we started working with her. We managed to give M access to her bathroom again after just a few sessions. While we're now focusing on her bedroom, we've seen the motivation and mood of M change session after session and very soon, she will be able to sleep in her bed again.

A has struggled with severe depression since her mum passed away. Her hoarding issues made it really difficult to let go of her mum's things. We assisted A with the process of decision making and A now feels comfortable that she doesn't have to keep all of her mum's possessions to remember the good times with her.

DIVERSITY, EQUALITY AND INCLUSION

In 2020/21, we committed to reporting publicly on our equality, diversity and inclusion work as recommended in the Charity Governance Code. Our work this year has focused on:

- Updating our recruitment practices to enhance our chances of attracting and recruiting people from diverse communities, e.g. moving away from CVs and covering letters to standardised application forms; including questions on equality, diversity and inclusion as part of interview schedule for both staff and trustees; making commitment to EDI explicit within job/role descriptions and person specifications; offering paid trial sessions alongside interviews; introducing positive action in favour of diverse employees with otherwise equal scoring.
- Developing two Trustee roles with an EDI focus and diversity requirement.
- Exploring EDI training options (still in progress)
- Director involvement in relevant local, sector-level forums such as the Racial Equality Working Group convened by Hackney CVS.
- Refreshing and updating our EDI policy and associated grievance procedure.

The Management Committee has agreed a target for itself and our staff group of at least 30% representation from communities reflecting the racial diversity of North East London by the end of 2025. At the end of this period, the diversity of our Management Committee was improved with one Trustee out of six (17%) from a racially diverse background. The diversity of our staff group was also improved with 17% representation from diverse communities.

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES **for the Year Ended 31 March 2022**

FINANCIAL REVIEW

Financial position

2021/22 has seen our income rise significantly from the previous year (£225,554) to over £300,900. Expenditure also rose substantially, from £263,900 in 20/21 to over £286,000. We have ended the year with a surplus of almost £15,000, despite approving a deficit budget at the start of the period in line with our ambition to spend down free reserves to within policy level.

Some reasons for the higher expenditure include the purchases of new vans for the Adaptations service, upfront expenditure on storage and additional costs due to the change in office and working arrangements, and a cost of living pay increase for staff. Income for some services and projects has fallen within the financial year 21/22 despite most expenditure being incurred within 22/23.

Overall we are pleased that MRS has maintained financial stability during the year and has still been able to generate significant external funding towards its services and projects, despite the challenging funding environment. This includes grants generously donated by:

- London Borough of Hackney
- London Community Response Fund
- Springfield Neighbourhood Fund
- Arnold Clark Community Fund
- Trust for London
- Mercers Company
- Edward Gosling Foundation
- Hackney Giving
- Clarion Housing
- West Hackney Parochial Charity
- East London Foundation Trust
- City & Hackney Clinical Commissioning Group

We are extremely grateful to all of our funders and partners for their support in 2021/22.

Fund by fund basis and confirmation that MRS can fulfil its obligations

MRS had reserves to meet current obligations in relation to contracts and to its statutory obligations as an employer.

Reserves policy

In June 2020 Trustees agreed a reserves policy that commits to maintaining 3 to 6 months' expenditure in free reserves, alongside designated funds for innovation, contingency/emergency costs, wind-up costs and environmental sustainability initiatives.

To achieve policy level, the Trustees agreed a deficit budget for 21/22 and approved a plan to continue subsidising services that currently run at a deficit and covering funding gaps and shortfalls for community projects where they occurred. We spent £4,869 from the contingency designated fund in the course of our emergency response to the pandemic.

The policy level for free reserves equates to a target holding of between £75,601 and £151,202 in 22/23 (based on total planned expenditure, including capital expenditure on the two vans). At 31 March 2022, the free reserves are £xxxxxxx.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Structure, governance and management

MRS is a registered charity and a company limited by guarantee.

- Members can be any person or organisation supporting the aims and objectives of the organisation, but a minimum of two-thirds of members must be people eligible to be users of MRS services in the boroughs in which it is working.
- Members elect Trustees who form a Management Committee. At least 51% of Trustees are required to be people eligible for MRS services.
- The Director is responsible for implementation of policy and for day-to-day management of the organisation. The current senior management team comprises the Director and Assistant Director.
- The Management Committee meets at least quarterly to review work and discuss future plans.
- The Co-Chairs and Treasurer meet more frequently with each other and with the Director as the need arises.

MRS INDEPENDENT LIVING LTD

REPORT OF THE TRUSTEES
for the Year Ended 31 March 2022

Governing document: MRS Independent Living Ltd is a registered charity and company limited by guarantee, governed by its Memorandum and Articles of Association dated 30 December 1986 and updated in October 2020.

Membership: At the start of the year MRS had five members who are also members of the Management Committee, each of whom agree to contribute £1 in the event of the charity winding up.

Area of benefit: Primarily London boroughs in North East London, including Islington, Hackney, City of London and other surrounding boroughs.

Public benefit: In managing the work of the organisation and drawing up this report, the Trustees have considered the requirements under section 4 of the Charities Act 2006 to have due regard to both to the public benefit of MRS Independent Living and to ensure that this is reflected in their report.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
02086284 (England and Wales)

Registered Charity number
801419

Registered office
The Adiaha Antigha Centre
Dalston Lane
London
E8 3AZ

Trustees
J Miles Co-chair
S Steppens
J Tilston Treasurer
R Henderson Co-chair
D Hardiman
O A Oyebode (appointed 21.3.22)

Company Secretary
N J Pink

Independent Examiner
Brindley Millen Ltd
167 Turners Hill
Cheshunt
Hertfordshire
EN8 9BH

Bankers
Cooperative Bank
1 Islington High Street
London
N16 8JN

Approved by order of the board of trustees on **Mar 30, 2023** and signed on its behalf by:


[J. Tilston \(Mar 27, 2023 14:59 GMT+1\)](#)
J Tilston - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
MRS INDEPENDENT LIVING LTD**

Independent examiner's report to the trustees of MRS Independent Living Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


[mwbrindley \(Mar 30, 2023 12:34 GMT+1\)](#)

Maurice Brindley BSc FCA
Institute of Chartered Accountants in England and Wales
Brindley Millen Ltd
167 Turners Hill
Cheshunt
Hertfordshire
EN8 9BH

Mar 30, 2023

Date:

MRS INDEPENDENT LIVING LTD**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 March 2022**

	Notes	Unrestricted fund £	Designated funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies		-	-	-	-	-
Charitable activities						
Independent Living Services		183,540	-	104,489	288,029	213,734
Other income		12,874	-	-	12,874	11,820
Total		<u>196,414</u>	<u>-</u>	<u>104,489</u>	<u>300,903</u>	<u>225,554</u>
EXPENDITURE ON						
Charitable activities						
Independent Living Services		198,716	-	87,432	286,148	262,906
NET INCOME/(EXPENDITURE)		<u>(2,302)</u>	<u>-</u>	<u>17,057</u>	<u>14,755</u>	<u>(37,352)</u>
Transfers between funds	12	<u>7,560</u>	<u>(7,560)</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>5,258</u>	<u>(7,560)</u>	<u>17,057</u>	<u>14,755</u>	<u>(37,352)</u>
RECONCILIATION OF FUNDS						
Total funds brought forward		<u>144,010</u>	<u>106,000</u>	<u>23,168</u>	<u>273,178</u>	<u>310,530</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>149,268</u></u>	<u><u>98,440</u></u>	<u><u>40,225</u></u>	<u><u>287,933</u></u>	<u><u>273,178</u></u>

The notes form part of these financial statements

MRS INDEPENDENT LIVING LTD (REGISTERED NUMBER: 02086284)

BALANCE SHEET

31 March 2022

	Notes	Unrestricted fund £	Designated funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS						
Tangible assets	6	28,664	-	-	28,664	1,384
CURRENT ASSETS						
Stocks	7	4,018	-	-	4,018	3,531
Debtors	8	70,579	-	-	70,579	59,520
Cash at bank and in hand		71,954	98,440	40,225	210,619	222,763
		<u>146,551</u>	<u>98,440</u>	<u>40,225</u>	<u>285,216</u>	<u>285,814</u>
CREDITORS						
Amounts falling due within one year	9	(18,627)	-	-	(18,627)	(14,020)
NET CURRENT ASSETS		<u>127,924</u>	<u>98,440</u>	<u>40,225</u>	<u>266,589</u>	<u>271,794</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		156,588	98,440	40,225	295,253	273,178
CREDITORS						
Amounts falling due after more than one year	10	(7,320)	-	-	(7,320)	-
NET ASSETS		<u>149,268</u>	<u>98,440</u>	<u>40,225</u>	<u>287,933</u>	<u>273,178</u>
FUNDS	12					
Unrestricted funds					247,708	250,010
Restricted funds					<u>40,225</u>	<u>23,168</u>
TOTAL FUNDS					<u>287,933</u>	<u>273,178</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued

31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on Mar 30, 2023 and were signed on its behalf by:

J. Tilston

J. Tilston (Mar 27, 2023 14:59 GMT+1)

J Tilston - Trustee



J Miles - Trustee

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements and assessment of going concern

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The financial statements are presented in sterling (£).

Critical accounting judgements and key sources of estimation uncertainty

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The following judgements and estimates are considered by the trustees to have most significant effect on amounts recognised in the financial statements.

Useful economic life of tangible fixed assets:

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance

No depreciation is charged in the year of acquisition and a full years depreciation is charged in the year of disposal.

Stocks

Stock is valued at the lower of cost and net realisable value, after making due allowances for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid.

Cash at bank and in hand

Cash at bank and in hand includes cash, current bank accounts and deposit bank accounts with no withdrawal limitations.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

MRS INDEPENDENT LIVING LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern

These financial statements have been prepared on a "going concern" basis which is subject to continued funding of the charities objectives.

The general environment for funding services of the kind provided by Mobile Repair Services Ltd continues to be positive.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially settled at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	9,555	462
Surplus on disposal of fixed assets	(6,928)	-
Independent examiners fees	2,995	2,995
	<u>2,995</u>	<u>2,995</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

The charity considers its key personnel to comprise the trustees, the director and assistant director. Total key personnel remuneration in the year was £51,854 (2021: £61,656). This figure comprises gross pay £46,370, employer's NI £3,981 and employer's pension £1,504.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

MRS INDEPENDENT LIVING LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

All staff	31.3.22	31.3.21
	<u>6</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Designated funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Charitable activities				
Independent Living Services	155,866	-	57,868	213,734
Other income	<u>11,820</u>	<u>-</u>	<u>-</u>	<u>11,820</u>
Total	<u>167,686</u>	<u>-</u>	<u>57,868</u>	<u>225,554</u>
EXPENDITURE ON				
Charitable activities				
Independent Living Services	201,889	4,870	56,147	262,906
NET INCOME/(EXPENDITURE)	<u>(34,203)</u>	<u>(4,870)</u>	<u>1,721</u>	<u>(37,352)</u>
Transfers between funds	<u>(4,870)</u>	<u>4,870</u>	<u>-</u>	<u>-</u>
Net movement in funds	<u>(39,073)</u>	<u>-</u>	<u>1,721</u>	<u>(37,352)</u>
RECONCILIATION OF FUNDS				
Total funds brought forward	<u>183,083</u>	<u>106,000</u>	<u>21,447</u>	<u>310,530</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>144,010</u></u>	<u><u>106,000</u></u>	<u><u>23,168</u></u>	<u><u>273,178</u></u>

MRS INDEPENDENT LIVING LTD**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022****6. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1 April 2021	18,395	7,757	4,008	30,160
Additions	-	1,191	35,716	36,907
Disposals	-	-	(4,008)	(4,008)
	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2022	18,395	8,948	35,716	63,059
	<hr/>	<hr/>	<hr/>	<hr/>
DEPRECIATION				
At 1 April 2021	18,380	6,460	3,936	28,776
Charge for year	4	622	8,929	9,555
Eliminated on disposal	-	-	(3,936)	(3,936)
	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2022	18,384	7,082	8,929	34,395
	<hr/>	<hr/>	<hr/>	<hr/>
NET BOOK VALUE				
At 31 March 2022	11	1,866	26,787	28,664
	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2021	15	1,297	72	1,384
	<hr/>	<hr/>	<hr/>	<hr/>

7. STOCKS

		31.3.22	31.3.21
		£	£
Stocks		4,018	3,531
		<hr/>	<hr/>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		31.3.22	31.3.21
		£	£
Accounts receivable		46,453	25,222
Refundable deposits		-	9,142
VAT		21,863	23,618
Prepayments and accrued income		2,263	1,538
		<hr/>	<hr/>
		70,579	59,520
		<hr/>	<hr/>

MRS INDEPENDENT LIVING LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Hire purchase (see note 11)	2,299	-
Trade creditors	6,798	1,489
Social security and other taxes	6,536	9,537
Accrued expenses	2,994	2,994
	<u>18,627</u>	<u>14,020</u>

10. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.3.22	31.3.21
	£	£
Hire purchase (see note 11)	<u>7,320</u>	<u>-</u>

11. LEASING AGREEMENTS

Minimum lease payments under hire purchase fall due as follows:

	31.3.22	31.3.21
	£	£
Net obligations repayable:		
Within one year	2,299	-
Between one and five years	7,320	-
	<u>9,619</u>	<u>-</u>

12. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	Transfers between funds	At 31.3.22
	£	£	£	£
Unrestricted funds				
Free Reserves	144,010	(2,302)	7,560	149,268
Innovation Fund (formally Access to technology)	50,000	-	(10,000)	40,000
Environment Sustainability Fund	25,000	-	(16,560)	8,440
Contingency Fund	10,000	-	-	10,000
Wind-up Fund (formally Designated fund)	21,000	-	19,000	40,000
	<u>250,010</u>	<u>(2,302)</u>	<u>-</u>	<u>247,708</u>
Restricted funds				
Side by Side	711	-	-	711
Digital Inclusion	3,408	16,316	-	19,724
Otago (Staying Steady)	12,580	5,650	-	18,230
Coronavirus Fund	6,381	(4,909)	-	1,472
Hackney Dudes Fund	88	-	-	88
	<u>23,168</u>	<u>17,057</u>	<u>-</u>	<u>40,225</u>
TOTAL FUNDS	<u>273,178</u>	<u>14,755</u>	<u>-</u>	<u>287,933</u>

MRS INDEPENDENT LIVING LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Free Reserves	196,414	(198,716)	(2,302)
Restricted funds			
Side by Side	9,996	(9,996)	-
Digital Inclusion	38,284	(21,968)	16,316
Otago (Staying Steady)	28,001	(22,351)	5,650
Coronavirus Fund	1,980	(6,889)	(4,909)
Hackney Dudes Fund	24,228	(24,228)	-
Albert Hunt Trust	2,000	(2,000)	-
	<u>104,489</u>	<u>(87,432)</u>	<u>17,057</u>
TOTAL FUNDS	<u>300,903</u>	<u>(286,148)</u>	<u>14,755</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Free Reserves	183,083	(34,203)	(4,870)	144,010
Innovation Fund (formally Access to technology)	50,000	-	-	50,000
Environment Sustainability Fund	25,000	-	-	25,000
Contingency Fund	10,000	(4,870)	4,870	10,000
Wind-up Fund (formally Designated fund)	21,000	-	-	21,000
	<u>289,083</u>	<u>(39,073)</u>	<u>-</u>	<u>250,010</u>
Restricted funds				
Side by Side	7,362	(6,651)	-	711
Digital Inclusion	2,582	826	-	3,408
Otago (Staying Steady)	11,503	1,077	-	12,580
Coronavirus Fund	-	6,381	-	6,381
Hackney Dudes Fund	-	88	-	88
	<u>21,447</u>	<u>1,721</u>	<u>-</u>	<u>23,168</u>
TOTAL FUNDS	<u>310,530</u>	<u>(37,352)</u>	<u>-</u>	<u>273,178</u>

MRS INDEPENDENT LIVING LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Free Reserves	167,686	(201,889)	(34,203)
Contingency Fund	-	(4,870)	(4,870)
	<u>167,686</u>	<u>(206,759)</u>	<u>(39,073)</u>
Restricted funds			
Side by Side	15,678	(22,329)	(6,651)
Digital Inclusion	8,074	(7,248)	826
Otago (Staying Steady)	6,999	(5,922)	1,077
Coronavirus Fund	12,896	(6,515)	6,381
Hackney Dudes Fund	13,221	(13,133)	88
Core Costs Fund	1,000	(1,000)	-
	<u>57,868</u>	<u>(56,147)</u>	<u>1,721</u>
TOTAL FUNDS	<u><u>225,554</u></u>	<u><u>(262,906)</u></u>	<u><u>(37,352)</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
Free Reserves	183,083	(36,505)	2,690	149,268
Innovation Fund (formally Access to technology)	50,000	-	(10,000)	40,000
Environment Sustainability Fund	25,000	-	(16,560)	8,440
Contingency Fund	10,000	(4,870)	4,870	10,000
Wind-up Fund (formally Designated fund)	21,000	-	19,000	40,000
	<u>289,083</u>	<u>(41,375)</u>	<u>-</u>	<u>247,708</u>
Restricted funds				
Side by Side	7,362	(6,651)	-	711
Digital Inclusion	2,582	17,142	-	19,724
Otago (Staying Steady)	11,503	6,727	-	18,230
Coronavirus Fund	-	1,472	-	1,472
Hackney Dudes Fund	-	88	-	88
	<u>21,447</u>	<u>18,778</u>	<u>-</u>	<u>40,225</u>
TOTAL FUNDS	<u><u>310,530</u></u>	<u><u>(22,597)</u></u>	<u><u>-</u></u>	<u><u>287,933</u></u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022**

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Free Reserves	364,100	(400,605)	(36,505)
Contingency Fund	-	(4,870)	(4,870)
	<hr/>	<hr/>	<hr/>
	364,100	(405,475)	(41,375)
Restricted funds			
Side by Side	25,674	(32,325)	(6,651)
Digital Inclusion	46,358	(29,216)	17,142
Otago (Staying Steady)	35,000	(28,273)	6,727
Coronavirus Fund	14,876	(13,404)	1,472
Hackney Dudes Fund	37,449	(37,361)	88
Core Costs Fund	1,000	(1,000)	-
Albert Hunt Trust	2,000	(2,000)	-
	<hr/>	<hr/>	<hr/>
	162,357	(143,579)	18,778
TOTAL FUNDS	<hr/>	<hr/>	<hr/>
	526,457	(549,054)	(22,597)
	<hr/>	<hr/>	<hr/>

Innovation Fund (formerly Access to Technology)

During the year ended 2016 the charity received a legacy from the estate of the former Vice Chair, Ken Boddin. The trustees have decided to set this money aside with the aim of promoting access to technology for people with disabilities. In the year ended 31 March 2020 this fund was redesignated as the Innovation Fund for investment in new projects and services that meet strategic priorities.

Environmental Sustainability Fund

Monies set aside for environmentally responsible purchase, presently and primarily to fund the purchase of a more environmentally friendly van.

Contingency Fund

Monies set aside for emergency costs

Wind-up Fund (formerly Designated fund)

Monies set aside by the trustees for contingencies for the provision of redundancy payments and to cover staff notice periods and for other costs should the organisation find it necessary to close operations in the future.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

MRS INDEPENDENT LIVING LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2022

14. GUARANTEE STATUS

The company is limited by guarantee whereby every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, while they are a member or within one year after the cease to be a member, such as may be required, not exceeding one pound.

MRS INDEPENDENT LIVING LTD**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Charitable activities		
Grants	74,508	52,947
Contracts	94,036	71,999
Fee income	119,485	87,251
Other services income	-	1,537
	<hr/>	<hr/>
	288,029	213,734
Other income		
Gain on sale of intangible fixed assets	6,928	-
Job Retention Scheme	5,946	11,820
	<hr/>	<hr/>
	12,874	11,820
	<hr/>	<hr/>
Total incoming resources	300,903	225,554
EXPENDITURE		
Charitable activities		
Wages	169,497	167,808
Social security	5,648	5,566
Pensions	3,474	3,008
Rent and rates	25,707	10,498
Insurance	2,221	2,010
Telephone	2,095	3,533
Postage and stationery	2,581	1,960
Publicity	1,331	270
Sundries	1,770	782
Motor and travel	6,508	4,538
Training	1,019	1,545
Repairs and renewals	3,473	4,593
Sub-contracted services	33,211	30,910
Materials for minor adaptations	14,722	18,275
Plant & machinery depreciation	4	5
Fixtures & fittings depreciation	622	432
Motor vehicles depreciation	8,929	24
Bank interest	329	850
Hire purchase	50	-
	<hr/>	<hr/>
	283,191	256,607
Support costs		
Governance costs		
Accountancy and legal fees	2,957	6,299
	<hr/>	<hr/>
Total resources expended	286,148	262,906
	<hr/>	<hr/>
Net income/(expenditure)	<u>14,755</u>	<u>(37,352)</u>

This page does not form part of the statutory financial statements