

the alice cross centre



AGE CONCERN, TEIGNMOUTH AND SHALDON
ANNUAL REPORT
YEAR ENDED 30 JUNE 2021



Company Registration Number 2338079
Charity Registration Number 800996

Chairman's Report

The last year has been perhaps the most challenging and difficult times in the history of the Alice Cross and there is absolutely NO DOUBT that if it were not for the outstanding management and dedication of Julia Street, we would not be here in 2021. I would like to thank her very much for always going above and beyond.

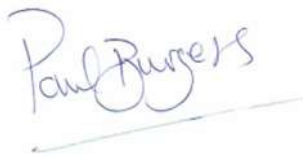
Alice Cross was visionary and ahead of her time when she established the Alice Cross organisation. I strongly believe that our core team of Julia, Alison and Yvonne show the same if not higher level of commitment and vision to provide services to the community of Teignmouth (and beyond) which, would make Alice Cross proud of the legacy she established.

Our board of volunteer trustees have been working behind the scenes to ensure that when the COVID crisis diminished we were in a strong position financial (though we still must watch every pound) and a strong position to move forward in 2021/22 with some exciting developments to take the Alice Cross forward for the next 20 plus years. Without the support of Pat Henchie, Debbie Minett, Lizzie Batson, and Sue Halfyard we would not be in the strong position we are now.

We still face some challenges over the next few years including acknowledging that

- There's no such thing as a "typical older person"
- Our building needs some tender care and attention
- Our population is forecast to live longer, be more active and healthier in older life.
- There needs to be an emphasis on developing preventative and wellbeing services

As chair, as a board of trustees and as staff we can only do this with the continued support of our volunteers and clients and I very much look forward to working with you all.

A handwritten signature in blue ink that reads "Paul Burgess". The signature is written in a cursive style and is underlined with a single horizontal line.

Paul Burgess, Chair of Trustees

October 2021


We welcomed a new volunteer administrator in July 2020, Jane, who has helped to set up better working procedures, protocols, and policies, organise the back office of the meal delivery service and been enormously helpful in writing funding bids to secure the Covid relief grants, enabling us to do our work.

We encourage younger people of all abilities to enhance their skills and experience as volunteers and provide work experience placements for local students and opportunities for Duke of Edinburgh participants to fulfil part of their challenges. We will resume this as restrictions lift more.

Activities

The Centre regular activities stopped. We welcomed some of the external providers of classes, such as Lisa's popular seated yoga and mat yoga, and a new Tai Chi class towards the end of the financial year.

Chair Yoga
at The Alice Cross Centre



Mondays 3-30-4-30pm
&
Wednesdays 10-45-11-45am

£3-50 per class

Chair yoga is a gentle form of yoga that can be done while sitting. Some poses can also be done standing using a chair for support. Chair yoga can improve your flexibility, balance and strength, promote better breathing techniques, while boosting your mood, and reducing stress, anxiety and joint strain.

For more information contact Lisa (Bookings Email: Yoga.Lisa@alicecross.org.uk & Anna (Yoga Yoga Email: Anna@alicecross.org.uk)
01626 778033 / 0777069662
info@alicecross.org.uk / www.alicecross.org.uk

GRIEF SUPPORT GROUP

Recovering from the death of someone we love, often means that we have to make sense of a world turned upside down.

Coping with grief is exhausting, painful and can be lonely. We may not wish to share with others in the family for fear of upsetting them.

Losing a spouse means that we are no longer a couple so the world is a very different place.

It takes time to regain our bearings- to see that life can be good again, although changed.

Our group is for those who would like to meet others who grieve, to share in a safe place and to see life in a new way.

Our group is led by two experienced counsellors, one of whom has been twice widowed.

Initial Group meeting on
Thursday 5th March
at the Alice Cross Centre 2.30-4.30pm
Tea and Coffee available!
For further details, please contact the Alice Cross Centre
Tel 01626 778039

here for you **the alice cross centre**

Grief Support – we recognised that during the pandemic many people would be unable to access support for bereavement or attend funerals. Ann Dent, volunteer and highly skilled grief support specialist, offered her services. She telephone-befriended 14 people during the pandemic and as soon as we were able, opened, a face-to-face, grief support group. She has trained several other volunteers to run the group alongside her.

One gentleman said “Ann was a lifeline to me during those months of lockdown and I can’t thank her and The Alice Cross enough for all her calls and support. I love coming to the group now and meeting new people.”

here for you **the alice cross centre**

Pathway to Health programme

We are looking for:

Mobility Buddies

Could you volunteer to be a Mobility enabler/helper?

Talk and walk – Mobility Buddies

Many individuals are struggling more with their mobility as a result of lockdown and not getting out as much as they did previously. Talk and Walk aims to pair individuals with a volunteer (Buddy), Who will go for a walk or activity together. The activity will be led by the need of the individual.

The aim of each session is to improve the mobility of the client, improving their confidence and helping them to meet new people and make friends. Maybe, also encouraging them to attend an exercise session at the Centre or outdoors, when restrictions allow.

Helpful Skills	What we can offer
<ul style="list-style-type: none"> • Talk and walk • Local knowledge • Reliability and Commitment • Be able to walk • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid 	<ul style="list-style-type: none"> • Advice and support available through the Centre and other services • Walk with you • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid

Can you help or do you want to know more?
Please contact info@thealicecross.org.uk and we will be in touch.

Talk & Walk – As the first lockdown lifted, we found our clients were less mobile, unsure about coming out alone and lacking in confidence. Active Devon funding allowed us to recruit Sondoss and she and volunteer Vanda launched a project to match volunteers with clients to buddy up and walk with them. Talk & Walk. We provided information on chair-based exercise to the client to get them started on the journey of strengthening. We helped clients to gain confidence on short walks, to get outside and back to the Centre again.

Digital Connection - We also found that many clients were not digitally connected and with Teignbridge District Council Funding we launched our IT support services. Sue is contracted to run classes teaching basic skills on laptops. We hope to

open this up for larger information days using other electronic equipment to help people get online and to access resources they have not been able to. Many people became isolated during lockdown as they were unable to access their usual support networks, however many of these groups moved online using Zoom. We are incorporating an understanding of video conferencing with Zoom and WhatsApp in our training sessions

here for you **the alice cross centre**

We are looking for:

Digital Buddies

for a new exciting community project

Could you volunteer to be a Digital enabler/helper?

Drive, Email, Connect projects- Helping isolated & vulnerable who are not digitally connected people in your community to get online and use tablets, smart phones, laptops etc...

Over the past year the use of Digital Technology has drastically increased as has been essential for communication, when we have been unable to see our loved ones face to face.

Unfortunately not everyone can take advantage of the technology offered if they don't have access to their own device.

Our aim is to help just as many individuals online and using a variety of devices to make life easier for them. To do this we need a group of willing volunteers to share knowledge and become digital buddies to support people to gain a better understanding.

Helpful Skills	What we can offer
<ul style="list-style-type: none"> • Good understanding of computers • Good understanding of tablets • Good understanding of smart phones • Good understanding of laptops • Good understanding of smart TVs • Good understanding of smart speakers • Good understanding of smart home devices • Good understanding of smart lighting • Good understanding of smart security • Good understanding of smart locks • Good understanding of smart alarms • Good understanding of smart cameras • Good understanding of smart doorbells • Good understanding of smart gates • Good understanding of smart fences • Good understanding of smart gates • Good understanding of smart fences • Good understanding of smart gates • Good understanding of smart fences 	<ul style="list-style-type: none"> • Advice and support available through the Centre and other services • Walk with you • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid • Be able to walk with a person who has a walking aid

Can you help or do you want to know more?
Please contact info@thealicecross.org.uk and we will be in touch.

These new projects, and many of our volunteers lone-working and taking meals to the home, have meant we have needed to introduce extra safeguarding measures and risk assessments, which were not required during the lockdown. We are using the Disclosure and Barring Service (DBS) to help make safer recruitment decisions and prevent unsuitable people from working with our vulnerable clients. Yvonne has worked hard to put barring service checks in place for many of our volunteers.

Memory Café

Memory loss and dementia are widespread and increasing problems which very often lead to isolation from the community for both sufferers and carers. Lockdown increased the isolation and confusion for sufferers and removed the support for their carers. We were able to run a socially distanced memory café throughout most of the year, as it fell into the Government category of 'Essential Service'. A volunteer team of ten led by Yvonne reinstated the group, which is regularly attended by 20 people, and we rapidly saw an improvement in cognitive skills and mood by the regular attendees. The atmosphere is relaxed and informal and participants can swap stories, ideas and tips on coping while taking part in a variety of activities to stimulate cognitive awareness. The aim is to provide support to the person with memory difficulty and provide an opportunity for the carer to have some stimulation and respite. We have introduced a new chair-fit session of 20 mins at the end to improve strength and mobility, which has proved very popular.



Chair fit session in the memory café

Catering

Our 5* kitchen has run a takeaway meal service, 3 or 4 times a week, for the duration of lockdown and we continue to deliver to those who are housebound and live near the Centre. This is provided to clients on a donation basis, so those in need who cannot afford to pay do not miss out. The meal comprises of two nutritionally balanced courses, a piece of fruit and cake. Much of the food is donated through the FareShare charity, which distributes surplus supermarket food, Riverford Organic and the Co-op. We could not run this service without these donations and the massive efforts of our volunteer cooks, Paula, John, Chris, Shirley, Janet, Steve, and Sophie. One of our principal charitable aims is to subsidise hot meals, because of the benefit they provide to those who would otherwise not eat nutritious well-balanced food or may skip a meal to save money or because they don't have the will or strength to cook for one. We have delivered nearly 3000 hot meals to the home this year.

Christmas Day lunch in the Centre was sadly cancelled in 2020, as the 'Rule of Six' had been introduced, preventing large gatherings. We were able to help Cllr Dave Matthews and his team in ringing and referring people for the Christmas Meal he produced. Our volunteers helped with delivery of the meals to hundreds of local people on Christmas Day.



Christmas Bags of Joy

We wanted to provide something to people at home for Christmas from The Alice Cross and local community. We launched **Christmas Bags of Joy** with funding from Teignmouth Town Council and donations from Mini Heaven, Shaldon Bakery and other local businesses and volunteers. We invited local schools to create pictures and cards with special messages to include in the bags. We received hundreds of beautiful drawings and handwritten personal messages from Hazeldown, Inverteign, Our Lady and St Patrick's Schools and Teignmouth Community School. The bags included Christmas food, the students' cards, a personal gift, and helpful information about local support services.



Local school posters and cards



Local school posters and cards

We were delighted to welcome Emily Parr and students from Dawlish Community College to help us pack over 100 bags for local people; our volunteers delivered them on Christmas Eve.



Christmas 2020 – Bags of Joy packed by Dawlish Community College

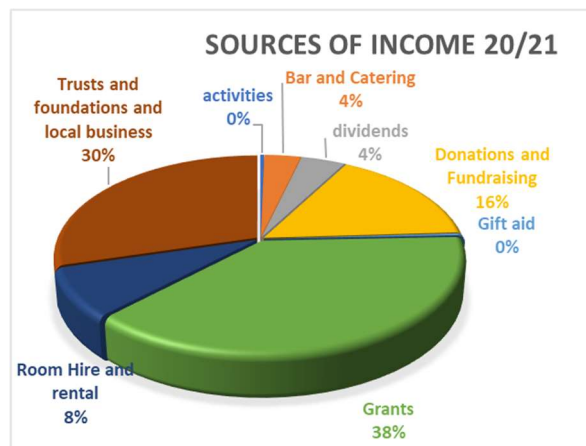
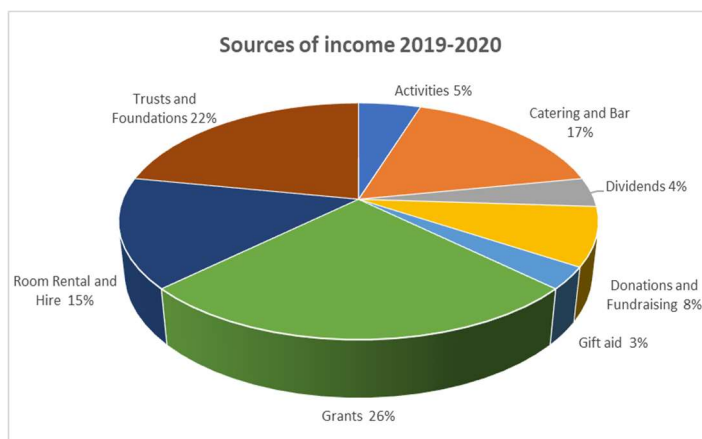
Income/Fundraising

Income came predominantly from grants, trusts and donations as we were not able to run our normal activities such as bar and catering in-house. Donations were received for the meals to the home service.

Donations were received from many individuals and the wider community during this time to help the Centre, including Sainsburys, funeral donations from Douglas Price and Jacci Jones, Teignmouth Tangent, Teign Choral, Scott Richards, North Teignmouth Church, and our Total Giving donation pages. A significant donation was received from Open Daw in Dawlish upon their unfortunate closure. We are very grateful to all our supporters.

The Centre opened in July, August and September to some of our groups but soon had to close due to restrictions and did not open again until April 2021.

The General Manager and staff managed their working time on-site and at home and the organisation used the Government furlough scheme to keep everyone employed during this difficult time.



Income for year end June 2021 was £89,017 (FY 2019-20 £105,298) -and expenditure £87,678 (FY 2019-20 £92,156).

As you can see from sources of income chart for last year, 2019-2020 compared to this year, 2020- 2021, our income sources have been dramatically affected by lockdown and centre closure. The biggest impact being on our activities and catering, last year generating 23% and this year 4%. Rental is half of last year and what we generated was due to Teign Counselling retaining their room with us. We worked extremely hard to gain Covid related grant funding and this is shown in the increase in grant funding to 38% from 26%, and trusts and local business income rose by 8%. This allowed us to make a small surplus in the year. It must be noted that it will take time for us to recover those regular income streams as the centre re opens and this could mean a deficit in the next annual accounts.

Other Services

The Centre continued to hold a regular foot clinic and Teign Aid provided help and support to local people facing eviction and to support them with benefit applications throughout the year.

AGM

The 32nd AGM was held via Zoom on 24th November 2020 at 6.30pm and was well attended.

Two SPECIAL REOSLUTIONS were put forward:

Part 1: THAT the draft Articles of Association be adopted as the Articles of Association of the Company in substitution for, and to the exclusion of, the Company's existing Articles of Association.

The Chair explained the reasoning for change; the Articles were originally established in the 1960's and were dated. In order to appeal to a wider range of users and to give more flexibility, they needed modernising. He reiterated that the founding ethos of Alice Cross will always be recognised. The motion was passed, and the Articles of Association were accepted and were registered at The Charity Commission and Companies House by Tozers Solicitors.

Part 2: THAT the name be changed from Age Concern Teignmouth & Shaldon to Alice4U was not passed and will be reviewed at the next AGM.

The Future

Thank you to the amazing volunteers that worked tirelessly during this tough time, to our Trustees for supporting my role, to the staff and to all the charity's wonderful volunteers and friends for their continued belief in the aims and aspirations of this organisation. Your help will enable us to move with these changing times to create a Centre of excellence in supporting the over 50's in Teignbridge

We continue with IT upgrades and upskilling our staff to work remotely and using live digital programmes including Office 365, Teams, Zoom, and Google Docs. It is increasingly clear that it is an essential development moving forward for the charity to embrace and employ rapidly changing work methods. Many thanks go to Huw Weatherhead for his ongoing support of our IT infrastructure, both software and hardware.

We will work to rebuild the traditional on-site services of the charity within the new guidelines. More of our work will be taking us out to people in their homes, as we deliver hot meals to them.

However, we believe very strongly that bringing people out of their homes to meet and socialise, take part in activities, upskill, and make friends will be the biggest part of our work in the next six months. There will be an even greater need to help people rebuild their lives, regain strength, enhance mobility, and grow in confidence. We will focus on supporting marginalised groups to achieve this.

We will continue to work in close cooperation with ViH, Assist, Teignbridge CVS, and other local charities to reduce duplication of services and improve the support for all older people locally.

Thank you

Finally, we would like to say a massive thank you to all our donors, volunteers, staff, and partners, including any we have unwittingly not listed, for all the hard work and support you have given us over this last year.

AGE UK Devon	Fare Share
ASAP Printing	Greenwood Accountancy Ltd
Assist Teignbridge	HITS
CAF Resilience Fund	Incredible Fund
Charlie Bass – Teignmouth Sea Cadets	Jane Lawrence – volunteer fundraiser
Clare Milne Trust	Morrisons Teignmouth
Cllr Sylvia Russell - Devon County Council	Mini Heaven Bakery
Co-op Community Fund	Melissa Middleton
Matt Hooper & Co-op Teignmouth Team	Rotary Club of Teignmouth
Dawlish Community Transport	Riverford Organic
Dawlish Community College	Sainsbury's Dawlish
Devon County Council -Covid Fund	Open Daw Dawlish
Devon Community Fund-Covid Fund	North Teignmouth Church
Devon Memory Café Consortium	Sainsbury's Newton Abbot
Jo Collet, Beryl Coombs, Anthony Powell, The Teigns	Scott Richards Solicitors
The League of Friends of Teignmouth Hospital	South Devon and Torbay CCG
Mayor & Cllr Robert Phipps & the Promenade kiosks	Shaldon Bakery
Marianne & Alan Gibson –, PAT testing	
Our evening volunteer bar team, Dave, Louie, Lynn, Vanda	Teign Choral
Our sing along entertainers Beryl Coombs, Jo Collett, Richard Wadey, Malcolm & Martin, Anthony Powell	Teign Heritage Centre
Pete Williams- Pellow Carpet and flooring	Teignmouth Town Council
Robert Phipps Jnr and the Adventure Golf kiosk	
Teignbridge District Council – Covid Grant funds	Teignmouth Allotment Ass
Teignbridge CVS	Tracy Rowe Town clerk and team
Teignmouth Traders Association	The Teigns singing group
Teignmouth Dementia Action Alliance	Tozers Solicitors
Tesco Newton Abbot & Teignmouth	Westbank
Teignmouth Tangent	Wiggles & Giggles
U3A	Viv Wilson MBE
Volunteering in Health	Whistle Stop Cafe bikers
Weatherheads Web – Angie & Huw	

Sincere thanks to the trusts, foundations and private individuals who prefer to remain anonymous for their support.

Julia

Julia Street – General manager

the alice cross centre



Company Registration Number 2338079
Charity Registration Number 800996

AGE CONCERN, TEIGNMOUTH AND SHALDON
FINANCIAL REPORT
YEAR ENDED 30TH JUNE 2021

1. Officers and Professional Advisers

Trustees

Mr P Burgess (Chair)
Mrs E Batson (Treasurer)
Mrs D Minett
Mrs P Henchie
Mrs S Halfyard
Mr P Scholes (resigned 8-2-2021)

Secretary

Ms Julia Street

Registered Office

1 Bitton Park Road
Teignmouth
Devon TQ14 9BT

Independent Examiner

Greenwood Accountancy Ltd
5 & 7 Pellew Arcade
Teign Street
Teignmouth
Devon TQ14 8EB

Bankers

Old: National Westminster Bank plc
48 Courtenay Street
Newton Abbot
TQ12 2EE

New: Co-Operative Bank
PO Box250
Delf House
Southway
Skelmersdale WN8 6WT

Solicitors

Tozers
Charity Department
Broadwalk House
Southernhay West
Exeter Devon EX1 1UA

2 Trustees' Report

The Trustees have pleasure in presenting their Report and Financial Statements for the year ended 30th June 2021. The Accounts reflect the provisions of the Charities Acts 2002, 2006 and 2011 as well as those of various Companies Acts and Accounting Standards.

Reference and Administrative Information

Age Concern, Teignmouth and Shaldon is a registered charity (No. 800996).

The Charity is a Company limited by guarantee number 2338079, with members guaranteeing a sum not exceeding £1. By concession from the Registrar of Companies the word "Limited" can be dispensed with. It is governed by a Memorandum and Articles of Association dated 24th January 1989, as amended 16th December 1993, 10th May 2005 and 24th November 2020. Its registered office is at: 1 Bitton Park Road, Teignmouth, Devon TQ14 9BT.

Structure, Governance and Management

Company law requires the Trustees, who are all Directors, to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for that period. In preparing these Financial Statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the Financial Statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the Financial Statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees and Administration

Administration is vested in the committee of Trustees (Board of Trustees). Trustees are normally appointed in general meeting.

The Trustees who served during the year are as follows:

- Mr P Burgess
- Mrs S Halfyard
- Mrs P Henchie
- Mrs E Batson
- Mrs D Minett
- Mr P Scholes (resigned 8-2-2021)

The present Trustees are all Directors of the Company.

The Company's bankers are The Co-Operative Bank.

Operational Issues

2.1.1 Objectives

The objects for which the charity is established are to promote and provide for the welfare of the elderly within the area of Teignmouth and district. The Company's funds may be invested in any investment, security or property at the discretion of the Trustees in furtherance of these objectives.

2.1.2 Activities

The principal activity of the Charity is to provide, manage and maintain a day centre, the Alice Cross Centre, for the promotion of well-being amongst the over-50s. During the year, the Trustees have continued to fulfil this objective and the centre has been open five days a week. Readers are referred to the Centre manager's report for details of activities during the year.

Financial Issues

2.1.3 Reserves Policy

The Trustees recommend that the level of reserves should represent circa 12-months' cover, approximately £90,000. This is intended to cover the following areas:

- Capital Fund. This comprises the capital investments of the Charity. It is a restricted fund solely for the purpose of maintaining and improving the Charity's premises and facilities, where costs exceed £10,000 per year. A review of our activities has suggested that an investment in modernising the internal structure of the Alice Cross Centre would be more in line with our new strategy and offer potential for increased revenue.
- General Fund. The General Fund is a working reserve to ensure that the Charity is able to continue its obligations in the event of a shortfall in income or a sudden upturn in expenditure.
- Designated Funds. From time to time these are created for specific refurbishment and infrastructure projects.

The Trustees are satisfied that the Charity's assets are sufficient to meet its ongoing obligations for the coming year. The level of reserves held has been reviewed by the Trustees who are of the opinion that they are at an appropriate level relevant to the ongoing financial needs of the Charity. The Investment Policy implemented three years ago has been reviewed and changed in accordance with suggestions from Charles Stanley, the Charity's investment fund managers.

2.1.4 Voluntary Help and Donations in Kind

In addition to paid staff, the Charity depends on unpaid voluntary help to continue in its present form. For the purpose of these accounts, no value has been attached to this voluntary help nor to any donations in kind.

2.1.5 Accounts

The full accounts are shown in section 6.

Total net assets on the Balance Sheet are £326,430, which includes £28,404 of restricted funds. The value of our investments has increased by £13,636 to £120,426. A separate breakdown of restricted funds is shown in Annex 5 to the accounts.

The Income and Expenditure section of the accounts shows a net surplus of £1,339 before adjustments, of £72,126. After applying the annual depreciation of assets and the increase in the value of investments, the net profit on our unrestricted funds is £77,402.

The apportionment of direct charitable expenditure this year stands at 97.7%. This excludes direct fund-raising costs and a pro rata assignment of general overhead costs.

Fixed asset movements are shown in Annex 1 to the accounts. As at 30 June 2021 the buildings have been revalued at £120,000 as a result of receiving an independent valuation. This valuation will be reviewed every two years.

3 Treasurer's Report

The financial results continue to show a healthy position at the end of the financial year.

The Income & Expenditure account for the year shows a healthy profit compared to a small loss in the previous year. This profit is mainly due to increases in the value of both tangible assets and of investments. The investments have recovered well, with careful management, after the falls in value caused largely by the Covid-19 pandemic.

Applications for grants have been successful this year showing an increase of approximately £7,000 compared to the prior year. The continued careful management of expenses has meant that we have been able to set aside funds to carry out essential maintenance of the Alice Cross Centre in the forthcoming year and the Government's Furlough Scheme has continued to help us to retain our paid staff.

The Covid-19 pandemic will no doubt present challenges for everyone well into the future, but we are now increasing bookings and activities in the centre which bodes well for the coming year. We will continue to apply for grants whenever possible and are confident that these sources of income coupled with a strong balance sheet will enable us to continue to provide support to our local community.

The Trustees are grateful for all the grants received to date and will continue to seek other sources of grant funding to help secure our future. We review the financial position of the Charity on a regular basis and will continue to do so going forward.



E. Batson (Treasurer)
1 Bitton Park Road
Teignmouth
Devon
TQ14 9BT

4 Examiner's Report

The Trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 or the Companies Act 1985 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- To state whether particular matters have come to my attention

I have carried out an independent examination of the books of this Company. They appear to have been correctly maintained and I am of the opinion that this Balance sheet, and the supporting Income and Expense accounts, reflect a fair and accurate record of the Company's position in the financial year ended 30th June 2021.



David Rudall
Greenwood Accountancy Ltd
5 & 7 Pellew Arcade
Teign Street
Teignmouth
Devon
TQ14 8EB

5 Year End Accounts

AGE CONCERN, TEIGNMOUTH AND SHALDON

Accounts for Year Ended 30 June 2021

BALANCE SHEET

Component	2020/2021		2019/2020		Notes:
	£	£	£	£	
Fixed Assets:					
Tangible Assets	122,507		64,162		Annex 1
Investments	120,426		106,790		Annex 2
		242,933		170,952	
Current Assets:					Annex 3
Bank Accounts	95,354		81,722		
Cash	143		436		
Debtors & Accruals	0		0		Annex 4
		95,497		82,158	
Current Liabilities:					
Creditors & Accruals	(12,000)		0		Annex 4
		(12,000)		0	
Net Current Assets:		83,497		82,158	
NET ASSETS		326,430		253,110	Annex 5
CAPITAL & RESERVES					
Endowments	0		0		
Restricted Funds	28,404		32,486		
Unrestricted Funds	298,026		220,624		
TOTAL CAPITAL		326,430		253,110	

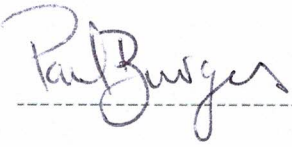
For the year ending 30 June 2021 the company was entitled to exemption from audit under section 477 of the Companies Act


The Members have not required the Company to obtain an audit in accordance with section 476 of the Companies Act 2006


The Directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime

SIGNED BY:

Chairman: Paul Burgess  Date: 31/01/2022

Treasurer: Elizabeth Batson  Date: 31/01/2022

Checked as correct by:
Examiner: Greenwood Accountancy Ltd  Date: 31/01/2022

AGE CONCERN, TEIGNMOUTH AND SHALDON

Accounts for Year Ended 30 June 2021

INCOME & EXPENDITURE

Component	2020/2021			2019/2020			Notes:
	Total £	Unrestricted £	Restricted	Total	Unrestricted £	Restricted £	
Income:							
Business General	4,075	4,075	0	49	49	0	
Donations	12,671	11,216	1,455	9,535	9,461	73	
Fundraising	2,018	2,018	0	1,614	1,614	0	
Grants	55,970	1,434	54,536	48,477	5,396	43,081	
Investments	3,682	3,682	0	4,406	4,406	0	
Premises	7,260	7,260	0	14,827	14,827	0	
Services	3,341	3,307	33	23,355	22,857	498	
Sundry	0	0	0	3,035	3,035	0	
TOTAL INCOME	89,017	32,992	56,025	105,298	61,645	43,653	
Expenditure:							
Business	52,084	11,007	41,076	53,649	40,729	12,921	
Fundraising	77	77	0	359	359	0	
Premises	24,837	15,895	8,942	12,001	10,437	1,564	
Services	10,680	1,776	8,904	25,946	16,858	9,088	
EXPENDITURE	87,678	28,755	58,923	92,156	68,582	23,573	
Restriction adjustment		(1,183)	1,183		(1,626)	1,626	
TOTAL EXPENDITURE	87,678	27,572	60,106	92,156	66,956	25,199	
I&E SURPLUS/DEFICIT FOR THE YEAR	1,339	5,420	(4,081)	13,142	(5,311)	18,453	
Cash Balance adjustment			0	(29)	(29)	0	
GROSS I&E SURPLUS/DEFICIT	1,339	5,420	(4,081)	13,113	(5,340)	18,453	
P&L Adjustments							
Purchase of Assets	1,620	1,620		1,239	1,239		
Depreciation of Assets	(1,765)	(1,765)		(3,297)	(3,297)		
Revaluation of fixed assets	58,490	58,490		0	0		
Change in Value of Investments	13,636	13,636		(13,721)	(13,721)		
TOTAL	71,981	71,981		(15,780)	(15,780)		
NET PROFIT & LOSS	73,320	77,402		(2,666)	(21,120)		
CHARITABLE EXPENDITURE							
Direct Charitable Expenditure		26,944	97.7%		64,561	96.4%	
Fundraising costs		627	2.3%		2,395	3.6%	IE-1
TOTAL		27,572			66,956		

AGE CONCERN, TEIGNMOUTH AND SHALDON

Accounts for Year Ended 30 June 2021

Annex1: FIXED ASSETS - RECONCILIATION

Component	2020/2021		2019/2020		Notes:
	£	£	£	£	
ASSET VALUES					
Asset values at end of previous FY	64,162		66,220		
New assets in current FY	1,620		1,239		
TOTAL ASSETS Before depreciation		65,782		67,459	
DEPRECIATION					
Previous FY assets	(1,765)		(3,113)		FA-1
One-of adjustment to revalue assets	58,490		0		
New assets in current FY	0		(184)		FA-2
TOTAL DEPRECIATION OF ASSETS		56,725		(3,297)	
TOTAL ASSET VALUES C/F		122,507		64,162	

Annex 2: INVESTMENTS - RECONCILIATION

Component	2020/2021		2019/2020		Notes:
	£	£	£	£	
Opening Holdings					
Value of Investments B/F	103,412		119,828		
Capital Accounts B/F	2,739		(283)		
Income Account B/F	638		967		
TOTAL Investment Portfolio B/F		106,790		120,511	
Changes					
Sale of investments during year	(10,180)		(16,568)		IN-1
Gain on sales	2,286		149		
Purchase of investments during the year	11,283		12,419		IN-2
Change in portfolio value on new purchases	822		(1,460)		
Change in value of remaining investments	11,947		(10,956)		
Change in value of Investments		16,157		(16,416)	
Change in Capital Account		(2,580)		3,023	
Change in Income Account		58		(328)	
Closing holdings					
Value of Investments C/F	119,569		103,412		
Capital Account C/F	159		2,739		
Income Account C/F	697		638		
TOTAL Investment Portfolio C/F		120,426		106,790	

Annex 3: CASH - RECONCILIATION

Component	2020/2021		2019/2020		Notes:
	£	£	£	£	
Opening Balances					
Cash in Hand	436		793		
Age Concern	37,481		54,824		
Alice Cross	44,241		13,399		
TOTAL BALANCE B/F		82,158		69,016	
Account Transactions					
Income	89,017		105,298		
Current Year AR - accruals	0		0		
Net Income		89,017		105,298	
Expenditures	(75,678)		(92,156)		
Current year AP - accruals	0		0		
Net Expenditure		(75,678)		(92,156)	
TOTAL BALANCE C/F		95,497		82,158	
Closing Balances					
Cash in Hand	143		436		
Age Concern	95,354		37,481		
Alice Cross	0		44,241		
TOTAL BALANCE B/F		95,497		82,158	

Annex 4: BALANCE - RECONCILIATION

Component	2020/2021		2019/2020		Notes:
	£	£	£	£	
Previous Year Funds:					
Fund Balance B/F	253,110		255,776		
Plus creditors previous year	0		0		
Less debtors previous year	0		0		
Previous Year Total		253,110		255,776	
Current Year Fund Changes:					
Fixed Assets	58,345		(2,058)		
Investments	13,636		(13,721)		
Plus cleared deposits to accounts	89,017		105,298		
Less cleared withdrawals for accounts	(75,678)		(92,156)		
Plus cash ledger adjustment	0		(29)		
Total Fund Changes		85,320		(2,666)	
Fund Balance C/F		338,430		253,110	
Plus debtors		0		0	
Less creditors		(12,000)		0	
Net Balance Reconciliation		326,430		253,110	
NET ASSETS ON BALANCE SHEET		326,430		253,110	

Annex 5: RESTRICTED FUND SUMMARY

Fund	Brought Fwd £	New £	Spend £	X-Charge £	Balance from unrestricted £	Residual £	Notes:
1703-Drive-n-Dine	0	0	0	0	0	0	
1706-Memory Café	26,861	0	2,934	1012	0	22,914	
1707-Lift replace	0	0	0	0	0	0	
1710-Alliance	450	0	0	0	0	450	
1711-Xmas Day Fund	443	1,700	1,342	0	0	802	
1803-Cookery classes	0	0	0	0	0	0	
1805-Trim Teign	0	0	0	0	0	0	
1807-CAN parkrun	135	0	135	0	0	0	
1808-Covid-19	4,597	46,475	50,638	0	0	433	
2001-Pathway to Health	0	2,100	637	36	0	1,427	
2002-Drive Dine Connect	0	5,000	3,237	18	0	1,745	
2003-Grief Support	0	750	0	117	0	633	
ALL FUNDS	32,486	56,025	58,923	1,183	0	28,404	

Annex 6: NOTES TO ACCOUNTS

1. TRUSTEES' EMOLUMENTS: In accordance with the Memorandum and Articles of Association, the Trustees receive no salary, fees or remuneration.

2. TAXATION: No provision for taxation is considered necessary in view of the registered charity status.

3. EMPLOYEES INFORMATION:

The average number of persons employed by the Charity during the year was as follows:	2020/2021	4	2019/2020	4
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The total employment costs (Wages, Salaries + Social Security Costs) were as follows:	2020/2021	£47,639	2019/2020	£47,392
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IE-1 CHARITABLE EXPENDITURE: Fundraising expenditure is defined as the sum of fund-raising costs and 5% of business costs

FA-1 Depreciation as per accounting policies is items less than £500 are expensed through income & expenditure.

FA-2 1st year depreciation on new purchases is pro-rata to number of months remaining in the financial year from date of purchase.

IN-1 Sales of G4S and BNY Mellon were made in the year.

IN-2 Purchase of Mercantile Investment Trust, RIT Capital Partners and WPP were made in the year.

6 Accounting Policies

These Financial Statements have been prepared in accordance with the requirements of the Companies Act and also the Statement of Recommended Practice – Accounting by Charities.

Basis of Accounting

The Financial Statements have been produced under the historical cost convention.

A cash flow statement is not required in view of the size of the Charity.

Depreciation

Depreciation is charged on Freehold Property at the rate of 1% per annum using the reducing balance method.

For fixtures and fittings, we are implementing the following:

- expensing items costing £500 or less,
- applying a straight-line method for computer hardware costing more than £500 over 3 years,
- applying a straight-line method for other items costing over £500 over 5 years.

Investment Income

Income from quoted investments is stated gross. Investments are valued at market value in the balance sheet.

Reserves

The entity's reserves may be restricted or unrestricted.

Recognition of Income and Expenses

Accounts are prepared on a cash basis except for the maintenance of buildings. Income and expenses are recognised on the date of the transaction. A provision is made for the maintenance of buildings, there are no other accruals or prepayments.

4 Examiner's Report

The Trustees are responsible for the preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 or the Companies Act 1985 and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act 2011
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- To state whether particular matters have come to my attention

I have carried out an independent examination of the books of this Company. They appear to have been correctly maintained and I am of the opinion that this Balance sheet, and the supporting Income and Expense accounts, reflect a fair and accurate record of the Company's position in the financial year ended 30th June 2021.



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