

Company registration number: 02114849

Charity registration number: 700956

HELIX ARTS LIMITED

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Helix Arts Limited

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Helix Arts Limited

Reference and Administrative Details

Trustees	A Shaw, Chair M S Steggles M Todman M Fenwick (resigned 21 October 2020) Mr A T M Shiel, Treasurer P Lancaster (resigned 15 July 2020) S Woods C Johns (resigned 21 October 2020) M Buckley C Lawrence
Key Management Personnel	Cheryl Gavin, Director
Principal Office	2nd Floor 51 Bedford Street North Shields Tyne and Wear NE29 0AT
	The charity is incorporated in England & Wales.
Company Registration Number	02114849
Charity Registration Number	700956
Independent Examiner	MHA Tait Walker Bulman House Regent Centre Gosforth Newcastle upon Tyne NE3 3LS

Helix Arts Limited

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Structure, governance and management

Nature of governing document

Helix Arts Limited is a registered charity with the Charity Commission in England. It is governed by its Memorandum and Articles of Association, which were adopted on January 2004. During 2018/19 the Trustees carried out a governance review and new Articles of Association were adopted in May 2019.

Recruitment and appointment of trustees

Helix Arts Limited has a maximum Board membership of twenty. All Board Members, who are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, are appointed by the charitable company in a general meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustees are recruited and selected through both an open process whereby the opportunity is advertised and expressions of interest received, and by personal recommendation from existing board members. Potential Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made. Appointments are ratified at the AGM held each November.

Related Parties

None of the Trustees receive remuneration or other benefit from their work with the charity.

Organisational structure

The day to day running of the charitable company is the responsibility of two senior staff and they report to the Trustees, who are responsible for policy making. The Trustees meet a minimum of four times per year. An additional financial sub-group meets quarterly in advance of the board meetings with additional monthly financial reporting.

Helix Arts Limited

Trustees' Report

Objectives and activities

Objects and aims

Helix Arts' charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people of the northern area.

Helix Arts has had regard to the Charity Commission's guidance on public benefit.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North East of England including Tyne and Wear, Northumberland, County Durham and Teesside.

The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to the arts including, but not limited to, children and young people at risk, unemployed adults and employed people on low incomes, people living in deprived neighbourhoods, people with special educational needs, people in contact with the criminal justice system and people with poor health. The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

Each year we typically provide over 300 sessions of arts activity and an additional 200 education sessions to participants who include children and young people at risk, under 25s with learning disabilities, people facing ill health – particularly older people facing social isolation and at risk of falling, as well as those living in a residential care home – children and families affected by the criminal justice system, and people living and working within deprived communities who are often on low incomes or unemployed. In 20/21 we have seen a small reduction in this, but an increase in digital engagement.

Participant numbers in each session will range from 3 to 35, depending upon the nature of the group, with an average group size being 10 participants.

We work with a range of partner organisations within the public, private and third sector. In 20/21 we deepened our footprint across North Tyneside in particular, providing targeted relief for our most local communities.

Our activity is accessible by participants regardless of any protected characteristics.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

Helix Arts Limited

Trustees' Report

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

This report is produced at a time of unprecedented strain on the nation, on our arts and cultural sector and particularly on Helix Arts' beneficiaries and the communities we exist to serve.

Resources are currently constrained and plans understandably under review, however Helix Arts has never been needed so much. Helix Arts is proud of what it has achieved for and with beneficiary communities over the last year.

Helix Arts has done what it does best - connected with communities and artists - creating social agency and motivating local neighbourhoods at the grass roots across the North East region.

Achievements and performance

During 2020/21, Helix Arts had a unique and different year. This was predominantly down to the global Covid-19 pandemic. We re-imagined how art, culture and creativity could have an impact for and with the people we prioritise in our communities. We questioned, explored and adapted how our work could reach people in meaningful ways. We used virtual and outdoor environments instead of our usual youth and community centres, schools, halls and churches. Our digital reach expanded to continue to develop participants' confidence and skills. We created impact through blended models of delivery specific to national, regional and local authority limitations.

We still managed to deliver a strong programme of activity, supporting artists' development and their livelihoods. We focussed our attention on those people who had been disproportionately impacted by the Corona Virus. We provided targeted relief for people who endured long periods of shielding and those who faced complex and difficult circumstances. We increased our footprint and position across North Tyneside working closely alongside local and trusted partners.

The Helix staff team was renewed, this included new Creative Producers and placing a new post in the team, a Business Development Manager. This role has supported the Helix Arts' Director, Cheryl Gavin to review the business plan, information management and reporting systems, communications and policy.

Building on sectoral expertise and a strong approach to networking and partnership the Director has implemented a new vigour into the organisation; developing a vision for the website and new programme, in particular social prescribing / arts on prescription.

Helix Arts' reach continues to grow through partnerships with other organisations. Most importantly in later 20/21 this resulted in securing a significant role in North Tyneside as part of Thriving Communities 'Better Connect' initiative.

We continue to work with many participants who would not have been able to experience the joy and empowerment of participation in arts and culture, albeit in more unusual ways of engagement. This is down to the expert brokerage of Helix Arts' own staff and the extraordinary range of superb practitioners with whom Helix Arts work.

Helix Arts Limited

Trustees' Report

In the face of adversity, due to the Covid-19 pandemic, Helix Arts successfully adapted and re-imagined some of the most crucial work with vulnerable and excluded communities, including disadvantaged artists.

Helix Arts has continued to forge innovative partnerships in order to extend community reach and develop powerful new work for the year ahead. Helix Arts have strengthened the role as a key provider of arts and culture in North Tyneside and have become embedded in our home community of North Shields.

Activity programme

Celebrating Age

Falling on your Feet, our renowned long term dance and health programme with people aged 65+ who are living independently continued online during 20/21 with a specific focus in County Durham as part of a commission from Public Health, Durham County Council. This involved a multi-agency approach to support residents across East Durham. It featured regular workshops online, onsite and leading to high quality co-choreographed digital and in person sharing events where participants still enjoyed creating dance together; having fun, getting fitter and making new friends.

Due to online delivery, this also included artistic bursaries to support the digital skills required to ensure a quality experience.

Born out of Falling on your Feet, 'Finding your Feet' will now extend its delivery up to September 21/22 to deliver the sustainability aspects for the programme Make Dance Happen. This will provide a period of bridging for participants and partners. This explores the potential for development and sustainability of the project groups. This usually involves a 'learning by doing' programme with community volunteers, partners and artists to provide participants with the skills and knowledge to co-produce neighbourhood dance programmes within their own communities.

'**Common Connections**' was created as a Covid response programme to provide targeted relief for older people in North Tyneside who had been at risk of social exclusion during the pandemic. We delivered a cross artform suite of projects with local North Tyneside partners to deliver a dedicated loneliness programme supported by DCMS. These included, The C Word with North Shield Heritology Project, Movement Meets with Forever Dance, Slow Sew with Linskill Community Centre, Neighbours and Strangers with artist Alex Woolley. All specific to the unique needs of different kinds of older people with a variety of barriers being faced, around sense of belonging, social inclusion, community connectedness and so forth.

Make it Happen

A capacity building programme for community volunteers to develop confidence and social agency. Creative Producers and sector specialists share expertise and knowledge to encourage and enable non-specialists to deliver their own arts programmes within their local communities. Partners include Gateshead Cultural Services, Sunderland Deaf Club, Edberts House, Sunderland Culture, Well Newcastle Gateshead and associated venues and partners.

MIH provides a dedicated strand for artists and producers working in the community to be trained and mentored. Artists deliver their own projects in their neighbourhoods across Gateshead and Sunderland. This led to numerous projects including; Writers Who Care, Watch this Space (Youth projects), Marianna's Song, Loose Connections, Flow, Mini Pride, with regional carers organisations, Big Local Gateshead.

Helix Arts Limited

Trustees' Report

We've Still got the Beat

We've got the Beat was a Covid response project for young carers, disabled adults and wider youth in collaboration with Cramlington Voluntary Youth Project. Taking place online only to help young people who had lack of opportunities at the start of Covid; this project brought teenagers together to experiment with sound and express their story of Covid so far. This was supported by the Northumbria Police and Crime Commissioner.

You: Your Art 2020

Over the summer 2020 programme a 3 month covid response programme of online workshops took place. It supported the mental health for North Tyneside residents who were at risk of attempting suicide. Participants explored a range of mindful visual arts; print, typography, collage, mandalas etc. to develop personal creative journals. These were supported with additional online tutorials and featured in a region wide impact study of projects funded the Northern Sub Regional Suicide Prevention Group (Suicide Prevention Small Grants Fund).

Enable (Covid support)

Enable, our grant with Lloyds foundation led to specific core support and leadership support for the organisation during the turmoil of Covid. This supported the digitisation of our projects and resources as well as supporting one of our projects around domestic violence.

This also included business support working with Charities Aid Foundation which further our fundraising aspirations and strategy.

Flourish

A both a dedicated mentoring and peer development programme for artists living or working in Darlington. It is designed to support the creative economy working in socially engaged contexts, for artists to feel supported and raise additional funds for individual projects benefiting Darlington Communities. This includes a range of groups and projects including LGBTQIA heritage, Young people's career development and those at risk of deteriorating mental health. Flourish was commissioned by Darlington Metropolitan Borough Council.

Artsmark Partner

Helix Arts are a recognised Artsmark Partner. This is an Arts Council England endorsed network of arts and cultural organisations who support schools and education settings on their Artsmark journey to embed arts and culture across the curriculum.

Arts Award

Helix Arts is an Arts Award Centre and pledges to accredit our work with young peoples as part of the shared mission to support young people who want to deepen their engagement with the arts, build creative and leadership skills and achieve a national qualification.

Helix Arts offers an embedded Arts Award offer on all young peoples' projects, across all award levels from Discover to Gold, awarded by Trinity College London.

Helix Arts Limited

Trustees' Report

North Tyneside Artists' Hub

A relaxed gathering of artists living and working in North Shields, Wallsend, Tynemouth and Whitley Bay, the hub provides the ideal opportunity to share creative ideas and explore potential collaborations.

Front and Centre

As part of a 3-year audience development programme with Xtrax 'Without Walls' network, Helix Arts focus on audience development for the Mouth of the Tyne festival in collaboration with North Tyneside Council. Front and Centre aims to break down barriers for the most marginalised residents, targeting diverse communities, refugees, people with disabilities and young people at risk. This programme aims to create a young people's takeover team for the 2022 outdoor festival programme.

Inspiring Futures - Avant Guard

Inspiring Futures is a national partnership programme of organisations working in arts and criminal justice. Supported by the Paul Hamlyn Foundation it seeks to advance our understanding about how and why arts interventions affect the lives of people in the criminal justice system, and to explore how their positive effects can be optimised to enable a step-change in arts and criminal justice practice.

The programme will address long-term inequalities and broaden access to the arts for people in the criminal justice system now and in the future. This involves research from the Institute of Criminology, Cambridge University who embed a participative research culture throughout.

Inspiring Futures is a 'community' of good practice that offers professional development opportunities, fosters talent, enables peer reflection and develops online platforms, workshops, and networking events.

Our strand of this work in HMP Northumberland paused and pivoted during this year. We did collaborate with actor, director, writer Craig Conway to cement the foundations for 'Avant-Guard'. Creative experiences will ensure participants voices will be heard and mind-sets challenge to further a wider community understanding of the lives inside and outside the criminal justice system.

In 20/21 this meant continued scoping for work with prisoners and a 'beyond the gate' groups (outside the prison).

Better Connect

In early 2021 Helix Arts initiated and led Better Connect. This is part of a National Thriving Communities programme to bring partners together to plan and deliver community activities involving partners from the arts, heritage, creativity and culture, sport, nature, financial wellbeing, community advice and the wider voluntary, community, faith and social enterprise sector.

Better Connect is a suite of cultural and creative opportunities that explores ways to make the resourcing of social prescribing activities more sustainable over time.

This involves prioritising carers across North Tyneside with borough wide partners. These include:

- Age UK North Tyneside
- Family Gateway
- First Contact Clinical
- Helix Arts
- Meadow Well Connected
- North Shields, Primary Care Network
- North Tyneside Arts Studio
- North Tyneside Carers Centre
- North Tyneside Council (NTC)

Helix Arts Limited

Trustees' Report

- Tyne Health
- Tyne and Wear Archives and Museums
- VODA

Better Connect has a number of research aspects and is supported by Professor Emeritus Stephen Clift, Canterbury Christ Church University Arts and health specialist as our critical friend.

Factors outside the control of Helix Arts that have a bearing on the achievement of the organisation's objectives include changes to government policy on social inclusion initiatives, the role of the arts in society, the effects of the cuts to public sector funding and the availability of funding from trusts and foundations.

During the year the charitable company received in-kind contributions totalling £5,425 towards its charitable activities. These in-kind contributions comprised staff time and equipment use.

At the end of 2020/21 we achieved a net spend of funds of £81,503.

Factors outside the control of Helix Arts that have a bearing on the achievement of the organisation's objectives include changes to government policy on social inclusion initiatives, the role of the arts in society, the effects of the cuts to public sector funding and the availability of funding from trusts and foundations.

Covid-19 pandemic has raised a number of challenges and creative opportunities. This has continued to lead to a number of adaptations to the business and programme to best meet the needs of our beneficiaries and workforce. This has also brought about opportunities for new delivery models.

Financial review

Policy on reserves

At the end of 2020/21 the total unrestricted reserves stood at £137,456 and the restricted at £34,177. It is anticipated that the restricted reserves will be spent during 2021/22 as we continue to deliver a number of on-going projects.

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that in order to provide reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve.

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the trustees see fit.

Helix Arts Limited

Trustees' Report

Key Management Personnel

The board, who give their time freely and no trustees received remuneration in the year, have considered who the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The board then agree any uplift to remuneration.

Plans for future periods

Helix Arts is continuing to increase the ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income through;

- Diversifying our offer
- Exploring new markets
- Maintaining and strengthening relationships with existing partners
- Forging new partnerships, locally and nationally
- Building our profile, particularly online

We will continue to provide activity that enables our participants to build confidence, increase their motivation and learn new skills, leading to improved health and wellbeing and the opening up of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support the core activity.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate. Covid-19 risk is continually reviewed as noted above.

Helix Arts Limited

Trustees' Report

Financial instruments

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- Changes and reductions in public and voluntary sector funding
- Competition from other, particularly larger, arts organisations
- Cash flow
- Covid-19 pandemic

All of these risks are addressed within the four-year strategic Business Plan 2018/22, which is reviewed annually by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- We are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity.
- We will continue to work closely with other arts organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with.
- We continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact.
- We will continue to work closely with other arts organisations in the region and beyond, and are developing collaborations with non-arts voluntary organisations that are new to us.

Helix Arts Limited

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Helix Arts Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

MHA Tait Walker will be re-appointed as Independent Examiners at the annual general meeting.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 15 July 2021 and signed on its behalf by:



A Shaw
Trustee

Helix Arts Limited

Independent Examiner's Report to the trustees of Helix Arts Limited

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 13 to 29.

Respective responsibilities of trustees and examiner

As the charity's trustees of Helix Arts Limited (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Helix Arts Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent examiner's statement

Since Helix Arts Limited's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Helix Arts Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Simon Brown BA ACA DChA
MHA Tait Walker
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

15 July 2021

MHA Tait Walker is a trading name of Tait Walker LLP.

Helix Arts Limited

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	3	143,400	-	143,400	124,773
Charitable activities	4	-	120,569	120,569	187,727
Investment income	5	644	-	644	1,607
Total Income		<u>144,044</u>	<u>120,569</u>	<u>264,613</u>	<u>314,107</u>
Expenditure on:					
Charitable activities	6	<u>(90,361)</u>	<u>(92,749)</u>	<u>(183,110)</u>	<u>(322,938)</u>
Total Expenditure		<u>(90,361)</u>	<u>(92,749)</u>	<u>(183,110)</u>	<u>(322,938)</u>
Net income/(expenditure)		<u>53,683</u>	<u>27,820</u>	<u>81,503</u>	<u>(8,831)</u>
Net movement in funds		53,683	27,820	81,503	(8,831)
Reconciliation of funds					
Total funds brought forward		<u>83,773</u>	<u>6,357</u>	<u>90,130</u>	<u>98,961</u>
Total funds carried forward	19	<u><u>137,456</u></u>	<u><u>34,177</u></u>	<u><u>171,633</u></u>	<u><u>90,130</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Helix Arts Limited

Comparative Statement of Financial Activities for the Year Ended 31 March 2020 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	124,773	-	124,773
Charitable activities	4	-	187,727	187,727
Investment income	5	<u>1,607</u>	<u>-</u>	<u>1,607</u>
Total income		<u>126,380</u>	<u>187,727</u>	<u>314,107</u>
Expenditure on:				
Charitable activities	6	<u>(133,996)</u>	<u>(188,942)</u>	<u>(322,938)</u>
Total expenditure		<u>(133,996)</u>	<u>(188,942)</u>	<u>(322,938)</u>
Net expenditure		<u>(7,616)</u>	<u>(1,215)</u>	<u>(8,831)</u>
Net movement in funds		(7,616)	(1,215)	(8,831)
Reconciliation of funds				
Total funds brought forward		<u>91,389</u>	<u>7,572</u>	<u>98,961</u>
Total funds carried forward	19	<u><u>83,773</u></u>	<u><u>6,357</u></u>	<u><u>90,130</u></u>

Helix Arts Limited

(Registration number: 02114849) Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	13	-	393
Current assets			
Debtors	14	6,600	19,252
Cash at bank and in hand	15	<u>229,713</u>	<u>125,672</u>
		236,313	144,924
Creditors: Amounts falling due within one year	16	<u>(64,680)</u>	<u>(55,187)</u>
Net current assets		<u>171,633</u>	<u>89,737</u>
Net assets		<u>171,633</u>	<u>90,130</u>
Funds of the charity:			
Restricted		34,177	6,357
Unrestricted income funds			
Unrestricted		<u>137,456</u>	<u>83,773</u>
Total funds	19	<u>171,633</u>	<u>90,130</u>

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 13 to 29 were approved by the trustees, and authorised for issue on 15 July 2021 and signed on their behalf by:



A Shaw
Trustee

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: 2nd Floor, 51 Bedford Street, North Shields, Tyne and Wear, NE29 0AT

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The functional currency of the charity is sterling.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to not include a cash flow statement in these financial statements.

Exemption from preparing group accounts

The financial statements contain information about Helix Arts Limited as an individual company and do not contain consolidated financial information as the parent of a group.

The charity is exempt under section 400 of the Companies Act 2006 from the requirement to prepare consolidated financial statements as it and its subsidiary undertakings are included by full consolidation in the consolidated financial statements of its parent, , a company incorporated in .

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	20% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Hire purchase and finance leases

Rental applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £
Donations and legacies;		
Donations	122,785	122,785
Grants, including capital grants;		
Government grants - CJRS	5,940	5,940
Consultancy fees	9,250	9,250
Donated services and facilities	5,425	5,425
	<u>143,400</u>	<u>143,400</u>
	Unrestricted funds General £	Total 2020 £
Donations and legacies;		
Donations	108,487	108,487
Consultancy fees	2,750	2,750
Donated services and facilities	13,536	13,536
	<u>124,773</u>	<u>124,773</u>
	2021 £	2020 £
ACE North East - NPO Grant	110,335	108,342
Shroder Trust	4,000	-
Lloyds Foundation	8,450	-
Miscellaneous donations	-	145
	<u>122,785</u>	<u>108,487</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

4 Income from charitable activities

	Restricted funds	Total
	£	£
Charitable activities	<u>120,569</u>	<u>120,569</u>
	Restricted funds	Total
	£	£
Charitable activities	<u>187,727</u>	<u>187,727</u>
	2021	2020
	£	£
Restricted Funds		
Dunhill Medical Trust	-	22,752
Henry Smith Charity	-	20,700
Arts Council England	27,214	37,402
Big Lottery Fund	35,349	46,336
County Durham Community Foundation	-	9,750
Lloyds Bank Foundation	4,728	7,112
Northumbria University	-	1,600
Youth Music Foundation	-	29,275
Co-op Foundation	-	8,700
The Witham	2,500	3,350
Well Newcastle Gateshead Art Fund	-	750
Rape Crisis NE	10,539	-
YMCA North Shields	500	-
NHS CCG	5,000	-
NCJAA	6,204	-
NPCC	2,500	-
Arts Council	<u>26,035</u>	<u>-</u>
	<u>120,569</u>	<u>187,727</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

5 Investment income

	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income; Interest receivable on bank deposits	644	644
	<u>644</u>	<u>644</u>
	Unrestricted funds General £	Total 2020 £
Interest receivable and similar income; Interest receivable on bank deposits	1,607	1,607
	<u>1,607</u>	<u>1,607</u>

6 Expenditure on charitable activities

	Unrestricted General £	Restricted £	Total 2021 £	Total 2020 £
Education of the general public in the arts	46,242	92,749	138,991	267,310
Support costs	44,119	-	44,119	55,628
	<u>90,361</u>	<u>92,749</u>	<u>183,110</u>	<u>322,938</u>
	Activity undertaken directly £	Activity support costs £	2021 £	2020 £
Education of the general public in the arts	138,991	39,844	178,835	318,496
Governance costs	-	4,275	4,275	4,442
	<u>138,991</u>	<u>44,119</u>	<u>183,110</u>	<u>322,938</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

7 Analysis of governance and support costs

Support costs allocated to charitable activities

	Governance costs	Support costs	Total 2021	Total 2020
	£	£	£	£
Rent and service charges	-	13,543	13,543	10,925
Insurance	-	2,650	2,650	2,476
Travelling	-	1,021	1,021	4,137
Printing, postage and stationary	-	284	284	1,272
Telephone	-	8,980	8,980	8,918
Professional fees	-	5,938	5,938	11,342
Marketing	-	805	805	1,699
Repairs and maintenance	-	30	30	758
Staff training	-	110	110	1,600
Sundries	-	185	185	824
Governance costs	4,275	-	4,275	4,442
Programme Development	-	515	515	1,655
Temporary Staff	-	1,000	1,000	5,205
ICT	-	4,783	4,783	4,817
	<u>4,275</u>	<u>39,844</u>	<u>44,119</u>	<u>60,070</u>

Governance costs

	Unrestricted funds General	Total 2021	Total 2020
	£	£	£
Independent examiner fees			
Examination of the financial statements	2,500	2,500	2,500
Other fees paid to examiners	1,550	1,550	1,550
Trustees remuneration and expenses	225	225	392
	<u>4,275</u>	<u>4,275</u>	<u>4,442</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

8 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	393	656
Land and Buildings operating lease	<u>10,250</u>	<u>10,250</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	104,673	124,355
Social security costs	5,001	8,803
Pension costs	<u>5,804</u>	<u>7,252</u>
	<u>115,478</u>	<u>140,410</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Management staff	2	2
Office staff	<u>2</u>	<u>2</u>
	<u>4</u>	<u>4</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £55,974 (2020 - £63,808).

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

11 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>2,500</u>	<u>2,500</u>
Other fees to examiners		
All other services	<u>1,550</u>	<u>1,550</u>

12 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

13 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2020	<u>14,107</u>	<u>14,107</u>
At 31 March 2021	<u>14,107</u>	<u>14,107</u>
Depreciation		
At 1 April 2020	13,714	13,714
Charge for the year	<u>393</u>	<u>393</u>
At 31 March 2021	<u>14,107</u>	<u>14,107</u>
Net book value		
At 31 March 2021	<u>-</u>	<u>-</u>
At 31 March 2020	<u>393</u>	<u>393</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

14 Debtors

	2021 £	2020 £
Trade debtors	3,875	9,775
Prepayments	2,725	6,686
Accrued income	-	2,791
	<u>6,600</u>	<u>19,252</u>

15 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	<u>229,713</u>	<u>125,672</u>

16 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	9,858	11,685
Other taxation and social security	2,122	3,267
Other creditors	941	410
Accruals	4,381	12,806
Deferred income	<u>47,378</u>	<u>27,019</u>
	<u>64,680</u>	<u>55,187</u>

	2021 £	2020 £
Deferred income at 1 April 2020	27,019	96,615
Resources deferred in the period	47,378	27,019
Amounts released from previous periods	<u>(27,019)</u>	<u>(96,615)</u>
Deferred income at year end	<u>47,378</u>	<u>27,019</u>

17 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £5,804 (2020 - £7,252).

Contributions totalling £769 (2020 - £Nil) were payable to the scheme at the end of the year and are included in creditors.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

18 Commitments

Other financial commitments

The total amount of other financial commitments not provided in the financial statements was £7,747 (2020 - £20,097).

19 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted				
General				
General funds	83,773	144,044	(90,361)	137,456
Restricted				
Wellcome Trust - (ArCH)	1,542	-	(1,542)	-
Big Potential	1,635	-	(1,635)	-
ACE - (Celebrating Age)	-	27,214	(26,516)	698
Big Lottery - (MIH)	3,180	35,349	(38,529)	-
Lloyds Bank Foundation - (Enable)	-	4,728	(4,728)	-
Youth Music - (We still got the Beat)	-	2,500	(2,500)	-
The Witham - (Dance for Older People)	-	2,500	(2,500)	-
NCJAA - (Inspiring Futures)	-	6,204	(6,204)	-
NHS North CCG - (You; Your Art)	-	5,000	(5,000)	-
Rape Crisis NE - (Louder)	-	10,539	(3,595)	6,944
YMCA - (Healthy Habits)	-	500	-	500
ACE - (Common Connections)	-	26,035	-	26,035
Total restricted	<u>6,357</u>	<u>120,569</u>	<u>(92,749)</u>	<u>34,177</u>
Total funds	<u>90,130</u>	<u>264,613</u>	<u>(183,110)</u>	<u>171,633</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

The specific purposes for which the funds are to be applied are as follows:

General funds - 'free reserves' after allowing for designated funds.

Restricted funds - comprise of income to be used for specific purposes.

Arts Council England - Celebrating Age

A dance programme for over 65's, following on from FOYF which also incorporates a training programme MDH.

Arts Council England - Common Connections (Loneliness Project)

A programme of activities designed to provide relief to those most at risk of loneliness as a result of Covid-19.

Big Lottery - M.I.H.

A modular training programme for community volunteers and support workers to deliver their own arts programmes within their communities.

Lloyds Bank Foundation - Enable

Developing the role that arts volunteers can bring to our practice both in terms of building capacity, improving quality and offering fresh pathways to employability in the creative sectors.

NCJAA - Inspiring Futures

Inspiring Futures is a ground-breaking artistic programme in prisons and the community led by the National Criminal Justice Arts Alliance and funded by Paul Hamlyn Foundation

NHS – You; Your Art

A pilot programme of arts activities that has been promoting wellbeing and resilience for residents in North Tyneside suffering from poor mental health.

NPCC - We still got the Beat

Supported young people of different ages and abilities in Northumberland to co-create music during the Coronavirus pandemic lockdown.

Rape Crisis NE

A performing arts project for young people exploring exploitation and abuse within relationships, particularly during Covid-19 in partnership with Rape Crisis and supported by Children North East.

YMCA - Health Habits

Co-creation of a short animation/film with Team Relax members exploring and highlighting mental health and their current journey and covid state. Used as a tool to support and inform other young people about YMCA support services for children and young people.

The following funders contributed to the Big Lottery – MIH Programme:

GMBC

Edberts House

Sunderland Culture

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

20 Analysis of net assets between funds

	Unrestricted		Total funds at 31 March 2021
	General £	Restricted £	£
Net current assets/(liabilities)	137,456	34,177	171,633
	Unrestricted		Total funds at 31 March 2020
	General £	Restricted £	£
Tangible fixed assets	393	-	393
Net current assets/(liabilities)	83,380	6,357	89,737
Total net assets	83,773	6,357	90,130

21 Analysis of net funds

	At 1 April 2020	Financing cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	125,672	104,041	229,713
Net debt	125,672	104,041	229,713
	At 1 April 2019	Financing cash flows	At 31 March 2020
	£	£	£
Cash at bank and in hand	225,903	(100,231)	125,672
Net debt	225,903	(100,231)	125,672

22 Related party transactions

During the year the charity made the following related party transactions:

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work.

During the year, Helix Arts Limited received £166,197 (2020: £145,744) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2020 - £Nil).