

**WOMEN'S HEALTH INFORMATION
SUPPORT CENTRE LIMITED**

**TRUSTEES' REPORT & UNAUDITED
FINANCIAL STATEMENTS
FOR YEAR ENDED
31ST MARCH 2025**

**Company Registration No. 02035623
Charity Registration No. 519687**

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The directors, who are trustees of the charity are pleased to present their annual report for the year ended 31st March 2025.

The trustees have adopted the provision of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charities' Article of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)".

OBJECTIVES AND ACTIVITIES

The Women's Health and Information Services Centre (WHISC) is a voluntary organization that originated in 1984 through the initiative of women from Vauxhall, Liverpool. Their aim was to empower women with knowledge and information to take charge of their health and well-being. Over the past four decades, WHISC has been instrumental in supporting thousands of women and their families, helping them overcome challenges and enhance their lives.

Primarily led by volunteers, WHISC operates with the assistance of a small core team of paid staff. Together, they offer a wide array of women's health services, including complementary therapies, self-help resources, and educational classes on physical and mental well-being. Our mission is to empower women to lead healthier and more fulfilling lives.

Beyond our Liverpool city centre hub, we extend our services through outreach activities to various women's community groups across Liverpool, particularly those that are of minority and underrepresented, recognising the intersectional experiences of the women we support across Liverpool.

WHISC Vision, Mission and Values

At the heart of what we do is our belief that all Women and girls, regardless of their ethnicity, religion, age should be respected and thrive in an environment where information and support is accessible.

Our Vision Statement: Helping women to thrive.

Our Mission Statement: Empowering women in the Liverpool City Region with knowledge and person-centred support to become the best version of themselves.

Our Values: At WHISC, our values are the cornerstone of our organization. We understand that reaching out for help can be challenging, which is why empowering women to thrive lies at the core of all our endeavours.

WHISC plays an integral role in the health and care system throughout Liverpool and the wider Merseyside regions, providing accessible support and information to women facing diverse needs. From women's health and well-being to mental health, trauma, isolation, and poverty, WHISC addresses a broad spectrum of concerns. Women can access WHISC's support and information through various channels, including:

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Services available at the WHISC centre	
<ul style="list-style-type: none"> ▪ Mental & Physical Health information ▪ Women's advocacy ▪ Warm and safe hub space ▪ Peer to peer support ▪ Volunteering ▪ Community outreach ▪ Anti-Poverty support services ▪ Health education and training ▪ Women's Health Training Course Accreditation ▪ Telephone access 	<ul style="list-style-type: none"> ▪ Skills and activity sessions ▪ Group wellbeing sessions ▪ 1-2-1 listening service ▪ Saturday Inclusion club ▪ Complementary therapies ▪ Specific support for minority and vulnerable women (refugee, asylum seeking and migrant women and their children) ▪ Information on cancer and health screening in partnership with NHS

WHISC Data Assets

Over the past four decades, WHISC has amassed extensive knowledge, information, and data, significantly enhancing the support services and programs available to address the complex challenges faced by women in Liverpool. Our profound understanding of the often-struggling health and care system, combined with our reliable network of partner organizations, positions WHISC as a crucial support system for many vulnerable women.

In the past year alone, our dedicated staff and volunteers have provided over 5,000 hours of support and services to women, many of whom are vulnerable and in urgent need of assistance and intervention.

A key asset of WHISC is our City Centre hub, which offers a psychological and emotional safe space exclusively for women. Here, women can access a range of support services through both drop-ins and appointments, ensuring they receive the help they need in a secure and supportive environment.

Public Benefit

In considering the objectives and activities, the Trustees have considered Charity Commission guidance on Public Benefit to ensure that the charitable company is meeting its Public Benefit requirements.

Here are the key benefits:

1. Health Education and Information:

WHISC provides comprehensive health education and information services, helping women to make informed decisions about their health. This includes providing up-to-date information on various health issues, treatments, and preventative measures.

2. Support Services:

The centre offers emotional and practical financial support to women dealing with health issues, personal challenges, or crises. This support can include support groups and one-on-one sessions, helping women navigate difficult times and improve their mental health.

3. Empowerment and Advocacy:

WHISC empowers women by advocating for their health rights and promoting gender equality. The centre raises awareness about women's health issues, campaigns for better health policies, and works to eliminate disparities in health care access.

4. Community Outreach and Engagement:

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The centre engages with the community to provide outreach programs that reach women who might not otherwise have access to health services. This can include workshops, seminars, and health fairs aimed at educating and supporting women in various communities.

5. Holistic Health Approach:

WHISC adopts a holistic approach to women's health, addressing not just physical health, but also mental, emotional, and social well-being. This comprehensive approach ensures that all aspects of a woman's health are considered and supported.

6. Support for Marginalized Groups:

The centre often focuses on providing services to Women who experience Health Inequalities and vulnerable groups, including minority communities, refugees, and low-income women. By offering tailored support to these groups, WHISC helps to reduce health inequalities and ensure that all women have access to necessary health resources.

Changes in Service Demand

Our services are in higher demand than ever, especially among vulnerable women facing barriers to mainstream services, which are also under resourced. The increased complexity of needs has impacted safeguarding and casework capacity. We've improved representation on local health boards to advocate for women with complex needs and adapt our service model to maintain effectiveness and safety

WHISC's Response to a Year of Uncertainty and Change

Over the past year, WHISC has navigated a period of significant uncertainty and external challenges. The combination of a fragile funding landscape, the shrinking of available financial resources, and the realization that the current Bold Street premises are no longer fit for purpose has presented WHISC with numerous obstacles. Despite these challenges, the charity has demonstrated resilience and a proactive approach in its efforts to adapt and continue serving its community.

Adapting to a Shrinking Funding Environment

One of the most pressing challenges faced by WHISC in the past year has been the contraction of funding opportunities. A combination of macroeconomic factors, shifting governmental priorities, and an increasingly competitive funding landscape has led to a reduction in available grants and donations. In response, WHISC has strategically diversified its funding base, seeking alternative sources such as corporate partnerships, community fundraising, and innovative social impact initiatives. This diversification has been critical in ensuring that WHISC continues to provide vital services to women and marginalized communities, despite the tightening financial climate.

Additionally, WHISC has invested in strengthening its relationships with key stakeholders, including local businesses, community groups, and governmental bodies. By fostering a collaborative approach, WHISC has been able to leverage local support, mobilise resources, and maintain its operations despite financial pressures.

Relocation and Future Sustainability

The need to relocate from the current Bold Street premises has been another pivotal challenge for WHISC over the past year. The premises, which have served as the charity's base for many years, are no longer considered suitable for the organisation's evolving needs. Issues such as limited capacity, inadequate space for growing programs, and rising maintenance costs have made it clear that a new location is essential for the charity's long-term sustainability.

After careful assessment and planning, WHISC has identified a suitable new location, and plans are in place to relocate in June 2025. This move will not only provide the charity with a

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more capacity and functional space but also enhance its ability to expand its services and improve the quality of care and support provided to the women and families who rely on its services. The relocation is seen as a critical step in WHISC's long-term vision, ensuring that the charity can continue to meet the needs of its community in an ever-changing external environment.

Moving Forward: Resilience and Growth

As WHISC prepares for the challenges and opportunities of the upcoming relocation, it remains focused on its core mission: supporting women with the information, advice, and services they need to lead healthier and more empowered lives. The charity's ability to navigate uncertainty over the past year and plan for a successful move in 2025 highlights its resilience and commitment to its cause.

In the coming months, WHISC will continue to engage with its community, donors, and partners to ensure that the transition to the new premises is seamless and that its programs remain robust and responsive to the needs of those it serves. While the journey has been marked by obstacles, WHISC's unwavering dedication to its mission provides a solid foundation for future growth and impact.

ACHIEVEMENTS AND PERFORMANCE

- Intervention Services: 743 active clients, averaging 62 women per month.
- Diverse Clientele: Representing 53 nationalities and 24 ethnic groups.
- Outreach Efforts: Attended 25 health fairs and 27 health events, engaging 1819 women.
- Service Delivery: 4,430 interventions, 150 new referrals,
- Group Activities: 321 sessions with 1,909 attendances, fostering support networks.
- One-to-One Support: 452 sessions, improving mental health through early intervention.

FINANCIAL REVIEW

Income in the year was £186,542 (2024: £209,293) of which £110,032 (2024: £135,428) was restricted funds.

Expenditure in the year was £222,754 (2024: £278,844) leaving a deficit for the year of £36,212 (2024: deficit £69,551).

At 31st March 2025 the charitable company's reserves stood at £74,265 (2024: £110,477) of which £48,324 (2024: £57,992) represented restricted funds

Risk Management

The main risks to which the charitable company is exposed as identified by the Trustees have been considered and systems have been established to mitigate those risks.

Reserves Policy

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision, lease commitments, returning the office back to original condition and six months' running costs and to continue current projects should no further funding be received. WHISC is working towards having 6 months in reserves and this will form part of our next strategic plan going forward

The unrestricted funds £25,941, the charitable company requires £10,370 for redundancy provision, £270 lease commitments, £50,000 to move premises and return the building back to original condition and £25,763 for 3 months continuance of WHISC services (Total 86,403).

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The trustees' plan to increase the unrestricted reserves to the level required by adjusting our cost base and are exploring sustainable funding options through our three-year strategy to support our operational goals.

PLANS FOR FUTURE

Amidst a challenging landscape and relocation, WHISC must strategically streamline operations and focus on core activities. An exciting new chapter for WHISC lies ahead with the introduction of a new Service Manager who takes up post in May 2025 and the Board of Trustees continues to develop.

Central to our approach is the unwavering commitment to our vision and mission. We will prioritise:

Investing in Our People and Culture: Fostering a positive and transparent environment that values feedback, trust, and collaboration among both staff and volunteers to cultivate a stronger WHISC. Sharing the refreshed three-year strategic plans with the team to envision the future path of WHISC together.

Upskilling Staff and Volunteers: Integrating training initiatives into our sustainability plans to enhance the capabilities and effectiveness of our workforce.

Diversified Fundraising: Implementing a blended fundraising approach encompassing community, corporate, and social enterprise strategies to ensure financial stability and resilience.

Volunteer Recruitment and Engagement: Scaling up volunteer recruitment efforts to align with our long-term strategic goals, enhancing our capacity for service delivery.

Exploring Digital Solutions: Leveraging digital platforms and online access to broaden the reach of our services, potentially including subscription models to enhance accessibility.

Enhancing Governance and Operational Clarity: Establishing clear alignment and communication between the board and operational teams regarding governance and day-to-day operations to drive organisational effectiveness.

By focusing on these key areas, WHISC aims to adapt and thrive amidst challenges while remaining steadfast in our commitment to serving the needs of women in Liverpool.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Women's Health Information Support Centre Limited is a company limited by guarantee (registration number 02035623), governed by its Memorandum and Articles of Association dated 9th July 1986. Also registered as a charity with the Charity Commission (charity number 519687) on 30th March 1988.

Legal Status

The charitable company's Trustees are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, two members of the Committee must stand down with the option of standing for re-election at the Annual General Meeting.

The members to retire must be the longest in office since their last election or appointment. All members are circulated with invitations to nominate Trustees prior to the AGM advising them of the retiring Trustees and requesting nominations for the AGM. When considering co-opting Trustees, the Committee has regard to the requirements of any specialist skills needed.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025


Administration Details

The day-to-day management of the charitable company is delegated by the Trustees to the Manager.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Women's Health Information Support Centre Limited
Company Number	02035623
Charity Number	519687
Registered Office	1 Tithebarn Street, Liverpool, United Kingdom L2 2NZ
Board of Trustees	The Board of Trustees are also its directors. The charitable company is governed by a Board of Trustees; members of the Board of Trustees during the year are listed below:
Trustees	M Andrews B Biddle (Resigned 30 th June 2025) S Birkett (Vice Chair) (Resigned 3 rd July 2025) E Cullinan (Resigned 22 nd January 2025) H Fowler (Resigned 24 th July 2025) S Gregory (Appointed 11 th November 2024) (Resigned 26 th March 2025) J Jones (Resigned 2 nd May 2024) KJ Markey (Resigned 1 st October 2024) J Spragg (Resigned 30 th September 2024) A Thompson
Independent Examiner	Ying Huang ACCA LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	Santander Business Banking Centre PO Box 126, Newport, Gwent, NP9 4UP Unity Trust Bank plc Nine Brindley Place, Birmingham, B1 2HB

Approved on behalf of the Board,


.....

M Andrews Trustee

Date 17/10/25

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also directors of The Women's Organisation for the purposes of company law) are responsible for preparing the Trustees' Annual Report (including the Strategic Report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the charities SORP 2019(FRS102).
- make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Board of Trustees


.....
M Andrews

1 Tithebarn Street,
Liverpool,
L2 2NZ

Date:.....17/10/25.....

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES OF WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED

I report on the accounts of the charitable company for the year ended 31st March 2025, which are set out on pages 9 to 25.

Respective responsibilities of trustees and examiner

The Trustees (who are also the Directors of the charitable company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charitable company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Ying Huang**



Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated:21/10/2025.....

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
BALANCE SHEET AS AT 31ST MARCH 2025

COMPANY NO. 02035623

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Totals 2025 £	Totals 2024 £
Income and endowments from:					
Donations and legacies	3a	64,992	3,621	68,613	24,661
Charitable activities	3b	10,438	106,411	116,849	181,613
Investments	3c	583	-	583	2,262
Other income	3d	497	-	497	757
Total income		76,510	110,032	186,542	209,293
Expenditure on:					
Charitable activities	4	103,054	119,700	222,754	278,844
Total expenditure		103,054	119,700	222,754	278,844
Net (expenditure)/income, net movement in the year		(26,544)	(9,668)	(36,212)	(69,551)
Total funds brought forward	13,14	52,485	57,992	110,477	180,028
Total funds carried forward	12-14	25,941	48,324	74,265	110,477

The notes on pages 11 to 25 form part of these accounts. All the above amounts relate to continuing activities of the charitable company.

This Statement includes all gains and losses recognisable in the year.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
BALANCE SHEET AS AT 31ST MARCH 2025

COMPANY NO. 02035623

	Notes	31 st March 2025		31 st March 2024	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		907		1,432
Right of use assets	6		-		22,789
			-----		-----
			907		24,221
Current assets					
Stock	7	1,001		1,135	
Debtors	8	1,916		6,596	
Cash at bank and in hand		76,063		106,242	
		-----		-----	
		78,980		113,973	
Current liabilities					
Creditors: amounts falling due within one year	9	(5,622)		(27,717)	
		-----		-----	
Net current assets			73,358		86,256
			-----		-----
Total assets less current liabilities			74,265		110,477
			=====		=====
Funds:					
Unrestricted funds	12,13		25,941		52,485
Restricted funds	12,14		48,324		57,992
			-----		-----
			74,265		110,477
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the charitable company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees, who are the Directors of the charitable company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on:17/10/25.....

.....*Mary E Andrews*.....
M Andrews Trustee

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

1. Limited Liability

The charitable company is a company limited by guarantee. Each member's liability is limited to £1.

2. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2019) effective 1st January 2019, Charities Act 2011 and the Companies Act 2006.

The accounts are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The charitable company has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charitable company has adequate reserves to continue in operational existence for the foreseeable future. Therefore, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charitable company's free reserves available for the Trustees to apply in accordance with the charitable company's charitable objectives.

Designated funds are funds set aside by the Trustees out of unrestricted funds for specific future purposes.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charitable company has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accruals basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

Income from investment relates to bank interest received and is recognised when the amount is certain.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relate to the operation of the charitable company comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure of £300 and above is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Equipment	25% per annum on straight line basis
Fixtures and Fittings	15% per annum on a reducing balance basis
Leasehold Improvements	Over the term of the lease
Right of use assets	Over the term of the lease

Stock

Stock held is oils to sell in the therapy rooms and is accounted for at the lower of cost or net realisable value.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charitable company's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and is not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2025	2025	2025	2024
	£	£	£	£
a. Donations and legacies:				
Donations	20,945	3,621	24,566	20,926
Gift aid	-	-		3,735
General Grants	44,047	-	44,047	-
	-----	-----	-----	-----
	64,992	3,621	68,613	24,661
	=====	=====	=====	=====

Donations and legacies in 2024 relate wholly to unrestricted funds.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
b. Charitable activities:				
Big Give	-	2,500	2,500	5,000
Central Liverpool Primary Care Network	-	-	-	995
Cheshire & Merseyside Cancer alliance	-	-	-	20,000
Citizens Advice - Advice on Prescription	-	-	-	2,000
Contract Income	-	-	-	36,839
John Moores Foundation	-	-	-	9,000
LCVS Community Impact Fund	-	1,444	1,444	4,441
Liverpool City Council Community Resources Grant	-	-	-	13,600
Liverpool City Council – Neighbourhood Directorate	-	-	-	47,770
Liverpool City Council - Our Liverpool	-	10,292	10,292	-
Liverpool City Council-Winter Fuel Grant	-	500	500	-
Liverpool VSFSE Health and Wellbeing Fund	-	25,508	25,508	14,640
NHS Cheshire & Merseyside-Community Grant	-	2,353	2,353	-
National Lottery Awards for All	-	-	-	9,782
National Lottery Community Fund	-	41,148	41,148	-
National Lottery Community Fund	-	7,841	7,841	-
Smallwood Trust	-	-	-	-
Oil income	1,558	-	1,558	1,346
Room hire	630	-	630	435
Skelton Charity	-	-	-	1,200
Sport England	-	7,760	7,760	7,000
Steve Morgan Foundation	-	6,565	6,565	-
Tesco Stronger Starts	-	500	500	-
Therapy room income	7,250	-	7,250	7,005
Training income	1,000	-	1,000	560
	-----	-----	-----	-----
	10,438	106,411	116,849	181,613
	=====	=====	=====	=====

Charitable activities in 2024 related to £46,185 unrestricted funds and £135,428 restricted funds.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

	Unrestricted Funds 2025	Restricted Funds 2025	Total Funds 2025	Total Funds 2024
c. Investment income	£	£	£	£
Bank interest	583	-	583	2,262
	=====	=====	=====	=====

Investment Income in 2024 relate wholly to unrestricted funds.

d. Other income	£	£	£	£
Other income	497	-	497	757
	=====	=====	=====	=====

Other Income in 2024 relate wholly to unrestricted funds.

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2025 £	Total 2024 £
To advance the education of women by providing advice and assistance regarding the health medical childcare and other services	114,510	108,244	222,754	278,844
	=====	=====	=====	=====

a. Analysed as follows:

	2025 £	2024 £
<i>Direct charitable expenditure:</i>		
Staff salary costs	76,274	102,035
Pension	4,733	6,748
Temporary Staff costs	8,469	33,470
Running costs	11,193	8,429
Volunteer expenses	536	453
Therapist fees	12,261	6,950
Oils and resources	1,044	1,149
	-----	-----
	114,510	159,234
	-----	-----

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

	2025	2024
	£	£
<i>Support & governance costs:</i>		
Staff salary costs	49,185	56,568
Pension	2,970	3,809
Office costs	11,565	13,071
Marketing	45	25
Insurance	2,537	1,993
Travel expenses	889	991
Equipment hire	2,005	1,697
Venue hire	-	122
Legal costs	-	5,861
Health and safety	930	823
Sundry expenses	296	223
Security costs	405	405
Training costs	5,593	2,148
Refreshments and subsistence	535	692
Subscriptions and licences	449	506
Vouchers	1,600	1,559
Right of use Interest	4,600	4,390
Accountancy	1,328	1,365
Depreciation	23,312	23,362
	-----	-----
	108,244	119,610
	-----	-----
Total expenditure on charitable activities	222,754	278,844
	=====	=====

£119,700 (2024: £128,958) of the above expenditure relates to restricted funding.

	2025	2024
	£	£
b. Analysis of staff costs		
Salaries	120,183	150,841
Social security	5,276	7,762
Pension	7,703	10,557
	-----	-----
	133,162	169,160
	=====	=====

c. Particulars of employees:

The average number of employees during the year, analysed by activity, was:

	2025	2024
Management and administration	1	1
Charitable activities	3.8	4
	-----	-----
Total	4.8	5.0
	=====	=====

The Trustees, being also the Directors of the charitable company, are not remunerated for their services and are not included in the above number of employees.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

No employees received remuneration more than £60,000. No out-of-pocket expenses were reimbursed to trustees in the year (2024: £nil).

5. Tangible fixed assets

	Equipment	Fixtures & Fittings	Leasehold Improvements	Total
Cost	£	£	£	£
Balance at 1 st April 2024	6,429	2,336	2,295	11,060
Additions	-	-	-	-
	-----	-----	-----	-----
Balance at 31st March 2025	6,429	2,336	2,295	11,060
	-----	-----	-----	-----
Accumulated Depreciation				
Balance at 1 st April 2024	5,146	2,187	2,295	9,628
Charge for the year	503	22	-	525
	-----	-----	-----	-----
Balance at 31st March 2025	5,649	2,209	2,295	10,153
	-----	-----	-----	-----
Net Book Value at 31st March 2025	780	127	-	907
	=====	=====	=====	=====
Net Book Value at 31 st March 2024	1,283	149	-	1,432
	=====	=====	=====	=====

6. Right of use assets

	Lease	Total
Cost:	£	£
Balance at 1 st April 2024	136,731	136,731
Additions in the year	-	-
	-----	-----
Balance at 31st March 2025	136,731	136,731
	=====	=====
Depreciation:		
Balance at 1 st April 2024	113,942	113,942
Charge for the year	22,789	22,789
	-----	-----
Balance at 31st March 2025	136,731	136,731
	=====	=====
Net Book Value at 31st March 2025	-	-
	=====	=====
Net Book Value at 31 st March 2024	22,789	22,789
	=====	=====

The lease at 120 Bold Street, originally signed on 5 August 2004 for a 20-year term, came to an end in June 2025.

The charitable company relocated its premises from 120 Bold Street, Liverpool to 1 Tithebarn Street, Liverpool in June 2025.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

A new lease agreement for the premises at 1 Tithebarn Street was signed in June 2025 for a period of three years. The impact of this new lease will be reflected in the financial statements for the year ending 31st March 2026.

7. Stock

Stock comprises of oils sold in therapy room.

	2025	2024
	£	£
Stock	1,001	1,135
	=====	=====

8. Debtors

	2025	2024
	£	£
Prepayments and accrued income	1,916	6,346
Other debtors	-	250
	-----	-----
	1,916	6,596
	=====	=====

9. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	611	392
Other Creditors	331	22,100
Accruals	1,598	1,535
Tax and social security	2,400	2,677
Pension	682	1,013
Deferred Income (See note 10)	-	-
	-----	-----
	5,622	27,717
	=====	=====

10. Deferred Income

	2025	2024
	£	£
Balance at 1 st April 2024	-	20,000
Amount deferred	-	-
Amount released to incoming resources	(-)	(20,000)
	-----	-----
Balance at 31st March 2025	-	-
	=====	=====

Deferred income represents income for activities in future accounting years.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

11. Analysis of Net Assets between Funds

2025	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted Funds			
General Fund	127	(60,589)	(60,462)
Designated Funds			
Redundancy provision	-	10,370	10,370
Running costs provision	-	25,763	25,763
Lease commitments	-	270	270
Relocation fund	-	50,000	50,000
	----- 127	----- 25,814	----- 25,941
Restricted Funds			
LCVS Community Impact Fund	-	63	63
LCVS Community Innovation fund	118	-	118
Liverpool City Council- Our Liverpool	-	5,949	5,949
Liverpool City Council – Neighbourhood Directorate	-	4,305	4,305
Liverpool VSFSE Health and Wellbeing Fund	-	123	123
National Lottery Community Fund	-	28,196	28,196
National Lottery Community Fund Smallwood Trust	-	6,789	6,789
Skelton Charity	641	-	641
Sport England	-	1,798	1,798
Tesco Stronger Starts	-	321	321
Women's Organisation	21	-	21
	----- 780	----- 47,544	----- 48,324
Totals	----- 907 =====	----- 73,358 =====	----- 74,265 =====

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

2024	Right of Use Assets	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£	£
Unrestricted Funds				
General Fund	22,789	150	(122,202)	(99,263)
Designated Funds				
Redundancy provision	-	-	23,554	23,554
Running costs provision	-	-	74,943	74,943
Lease commitments	-	-	1,350	1,350
Relocation fund	-	-	50,000	50,000
Continuation of Projects (drop in, outreach)	-	-	1,901	1,901
	----- 22,789	----- 150	----- 29,546	----- 52,485
Restricted Funds				
John Moores Foundation	-	-	3,665	3,665
LCVS Community Innovation fund	-	197	-	197
Liverpool City Council – Neighbourhood Directorate	-	-	44,696	44,696
Liverpool VSFSE Health and Wellbeing Fund	-	-	4,210	4,210
Skelton Charity	-	937	-	937
Sport England	-	-	4,139	4,139
Women's Organisation	-	148	-	148
	----- -	----- 1,282	----- 56,710	----- 57,992
Totals	----- 22,789 =====	----- 1,432 =====	----- 86,256 =====	----- 110,477 =====

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

12. Unrestricted Funds

2025	Reserves at Beginning of Year £	Movements in the Year		Transfer between Funds £	Reserves at End of Year £
		Income £	Expenditure £		
General Fund	(99,263)	76,510	(103,054)	65,345	(60,462)
Designated Funds:					
Redundancy provision	23,554	-	-	(13,184)	10,370
Running costs provision	74,943	-	-	(49,180)	25,763
Lease commitments	1,350	-	-	(1,080)	270
Relocation fund	50,000	-	-	-	50,000
Continuation of projects (drop in, outreach)	1,901	-	-	(1,901)	-
	151,748	-	-	(65,345)	86,403
	52,485	76,510	(103,054)	-	25,941

2024	Reserves at Beginning of Year £	Movements in the Year		Transfer between Funds £	Reserves at End of Year £
		Income £	Expenditure £		
General Fund	18,028	73,865	(149,886)	(41,270)	(99,263)
Designated Funds:					
Redundancy provision	19,603	-	(-)	3,951	23,554
Running costs provision	34,624	-	(-)	40,319	74,943
Lease commitments	2,850	-	(-)	(1,500)	1,350
Relocation fund	50,000	-	(-)	-	50,000
Continuation of projects (drop in, outreach)	3,401	-	(-)	(1,500)	1,901
	110,478	-	(-)	41,270	151,748
	128,506	73,865	(149,886)	-	52,485

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Annual Report.

Redundancy provision exists to cover redundancy payments, in the event of reduced grant funding.

Running costs provision represents funds required for six months' running costs.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Lease commitments to cover lease commitments for 120 Bold Street and a photocopier.

Relocation fund exists to cover potential property improvements and related expenditure in the event of relocation of premises following cessation of the current lease.

Continuation of Projects represents funds required to complete existing projects (drop in and outreach).

Transfer between funds consist of transfers to reflect the Trustees' review of Designated Funds.

13. Restricted Funds

2025	Reserves at Beginning of Year	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
Big Give	-	2,500	(2,500)	-
John Moores Foundation	3,665	-	(3,665)	-
LCVS Community Impact Fund	-	1,444	(1,381)	63
LCVS Community Innovation fund	197	-	(79)	118
Liverpool City Council – Neighbourhood Directorate	44,696	-	(40,391)	4,305
Liverpool City Council- Our Liverpool	-	10,292	(4,343)	5,949
Liverpool City Council- Winter Fuel Grant	-	500	(500)	-
Liverpool VSFSE Health and Wellbeing Fund	4,210	25,508	(29,595)	123
Match Funding for Big Give campaign donation	-	3,621	(3,621)	-
National Lottery Community Fund	-	41,148	(12,952)	28,196
National Lottery Community Fund Smallwood Trust	-	7,841	(1,052)	6,789
NHS Cheshire & Merseyside- Community Grant	-	2,353	(2,353)	-
Skelton Charity	937	-	(296)	641
Sport England	4,139	7,760	(10,101)	1,798
Steve Morgan Foundation	-	6,565	(6,565)	-
Tesco Stronger Starts	-	500	(179)	321
Women's Organisation	148	-	(127)	21
	57,992	110,032	(119,700)	48,324

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

2024	Reserves at Beginning of Year	Movements in the Year		Reserves at End of Year
		Income	Expenditure	
	£	£	£	£
Big Give	2,275	5,000	(7,275)	-
Central Liverpool Primary Care Network	-	995	(995)	-
Cheshire & Merseyside Cancer Alliance	-	20,000	(20,000)	-
Citizens Advice - Advice on Prescription	-	2,000	(2,000)	-
Garfield Western Foundation	30,000	-	(30,000)	-
John Moores Foundation	6,786	9,000	(12,121)	3,665
LCVS Community Impact Fund	2,376	4,441	(6,817)	-
LCVS Community Innovation fund	276	-	(79)	197
Liverpool City Council Community Resources Grant	20	13,600	(13,620)	-
Liverpool City Council – Neighbourhood Directorate	-	47,770	(3,074)	44,696
Liverpool VSFSE Health and Wellbeing Fund	-	14,640	(10,430)	4,210
National Lottery Awards for All	-	9,782	(9,782)	-
NHS Cheshire & Merseyside	9,419	-	(9,419)	-
Skelton Charity	-	1,200	(263)	937
Sport England	-	7,000	(2,861)	4,139
Women's Organisation	370	-	(222)	148
	51,522	135,428	(128,958)	57,992

These are monies granted to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes, as follows:

Big Give – Provide mental health and wellbeing support to women and digital capacity building across Merseyside plus 'Hope Project'.

Central Liverpool Primary Care Network – Contribution towards IWD events

Cheshire & Merseyside Cancer Alliance – Contribution towards Cancer sessions and workshops

Citizens Advice - Advice on Prescription

Garfield Weston Foundation – Contribution towards core costs.

John Moores Foundation – Contribution for project worker for Saturday Club.

LCVS Community Impact Fund – Contribution towards Mental Health Crises intervention Hub and 'Women's outreach

LCVS Community Innovation – Contribution to help women with fitness and social isolation.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Liverpool City Council Community Resources Grant – Contribution towards the costs of providing a community outreach events and sessions.

Liverpool City Council – Neighbourhood Directorate - Contribution towards refuge services.

Liverpool City Council – Our Liverpool- Contribution towards Saturday club sessional work for refugees, people seeking asylum & vulnerable people

Liverpool City Council- Winter Fuel Grant- Contribution towards gas and electricity costs.

Liverpool VSFSE Health and Wellbeing Fund - Contribution towards mental health support.

Match Funding for Big Give Campaign Donation- donations received for the big give campaign match funding

National Lottery Awards for all – Contribution towards mental health support and wellbeing worker.

National Lottery Community Fund – Contribution towards computers and server and mental health support.

National Lottery Community Fund Smallwood Trust - Contribution towards emergency support, financial support & listening ear support for Women.

NHS Cheshire & Merseyside Community Grant- Deliver Women's Health Training Course, a certificated course with Open Awards for 18 months

Skelton Charity - Contribution towards IT equipment for referrals

Sport England - Contribution towards move exercise activities

Steve Morgan Foundation- contribution towards salary costs

Tesco Stronger Starts – Contribution towards general services to reach 30 women

Women's Organisation – Contribution towards women back to employment.

14. Commitments Under Leases

Financial commitments under non-cancellable operating leases relating to a photocopier lease, this will result in the following payments falling due at 31st March 2025.

	2025	2024
Photocopier	£	£
Operating leases which expire:		
Due within one year	270	1,350
	-----	-----
	270	1,350
	=====	=====

15. Related Party Transactions

There was no related party transactions during the year or 31st March 2024.

16. Contingent Liabilities

The charitable company did not have any contingent liabilities as of 31st March 2025 or 31st March 2024.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

17. Guarantees

The charitable company is limited by guarantee. In the event of winding-up each member will contribute, if necessary, the sum of £1

	2025	2024
Number of members	10	12
Total guarantees	£10	£12
	=====	=====