

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE**

**Annual Report and Accounts**

**For the year ended 31<sup>st</sup> December 2022**

**Registered charity number 326372**

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE  
ANNUAL REPORT AND ACCOUNTS  
FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2022**

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# THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

## TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31<sup>ST</sup> DECEMBER 2022

The trustees submit their annual report and financial statements for the British Society for Ecological Medicine (the charity) for the year ended 31<sup>st</sup> December 2022. These have been prepared in accordance with the accounting policies set out on page 9 and comply with the Charities Constitution and charity law.

### 1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Redhill Chambers, 2d High Street, Redhill, Surrey, RH1 1RJ.

### 2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president  
Dr F Meuschel - secretary  
P Noble – treasurer  
Dr A Econs

### 3. Independent Examiner

David Wheeler FCCA  
Cheeld Wheeler & Co  
Chartered Certified Accountants  
Redhill Chambers  
2d High Street  
Redhill  
Surrey  
RH1 1RJ

### 4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

### 5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

# THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

## TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31<sup>ST</sup> DECEMBER 2022 (cont'd)

### 6. **Organisation and management**

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meetings minutes are now stored electronically. In 2017 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

### 7. **Investment powers**

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2022 (2021: none).

### 8. **Objectives and activities for the public benefit**

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

### 9. **Financial Review**

The accounts show an excess of income over expenditure of £42,343 (2021: £11,573). The trustees consider that this is a satisfactory result. The surplus was due mainly to a legacy of £60,000 received during the year, offset by increased spending on the Monograph Project (see below), losses on training events as we recovered from the Covid pandemic and expenditure on internal process and systems improvements.

### 10. **Plans for the future**

The trustees plan to continue to offer further conferences and training for members of the Society and the general public. The society continues with the "Monograph Project" to prepare a series of monographs providing substantiated scientific information on individual nutrients and therapies, each covering topics of: Safety; Indications and Disorders; Contraindications and warnings; Dosages and modes of administration. These are to be made available to members for use as information for patients, for colleagues, teaching and training tools, and as supportive information in medico-legal contexts. Contractors have been engaged to undertake this project and a supervisory team is in place.

# THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

## TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31<sup>ST</sup> DECEMBER 2022 (cont'd)

### 11. Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safeguarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

### 12. Independent Examiner

A resolution will be proposed at the Annual General Meeting that David Wheeler of Cheeld Wheeler & Co will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on 7 October 2023

Signed on their behalf by:

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Honourable treasurer  
Peter Noble

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Chairman  
Dr Franziska Meuschel

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE**  
**INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES**

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31<sup>st</sup> December 2022.

**Responsibilities and basis of report**

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (‘the Act’).

I report in respect of my examination of the Society’s accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner’s statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a ‘true and fair view’ which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Wheeler – Independent Examiner

David Wheeler FCCA  
Cheeld Wheeler & Co  
Chartered Certified Accountants  
Redhill Chambers  
2d High Street  
Redhill  
Surrey  
RH1 1RJ

Dated: October 2023

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2022**

	<b>Note</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
<b>INCOME</b>			
Donations and legacies	2	60,210	120
Income from charitable activities	3	70,380	46,441
Other income		<u>0</u>	<u>(1,174)</u>
<b>TOTAL INCOME</b>		<b><u>130,590</u></b>	<b><u>45,387</u></b>
<b>EXPENDITURE</b>			
Charitable activities	4	81,315	31,324
Governance costs	5	<u>6,932</u>	<u>2,490</u>
		<b><u>88,247</u></b>	<b><u>33,814</u></b>
<b>Net income for the year</b>		<b>42,343</b>	<b>11,573</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>At 1<sup>st</sup> January 2022</b>		71,118	59,545
<b>At 31<sup>st</sup> December 2022</b>		<b><u>£113,461</u></b>	<b><u>£71,118</u></b>

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE**

**BALANCE SHEET**

**AT 31<sup>ST</sup> DECEMBER 2022**

	Note	2022 £	2021 £
<b>CURRENT ASSETS</b>			
Debtors and prepayments		595	859
Bank accounts		<u>122,713</u>	<u>77,373</u>
		<b><u>123,308</u></b>	<b><u>78,232</u></b>
<b>CURRENT LIABILITIES</b>			
Amounts falling due within one year			
Deferred income		1,510	320
Accrued expenses		<u>8,337</u>	<u>6,794</u>
		<b><u>9,847</u></b>	<b><u>7,114</u></b>
<b>NET CURRENT ASSETS</b>		<b><u>£113,461</u></b>	<b><u>£71,118</u></b>
<b>THE FUNDS OF THE CHARITY</b>			
General fund		<u>113,461</u>	<u>71,118</u>
		<b><u>£113,461</u></b>	<b><u>£71,118</u></b>

Approved by the Trustees on 7 October 2023  
behalf by:

and signed on their

Trustee \_\_\_\_\_

Franziska Meuschel

Trustee \_\_\_\_\_

Peter Noble

# THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

## NOTES TO THE ACCOUNTS

### FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2022

#### 1. Accounting Policies

a. **Accounting convention and assessment of going concern**

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. **Accruals basis**

Accounts have been prepared on the accruals accounting basis.

c. **Income**

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. **Expenditure**

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. **Irrecoverable VAT**

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2022 (cont'd)

	2021	2021
<b>2. Income - donations and legacies</b>		
Donations	<u>£60,210</u>	<u>£120</u>
<b>3. Income from charitable activities</b>		
Conference fees, training days and workshops	35,675	16,390
On line training	8,240	8,277
Membership subscriptions	<u>26,465</u>	<u>21,774</u>
	<u>£70,380</u>	<u>£46,441</u>
<b>4. Charitable activities expenditure</b>		
Conference, training days and workshop costs	48,303	18,939
On line training	4,182	3,736
Contractors fees	27,809	8,649
Fundraising costs	<u>1,021</u>	<u>-</u>
	<u>£81,315</u>	<u>£31,324</u>
<b>5. Governance costs</b>		
Admin fees	780	720
General costs	<u>6,152</u>	<u>2,500</u>
	<u>£6,932</u>	<u>£3,381</u>

Admin fees include £720 for the Independent Examiner (2021: £660).

**6. Information concerning the trustees**

None of the trustees received any remuneration for their services to the society (2021: £nil).

**7. Related party transactions**

There have been no related party transactions during the year.

**8. Taxation**

The charity is exempt from income tax as all income is generated for charitable purposes.

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE**  
**Detailed Income and Expenditure Account**  
**For the year ended 31<sup>st</sup> December 2022**

	£	2022 £	£	2021 £
<b>INCOME</b>				
General				
Membership subscriptions	26,465		21,774	
	-		288	
		26,465		21,562
Conference, training days and workshops income				
Mould and Mycotoxins	7,896		(650)	
Gastroenterology – Beyond the gut	5,650		-	
Detoxification – Spotlight on the liver	3,245		-	
Immunology – Spotlight on cancer	9,165		-	
Workshop – Mayr	2,340		-	
Workshop – Micro Immunotherapy 1	6,670		-	
Spotlight on the lungs	-		5,635	
Spotlight on Allergies & Intolerances	-		5,745	
Spotlight on Cardiology	-		5,500	
Certificate fees	-		45	
		34,966		16,390
On line training income		8,240		8,232
Sundry training income		708		45
Donations		60,210		120
Other income		-		(1,174)
		<u>130,590</u>		<u>50,604</u>

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE**  
**Detailed Income and Expenditure Account**  
**For the year ended 31<sup>st</sup> December 2022**

<b>EXPENDITURE</b>	<b>2022</b>		<b>2021</b>	
	£	£	£	£
General				
Examiner's fees	780		720	
Fundraising costs	1,021		-	
General costs	<u>6,152</u>		<u>1,770</u>	
		7,953		2,490
Mould and Mycotoxins	11,196		-	
Gastroenterology – Beyond the gut	5,739		-	
Spotlight on the liver	4,379		-	
Immunology – Spotlight on cancer	9,234		-	
Workshop - Mayr	4,305		-	
Workshop – Micro immunotherapy	3,624		-	
Immunology – Spotlight on the lungs	(36)		5,635	
Spotlight on Allergies and intolerances	-		4,296	
Training day – Cardiology and Heart	-		5,379	
Spotlight on hormones	-		119	
Spotlight on inflammation	-		54	
Phospholipid Workshop	-		35	
Monograph Project	<u>9,862</u>		<u>3,421</u>	
		48,303		14,676
Contractors' fees		27,809		11,434
On line training		<u>4,182</u>		<u>9,687</u>
		88,247		39,178
<b>Excess of income over expenditure for the year</b>		<b><u>42,343</u></b>		<b><u>11,426</u></b>