

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

Annual Report and Accounts

For the year ended 31st December 2021

Registered charity number 326372

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2021**

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THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2021

The trustees submit their annual report and financial statements for the British Society for Ecological Medicine (the charity) for the year ended 31st December 2021. These have been prepared in accordance with the accounting policies set out on page 9 and comply with the Charities Constitution and charity law.

1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Dr Franziska Meuschel c/o Biolab, The Stone House, 9 Weymouth Street, London, W1W 6DB.

2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president
Dr F Meuschel - secretary
P Noble – treasurer
Dr A Econs

3. Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Goodman House
13a West Street
Reigate
Surrey
RH2 9BL

4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2021 (cont'd)

6. **Organisation and management**

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meetings minutes are now stored electronically. In 2017 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

7. **Investment powers**

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2021 (2020: none).

8. **Objectives and activities for the public benefit**

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses which were started in 2017.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

9. **Financial Review**

The accounts show an excess of income over expenditure of £11,573 (2020: £11,426). The trustees consider that this is a satisfactory result. The surplus was due in part to the careful control of administration fees and general costs which have fallen significantly and are more than covered by the increased receipts of membership subscriptions during the year.

10. **Plans for the future**

The trustees plan to continue to offer further conferences and training for members of the Society and the general public. The society continues with the "Monograph Project" to prepare a series of monographs providing substantiated scientific information on individual nutrients and therapies, each covering topics of: Safety; Indications and Disorders; Contraindications and warnings; Dosages and modes of administration. These are to be made available to members for use as information for patients, for colleagues, teaching and training tools, and as supportive information in medico-legal contexts. Contractors have been engaged to undertake this project and a supervisory team is in place.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2021 (cont'd)

11. Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safe guarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

12. Independent Examiner

A resolution will be proposed at the Annual General Meeting that David Wheeler of Cheeld Wheeler & Co (previously known as Braidwood Wheeler and Co) will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on 21 September 2022

Signed on their behalf by:

_____Peter Noble_____

_____Franziska Meuschel_____

Honourable treasurer
Peter Noble

Secretary
Dr Franziska Meuschel

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31st December 2021.

Responsibilities and basis of report

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (‘the Act’).

I report in respect of my examination of the Society’s accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner’s statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a ‘true and fair view’ which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Wheeler

David Wheeler – Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Goodman House
13a West Street
Reigate
Surrey
RH2 9BL

Dated: 9 August 2022

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST DECEMBER 2021

	Note	2021 £	2020 £
INCOME			
Donations and legacies	2	120	30
Income from charitable activities	3	46,441	49,362
Other income		(1,174)	1,212
TOTAL INCOME		<u>45,386</u>	<u>50,604</u>
EXPENDITURE			
Charitable activities	4	31,324	35,797
Governance costs	5	2,490	3,381
		<u>33,814</u>	<u>39,178</u>
Net income for the year		11,573	11,426
RECONCILIATION OF FUNDS			
At 1st January 2021		59,545	48,119
At 31st December 2021		<u>£71,118</u>	<u>£59,545</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

BALANCE SHEET

AT 31ST DECEMBER 2021

	Note	2021 £	2020 £
CURRENT ASSETS			
Debtors and prepayments		859	15,251
Bank current account		<u>77,373</u>	<u>58,963</u>
		<u>78,231</u>	<u>74,214</u>
CURRENT LIABILITIES			
Amounts falling due within one year			
Deferred income		320	-
Other creditors		-	1,065
Accrued expenses		<u>6,794</u>	<u>13,604</u>
		<u>7,114</u>	<u>14,669</u>
NET CURRENT ASSETS		<u>£71,118</u>	<u>£59,545</u>
THE FUNDS OF THE CHARITY			
General fund		<u>71,118</u>	<u>59,545</u>
		<u>£71,118</u>	<u>£59,545</u>

Approved by the Trustees on
behalf by:

21st July 2022

and signed on their

Trustee _____ Franziska Meuschel _____

Franziska Meuschel

Trustee _____ Peter Noble _____
Peter Noble

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2021

1. Accounting Policies

a. **Accounting convention and assessment of going concern**

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. **Accruals basis**

Accounts have been prepared on the accruals accounting basis.

c. **Income**

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. **Expenditure**

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. **Irrecoverable VAT**

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2021 (cont'd)

	2021	2020
2. Income - donations and legacies		
Donations	<u><u>£120</u></u>	<u><u>£ 30</u></u>
3. Income from charitable activities		
Conference fees, training days and workshops	16,390	18,649
On line training	8,277	11,211
Membership subscriptions	<u>21,774</u>	<u>19,502</u>
	<u><u>£46,441</u></u>	<u><u>£49,362</u></u>
4. Charitable activities expenditure		
Conference, training days and workshop costs	18,939	14,676
Training	3,736	9,687
Contractors fees	<u>8,649</u>	<u>11,434</u>
	<u><u>£31,324</u></u>	<u><u>£35,797</u></u>
5. Governance costs		
Admin fees	720	881
General costs	<u>1,770</u>	<u>2,500</u>
	<u><u>£2,490</u></u>	<u><u>£3,381</u></u>

Admin fees include £660 for the Independent Examiner (2020: £660).

6. Information concerning the trustees

None of the trustees received any remuneration for their services to the society (2020: £nil).

7. Related party transactions

There have been no related party transactions during the year.

8. Taxation

The charity is exempt from income tax as all income is generated for charitable purposes.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2021

	£	2021 £	£	2020 £
INCOME				
General				
Membership subscriptions	21,774		19,502	
Conference packs and books sold	-		288	
		21,774		19,790
Conference, training days and workshops income				
Mould and Mycotoxins 13.06.20	(650)		4,295	
Intro to Low Dose Immunotherapy	-		170	
Spotlight on Hormones 07.02.20	-		3,130	
Spotlight on Inflammation 03.11.20	-		8,000	
Workshop Micro Immunotherapy 08.02 20	-		2,119	
Phospholipid Workshop	-		935	
Spotlight on Allergies & Intolerances TD9-18.06.2021	5,745		-	
Immunology: Spotlight on Lungs 12.Nov 21 TD10	5,750		-	
Spotlight on Cardiology TD8 23.04.21	5,500		-	
Certificate charges	45		-	
		16,390		18,649
Training		8,277		11,211
Donations		120		30
Other income		(1,174)		924
		<u>45,386</u>		<u>50,604</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2021

EXPENDITURE	2021		2020	
	£	£	£	£
General				
Admin fees	720		881	
General costs	<u>1,770</u>		<u>2,500</u>	
		2,490		3,381
Mould and Mycotoxins 13.06.20	-		2,594	
Intro to Low Dose Immunotherapy	-		26	
Spotlight on Hormones 07.02.20	119		2,969	
Spotlight on Inflammation 03.11.20	-		5,012	
Workshop Micro Immunotherapy 08.02.20	-		2,455	
Phospholipid Workshop 18.02.20	35		1,620	
Spotlight on Inflammation TD7	54		-	
Training day TD8 – Cardiology/Heart 5 th Feb 2021 (moved to 23.04.21)	5,379		-	
Spotlight on Allergies & Intolerances			-	
Training Day 9 – 18 June 2021	4,296			
Immunology TD10 Spotlight on the Lungs 12.11.21	5,635		-	
Monograph Project	<u>3,421</u>		<u>-</u>	
		18,939		14,676
Contractors' fees		8,649		11,434
Training		<u>3,736</u>		<u>9,687</u>
		33,814		39,178
Excess of income over expenditure for the year		<u>£11,573</u>		<u>£11,426</u>