



SPORTABILITY

Charity Registration No. 328325

**REPORT of the TRUSTEES
and
UNAUDITED FINANCIAL STATEMENTS
for the
YEAR ENDED 31 DECEMBER 2021**

Centrum Chartered Accountants
Elscot House
Arcadia Avenue
London
N3 2JU

SPORTABILITY

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REPORT OF THE TRUSTEES
For The Year Ended 31st December 2021

The trustees present their report with the financial statements of the charity for the year ended 31st December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

328325

Principal address

Laynes House
526-528 Watford Way
London
NW7 4RS

Trustees

M Baker
P Isbell
K Lewis
I Taylorson
C Campbell

Independent Examiner

Centrum Chartered Accountants
Elscot House
Arcadia Avenue
London
N3 2JU

Solicitors

Keystone Law
48 Chancery Lane
London
WC2A 1JF

Approved by order of the board of trustees on 13th May 2022 and signed on its behalf by:

Kevin Lewis

.....
K Lewis – Honorary Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SPORTABILITY**

Independent examiner's report to the trustees of SPORTABILITY

I report to the charity trustees on my examination of the accounts of SPORTABILITY (the Trust) for the year ended 31st December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Centrum Chartered Accountants

Centrum Chartered Accountants
Elscot House
Arcadia Avenue
London
N3 2JU

Date: *24th May 2022*

SPORTABILITY

STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31st December 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		53,061	4,100	57,161	50,792
Investment income	2	<u>3</u>	<u>-</u>	<u>3</u>	<u>22</u>
Total		53,064	4,100	57,164	50,814
EXPENDITURE ON					
Raising funds		416	-	416	216
Charitable activities					
Events and activity programs		49,418	4,800	54,218	45,482
Total		49,834	4,800	54,634	45,698
NET INCOME/(EXPENDITURE)		3,230	(700)	2,530	5,116
RECONCILIATION OF FUNDS					
Total funds brought forward		27,121	700	27,821	22,705
TOTAL FUNDS CARRIED FORWARD		<u>30,351</u>	<u>-</u>	<u>30,351</u>	<u>27,821</u>

The notes form part of these financial statements

SPORTABILITY

BALANCE SHEET
31st December 2021

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	6	1,085	-	1,085	1,356
CURRENT ASSETS					
Debtors	7	-	-	-	390
Cash at bank and in hand		31,890	-	31,890	<u>28,574</u>
		31,890	-	31,890	28,964
CREDITORS					
Amounts falling due within one year	8	(2,624)	-	(2,624)	(2,499)
NET CURRENT ASSETS		29,266	-	29,266	<u>26,465</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		30,351	-	30,351	27,821
NET ASSETS		30,351	-	30,351	<u>27,821</u>
FUNDS	10				
Unrestricted funds				30,351	27,121
Restricted funds				-	<u>700</u>
TOTAL FUNDS				30,351	<u>27,821</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 13th May 2022 and were signed on its behalf by:


.....
K Lewis – Honorary Secretary


.....
M Baker - Chairman

The notes form part of these financial statements

SPORTABILITY

NOTES TO THE FINANCIAL STATEMENTS For The Year Ended 31st December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 20% on reducing balance
Sports equipment	- 25% on reducing balance

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	<u>3</u>	<u>22</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2021 nor for the year ended 31st December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st December 2021 nor for the year ended 31st December 2020.

SPORTABILITY

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31st December 2021

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

Administration	<u>2021</u> <u>2</u>	2020 <u>2</u>
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No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	50,092	700	50,792
Investment income	<u>22</u>	-	<u>22</u>
Total	50,114	700	50,814
EXPENDITURE ON			
Raising funds	216	-	216
Charitable activities			
Events and activity programs	<u>45,482</u>	-	<u>45,482</u>
Total	<u>45,698</u>	-	<u>45,698</u>
NET INCOME	4,416	700	5,116
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>22,705</u>	-	<u>22,705</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>27,121</u></u>	<u><u>700</u></u>	<u><u>27,821</u></u>

6. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Sports equipment £	Computer equipment £	Totals £
COST					
At 1st January 2021 and 31st December 2021	<u>4,605</u>	<u>1,022</u>	<u>9,005</u>	<u>400</u>	<u>15,032</u>
DEPRECIATION					
At 1st January 2021	<u>3,857</u>	<u>930</u>	<u>8,745</u>	<u>144</u>	<u>13,676</u>
Charge for year	<u>150</u>	<u>18</u>	<u>52</u>	<u>51</u>	<u>271</u>
At 31st December 2021	<u>4,007</u>	<u>948</u>	<u>8,797</u>	<u>195</u>	<u>13,947</u>
NET BOOK VALUE					
At 31st December 2021	<u>598</u>	<u>74</u>	<u>208</u>	<u>205</u>	<u>1,085</u>
At 31st December 2020	<u>748</u>	<u>92</u>	<u>260</u>	<u>256</u>	<u>1,356</u>

SPORTABILITY

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31st December 2021

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Prepayments	<u>-</u>	<u>390</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Bank loans and overdrafts (see note 9)	-	668
Taxation and social security	1,407	733
Other creditors	<u>1,217</u>	<u>1,098</u>
	<u>2,624</u>	<u>2,499</u>

9. LOANS

An analysis of the maturity of loans is given below:

	2021	2020
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>-</u>	<u>668</u>

10. MOVEMENT IN FUNDS

	At 1.1.21	Net movement in funds	At 31.12.21
	£	£	£
Unrestricted funds			
General fund	27,121	3,230	30,351
Restricted funds			
Restricted fund	700	(700)	-
	<u>27,821</u>	<u>2,530</u>	<u>30,351</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	53,064	(49,834)	3,230
Restricted funds			
Restricted fund	4,100	(4,800)	(700)
	<u>57,164</u>	<u>(54,634)</u>	<u>2,530</u>

SPORTABILITY

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31st December 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	22,705	4,416	27,121
Restricted funds			
Restricted fund	-	700	700
	<u>22,705</u>	<u>5,116</u>	<u>27,821</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	50,114	(45,698)	4,416
Restricted funds			
Restricted fund	700	-	700
	<u>50,814</u>	<u>(45,698)</u>	<u>5,116</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.20 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	22,705	7,646	30,351
	<u>22,705</u>	<u>7,646</u>	<u>30,351</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	103,178	(95,532)	7,646
Restricted funds			
Restricted fund	<u>4,800</u>	<u>(4,800)</u>	-
TOTAL FUNDS	<u>107,978</u>	<u>(100,332)</u>	<u>7,646</u>

Report of the Trustees for the year ended 31st December 2021

Constitution & Objects: Sportability is constituted under a trust deed dated 21st August 1989 and is a registered charity no. 328325.

The objects of the Charity are the relief and rehabilitation of those suffering spinal cord injury and other forms of paralysis, through the provision of sporting and recreational activities.

Objectives and Activities: The Charity's objects and principal activities are:

To provide sport and challenging pursuits to people with paralysis.

The original remit was limited to people with spinal cord injury, but with the advice and agreement of the Charity Commission (10th February 2003) this was extended to other populations. The wording of the Trust document was amended by the addition of the words "or any form of paralysis" to follow "spinal cord injury". Thus, the target population to benefit from the Charity's activities was extended to include among others, stroke survivors and people with MS or cerebral palsy.

The main objectives and activities for the year continued to be: The provision of sport and challenging pursuits in various locations around the UK. However, there is a very positive by-product of the Sportability activities in that service providers, who may have never considered working with people with disabilities hitherto, learn from the experience, recognise the possibilities, and extend participation to a wider, more inclusive, public.

Our vision: A world where people with paralysis can flourish, can recognise and realise their full potential.

Our mission: To provide and facilitate opportunities for people affected by paralysis to transform their lives; to challenge societal and individual perceptions of disability; to deliver services that build confidence and self-esteem, that allow people with paralysis to re-assess their capabilities and re-assert their independence.

Our goal: To put the "buzz" back into the lives of people with paralysis, let them experience the elusive adrenaline rush, to empower through achievement and ultimately to inspire the thought *"If I can do this, what else can I achieve?"*

Our values: Driven by the needs of people with paralysis, we are passionate about transforming those lives. Through the medium of sport and challenging pursuits, we provide opportunities to develop, achieve and live life to the optimum. We respect individuality, champion inclusivity and embrace diversity. We aim for quality and excellence in all we do.



Organisation

Trustees. Trustees are appointed by the Board of Trustees and normally serve for three years, after which period they may put themselves forward for re-appointment.

At the Trustees Meeting held on Tuesday, 16th November 2021 Miss Pippa Isbell, Mr Martyn Baker, Mr Ian Taylorson and Mr Kevin Lewis having served a continuous three-year period, put themselves up for re-election. All four were re-elected unanimously.

Since Mr. Colin Campbell, having been re-elected to serve for three-year term at the Trustees Meeting of Tuesday, 28th May 2019, the Board continues unaltered.

The Trustees meet on average quarterly but there are subgroups, which may include specialist co-optees. These subgroups may meet more frequently as demand dictates, but ultimately report to the Board.

To comply with social distancing and health precautions, Trustees' meetings were conducted by telephone conference calls and/or Zoom online conferencing.

Trustee Induction and Training: Most Trustees were already familiar with the practical work of the Charity at the time of their original appointment. Indeed, two of the five Trustees have personal experience of spinal cord injury, and the mother of one Trustee was a beneficiary participant in the Charity's events programmes. Additionally, new trustees are invited and encouraged to attend events.

All Trustees have been provided with the Charity Commission booklet on trusteeship. This is distributed to all new trustees along with the Memorandum and Articles of the Charity, and the latest financial statements. Moreover, any additional recommendations on trusteeship issued by the Charity Commission are passed on to the Trustees as a matter of course.

Staff: The Charity employed two permanent salaried members of staff for the duration of the year being: Miss Valerie Small as General Manager (GM); and Miss Ann Ryan, as part-time Administrator. Mr David Heard remained in position of unpaid Chief Executive (CE) throughout.

A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the CE along with GM and the Administrator. The CE is responsible for ensuring that the Charity delivers the services specified and that key performance indicators are met. The CE also attends the Trustees' meetings by invitation but has no voting rights. The GM and Administrator(s) have responsibility for the day-to-day operational management of the Charity, supervision of the Area Organizers, and ensuring that the Charity operates in line with good working practice.

An office and equipment are provided for the staff by the Charity. However, Miss Ryan works remotely from her home, using technology to access the Charity's systems.

Other services, such as Legal Services, secretarial support, accountancy and payroll, marketing, fundraising and website management, are bought in on a need basis.

Volunteers: Many of the regional activity programmes are overseen by volunteer staff. This includes: Miss Jane McKenzie (Yorkshire) Mr Chris Selway (Bristol & Glos.) Mr Dan Marshall (West Midlands) Mr Ian Hinton (North West) Mr David Levick (North Midlands) Mr Robert Edwards (Dorset & Hants.) and Mr Aaron Heard (Central, London & Essex, E, Sussex & Kent). Trustees would like to record their thanks for all the valuable help and support that these volunteers provide.

Public Relations: The Charity is represented by Maltin PR. In September 2018 Mr Tim Maltin (the Senior Partner and Founder of the company) very generously offered to provide public relations services to the Charity on a *pro bono* basis and has continued to do so. The Trustees would like to record their continued thanks to Mr Maltin and his staff for the excellent work and support that they are providing.

Marketing: The main marketing tool of the Charity has been the Internet, and this has established a national and indeed international presence. The website also provides a facility for online donations.

The website has been most instrumental in maintaining contact and interest among our participants. This interest has been reinforced by regular e-mail newsletters and personal contacts. Thus, we now have a band of active supporters/participants in the 15 regions.

We were also able to enhance the reciprocal support for our sponsors, by providing them with a long-term and professional looking presence on our website.



Patron: At a meeting of the Board of Trustees held on 21st March 2017, it was confirmed that Miss Tania Nadarajah, a Paralympic Archer, and Sportability beneficiary, has accepted a role in the Charity as principal patron.

Tania expressed a great willingness to assist the Charity and indeed mentions Sportability in as many broadcasts and other publicity events as often as she can. She is also willing to make herself available for the Charity's fundraising and activity events.

Accountants: BC Centrum Ltd. were appointed on 26th July 2019 as accountants for the Charity. The current accounts have duly been prepared by them.

Compliance: In response to the implementation of the General Data Protection Regulation (GDPR), effective from Spring 2018, the Charity undertook a complete review of the entire data treatment, protection and process. All individuals whose personal data was held by the Charity were contacted with a description of how their data is held and how it would be used in line with the new GDPR regulations. Informed consent was requested to continue to hold that data.

At a meeting of the Board of Trustees, held on 6th September 2018, a policy document, in compliance with the GDPR, was agreed and is permanently published on the Charity's website. Moreover, policies in respect of Safeguarding, Employment, Volunteers, Privacy, Employment, Complaints, Equality and Conflict of Interest were also posted on the Charity's website. These are subject to ongoing review and updated as required.

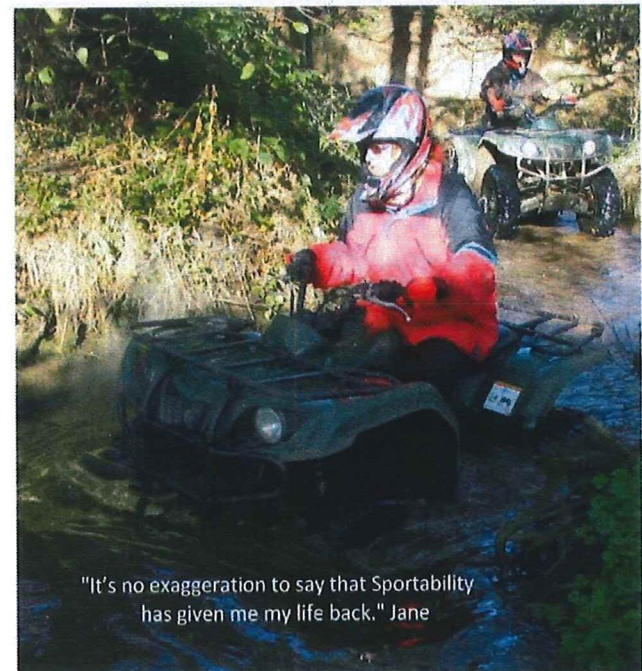
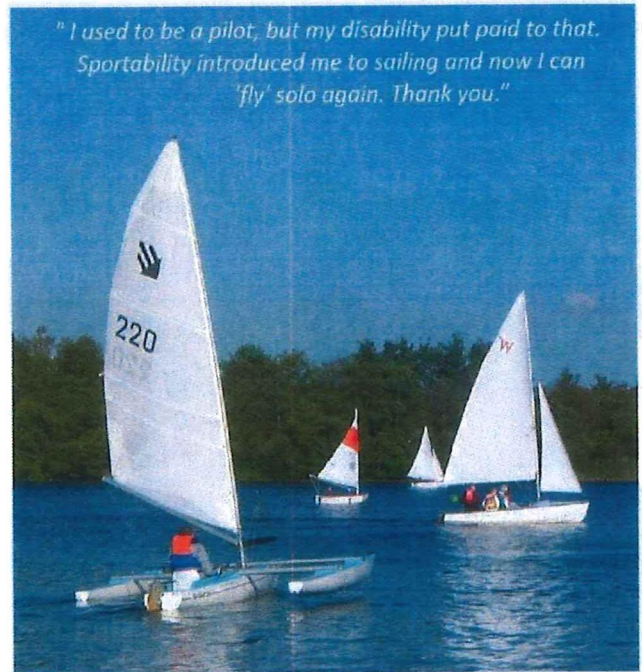
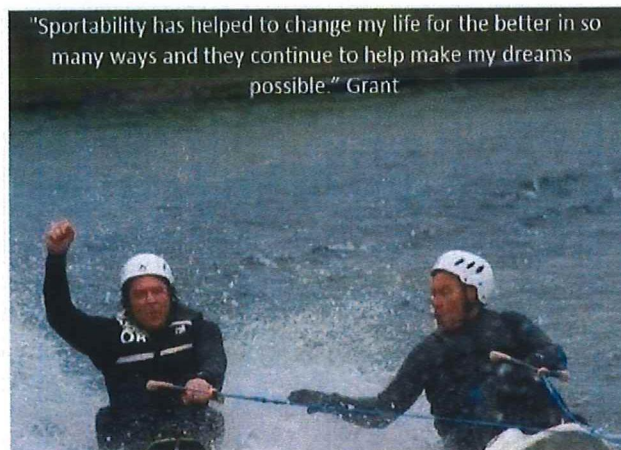
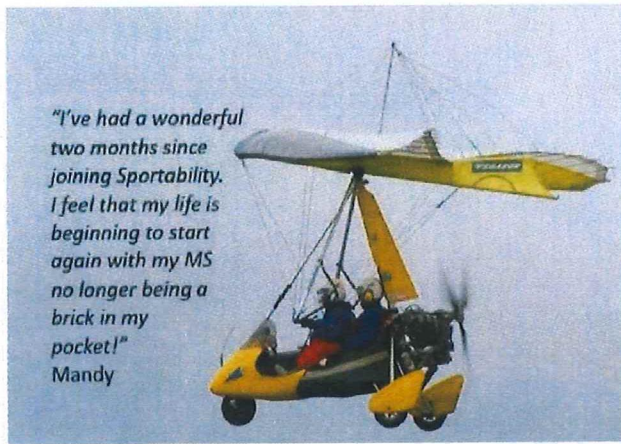
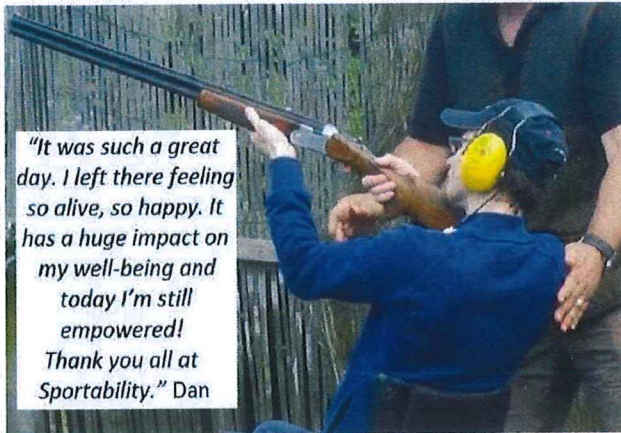
Risk Management: The Board of Trustees is cognisant of the major risks to which the charity is exposed.

Significant risks attach to the operation of activities and it was decided (12th January 2003) that the Charity would not run its own events, but would work with established service providers. Participants would then be 'clients' of the service providers and any liability in terms of Health and Safety would accrue to those organisations with the requisite expertise to best manage the risks associated with running events and protecting the health and safety of participants.

Related Parties: The Charity is in dialogue with various organisations that have similar or complementary objects. These include the Spinal Injuries Association, The MS Society and various branches, and the Stroke Association and various branches.

It has been noted that Sportability programmes have often provided benefits beyond the participants and their families. The Sportability events raise awareness among the service providers and lead to a direct understanding of some of the difficulties experienced by those with disabilities. Many service providers have made adaptations to their equipment and/or access to allow wheelchair users and people with walking aids to participate in their activities and events. These facilities are then available to the public at large, increasing the possibility of more inclusive participation in future for individual (or groups) quite apart from the Sportability programmes.

What It Really Means



The Year in Review

As previously reported the activities of the Charity were severely limited by the Covid-19 Pandemic. This resulted in a very limited operation in 2020, and lockdowns and Tier 4 restrictions continued into the first quarter of the year under review. However, the Charity re-opened in April 2021, in line with Government guidelines, subsequently organising 46 events in 13 different regions of the UK. These provided an opportunity for approximately 400 people with paralysis to experience: Quad biking, multi-motor sports, indoor skydiving, canoeing, sailing, archery, clay pigeon shooting, gliding, microlight flying and wheelchair tennis.

The situation was exacerbated by the non-availability of capacity due to the permanent closure of several service providers, while many others, such as gliding, sailing, and canoeing clubs, were committed to satisfy the pent-up demand by their own members. Also, some providers were coping with an excess of demand from people who would normally be on holiday overseas.

Activity Programmes



Fund Raising

A government report on the economic effects of pandemic concluded that, **“The COVID-19 pandemic is having a catastrophic effect on UK charities leading to an estimated loss of £4 billion for the sector.”**

The Charity, along with all others in the third sector, has suffered a dramatic downturn in every aspect of fund-raising. Many regular donors were unable to offer support either through divergence of funds to more specific Covid causes, or pressure on their own funds [indeed some have ceased operating entirely] or because Sportability’s enforced inactivity resulted in fewer events to sponsor or support.

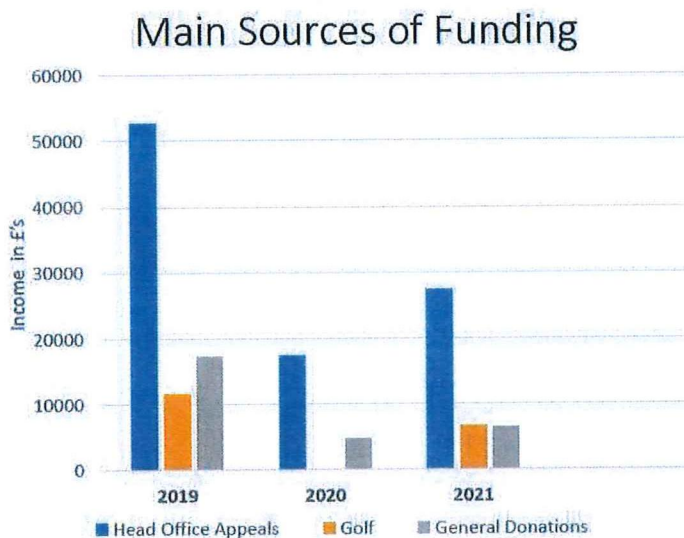
Moreover, of the series of four regular golf tournaments only two were able to be completed - one in East Anglia, and one in Surrey.

Sources of Funding

HO fund raising activity included 115 appeals in 2021. This was foreshortened by the pandemic and compares to 487 appeals in 2019. Consequently, this saw the contributions from this source fall to £27,450 compared to the 2019 contribution of £52,694.

However, the Charity benefited from the fundraising effort of Mark Ford, Managing Director of Signwaves, one of Charity's sponsoring companies resulting in a donation of £3,500.

Funds were received during the year specifically for the development and/or support of Sportability activities in: Oxfordshire; West Midlands; Dorset and Hampshire; and Essex. *[See Restricted Funds in the Charity's accounts for the period]*



While some donors continued to support the Charity in these most difficult years, several wish to remain anonymous. However, the Trustees would like to accord particular thanks and recognition to the following organisations:

The Souter Trust

For their generous contributions with substantial donations over 11 years to support Sportability Events & Activities programmes across the country.

The Calleva Foundation

For their generous contribution with substantial donations over seven years, to support Sportability Events & Activities programmes across the country.

The Bruce Wake Charity

For their generous contribution with substantial donations over six years to support Sportability Events & Activities programmes across the Midlands regions.

The Jeremy Willson Charitable Trust

The Jeremy Willson Charitable Trust in Kent for their support over six years for Sportability's Events and Activity programmes, with particular emphasis on participation for people with paraplegia.

Alice Ellen Cooper-Dean Charitable Foundation

Alice Ellen Cooper Dean Charitable Foundation in Dorchester for their support over eight years for Sportability Events and Activity programmes in the Dorset Hants & Wilts. region.

SURBITON GOLF CLUB ESTABLISHED 1895

DEREHAM GOLF CLUB

The Year Ahead

The Board of Trustees is mindful of the continuing national mood of austerity and uncertainty and has considered the possible effect on the Charity's fundraising capability. Moreover, several Trusts and Foundations that have supported the Charity in the past are no longer operational.

It is also prudent to assume that many Trusts and Foundations, who are still operational and have hitherto supported the Charity, may well redirect their grant making and general fund giving to Covid related charities and beneficiaries. This could impact negatively on Sportability's fundraising capability.

It is hoped that two of the series of golf tournaments in East Anglia will continue, with efforts to hold costs, increase attendance and revenue. Moreover, Messrs Taylorson and Campbell are again organising a fund-raising golf tournament at Surbiton Golf Club, building on the success of the prior tournaments.

In the light of this it was deemed prudent to project budgeted income for the year 2022 at the 2021 level plus no more than 25%.

For the immediate future, the Charity has two main objectives: To provide a greater range of sports (indoor and out) in the existing regions; and to offer programmes in more regions. These are the twin goals of Sportability. We want people with paralysis to have access to sport throughout the UK. The ultimate aim is to bring the Sportability Experience within an hour's drive of the main population areas of the UK.

The future growth of the sports programmes (the core activity of the Charity) is deemed dependent on the replacement of defunct service providers, the sourcing of new providers and an increase in available capacity.

Moreover, the appointment of more Area Organisers is considered key to any expansion. Discussions are ongoing with several possible candidates and more appointments are expected in 2022.

The Board is aware that any expansion is subject to available funds and review.

The **Office for National Statistics** has confirmed in a published report that the levels of depression among British adults have almost doubled during the pandemic. Alarming, the report goes on: "*Adults classified as disabled were six times more likely to report symptoms than those not classified as disabled.*" We hope that most, if not all, of our members have managed to avoid becoming overly depressed during lockdown and really look forward to welcoming them back to our activities just as soon as safely possible.

What It Really Means

Dear David and the Sportability team,

Thank you for making contact, 2020 has been a strange & challenging year to say the least.

I look forward to the restarting of your normal programme, whenever this might be. I am sure like most of your regular 'Sportabilitees' we look forward to the news of the various events that are sent to us.

I am proud to say that I have attempted more sports & activities since I developed my spinal injury than I had as an 'able bodied' person. My friends at work are so envious that I have been gliding, shooting, quad biking, wind sailing etc.

These activities have raised my feelings of self-worth, independence and generally made me feel more positive.

We all face challenges every day, but those who have disabilities can be ground down by constant negativity around us. Sportability has added a level of excitement and positive challenges that I have not found elsewhere.

I am sure that I am not the only person who really looks forward to news of forthcoming events. Thank you for bringing excitement, humour and positivity into my life.

May Sportability continue for many years to come.

Yours sincerely,

Phil Whiles

Financial Review

Accounts have been prepared for the period 1st January 2021 up to and including 31st December 2021 and show net current assets of **£29,266**; and total assets, less current liabilities, of **£30,351**.

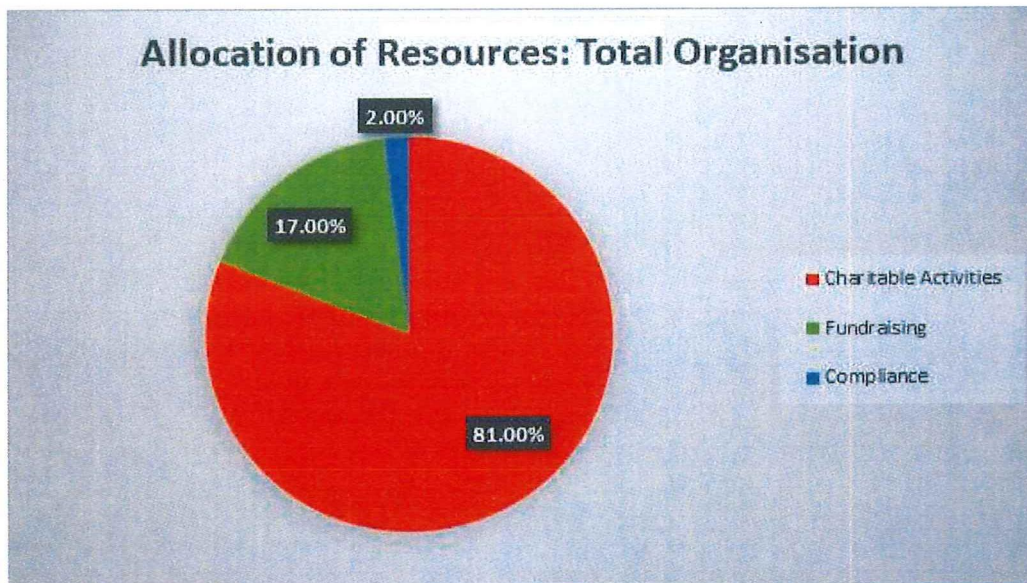
Restricted Funds: During the year, certain donations were made to support either specific activities, or use in specific regions. In the year under review there were no Restricted Funds outstanding.

Staff: There were two permanent paid employees throughout the year, and the Chief Executive as an unpaid officer of the Charity. The Chief Executive and two Administrators effected the administration and operation of the Charity. However, the CE also fulfilled the role of Events and Activities Organiser, where necessary.

During the lockdowns salaried staff were entered into furlough under the Government's Job Retention Scheme, in order to limit overhead costs.

Premises: The Charity rents its own discrete office space and owns equipment to service that office

Events & Activity Costs: Sports activities that are subsidised by the Charity are reflected in the accounts under the heading 'Events & Activity Costs'. Those costs are therefore incurred in pursuance of the Charity's objects.



Reserves Policy. The Board of Trustees has examined the Charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the funds not committed or invested in tangible fixed assets held by the Charity should be set at 3 to 6 months of the Fixed Costs. Budgeted expenditure for 2022 is **£42,640**, of which the Fixed Cost element is **£34,810**. Therefore, the minimum surplus in general funds will, at any given time, be held at around **£8,702** and no less than **£17,404**.

The reserves are needed to meet the working capital requirements of the Charity and the Trustees are confident that at this level they would be able to continue the activities of the Charity (albeit in reduced form and volume) in the event of a significant drop in funding.

Declaration: The Trustees are satisfied that the objects of the Charity have been carried out in accordance with their Declaration of Trust dated 28th August 1989 as amended in 2003 and that the attached accounts show a true record of the financial activities of the Trust.

Signed on behalf of the Trustees of Sportability:

Martyn Baker
Chairman



Date:

Kevin Lewis
Hon. Treasurer



Date: 13th May 2022