

**THE ALICE CROSS CENTRE**  
Teignmouth's community hub



**THE ALICE CROSS CENTRE**

**ANNUAL REPORT**

**YEAR ENDED 30 JUNE 2024**



Company Registration Number 2338079  
Charity Registration Number 800996

**Trustees Statement**

This last year has seen The Alice Cross Centre continue to provide and develop services of the highest quality covering a wide range of activities, events and support services that continue to establish our position as the “go to” community centre for Teignmouth and the

surrounding area. We have seen the Centre open its doors to a wide range of age groups, which we have encouraged to help give a better appeal to the community as well as continuing to support the “elder” community of the Teignbridge area.

The Centre now offers varied activities for all ages from Mother and toddlers visiting our Community Cafe through to elderly and infirm support meetings. In particular our staff have encouraged the involvement of children from local primary schools to interact with our Memory Café attendees. The Teignmouth Youth Choir and a youth drama group meetings at the Centre have provided more interaction with the younger community. We will continue to encourage this wider community involvement.

The Trustees have supported the Medium-Term Plan for 2024– 26, which the Centre team has now engaged with, following the strategic objectives, priorities and the targets set for the Centre development. The Plan embodies the Vision of The Alice Cross Centre to be the community centre of choice for improved health and wellbeing for all, with a Mission to maximise our contribution to the well-being of our community.

The Trustees have also encouraged the continued significant investment in the development of the Centre whilst supporting the key personnel and encouraging a steady development of the core services required by the community. The objectives set are based around four guiding pillars of Food, Community, Movement and Mind. Having adopted these, we are seeing that the Centre activities are expanding to meet the needs of the wider community that it now represents.

We have seen the proposed future development of the Centre start to take shape, with the installation of the new lift, enabling us to provide much improved access to all 3 floors of the building. We can now consider ways to progress further Centre development to support broadening of the range of community support activities.

The Alice Cross Centre Board of Trustees sincerely thank the General Manager, Jackie O’Brien, and our dedicated staff for their continued commitment to improve and develop the Centre activities in line with the aims set out in our plan. The Trustees and the Centre staff can only achieve further success with the continued support of our volunteers, clients and the wider community that we service. We shall continue to work with them all to reach new goals and further develop The Alice Cross Centre as Teignmouth’s “go to” Community Hub.

The Alice Cross Centre Board of Trustees

| June 2024

## Centre Manager's Report

I am pleased to report continued income growth this financial year, with a further reduction in our deficit. We continue to invest in our building and were fortunate enough to receive another grant of £45,000 from the Valencia Communities Fund to install a new lift. We haven't had a working lift in the centre for over 30 years. It is hoped that this will have a really positive impact on the Centre by making the upper floors accessible. We can now provide access for Centre users with disabilities or mobility challenges to services including counsellors, massage and Reiki therapists. Our well-being team have already confirmed that the lift has helped their clients and enabled them to advertise their services as accessible for all. It has also helped our staff move bulky items, which has been very helpful from a manual handling perspective. The lift is also providing us with the opportunity to rearrange our space, subject to successful capital grant applications, to maximise our rental income. This will bring more stability to our charity, particularly in these times of austerity where it is becoming more challenging to access funding.

The 42 per cent growth in income from our previous financial year has been due to a 161 per cent increase in grant income and a 73 per cent increase in food donations. Our general donations reduced this year, which I attribute to the cost-of-living crisis we are experiencing. However, this crisis is what has also helped us to access additional grants such as The Cost of Living Fund, (managed by the National Lottery Community Fund), enabling us to deliver our Heat Café project again. We also continue to fundraise creatively, such as our Big Dip for Dementia and have also held some very successful restaurant evenings, which won the Centre a prestigious "Yummy Award" from u3a and helped to put our food on the Teignmouth map.

Our Heat Café and Saturday morning Community Breakfast Cafe became core support services during this financial year, as the "donate what you can afford" model we use makes it accessible for everybody, helping to alleviate food poverty. As a warm space during the winter months, with our little free shop stocking warm clothes and blankets, we also supported people with fuel poverty particularly those that couldn't afford to heat their home. As one of our 75 year-old service users said "Your delicious food and having a warm and friendly place to come to helps me so much. I don't have heating at home apart from a storage heater that doesn't work. I have a coal fire but don't use it anymore. Money is really tight since my mortgage payments went up."

We continue our valuable work supporting older people, whilst further developing the Centre as a hub for the whole community, creating opportunities for intergenerational activities and the benefits this provides. Our Memory Café for people with dementia is an important example of this, where local school children sing for the group and show them their school work, providing well-being benefits for all. We have also held some Teen Open Mic nights which have been a great success and a positive way to engage our young people, whilst aiding them to develop their confidence and performance skills in a safe environment.

Our Slow Cooker course was so successful last year that we ran an Air Fryer course this year, where a selection of good value and nutritious meals were demonstrated, and attendees were sent home with a bag of ingredients to make the meal at home. Encouraging ways for our service users to save money through energy efficiency, whilst eating nutritious food, is at the heart of these projects. The benefits reach more than the person taking the course as they bring their new skills home to feed their families. 102 people attended this course.

It has been another very active year for the whole team, with a packed schedule of events to both raise awareness and funds, including charity days on the Den, St Michaels Flower Festival, our legendary quiz nights, a successful Christmas Lunch, Pre-Loved Sales, Xmas

Market, Eurovision Extravaganza and our D-Day Remembrance Event. Our yoga and Zumba Gold fitness classes are going from strength to strength, and we have introduced a gentle chair exercise class which is well attended. Line Dancing with Viv Wilson has been held here for over 15 years and is much loved by the dancers. Our weekly table tennis sessions have seen an increase in attendance from people with additional needs and it has been a joy watching them integrate and have fun, competing against the other players.

It is wonderful to see the Centre being used by many groups including The World Ship Society, The Chess Club, Teignmouth Youth Choir, Dramatically Different Drama Group, Quilters Club and Monday Chat Club. Our rooms are rented by other voluntary sector organisations including Volunteering in Health and League of Friends, and for private parties for children and adults, establishing our position as an accessible community hub for Teignmouth.

I look forward to our next phase of consolidation and development, where we aim to stabilise costs, find new ways to increase income, whilst becoming less reliant on grants. The grant environment does seem to be changing and we may face challenges in raising sufficient funds to cover our core costs. We will need to start to look for new sources of core funding to ensure that our increasing range of services can continue to grow.

As always, we couldn't achieve any of this without the support of our dedicated team of trustees, staff and volunteers whom I thank unreservedly for their support. I am also in awe of their dedication and commitment to our services and the warm welcome they share with our service users. Our relationship with our voluntary sector colleagues, partners, donors and funders are very important to us too, and I look forward to continuing to work together for the benefit of our community.

Jackie O'Brien  
General Manager June 2024



The Pupils of Teignmouth Primary School sing for our Memory Café.

## 1. Introduction to the Centre - Our Story

Alice Cross was driven by the idea that no-one in Teignmouth should feel lonely. From her early community work after World War One, Alice continually involved herself in helping others in the town. She started small by providing hot meals for a few older people. This led to the formation of “The Teignmouth Old People’s Welfare Committee” in 1950. In 1978 The Alice Cross Centre was built as a meeting place and hub where she continued to work tirelessly until aged 97. It was funded with help from Teignmouth Rotary Club on the site that used to be the old coach station, and it is where we still operate from today.

The Alice Cross Centre was set up as a charity and registered at Companies House in 1989, and now with a team of 6 full and part-time staff and a core group of 82 loyal and active volunteers, the Charity continues to uphold the original vision of Alice Cross, to enhance health and wellbeing in the community of Teignmouth, Shaldon and District through a programme of activities and service provision. Our core services still include providing hot meals for older people, plus the whole community, which connects us strongly with Alice’s original vision.

**“I still have a lot to give and would rather be doing something I love than sitting at home. I enjoy feeding people and supporting the charity and the team here.”**

Volunteer Chef, Aged 83



2. Mission, Vision, and Core Values

- Our MISSION is to maximise our contribution to the well-being of our community.

- Our VISION is to be the community centre of choice for improved health and well-being for all.

## Core Values

1. **Compassion:** We foster a warm and understanding environment where every individual is treated with empathy, dignity, and respect.
2. **Inclusion:** The Alice Cross Centre is open to everyone, ensuring equal access to activities and support, while celebrating diversity and promoting social integration.
3. **Empowerment:** We encourage independence and support individuals in developing confidence, skills, and a sense of purpose in a safe and nurturing space.
4. **Respect:** We value the experiences, backgrounds, and needs of all participants, promoting mutual respect and understanding among community members.
5. **Safety and Wellbeing:** We prioritise the physical, emotional, and mental health of all individuals by creating a safe and supportive environment.
6. **Collaboration:** We work in partnership with community members, carers, and other organisations to provide support.
7. **Dignity:** We uphold the dignity of older and vulnerable people by ensuring they have a voice in decisions that affect their lives, while respecting their autonomy.
8. **Trust:** We aim to build a strong sense of trust between the staff, volunteers, and the community by maintaining transparency, integrity, and reliability in all our services.

Our core values offer more than just activities, but also a space of support and connection for those that need it.

## 3. Our Objectives

We have a Medium-Term Plan which sets out our Strategic Objectives, Targets and Activities for 2024-7. This is summarised below.

| <b>Strategic objective</b>                                                                               | <b>Component objectives</b>                                                                                                                                                                                                                                                                                | <b>Targets</b>                                                                                                                                                                                                                                                                                                              | <b>Activities</b>                                                                                                                                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>1. Strategy and Planning</b><br/>To have agreed clarity about our role, purpose and direction.</p> | <ul style="list-style-type: none"> <li>• Mission and Strategic direction are clearly articulated, approved and shared.</li> <li>• Effective management team.</li> <li>• Priorities identified with relevant strategies in place.</li> <li>• Effective risk management and contingency planning.</li> </ul> | <ul style="list-style-type: none"> <li>• Strategic direction and priorities are relevant, challenging but achievable, and provide a framework for continuous improvement.</li> <li>• Medium-term Plan is effectively implemented.</li> <li>• Trustees represent the community and effectively guide performance.</li> </ul> | <ul style="list-style-type: none"> <li>• Medium-term Plan prepared and approved.</li> <li>• Undertake regular performance reviews and take action as necessary.</li> <li>• Recruit more Trustees with relevant skills and experience.</li> <li>• Develop and implement data collection and analysis plan.</li> </ul> |

| Strategic objective                                                                                                                  | Component objectives                                                                                                                                                                                                                                                                                                                                                                     | Targets                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Activities                                                                                                                                                                                                                                                                                                                                                                                                                        |
|--------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                      | <ul style="list-style-type: none"> <li>Decisions and activities are evidence based.</li> </ul>                                                                                                                                                                                                                                                                                           | <ul style="list-style-type: none"> <li>Measurable progress towards our Mission.</li> <li>Data collection and analysis needs identified and being met.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <p><b>2. Financial Management</b><br/>To achieve medium term financial stability and properly account for financial performance.</p> | <ul style="list-style-type: none"> <li>To prepare robust budgets and cash flow forecasts.</li> <li>To comply with all necessary financial procedures and reporting requirements.</li> <li>To maximise income from all sources.</li> <li>To minimise operating costs.</li> <li>To base decisions on regular reviews of financial performance, and profitability of activities.</li> </ul> | <ul style="list-style-type: none"> <li>Approved budget by end of May each year.</li> <li>All transactions are properly accounted for.</li> <li>Achieve a small financial surplus.</li> <li>Increase revenue from premises and services* by 10%. Services as per our annual accounts are AC Activities, Bar and Catering (less MDS free meals)</li> <li>To identify 3 new donors, including trusts.</li> <li>Introduce regular donation scheme to achieve additional income of £1000 in 2024-25, rising by 10% per year.</li> <li>Achieve fundraising target of £20,000</li> <li>Increase income from food sales by 10%, including increased use of catering services by 10%, measured by income.</li> <li>Increase profits from food and beverage sales to</li> </ul> | <ul style="list-style-type: none"> <li>Budget prepared and approved.</li> <li>Undertake regular financial reconciliations.</li> <li>Enforce financial procedures.</li> <li>Identify new funding sources.</li> <li>Quarterly financial reports prepared by end of the following month.</li> <li>Annual accounts prepared and audited by December 15<sup>th</sup>.</li> <li>Respond to audit comments on a timely basis.</li> </ul> |

| Strategic objective                                                                                                    | Component objectives                                                                                                                                                                                                                                                                                                                                                                                                                           | Targets                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Activities                                                                                                                                                                                                                                                                                                                                                                                                                    |
|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                | a gross margin of 50% in 2024/25 <ul style="list-style-type: none"> <li>• Reduce operating costs to 98% of income.</li> <li>• Prepare draft annual accounts by 30 September.</li> </ul>                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>3. Operations</b><br>Centre operations are efficient and effective to provide the best service to all stakeholders. | <ul style="list-style-type: none"> <li>• Operations are guided by a full set of appropriate procedures which are effectively implemented.</li> <li>• Optimise performance of all staff and volunteers.</li> <li>• To offer a wide range of activities to different target audiences, in line with community needs.</li> <li>• Optimise use of our facilities.</li> <li>• Systems, processes and equipment are modern and efficient.</li> </ul> | <ul style="list-style-type: none"> <li>• To have a full set of operational procedures in place and effectively implemented.</li> <li>• Roles and responsibilities of all staff and volunteers clearly identified and effectively carried out.</li> <li>• Increase the numbers and range of skills of volunteers.</li> <li>• Maximise use of facilities by increasing occupancy to 75% based on a 7-day week availability. Continuous improvement of systems and processes.</li> </ul> | <ul style="list-style-type: none"> <li>• Continue to review and update operational procedures and ensure compliance.</li> <li>• Continue to implement training programmes for staff and volunteers.</li> <li>• Review staff and volunteer performance on a regular basis.</li> <li>• Undertake a review of activities and their target audiences.</li> <li>• Identify opportunities to increase use of facilities.</li> </ul> |
| <b>4. Participation and Impact</b><br>To maximise participation and impact                                             | <ul style="list-style-type: none"> <li>• To increase the number and range of activities and services provided.</li> <li>• To increase the numbers and variety/diversity of participants.</li> <li>• Maximise the number of commercial activities.</li> </ul>                                                                                                                                                                                   | <ul style="list-style-type: none"> <li>• Annual calendar of activities in place by November 30th.</li> <li>• Increase number of activities provided by 2 each year.</li> <li>• Increase number of groups using the Centre by 2 each year.</li> </ul>                                                                                                                                                                                                                                  | <ul style="list-style-type: none"> <li>• Prepare and publish calendar of events.</li> <li>• Implement an advocacy plan to attract new users.</li> <li>• Develop and implement new activities.</li> <li>• Undertake awareness survey.</li> </ul>                                                                                                                                                                               |

| Strategic objective | Component objectives                                                                                                                                                                                                                                                                                                  | Targets                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Activities                                                                                                                                                                                                                                                                                                                                                                                                                      |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                     | <ul style="list-style-type: none"> <li>• Increase participation from younger people.</li> <li>• Maximise the impact of our food capability.</li> <li>• Improve access to the Centre.</li> <li>• To raise awareness of the Centre.</li> <li>• To undertake impact reviews and demonstrate increased impact.</li> </ul> | <ul style="list-style-type: none"> <li>• Achieve a wider range of users, including younger people.</li> <li>• Improve awareness levels to increase footfall of users by a minimum of 5% each year.</li> <li>• Increase number of users referred from social prescribers to 50 per year.</li> <li>• Increase participation of lower income groups.</li> <li>• 1 new commercial activity carried out.</li> <li>• Marketing activities are reaching our target audience.</li> </ul> | <ul style="list-style-type: none"> <li>• Develop and implement a comprehensive communications and marketing plan.</li> <li>• Increase the interest in the Centre by giving at least 2 presentations to external groups/ organisations.</li> <li>• Develop case studies of “success stories”.</li> <li>• Improve access including parking and transport.</li> <li>• Monitor impact through data analysis and surveys.</li> </ul> |



The Alice Cross Open Day with Volunteers, our Mayor Cate Williams, Colin Barber from Teignmouth Rotary and Robyn Buchanan from Rotary.

#### 4. The Team

##### Our Trustees



Dan Hawkins



Deborah Minett



Sue Halfyard



Andy Longford  
Chair



Liz Batson  
Treasurer



Sarah Holloway

## Our Staff



Jackie O'Brien  
General Manager



Alison Fenton  
Centre Co-ordinator



Yvonne Lamond  
Volunteer Co-ordinator



Peta Howell  
Marketing & Admin Support



Sue Yates  
Support Worker



Dave Cook  
Chef & F & B Manager

The Alice Cross had 6 trustees during the year, with Elizabeth (Lizzie) Batson as Treasurer and Andy Longford as Chair. Sarah Holloway joined the board of Trustees on 13 November 2023 and Lizzie Batson resigned on 13 May 2024. The Alice Cross Team would like to thank Lizzie for her important contribution to the governance and strategic direction of the centre during her time on the board, particularly in her role as Treasurer.

The loyal staff team remains the same as last year and includes Nicky Howarth, our Housekeeper.

We are also supported by a dedicated team of 75 volunteers who help in all aspects of running the centre. The Centre could not function without our loyal band of volunteers giving an estimated **7,750** hours a year – which would cost **£88,660**, if they were each paid £11.44 an hour. Without their help the Centre would find it almost impossible to function - so a huge thank you to all you wonderful volunteers and a big thank you to our dedicated team of trustees, and

staff. The synergy of our committed team is what makes The Alice Cross Centre thrive and such a positive place to be.

## 5. Highlights

### Impact of our Charitable Work in 2023-24

- **The food delivery team** served up 3,831 hot meals to a total of 42 homes in the area four days a week offering social contact and a welfare check by both the food courier and telephone booking volunteers. We also served 3536 meals in the centre, which includes lunch and Saturday Community Breakfast, plus the hot meals served at our Heat Cafés.
- **Christmas Lunch** in December 2023 served 62 people a Christmas Meal plus 18 Volunteers.
- The popular **Memory Café sessions** for people with dementia saw around 30 users per week, with carers also attending or taking time out knowing they don't have to worry about their loved one for a while.
- **The Heat Café**, designed to offer a cosy space during the colder months was run on two afternoons a week, offering simple food on a 'pay-what-you-can-afford' basis and layered with services such as energy advice and our digital skills pop-in. This attracted up to 30 people per session.



Heat Cafe



Christmas Day 2023

- **Saturday Community Breakfast** continued to thrive this year, attracting up to 35 diners per session. It is popular with families and the Park Runners. The homeless people in Teignmouth also rely on this service and we are proud that we have created an inclusive space for people to eat together.
- Two-weekly **music groups** regularly attracted up to 15 people, run by local musicians and our own volunteers who perform and host the ever-popular singalongs. The musicians encourage the audience to participate.
- A bi-monthly **bereavement support group** was attended by an average of 14 people. The group is run by experienced volunteers who are Cruse trained to provide bereavement support. It allows the attendees to share their feelings and emotions with people who are going through the same experience. We have many referrals from the local surgery for this group as NHS counselling takes so long to access and we have an excellent reputation for bereavement support.
- Our weekly **Digital Skills Sessions** were used by a small group of over 65's, up to 2 per week.
- **Pilates and Zumba sessions** were hosted weekly. Subsidised by the Centre, they catered for over 50's with 10 attending Pilates and up to 20 attending Zumba.



## Zumba Gold

- We have 4 **Yoga** classes a week for mixed abilities, with 52 people attending, run by an independent yoga teacher who hires our hall.
- We have started a **Gentle Chair Exercise** group, which is attended by 8 people.
- A subsidised **Table Tennis group** met weekly, all attendees being over 65 years. They paid £2 per session and the group regularly attracted up to 12 players. A group with additional needs have joined the group this year and get so much pleasure from playing table tennis and mixing with everybody that attends.
- We secured funding for an Air Fryer course, with each attendee being given a recipe and ingredients to cook at home. The tutor demonstrated a variety of meals and tips for getting the best results using an Air Fryer. 102 people completed the 5 courses we ran.
- Our **Art and Craft Group** ran weekly a month and was regularly attended by 10 people of mixed abilities including people with additional needs and their carers.

## Other Services

The Centre continues to hold a regular podiatry clinic, and delivers counselling and holistic therapies, including massage and reiki through independent practitioners. We added a hairdressing service this year. We continue to support Teignmouth Community School's (TCS) enrichment programme by providing cooking sessions and work experience for Year 10 and Year 13 students. We also host partner organisation Teign Aid who support people facing homelessness and with benefit queries.

We have also welcomed the opportunity to meet with other local groups such as Teignbridge CVS, the Macular Society and the Rotary Club to increase awareness of our activities.

## WHAT'S ON AT THE ALICE CROSS?

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**MONDAY**

10.30 - 12pm Monday Music  
 10am - 12pm Monday Chat Club  
 12pm - Lunch in the hall or delivered to the home  
 3.45pm - 4.30pm - Teignmouth Youth Choir

**TUESDAY**

10.15am - 11.45am Line dancing with Viv  
 10.30am - 12.30pm Quilter's tea party  
 2.30pm - 3.30 Chair Yoga with Lisa  
 4.15pm - 5.15pm Mat yoga with Lisa  
 email: lisayogaforall@gmail.com

**WEDNESDAY**

9.30am - 10.15am Zumba Gold with Peta  
 10.30am - 12pm Grief Support Group  
 10.45am - 11.45am Seated Yoga with Lisa  
 12.15 - Mid week Roast in the hall  
 2.30pm - 4.30pm Digital Skills 1:1  
 1.30pm - 3.30pm Table Tennis

**THURSDAY**

10am - 12pm Memory Cafe  
 12pm - 1pm Lunch in the hall or delivered to the home.  
 1 pm - 3pm TeignAid  
 1pm - 3.30pm- Community Café (last orders 3pm)  
 7.30pm - 9.30pm World Ship Society

**FRIDAY**

10am - 11.30am The Teigns Rehearsal and Coffee  
 Fish Friday! 12pm in the hall or delivered to the home  
 4.30pm - 9.30pm Dramatically Different Youth Drama

**SATURDAY**

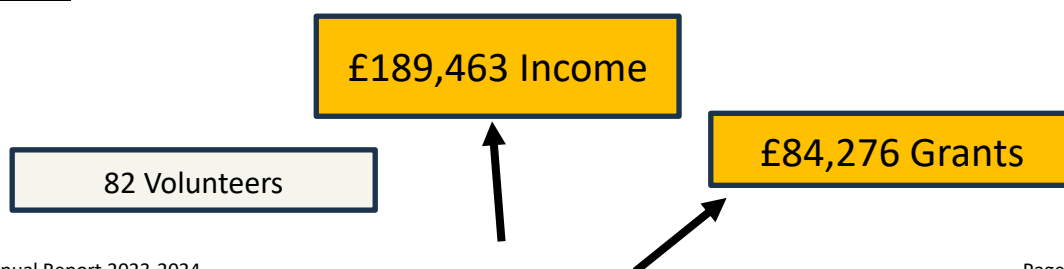
9am - 12pm Community Breakfast café (Last orders 11.30)

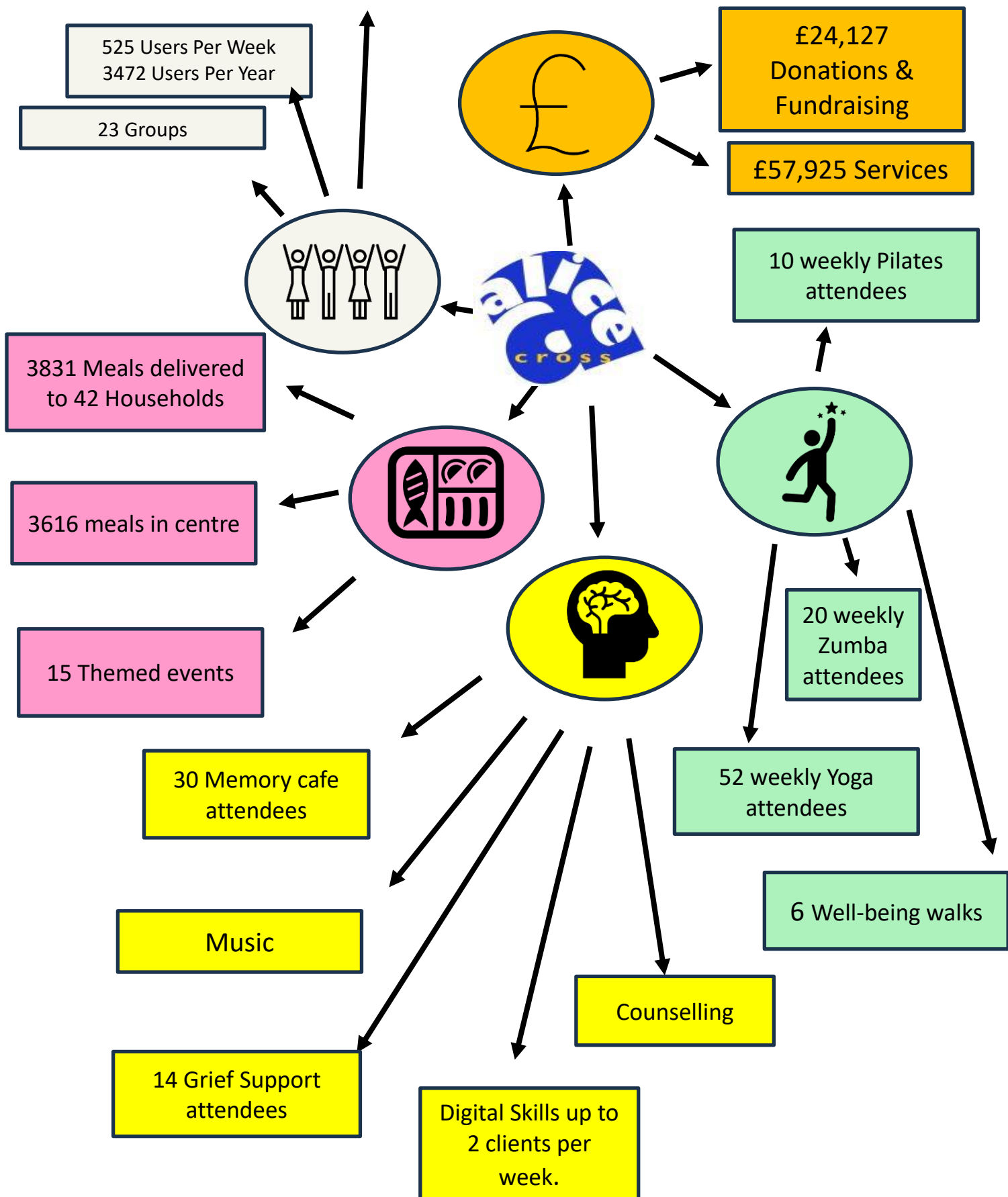
**SUNDAY**

12pm - 2pm Sunday Lunch (Twice a month)  
 Booking Essential - 01626 778039

@thealicecross  
 @alicecrosscentre  
[www.thealicecross.co.uk](http://www.thealicecross.co.uk)

Our year in numbers





## Events and Catering

Income from Catering and Food Events this financial year was £46,777 and last financial year was £27,032.

This improved financial performance has been achieved through a number of new or expanded activities including:

- Special dinner nights
- Catering at other special events such as the Eurovision Song Contest evening, and our popular Curry and Quiz nights
- Cake sales
- Frozen food sales
- Catering for private events such as birthday parties, funeral wakes, wedding receptions and private dinners.



Eurovision Night 2024



Taste of the Sea



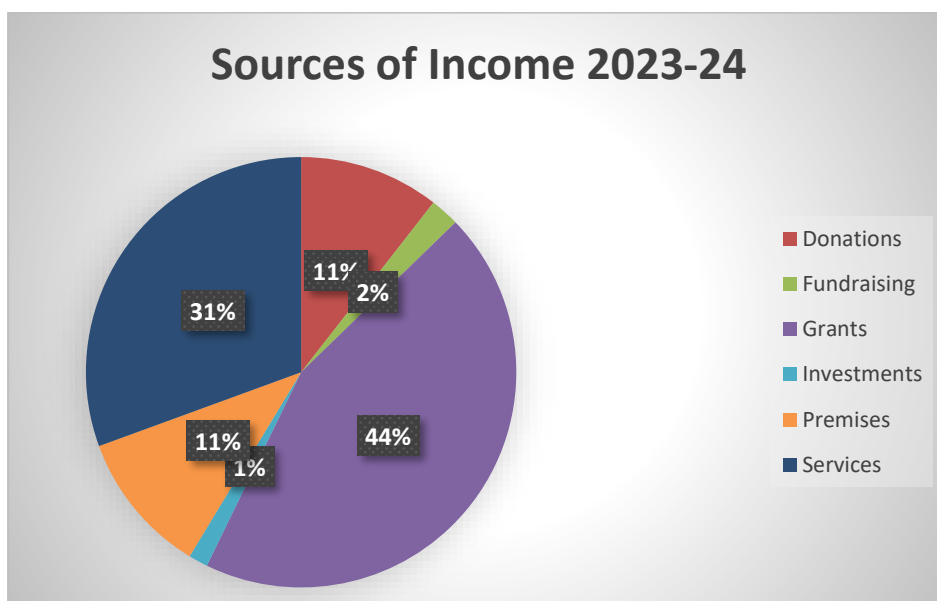
VE Day Celebrations

## 6. Finances

For this financial year (FY), income was £189,463 (FY 2022-23 £133,009) and expenditure £205,010 (FY2022-23 £146,923). This means a deficit of £11,181 for the year.

The Income and Expenditure account for the year shows that our income has again risen significantly this year, with grants, donations and income from services showing particularly healthy increases. The diagram below shows the contribution from our different sources of income. We have made some investment in our building and our salary costs have risen in line with government minimum wage rates, leading to a deficit for the year, although at a reduced level from the previous year.

Use of the premises continues to increase with many regular classes and activities being held at the centre and lunches being served four days per week.



However, levels of expenditure have increased across all categories, due to increases across the board in the cost of living, pay rises for staff, and significant increases in premises costs due to unexpected repairs and maintenance costs. Efforts to improve cost control will be a priority for the next F/Y.

Total net assets on the Balance Sheet are £509,408. During the past two years we have made a significant investment in our building with a kitchen upgrade and a full refurbishment of the lift to the upper floors. The building was valued by an independent valuer on 30 June 2024. This resulted in a revaluation uplift of £252,820. As at 30 June 2024 the buildings are included on the balance sheet at a value of £375,000. The value of our investments has decreased by £6,361 to £85,163.

Despite the continued cost of living challenges that we are all facing, the financial results continue to show a healthy balance sheet at the end of the financial year.

However, we are seeing signs that the environment for securing grant funding is changing, and it is likely to become much harder to achieve our recent levels of grant funding. In addition to this, grant funding tends to be earmarked for specific services or investment in improving our premises. The Centre will need to find new sources of funding to cover our increased core running costs.

## **7. Case Studies and Testimonials.**

Our Grief Support group meets every two weeks and provides a telephone counselling service, group sessions or the opportunity to meet 1 – 1 in a café. Here are some recent testimonials

“Please can we have this group every week?”

“I have mental health problems. I really didn’t want to come to this group and (yet) now I look forward to it!”

“There are not many groups around. That is why this group is like gold dust.”

Our meal delivery drivers do so much more than just deliver food:

- Customer 1 – suffers from Fibromyalgia and depression. With some encouragement from she has attended our chair exercise class and has signed up to come to our Grief Support group. C also attends the exercise class and said the positive change in J’s demeanour was noticeable.
- Customer 2 has cancer and suffers from muscle weakness which limits his mobility. He confided in us that he doesn’t do his exercises. Our delivery volunteer has encouraged him to do them to improve his quality of life and he has reported that she has “inspired him to start again.”
- Customer 3 struggles with mobility and depression. He lives in an upstairs flat and finds it hard to get down the stairs. Our delivery volunteer has shown him different ways to approach getting down them, including coming down on his behind if his legs can’t adjust to getting down safely. She also gave him some easy goals like making his way to a bench in the grounds to sit in the sun. He reported that he had been out twice the day prior and was feeling elated.

This demonstrates the positive outcomes that our meal delivery customers get from our service. As well as the initial welfare check from the phone team who ring weekly to take their orders (and become phone befrienders), customers get a second welfare check from the delivery person and as these cases demonstrate, they can support them to improve their quality of life.

## 8. The Future

We have moved into the next stage of our Medium-Term Plan, though our priorities stay the same:

- Identifying stable, long- and medium-term sources of funding and diversify income sources.
- Increasing revenue from primary purpose commercial activities.
- Minimising operating costs.
- Maximising use of our facilities, in particular by making better use of our upper floor.
- Increasing the number and diversity of users.
- Increasing the numbers and skills sets of volunteers.
- Widening the reach of the Centre for providing activities for new target audiences.
- Improving data management and performance reporting.
- Raising awareness of the Centre.
- Increasing range and use of food options and revenue.
- Identifying ways to assess impact.

We have identified the following exciting **project** opportunities:

- Increasing income by becoming more commercially focussed, including offering the use of space on the upper floor.
- Establishing a database of information about our volunteers and users, which will allow us to serve these groups more effectively.
- Improving data management and the content of our Annual Report to demonstrate our successes more effectively.
- Introducing three new activities to attract a wider audience and make even better use of our facilities.
- Increasing returns from our food offering through new initiatives. In this financial year we introduced the sale of frozen food and have increased the number of special dinners and catering for private events.

The most pressing issue for us in the next financial year will be to focus on fund-raising efforts. We have been very successful this year in our grant funding applications. However, the environment seems to be changing, and we are now struggling to get sufficient funding to cover our core running costs. We will need to be very proactive in identifying new sources of funds from grants, partnerships, local businesses, fundraising activities, sponsorship and increasing uptake of our regular subscriptions initiative.

## 9. Thank you

Finally, we would like to say a heartfelt thank you to all our donors, trustees, volunteers, staff and voluntary sector partners for the support you have given us during the year. Sincere thanks to the trusts, foundations and private individuals who prefer to remain anonymous for their support.

If you would like to sponsor an activity or event at Alice Cross, please do get in touch. Popular choices are sponsoring our Allotment, Grief Support Group, Memory Café, Meal Delivery Service or printing our Annual Report.

## Supporters in 2023-2024 include:

29th May 1961 Charitable Trust  
Age UK Devon  
Alastair Sutherland  
Alice Cross Centre Events & Fundraising Team  
Viscount Amory Charitable Trust  
Assist Teignbridge  
Blue Anchor Teignmouth  
Browne Jacobson Solicitors  
RS Brownless Charitable Trust  
Citizens Advice Bureau  
Co-op Community Fund  
Co-op Funeral Care Teignmouth  
Co-op Teignmouth (Matt Hooper and team)  
Cost of Living Fund (DCC)  
Cllr David Cox (DCC)  
Dawlish Community Transport  
Dawlish Rotary Club  
Devon Community Fund  
Mabel Cooper Charitable Trust  
Devon Highwaymen Bikers  
Devon Memory Café Consortium  
Diantha Coombes; Monday Music and more.  
Eric Crocker  
Elmgrant Trust  
FareShare  
Foyle Foundation  
Garfield Weston Foundation  
David Gibbons Foundation  
Greenwood Accountancy Ltd  
Growing Communities Fund (DCC)  
Cllr Andrew Henderson  
Neil Howell  
Marjorie and Geoffrey Jones Charitable Trust  
Edgar E Lawley Foundation  
Libraries Support Fund (DCC)  
Lottery, Awards for All Fund  
Lottery, Cost of Living Fund  
Matthews Wrightson Charity Trust  
Melissa Middleton, The Whistle Stop Cafe  
Clare Milne Foundation

Mini Heaven Bakers  
Morrisons Teignmouth  
National Lottery  
Norman Family Charitable Trust  
Shaldon Bakery  
South West Water  
Teignbridge Community and Voluntary Services  
Teignmouth Dementia Action Alliance  
Teignbridge District Council  
Teignmouth Rotary Club  
Teignmouth Town Council  
Teignmouth Town Clerk  
Teignmouth and District u3a  
The Teigns - Monday Music and Fund Raising  
Tesco Newton Abbot  
Tesco Teignmouth  
Valencia Communities Fund  
Volunteer Evening Bar Team  
Cllr Cate Williams (DCC)  
Viv Wilson MBE

the alice cross centre



Mr S Hayward  
Mr A Longford  
Mr S Holloway

The Trustees

Secretary

Mr S Hayward

Registered Office

Company Registration Number 2338079  
Charity Registration Number 800996

Mr S Hayward  
Mr A Longford  
Mr S Holloway

Independent Examiners

+

**THE ALICE CROSS CENTRE  
FINANCIAL REPORT  
YEAR ENDED 30 JUNE 2024**

Balance

Mr S Hayward  
Mr A Longford  
Mr S Holloway

Balance

## 1. Officers and Professional Advisers

### Trustees

Mrs D Minett  
Mr D Hawkins  
Mrs S Halfyard  
Mr A Longford  
Ms S Holloway

### Secretary

Ms Jacqueline O'Brien

### Registered Office

1 Bitton Park Road  
Teignmouth  
Devon TQ14 9BT

### Independent Examiner

Greenwood Accountancy Ltd  
5 & 7 Pellew Arcade  
Teign Street  
Teignmouth  
Devon TQ14 8EB

### Bankers

Co-operative Bank  
PO Box250  
Delf House  
Southway  
Skelmersdale WN8 6WT

### Solicitors

Tozers  
Charity Department  
Broadwalk House  
Southernhay West  
Exeter Devon EX1 1UA

## 2 Trustees' Report

The Trustees have pleasure in presenting their Report and Financial Statements for the year ended 30<sup>th</sup> June 2024. The Accounts reflect the provisions of the Charities Acts 2002, 2006 and 2011 as well as those of various Companies Acts and Accounting Standards.

### Reference and Administrative Information

The Alice Cross Centre is a registered charity (No. 800996).

The Charity is a Company limited by guarantee number 2338079, with members guaranteeing a sum not exceeding £1. By concession from the Registrar of Companies the word "Limited" can be dispensed with. It is governed by a Memorandum and Articles of Association dated 24<sup>th</sup> January 1989, as amended 16<sup>th</sup> December 1993, 10<sup>th</sup> May 2005 and 24<sup>th</sup> November 2020. Its registered office is at: 1 Bitton Park Road, Teignmouth, Devon TQ14 9BT.

### Structure, Governance and Management

Company law requires the Trustees, who are all Directors, to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for that period. In preparing these Financial Statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare the Financial Statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the Financial Statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Trustees and Administration

Administration is vested in the committee of Trustees (Board of Trustees). Trustees are normally appointed in general meeting.

The Trustees who served during the year are as follows:

- Mrs S Halfyard
- Mr D Hawkins
- Mrs E Batson (resigned 13 May 2024)
- Mrs D Minett
- Mr A Longford (Chair)
- Ms S Holloway (appointed 13 November 2023)

The present Trustees are all Directors of the Company.

The Company's bankers are The Co-operative Bank.

### Operational Issues

#### 2.1.1 Objects

The objects for which the charity is established are to promote and provide for the welfare of the elderly, to promote the provision of facilities for recreation, to preserve and protect the health of people and promote social inclusion within the area of Teignmouth and the surrounding area. The Company's

funds may be invested in any investment, security, or property at the discretion of the Trustees in furtherance of these objectives.

### 2.1.2 Activities

The principal activity of the Charity is to provide, manage and maintain a community centre, the Alice Cross Centre, for the promotion of well-being amongst the community of Teignmouth, Shaldon and District. During the year, the Trustees have continued to fulfil this objective and the centre has been open daily. Readers are referred to the Centre manager's report for details of activities during the year.

## Financial Issues

### 2.1.3 Reserves Policy

The Trustees recommend that the level of reserves should represent circa 18-months' regular expenditure, approximately £141,000. This is intended to cover the following areas:

- Capital Fund. This comprises the capital investments of the Charity. It is a restricted fund solely for the purpose of maintaining and improving the Charity's premises and facilities, where costs exceed £10,000 per year. A review of our activities has suggested that an investment in modernising the internal structure of the Alice Cross Centre would be more in line with our new strategy and offer potential for increased revenue.
- General Fund. The General Fund is a working reserve to ensure that the Charity is able to continue its obligations in the event of a shortfall in income or a sudden upturn in expenditure.
- Designated Funds. From time to time these are created for specific refurbishment and infrastructure projects.

The Trustees are satisfied that the Charity's assets are sufficient to meet its ongoing obligations for the coming year. The level of reserves held has been reviewed by the Trustees who are of the opinion that they are at an appropriate level relevant to the ongoing financial needs of the Charity. The Investment Policy implemented three years ago has been reviewed and changed in accordance with suggestions from Charles Stanley, the Charity's investment fund managers.

### 2.1.4 Voluntary Help and Donations in Kind

In addition to paid staff, the Charity depends on unpaid voluntary help to continue in its present form. For the purpose of these accounts, no value has been attached to this voluntary help nor to any donations in kind.

### 2.1.5 Accounts

The full accounts are shown in section 5.

The Income and Expenditure section of the accounts shows a deficit of £11,181 for the year.

Total net assets on the Balance Sheet are £256,588 which includes £4,731 of restricted funds. A separate breakdown of restricted funds is shown in Annex 5 to the accounts.

The value of our investments has decreased by £6,361 to £85,163.

Fixed asset movements are shown in Annex 1 to the accounts. During the past two years we have made a significant investment in the buildings with a kitchen upgrade and a full refurbishment of the lift to the upper floors.

### 3 Treasurer's Report

The continued cost of living challenges that we are all facing, have somewhat impacted on the financial results. We continue to show a reasonably healthy balance sheet at the end of the financial year, despite there being an overall deficit in our trading accounts.

The Income & Expenditure account for the year shows that our income has again risen significantly this year, with grants, donations and services showing particularly healthy increases. We have made some investment in our building and our salary costs have risen in line with government minimum wage rates, leading to a deficit for the year, although at a reduced level from the previous year.

Use of the premises continues to increase with many regular classes and activities being held at the centre and lunches being served four days per week.

We are aware that people are facing difficult times and it is important that we continue to provide help and support to the people in our community. To this end we will continue to apply for grants whenever possible and are confident that these and other sources of income coupled with a strong balance sheet will enable us to continue to provide support to our local community.

The Trustees are grateful for all the grants received to date and the help we receive from our volunteers. We continue to review the financial position of the Charity on a regular basis and will do so going forward.

Treasurer  
1 Bitton Park Road  
Teignmouth  
Devon  
TQ14 9BT

## 4 Independent Examiner's Report

The Trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 or the Companies Act 1985 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- To state whether particular matters have come to my attention

I have carried out an independent examination of the books of this Company. They appear to have been correctly maintained and I am of the opinion that this Balance Sheet, and the supporting Income and Expenditure Account, reflect a fair and accurate record of the Company's position in the financial year ended 30<sup>th</sup> June 2024.

David Rudall  
Greenwood Accountancy Ltd  
5 & 7 Pellew Arcade  
Teign Street  
Teignmouth  
Devon  
TQ14 8EB

## 5 Year End Accounts

### THE ALICE CROSS CENTRE Accounts for Year Ended 30 June 2024

#### BALANCE SHEET

| Component                     | 2023/2024 |                | 2022/2023 |                | Notes:  |
|-------------------------------|-----------|----------------|-----------|----------------|---------|
|                               | £         | £              | £         | £              |         |
| <b>Fixed Assets:</b>          |           |                |           |                |         |
| Tangible Assets               | 128,678   |                | 129,083   |                | Annex 1 |
| Investments                   | 85,163    |                | 91,903    |                | Annex 2 |
|                               |           | <b>213,841</b> |           | <b>220,986</b> |         |
| <b>Current Assets:</b>        |           |                |           |                | Annex 3 |
| Bank Accounts                 | 41,622    |                | 38,340    |                |         |
| Cash                          | 1,426     |                | 350       |                |         |
| Debtors                       | 3,479     |                | 9,967     |                | Annex 4 |
|                               |           | <b>46,527</b>  |           | <b>48,657</b>  |         |
| <b>Current Liabilities:</b>   |           |                |           |                |         |
| Creditors & Accruals          | (3,780)   |                | (1,874)   |                | Annex 4 |
|                               |           | <b>(3,780)</b> |           | <b>(1,874)</b> |         |
| <b>Net Current Assets:</b>    |           | <b>42,747</b>  |           | <b>46,783</b>  |         |
| <b>NET ASSETS</b>             |           | <b>256,588</b> |           | <b>267,769</b> |         |
| <b>CAPITAL &amp; RESERVES</b> |           |                |           |                |         |
| Endowments                    | 0         |                | 0         |                |         |
| Restricted Funds              | 4,731     |                | 13,656    |                | Annex 5 |
| Unrestricted Funds            | 251,857   |                | 254,113   |                |         |
| <b>TOTAL CAPITAL</b>          |           | <b>256,588</b> |           | <b>267,769</b> |         |


For the year ending 30 June 2024 the company was entitled to exemption from audit under section 477 of the Companies Act.

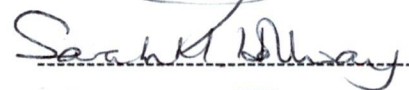
The Members have not required the Company to obtain an audit in accordance with section 476 of the Companies Act 2006.

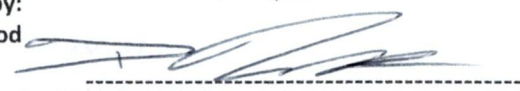
The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

**SIGNED BY:**

Trustee: Andrew Longford  Date: 10/02/2025

Treasurer:  Date: 10/02/2025

Checked as correct by:  
Examiner: Greenwood Accountancy Ltd  Date: 24/02/2025

**THE ALICE CROSS CENTRE**  
**Accounts for Year Ended 30 June 2024**

2024/2023

| <b>INCOME &amp; EXPENDITURE</b>                        |                 |                |                 |                 |                |                 |        |
|--------------------------------------------------------|-----------------|----------------|-----------------|-----------------|----------------|-----------------|--------|
| Component                                              | 2023/2024       |                |                 | 2022/2023       |                |                 | Notes: |
|                                                        | Total           | Unrestricted   | Restricted      | Total           | Unrestricted   | Restricted      |        |
| <b>Income:</b>                                         | <b>£</b>        | <b>£</b>       |                 |                 | <b>£</b>       | <b>£</b>        |        |
| Business General                                       | 0               | 0              | 0               | 250             | 250            | 0               |        |
| Donations                                              | 19,980          | 19,524         | 456             | 35,187          | 31,417         | 3,770           |        |
| Fundraising                                            | 4,147           | 4,037          | 110             | 10,556          | 9,561          | 995             |        |
| Grants                                                 | 84,276          | 82,604         | 1,672           | 32,260          | 24,400         | 7,860           |        |
| Dividend Income                                        | 2,755           | 2,755          | 0               | 3,713           | 3,713          | 0               |        |
| Premises                                               | 20,380          | 20,380         | 0               | 19,116          | 19,116         | 0               |        |
| Services                                               | 57,925          | 56,750         | 1,175           | 31,927          | 31,290         | 637             |        |
| <b>TOTAL INCOME</b>                                    | <b>189,463</b>  | <b>186,050</b> | <b>3,413</b>    | <b>133,009</b>  | <b>119,747</b> | <b>13,262</b>   |        |
| <b>Expenditure:</b>                                    |                 |                |                 |                 |                |                 |        |
| Business                                               | 159,202         | 134,105        | 25,097          | 122,970         | 90,504         | 32,466          |        |
| Fundraising                                            | 233             | 233            | 0               | 628             | 628            | 0               |        |
| Premises                                               | 15,921          | 15,921         | 0               | 3,807           | 3,807          | 0               |        |
| Services                                               | 29,654          | 29,654         | 0               | 19,518          | 18,416         | 1,102           |        |
| Sundry                                                 | 0               | 0              | 0               | 0               | 0              | 0               |        |
| <b>EXPENDITURE</b>                                     | <b>205,010</b>  | <b>179,913</b> | <b>25,097</b>   | <b>146,923</b>  | <b>113,355</b> | <b>33,568</b>   |        |
| Restriction adjustment                                 |                 | (12,759)       | 12,759          |                 | (6,811)        | 6,811           |        |
| <b>TOTAL EXPENDITURE</b>                               | <b>205,010</b>  | <b>167,154</b> | <b>37,856</b>   | <b>146,923</b>  | <b>106,544</b> | <b>40,379</b>   |        |
| <b>I&amp;E (DEFICIT)/<br/>SURPLUS FOR THE<br/>YEAR</b> | <b>(15,547)</b> | <b>18,896</b>  | <b>(34,443)</b> | <b>(13,914)</b> | <b>13,203</b>  | <b>(27,117)</b> |        |
| Cash Balance adjustment                                | 0               | 0              | 0               | 0               | 0              | 0               |        |
| <b>GROSS I&amp;E (DEFICIT)<br/>SURPLUS</b>             | <b>(15,547)</b> | <b>18,896</b>  | <b>(34,443)</b> | <b>(13,914)</b> | <b>13,203</b>  | <b>(27,117)</b> |        |
| <b>P&amp;L Adjustments</b>                             |                 |                |                 |                 |                |                 |        |
| Depreciation of Fixed Assets                           | (3,894)         |                |                 | (3,465)         |                |                 |        |
| Change in Value of Investments                         | 8,260           |                |                 | (3,325)         |                |                 |        |
| <b>TOTAL</b>                                           | <b>4,366</b>    |                |                 | <b>(6,790)</b>  |                |                 |        |
| <b>NET PROFIT &amp; LOSS</b>                           | <b>(11,181)</b> |                |                 | <b>(20,704)</b> |                |                 |        |
| <b>CHARITABLE<br/>EXPENDITURE</b>                      |                 |                |                 |                 |                |                 |        |
| Direct Charitable Expenditure                          |                 | 196,818        | 96.0%           |                 | 140,147        | 95.4%           |        |
| Fundraising costs                                      |                 | 8,192          | 4.0%            |                 | 6,776          | 4.6%            | IE-1   |
| <b>TOTAL</b>                                           |                 | <b>205,010</b> |                 |                 | <b>146,923</b> |                 |        |

**THE ALICE CROSS CENTRE**  
**Accounts for Year Ended 30 June 2024**

**Annex1: FIXED ASSETS - RECONCILIATION**

| Component                               | 2023/2024 |                | 2022/2023 |                |
|-----------------------------------------|-----------|----------------|-----------|----------------|
|                                         | £         | £              | £         | £              |
| <b>ASSET VALUES</b>                     |           |                |           |                |
| Asset values at end of previous FY      | 129,083   |                | 123,643   |                |
| New assets in current FY                | 3,489     |                | 8,906     |                |
| Revaluation uplift                      | 0         |                | 0         |                |
| <b>TOTAL ASSETS Before depreciation</b> |           | <b>132,572</b> |           | <b>132,549</b> |
| <b>DEPRECIATION</b>                     |           |                |           |                |
| Previous FY assets                      | (3,590)   |                | (3,045)   |                |
| New assets in current FY                | (304)     |                | (421)     |                |
| <b>TOTAL DEPRECIATION OF ASSETS</b>     |           | <b>(3,894)</b> |           | <b>(3,466)</b> |
| <b>TOTAL ASSET VALUES C/F</b>           |           | <b>128,678</b> |           | <b>129,083</b> |

**Annex 2: INVESTMENTS - RECONCILIATION**

|                                            | 2023/2024 |                | 2022/2024 |                 |
|--------------------------------------------|-----------|----------------|-----------|-----------------|
|                                            | £         | £              | £         | £               |
| <b>Opening Holdings</b>                    |           |                |           |                 |
| Value of Investments B/F                   | 91,524    |                | 108,939   |                 |
| Capital Accounts B/F                       | 0         |                | 577       |                 |
| Income Account B/F                         | 379       |                | 712       |                 |
| <b>TOTAL Investment Portfolio B/F</b>      |           | <b>91,903</b>  |           | <b>110,228</b>  |
| <b>Changes</b>                             |           |                |           |                 |
| Sale of investments during year            | (21,453)  |                | (24,945)  |                 |
| Gain/Loss on sales                         | 1,190     |                | (479)     |                 |
| Purchase of investments during the year    | 4,957     |                | 9,945     |                 |
| Change in portfolio value on new purchases | 0         |                | (107)     |                 |
| Change in value of remaining investments   | 7,409     |                | (2,406)   |                 |
| <b>Change in value of Investments</b>      |           | <b>(7,897)</b> |           | <b>(17,992)</b> |
| Change in Capital Account                  |           | 986            |           | 0               |
| Change in Income Account                   |           | 171            |           | (333)           |
| <b>Closing holdings</b>                    |           |                |           |                 |
| Value of Investments C/F                   | 83,627    |                | 91,524    |                 |
| Capital Account C/F                        | 986       |                | 0         |                 |
| Income Account C/F                         | 550       |                | 379       |                 |
| <b>TOTAL Investment Portfolio C/F</b>      |           | <b>85,163</b>  |           | <b>91,903</b>   |

**Annex 3: CASH - RECONCILIATION**

|                                 | 2023/2024 |                | 2022/2023 |                | Notes: |
|---------------------------------|-----------|----------------|-----------|----------------|--------|
|                                 | £         | £              | £         | £              |        |
| <b>Opening Balances</b>         |           |                |           |                |        |
| Cash in Hand                    | 350       |                | 742       |                |        |
| Bank Account                    | 38,340    |                | 61,336    |                |        |
| <b>TOTAL BALANCE B/F</b>        |           | <b>38,690</b>  |           | <b>62,078</b>  |        |
| Sale of Investments             | 15,000    |                | 15,000    |                |        |
| Income                          | 189,463   |                | 133,009   |                |        |
| Current Year change in Debtors  | 6,488     |                | (9,967)   |                |        |
| <b>Net Income</b>               |           | <b>210,951</b> |           | <b>138,042</b> |        |
| Expenditures                    | 205,010   |                | 146,923   |                |        |
| Current Year change in Accruals | (1,906)   |                | 5,601     |                |        |
| <b>Net Expenditure</b>          |           | <b>203,104</b> |           | <b>152,524</b> |        |
| Purchase of Fixed Assets        |           | 3,489          |           | 8,906          |        |
| <b>TOTAL BALANCE C/F</b>        |           | <b>43,048</b>  |           | <b>38,690</b>  |        |
| <b>Closing Balances</b>         |           |                |           |                |        |
| Cash in Hand                    | 1,426     |                | 350       |                |        |
| Alice Cross                     | 41,622    |                | 38,340    |                |        |
| <b>TOTAL BALANCE C/F</b>        |           | <b>43,048</b>  |           | <b>38,690</b>  |        |

**Annex 4: BALANCE - RECONCILIATION**

| Component                          | 2023/2024 |                | 2022/2023 |                 | Notes: |
|------------------------------------|-----------|----------------|-----------|-----------------|--------|
|                                    | £         | £              | £         | £               |        |
| <b>Previous Year Funds:</b>        |           |                |           |                 |        |
| Fund Balance B/F                   | 267,769   |                | 288,473   |                 |        |
| Plus creditors previous year       | 1,874     |                | 7,476     |                 |        |
| Less debtors previous year         | (9,967)   |                | 0         |                 |        |
| <b>Previous Year Total</b>         |           | <b>259,676</b> |           | <b>295,949</b>  |        |
| <b>Current Year Fund Changes:</b>  |           |                |           |                 |        |
| Fixed Assets                       | (405)     |                | 5,440     |                 |        |
| Investments                        | (6,740)   |                | (18,325)  |                 |        |
| Bank and Cash Balances             | 4,358     |                | (23,388)  |                 |        |
| <b>Total Fund Changes</b>          |           | <b>(2787)</b>  |           | <b>(36,273)</b> |        |
| <b>Fund Balance C/F</b>            |           | <b>256,889</b> |           | <b>259,676</b>  |        |
| <b>Plus debtors</b>                |           | <b>3,479</b>   |           | <b>9,967</b>    |        |
| <b>Less creditors</b>              |           | <b>(3,780)</b> |           | <b>(1,874)</b>  |        |
| <b>Net Balance Reconciliation</b>  |           | <b>256,588</b> |           | <b>267,769</b>  |        |
| <b>NET ASSETS ON BALANCE SHEET</b> |           | <b>256,588</b> |           | <b>267,769</b>  |        |

## Annex 5: RESTRICTED FUND SUMMARY

| Fund                       | Brought Forward | New          | Spend        | X-Charge      | Balance from unrestricted | Residual     |
|----------------------------|-----------------|--------------|--------------|---------------|---------------------------|--------------|
|                            | £               | £            | £            | £             | £                         | £            |
| Memory Cafe                | 13,656          | 300          | 1,789        | 7,436         | 0                         | 4,731        |
| Young Onset                | 0               | 0            | 0            | 0             | 0                         | 0            |
| Xmas day fund              | 0               | 0            | 0            | 0             | 0                         | 0            |
| Pathway to Health          | 0               | 0            | 0            | 0             | 0                         | 0            |
| Grief Support              | 0               | 0            | 0            | 0             | 0                         | 0            |
| Heat Cafe                  | 0               | 3,113        | 1,078        | 14,794        | 12,759                    | 0            |
| Devon Community Foundation | 0               | 0            | 0            | 0             | 0                         | 0            |
| <b>ALL FUNDS</b>           | <b>13,656</b>   | <b>3,413</b> | <b>2,867</b> | <b>22,230</b> | <b>12,759</b>             | <b>4,731</b> |

\*Unrestricted funds include a grant of £10,000 from the Foyle Foundation for which we are very grateful.

## Annex 6: NOTES TO ACCOUNTS

1. TRUSTEES' EMOLUMENTS: In accordance with the Memorandum and Articles of Association, the Trustees receive no salary, fees or remuneration.

2. TAXATION: No provision for taxation is considered necessary in view of the registered charity status.

3. EMPLOYEES INFORMATION:

The average number of persons employed by the Charity during the year was :

|                  |   |                  |   |
|------------------|---|------------------|---|
| <b>2023/2024</b> | 6 | <b>2022/2023</b> | 6 |
|------------------|---|------------------|---|

The total employment costs (Wages, Salaries + Social Security Costs) were :

|                  |          |                  |         |
|------------------|----------|------------------|---------|
| <b>2023/2024</b> | £102,901 | <b>2022/2023</b> | £96,199 |
|------------------|----------|------------------|---------|

IE-1 CHARITABLE EXPENDITURE: Fundraising expenditure is defined as the sum of fund-raising costs and 5% of business costs

## 6 Accounting Policies

These Financial Statements have been prepared in accordance with the requirements of the Companies Act and also the Statement of Recommended Practice – Accounting by Charities.

### Basis of Accounting

The Financial Statements have been produced under the historical cost convention.

A cash flow statement is not required in view of the size of the Charity.

### Depreciation

Depreciation is charged on Freehold Property at the rate of 1% per annum using the reducing balance method.

For fixtures and fittings, we are implementing the following:

- expensing items costing £500 or less,
- applying a straight-line method for computer hardware costing more than £500 over 3 years,
- applying a straight-line method for other items costing over £500 over 5 years.

### Investment Income

Income from quoted investments is stated gross. Investments are valued at market value in the balance sheet.

### Reserves

The entity's reserves may be restricted or unrestricted.

### Recognition of Income and Expenses

The accounts are prepared on the accruals basis. Income and expenses are recognised on the date of the transaction.

## 4 Independent Examiner's Report

The Trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 or the Companies Act 1985 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- To state whether particular matters have come to my attention

I have carried out an independent examination of the books of this Company. They appear to have been correctly maintained and I am of the opinion that this Balance Sheet, and the supporting Income and Expenditure Account, reflect a fair and accurate record of the Company's position in the financial year ended 30<sup>th</sup> June 2024.

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