

Charity Number: 313785

THE OSTEOPATHIC FOUNDATION
REPORT OF THE TRUSTEES AND UNAUDITED
FINANCIAL STATEMENTS
YEAR ENDED 31 MAY 2023

THE OSTEOPATHIC FOUNDATION
FOR THE YEAR ENDED 31 MAY 2023

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THE OSTEOPATHIC FOUNDATION

MANAGEMENT AND ADMINISTRATION INFORMATION

Name of charity: The Osteopathic Foundation

Charity Number: 313785

Principal address: Osteopathic Foundation
3 Park Terrace
Manor Road
Luton
LU1 3HN

Trustees

The trustees and officers serving during the year and since the year-end were as follows:

Institute of Osteopathy

Secretary Maurice Cheng

Senior management Simon Fielding (Chairman, Osteopathic Foundation)
Duncan Empey
Nadine Hobson
Tim Allardyce
Kerstin Rolfe
Peter Brogden
Obi Hassan

Independent examiners: UHY Hacker Young LLP
Quadrant House
4 Thomas More Square
London
E1W 1YW

Solicitors: Moira Protani Ltd
72 Woodbourne Avenue
Brighton
BN1 8EJ

Advisers: Investec Wealth & Investment
30 Gresham Street
London
EC2V 7QN

THE OSTEOPATHIC FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2023

The Osteopathic Foundation, previously the Osteopathic Educational Foundation, was entrusted to the care of the Institute of Osteopathy by the Osteopathic Educational Foundation Trustees on 31 January 2017.

The Institute of Osteopathy is the corporate trustee of The Osteopathic Foundation and by agreement with the outgoing Osteopathic Education Foundation trustees, the Council of the Institute has appointed an independently chaired management board, The Osteopathic Foundation Board, to manage the affairs of the charity. The Board have pleasure in presenting their report and the financial statements for the charity for the year ended 31st May 2023. The Board have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102; effective 1 January 2015).

Objectives and activities

Objectives and aims

The purpose of the charity as set out in its governing document is to advance and promote the development and education of the science and practice of osteopathy for the benefit of the public, in particular by:

- (1) Raising and administering funds in order to assist and support all aspects of osteopathic education, development, promotion, research and practice for the benefit of the public.
- (2) Assisting, conferring and cooperating with any established osteopathic organisation or Government Department to support and improve osteopathic education, development, promotion, research and practice.
- (3) Promoting the development of better training and systems to improve the practice of osteopathy.

The Board has considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

Social investments

The Foundation decided to place on hold the student loan provision inherited from the Osteopathic Education Foundation Trustee Board for this year until it investigates the best steps to maximise its impact to this beneficiary group. The Foundation hopes to offer the loans provision or something similar again next year.

Grant-making

The Osteopathic Foundation board has developed an initial core strategy centred on the funding of research and educational programmes. By the end of the financial year 2021/22, there was one successfully completed and closed grant, with ten grants remaining live and in management. In comparison, there were three successfully completed and closed grants and nine remaining live at the end of the 2022/23 financial year.

Achievements and performance

Significant activities

The results of the three projects successfully closed this year show that good investment has been made by the Foundation to advance the profession, with results continuing to be disseminated and shared widely. One of the research studies investigated how mild head injuries among rugby players can cause functional and neurological changes in the brain.

The Foundation is now funding NCOR to develop a Practice-Based Research Network named POWER (Patients and Osteopaths Working together to Enhance Research). This will bring together the profession to look at best practices. Students experiencing financial hardship were also supported by the foundation through several small grants.

THE OSTEOPATHIC FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2023

Our objectives remain the same, namely the advancement of osteopathy in the public interest, through funding projects that contribute to education and to research, that promotes the profession.

Following the receipt of three large donations in the year to May 2022 we have seen some reduction in donations for this financial year. There are plans however in the next financial year to move forward with fundraising activities to increase donations to the charity in the future. A further donation of £70,000 was received from the Dr Ratcliffe Scholarship Fund meaning we have now received £113,000 in total. Regular small donations continue to be received via Easyfundraising and our advert in the Law Society has been renewed for another year.

With the continued support and dedication of the Trustees and staff team, we look forward to the Osteopathic Foundation strengthening its position as a driving force for the profession.

Investment performance

The turbulence in the economy during and since Covid caused a downturn in the market resulting in both a loss in value of the investment portfolio, and on sale of investments however there seems to be some recovery with an annual return between January and May 2023 of 2.6% and no particular concerns reported by Investec. The year-end valuation of the fund was £2,978,912.

Financial review

Reserves and reserves policy

The Accumulated Fund of the Osteopathic Foundation, comprising principally the investment portfolio, is regarded by the Trustee as the “permanent endowment” of the Charity. Hitherto, the Trustee has regarded the underlying investment portfolio, augmented from time to time by legacies and donations, as providing a Fund, the net income of which can be used to provide grants for osteopathic education purposes and research.

Up until 2000, the Osteopathic Education Foundation provided, in the main, grants to osteopathic students to enable those who could not otherwise fund their training to do so. After 2000, the Osteopathic Education Foundation changed its policy to preserve its endowment and, in addition to providing research grants, utilised substantially all its net income in building up a loan portfolio, the student loans of which were to be repayable over a period not exceeding five years, following the successful completion of training.

Total reserves as of 31 May 2023 amounted to £3,149,186 (2022: £3,316,838) with net loss for the period of (£167,652) (2022: £245,279).

Structure, governance and management

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

The charity is organised so the Trustee and its members meet regularly to manage its affairs. The day to day administration is managed by The Osteopathic Foundation Project Manager.

The Trustee regularly identifies and reviews the risk to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The principal risks faced by the charity lie in the performance of investments and operational risks from the inappropriate advancement of loans and making of grants. The risk variability in investment returns is mitigated by the retention of expert investment managers as custodians and advisors of a diversified portfolio of investments.

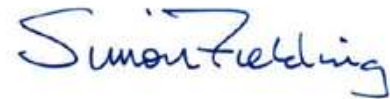
THE OSTEOPATHIC FOUNDATION

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MAY 2023**

Recruitment and appointment of trustee

The Osteopathic Foundation Board was appointed through open advertisement, with the process being overseen by the Institute of Osteopathy Appointments Committee, with four lay members (with strong health backgrounds), one of whom is Chair, and three osteopaths. The Chair left the Foundation in April 2023. A new Chair was appointed in May 2023.

This report was approved by the Board of Trustees and signed on their behalf by:



.....
Simon Fielding
For the Institute of Osteopathy

29 September 2023
Date:

INDEPENDENT EXAMINER'S REPORT TO THE OSTEOPATHIC FOUNDATION

I report to the trustees on my examination of the accounts of The Osteopathic Foundation (the charity) for the year ended 31 May 2023, which are set out on pages 6 to 14.

Responsibilities and basis of report

As the charity trustee, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Harriet Hodgson-Grove ACA
UHY Hacker Young LLP
Independent Examiner

Quadrant House
4 Thomas More Square
London
E1W 1YW

Date: ..29 September 2023.....

THE OSTEOPATHIC FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES AND COMPREHENSIVE INCOME
FOR THE YEAR ENDED 31 MAY 2023

		Year ended 31 May 2023	Year ended 31 May 2022
	Notes	£	£
Unrestricted income and endowments from:			
Donations and legacies	2	71,092	415,792
Investments	3	55,026	48,927
Other income	4	-	25
		<hr/>	<hr/>
Total unrestricted income and endowments		126,118	464,744
		<hr/>	<hr/>
Expenditure on:			
Charitable activities	5	(222,575)	(169,455)
		<hr/>	<hr/>
Total expenditure		(222,575)	(169,455)
		<hr/>	<hr/>
Net unrestricted (losses)/gains on investments		(71,195)	(50,010)
		<hr/>	<hr/>
Net (loss)/income		(167,652)	245,279
		<hr/>	<hr/>
Reconciliation of funds			
Total funds brought forward		3,316,838	3,071,559
		<hr/>	<hr/>
Total unrestricted funds carried forward		3,149,186	3,316,838
		<hr/> <hr/>	<hr/> <hr/>

THE OSTEOPATHIC FOUNDATION

STATEMENT OF FINANCIAL POSITION
FOR THE YEAR ENDED 31 MAY 2023

	Notes	31 May 2023 £	31 May 2022 £
Fixed assets:			
Investments	10	2,978,912	2,845,798
		<u>2,978,912</u>	<u>2,845,798</u>
Current assets:			
Cash at bank and in hand		194,779	505,330
		<u>194,779</u>	<u>505,330</u>
Creditors: amounts falling due within one year	14	(24,505)	(34,290)
Net current assets		<u>170,274</u>	<u>471,040</u>
Total assets less current liabilities		<u>3,149,186</u>	<u>3,316,838</u>
Net assets		<u>3,149,186</u>	<u>3,316,838</u>
The funds of the charity			
Unrestricted income funds	16	3,149,186	3,316,838
		<u>3,149,186</u>	<u>3,316,838</u>

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:



.....
Simon Fielding
For the Institute of Osteopathy

29 September 2023
Date:

THE OSTEOPATHIC FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2023

1. Accounting policies

1.1 Charity information

The Osteopathic Foundation is a charity registered in England and Wales and governed by their charity commission scheme dated 24 October 1996.

1.2 Basis of accounting

The financial statements have been prepared under the historical cost convention, except for the investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Osteopathic Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.3 Comparative period

The comparative period is the 12 months to 31 May 2022.

1.4 Statement of cash flows

The trustees have taken advantage of the exemption in SORP FRS 102 from including a cash flow statement in the financial statements on the grounds that the charity is small.

1.5 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

1.6 Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the charity to the expenditure.

1.7 Investments

Investments in listed securities (where shares are publicly traded or their fair value is reliably measurable) are measured at fair value through profit or loss. Where fair value cannot be measured reliably, investments are measured at cost less impairment.

THE OSTEOPATHIC FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2023

1.8 Social investments

Programme related investments are shown at cost, less provision for impairment.

2. Income from donations and legacies

	Year ended 31 May 2023 £	Year ended 31 May 2022 £
Unrestricted funds		
Donations received	71,058	415,367
Legacies received	34	425
	<hr/>	<hr/>
	71,092	415,792
	=====	=====

3. Investment income

	Year ended 31 May 2023 £	Year ended 31 May 2022 £
Unrestricted funds		
Dividend income from listed investments	50,881	45,766
Bank interest receivable	111	34
Other interest receivable	4,034	3,127
	<hr/>	<hr/>
	55,026	48,927
	=====	=====

4. Other income

	Year ended 31 May 2023	Year ended 31 May 2022 £
Unrestricted funds		
Other	-	25
	<hr/>	<hr/>
	-	25
	=====	=====

THE OSTEOPATHIC FOUNDATION

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MAY 2023**

5.	Costs of charitable activities by fund type	Year ended 31 May 2023	Year ended 31 May 2022
		£	£
	Unrestricted funds		
	Direct costs	93,630	59,251
	Support costs	128,945	110,204
		-----	-----
		222,575	169,455
		=====	=====
6.	Costs of charitable activities by activity type	Year ended 31 May 2023	Year ended 31 May 2022
		£	£
	Activities undertaken directly		
	Education	93,630	59,251
		-----	-----
		93,630	59,251
		=====	=====
7.	Analysis of support costs	Year ended 31 May 2023	Year ended 31 May 2022
		£	£
	Governance costs	128,945	110,204
		-----	-----
		128,945	110,204
		=====	=====
8.	Net income for the year after charging	Year ended 31 May 2023	Year ended 31 May 2022
		£	£
	Independent examiner fees	4,560	3,500
	Financial advice	20,874	21,091
	Write off of irrecoverable debts	-	6,204

9. **Comparative for the Statement of Financial Activities**

The comparative year values on the Statement of Financial Activities are for unrestricted funds.

THE OSTEOPATHIC FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2023

10. Investments

	Note	2023 £	2022 £
Listed investments	11	2,876,599	2,717,900
Social investments	13	102,313	127,898
		<u>2,978,912</u>	<u>2,845,798</u>

11. Analysis of movement of commercial investments

	Listed Investments 2023 £
Market value at 1 June 2022	2,717,900
Additions to investment at cost	1,041,999
Disposals at carrying value	(817,332)
Net loss on revaluation	(65,968)
	<u>2,876,599</u>

Comparative analysis of movement of commercial investments

	Listed Investments 2022 £
Market value at 1 June 2021	2,647,823
Additions to investment at cost	913,783
Disposals at carrying value	(798,368)
Net loss on revaluation	(45,338)
	<u>2,717,900</u>

THE OSTEOPATHIC FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2023

12. Analysis of investments between funds as at year ended 31 May 2023

	2023 £	2022 £
Unrestricted funds		
Listed investments	2,876,599	2,717,900
	<u>2,876,599</u>	<u>2,717,900</u>
	=====	=====

13. Analysis of movement of social investments

	Programme related investments 2023 £
At 1 June 2022	127,898
Loans provided in the year	-
Loan repayments in the year	(25,585)
Write off irrecoverable loans	-
	<u>102,313</u>
	=====
At 31 May 2023	102,313

Comparative analysis of movement of social investments

	Programme related investments 2022 £
At 1 June 2021	148,644
Loans provided in the year	24,500
Loan repayments in the year	(39,042)
Write off irrecoverable loans	(6,204)
	<u>127,898</u>
	=====
At 31 May 2022	127,898

Concessionary loans that were provided to members of the Osteopathic profession to further their education were granted interest free loans repayable within 5 years beginning a year following their graduation.

THE OSTEOPATHIC FOUNDATION

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MAY 2023**

14.	Creditors: amounts falling due within one year	2023	2022			
		£	£			
	Unrestricted funds					
	Trade creditors	6,477	15,321			
	Accruals	18,028	18,969			
		<u>24,505</u>	<u>34,290</u>			
		=====	=====			
15.	Financial instruments					
	Carrying amount of financial assets:					
	Debt instruments measured at amortised cost	297,092	633,228			
	Instruments measured at fair value through profit or loss	2,876,599	2,717,900			
		<u>2,876,599</u>	<u>2,717,900</u>			
		=====	=====			
	Carrying amount of financial liabilities:					
	Measured at amortised cost	24,505	34,290			
		<u>24,505</u>	<u>34,290</u>			
		=====	=====			
16.	Movement in funds					
	Unrestricted funds					
		Balance at	Incoming	Outgoing	Gains and	Balance at
		1 June	resources	resources	losses	31 May
		2022				2023
		£	£	£	£	£
	General	3,316,838	126,118	(222,576)	(71,195)	3,149,186
		<u>3,316,838</u>	<u>126,118</u>	<u>(222,576)</u>	<u>(71,195)</u>	<u>3,149,186</u>
		=====	=====	=====	=====	=====
	Comparative unrestricted funds previous period					
		Balance at	Incoming	Outgoing	Gains and	Balance at
		1 June	resources	resources	losses	31 May
		2021				2022
		£	£	£	£	£
	General	3,071,559	464,744	(169,455)	(50,010)	3,316,838
		<u>3,071,559</u>	<u>464,744</u>	<u>(169,455)</u>	<u>(50,010)</u>	<u>3,316,838</u>
		=====	=====	=====	=====	=====

THE OSTEOPATHIC FOUNDATION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2023

17. Purpose of unrestricted funds

The advancement and promotion of the development of and education in the science and practice of Osteopathy for the benefit of the public.

18. Analysis of net assets between funds

	Investments	Net current assets	Net assets
Unrestricted funds	£	£	£
General	2,978,912	170,274	3,149,186
	<u>2,978,912</u>	<u>170,274</u>	<u>3,149,186</u>
	=====	=====	=====
Comparative unrestricted funds previous year	£	£	£
General	2,845,798	471,040	3,316,838
	<u>2,845,798</u>	<u>471,040</u>	<u>3,316,838</u>
	=====	=====	=====

19. Trustees/members expenses

Expenditure for members of The Osteopathic Foundations Board were met in the year totalling £2,475 (2022: £144). No members of the Board were remunerated.

20. Related party transactions

During the prior year costs in relation to his PhD for Austin Plunkett, a director of the company, previously approved by the Osteopathic Foundation Board, were paid for by the Osteopathic Foundation which amounted to £20,000 in total. There were £Nil payments for such in the year ended 31st May 2023. Further to this, The Institute of Osteopathy is the sole Trustee of the charity and have charged secretariat fees to The Osteopathic Foundation of £54,000 (2022: £54,000) for the administration of the charity throughout the year. The Institute of Osteopathy also charged The Osteopathic Foundation £30,338 (2022: £19,675) for project management fees.

21. Post balance sheet events

Following a review by HMRC in relation to the VAT supply between the Institute of Osteopathy (“iO” the trustee) and the Osteopathic Foundation (“OF”) there has been a VAT ruling that the OF is not a legal entity, and therefore no supply exists between the iO and the OF. Any charges between them is seen merely from a VAT perspective as the movement of funds within the same entity.

The iO have been authorised to submit an error correction notice to reclaim VAT paid on invoices by the OF to HMRC from 2017 to date, which will then be reimbursed to the OF. This is expected to be in the region of £78,000.

THE OSTEOPATHIC FOUNDATION

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2023**

	2023	2022
	£	£
Income and endowment		
Donations and legacies		
Donations	71,058	415,367
Legacies	34	425
	<u>71,092</u>	<u>415,792</u>
Investments		
Income from listed investments	50,881	45,766
Bank interest receivable	111	34
Other interest receivable	4,034	3,127
	<u>55,026</u>	<u>48,927</u>
Other income		
Fees	-	25
	<u>-</u>	<u>25</u>
Total incoming resources	126,118	464,744
Expenditure		
Charitable activities		
Bad debt expense	-	(6,204)
Grants	(93,630)	(53,047)
	<u>(93,630)</u>	<u>(59,251)</u>
Support costs		
Governance costs		
Accountancy fees	(6,360)	(4,718)
Investment management fee	(20,874)	(21,091)
Legal fees	(6,374)	(5,533)
Cost of trustees' meeting	(2,475)	(144)
Other costs	(8,524)	(5,043)
Secretariat (Institute of Osteopathy)	(84,338)	(73,675)
	<u>(128,945)</u>	<u>(110,204)</u>
Total resources expended	<u><u>(222,575)</u></u>	<u><u>(169,455)</u></u>

THE OSTEOPATHIC FOUNDATION

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MAY 2023**

	2023	2022
	£	£
Net income/(loss) before gains and losses	(96,457)	295,289
Other recognised gains and losses		
(Loss)/gain on revaluation of investments	(65,968)	(45,338)
(Loss)/gain on disposal of commercial investments	(5,227)	(4,672)
	<hr/>	<hr/>
	(71,195)	(50,010)
	<hr/>	<hr/>
Net Gain/(Loss)	(167,652)	245,279
	<hr/> <hr/>	<hr/> <hr/>