

**WOMEN'S HEALTH INFORMATION
SUPPORT CENTRE LIMITED**

**TRUSTEES' REPORT & FINANCIAL
STATEMENTS
FOR YEAR ENDED
31ST MARCH 2022**

**Company Registration No. 02035623
Charity Registration No. 519687**

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

The Trustees are pleased to present their annual report for the year ended 31st March 2022. The financial statements comply with the Charities Act 2011, Companies Act 2006, Accounting and Reporting by Charities; Statement of Recommended Practice (SORP 2015) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

Women's Health Information Support Centre Limited (WHISC) is a voluntary organisation aiming to promote health and training opportunities to women from disadvantaged communities.

This is achieved by working in partnership with other local organisations and agencies to empower women to make informed choices about their own health issues via the following services:

- A city centre drop-in offering a listening ear service, a comprehensive information system and signposting for other agencies.
- A telephone service, offering listening ear and information.
- Volunteering opportunities.
- Self-help support groups.
- A community outreach project, offering opportunities for listening ear, information giving and delivering courses and sessions in communities throughout Liverpool.
- Complementary therapies at affordable prices.
- Health and wellbeing classes.
- A Saturday Club for integration of refugees and marginalized women in the community.

Major assets to the organisation are the 34 registered volunteers and placement students who delivered 2,529 volunteering hours over this twelve-month period. Without such an asset WHISC would be unable to deliver the high standards of service currently enjoyed.

Public Benefit

In considering the objectives and activities, the Trustees have considered Charity Commission guidance on Public Benefit to ensure that the charitable company is meeting its Public Benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

WHISC introduced a new recording system called "IMS" in June 2021. This system allows us to extract data more specific for funders to see what valuable work we do. IMS records the number of registered users accessing WHISC services, so to produce accurate figures we need to make sure that we encourage all users to register with us and so they can be included in these figures. The number of people allowed into the centre was limited for the majority of this period, which also affected drop-in numbers. We are currently considering how best to capture the impact of our work through the reporting that we do.

- 141 uses of the drop-in facility, a decrease of 107 on 2020-2021.
- 738 Listening Ear sessions were held, a decrease of 2,018 on 2019-20. During the lockdown, all operational staff plus 5 volunteers were delivering one-to-one telephone support daily from home, so numbers were inflated for last year.
- 1,640 telephone/email/text enquiries were dealt with.
- 7,734 community, outreach and social media clients were reached through 128 community and outreach events.
- 2,290 attendances for WHISC sessions were recorded, a 600% increase on 2020-21 and almost at 2019-2020 attendances of 2,879. Our decision to have more group, mental health work to help with women on waiting lists, has increased this number and reduced the number of one-to-one sessions this year.
- 248 complementary therapy sessions delivered, compared to 19 in 2020-21.

This brings the total service accesses to 12,811 and although just over half the number during the height of the pandemic, our work this year is more effective for our clients, the face-to-face contact we can again deliver, is much more impactful for the women accessing us.

Post Covid Impact

Although the worst of the Covid-19 pandemic appears to be over, the effects are still being keenly felt on the health of service users. WHISC pivoted to providing telephone and online support to vulnerable clients during lockdowns. With the relaxations of restrictions, women have been able to return to the centre for drop-ins and activities at the centre and throughout the city and this has helped tackle social isolation amongst service users. Here are some quotes from service users:-

Client - 'It is remarkable. I've realised that I've been better since I started coming here. It is so powerful. I have come up from the bottom. I have started to get some order in my life.'

GP – 'we love WHISC in every way, we are always referring women to WHISC because we know you turn lives around. One of my patients in particular has improved beyond measure.'

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

Client - 'Thank you so much, I don't know what I would have done without you. That day I came in, I was really at the bottom. You listened and you didn't judge, and that was what I needed. When I left WHISC I went home and for the first time and slept for four hours without any drugs. '

WHISC has again begun to generate much needed income through massages and oil sales; 268 complementary therapy sessions in 2020-21, an increase of 1,310%! Despite the rising cost of living, individual giving was higher than expected at over £5,000. Maray Restaurants raised £6,100 during December and January and Brabners law firm organised a fundraiser for us that raised £4,190. We also had an emergency roof repairs crowd fundraiser that raised over £5,500. The Board is deeply grateful for the generosity shown by individuals and local businesses during a very financially challenging year.

The City of Liverpool very generously provided a £12,000 business restart grant and £3,100 for infection control measures to get us up and running safely again.

WHISC's dedicated and hard-working team continue to work tirelessly to provide support to women in need in Liverpool City Region in an increasingly competitive funding environment. The Board recognises this, and we extend our heart-felt thanks to the staff for their service and dedication.

FINANCIAL REVIEW

Income in the year was £239,141 (2021 £221,730) of which £186,923 (2021 £169,928) was restricted funds. Expenditure in the year was £ 235,678 (2021 £207,847) leaving a surplus for the year of £3,463 (2021 £13,883). At 31st March 2022 the charitable company's reserves stood at £205,659 (2021 £202,196) of which £40,145 (2021 £43,283) represented restricted funds

Through the financial year The Big Lottery Fund grant and PH Holt Foundation fund our Mental Health Hub, which provides early intervention, mental health support and crisis management tools for vulnerable women. This includes those women who are amongst the most vulnerable and for whom English is their second language.

Liverpool City Council continue to fund WHISC specifically for our outreach service in the community. This allows us to offer education and training opportunities, volunteering opportunities, a drop-in information and listening ear service and weekly health and wellbeing sessions to vulnerable women in Liverpool.

The PH Holt Foundation's Resilience Fund has helped fund a mental health worker post, as well as an air purifier and part funding the much-needed roof repairs.

Grants from Awards 4 All, Arnold Clark and the LCVS CIF fund have also funded mental health support.

A grant from CCG Diabetes Programme allowed diabetes support sessions to run, whilst a grant from LCVS enabled the running of peri and post-natal support.

Grants from LCVS Innovation in the Community fund and MSP Sport England allowed us to help women with fitness and social isolation in the form a grant for our allotment and for exercise classes and post-covid issues respectively.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

The European Social Fund Workers Education Association continued to fund our DO IT course until February 2022, helping to improve the learning, development and employment chances of women who face barriers to achieving by increasing knowledge and skills, improving confidence. This has been especially important post-Covid.

The European Social Fund Women's Organisation funds our Directions Project which helps assist women who are more job-ready than the participants on the DO IT course, to get back into employment.

LMU have provided funding for the project worker for Saturday Club and LCVS continue to fund activities for Saturday Club asylum seekers.

CIF Ann and Ray Messer Crisis fund meant that WHISC could provide food vouchers for women in crisis and The Big Give funding allowed us to explore capacity building.

LCRCA Race equalities fund enabled WHISC to carry out consultations into equality & diversity within the Liverpool area and feed back to LCRCA the outcomes.

With the support of both its staff and volunteers, WHISC continue to strive to keep expenditure to a minimum whilst supporting as many women as we can. We continue to look at ways of diversifying to help improve our financial situation and have begun to make changes to our staffing structure to support this.

The board would like to thank all our donors for their generosity; their donations help change lives.

Risk Policy

The Trustees have conducted their own review of the major risks to the organisation and systems have been established to mitigate those risks. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charitable company.

Reserves Policy

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision, lease commitments, returning the office back to original condition and six months' running costs and to continue current projects should no further funding be received.

From the unrestricted funds £165,514, the charitable company requires £18,179 for redundancy provision, £3,660 lease commitments, £22,000 to return the building back to original condition and £22,809 for 6 months continuance of WHISC services. and £65,245 to continue drop-in facility and outreach service.

PLANS FOR FUTURE

In February 2021, the Board began a piece of work to examine our mission and values and ensure they were still fit for purpose and reflect the needs of our service users and the women of Liverpool City Region. We held several meetings over the course of the year and our new mission and values will be published this year. The Board's work on diversity within the

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

organisation continues. Our next recruitment round will utilise the learning from that work, allowing us to be truly reflective of our service users.

Our priority as a charitable company continues to be to protect our staff, volunteers and service users as much as possible, especially given the hardship and mental health issues that will result from the current cost of living crisis.

We will continue our valued mental health services, diversifying as the situation progresses. I am sure WHISC will come out of the other end of this difficult process stronger than ever. We continue to look at different ways to fundraise to help invest in our mental health work and have plans to expand our partnership fundraising ideas with local organisations and businesses.

WHISC continues to be committed to the development of different services to help address the inequality gap faced by women in and around Liverpool. We will offer holistic support to women from different cultural backgrounds in some of the most deprived areas of Liverpool. We are particularly pleased that Saturday Club for refugees is running again, and that outreach sessions in Vauxhall, part of Kirkdale ward and in the top 10% for deprivation in the country. We will continue to look at different avenues of funding over the coming 12 months and will be pro-active and promote WHISC services through a range of appropriate and cost-effective activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Women's Health Information Support Centre Limited is a company limited by guarantee (registration number 02035623), governed by its Memorandum and Articles of Association dated 9th July 1986.

Also registered as a charity with the Charity Commission (charity number 519687) on 30th March 1988.

Legal Status

The charitable company's Trustees are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, two members of the Committee must stand down with the option of standing for re-election at the Annual General Meeting.

The members to retire must be the longest in office since their last election or appointment. All members are circulated with invitations to nominate Trustees prior to the AGM advising them of the retiring Trustees and requesting nominations for the AGM. When considering co-opting Trustees, the Committee has regard to the requirements of any specialist skills needed.

Administration Details

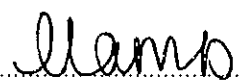
The day-to-day management of the charitable company is delegated by the Trustees to the Manager.

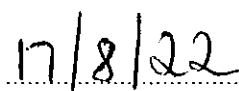
**WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022**

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Women's Health Information Support Centre Limited
Company Number	02035623
Charity Number	519687
Registered Office	120 Bold Street, Liverpool, L1 4JA
Board of Trustees	The Board of Trustees are also its Directors. The charitable company is governed by a Board of Trustees; members of the Board of Trustees during the year are listed below:
Chair	A Hulme
Treasurer	C Dean
Other Trustees	M Andrews D Armstrong L Curtis (Resigned February 2021) R Dalton S Harris L Lamb O Lipton M Mahoney (Resigned 5 th November 2021) A Thompson J Whitfield (Resigned 20 th July 2021)
Company Secretary	D Armstrong
Independent Examiner	Paula Sanchez ACCA LCVS 151 Dale Street, Liverpool, L2 2AH
Bankers	Santander Business Banking Centre PO Box 126, Newport, Gwent, NP9 4UP Unity Trust Bank plc Nine Brindley Place, Birmingham, B1 2HB

Approved on behalf of the Board,


.....
L Lamb
Trustee


.....
Date

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED

STATEMENT OF TRUSTEES' RESPONSIBILITIES

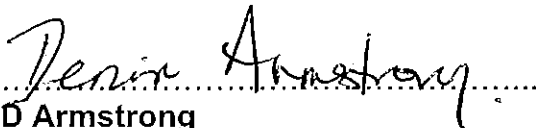
Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Charities Act 2011, Companies Act 2006, Accounting and Reporting by Charities; Statement of Recommended Practice (SORP 2015) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (as amended for accounting periods commencing from 1st January 2019)..

Signed on behalf of the Board of Trustees



D Armstrong
Company Secretary

120 Bold Street,
Liverpool,
L1 4JA

Date:.....17/8/22.....

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS TO THE TRUSTEES OF WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED

I report on the accounts of the charitable company for the year ended 31st March 2022, which are set out on pages 9 to 28.

Respective responsibilities of trustees and examiner

The Trustees (who are also the Directors of the charitable company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

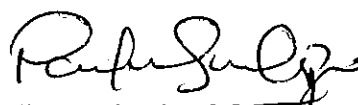
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charitable company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Paula Sanchez**



Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated: **23rd August 2022**

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
STATEMENT OF FINANCIAL ACTIVITIES (Including Income & Expenditure Account)
FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Totals 2022 £	Restated Totals 2021 £
Income and endowments from:					
Donations and legacies	3a	17,084	-	17,084	14,648
Charitable activities	3b	28,321	186,923	215,244	206,552
Investments	3c	5	-	5	75
Other income	3d	6,808	-	6,808	455
Total income		52,218	186,923	239,141	221,730
Expenditure on:					
Charitable activities	4	45,617	190,061	235,678	207,847
Total expenditure		45,617	190,061	235,678	207,847
Net Income/(expenditure), net movement in the year		6,601	(3,138)	3,463	13,883
Total funds brought forward	12,13	158,913	43,283	202,196	188,313
Total funds carried forward	11-13	165,514	40,145	205,659	202,196

The notes on pages 11 to 28 form part of these accounts. All the above amounts relate to continuing activities of the charitable company.

This Statement includes all gains and losses recognisable in the year.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
BALANCE SHEET AS AT 31ST MARCH 2022

COMPANY NO. 02035623

	Notes	31 st March 2022		Restated 31 st March 2021	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		1,372		1,675
Right of use assets	6		68,365		91,153
			-----		-----
			69,737		92,828
Current assets					
Stock	7		1,703		1,511
Debtors	8		15,211		18,474
Cash at bank and in hand			190,818		183,627
			-----		-----
			207,732		203,612
Current liabilities					
Creditors: amounts falling due within one year	9		(27,401)		(27,313)
			-----		-----
Net current assets			180,331		176,299
			-----		-----
Total assets less current liabilities			250,068		269,127
			-----		-----
Creditors: amounts falling due after more than one year	10		(44,409)		(66,931)
			-----		-----
Net assets			205,659		202,196
			=====		=====
Funds:					
Unrestricted funds	11,12		165,514		158,913
Restricted funds	11,13		40,145		43,283
			-----		-----
			205,659		202,196
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

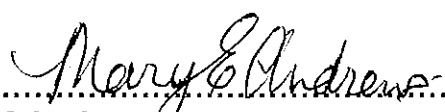
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the charitable company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

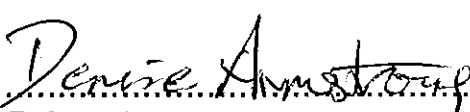
No members have required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees, who are the Directors of the charitable company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on:17/8/22.....



M Andrews
 Director



D Armstrong
 Director

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

1. Limited Liability

The charitable company is a company limited by guarantee. Each member's liability is limited to £1.

2. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2015) (effective 1st January 2015), Charities Act 2011 and the Companies Act 2006.

The accounts are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The charitable company has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Although Covid-19 the financial effect has been great, we will continue to be pro-active and promote WHISC services through a range of appropriate and cost-effective activities. Therefore, the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charitable company's free reserves available for the Trustees to apply in accordance with the charitable company's charitable objectives.

Designated funds are funds set aside by the Trustees out of unrestricted funds for specific future purposes.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charitable company has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accruals basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Income from investment relates to bank interest received and is recognised when the amount is certain.

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relate to the operation of the charitable company comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure of £300 (previous years £1,000) and above is stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Equipment	25% per annum on straight line basis
Fixtures and Fittings	15% per annum on a reducing balance basis
Leasehold Improvements	Over the term of the lease
Right of use assets	Over the term of the lease

Stock

Stock held is oils to sell in the therapy rooms and is accounted for at the lower of cost or net realisable value.

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charitable company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charitable company's balance sheet when the charitable company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charitable company's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and is not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
a. Donations and legacies:				
Donations	17,084	-	17,084	14,648
	=====	=====	=====	=====

Donations and legacies in 2021 relate wholly to unrestricted funds.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
b. Charitable activities:				
Arnold Clark	-	1,000	1,000	-
Awards for all	-	9,819	9,819	
Big Lottery Fund Grant	-	55,069	55,069	65,070
Big Help	-	-	-	10,000
CIF Mental Health Saturday club	-	4,000	4,000	-
CAF	-	-	-	9,702
Contract Income	10,400	-	10,400	-
European Social Fund Workers Education Association	-	21,547	21,547	12,863
LCRCA Equality scheme	-	3,632	3,632	-
H B Bicket				250
LCC business support grant	12,000	-	12,000	-
LCR Cares	-	-	-	14,961
LCVS Community Impact Fund		2,000	2,000	2,000
LCVS Covid Fund	-	7,461	7,461	-
LCVS Community Innovation fund	-	6,889	6,889	-
LCVS- Emergency funding	-	2,000	2,000	-
Liverpool City Council		13,600	13,600	38,600
Liverpool City Region SDS	-	-	-	2,553
Liverpool John Moores	-	9,000	9,000	-
Improving maternal mental health VCSE	-	4,000	4,000	-
MSP	-	4,472	4,472	
Steve Morgan Foundation	-	-	-	10,000
Smallwood Trust	-	-	-	11,808
Oil income	1,378	-	1,378	445
P H Holt Foundation		22,323	22,323	12,000
Room hire	680	-	680	-
Therapy room income	3,863	-	3,863	1,179
The Big Give	-	2,500	2,500	-
Women's Organisation	-	17,611	17,611	15,121
	----- 28,321 =====	----- 186,923 =====	----- 215,244 =====	----- 206,552 =====

Charitable activities in 2021 related to £36,624 unrestricted funds and £169,928 restricted funds.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
c. Investment income				
Bank interest	5	-	5	75
	=====	=====	=====	=====

Investment Income in 2021 relate wholly to unrestricted funds.

d. Other income	£	£	£	£
Other income	6,808	-	6,808	455
	=====	=====	=====	=====

Other Income in 2021 relate wholly to unrestricted funds.

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2022 £	Restated Total 2021 £
To advance the education of women by providing advice and assistance regarding the health medical childcare and other services	74,931	160,747	235,678	207,847
	=====	=====	=====	=====

a. Analysed as follows:

	2022 £	Restated 2021 £
<i>Direct charitable expenditure:</i>		
Staff salary costs	49,585	75,532
Pension	2,599	4,169
Temporary Staff costs	2,275	1,530
Running costs	12,520	4,341
Volunteer expenses	611	78
Therapist fees	5,766	3,159
Oils and resources	1,575	250
	-----	-----
	74,931	89,059
	-----	-----

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

	2022	2021
	£	£
<i>Support & governance costs:</i>		
Staff salary costs	92,087	61,798
Pension	4,826	3,410
Office costs	11,912	8,603
Publicity and advertising	500	125
Insurance	2,296	1,920
Equipment	-	5,743
Equipment hire	2,446	1,339
Health and safety	1,735	1,257
Sundry expenses	605	4,518
Consultancy & Professional Fees	7,050	-
Security costs	540	540
Training costs	3,522	1,137
Refreshments and subsistence	438	25
Subscriptions and licences	531	548
Vouchers	3,634	-
Right of use Interest	3,965	2,942
Accountancy	1,060	700
Depreciation	23,600	24,183
	-----	-----
	160,747	118,788
	-----	-----
Total expenditure on charitable activities	235,678	207,847
	=====	=====

£190,061 (2020: £192,398) of the above expenditure relates to restricted funding.

	2022	2021
	£	£
b. Analysis of staff costs		
Salaries	136,884	132,326
Social security	4,788	5,004
Pension	7,425	7,579
	-----	-----
	149,097	144,909
	=====	=====

c. Particulars of employees:

The average number of employees during the year, analysed by activity, was:

	2022	2021
Management and administration	3.8	1.7
Charitable activities	2.0	3.5
	----	----
Total	5.8	5.2
	==	==

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

The Trustees, being also the Directors of the charitable company, are not remunerated for their services and are not included in the above number of employees.

No employees received remuneration in excess of £60,000. No out of pocket expenses were reimbursed to trustees in the year (2021: £nil).

5. Tangible fixed assets

	Equipment	Fixtures & Fittings	Leasehold Improvements	Total
Cost	£	£	£	£
Balance at 1 st April 2021	10,661	2,336	2,295	15,292
Additions during the year	508	-	-	508
Disposals during the year	-	-	-	-
	-----	-----	-----	-----
Balance at 31st March 2022	11,169	2,336	2,295	15,800
	-----	-----	-----	-----
Accumulated Depreciation				
Balance at 1 st April 2021	10,376	2,093	1,148	13,617
Charge for the year	201	36	574	811
Disposals during the year	-	-	-	-
	-----	-----	-----	-----
Balance at 31st March 2022	10,577	2,129	1,722	14,428
	-----	-----	-----	-----
Net Book Value at 31st March 2022	592	207	573	1,372
	=====	=====	=====	=====
Net Book Value at 31 st March 2021	285	243	1,147	1,675
	=====	=====	=====	=====

There were no material commitments at the year-end.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

6. Right of use assets

	Lease	Total
	£	£
Cost:		
Balance at 1st April 2021 (restated)	136,731	136,731
Additions in the year	-	
	-----	-----
Balance at 31st March 2022	136,731	136,731
	=====	=====
Depreciation:		
Balance at 1st April 2021 (restated)	45,578	45,578
Charge for the year	22,788	22,788
	-----	-----
Balance at 31st March 2022	68,366	68,366
	=====	=====
Net Book Value at 31st March 2022	68,365	68,365
	=====	=====
Net Book Value at 31 st March 2021 (restated)	91,153	91,153
	=====	=====

Charitable company signed a lease for 120 Bold Street, Liverpool for 20 years on 5th August 2004

7. Stock

Stock comprises of oils sold in therapy room.

	2022	2021
	£	£
Stock	1,703	1,511
	=====	=====

8. Debtors

	2022	2021
	£	£
Trade debtors	8,536	11,655
Prepayments and accrued income	6,675	6,819
	-----	-----
	15,211	18,474
	=====	=====

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

9. Creditors: amounts falling due within one year

	2022	Restated 2021
	£	£
Trade creditors	3,819	3,878
Other Creditors	22,522	22,735
Accruals	1,060	700
	-----	-----
	27,401	27,313
	=====	=====

10. Creditors: amounts falling due after more than one year

	2022	Restated 2021
	£	£
Other Creditors	44,409	66,931
	=====	=====

Other creditors comprise lease commitments on 120 Bold Street, Liverpool started 6th August 2004 for 20 years adjusted as per IFRS 16 with discount rate of 0.95% (2021: 0.95%)

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

11. Analysis of Net Assets between Funds
2022

	Right of Use Assets	Tangible Fixed Assets	Net Current Assets	Creditors More than One year	Total
	£	£	£	£	£
Unrestricted Funds					
General Fund	68,365	206	10,879	(44,409)	35,041
Designated Funds					
Redundancy provision	-	-	18,179	-	18,179
Running costs provision	-	-	22,809	-	22,809
Lease commitments	-	-	3,660	-	3,660
Relocation fund	-	-	22,000	-	22,000
Continuation of Projects (drop in, outreach)	-	-	63,825	-	63,825
	68,365	206	141,352	(44,409)	165,514
Restricted Funds					
Arnold Clark	-	-	328	-	328
Awards for all	-	-	992	-	992
Big Lottery Fund Grant	-	-	5,699	-	5,699
CIF Ann & Ray Messer Foundation	-	-	2,000	-	2,000
CIF Mental Health Saturday club	-	-	1,378	-	1,378
Edward Gostling Foundation	-	574	-	-	574
LCRCA Equality scheme	-	-	1,736	-	1,736
LCVS Covid Fund	-	-	7,461	-	7,461
LCVS Community Innovation fund	-	-	6,845	-	6,845
Liverpool John Moores Foundation	-	-	7,606	-	7,606
Improving maternal mental health VCSE	-	-	1,153	-	1,153
MSP	-	-	240	-	240
P H Holt Foundation	-	-	1,161	-	1,161
The Big Give	-	-	2,380	-	2,380
Women's Organisation	-	592	-	-	592
	-	1,166	38,979	-	40,145
Totals	68,365	1,372	180,331	(44,409)	205,659

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Restated 2021

	Right of Use Assets	Tangible Fixed Assets	Net Current Assets	Creditors More than one year	Total
	£	£	£	£	£
Unrestricted Funds					
General Fund	91,153	243	21,743	(66,931)	46,208
Designated Funds					
Redundancy provision	-	-	16,246	-	16,246
Running costs provision	-	-	7,781	-	7,781
Lease commitments	-	-	1,433	-	1,433
Relocation fund	-	-	22,000	-	22,000
Continuation of Projects (drop in, outreach)	-	-	65,245	-	65,245
	91,153	243	134,448	(66,931)	158,913
Restricted Funds					
23 Foundation	-	-	1,708	-	1,708
Big Lottery Fund Grant	-	-	31,316	-	31,316
CIF Ann & Ray Messer Foundation	-	-	2,000	-	2,000
Edward Gostling Foundation	-	1,148	-	-	1,148
European Social Fund Workers Education Association	-	-	103	-	103
Hemby Trust	-	-	818	-	818
P H Holt Foundation	-	-	5,810	-	5,810
Women's Organisation	-	284	96	-	380
	-	1,432	41,854	-	43,283
Totals	91,153	1,675	176,299	(66,931)	202,196

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

12.Unrestricted Funds
2022

	Funds at Beginning of Year (Restated)	Movements in the Year		Transfer between Funds	Funds at End of Year
		Income	Expenditure		
	£	£	£	£	£
General Fund	46,208	52,218	(45,617)	(17,768)	35,041
Designated Funds :					
Redundancy provision	16,246	-	(-)	1,933	18,179
Running costs provision	7,781	-	(-)	15,028	22,809
Lease commitments	1,433	-	(-)	2,227	3,660
Relocation fund	22,000	-	(-)	-	22,000
Continuation of projects (drop in, outreach)	65,245	-	(-)	(1,420)	63,825
	112,705	-	(-)	17,768	130,473
	158,913	52,218	(45,617)	-	165,514

2021 Restated

	Funds at Beginning of Year (Restated)	Movements in the Year		Transfer between Funds	Funds at End of Year
		Income	Expenditure		
	£	£	£	£	£
General Fund	15,033	51,802	(15,450)	(5,177)	46,208
Designated Funds :					
Redundancy provision	15,459	-	(-)	787	16,246
Running costs provision	18,345	-	(-)	(10,564)	7,781
Lease commitments	2,388	-	(-)	(955)	1,433
Relocation fund	22,000	-	(-)	-	22,000
Continuation of projects (drop in, outreach)	49,335	-	(-)	15,909	65,245
	107,527	-	(-)	5,177	112,705
	122,560	51,802	(15,450)	-	158,913

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Annual Report.

Redundancy provision exists to cover redundancy payments, in the event of reduced grant funding.

Running costs provision represents funds required for six months' running costs.

Lease commitments to cover lease commitments for 120 Bold Street and a photocopier.

Relocation fund exists to cover potential property improvements and related expenditure in the event of relocation of premises following cessation of the current lease.

Continuation of Projects represents funds required to complete existing projects (drop in and outreach).

Transfer between funds consist of transfers to reflect the Trustees' review of Designated Funds.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

13.Restricted Funds
2022

	Funds at Beginning of Year Restated £	Movements in the Year		Funds at End of Year £
		Income £	Expenditure £	
23 Foundation	1,708		(1,708)	-
Arnold Clark	-	1,000	(672)	328
Awards for all	-	9,819	(8,827)	992
Big Lottery Fund Grant	31,316	55,069	(80,686)	5,699
CIF Ann & Ray Messer Foundation	2,000	2,000	(2,000)	2,000
CIF Mental Health Saturday Club	-	4,000	(2,622)	1,378
Edward Gostling Foundation	1,148	-	(574)	574
European Social Fund Workers Education Association	103	21,547	(21,650)	-
Hemby Trust	818	-	(818)	-
LCRCA Equality scheme	-	3,632	(1,896)	1,736
LCVS Covid Fund	-	7,461	-	7,461
LCVS Community Innovation fund	-	6,889	(44)	6,845
LCVS- Emergency Funding	-	2,000	(2,000)	-
Liverpool City Council	-	13,600	(13,600)	-
Liverpool John Moores Foundation	-	9,000	(1,394)	7,606
Improving maternal mental health VCSE	-	4,000	(2,847)	1,153
MSP	-	4,472	(4,232)	240
P H Holt Foundation	5,810	22,323	(26,972)	1,161
The Big Give	-	2,500	(120)	2,380
Women's Organisation	380	17,611	(17,399)	592
	43,283	186,923	(190,061)	40,145

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

2021 Restated

	Funds at Beginning of Year	Movements in the Year		Funds at End of Year
		Income	Expenditure	
		£	£	
23 Foundation	2,500	-	(792)	1,708
Big Lottery Fund Grant	14,040	65,070	(47,794)	31,316
Brook Trust	15,000	-	(15,000)	-
Bupa UK Foundation	16,445	-	(16,445)	-
CAF	-	9,702	(9,702)	-
CIF Ann & Ray Messer Foundation	2,000	2,000	(2,000)	2,000
Edward Gostling Foundation	1,721	-	(573)	1,148
European Social Fund Workers Education Association	2,063	12,863	(14,823)	103
Garfield Weston Foundation	10,000	-	(10,000)	-
H B Bicket	-	250	(250)	-
Hemby Trust	818	-	-	818
LCR Cares	-	14,961	(14,961)	-
Liverpool City Council	-	13,600	(13,600)	-
Liverpool City Region SDS	-	2,553	(2,553)	-
P H Holt Foundation	-	12,000	(6,190)	5,810
Smallwood Trust	-	11,808	(11,808)	-
Steve Morgan Foundation	-	10,000	(10,000)	-
Women's Organisation	1,166	15,121	(15,907)	380
	65,753	169,928	(192,398)	43,283
	=====	=====	=====	=====

These are monies granted to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes, as follows:

23 Foundation – Contribution towards Saturday club.

Arnold Clark – Contribution towards mental health support.

Awards for all – Contribution towards mental health support.

Big Lottery Fund Grant – Contribution towards computers and server and mental health support.

Brook Trust – Contribution toward 'Wraparound Mental Well Being' project.

Bupa UK Foundation – Contribution towards 'Finding our Strengths' project.

CAF – Contribution towards equipment and continuing our services during covid lockdown.

CIF Ann & Ray Messer Foundation – Contribution towards food vouchers for women in crisis.

CIF Mental Health Saturday club – Contribution towards mental health support

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Edward Gostling Foundation – Contribution towards acquisition of stair lift.

European Social Fund Workers Education Association – Contribution towards the costs of the 'DO IT Project'.

Garfield Weston Foundation – Contribution towards core costs.

H B Bicket – Contribution towards drop-in sessions

Hemby Trust – Contribution towards Saturday club.

LCRCA Equality scheme – Contributions to carry out consultations into equality & diversity within the Liverpool area.

LCR Cares – contribution towards crisis intervention services, re-opening the centre for courses & provide support to vulnerable members of the group via the phone.

LCVS Community Impact Fund – Contribution towards Mental Health Crises intervention Hub and 'Women's outreach' project.

LCVS Covid Fund – Contribute towards the core activities of the charity.

LCVS Community Innovation – Contribution to help women with fitness and social isolation

LCVS Emergency Funding – Contribution to fund activities for Saturday Club asylum seekers

Liverpool City Council – Contribution towards the costs of providing a community outreach service; offering education and training opportunities at the Bold Street centre; offering increased number of volunteering opportunities, a drop-in information and listening ear services.

Liverpool City Region SDS – Contribution towards focus groups, travel costs for those with limited funds & vouchers for each participant.

Liverpool John Moores Foundation – Contribution for project worker for Saturday Club.

Improving maternal mental health VCSE – Contribution towards mental health support.

MSP – Contribution towards help for women with fitness and social isolation

Steve Morgan Foundation – Contribution toward 'Wraparound Mental Well Being' project

P H Holt Foundation – Contribution towards metal health worker post.

The Big Give – Provide mental health and wellbeing support to women and digital capacity building across Merseyside.

Smallwood Trust – Contribution towards covid workshops/ emergency funds/ IT Tablets

Steve Morgan Foundation – Contribution toward 'Wraparound Mental Well Being' project.

Women's Organisation – Contribution towards women back to employment.

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

14. Commitments Under Leases

Financial commitments under non-cancellable operating leases relating to a photocopier lease, this will result in the following payments falling due at 31st March 2022.

	2022	2021
	£	£
Photocopier		
Operating leases which expire:		
Due within one year	3,660	1,433
	-----	-----
	3,660	1,433
	=====	=====

15. Related Party Transactions

The following amounts were paid to Trustees, who are also counsellors, for consultancy and professional services in their capacity as tutors, late night drop-in cover.

	Total	Total
	2022	2021
Name	£	£
D Armstrong	1,015	-

There were no material related party transactions during the year which require disclosure (2021: none).

16. Contingent Liabilities

The charitable company did not have any contingent liabilities as at 31st March 2022 or 31st March 2021.

17. Guarantees

The charitable company is limited by guarantee. In the event of winding-up each member will contribute, if necessary, the sum of £1

	2022	2021
Number of members	12	15
Total guarantees	£12	£15

WOMEN'S HEALTH INFORMATION SUPPORT CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Prior year adjustment

Prior year figures have been restated to reflect the introduction of IFRS 16 Lease Right of use assets, depreciation, and right of use lease interest charge and lease liabilities moving rent payment from expenditure to the balance sheet.

a) Statement of financial activities for the year ended 31st March 2021

	£
Reported net movement in funds	12,913
Rent payable removed from operating cists	26,700
Right of use lease interest	(2,942)
Depreciation of right of use lease	(22,788)

Restated net movement in funds	13,883
	=====

b) Balance Sheet as at 31st March 2021

	£
Reported total funds	200,708
Right of use lease asset introduced	91,154
Provision for lease commitments due in one year	(22,735)
Provision for lease commitments due after more than one year	(66,931)

Restated total funds	202,196
	=====