

REGISTERED COMPANY NUMBER: 2202260 (England and Wales)
REGISTERED CHARITY NUMBER: 327735

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024
FOR
T.O.F.S.

Lemans
29 Arboretum Street
Nottingham
NG1 4JA

T.O.F.S
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FOR THE YEAR ENDED 31 DECEMBER 2024

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REPORT OF THE TRUSTEES
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The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard, applicable in the UK and Republic of Ireland published in October 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

2202260 (England and Wales)

Registered Charity number

327735

Registered office

St George's Centre
91 Victoria Road
Netherfield
Nottingham
NG4 2NN

Trustees

Andrew Bailey	Chair (from 9 May 2024)
Duncan Jackson	Chair (until 9 May 2024, Vice-Chair from 9 May 2024)
John Pearce	Vice Chair and Treasurer (resigned 18 April 2024))
Darrell Hill	Treasurer (since 18 April 2024)
Trace Loffman	Secretary (resigned 18 April 2024)
Graham Slater	Secretary (from 18 April 2024)
Clare Johns	
Sue Lewis-Jones	
Tamasine Swan	
Katrina Tyler	

Chief Executive Officer

Diane Stephens

Independent Examiner

K Mealand FCCA
Lemans
29 Arboretum Street
Nottingham
NG1 4JA

Bankers

Caf Bank
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

STRUCTURE, GOVERNANCE AND MANAGEMENT

Objectives and aims

The principal objective of T.O.F.S. is to improve the lives of individuals (hereinafter referred to as "TOF individuals" or "TOFs") suffering from tracheo-oesophageal fistula (TOF), oesophageal atresia (OA) and oesophageal and related disorders including the VACTERL Association (hereinafter referred to as "oesophageal disorders"), as well as the families of such TOF individuals.

Oesophageal atresia and tracheo-oesophageal fistula (OA/TOF) are rare congenital conditions of the oesophagus (food pipe) and/or trachea (airway) that affect newborn babies. Babies with OA/TOF need to have intensive neonatal care prior to corrective surgery, normally within days of birth. Some children have to undergo additional surgical interventions later on in their lives. It is now recognised that life-long follow up is essential.

Constitution

T.O.F.S. is a charity which was founded in 1982 and established as a 'Company Limited By Guarantee and not having a Share Capital' on October 20th, 1987. T.O.F.S. is registered both at Companies House and with the Charity Commission.

On May 14th 2016, T.O.F.S. held an Extraordinary General Meeting at which revised Articles of Association were adopted, thus replacing in a single document the original (1987) Memorandum of Association and Articles of Association.

This was done with the agreement of the Charity Commission and the revised Articles were lodged in May 2016 with both the Charity Commission and Companies House.

Organisational Structure

The overall direction and management of T.O.F.S. is overseen by the Council of Management of which all Trustees are members, and who are also Directors of the Company. The Council is accountable and legally responsible for the work of the organisation and for ensuring that all aspects of the management and work comply with current legislation. The Council is supported by four members of staff, headed by the CEO, and also by volunteers.

Governance

The Council meets typically four times per year and - as permitted by the Articles of Association - additionally delegates some detail matters to several sub-committees (see also 'Committee Structure' paragraph below).

T.O.F.S. is bound by its Articles of Association to hold an AGM. In 2024, as noted above, this was held by videoconference. In addition to the standard agenda items, including presentation of the annual accounts and trustee elections, the opportunity was taken to provide further explanation of T.O.F.S. activities by a series of presentations on key topics (pastoral support, medical liaison, plans for the current year and beyond) to those members who attended. This format was well received and will be retained in 2025.

Policies and Documentation

Appropriate policies and procedures are in place to support the effective operation of T.O.F.S. These include, but are not limited to: Governance; Health & Safety; Risk Management; Safeguarding; Financial & Commercial Management; Personnel, Guidance & Training; IT & Data Protection; Communications; Research & Collaboration, Fund-raising.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud or error.

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Risks are reviewed and mitigated by:

- An organisational commitment to standards of good management and operational practice.
- Established policies, which commit to compliance with all relevant legislation and good practice.
- Regular review of all policies and procedures.
- Establishing adequate financial reserves.

Committee Structure

Since 2019, T.O.F.S. has operated with a revised set of sub-committees, each of which has written terms of reference and authority as delegated by the Trustees, and as permitted by the Articles of Association (specifically paragraphs 110-112.) These sub-committees are formally minuted, and chaired by either a Trustee or the CEO. Membership of the sub-committees is drawn from the Trustees, members of staff and other 'family' members of the organisation. At present, there are specific sub-committees for: Finance; Strategy & Planning; Staff Management & Recruitment; Pastoral Support; Publications; Conferences & Events; Medical Liaison & Collaboration.

Recruitment and Appointment of Trustees

T.O.F.S. welcomes eligible people who have an interest in helping the organisation achieve its objectives by becoming a Trustee. Whilst TOFS members include parents and grandparents of TOF children and Adults born with OATOF, T.O.F.S welcomes potential trustees from all walks of life.

The Articles of Association state the eligibility of Trustees, which, in summary, state that those eligible must:

- Be over the age of 18.
- Already be or become members of the organisation.
- Not be undischarged bankrupts.
- Not previously have been removed from trusteeship of a charity by a Court or the Charity Commissioners.
- Not be under a disqualification order under the Company Directors' Disqualification Act 1986.
- Not be disqualified by the Charities Act 1993 (Section 72) from acting as a charity trustee.
- Undertake to fulfil their responsibilities and duties as a trustee of T.O.F.S. in good faith and in accordance with the law and within the objectives of T.O.F.S.
- Not have financial interests in conflict with those of T.O.F.S. (either in person or through family or business connections) except where formally notified in a conflict of interest statement.

To ensure Trustees are fully competent, T.O.F.S. will:

- Provide an up-to-date Trustee Induction Pack.
- Support induction, in a manner tailored to the experience of the individual, by the use of a 'buddy' system whereby each new Trustee is guided by an experienced Trustee or recently retired Trustee.
- Provide access to and, where appropriate, cover the costs of induction training.
- Conduct de-briefing of retiring Trustees in order to review, and amend where necessary, the Induction of new Trustees.
- Provide a job description for honorary officers

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Staff Recruitment

There were no changes to staff roles during 2024. The charity continues to be supported by administrator Jayne Allitt and digital communications lead, Peter Browne, along with Sarah Winspear who joined in late 2023 as membership, communication and events officer. The small staff team are led by CEO Diane Stephens. Three employees work on a full-time basis remote (for the most part) and part-time employee Jayne Allitt is office-based.

Strategic Direction

In 2024, T.O.F.S. continued with its three-pronged approach to its activities and the benefits delivered to its members, namely:

- Near-term benefit: information and pastoral support to members, both families and Adult TOFs.
- Long-term benefit: engagement with relevant healthcare professional bodies, clinicians and researchers.
- Sustainable operational effectiveness.

Delivery of objectives in 2024

Pastoral support and information exchange

Pastoral support and information exchange have traditionally been the core activities of T.O.F.S., and 2024 was no exception. T.O.F.S. continued with a largely digital service model for information events to allow access for as many OA/TOF patients and their families as possible. These were attended by 153 families/adults over the year. (More about these online events in the 'events' section of this report.)

T.O.F.S. organised a face-to-face event in Warrington in November for members to meet up in person and gain information and support, along with hearing from OA/TOF-knowledgeable health professionals. The event was attended by 75 members.

In addition, there were seven local meet-ups organised by five local contact volunteers (TLCs) and three members in their areas: South Wales, London, Stockport, Liverpool, and Australia. These were attended by 30 families in total.

T.O.F.S. continued to supply information and support both to new members and associates, (235 in 2024), and to existing TOF parents/carers, adults born with OA/TOF and health professionals through leaflets, brochures, postcards and digital resources.

The T.O.F.S. website continues to be visited on a frequent basis, with visitors predominantly from the UK but also from all over the world. The new look website had been built in-house in 2022 and designed to be much more intuitive and user-friendly for those seeking information about the consequences of being born with OA/TOF. 2024 saw a small increase in visitors to the website, with 41,593 visitors (40,278 in 2023).

New resources for 2025

The Pastoral Support Sub-Committee (PS s/c) and the Adult TOF Working Group (ATWG) were closely involved in developing and making new resources available throughout the year. Volunteers on these groups have been personally impacted by OA/TOF and this experience shapes the resources that are developed each year.

Members of the ATWG researched and contributed content for a new digital resource relating specifically to post-repair problems with lungs and airways. This resource offered valuable insights as well as practical tips to improve respiratory health and quality of life for OA/TOF patients. Content was endorsed by a professor of Cardiorespiratory studies and a clinical specialist physiotherapist. This resource was viewed 1,081 times in 2024 from time of launch by 346 individuals.

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With tremendous support from the OA/TOF community, a successful T.O.F.S. Awareness week was held from 26 February to 3 March, to coincide with Rare Disease Day on 29 February. Members were asked to bring T.O.F.S. and our free provision of digital books to the attention of health professionals. Many members raised the profile of OA/TOF by sharing their stories in regional and national press, and letters were sent to MPs, flagging the need for adequate care at time of transition. Car window stickers were made available for members, along with branded bibs and wristbands.

Singer/songwriter Tom Bright, who is himself an adult born with OA/TOF, joined the organisation as a celebrity ambassador to help raise the profile of OA/TOF. T.O.F.S. produced a video to promote the partnership and explain the impact of the condition which had 625 views throughout the year.

Member and midwife Kate Yardley, (parent of a baby born with OA/TOF) was commissioned to produce content for a resource aimed to help new mums who wanted to breastfeed their OA/TOF baby. The 'Expressed Breast Feeding' resource was endorsed by the Neonatal Nursing Association and added to the website as part of the 2024 Awareness week. It was subsequently viewed 1,145 times during 2024 by 285 people.

A new video to promote the T.O.F.S. Local Contact (TLC) service for members was filmed and viewed 140 times over the year. TLCs are a valued group of volunteers, all of whom are experienced TOF parents. Spread across the UK, TLCs are available to listen, talk and offer support to new TOF parents, organise local informal get-togethers, and take posters and leaflets into hospitals, especially where TOF surgery takes place. Some TLCs have shown further commitment by giving talks on behalf of T.O.F.S. Our TLC for Scotland, Bruce Rennie, represents T.O.F.S. on the Expert Advisory Group of the Congenital Anomalies and Rare Diseases Registration and Information Service for Scotland (CARDRISS.) Our TLC for Wales, Naomi Webborn, is a key member of the Pastoral Support sub/committee and has continued to be involved in many support initiatives over 2024. She also represented TOFS during Awareness week at the Rare Disease event at the Welsh Assembly.

With the help of our TLC volunteers, we launched new parent packs for hospitals to share with new parents. 62 packs were distributed over the year to thirteen hospitals via their TLC.

In conjunction with support from the Brazilian Facebook group (GAAE- grupo de Apoio Atresia de Esofago) T.O.F.S. facilitated the translation of some of its resources into Brazilian Portuguese to share with parents in the Brazilian and other Portuguese speaking communities. These resources were made available on the website and have been downloaded 18 times since their launch.

We continued to promote the online digital library for healthcare professionals offering free access to downloadable versions of our books, along with other relevant publications. This service was requested by 62 health professionals across a range of disciplines. The majority of these requests were from the UK (47), and the rest were from health professionals working in various other countries around the world.

All members received three editions of the members' magazine, 'Chew', written and edited by the CEO and volunteers on the Chew editorial board.

Our office staff (working mainly remotely) continued to support members via telephone and email with follow-up support calls and emails made to new members who had given permission for the office to do so.

Child-friendly posters were designed for children's wards at hospitals and schools explaining OA/TOF in child-friendly language, to help children born with OA/TOF to understand their condition and explain it to friends. These posters have been downloaded 24 times since they were added to the website.

Facebook

The T.O.F.S. Facebook group remains a crucial platform for supporting patients and families of those born with OA/TOF. Many members are instrumental in offering the benefit of their experiences to new parents and the Facebook group plays an increasingly supportive and 'real-time' role in the exchange of parents' experiences with their OA/TOF babies and children. The Facebook group gained 234 new members in 2024, bringing its total membership to 5,112, with an average of 1,259 members active each day.

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To better support our Adult TOF community, we decided several years ago to endorse a Facebook group specifically for Adult and Teen TOFs, which was and still is, run by one of our members, and now administrated by one of our Trustees and some of our Adult TOF working group members. This provides a very useful forum for our growing number of Adult TOF members, whereby they can share information and experiences on issues that continue to affect them. In 2022, T.O.F.S. officially linked this Adult Group with the T.O.F.S. Facebook page making a visible connection between the charity and the Facebook Group. At 31 December 2024, the total membership of this group stood at 893, with an average of 103 members active each day.

Online events to support members

The series of online events giving members the opportunity to hear from leading clinicians and healthcare professionals and have their questions put to them, continued via Zoom. There were five such events, hosted by one or both of TOFS Chair Drew Bailey and Vice Chair Duncan Jackson, along with the CEO. Topics covered were the Lost Twin Hypothesis, Chest Wall Deformities, Leaving paediatric care and negotiating adult services, Feeding experiences and oral aversion. We are very grateful to the expert speakers who gave their time freely. In total these were attended by 100 members mainly from the UK, but also UK, Belgium, Germany, Sweden, Canada, New Zealand, Ireland, Switzerland, Kenya, Mauritius, Denmark, Australia, France and the Netherlands. In addition, all the information sessions were recorded, edited and subtitled and subsequently added to the YouTube channel.

The informal online 'Cuppa & Chat' meet-ups for adults continued and TOFS volunteers facilitated 10 of these virtual meet-ups with 21 adults attending over the year.

TLC volunteers facilitated five 'Talk with TLCs' events during the year. These 'Talk with TLC' sessions offer members the opportunity to engage with each other virtually, in discussion with their peers about various aspects of the OA/TOF condition. Subjects covered included Starting Nursery, Pre-School & School; Managing VACTERL anomalies; Teens & Transition; and Reflux Management. In total, 32 families were supported by these events. An outcome from the Starting Nursery talk was the development of a 'Steps to consider when looking at childcare settings' resource which was subsequently added to the website and downloaded 29 times over 2024.

Two TLC volunteers also organised informal meet-ups online which supported five families.

Volunteers

Volunteers continue to play an increasingly important role in the support that T.O.F.S. offers new parents, carers and adults. We continue to benefit from the improved co-ordination of our volunteers and the associated support activities, and welcomed seven new volunteers, either as TLCs, Facebook moderators or on sub-committees or working groups. We would not be the organisation we are without the valuable support from our volunteers, whether their role is in advising members with DLA/PIP applications, TLC support, writing for *Chew*, sending out birthday cards, taking part in committees, moderating Facebook or helping with fundraising.

There are currently three T.O.F.S. Overseas Contacts (TOCs) one in Jordan, one in Canada and one in New Zealand. All are active in offering support to TOF families within their own country and they share T.O.F.S. knowledge when applicable. This has been mutually beneficial, resulting in translations of some T.O.F.S. leaflets into Arabic. (It should be noted that these Overseas Contacts do not in any legal sense represent T.O.F.S. in these countries; they are - as the name implies - purely our contacts in these countries.)

'*The TOF Book*', published in November 2016, continues to sell, although understandably not quite at the level of prior years. Nonetheless, there is evidence that a significant proportion of the new members who joined in the year purchased the book, including overseas members. The fully illustrated '*Soft Food Recipe book*', published in December 2020, continued to provide a useful addition to our publications. We continued to make the facility for both books to be purchased directly from ourselves via our website.

Merchandise

Introduced in 2023, T.O.F.S. branded merchandise continued to be made available for members to buy from the online shop. These items are supplied by a third party and T.O.F.S. does not seek material financial gains from this addition but instead, meet demand by the community and raise the profile of OA/TOF.

Use of Information Technology (IT)

The use of IT continues to be a powerful tool in support of our operations. Facebook remains a very significant means by which members and non-members communicate on OA/TOF matters, and we have increasingly used this form of social media to augment communication with our members. T.O.F.S. has made significant strides in leveraging technology to enhance member benefits and streamline operations. Highlights include:

Dedicated Digital Lead: TOFS has appointed a dedicated Digital Lead to drive technology adoption within the organisation. This strategic move aims to maximise the advantages of digital solutions for our members.

Enhanced Website: TOFS has invested in a new, faster website that not only provides essential information but also includes an online shop. Members can now conveniently order leaflets and books through the website, resulting in a more efficient process for administrative staff.

Hybrid Working Model: Embracing technology, TOFS has adopted a hybrid working model. This approach allows flexibility and widens the talent pool during recruitment. Employees can work both remotely and in-office, optimising productivity for members.

Video Conferencing for Member Engagement: TOFS utilises video conferencing systems to offer live Q&A sessions with medical experts. Members can participate from anywhere, fostering knowledge sharing and support. Additionally, virtual meetups provide a valuable channel for volunteers to connect direct with members who need support.

Active Presence on Other Social Media Channels: TOFS extends its reach beyond Facebook. We maintain an active presence on Instagram, Twitter, Threads, and even TikTok, engaging with our community and sharing valuable content.

Exploring AI: TOFS is currently testing and investigating the use of artificial intelligence (AI) within its operations. Whilst in the early stages, we anticipate that AI could enhance efficiency, improve decision-making, and provide personalised experiences for our members. We will closely monitor its impact and adapt accordingly in the future.

TOFS continues to evolve its technological landscape, ensuring that our members receive the best possible support and resources.

Altido Group Ltd of Cheltenham remain our primary bespoke IT service provider and we hereby note our gratitude for their provision of these services at a discounted or free of charge basis. (We note for reasons of transparency that the late Dennis Harvey (who retired as a Trustee during 2022) was the father-in-law of the Altido Managing Director.)

Liaison with the medical profession and with the NHS

We continued in our commitment to disseminating information to practitioners from health, education and social care. We continue to be assisted by members in distributing posters to hospitals to display in their local neo-natal wards to increase awareness of T.O.F.S. when new parents and carers most need help.

T.O.F.S. continues in its efforts to increase its profile within the medical community. Since 2016, we have had a Medical Advisory Group, which is intended to provide us with a leading group of medical professionals across all relevant disciplines, who can provide advice and guidance, and support our publications with medically approved input. Its Research sub-group continues to support and guide T.O.F.S.' engagement with research studies.

The involvement of T.O.F.S. in research programmes into OA (Oesophageal Atresia) reflects the almost mandatory requirement for relevant patient group support to be given to such projects and where relevant for "the patient voice" and patient perspective to be built into the study's terms of reference. In some instances, this support is characterised purely by endorsement of its relevance and priority to OA patients. In other cases, support may also involve some funding contribution, whilst a research activity may be characterised by more active involvement and/or collaboration with T.O.F.S.

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Projects underway or completed and/or published in 2024 that T.O.F.S. is currently supporting and/or endorsing include:

- The GOSH/ICH (Great Ormond Street Children's Hospital/Institute of Child Health) tissue-engineering project (this is investigating the use of stem cells to develop an oesophagus);
- A study into the feeding issues for patients up to the age of 12 months (which is the subject of a PhD degree);
- A major randomised controlled trial (Treating Oesophageal Atresia to prevent Stricture, TOAST) to investigate whether or not the general use of antacid medicines with all OA babies would be helpful;
- A study (Oesophageal atresia Core Outcomes Long Term, OCELOT) to develop a lifelong relevant 'core outcome set' for OA.
- A study (CSOR - Children's Surgical Outcome Reporting) to compare the outcomes (notably parent-reported outcomes) of babies born with congenital malformations including those born with OA.

In the latter three studies, T.O.F.S. has membership of the study steering group. We also note that since January 2021 T.O.F.S. Trustee Graham Slater has been a Patient & Public Voice partner to the NHS England Clinical Reference Group on Specialised Surgery in Children.

TOFS representatives also attended the following UK medical conferences:

- Expert imaging in Obstetrics and Gynaecology (EIOG). EIOG is a new initiative, aiming to disperse information about OA/TOF to obstetric and paediatric medical professionals
- British Thoracic Society Summer Meeting
- Neonatal Nurses Association and ANNP Annual Conference
- Northern Ireland Neonatal Nurses Association Conference

Co-operation with other organisations

During 2024, T.O.F.S. continued its engagement with other UK patient organisations to start collaborative action concerning care for adult patients suffering ongoing morbidity as a result of being born with congenital malformations such as OA, and/or other rare conditions acquired in childhood. Efforts are ongoing, to jointly approach relevant medical societies and policy-makers in the NHS to address the absence of specialist care - an issue of growing concern as the number of adult patients requiring such care increases each year. A jointly signed letter with seven other UK patient groups was submitted to a number of institutions including the Royal Colleges, the NHS and the Dept. of Health & Social Care. This letter has been acknowledged by its addressees and an initial meeting with representatives of the NHS England Specialist Commissioning Team was held in December where the issues raised were acknowledged. However, ongoing advocacy and engagement with the NHS will be required in order to make effective progress.

We also increased our engagement with organisations which support other conditions in the VACTERL spectrum which OA/TOF patients can also suffer from. We attended and presented at associated conferences such as that run by Max's Trust and the VACTERL Association Family Event.

T.O.F.S. also continued to play a leading role in EAT (Esophageal ATresia Global Support Groups e.V.). This organisation now has member associations in fourteen countries. EAT is a German-registered association, and its involvement is much sought by various international medical working groups, especially those supported by EU funding. As a result, via EAT, T.O.F.S. continues to be actively involved in European collaborative healthcare programmes, with INoEA (International Network on Esophageal Atresia) and other relevant international initiatives.

Through our membership of EAT, T.O.F.S.:

- is actively participating in the European Reference Network (ERN) known as ERNICA (ERN for Inherited and Congenital Anomalies) and ERN-eUROGEN. The latter reflects our increased efforts to support our VACTERL patients which also included our active participation in the annual meeting of AIMAR, the Italian anorectal patients support group. Particular projects include the development of 'patient journeys'; Quality of Life/Mental health studies and webinars; patient/parent-friendly versions of guidelines and consensus statements; and Transition & Adult Care.

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- contributed to the development of the programme for the INoEA conference to be held in 2025; the result of this activity was to ensure active participation of EAT representatives (including three from TOFS) as presenters or moderators in most conference sessions.
- contributed to EAT's engagement with EURORDIS (the European Rare Diseases 'umbrella' organisation for rare disease patient support groups), in particular with regard to the EURORDIS Mental Health initiative and the EURORDIS support to patient representatives in the ERNs (European Reference Networks).
- represented EAT (in conjunction with colleagues from other EAT Member Associations) at medical conferences notably:
 - the ESPGHAN (The European Society for Paediatric Gastroenterology Hepatology and Nutrition) conference
 - the EUPSA (The European Paediatric Surgeons Association, of which T.O.F.S. medical patron Prof. Paolo de Coppi is currently President) conference
 - European Respiratory Congress. Our attendance at this congress reflects our increased focus on respiratory morbidity which to some degree affects the majority of OATOF patients. TOFS Volunteer Dr Caroline Love attended in her role as a patient advocate for EAT/TOFS representing the European Lung Foundation; a short video about TOFS was played at the patient support group day.

Finally, it is noted that on May 1st, 2024, Dr Caroline Love took over as the Chair of the T.O.F.S. Medical Liaison, Research & Collaboration sub-committee.

Expenditure, Funding, Financial Management and Governance

Expenditure

Total expenditure increased in 2024, from the £171,700 of 2023 to £193,716. The Trustees had planned for 2024 expenditure to be increased with a number of projects planned for the year.

The Trustees concluded some time ago that the most effective way to improve support to members and the general community impacted by OATOF was by having staff in place to generate better information, make that more accessible, and generally co-ordinate activity better. Staff costs in all amounted to some 70% of total expenditure in 2024, and the administration element of this remains low. Indeed, we are now conducting a high proportion of our video-editing, information-preparation and layout in-house and have reduced external cash expenditure commensurately.

During the year, we held one conference for members, as explained elsewhere in this report. The charity also continued to offer its members a series of online Question-and-Answer events with medical experts. The external cash cost of these events was just over £3,200 and involved significant staff effort.

The charity adopted virtual meetings in 2020 and – for most of the staff, most of the time - remote working from home via Teams. There does not yet appear to be strong reason to revert to traditional face to face meetings. It is likely that we will continue to use these cost-effective options to a great extent. However, the charity retains its one office as an operating base, from which two staff members work. We have searched without success for a materially cheaper alternative office.

Much of the time spent by T.O.F.S. on engagement with healthcare professionals, their associations and their initiatives is undertaken by volunteers, including some of the Trustees. The volume, impact and importance of this work is far greater than might be inferred from the relatively low sums which the charity has spent on it.

As noted elsewhere in this report, T.O.F.S. attended several UK medical society events in person, with a couple of small exhibition stands. The cost of attending such events can be material, though travel and subsistence is typically the greatest element. However, expenditure in this category was similar to that of 2023.

The cost of magazines and publications was similar to 2023, despite the charity changing supplier.

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Some years ago, the Trustees decided to designate £20,000 in all to pay for sponsorship of relevant medical research and activities of similar long term "scientific" benefit to the OA/TOF community over several years. The Trustees decided to transfer another £20,000 from general funds to this designated research fund in 2021.

We had expected to pay the last tranche of support for the OCELOT project in 2023, but we were not asked to do so. This was paid in 2024.

Income

The charity has no ongoing committed income such as grants, etc. The public sector makes no contribution to our work other than Gift Aid on donations from UK-based individuals.

Around half of the charity's income arises because of fundraising undertaken by our members and the wider community impacted by OA. Most of the remainder arises because a member has directly donated it in one way or another or most typically encouraged others to do so. This high degree of engagement with members and the OA community is vital to T.O.F.S. and the Trustees are very grateful for it.

In 2024, underlying income reached a record level of £183,323. For reference, underlying income has varied between £111,337 and £142,268 (excluding the exceptional Martin and Pretious legacies and the Forrester Trust donation) over the previous five years. Total income in 2024 included a grant of £23,248 from Stewart Investors in Edinburgh which has been ring fenced for updated editions of *The TOF Book*. We are grateful to TOF parent, Greg Johnston for putting TOFS forward.

The value of donations and grants from companies, clubs and societies such as Rotary clubs, sports clubs, Freemasons' lodges and local faith groups grew significantly in 2024, even excluding the Stewart Investors exceptional donation. In almost every case, such corporate/club donations arise because a member has nominated T.O.F.S. to their employer/club/society.

Our two largest corporate donations in 2024 (excluding the Stewart Investors grant) came from organisations that had already donated to T.O.F.S in 2022 and 2023. Blackhawk Network group of companies donated over £12,000 as part of their CSR/benefits programme. We are grateful to TOF parent Jo Fleet-Chapman for her nomination. For the second year running, we were chosen as a beneficiary from the MGL Golf Day which is organised by Mandy and Keith Lerner. Their donation of £10,000 brings the total donations from this event to £30,000. The Trustees are very grateful to the family for deciding to donate once again some of the net proceeds of their annual charity Golf Day to the charity.

Other significant corporate donations in 2024 include £3,000 from Fusion 21 and a grant from Blackbaud for £4,918.50, to fund a new resource for parents to help with breastfeeding their OA/TOF babies.

T.O.F.S. asks members to make a donation in respect of their membership, and many do so, especially upon joining. A significant number make regular monthly donations, and for this, we are very grateful.

The London Marathon remains the largest fundraising event for T.O.F.S., and in 2024 we had seven people who raised almost £19,000. The leading fundraiser was Gavin Mountford who raised £4,277, including Gift Aid.

The Great North Run has been a fixture on the T.O.F.S. calendar for some time. In 2024, our five entrants raised an excellent combined total of over £6,000 including Gift Aid, which is a record fundraising amount for this event.

For a third year, T.O.F.S. had places in the Ride London-Essex 100 cycle ride. Our cyclists raised an excellent combined total of over £15,000 (including Gift Aid). Sadly, the organisers have made a decision not to run this event in 2025.

Some of our younger members took part with their mums and/or dads in our third annual Teddy Toddle, which raised almost £4,500. 2024 saw the first TOFS-organised Big Splash Swimathon which raised over £5,000.

The Trustees are most grateful to the people who put so much effort into training for and completing all of the above events, and into raising a great deal of money for the charity.

T.O.F.S
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2024

More traditional fundraising activity, organised by members themselves, raised just over £45,000. The Trustees are especially grateful to members who organise and undertake so many small-scale events and raise so much for T.O.F.S. We continue to offer them support with fundraising packs, items such as T.O.F.S. branded running vests and a fundraising guide with hints and tips. In 2024 we developed a new fundraising postcard.

Fundraisers of note include Ross Jeavons, (the best-ever London Marathon fundraiser), who ran a 100k Ultramarathon in 2024 raising £8,240. Our largest individual fundraiser was David Loughran, whose fundraising challenge for T.O.F.S. during 2024 Awareness week raised £13,210.

The charity continues to take part in "Your Charity Lottery", which is run by a licensed third-party operator, with approximately 160 people playing on a weekly basis to benefit T.O.F.S.

Income from the sale of the two books published by T.O.F.S. has remained at a useful level. The charity's online shop has been expanded to offer the books with relatively little administrative load, and also to allow members to easily order the many free-of-charge leaflets, badges, etc.

Lastly, we note e-cards - TOFS offered members the chance to send one of a range of selected TOFS electronic Christmas Cards – and to donate to TOFS. The amount raised during Winter 2024-2025 rose to approximately £950 and we are hopeful of further growth in future.

Financial Management

The Trustees have delegated most of the charity's financial management to the Treasurer, who works with a Financial Sub-Committee (FSC). The FSC had held its normal half-yearly meetings in 2024, to review expenditure and incomes, to monitor progress against budgets and to recommend budgets for ratification by the whole Council of Management of T.O.F.S.

On a day-to-day basis, the charity uses a commercial bookkeeping system and produces monthly internal updates. The Treasurer and FSC normally produce reports for the Trustees several times per year, typically quarterly. The Fundraising Working Group meets much more frequently than the FSC and reports to the FSC.

Financial Review and Reserves policy

Like other charities, T.O.F.S. requires reserves in order to operate in the short term and to satisfy legal obligations in the event of the end of funding, a major reduction of funding or a delay in further funding becoming available. In the event of having to close the charity, the reserves would enable proper notice to be given to the beneficiaries and staff and for all legally due payments to be made to staff, volunteers and the organisations with which we do business. In view of the great uncertainties arising from the COVID-19 pandemic, in 2020 the Trustees raised the minimum level of reserves to an amount sufficient to cover all normal operating expenses for a full year. The reserves policy has not been changed since. At the end of 2024, T.O.F.S. has significantly more in reserves than our policy demands, however the apparent excess is very likely to reduce as it is expected that expenditure will exceed the income that can reasonably be anticipated for the next couple of years.

Investment policy and objectives:

T.O.F.S. continues to hold current bank accounts with Lloyds Bank Ltd and CAF Bank Ltd (a part of the Charities Aid Foundation.) For accepting payments and donations it also has accounts with PayPal, Facebook, Just Giving, Peoples' Fundraising, BOPP and Givestar. TOFS also has an account with "In memoriam" donations website Much Loved.

The current "investment" policy was adopted in February 2018. This enables (but does not commit) T.O.F.S. to invest up to approximately half of its apparently excess reserves in risky assets – in pursuit of a meaningful return – via vehicles such as charity-specific diversified pooled investment funds with reputable financial institutions. However, in view of the uncertain/troubling investment horizon, the Trustees decided upon the recommendation of the FSC to continue to hold all reserves as cash in FSCS-protected savings accounts. For the whole of 2024, T.O.F.S. has had savings accounts with Cambridge and Counties Bank, Mansfield Building Society, Hampshire Trust Bank, Redwood Bank and Virgin Money.

T.O.F.S
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2024

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the Council on 23 March 2025 and signed on its behalf by:



Andrew Ian Bailey (Chair)

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF T.O.F.S.

I report to the Charity Trustees on my examination of the accounts of the company, for the year ended 31 December 2024 set out on pages 14 to 22.

Responsibilities and basis of report

As the Charity Trustees of the company, (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)]

I have no concerns and have come across no other matters in connection with the examinations to which attention should be drawn in this report, in order to enable a proper understanding of the accounts to be reached.

K Mealand

K Mealand FCCA
Lemans
29 Arboretum Street
Nottingham
NG1 4JA

21 May 2025

T.O.F.S.
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	Unrestricted funds		Year Ended	Year Ended
		General fund £	Designated funds £	31.12.24 Total funds £	31.12.23 Total funds £
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	2	197,020	-	197,020	125,617
Other trading activities	3	15,281	-	15,281	14,846
Investments	4	10,235	-	10,235	9,302
		—	—	—	—
Total income and endowments		222,536	-	222,536	149,765
EXPENDITURE ON:					
Raising funds	5	5,684	-	5,684	1,811
Charitable activities	6	181,066	4,000	185,066	167,080
Other	7	2,966	-	2,966	2,809
		—	—	—	—
Total expenditure		189,716	4,000	193,716	171,700
		—	—	—	—
NET INCOME/(EXPENDITURE)		32,820	(4,000)	28,820	(21,935)
Transfers between funds		(23,248)	23,248	-	-
		—	—	—	—
Net movement in funds		9,572	19,248	28,820	(21,935)
Reconciliation of funds					
TOTAL FUNDS BROUGHT FORWARD		270,813	14,726	285,539	307,474
		—	—	—	—
TOTAL FUNDS CARRIED FORWARD		280,385	33,974	314,359	285,539
		—	—	—	—

The notes form part of these financial statements

T.O.F.S. – COMPANY NUMBER 2202260
BALANCE SHEET
AT 31 DECEMBER 2024

	Notes	Unrestricted funds		Year Ended	Year Ended
		General fund £	Designated funds £	31.12.24 Total funds £	31.12.23 Total funds £
FIXED ASSETS					
Tangible assets	12	-	-	-	-
Investments	14	-	-	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
		-	-	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
CURRENT ASSETS					
Stock		5,104	-	5,104	6,980
Debtors: amounts falling due within one year	13	10,594	-	10,594	13,555
Investments	14	263,801	-	263,801	238,167
Cash at bank		10,498	33,974	44,472	33,492
		<hr/>	<hr/>	<hr/>	<hr/>
		289,997	33,974	323,971	292,194
CREDITORS					
Amounts falling due within one year	15	9,612	-	9,612	6,655
		<hr/>	<hr/>	<hr/>	<hr/>
NET CURRENT ASSETS					
		280,385	33,974	314,359	285,539
		<hr/>	<hr/>	<hr/>	<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		280,385	33,974	314,359	285,539
		<hr/>	<hr/>	<hr/>	<hr/>
NET ASSETS					
		280,385	33,974	314,359	285,539
		<hr/>	<hr/>	<hr/>	<hr/>
FUNDS					
General fund	16			280,385	270,813
Designated funds				33,974	14,726
				<hr/>	<hr/>
TOTAL FUNDS					
				314,359	285,539
				<hr/>	<hr/>

The notes form part of these financial statements

T.O.F.S. – COMPANY NUMBER 2202260
BALANCE SHEET - CONTINUED
AT 31 DECEMBER 2024

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The trustees have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

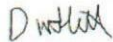
- (a) ensuring that the charitable company keeps accounting records that comply with Section 386 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial period and of its surplus or deficit for each financial period in accordance with the requirements of Section 394 and Section 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Council of Management on 23 March 2025 and were signed on its behalf by:



A Bailey (Chair) – Trustee



D Hill (Treasurer) – Trustee



G Slater (Company Secretary) - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements and assessment of going concern

TOFS is a private charitable company limited by guarantee incorporated in England within the UK. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are stated on page 2 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £. The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income

Voluntary income is received by way of donation and gifts and is included in full in the Statement of Financial Activities when received. The value of services provided by volunteers has not been included.

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Tangible Fixed Assets

Depreciation is provided at the following annual rate to write off each asset over its estimated useful life:

Office equipment	33% on cost
------------------	-------------

From January 2012, the Trustees decided to write off the cost of office equipment in full in the year of purchase

Stocks

Stock is valued at the lower of cost and estimated selling price.

Current asset investments

The charity holds cash on deposit for investment purposes, in order to obtain a better rate of return, thereby increasing their income enabling them to meet their objects.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Debtors and Creditors

Debtors and Creditors receivable and payable within one year are recorded at transaction price.

Cash at Bank

The charity holds sufficient funds in order to meet its short-term cash commitments as they fall due.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

T.O.F.S.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

2. DONATIONS AND LEGACIES

	2024	2023
Donations:		
Charitable Trusts, Clubs and Corporations	67,452	32,508
Individuals	5,592	2,632
In Memoria	2,534	8,801
Members and Friends	45,049	28,463
London Marathon/Great North Run/Teddy Toddle/Ride London 100/ Big Splash	44,600	29,717
Other	31,793	23,496
	<hr/>	<hr/>
	197,020	125,617
	<hr/> <hr/>	<hr/> <hr/>

- Other donations and gifts include donations made by members in respect of their membership.
- Members and Friends donations are made as a result of events run by them to raise funds for TOFS.
- London Marathon, Great North Run, Teddy Toddle, Ride London and Big Splash are special cases of fundraising by members for TOFS.

3. INCOME FROM OTHER TRADING ACTIVITIES

	2024	2023
Sale of TOFS goods	5,552	6,027
TOFS fundraisers and raffles	6,129	8,819
TOAST project	3,600	-
	<hr/>	<hr/>
	15,281	14,846
	<hr/> <hr/>	<hr/> <hr/>

4. INVESTMENT INCOME

Interest receivable	10,235	9,302
	<hr/>	<hr/>
	10,235	9,302
	<hr/> <hr/>	<hr/> <hr/>

5. COSTS OF RAISING FUNDS

Opening stock	6,980	4,044	
Purchases	1,158	769	
Closing stock	(5,104)	(6,980)	
	<hr/>	<hr/>	
	3,034	(2,167)	
Just Giving subscription	331	216	
London Marathon / Great North Run/ Ride London	2,319	3,762	
	<hr/>	<hr/>	
	5,684	1,811	
	<hr/> <hr/>	<hr/> <hr/>	

T.O.F.S.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

6. CHARITABLE ACTIVITIES

	2024	2023
Pastoral support and information exchange:		
Newsletters	12,915	7,771
Event costs	3,253	2,859
Telecommunications	1,604	1,860
Printing, postage, stationery, fundraising costs and publicity	9,276	8,331
Support costs (note 8)	112,260	109,700
	<hr/>	<hr/>
	139,308	130,521
Medical liaison, research and co-operation:		
Projects - Medics to INoEA / Medical and Hospital Liaison	2,635	3,100
Research costs	4,000	-
Awareness week and other	3,414	70
Support costs	35,450	32,770
Projects European Collaboration / EAT	259	619
	<hr/>	<hr/>
	45,758	36,559
	<hr/>	<hr/>
	185,066	167,080
	<hr/> <hr/>	<hr/> <hr/>

7. OTHER COSTS

	2024	2023
Accountancy and professional fees	2,966	2,809
	<hr/>	<hr/>

8. SUPPORT COSTS

	Pastoral support & information exchange	Medical liaison research and co-operation	2024 TOTAL	2023 TOTAL
Wages	103,708	32,750	136,458	127,427
Finance	129	41	170	120
Information Technology	2,249	710	2,959	8,682
Office accommodation	4,301	1,358	5,659	5,456
Travel and sundry	1,873	591	2,464	785
	<hr/>	<hr/>	<hr/>	<hr/>
	112,260	35,450	147,710	142,470
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Support costs have been allocated to the activities based on time spent.

9. NET INCOMING RESOURCES

	2024	2023
Net resources are stated after charging:		
Independent examiner's fees	2,028	1,914
Payroll Administration	535	571
	<hr/>	<hr/>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' Expenses

Five (2023 – 6) of the trustees received reimbursed expenses in the period of £2,515 (2023- £4,129). The expense reimbursements were dominated by the cost £1,504 (2023 £2,081) of a new printer, apple watch and travel.

11. STAFF COSTS

The average number of full time equivalent employees during the period was 4 (2023 – 3.59)

No employee received total employee benefits of more than £60,000.

The total staff costs and employee benefits were as follows:

	<u>31.12.24</u>	<u>31.12.23</u>
	£	£
Wages and Salaries	119,687	115,266
Social Security Costs	6,443	5,088
Pension Costs	10,328	7,073
	<hr/>	<hr/>
	136,458	127,427
	<hr/> <hr/>	<hr/> <hr/>

12. TANGIBLE FIXED ASSETS

	<u>Office Equipment</u>
	£
COST	
At 1 January 2024	3,944
Additions/(Disposals)	-
	<hr/>
At 31 December 2024	3,944
	<hr/>
DEPRECIATION	
At 1 January 2024	3,944
Charge for the year	-
	<hr/>
At 31 December 2024	3,944
	<hr/>
NET BOOK VALUE	
At 31 December 2024	-
	<hr/> <hr/>
At 31 December 2023	-
	<hr/> <hr/>

T.O.F.S.
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Prepayments and other debtors	8,723	11,541
Gift Aid	1,871	2,014
	<u> </u>	<u> </u>
	10,594	13,555
	<u> </u>	<u> </u>

14. CASH HELD FOR INVESTMENTS

	2024	2023
Current asset investments	263,801	238,167
Fixed asset investments	-	-
	<u> </u>	<u> </u>
	263,801	238,167
	<u> </u>	<u> </u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accountancy	2,028	1,914
Social Security & other taxes	2,617	2,831
Accruals	4,967	1,910
	<u> </u>	<u> </u>
	9,612	6,655
	<u> </u>	<u> </u>

16. MOVEMENT IN FUNDS

	<u>At 1.1.24</u>	<u>Net Movement</u>	<u>Transfers</u>	<u>At 31.12.24</u>
	£	<u>in funds</u>	<u>between funds</u>	£
	£	£	£	£
Unrestricted funds				
General Fund	270,813	32,820	(23,248)	280,385
Designated Fund - Medical research	14,726	(4,000)	-	10,726
The ToF Book	-	-	23,248	23,248
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	285,539	28,820	-	314,359
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Gains and	Movement
	resources	expended	losses	in funds
Unrestricted funds				
General Fund	222,536	189,716	-	32,820
Designated Fund – Medical research	-	4,000	-	(4,000)
Projects and resources	-	-	-	-
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	222,536	193,716	-	28,820
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

16. MOVEMENT IN FUNDS CONTINUED....

	<u>At 1.1.23</u>	<u>Net Movement</u>	<u>Transfers</u>	<u>At 31.12.23</u>
	£	in funds	between funds	£
Unrestricted funds				
General Fund	292,748	(21,935)	-	270,813
Designated Fund – Medical research	14,726	-	-	14,726
Projects & resources	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	307,474	(21,935)	-	285,539
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Gains and	Movement
	resources	expended	losses	in funds
Unrestricted funds				
General Fund	149,765	171,700	-	(21,935)
Designated Funds – Medical research	-	-	-	-
Projects and resources	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	149,765	171,700	-	(21,935)
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The research designated fund was created in 2013. The Trustees added to this in 2014. A total of £40,000 of reserves has now been designated to support relevant medical research work, over several years. In 2019 the Trustees created an additional designated fund for “Projects and Additional Resources” – to cover principally additional staff costs over the subsequent couple of years. The trustees closed this latter fund during 2022. In 2024, the donation of £23,248 received from Stewart Investors was designated for future editions of the Tof Book.

17. RELATED PARTY TRANSACTIONS.

During the year, TOFS has bought IT services amounting to £390 (2023 - £1,228) from Altido (formerly CRM Labs). The managing director of this firm is the son-in-law of the late Dennis Harvey, who served as a Trustee until March 2022.

18. PENSION CONTRIBUTIONS

The charity operates a defined contribution scheme. The assets are managed independently of the charity and contributions are charged to the Statement of Financial Activities in the period they are made. The charge for the year was £10,328 (2023 - £7,073).

T.O.F.S.
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

	Year Ended 31.12.2024		Year Ended 31.12.2023	
	£	£	£	£
Donations				
Charitable Trusts, Clubs and Corporations	67,452		32,508	
Individuals	5,592		2,632	
In Memoria	2,534		8,801	
Members and Friends	45,049		28,463	
London Marathon, Great North Run, Teddy Toddle, Ride London 100 and Big Splash	44,600		29,717	
Other	31,793		23,496	
	-----		-----	
		197,020		125,617
Other income				
Sale of TOFS Goods	5,552		6,027	
Interest	10,235		9,302	
TOFS Fundraisers and raffles	6,129		8,819	
TOAST project	3,600		-	
	-----		-----	
		25,516		24,148
		-----		-----
Total Income		222,536		149,765
		=====		=====
Cost of TOFS Goods Sold				
Opening stock	6,980		4,044	
Purchases	1,158		769	
Closing stock	(5,104)		(6,980)	
	-----		-----	
		3,034		(2,167)
Just Giving subscription		331		216
London Marathon / Great North Run / Ride London		2,319		3,762
		-----		-----
		5,684		1,811
Fundraising, Publicity & Co-operation				
Newsletters		12,915		7,771
Printing, postage, stationery, fundraising costs & publicity		9,276		8,331
Cooperation with other organisation		259		619
Liaison with the medical profession		6,049		3,170
		-----		-----
		28,499		19,891
Central costs				
Wages, social security & pension costs		136,458		127,427
Accountancy		2,966		2,809
Telecommunications		1,604		1,860
		-----		-----
		141,028		132,096

This page does not form part of the statutory financial statements

T.O.F.S.
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2024

	Year Ended 31.12.2024		Year Ended 31.12.2023	
	£	£	£	£
Other Operating costs				
Event expense	3,253		2,859	
Travel and meeting	1,737		81	
Rent and Insurance	5,659		5,456	
Research, Recruitment and Sundry	4,727		704	
Computer costs	2,959		8,682	
Bank charges	170		120	
Bad Debts	-		-	
	<hr/>	18,505	<hr/>	17,902
Total Expenditure		<hr/>		<hr/>
		193,716		171,700
		<hr/>		<hr/>
NET INCOME/(EXPENDITURE)		28,820		(21,935)
Funds brought forward		285,539		307,474
		<hr/>		<hr/>
Funds carried forward		314,359		285,539
		<hr/>		<hr/>

This page does not form part of the statutory financial statements