

the alice cross centre



THE ALICE CROSS CENTRE

ANNUAL REPORT YEAR ENDED 30 JUNE 2022



Company Registration Number 2338079

Trustees Statement

The last year has continued to be a very challenging and difficult time for the newly renamed 'The Alice Cross Centre'. As with many such charitable organisations, funding opportunities for the charity have become more difficult to access as they have significantly changed due to the knock-on effects of Brexit, the Covid Pandemic and the conflict between Russia and Ukraine. Additionally, midway through the year, the General Manager of 12 years standing, moved on to take charge of the VIH charity and the Chair of the Trustees resigned due to conflicts of business. The Trustees, however, have managed to keep the charity operating almost unaffected and have appointed a new General Manager, Jackie O'Brien, who has taken on the challenges and has brought a new spirit of direction and capability to the Alice Cross Centre.

The Board of Trustees now strongly believe that the core team of Jackie, Alison and Yvonne, assisted by the new Kitchen Manager, David, are continuing to re-define and develop the services provided by the Alice Cross Centre with a very high level of commitment and vision. The feedback received from the community of Teignmouth (and beyond) is indicating that the Alice Cross Centre continues to provide a unique and necessary meals service and offers a community centre for a wide cross section of local inhabitants.

The Trustees have continued working behind the scenes to ensure that the Centre services have been maintained to a very high standard and that the focus of the management is to stabilise the financial position and to move forward from the difficulties of 2021/22. They have approved the significant investment in the development of the centre whilst supporting the key personnel and encouraging a steady development of the core services required by the community.

Moving forward knowing that the population is forecast to live longer, be more active and healthier in older life, there needs to be an emphasis on developing preventative and wellbeing services. A number of new opportunities are being planned to meet these needs and to further support the local community in the now, well respected Alice Cross way. However, the Board of Trustees and staff can only do this with the continued support of our volunteers and clients and we shall continue to work with them all to keep The Alice Cross Centre being Teignmouth's Community Hub.

Thank you

The Alice Cross Centre Board of Trustees

14 October 2022.

Coordinator, Alison Fenton, part time Volunteer Coordinator, Yvonne Lamond, part time Office Administrator Peta Howell, part time Support Worker, Sue Yates, full time Chef and Kitchen Manager, Dave Cook and part time cleaner Nicky Howarth. We are also supported by a dedicated team of 68 volunteers who help in all aspects of running the centre. We couldn't do what we do without them and thank them for all their loyalty and hard work.

Our Trustees



Pat Henchie



Deborah Minett



Sue Halfyard



Andy Longford



Liz Batson
Treasurer

Our Staff



Jackie O'Brien
General Manager
Manager



Alison Fenton
Centre Co-ordinator



Yvonne Lamond
Volunteer Co-ordinator



Peta Howell
Marketing & Admin Support



Sue Yates
Support Worker



Dave Cook
Chef & Kitchen

The Trustees made a decision to grow the team this year, so that The Alice Cross Centre has a full skill set to enable them to move forward and navigate the new voluntary sector landscape, which will aim to be less reliant on government grants with more focus on fundraising and developing services that contribute to our income. As always, the team have continued to provide a professional and dedicated service, despite the continued uncertainty post covid. On behalf of myself and the trustees, we would like to thank them for another year of incredible loyalty and hard work, supporting over 400 people in our community.



The Centre could not function without the loyal band of over 60 volunteers giving an estimated **7,500** hours a year - which would cost **£67,500**, if they were each paid £9 an hour. Without their help the Centre would find it almost impossible to function - so a huge thank you to all you wonderful volunteers.

We rely on volunteers to support our meal delivery service to vulnerable and housebound people. It is volunteers who collect and

deliver the food and bring caring contact to our clients, giving them the opportunity to do a welfare check at the same time. Volunteers also run our tabletop fundraising events and support Alice Cross Centre events, fulfilling all the hospitality roles required for a seamless event. Without them we could not deliver these services. We also have administrative and reception roles, plus grant writing and fundraising opportunities. Our volunteers represent a diverse section of our community and include people with additional needs and young people on work experience secondments. Yvonne Lamond our Volunteer Co-ordinator plays a central role in supporting our volunteers and ensuring that we have cover for all our services. She does an outstanding job, as do all of our team. Our volunteers are our ambassadors and spread the word about our services. We couldn't be more proud of them.

Activities

Post Covid, the centre has slowly come back to life and we are offering lunches back in the centre three times a week, which is increasing in uptake week on week. Our "Fish n Chip" Friday, which is every second week, is always a popular choice.

What's on at the Alice Cross?*

Scan the QR Code to donate to our totalgiving fund.

Monday
 10.30 - 12pm Monday Music
 10am - 12pm Monday Chat Club
 Lunch Club at the Alice or meal delivery.
 6pm - 7pm Yoga with Alison

Tuesday
 10.15am - 11.45am Line dancing with Viv
 10.30am - 12.30pm Quilter's tea party
 1pm - 3pm Alice Crafters Craft Group
 2.30pm - 4pm U3A Italian
 4.15pm - 5.15pm Mat yoga with Lisa
 5.30pm - 6.30pm Wiggles and Giggles
 7pm-10pm Teignmouth Chess Club

Wednesday
 9.30am - 10.15am Zumba Gold with Peta
 10.30am - 12pm Grief Support Group
 10.45am - 11.45am Seated Yoga with Lisa
 12.30pm - 3pm NEW! Digital Skills 1:1
 2pm - 3.30pm Table Tennis
 3pm - 4pm U3A Spanish
 7pm - 9pm Sewing club

Thursday
 10am - 12pm Memory Cafe
 12pm - 1pm Lunch Club and Meal delivery
 12.30pm - 2pm TeignAid
 5.30pm - 6.30pm - NEW! Pilates with Kelly
 7.30pm - 9.30pm World Ship Society (2nd Thursday)

Friday
 10am - 11.30am The Teigns Rehearsal and Coffee
 Fish Friday! 12pm Lunch club in the hall or delivered.
 4.30pm - 9.30pm Dramatically Different Youth Drama

Room hire available!
 Call 01626 778039 or email Info@thealicecross.co.uk

* Please note that the timetable is subject to change. Some clubs do not run weekly and may be bi-weekly or monthly.

www.thealicecross.co.uk
 @alicecrossdevon
 @thealicecross
 @alicecrosscentre

As you can see, we have a busy timetable of weekly events, some our own and others are regular community events. The diversity of the timetable means there is something for everybody at The Alice and includes activities for all ages.

Memory Café

Memory loss and dementia are widespread and increasing problems which very often lead to isolation from the community for both sufferers and carers. Post lockdown, the group has come back into the centre and has gone from strength to strength with more members coming along each week. The atmosphere is relaxed and informal and participants can swap stories, ideas and tips on coping while taking part in a variety of activities to stimulate cognitive awareness. We often have visiting musicians (who

volunteer their time), such as Diantha Coombes and Malcolm and Martin, who interact with our guests and stimulate memories through music. This can be very moving for them. Our overall aim is to provide support to the person with memory difficulty and an opportunity for the carer to have some stimulation and respite. The friendship and community that the group members experience helps to alleviate loneliness and isolation. They also enjoy a chair fit session before lunch to improve strength and mobility. The group eat together at lunch time, an important part of the Memory Café. As well as having a nourishing hot meal, they experience a family atmosphere round the dining table, enjoy the ritual of a meal together with conversation and light heartedness. Our volunteers are so kind during meal service and look after the group with great love and care.

Zumba Gold, Pilates and Yoga

As part of our moving effectively aim, we hold regular weekly fitness classes which focus on core strength and flexibility, all helping to promote a healthy, supple body and longevity. The classes are suitable for all ages and fitness levels. Yoga is run by Lisa and she holds both a chair and mat yoga class. We also have a weekly table tennis group, which is very relaxed and also provides an opportunity to chat together with a cuppa.

Events and Fundraising

We hold regular fundraising events both in the centre and out in the community, which include quiz, bingo and band nights, coffee mornings and table top sales.

We really enjoyed being at The Queen's Jubilee celebrations as it gave us the opportunity to showcase all the things the Alice Cross Centre does, particularly relevant after the pandemic, to remind people that we were still here with lots to offer them. It was a wonderful occasion to celebrate again with the general public, after the isolation of lockdown. I think we successfully managed to convey the fun we have whether you come to the Alice as a volunteer or guest.





We also hire our hall out at weekends for events at a reasonable rate and it has been booked this year for a variety of celebrations and parties, including “big” birthdays, poetry events, christenings, wakes and musical events amongst others. We are licensed and can provide a bar and catering service for all events.

Catering

We are very proud of the quality of the food that our chef and team of volunteers produce from our 5* kitchen. We continue to run our Meal Delivery Service and delivered 2845 hot meals during this financial year to 35 homes per day, up to 4 times a week. Volunteers do our meal deliveries, and it means they get to know who they are delivering to and can do a welfare check at the same time. Two volunteers, Daphne and Maureen, call our clients weekly to take their orders for the week and develop relationships that are valued by our clients and provide another opportunity to do a welfare check. Our clients are generally older people who find it difficult to shop and cook or they might have mobility issues, so the meal service is a lifeline to them and ensures they get a nutritious hot meal. The meals are subsidised and cost £5 for a main meal and £2 for a dessert. Meals are free if the client is in receipt of an income related benefit.



The Dream Team, Volunteers Jacqueline and Shane with Dave, our Chef

One of our principal charitable aims is to subsidise hot meals as the benefit they provide to those who would otherwise be eating alone is an important element of the service we offer. Our lunches in the centre are a social occasion, and it is a service that men, in particular, who are often more difficult to reach and engage with, are keen to attend. People with special needs also use our lunch service so we are reaching a diverse group of people from our community. We provide lunch in the centre on the

same days as our meal delivery service which is Monday, Thursday and Friday and every second Sunday, with one Sunday lunch per month in the Centre.

Our Christmas Lunch did not take place in December 2021 but we are pleased to report we did do it in December 2022 and there will be more about it in next year's annual report.



Sunday lunch for our Meal Delivery Service Customers.

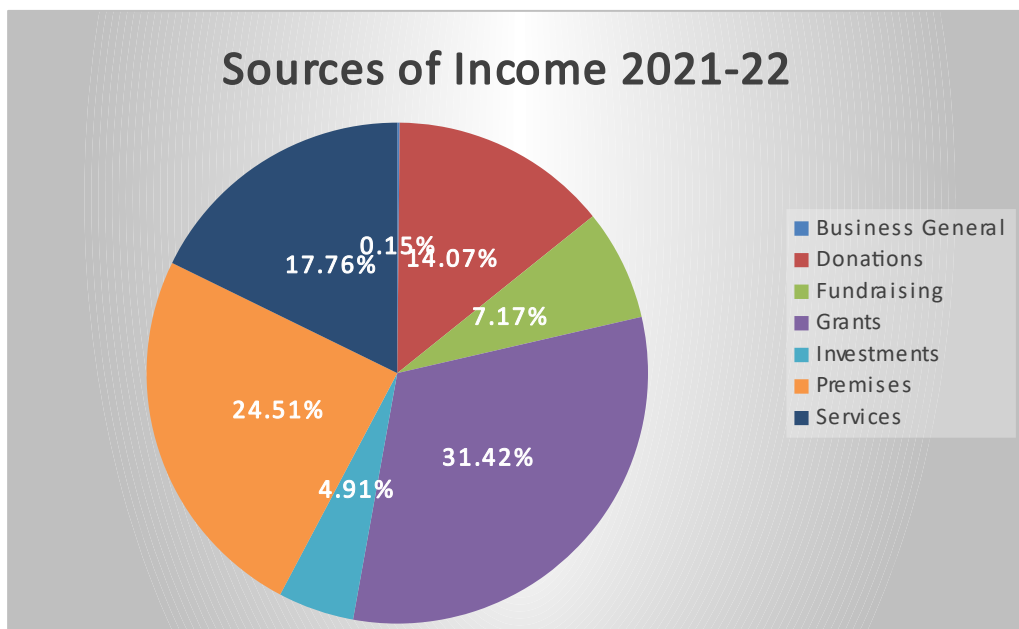
Income/Fundraising

As discussed previously income dropped significantly in this financial year. This was due to a decrease in grants by 7%, though they still accounted for 31% of our overall income, and a decrease in income from trusts and foundations by 30%, mainly due to the financial climate following the pandemic. Premises income increased by 17% and is an important part of our core income, whilst income from donations and fundraising increased by 5%. The rest of our income categories were pretty much on par with 2020-21. We would like to say thank you to the grant bodies, private donors, local businesses and everybody that contributed to our fundraisers and made donations. Your support means a lot to us and makes a difference to the people that benefit from our services.

We held many fundraising events including music evenings and singalongs with The Teigns, quiz nights, bingo, a Christmas Fayre, tabletops, cakes sales, raffles and craft fayres, including the carnival. A huge thank you to everybody that donated items for our tabletops and fayres, baked cakes, knitted gloves, painted pictures and crafted beautiful items for us to sell. A lot of people all doing a little is what makes our charity tick and collectively makes an impact.

The Rotary Club of Teignmouth held several very successful quiz and food nights raising funds for both Alice Cross & other organisations including Teign Heritage Centre.

A massive thanks to Tozers Solicitors for all their support. For everybody that makes a simple will they forfeit their fee in lieu of a donation to us.



Income was £64,634 (FY 2019-20 £89,017) and expenditure £93,529 (FY 2019-20 £87,678).

Other Services

The centre continues to hold a regular podiatry clinic, a grief support group and delivers counselling and holistic therapies, including massage and reiki through partner organisations. We continue to support the Teignmouth Community School Enrichment programme by providing cooking sessions and many students take placements with us to gain work experience. We also host partner organisation Teign Aid who support people facing homelessness and who need help with benefit applications.

Our Grief Support group meets every two weeks and provides a telephone counselling service, group sessions or the opportunity to meet 1 - 1 in a café. Here are some testimonials which show how valuable the service is:

1. *“My dearest wife passed away nearly two and a half years ago, just 4 days prior to the first Covid lockdown. Our daughter who lives in France had cancer and was shielding in her house.*

After nearly 60 years of a wonderful marriage I was at a very low ebb in my life. I contacted the Alice Cross Centre in Teignmouth who put me in touch with Ann. She rang me on a regular basis throughout the lockdown when contact with others was very restricted. Without her support advice and kindness my life would have been much the poorer during that time. I later found out she had been part of the Cruse project prior to her moving to the Teignmouth area. After lockdown Ann started group sessions at Alice

Cross which opened another aspect of support by meeting others in similar situations which was very helpful."

Throughout the period of my support she was understanding, kind and constructive. She is one of those special people you rarely meet in life."

2. *"Having lost both my husband and my father within 18 months I cannot stress enough just how important it is to connect with other bereaved people in a secure and confidential space; to share our experiences and our feelings, and to support each other through the grief and the loneliness of one of the most traumatic events anyone can face."*

THERAPIES AT THE ALICE

Massage Therapy

Gary Glanville - Massage therapist
Telephone : 07966381802

Vanda Halina Therapies - Aromatherapy, Sports & Swedish Massage. ITEC Practitioner.
Telephone: 01626 772694 or 07870865513

Carole Clark - ITEC Practitioner, Reflexology, Indian Head Massage, Reiki, reflexology and Sports Massage. Also offering Facials, Manicures and Pedicures.
Telephone: 07887 401639

Counselling
Wellness in mind -
Teign Counselling Service

Steven Smyth-Bonfield BA
Hons. MBACP. Adv Dip
Intergrative Counsellor.
Telephone: 07576 603669
Email:
stevengbonfield@gmail.com

Chiropody

Jane Thomas - Chiropodist
Bsc (Hons) MCPod
HCPC Registered
Alternate Wednesday
mornings by appointment.
Telephone: 01626 778039

The Alice Cross Centre
1-3 Bitton park Road
Teignmouth TQ149BT
www.thealicecross.co.uk
@thealicecrosscentre

The Future

As Adult Social Care strategy continues to focus on supporting people to remain independent in their own homes for as long as possible, our Pathways to Health focus is more relevant than ever as we support people to eat well, move more and come together as a community to alleviate loneliness and social isolation, promoting good physical and mental health. Our meal delivery service plays an important part in enabling people to remain in their own home and we aim to expand this service by providing home cooked frozen meals, to supplement the hot meals that we provide.

We are thrilled to report that we have been successful in our bid to Valencia Communities Fund for £48,000, to refurbish our very dated kitchen. This is incredible news and will allow us to continue to expand the food services that we already offer, helping more people to have access to a nutritious food. The work will take place in March/April 2023.

We are all facing an extended cost of living crisis so one of our key priorities is to support our local community to help alleviate food and fuel poverty. We have started a Heat Cafe, as part of the national warm spaces initiative, where food is available on a pay what you can basis. We will continue to build and expand on this service and layer

other services over the top, for example, cooking lessons on a budget and digital literacy lessons. We continue to use surplus food to help save waste and it also enables us to provide subsidised/free food to our customers.

We plan to grow our fitness offering and two members of the team have recently trained to do well-being walks, so that we can offer level 1 walks from the Alice Cross. There is evidence to show that walking is one of the most effective exercises for health and wellbeing and it is inclusive for the majority of people, with the important social aspect.

We continue to strengthen our infrastructure with new digital technology, and we have upgraded our phone system to VOIP technology, introduced Xero Accounting, a Beacon CRM Database and a Zettle till system so that we can improve communication and information gathering. This will in turn provide more detailed management information, essential to creating a strong and robust charity. With new technology comes the need for more staff training, so this will be an important priority for 22-2023, so that the new software can be incorporated into our daily working practices effectively. Many thanks go to Huw Weatherhead for his ongoing support of our IT infrastructure, both software and hardware. His support is invaluable.

As space in our building is finite there will be a focus this year on looking to develop more outreach services, as a way of attracting more funding opportunities and reaching more people. At the same time, we want to grow other sources of income so that we aren't so reliant on grant income.

Coming out of a year of an income deficit, creates more pressure to break even this financial year, so whilst we will always strive to expand and grow, it will be done with financial prudence, as consolidation is also an important part of this year's remit, so that we can continue to provide the important services that we already offer.

We will continue to work in close cooperation with VIH, Assist, Teignbridge CVS, and other local charities to reduce duplication of services and improve the support for all older people and the wider community locally.

Most importantly, we want to have another year of community building with lots of fun and laughter, working collaboratively and making sure we enjoy every minute of this wonderful journey together.

Thank you

Finally, we would like to say a massive thank you to all our donors, volunteers, staff and partners, including any we have unwittingly not listed, for all the hard work and support you have given us over this last year.

The 29th May 1961 Charitable Trust
Age UK Devon
Alastair Sutherland
Anthony Powell
ASAP Printing
Assist Teignbridge
Charlie Bass
Co-op Community Fund

The Norman Family Charitable Trust
Cllr Jacqui Orme (DCC)
Robert Phipps Jnr and the Adventure Golf Kiosk
Monday Music: Anthony Powell
The Red Hat Society: The Purple Pebbles of Teignmouth
Shaldon Bakery
Shop Dead Gorgeous
South West Water

Co-op Local Recovery Fund
Co-op Teignmouth (Matt Hooper and team)
Cllr David Cox (DCC)
Dawlish Community Transport
Monday Music: Dawlish Songbirds, Jo Collett & Beryl Combs
Devon Community Fund
Devon Highwaymen Bikers
Devon Memory Café Consortium
Monday Music and more: Diantha Coombes
Cllr Alison Eden (TDC)
FareShare
ForTeign (Incredible Fund)
Greenwood Accountancy Ltd
Cllr Andrew Henderson (DCC)
HITS
The Marjorie and Geoffrey Jones Charitable Trust
The League of Friends of Teignmouth Hospital
Monday Music: Malcolm and Martin
Melissa Middleton, The Whistle Stop Cafe
Clare Milne Trust
Mini Heaven Bakers
Morrisons Teignmouth
The National Lottery

South Devon and Torbay CCG
Teignbridge Community and Voluntary Services
Teignbridge District Council
Teign Heritage Centre
Teign Housing Tenants' Forum Community Chest
Teignmouth Dementia Action Alliance group
Rotary Club of Teignmouth
Richard Palmer, Snrs Captain, Teignmouth Golf Club
Teignmouth Town Council
Teignmouth Town Clerk (Tracy Rowe and team)
Teignmouth Traders Association
Monday Music and more: The Teigns
Tesco Newton Abbot
Tesco Teignmouth
Tozers Solicitors (including Will writing donations)
Teignmouth & District u3a
Volunteer Evening Bar Team: Dave, Sara, Vanda
Volunteering in Health
Our Volunteers
Weatherheads Web - Angie and Huw
Wiggles and Giggles
Cllr Cate Williams (DCC)
Viv Wilson MBE

Sincere thanks to the trusts, foundations and private individuals who prefer to remain anonymous for their support.

If you would like to sponsor an activity or event at Alice Cross, please do get in touch!

Jackie

Jackie O'Brien – General manager

the alice cross centre



Company Registration Number 2338079
Charity Registration Number 800996

**THE ALICE CROSS CENTRE
FINANCIAL REPORT
YEAR ENDED 30TH JUNE 2022**

1. Officers and Professional Advisers

Trustees

Mrs E Batson (Treasurer)
Mrs D Minett
Mrs P Henchie
Mrs S Halfyard
Mr A Longford

Secretary

Ms Jacqueline O'Brien

Registered Office

1 Bitton Park Road
Teignmouth
Devon TQ14 9BT

Independent Examiner

Greenwood Accountancy Ltd
5 & 7 Pellew Arcade
Teign Street
Teignmouth
Devon TQ14 8EB

Bankers

Co-operative Bank
PO Box250
Delf House
Southway
Skelmersdale WN8 6WT

Solicitors

Tozers
Charity Department
Broadwalk House
Southernhay West
Exeter Devon EX1 1UA

2 Trustees' Report

The Trustees have pleasure in presenting their Report and Financial Statements for the year ended 30th June 2022. The Accounts reflect the provisions of the Charities Acts 2002, 2006 and 2011 as well as those of various Companies Acts and Accounting Standards.

Reference and Administrative Information

The Alice Cross Centre, formerly Age Concern, Teignmouth and Shaldon is a registered charity (No. 800996).

The Charity is a Company limited by guarantee number 2338079, with members guaranteeing a sum not exceeding £1. By concession from the Registrar of Companies the word "Limited" can be dispensed with. It is governed by a Memorandum and Articles of Association dated 24th January 1989, as amended 16th December 1993, 10th May 2005 and 24th November 2020. Its registered office is at: 1 Bitton Park Road, Teignmouth, Devon TQ14 9BT.

Structure, Governance and Management

Company law requires the Trustees, who are all Directors, to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for that period. In preparing these Financial Statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare the Financial Statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the Financial Statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees and Administration

Administration is vested in the committee of Trustees (Board of Trustees). Trustees are normally appointed in general meeting.

The Trustees who served during the year are as follows:

- Mrs S Halfyard
- Mrs P Henchie
- Mrs E Batson
- Mrs D Minett
- Mr A Longford

The present Trustees are all Directors of the Company.

The Company's bankers are The Co-operative Bank.

Operational Issues

2.1.1 Objects

The objects for which the charity is established are to promote and provide for the welfare of the elderly, to promote the provision of facilities for recreation, to preserve and protect the health of people and promote social inclusion within the area of Teignmouth and the surrounding area. The Company's funds may be invested in any investment, security, or property at the discretion of the Trustees in furtherance of these objectives.

2.1.2 Activities

The principal activity of the Charity is to provide, manage and maintain a day centre, the Alice Cross Centre, for the promotion of well-being amongst the community of Teignmouth, Shaldon and District. During the year, the Trustees have continued to fulfil this objective and the centre has been open daily. Readers are referred to the Centre manager's report for details of activities during the year.

Financial Issues

2.1.3 Reserves Policy

The Trustees recommend that the level of reserves should represent circa 18-months' regular expenditure, approximately £141,000. This is intended to cover the following areas:

- Capital Fund. This comprises the capital investments of the Charity. It is a restricted fund solely for the purpose of maintaining and improving the Charity's premises and facilities, where costs exceed £10,000 per year. A review of our activities has suggested that an investment in modernising the internal structure of the Alice Cross Centre would be more in line with our new strategy and offer potential for increased revenue.
- General Fund. The General Fund is a working reserve to ensure that the Charity is able to continue its obligations in the event of a shortfall in income or a sudden upturn in expenditure.
- Designated Funds. From time to time these are created for specific refurbishment and infrastructure projects.

The Trustees are satisfied that the Charity's assets are sufficient to meet its ongoing obligations for the coming year. The level of reserves held has been reviewed by the Trustees who are of the opinion that they are at an appropriate level relevant to the ongoing financial needs of the Charity. The Investment Policy implemented three years ago has been reviewed and changed in accordance with suggestions from Charles Stanley, the Charity's investment fund managers.

2.1.4 Voluntary Help and Donations in Kind

In addition to paid staff, the Charity depends on unpaid voluntary help to continue in its present form. For the purpose of these accounts, no value has been attached to this voluntary help nor to any donations in kind.

2.1.5 Accounts

The full accounts are shown in section 6.

Total net assets on the Balance Sheet are £288,473, which includes £27,151 of restricted funds. The value of our investments has decreased by £10,198 to £110,228. A separate breakdown of restricted funds is shown in Annex 5 to the accounts.

The Income and Expenditure section of the accounts shows a deficit of £28,895 before adjustments, of £9,062. After applying the annual depreciation of assets and the decrease in the value of investments, the net loss on our unrestricted funds is £36,703.

The apportionment of direct charitable expenditure this year stands at 95.8%. This excludes direct fund-raising costs and a pro rata assignment of general overhead costs.

Fixed asset movements are shown in Annex 1 to the accounts. As at 30 June 2022 the buildings are valued at £120,000. The buildings were revalued by an independent valuation on 30 June 2021 and will be reviewed every two years.

3 Treasurer's Report

Although it has been a challenging year, the financial results continue to show a healthy balance sheet at the end of the financial year.

The Income & Expenditure account for the year shows a deficit compared to a small profit in the previous year. The deficit is mainly due to a reduction in grants received, a fall in the value of investments and increased costs which have been partially offset by an increase in other income streams.

Use of the premises continues to increase with a number of classes and activities being held at the centre and lunches being served three days per week.

We are aware that people are facing difficult times and it is important that we continue to provide help and support to the people in our community. To this end we will continue to apply for grants whenever possible and are confident that these and other sources of income coupled with a strong balance sheet will enable us to continue to provide support to our local community.

The Trustees are grateful for all the grants received to date and the help we receive from our volunteers. We continue to review the financial position of the Charity on a regular basis and will do so going forward.



E. Batson (Treasurer)
1 Bitton Park Road
Teignmouth
Devon
TQ14 9BT

4 Examiner's Report

The Trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 or the Companies Act 1985 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- To state whether particular matters have come to my attention

I have carried out an independent examination of the books of this Company. They appear to have been correctly maintained and I am of the opinion that this Balance sheet, and the supporting Income and Expense accounts, reflect a fair and accurate record of the Company's position in the financial year ended 30th June 2022.



17/01/2023

David Rudall
Greenwood Accountancy Ltd
5 & 7 Pellew Arcade
Teign Street
Teignmouth
Devon
TQ14 8EB

5 Year End Accounts

THE ALICE CROSS CENTRE Accounts for Year Ended 30 June 2022

BALANCE SHEET

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Fixed Assets:					
Tangible Assets	123,643		122,507		Annex 1
Investments	<u>110,228</u>		<u>120,426</u>		Annex 2
		233,871		242,933	Annex 3
Current Assets:					
Bank Accounts	61,336		95,354		
Cash	742		143		
Debtors & Accruals	<u>0</u>		<u>0</u>		Annex 4
		62,078		95,497	
Current Liabilities:					
Creditors & Accruals	<u>(7,476)</u>		<u>(12,000)</u>		Annex 4
		(7,476)		(12,000)	
Net Current Assets:		54,602		83,497	
NET ASSETS		288,473		326,430	Annex 5
CAPITAL & RESERVES					
Endowments	0		0		
Restricted Funds	27,151		28,404		
Unrestricted Funds	<u>261,322</u>		<u>298,026</u>		
TOTAL CAPITAL		288,473		326,430	

For the year ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act.

The Members have not required the Company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

SIGNED BY:

Trustee: Andrew Longford



Date: 09/02/2023

Treasurer: Elizabeth Batson



Date: 09/02/2023

Checked as correct by:

Examiner: Greenwood
Accountancy Ltd



Date: 17/01/2023

THE ALICE CROSS CENTRE
Accounts for Year Ended 30 June 2022

INCOME & EXPENDITURE

Component	2021/2022			2020/2021			Notes
	Total	Unrestricted	Restricted	Total	Unrestricted	Restricted	
Income:	£	£			£	£	
Business General	100	100	0	4,075	4,075	0	
Donations	9,097	8,944	153	12,671	11,216	1,455	
Fundraising	4,635	3,359	1,276	2,018	2,018	0	
Grants	20,311	2,294	18,017	55,970	1,434	54,536	
Investments	3,173	3,173	0	3,682	3,682	0	
Premises	15,842	15,842	0	7,260	7,260	0	
Services	11,476	11,476	0	3,341	3,307	33	
TOTAL INCOME	64,634	45,188	19,446	89,017	32,992	56,025	
Expenditure:							
Business	67,300	60,972	6,328	52,084	11,007	41,076	
Fundraising	0	0	0	77	77	0	
Premises	5,490	4,307	1,183	24,837	15,895	8,942	
Services	20,739	11,053	9,686	10,680	1,776	8,904	
Sundry	0	0	0	0	0	0	
EXPENDITURE	93,529	76,332	17,197	87,678	28,755	58,923	
Restriction adjustment		(3,503)	3,503		(1,183)	1,183	
TOTAL EXPENDITURE	93,529	72,829	20,700	87,678	27,572	60,106	
I&E (DEFICIT)/ SURPLUS FOR THE YEAR	(28,895)	(27,641)	(1,254)	1,339	5,420	(4,081)	
Cash Balance adjustment	0	0	0	0	0	0	
GROSS I&E (DEFICIT) SURPLUS	(28,895)	(27,641)	(1,254)	1,339	5,420	(4,081)	
P&L Adjustments							
Purchase of Assets	3,505	3,505		1,620	1,620		
Depreciation of Assets	(2,369)	(2,369)		(1,765)	(1,765)		
One-off write-down of fixed assets	0	0		58,490	58,490		
Change in Value of Investments	(10,198)	(10,198)		13,636	13,636		
TOTAL	(9,062)	(9,062)		71,981	71,981		
NET PROFIT & LOSS	(37,957)	(36,703)		73,320	77,402		
CHARITABLE EXPENDITURE							
Direct Charitable Expenditure		69,781	95.8%		26,944	97.7%	
Fundraising costs		3,048	4.2%		627	2.3%	IE-1
TOTAL		72,829			27,572		

THE ALICE CROSS CENTRE
Accounts for Year Ended 30 June 2022

Annex 1: FIXED ASSETS - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
ASSET VALUES					
Asset values at end of previous FY	122,507		64,162		
New assets in current FY	3,505		1,620		
TOTAL ASSETS Before depreciation		126,011		65,782	
DEPRECIATION					
Previous FY assets	(2,187)		(1,765)		FA-1
One-of adjustment to revalue assets	0		58,490		
New assets in current FY	(182)		0		FA-2
TOTAL DEPRECIATION OF ASSETS		(2,369)		56,725	
TOTAL ASSET VALUES C/F		123,643		122,507	

Annex 2: INVESTMENTS - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Opening Holdings					
Value of Investments B/F	119,569		103,412		IN-1
Capital Accounts B/F	159		2,739		
Income Account B/F	697		638		
TOTAL Investment Portfolio B/F		120,426		106,790	
Changes					
Sale of investments during year	(7,521)		(10,180)		IN-2
Gain/Loss on sales	164		2,286		
Purchase of investments during the year	6,842		11,283		IN-3
Change in portfolio value on new purchases	(2,768)		822		
Change in value of remaining investments	(7,348)		11,947		
Change in value of Investments		(10,630)		16,157	
Change in Capital Account		417		(2,580)	
Change in Income Account		16		58	
Closing holdings					
Value of Investments C/F	108,939		119,569		IN-1
Capital Account C/F	576		159		
Income Account C/F	712		697		
TOTAL Investment Portfolio C/F		110,228		120,426	

Annex 3: CASH - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Opening Balances					
Cash in Hand	143		436		
Age Concern	0		37,481		
Alice Cross	95,354		44,241		
TOTAL BALANCE B/F		95,497		82,158	
Account Transactions					
Income	64,634		89,017		
Current Year AR - accruals	0		0		
Net Income		64,634		89,017	
Expenditures	(93,529)		(75,678)		
Current year reduction in accruals	(4,524)		0		
Net Expenditure		(98,053)		(75,678)	
Cash ledger adjustment	0		0		
TOTAL BALANCE C/F		62,078		95,497	
Closing Balances					
Cash in Hand	742		143		
Age Concern	61,336		95,354		
Alice Cross	0		0		
TOTAL BALANCE B/F		62,078		95,497	

Annex 4: BALANCE - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Previous Year Funds:					
Fund Balance B/F	326,430		253,110		
Plus creditors previous year	12,000		0		
Less debtors previous year	0		0		
Previous Year Total		338,430		253,110	
Current Year Fund Changes:					
Fixed Assets	1,136		58,345		
Investments	(10,198)		13,636		
Plus cleared deposits to accounts	64,634		89,017		
Less cleared withdrawals from accounts	(98,053)		(75,678)		
Plus cash ledger adjustment	0		0		
Total Fund Changes		(42,481)		85,320	
Fund Balance C/F		295,949		338,430	
Plus debtors		0		0	
Less creditors		(7,476)		(12,000)	
Net Balance Reconciliation		288,473		326,430	
NET ASSETS ON BALANCE SHEET		288,473		326,430	

Annex 5: RESTRICTED FUND SUMMARY

Fund	Brought Forward	New	Spend	X-Charge	Balance from unrestricted	Residual	Notes:
£	£	£	£	£	£	£	
1706-Memory cafe	22,914	0	1,346	2,531	0	19,037	
1710-Alliance	450	0	0	0	0	450	
1711- Xmas day fund	802	750	1,188	0	0	364	
1808-Covid-19	433	10,517	9,917	0	0	1,033	
2001-Pathway to Health	1,427	0	0	0	0	1,427	
2002 -Drive & Dine Concert	1,745	5,000	2,870	504	0	3,371	
2003-Grief Support	633	103	0	103	0	633	
2102-Debibrilator	0	1,326	1,326	0	0	0	
2102-Jubilee	0	500	486	0	0	14	
2103-Youngonset	0	1,050	0	228	0	822	
2104-Wholife	0	200	63	137	0	0	
ALL FUNDS	28,404	19,446	17,196	3,503	0	27,151	

Annex 6: NOTES TO ACCOUNTS

- TRUSTEES' EMOLUMENTS:** In accordance with the Memorandum and Articles of Association, the Trustees receive no salary, fees or remuneration.
- TAXATION:** No provision for taxation is considered necessary in view of the registered charity status.
- EMPLOYEES INFORMATION:**

The average number of persons employed by the Charity during the year was as follows:

	2021/2022		2020/2021	
	4		4	

The total employment costs (Wages, Salaries + Social Security Costs) were as follows:

	2021/2022		2020/2021	
	£57,523		£47,639	
- IE-1 CHARITABLE EXPENDITURE:** Fundraising expenditure is defined as the sum of fund-raising costs and 5% of business costs
- FA-1** Depreciation as per accounting policies is items less than £500 are expensed through income & expenditure.
- FA-2** 1st year depreciation on new purchases is pro-rata to number of months remaining in the financial year from date of purchase.
- IN-1** Sales of SSGA, SSE and Sainsbury were made in the year.
- IN-2** Purchase of Scottish Mortgage Investment Trust and ENEL were made in the year.

6 Accounting Policies

These Financial Statements have been prepared in accordance with the requirements of the Companies Act and also the Statement of Recommended Practice – Accounting by Charities.

Basis of Accounting

The Financial Statements have been produced under the historical cost convention.

A cash flow statement is not required in view of the size of the Charity.

Depreciation

Depreciation is charged on Freehold Property at the rate of 1% per annum using the reducing balance method.

For fixtures and fittings, we are implementing the following:

- expensing items costing £500 or less,
- applying a straight-line method for computer hardware costing more than £500 over 3 years,
- applying a straight-line method for other items costing over £500 over 5 years.

Investment Income

Income from quoted investments is stated gross. Investments are valued at market value in the balance sheet.

Reserves

The entity's reserves may be restricted or unrestricted.

Recognition of Income and Expenses

Accounts are prepared on a cash basis except for the maintenance of buildings. Income and expenses are recognised on the date of the transaction. A provision is made for the maintenance of buildings, there are no other accruals or prepayments.

the alice cross centre



Company Registration Number 2338079
Charity Registration Number 800996

THE ALICE CROSS CENTRE
FINANCIAL REPORT
YEAR ENDED 30TH JUNE 2022

1. Officers and Professional Advisers

Trustees

Mrs E Batson (Treasurer)
Mrs D Minett
Mrs P Henchie
Mrs S Halfyard
Mr A Longford

Secretary

Ms Jacqueline O'Brien

Registered Office

1 Bitton Park Road
Teignmouth
Devon TQ14 9BT

Independent Examiner

Greenwood Accountancy Ltd
5 & 7 Pellew Arcade
Teign Street
Teignmouth
Devon TQ14 8EB

Bankers

Co-operative Bank
PO Box250
Delf House
Southway
Skelmersdale WN8 6WT

Solicitors

Tozers
Charity Department
Broadwalk House
Southernhay West
Exeter Devon EX1 1UA

2 Trustees' Report

The Trustees have pleasure in presenting their Report and Financial Statements for the year ended 30th June 2022. The Accounts reflect the provisions of the Charities Acts 2002, 2006 and 2011 as well as those of various Companies Acts and Accounting Standards.

Reference and Administrative Information

The Alice Cross Centre, formerly Age Concern, Teignmouth and Shaldon is a registered charity (No. 800996).

The Charity is a Company limited by guarantee number 2338079, with members guaranteeing a sum not exceeding £1. By concession from the Registrar of Companies the word "Limited" can be dispensed with. It is governed by a Memorandum and Articles of Association dated 24th January 1989, as amended 16th December 1993, 10th May 2005 and 24th November 2020. Its registered office is at: 1 Bitton Park Road, Teignmouth, Devon TQ14 9BT.

Structure, Governance and Management

Company law requires the Trustees, who are all Directors, to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for that period. In preparing these Financial Statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare the Financial Statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the Financial Statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees and Administration

Administration is vested in the committee of Trustees (Board of Trustees). Trustees are normally appointed in general meeting.

The Trustees who served during the year are as follows:

- Mrs S Halfyard
- Mrs P Henchie
- Mrs E Batson
- Mrs D Minett
- Mr A Longford

The present Trustees are all Directors of the Company.

The Company's bankers are The Co-operative Bank.

Operational Issues

2.1.1 Objects

The objects for which the charity is established are to promote and provide for the welfare of the elderly, to promote the provision of facilities for recreation, to preserve and protect the health of people and promote social inclusion within the area of Teignmouth and the surrounding area. The Company's funds may be invested in any investment, security, or property at the discretion of the Trustees in furtherance of these objectives.

2.1.2 Activities

The principal activity of the Charity is to provide, manage and maintain a day centre, the Alice Cross Centre, for the promotion of well-being amongst the community of Teignmouth, Shaldon and District. During the year, the Trustees have continued to fulfil this objective and the centre has been open daily. Readers are referred to the Centre manager's report for details of activities during the year.

Financial Issues

2.1.3 Reserves Policy

The Trustees recommend that the level of reserves should represent circa 18-months' regular expenditure, approximately £141,000. This is intended to cover the following areas:

- Capital Fund. This comprises the capital investments of the Charity. It is a restricted fund solely for the purpose of maintaining and improving the Charity's premises and facilities, where costs exceed £10,000 per year. A review of our activities has suggested that an investment in modernising the internal structure of the Alice Cross Centre would be more in line with our new strategy and offer potential for increased revenue.
- General Fund. The General Fund is a working reserve to ensure that the Charity is able to continue its obligations in the event of a shortfall in income or a sudden upturn in expenditure.
- Designated Funds. From time to time these are created for specific refurbishment and infrastructure projects.

The Trustees are satisfied that the Charity's assets are sufficient to meet its ongoing obligations for the coming year. The level of reserves held has been reviewed by the Trustees who are of the opinion that they are at an appropriate level relevant to the ongoing financial needs of the Charity. The Investment Policy implemented three years ago has been reviewed and changed in accordance with suggestions from Charles Stanley, the Charity's investment fund managers.

2.1.4 Voluntary Help and Donations in Kind

In addition to paid staff, the Charity depends on unpaid voluntary help to continue in its present form. For the purpose of these accounts, no value has been attached to this voluntary help nor to any donations in kind.

2.1.5 Accounts

The full accounts are shown in section 6.

Total net assets on the Balance Sheet are £288,473, which includes £27,151 of restricted funds. The value of our investments has decreased by £10,198 to £110,228. A separate breakdown of restricted funds is shown in Annex 5 to the accounts.

The Income and Expenditure section of the accounts shows a deficit of £28,895 before adjustments, of £9,062. After applying the annual depreciation of assets and the decrease in the value of investments, the net loss on our unrestricted funds is £36,703.

The apportionment of direct charitable expenditure this year stands at 95.8%. This excludes direct fund-raising costs and a pro rata assignment of general overhead costs.

Fixed asset movements are shown in Annex 1 to the accounts. As at 30 June 2022 the buildings are valued at £120,000. The buildings were revalued by an independent valuation on 30 June 2021 and will be reviewed every two years.

3 Treasurer's Report

Although it has been a challenging year, the financial results continue to show a healthy balance sheet at the end of the financial year.

The Income & Expenditure account for the year shows a deficit compared to a small profit in the previous year. The deficit is mainly due to a reduction in grants received, a fall in the value of investments and increased costs which have been partially offset by an increase in other income streams.

Use of the premises continues to increase with a number of classes and activities being held at the centre and lunches being served three days per week.

We are aware that people are facing difficult times and it is important that we continue to provide help and support to the people in our community. To this end we will continue to apply for grants whenever possible and are confident that these and other sources of income coupled with a strong balance sheet will enable us to continue to provide support to our local community.

The Trustees are grateful for all the grants received to date and the help we receive from our volunteers. We continue to review the financial position of the Charity on a regular basis and will do so going forward.



E. Batson (Treasurer)
1 Bitton Park Road
Teignmouth
Devon
TQ14 9BT

4 Examiner's Report

The Trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 or the Companies Act 1985 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- To state whether particular matters have come to my attention

I have carried out an independent examination of the books of this Company. They appear to have been correctly maintained and I am of the opinion that this Balance sheet, and the supporting Income and Expense accounts, reflect a fair and accurate record of the Company's position in the financial year ended 30th June 2022.



17/01/2023

David Rudall
Greenwood Accountancy Ltd
5 & 7 Pellew Arcade
Teign Street
Teignmouth
Devon
TQ14 8EB

5 Year End Accounts

THE ALICE CROSS CENTRE Accounts for Year Ended 30 June 2022

BALANCE SHEET

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Fixed Assets:					
Tangible Assets	123,643		122,507		Annex 1
Investments	<u>110,228</u>		<u>120,426</u>		Annex 2
		233,871		242,933	Annex 3
Current Assets:					
Bank Accounts	61,336		95,354		
Cash	742		143		
Debtors & Accruals	<u>0</u>		<u>0</u>		Annex 4
		62,078		95,497	
Current Liabilities:					
Creditors & Accruals	<u>(7,476)</u>		<u>(12,000)</u>		Annex 4
		(7,476)		(12,000)	
Net Current Assets:		54,602		83,497	
NET ASSETS		288,473		326,430	Annex 5
CAPITAL & RESERVES					
Endowments	0		0		
Restricted Funds	27,151		28,404		
Unrestricted Funds	<u>261,322</u>		<u>298,026</u>		
TOTAL CAPITAL		288,473		326,430	

For the year ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act.

The Members have not required the Company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

SIGNED BY:

Trustee: Andrew Longford



Date: 09/02/2023

Treasurer: Elizabeth Batson



Date: 09/02/2023

Checked as correct by:

Examiner: Greenwood
Accountancy Ltd



Date: 17/01/2023

THE ALICE CROSS CENTRE
Accounts for Year Ended 30 June 2022

INCOME & EXPENDITURE

Component	2021/2022			2020/2021			Notes
	Total	Unrestricted	Restricted	Total	Unrestricted	Restricted	
Income:	£	£			£	£	
Business General	100	100	0	4,075	4,075	0	
Donations	9,097	8,944	153	12,671	11,216	1,455	
Fundraising	4,635	3,359	1,276	2,018	2,018	0	
Grants	20,311	2,294	18,017	55,970	1,434	54,536	
Investments	3,173	3,173	0	3,682	3,682	0	
Premises	15,842	15,842	0	7,260	7,260	0	
Services	11,476	11,476	0	3,341	3,307	33	
TOTAL INCOME	64,634	45,188	19,446	89,017	32,992	56,025	
Expenditure:							
Business	67,300	60,972	6,328	52,084	11,007	41,076	
Fundraising	0	0	0	77	77	0	
Premises	5,490	4,307	1,183	24,837	15,895	8,942	
Services	20,739	11,053	9,686	10,680	1,776	8,904	
Sundry	0	0	0	0	0	0	
EXPENDITURE	93,529	76,332	17,197	87,678	28,755	58,923	
Restriction adjustment		(3,503)	3,503		(1,183)	1,183	
TOTAL EXPENDITURE	93,529	72,829	20,700	87,678	27,572	60,106	
I&E (DEFICIT)/ SURPLUS FOR THE YEAR	(28,895)	(27,641)	(1,254)	1,339	5,420	(4,081)	
Cash Balance adjustment	0	0	0	0	0	0	
GROSS I&E (DEFICIT) SURPLUS	(28,895)	(27,641)	(1,254)	1,339	5,420	(4,081)	
P&L Adjustments							
Purchase of Assets	3,505	3,505		1,620	1,620		
Depreciation of Assets	(2,369)	(2,369)		(1,765)	(1,765)		
One-off write-down of fixed assets	0	0		58,490	58,490		
Change in Value of Investments	(10,198)	(10,198)		13,636	13,636		
TOTAL	(9,062)	(9,062)		71,981	71,981		
NET PROFIT & LOSS	(37,957)	(36,703)		73,320	77,402		
CHARITABLE EXPENDITURE							
Direct Charitable Expenditure		69,781	95.8%		26,944	97.7%	
Fundraising costs		3,048	4.2%		627	2.3%	IE-1
TOTAL		72,829			27,572		

THE ALICE CROSS CENTRE
Accounts for Year Ended 30 June 2022

Annex 1: FIXED ASSETS - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
ASSET VALUES					
Asset values at end of previous FY	122,507		64,162		
New assets in current FY	3,505		1,620		
TOTAL ASSETS Before depreciation		126,011		65,782	
DEPRECIATION					
Previous FY assets	(2,187)		(1,765)		FA-1
One-of adjustment to revalue assets	0		58,490		
New assets in current FY	(182)		0		FA-2
TOTAL DEPRECIATION OF ASSETS		(2,369)		56,725	
TOTAL ASSET VALUES C/F		123,643		122,507	

Annex 2: INVESTMENTS - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Opening Holdings					
Value of Investments B/F	119,569		103,412		IN-1
Capital Accounts B/F	159		2,739		
Income Account B/F	697		638		
TOTAL Investment Portfolio B/F		120,426		106,790	
Changes					
Sale of investments during year	(7,521)		(10,180)		IN-2
Gain/Loss on sales	164		2,286		
Purchase of investments during the year	6,842		11,283		IN-3
Change in portfolio value on new purchases	(2,768)		822		
Change in value of remaining investments	(7,348)		11,947		
Change in value of Investments		(10,630)		16,157	
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Change in Income Account		16		58	
Closing holdings					
Value of Investments C/F	108,939		119,569		IN-1
Capital Account C/F	576		159		
Income Account C/F	712		697		
TOTAL Investment Portfolio C/F		110,228		120,426	

Annex 3: CASH - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Opening Balances					
Cash in Hand	143		436		
Age Concern	0		37,481		
Alice Cross	95,354		44,241		
TOTAL BALANCE B/F		95,497		82,158	
Account Transactions					
Income	64,634		89,017		
Current Year AR - accruals	0		0		
Net Income		64,634		89,017	
Expenditures	(93,529)		(75,678)		
Current year reduction in accruals	(4,524)		0		
Net Expenditure		(98,053)		(75,678)	
Cash ledger adjustment	0		0		
TOTAL BALANCE C/F		62,078		95,497	
Closing Balances					
Cash in Hand	742		143		
Age Concern	61,336		95,354		
Alice Cross	0		0		
TOTAL BALANCE B/F		62,078		95,497	

Annex 4: BALANCE - RECONCILIATION

Component	2021/2022		2020/2021		Notes:
	£	£	£	£	
Previous Year Funds:					
Fund Balance B/F	326,430		253,110		
Plus creditors previous year	12,000		0		
Less debtors previous year	0		0		
Previous Year Total		338,430		253,110	
Current Year Fund Changes:					
Fixed Assets	1,136		58,345		
Investments	(10,198)		13,636		
Plus cleared deposits to accounts	64,634		89,017		
Less cleared withdrawals from accounts	(98,053)		(75,678)		
Plus cash ledger adjustment	0		0		
Total Fund Changes		(42,481)		85,320	
Fund Balance C/F		295,949		338,430	
Plus debtors		0		0	
Less creditors		(7,476)		(12,000)	
Net Balance Reconciliation		288,473		326,430	
NET ASSETS ON BALANCE SHEET		288,473		326,430	

Annex 5: RESTRICTED FUND SUMMARY

Fund	Brought Forward	New	Spend	X-Charge	Balance from unrestricted	Residual	Notes:
£	£	£	£	£	£	£	
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1710-Alliance	450	0	0	0	0	450	
1711- Xmas day fund	802	750	1,188	0	0	364	
1808-Covid-19	433	10,517	9,917	0	0	1,033	
2001-Pathway to Health	1,427	0	0	0	0	1,427	
2002 -Drive & Dine Concert	1,745	5,000	2,870	504	0	3,371	
2003-Grief Support	633	103	0	103	0	633	
2102-Debibrilator	0	1,326	1,326	0	0	0	
2102-Jubilee	0	500	486	0	0	14	
2103-Youngonset	0	1,050	0	228	0	822	
2104-Wholife	0	200	63	137	0	0	
ALL FUNDS	28,404	19,446	17,196	3,503	0	27,151	

Annex 6: NOTES TO ACCOUNTS

1. **TRUSTEES' EMOLUMENTS:** In accordance with the Memorandum and Articles of Association, the Trustees receive no salary, fees or remuneration.
2. **TAXATION:** No provision for taxation is considered necessary in view of the registered charity status.
3. **EMPLOYEES INFORMATION:**

The average number of persons employed by the Charity during the year was as follows:

	2021/2022	4	2020/2021	4
--	------------------	---	------------------	---

The total employment costs (Wages, Salaries + Social Security Costs) were as follows:

	2021/2022	£57,523	2020/2021	£47,639
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- IE-1 **CHARITABLE EXPENDITURE:** Fundraising expenditure is defined as the sum of fund-raising costs and 5% of business costs
- FA-1 Depreciation as per accounting policies is items less than £500 are expensed through income & expenditure.
- FA-2 1st year depreciation on new purchases is pro-rata to number of months remaining in the financial year from date of purchase.
- IN-1 Sales of SSGA, SSE and Sainsbury were made in the year.
- IN-2 Purchase of Scottish Mortgage Investment Trust and ENEL were made in the year.

6 Accounting Policies

These Financial Statements have been prepared in accordance with the requirements of the Companies Act and also the Statement of Recommended Practice – Accounting by Charities.

Basis of Accounting

The Financial Statements have been produced under the historical cost convention.

A cash flow statement is not required in view of the size of the Charity.

Depreciation

Depreciation is charged on Freehold Property at the rate of 1% per annum using the reducing balance method.

For fixtures and fittings, we are implementing the following:

- expensing items costing £500 or less,
- applying a straight-line method for computer hardware costing more than £500 over 3 years,
- applying a straight-line method for other items costing over £500 over 5 years.

Investment Income

Income from quoted investments is stated gross. Investments are valued at market value in the balance sheet.

Reserves

The entity's reserves may be restricted or unrestricted.

Recognition of Income and Expenses

Accounts are prepared on a cash basis except for the maintenance of buildings. Income and expenses are recognised on the date of the transaction. A provision is made for the maintenance of buildings, there are no other accruals or prepayments.