



**SPORTABILITY**  
Charity Registration No. 328325

**REPORT of the TRUSTEES  
and  
UNAUDITED FINANCIAL STATEMENTS  
for the  
YEAR ENDED 31 DECEMBER 2020**

Centrum Chartered Accountants  
Elscot House  
Arcadia Avenue  
London  
N3 2JU

# SPORTABILITY

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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**

**REPORT OF THE TRUSTEES  
For the Year Ended 31st December 2020**

The trustees present their report with the financial statements of the charity for the year ended 31st December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

328325

**Principal address**

Laynes House  
526-528 Watford  
Way London  
NW7 4RS

**Trustees**

M Baker  
P Isbell  
K Lewis  
I Taylorson  
C Campbell

**Independent examiner**

Centrum Chartered  
Accountants Elscot House  
Arcadia Avenue  
London  
N3 2JU

**Solicitors**

Keystone Law  
48 Chancery  
Lane London  
WC2A 1JF

Approved by order of the board of trustees on ...13th March 2021... and signed on its behalf by:

*Kevin Lewis*

.....  
K Lewis - Honorary Treasurer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**

**SPORTABILITY**

**Independent examiner's report to the trustees of SPORTABILITY**

I report to the charity trustees on my examination of the accounts of the SPORTABILITY (the Trust) for the year ended 31st December 2020.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Centrum Chartered Accountants*

Centrum Chartered Accountants  
Elscot House  
Arcadia Avenue  
London  
N3 2JU

Date: *18<sup>th</sup> March 2021*  
Date: .....

**SPORTABILITY**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**For The Year Ended 31st December 2020**

		<b>Unrestricted fund</b>	<b>Restricted fund</b>	<b>2020 Total funds</b>	2019 Total funds
	Notes	£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		<b>29,698</b>	<b>700</b>	<b>30,398</b>	85,617
Investment income	2	<u>22</u>	<u>-</u>	<u>22</u>	<u>53</u>
<b>Total</b>		<b>29,720</b>	<b>700</b>	<b>30,420</b>	85,670
<b>EXPENDITURE ON</b>					
Raising funds		<b>216</b>	-	<b>216</b>	505
<b>Charitable activities</b>					
Events and activity programs		<u>25,088</u>	<u>-</u>	<u>25,088</u>	<u>68,245</u>
<b>Total</b>		<b>25,304</b>	-	<b>25,304</b>	68,750
<b>NET INCOME</b>					
		<b>4,416</b>	<b>700</b>	<b>5,116</b>	16,920
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>22,705</b>	-	<b>22,705</b>	5,785
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><b>27,121</b></u>	<u><b>700</b></u>	<u><b>27,821</b></u>	<u><b>22,705</b></u>

**SPORTABILITY**  
**BALANCE SHEET**  
**At 31st December 2020**

	Notes	Unrestricted fund £	Restricted fund £	2020 Total funds £	2019 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	6	1,356	-	1,356	1,579
<b>CURRENT ASSETS</b>					
Debtors	7	390	-	390	390
Cash at bank and in hand		<u>27,874</u>	<u>700</u>	<u>28,574</u>	<u>30,680</u>
		<b>28,264</b>	<b>700</b>	<b>28,964</b>	31,070
<b>CREDITORS</b>					
Amounts falling due within one year	8	<u>(2,499)</u>	-	<u>(2,499)</u>	(2,444)
<b>NET CURRENT ASSETS</b>					
		<u>25,765</u>	<u>700</u>	<u>26,465</u>	<u>28,626</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<b>27,121</b>	<b>700</b>	<b>27,821</b>	30,205
<b>CREDITORS</b>					
Amounts falling due after more than one year	9	-	-	-	(7,500)
<b>NET ASSETS</b>					
		<u>27,121</u>	<u>700</u>	<u>27,821</u>	<u>22,705</u>
<b>FUNDS</b>					
Unrestricted funds	11			<b>27,121</b>	22,705
Restricted funds				<u>700</u>	-
<b>TOTAL FUNDS</b>					
				<u>27,821</u>	<u>22,705</u>

The financial statements were approved by the Board of Trustees on.....13th March 2021..... and were signed on its behalf by:

*Kevin Lewis*  
.....  
K Lewis – Honorary Treasurer

*MCR*  
.....  
M Baker - Chairman

## SPORTABILITY

### NOTES TO THE FINANCIAL STATEMENTS For The Year Ended 31st December 2020

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 20% on reducing balance
Sports equipment	- 25% on reducing balance

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. INVESTMENT INCOME

	<b>2020</b>	2019
	<b>£</b>	£
Deposit account interest	<u><u>22</u></u>	<u><u>53</u></u>

#### 3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2020 nor for the year ended 31st December 2019.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st December 2020 nor for the year ended 31st December 2019.

#### 4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	<b>2020</b>	2019
Administration	<u><u>2</u></u>	<u><u>2</u></u>

No employees received emoluments in excess of £60,000.

**SPORTABILITY**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**For The Year Ended 31st December 2020**

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	73,117	12,500	85,617
Investment income	<u>53</u>	-	<u>53</u>
<b>Total</b>	<b>73,170</b>	<b>12,500</b>	<b>85,670</b>
<b>EXPENDITURE ON</b>			
Raising funds	505	-	505
<b>Charitable activities</b>			
Events and activity programs	<u>55,745</u>	<u>12,500</u>	<u>68,245</u>
<b>Total</b>	<b>56,250</b>	<b>12,500</b>	<b>68,750</b>
<b>NET INCOME</b>			
	<b>16,920</b>	-	<b>16,920</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<b>5,785</b>	-	<b>5,785</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b><u>22,705</u></b>	<b><u>-</u></b>	<b><u>22,705</u></b>

**6. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Fixtures and fittings £	Sports equipment £	Computer equipment £	Totals £
<b>COST</b>					
At 1st January 2020	4,605	906	9,005	400	14,916
Additions	<u>-</u>	<u>116</u>	<u>-</u>	<u>-</u>	<u>116</u>
At 31st December 2020	<u>4,605</u>	<u>1,022</u>	<u>9,005</u>	<u>400</u>	<u>15,032</u>
<b>DEPRECIATION</b>					
At 1st January 2020	3,670	906	8,681	80	13,337
Charge for year	<u>187</u>	<u>24</u>	<u>64</u>	<u>64</u>	<u>339</u>
At 31st December 2020	<u>3,857</u>	<u>930</u>	<u>8,745</u>	<u>144</u>	<u>13,676</u>
<b>NET BOOK VALUE</b>					
At 31st December 2020	<u>748</u>	<u>92</u>	<u>260</u>	<u>256</u>	<u>1,356</u>
At 31st December 2019	<u>935</u>	<u>-</u>	<u>324</u>	<u>320</u>	<u>1,579</u>

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Other debtors	<u>390</u>	<u>390</u>

**SPORTABILITY**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**For The Year Ended 31st December 2020**

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020	2019
	£	£
Bank loans and overdrafts (see note 10)	<b>668</b>	-
Trade creditors	-	738
Taxation and social security	<b>733</b>	748
Other creditors	<b><u>1,098</u></b>	<u>958</u>
	<b><u>2,499</u></b>	<u>2,444</u>

**9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	2020	2019
	£	£
Other creditors	<u>-</u>	<u>7,500</u>

**10. LOANS**

An analysis of the maturity of loans is given below:

	2020	2019
	£	£
Amounts falling due within one year on demand:		
Bank overdraft	<u>668</u>	<u>-</u>
Amounts falling between one and two years:		
Other loans - 1-2 years	<u>-</u>	<u>7,500</u>

**11. MOVEMENT IN FUNDS**

	At 1.1.20	Net movement in funds	At 31.12.20
	£	£	£
<b>Unrestricted funds</b>			
General fund	<b>22,705</b>	<b>4,416</b>	<b>27,121</b>
<b>Restricted funds</b>			
Restricted fund	-	<b>700</b>	<b>700</b>
	<u>22,705</u>	<u>5,116</u>	<u>27,821</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	<b>29,720</b>	<b>(25,304)</b>	<b>4,416</b>
<b>Restricted funds</b>			
Restricted fund	<b>700</b>	-	<b>700</b>
	<u>30,420</u>	<u>(25,304)</u>	<u>5,116</u>

## 11. MOVEMENT IN FUNDS - continued

### Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	At 31.12.19 £
<b>Unrestricted Funds</b>			
General fund	5,785	16,920	22,705
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>5,785</u></b>	<b><u>16,920</u></b>	<b><u>22,705</u></b>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	73,170	(56,250)	16,920
<b>Restricted funds</b>			
Restricted fund	12,500	(12,500)	-
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>85,670</u></b>	<b><u>(68,750)</u></b>	<b><u>16,920</u></b>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.19 £	Net movement in funds £	At 31.12.20 £
<b>Unrestricted funds</b>			
General fund	5,785	21,336	27,121
<b>Restricted funds</b>			
Restricted fund	-	700	700
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b><u>5,785</u></b>	<b><u>22,036</u></b>	<b><u>27,821</u></b>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	102,890	(81,554)	21,336
<b>Restricted funds</b>			
Restricted fund	<u>13,200</u>	<u>(12,500)</u>	<u>700</u>
<b>TOTAL FUNDS</b>	<b><u>116,090</u></b>	<b><u>(94,054)</u></b>	<b><u>22,036</u></b>

## 12. RELATED PARTY DISCLOSURES

The interest free loan in the amount of £7,500 from the Chief Executive, Mr D Heard was repaid during the year.

The notes form part of these financial statements



## Report of the Trustees for the year ended 31<sup>st</sup> December 2020

**Constitution & Objects:** Sportability is constituted under a trust deed dated 21<sup>st</sup> August 1989 and is a registered charity no. 328325.

The objects of the Charity are the relief and rehabilitation of those suffering spinal cord injury and other forms of paralysis, through the provision of sporting and recreational activities.

**Objectives and Activities:** The Charity's objects and principal activities are:

**To provide sport and challenging pursuits to people with paralysis.**

The original remit was limited to people with spinal cord injury, but with the advice and agreement of the Charity Commission (10<sup>th</sup> February 2003) this was extended to other populations. The wording of the Trust document was amended by the addition of the words "or any form of paralysis" to follow "spinal cord injury". Thus, the target population to benefit from the Charity's activities was extended to include among others, stroke survivors and people with MS or cerebral palsy.

The main objectives and activities for the year continued to be: The provision of sport and challenging pursuits in various locations around the UK. However, there is a very positive by-product of the Sportability activities in that service providers, who may have never considered working with people with disabilities hitherto, learn from the experience, recognise the possibilities, and extend participation to a wider, more inclusive, public.

**Our vision:** A world where people with paralysis can flourish, can recognise and realise their full potential.

**Our mission:** To provide and facilitate opportunities for people affected by paralysis to transform their lives; to challenge societal and individual perceptions of disability; to deliver services that build confidence and self-esteem, that allow people with paralysis to re-assess their capabilities and re-assert their independence.

**Our goal:** To put the "buzz" back into the lives of people with paralysis, let them experience the elusive adrenaline rush, to empower through achievement and ultimately to inspire the thought *"If I can do this, what else can I achieve?"*

**Our values:** Driven by the needs of people with paralysis, we are passionate about transforming those lives. Through the medium of sport and challenging pursuits, we provide opportunities to develop, achieve and live life to the optimum. We respect individuality, champion inclusivity and embrace diversity. We aim for quality and excellence in all we do.

# Organisation

**Trustees.** The Trustees, who have served during the year, are set out below. Trustees are appointed by the Board of Trustees and normally serve for five years, after which period they may put themselves forward for re-appointment.

At the Trustees Meeting held on Tuesday, 28th May 2019, Mr. Colin Campbell, having served a continuous five-year period, confirmed his willingness to serve for another three-year term with immediate effect. This was proposed and it was passed by a unanimous vote.

At the AGM held on Tuesday 20<sup>th</sup> November 2018: Miss Pippa Isbell, Mr Martyn Baker, Mr Ian Taylorson and Mr Kevin Lewis having served a continuous three-year period, put themselves up for re-election. It was unanimously agreed that all four should continue to serve as Trustees for a further three-year period.

The Trustees meet on average quarterly [see Year in Review for more details] but there are subgroups, which may include specialist co-optees, and which meet more frequently as demand dictates. These subgroups ultimately report to the Board of Trustees.

**Trustee Induction and Training:** Most Trustees were already familiar with the practical work of the Charity at the time of their original appointment. Indeed, two of the five Trustees have personal experience of spinal cord injury, and the mother of one Trustee was a beneficiary participant in the Charity's events programmes. Additionally, new trustees are invited and encouraged to attend events.

All Trustees have been provided with the Charity Commission booklet on trusteeship. This is distributed to all new trustees along with the Memorandum and Articles of the Charity, and the latest financial statements. Moreover, any additional recommendations on trusteeship issued by the Charity Commission are passed on to the Trustees as a matter of course.

**Staff:** The Charity employed two permanent salaried members of staff for the duration of the year being: Miss Valerie Small as General Manager (GM); and Miss Ann Ryan, as part-time Administrator. Mr David Heard remained in position of unpaid Chief Executive (CE) throughout.

A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the CE along with GM and the Administrator.

The CE is responsible for ensuring that the Charity delivers the services specified and that key performance indicators are met. The CE also attends the Trustees' meetings by invitation but has no voting rights.

The GM and Administrator(s) have responsibility for the day to day operational management of the Charity, supervision of the Area Organizers, and ensuring that the Charity operates in line with good working practice.

An office and equipment are provided for the staff by the Charity. However, Miss Ryan works remotely from her home, using technology to access the Charity's systems.

Other services, such as Legal Services, PR, secretarial support, accountancy and payroll, marketing, fundraising and website management, are bought in on a need basis.

**Public Relations:** The Charity is represented by Maltin PR. In September 2018 Mr Tim Maltin (the Senior Partner and Founder of the company) very generously offered to provide public relations services to the Charity on a *pro bono* basis and has continued to do so. The Trustees would like to record their thanks to Mr Maltin and his staff for the excellent work and support that they are providing.

**Marketing:** The main marketing tool of the Charity has been the Internet, and this has established a national and indeed international presence. The website also provides a facility for online donations.

The website has been most instrumental in maintaining contact and interest among our participants. This interest has been reinforced by regular e-mail newsletters and personal contacts. Thus, we now have a band of active supporters/participants in the 15 regions.

We were also able to enhance the reciprocal support for our sponsors, by providing them with a long-term and professional looking presence on our website.



**Patron:** At a meeting of the Board of Trustees held on 21st March 2017, it was confirmed that Miss Tania Nadarajah, a Paralympic Archer, and Sportability beneficiary, has accepted a role in the Charity as principal patron. Tania expressed a great willingness to assist the Charity and indeed mentions Sportability in as many broadcasts and other publicity events as often as she can. She is also willing to make herself available for the Charity's fundraising and activity events.

**Accountants:** BC Centrum Ltd. were appointed on 26th July 2019 as accountants for the Charity. The current accounts have duly been prepared by them.

**Compliance:** In response to the implementation of the General Data Protection Regulation (GDPR), effective from Spring 2018, the Charity undertook a complete review of the entire data treatment, protection and process. All individuals whose personal data was held by the Charity were contacted with a description of how their data is held and how it would be used in line with the new GDPR regulations. Informed consent was requested to continue to hold that data.

At a meeting of the Board of Trustees, held on 6<sup>th</sup> September 2018, a policy document, in compliance with the GDPR, was agreed and is permanently published on the Charity's website. Moreover, policies in respect of Safeguarding, Employment, Volunteers, Privacy, Employment, Complaints, Equality and Conflict of Interest were also posted on the Charity's website. These are subject to ongoing review and updated as required.

**Risk Management:** The Board of Trustees has conducted a review of the major risks to which the charity is exposed.

Significant risks attach to the operation of activities and it was decided (12<sup>th</sup> January 2003) that the Charity would not run its own events but would work with established service providers. Participants would then be 'clients' of the service providers and any liability in terms of Health and Safety would accrue to those organisations with the requisite expertise to best manage the risks associated with running events and protecting the health and safety of participants.

**Related Parties:** The Charity is in dialogue with various organisations that have similar or complementary objects. These include the Spinal Injuries Association, The MS Society and various branches, and the Stroke Association and various branches.

# The Year in Review

The activities of the Charity were circumscribed by the Covid-19 Pandemic.

After enjoying its most successful year in 2019, Sportability was subject to severe restriction in all its activities, including [and primarily] the organisation of beneficiary events and fund-raising.

However, in spite of this most testing and unprecedented year, the Charity organised as many events as safely possible. Through January and March, we had a programme that enabled 64 people with paralysis to take part in activities such as indoor pistol and rifle shooting, indoor skydiving, sit-skiing, archery and piloting a flight simulator, before the first national shutdown.

Then, in September and October [before the second national lock-down] we managed to carry out a small programme of events, under Covid 19 contingency conditions, which included quad-biking in three of our regions around the U.K. and two indoor sky-diving events in two regions of the UK.

During the lockdowns and under the Tier 4 restrictions, salaried staff were entered into furlough under the Government's Job Retention Scheme, in order to limit overhead costs.

Contact with members, service providers, supporters and fund givers, was maintained through unpaid homeworking, throughout these periods.

To comply with social distancing and health precautions, Trustees' meetings were conducted by telephone conference calls in the first instance, and then by Zoom online conferencing.

## Fund Raising

A government report on the economic effects of pandemic concluded that, **"The COVID-19 pandemic is having a catastrophic effect on UK charities leading to an estimated loss of £4 billion for the sector."**

The Charity, along with all others in the third sector, has suffered a dramatic downturn in every aspect of fund-raising.

Specifically, the series of three regular golf tournaments in East Anglia, and one in Surrey, were all cancelled.

Many regular donors were unable to support the Charity either through divergence of funds to more specific Covid causes, or pressure on their own funds [indeed some have ceased operating entirely] or because Sportability's enforced inactivity resulted in fewer events to sponsor or support.

## Sources of Funding

HO fund raising activity included 103 appeals in 2020. This was foreshortened by the pandemic and compares to 487 appeals in 2019. Consequently, this saw the contributions from this source fall to £17,475 or approximately one third of the prior year's contribution of £52694.

However, the Charity benefited from an extremely generous donation of almost £3,000 raised by family and friends in memory of Ann Smith, one of our 'members', who sadly passed away in October 2020. Ann took part in many of the Charity's events from over many years and was a keen participant and avid supporter.

Funds were received during the year specifically for the development and/or support of Sportability activities in: East Anglia; West Midlands; and East Midlands. ***[See Restricted Funds in the Charity's accounts for the period]***

However, some donors continued to support the Charity in this most difficult year, and while there are those that wish to remain anonymous, the Trustees would like to accord particular thanks and recognition to the following organisations:

## The Jeremy Willson Charitable Trust

The Jeremy Willson Charitable Trust in Kent for their support over five years for Sportability's Events and Activity programmes, with particular emphasis on participation for people with paraplegia.

## The Bruce Wake Charity

For their generous contribution with substantial donations over five years to support Sportability Events & Activities programmes across the Midlands regions.

## The Calleva Foundation

For their generous contribution with substantial donations over seven years, to support Sportability Events & Activities programmes across the country.

## The Souter & The Grey Court Trusts

For their generous contributions with substantial donations over 10 years to support Sportability Events & Activities programmes across the country.

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## The Year Ahead

The Board of Trustees is mindful of the unprecedented situation with Covid 19, and at the time of writing, the country is in lockdown and the Charity has suspended all activity programmes. In response, the two salaried staff are "furloughed" under the Government's Covid Job Retention Scheme, and this is scheduled to continue until the end of April.

However, preparations have been made for a resumption of the Charity's activities as soon as it is safe to do so. We, and our service providers, will comply with any and all requirements imposed by the Government that apply to the provision of our activities going forward.

The extent of the new programme will be determined by the Government's regional Tier structures and sanctioned activities, new health and safety requirement and always subject to available funds and review.

The situation also has a direct effect on fundraising. Clearly there will be a period of recession and austerity ahead. Several Trusts and Foundations that have supported the Charity in the past are no longer operational. It is also prudent to assume that many Trusts and Foundations, who are still operational and have hitherto supported the Charity, may well redirect their grant making and general fund giving to Covid related charities and beneficiaries. This could impact negatively on Sportability's fundraising capability.

There are tentative arrangements for golf tournaments on 1<sup>st</sup> October at Surbiton Golf Club in Surrey and on 29<sup>th</sup> October at Dereham Golf Club in Suffolk. However, these will naturally depend on Covid conditions and restrictions at the time.

Meanwhile, some long-term supporters continue to donate regularly to the Charity.

In the light of the foregoing, it was deemed prudent to project budgeted income for the year 2021, at the same reduced level of income as 2020.

The **Office for National Statistics** has confirmed in a published report that the levels of depression among British adults have almost doubled during the pandemic. Alarmingly, the report goes on: "*Adults classified as disabled were six times more likely to report symptoms than those not classified as disabled.*" We hope that most, if not all, of our members have managed to avoid becoming overly depressed during lockdown and really look forward to welcoming them back to our activities just as soon as permitted and safely possible.

## What It Really Means

Dear David and the Sportability team,

Thank you for making contact, 2020 has been a strange & challenging year to say the least.

I look forward to the restarting of your normal programme, whenever this might be. I am sure like most of your regular 'Sportabilitees' we look forward to the news of the various events that are sent to us.

I am proud to say that I have attempted more sports & activities since I developed my spinal injury than I had as an 'able bodied' person. My friends at work are so envious that I have been gliding, shooting, quad biking, wind sailing etc.

These activities have raised my feelings of self-worth, independence and generally made me feel more positive.

We all face challenges every day, but those who have disabilities can be ground down by constant negativity around us. Sportability has added a level of excitement and positive challenges that I have not found elsewhere.

I am sure that I am not the only person who really looks forward to news of forthcoming events. Thank you for bringing excitement, humour and positivity into my life.

May Sportability continue for many years to come.

Yours sincerely,

Phil Whiles

## Financial Review

Accounts have been prepared for the period 1st January 2020 up to and including 31st December 2020 and show net current assets of **£26,465**; and total assets, less current liabilities, of **£27,821**.

Restricted Funds: During the year, certain donations were made to support either specific activities, or use in specific regions. In the light of our suspension of many activities these funds have been carried over to the coming year to be dispersed according to the applicable use restrictions.

In the year under review there were £700 of Restricted Funds outstanding. These were carried over for dispersal under their Restricted Covenants to 2021.

Staff: There were two permanent, paid employees throughout the year, and the Chief Executive as an unpaid officer of the Charity. The Chief Executive and two Administrators effected the administration and operation of the Charity. However, the CE also fulfilled the role of Events and Activities Organiser, where necessary.

Premises: The Charity rents its own discrete office space and owns equipment to service that office

Events & Activity Costs: Sports activities that are subsidised by the Charity are reflected in the accounts under the heading 'Events & Activity Costs'. Those costs are therefore incurred in pursuance of the Charity's objects.

**Reserves Policy.** The Board of Trustees has examined the Charity's requirements for reserves in light of the main risks to the organisation. It has established a policy whereby the funds not committed or invested in tangible fixed assets held by the Charity should be set at 3 to 6 months of the Fixed Costs. Budgeted expenditure for 2021 is **£61,380**, of which the Fixed Cost element is **£40,680**. Therefore, the minimum surplus in general funds will, at any given time, be held at around **£20,340** and no less than **£10,170**.

The reserves are needed to meet the working capital requirements of the Charity and the Trustees are confident that at this level they would be able to continue the activities of the Charity (albeit in reduced form and volume) in the event of a significant drop in funding.

### Declaration:

**The Trustees** are satisfied that the objects of the Charity have been carried out in accordance with their Declaration of Trust dated 28th August 1989 as amended in 2003 and that the attached accounts show a true record of the financial activities of the Trust.

### Signed on behalf of the Trustees of Sportability:

Martyn Baker  
Chairman



Date: 18/03/2021

Kevin Lewis  
Honorary Treasurer



Date: 16th March 2021