

**Charity Number: 313785**

**THE OSTEOPATHIC FOUNDATION**  
**REPORT OF THE TRUSTEES AND UNAUDITED**  
**FINANCIAL STATEMENTS**  
**YEAR ENDED 31<sup>st</sup> MAY 2021**

**THE OSTEOPATHIC FOUNDATION**

**FOR THE YEAR ENDED 31 MAY 2021**

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# THE OSTEOPATHIC FOUNDATION

## MANAGEMENT AND ADMINISTRATION INFORMATION

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**Name of charity:** The Osteopathic Foundation

**Charity Number:** 313785

**Principal address:** Osteopathic Foundation  
3 Park Terrace  
Manor Road  
Luton  
LU1 3HN

### Trustees

The trustees and officers serving during the year and since the year-end were as follows:

Institute of Osteopathy

**Secretary** Maurice Cheng

**Senior management** Duncan Empey (Chairman, Osteopathic Foundation)  
Nadine Hobson  
Tim Allardyce  
Kerstin Rolfe  
Jonathan Shapiro (resigned 31 July 2021)

**Independent examiners:** UHY Hacker Young LLP  
Quadrant House  
4 Thomas More Square  
London  
E1W 1YW

**Solicitors:** Moira Protani Ltd  
72 Woodbourne Avenue  
Brighton  
BN1 8EJ

**Advisers:** Investec Wealth & Investment  
2 Gresham Street  
London  
EC2V 7QN

# THE OSTEOPATHIC FOUNDATION

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2021

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The Osteopathic Foundation, previously the Osteopathic Educational Foundation, was entrusted to the care of the Institute of Osteopathy by the Osteopathic Educational Foundation Trustees on 31 January 2017.

The Institute of Osteopathy is the corporate trustee of the Osteopathic Foundation and by agreement with the outgoing Osteopathic Education Foundation trustees, the Council of the Institute has appointed an independently chaired management board, the Osteopathic Foundation board, to manage the affairs of the charity. The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 31st May 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2015).

### Objectives and activities

#### *Objectives and aims*

The purpose of the charity as set out in its governing document is to advance and promote the development and education of the science and practice of osteopathy for the benefit of the public, in particular by:

- (1) Raising and administering funds in order to assist and support all aspects of osteopathic education, development, promotion, research and practice for the benefit of the public;
- (2) Assisting, conferring and cooperating with any established osteopathic organisation or Government Department to support and improve osteopathic education, development, promotion, research and practice;
- (3) Promoting the development of better training and systems to improve the practice of osteopathy.

The Trustee has considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

#### *Social investments*

The Foundation decided to continue the student loan provision inherited from the Osteopathic Education Foundation Trustee Board, whereby students (usually in the latter years of their osteopathic courses) who are experiencing financial difficulties, are provided with interest free loans to enable them to continue their studies.

#### *Grant-making*

The Osteopathic Foundation board has developed an initial core strategy centred on the funding of research and educational programmes. By the end of the financial year 2020/21, there were 2 successfully completed and closed grants, with 7 grants remaining live and in management. Two grants had been withdrawn without any funding paid out at the grant holder's request. (Covid-19 related.)

### Achievements and performance

#### *Significant activities*

The results of the first funded projects have arrived. As well as proving the effective use of osteopaths in First Contact Practitioner roles, competencies have been mapped to NHS roles and structures, and a successful campaign to unite the osteopathic colleges in recruiting new students has completed.

Our objectives remain the same, namely the advancement of osteopathy in the public interest; through funding projects that contribute to education and to research, that promotes the profession. The Covid-19 lockdown forced a proportion of the funded projects to halt, but this was, as predicted, a temporary measure in response to the pandemic.

## **THE OSTEOPATHIC FOUNDATION**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MAY 2021**

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Fundraising has begun in earnest. Accounts have been set up on AmazonSmile and JustGiving, with a test event planned for October 2021.

With the continued support and dedication of the Trustees and staff team, we look forward to the Osteopathic Foundation strengthening its position as a driving force for the profession.

#### *Investment performance*

With the steady recovery of the economy over the last year the fund has shown significant improvement with a year end valuation of £2,796,467 and an overall annual total return of 6.8%. Although Covid remains a key determinant of economic outcomes, and despite a number of case surges, with the development of the vaccine around the world much more normal levels of activity are expected, although the odd setback may be inevitable.

#### **Financial review**

##### *Significant events*

The initial impact of Covid-19 was to decrease the value of the investment portfolio managed by Investec. The Board took the precautionary measure of halting new applications for funding, whilst guaranteeing the continuation of funding for those projects already in receipt of a grant.

The investment portfolio has nearly recovered to pre-Covid-19 levels and the Board will consider reopening for grant applications in 2021.

##### *Reserves and reserves policy*

The Accumulated Fund of the Osteopathic Foundation, comprising principally the investment portfolio, is regarded by the Trustee as the “permanent endowment” of the Charity. Hitherto, the Trustee has regarded the underlying investment portfolio, augmented from time to time by legacies and donations, as providing a Fund, the net income of which can be used to provide grants and loans to osteopathic education purposes and grants for research.

Up until 2000, the Osteopathic Education Foundation provided, in the main, grants to osteopathic students to enable those who could not otherwise fund their training to do so. After 2000, the Osteopathic Education Foundation changed its policy to preserve its endowment and, in addition to providing research grants, utilised substantially all of its net income in building up a loan portfolio, the student loans of which were to be repayable over a period not exceeding five years, following the successful completion of training.

Total reserves as at 31st May 2021 amounted to £3,071,559 (2020 £2,721,533) with net income for the period of £350,026 (2020: net expenditure of £216,044).

#### **Structure, governance and management**

##### *Governing document*

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

The charity is organised so the Trustee and its members meet regularly to manage its affairs. The day to day administration is managed by the Osteopathic Foundation Project Manager.

**THE OSTEOPATHIC FOUNDATION**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MAY 2021**

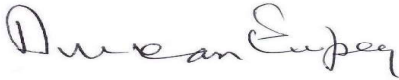
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The Trustee regularly identifies and reviews the risk to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The principal risks faced by the charity lie in the performance of investments and operational risks from the inappropriate advancement of loans and making of grants. The risk variability in investment returns is mitigated by the retention of expert investment managers as custodians and advisors of a diversified portfolio of investments.

*Recruitment and appointment of trustee*

The Osteopathic Foundation Board was appointed through open advertisement, with the process being overseen by the Institute of Osteopathy Appointments Committee, with four lay members (with strong health background), one of whom is Chair, and three osteopaths.

This report was approved by the Board of Trustees and signed on their behalf by:



**Duncan Empey**

For the Institute of Osteopathy

Date: ...21st September 2021.....

## **INDEPENDENT EXAMINER'S REPORT TO THE OSTEOPATHIC FOUNDATION**

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I report to the trustees on my examination of the accounts of The Osteopathic Foundation (the charity) for the year ended 31 May 2021, which are set out on pages 6 to 14.

### **Responsibilities and basis of report**

As the charity trustee, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the account do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Subarna Banerjee ACA**  
UHY Hacker Young  
Independent Examiner

Quadrant House  
4 Thomas More Square  
London  
E1W 1YW

Date: ...21.9.2021.....

THE OSTEOPATHIC FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES AND COMPREHENSIVE INCOME  
FOR THE YEAR ENDED 31 MAY 2021

		Year ended 31 <sup>st</sup> May 2021	Period ended 31 May 2020
	Notes	£	£
<b>Unrestricted income and endowments from:</b>			
Donations and legacies	2	1,330	1,853
Investments	3	44,105	56,073
Other income	4	75	93
		<hr/>	<hr/>
<b>Total unrestricted income and endowments</b>		45,510	58,019
		<hr/>	<hr/>
<b>Expenditure on:</b>			
Charitable activities	5	(160,716)	(129,476)
		<hr/>	<hr/>
<b>Total expenditure</b>		(160,716)	(129,476)
		<hr/>	<hr/>
Net unrestricted gains/(losses) on investments		465,232	(144,587)
		<hr/>	<hr/>
<b>Net income / (expenditure)</b>		350,026	(216,044)
		<hr/>	<hr/>
<b>Reconciliation of funds</b>			
Total funds brought forward		2,721,533	2,937,577
		<hr/>	<hr/>
<b>Total unrestricted funds carried forward</b>		3,071,559	2,721,533
		<hr/> <hr/>	<hr/> <hr/>

**THE OSTEOPATHIC FOUNDATION**

**STATEMENT OF FINANCIAL POSITION  
FOR THE YEAR ENDED 31 MAY 2021**

	Notes	31 <sup>st</sup> May 2021 £	31 <sup>st</sup> May 2020 £
<b>Fixed assets:</b>			
Investments	10	2,796,467	2,347,123
		<u>2,796,467</u>	<u>2,347,123</u>
<b>Current assets:</b>			
Cash at bank and in hand		302,746	405,745
		<u>302,746</u>	<u>405,745</u>
<b>Creditors: amounts falling due within one year</b>	14	(27,654)	(31,335)
<b>Net current assets</b>		<u>275,092</u>	<u>374,410</u>
<b>Total assets less current liabilities</b>		<u>3,071,559</u>	<u>2,721,533</u>
<b>Net assets</b>		<u>3,071,559</u>	<u>2,721,533</u>
<b>The funds of the charity</b>			
Unrestricted income funds	16	3,071,559	2,721,533
		<u>3,071,559</u>	<u>2,721,533</u>

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:



.....  
**Duncan Empey**  
For the Institute of Osteopathy

Date: ... 21st September 2021 .....

# THE OSTEOPATHIC FOUNDATION

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2021

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### 1. Accounting policies

#### 1.1 Charity information

The Osteopathic Foundation is a charity registered in England and Wales and governed by their charity commission scheme dated 24 October 1996.

#### 1.2 Basis of accounting

The financial statements have been prepared under the historical cost convention, except for the investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Osteopathic Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

#### 1.3 Comparative period

The comparative period is the 11 months to 31 May 2020 as the financial year end was changed from 30 June 2020 to 31 May 2020 during the prior year. Therefore the statement of financial activities and related notes are not entirely comparable as they cover an 11 month period in the prior year compared to 12 months to 31 May 2021.

#### 1.4 Statement of cash flows

The trustees have taken advantage of the exemption in SORP FRS 102 from including a cash flow statement in the financial statements on the grounds that the charity is small.

#### 1.5 Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

#### 1.6 Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the charity to the expenditure.

#### 1.7 Investments

Investments in listed securities (where shares are publicly traded or their fair value is reliably measurable) are measured at fair value through profit or loss. Where fair value cannot be measured reliably, investments are measured at cost less impairment.

# THE OSTEOPATHIC FOUNDATION

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2021

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### 1.8 Social investments

Programme related investments are shown at cost, less provision for impairment.

### 1.9 Irrecoverable VAT

Irrecoverable VAT is included in the Statement of Financial Activities and is reported as part of the expenditure to which it relates.

### 2. Income from donations and legacies

	<b>Year ended 31<sup>st</sup> May 2021</b>	<b>Period ended 31<sup>th</sup> May 2020</b>
	£	£
<b>Unrestricted funds</b>		
Donations received	1,280	1,761
Legacies received	50	92
	<hr/>	<hr/>
	1,330	1,853
	=====	=====

### 3. Investment income

	<b>Year ended 31<sup>st</sup> May 2021</b>	<b>Period ended 31<sup>st</sup> May 2020</b>
	£	£
<b>Unrestricted funds</b>		
Dividend income from listed investments	40,296	48,651
Bank interest receivable	53	206
Other interest receivable	3,756	7,216
	<hr/>	<hr/>
	44,105	56,073
	=====	=====

### 4. Other income

	<b>Year ended 31<sup>st</sup> May 2021</b>	<b>Period ended 31<sup>st</sup> May 2020</b>
	£	£
<b>Unrestricted funds</b>		
Other	75	93
	<hr/>	<hr/>
	75	93
	=====	=====

**THE OSTEOPATHIC FOUNDATION**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MAY 2021**

5.	<b>Costs of charitable activities by fund type</b>	<b>Year ended 31<sup>st</sup> May 2021 £</b>	<b>Period ended 31<sup>st</sup> May 2020 £</b>
	<b>Unrestricted funds</b>		
	Direct costs	54,817	28,108
	Support costs	105,899	101,368
		160,716	129,476
		160,716	129,476
6.	<b>Costs of charitable activities by activity type</b>	<b>Year ended 31<sup>st</sup> May 2021 £</b>	<b>Period ended 31<sup>st</sup> May 2020 £</b>
	<b>Activities undertaken directly</b>		
	Education	54,817	28,108
		54,817	28,108
		54,772	28,108
7.	<b>Analysis of support costs</b>	<b>Year ended 31<sup>st</sup> May 2021 £</b>	<b>Period ended 31<sup>st</sup> May 2020 £</b>
	Governance costs	105,899	101,368
		105,899	101,368
		105,899	101,368
8.	<b>Net income/(expenditure) for the year after charging</b>	<b>Year ended 31<sup>st</sup> May 2021 £</b>	<b>Period ended 31<sup>st</sup> May 2020 £</b>
	Independent examiner fees	3,600	3,600
	Financial advice	20,998	17,408
	Write off of irrecoverable debts	282	6,500

9. **Comparative for the Statement of Financial Activities**

The comparative year values on the Statement of Financial Activities are for unrestricted funds.

# THE OSTEOPATHIC FOUNDATION

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2021

### 10. Investments

	Note	2021 £	2020 £
Listed investments	11	2,647,823	2,166,997
Social investments	13	148,644	180,126
		<u>2,796,467</u>	<u>2,347,123</u>

### 11. Analysis of movement of commercial investments

	Listed Investments 2021 £
Market value at 1 June 2020	2,166,997
Additions to investment at cost	432,882
Disposals at carrying value	(342,477)
Net gain on revaluation	390,421
	<u>2,647,823</u>

### Comparative analysis of movement of commercial investments

	Listed investments 2020 £
Market value at 1 July 2019	2,417,798
Additions to investment at cost	394,543
Disposals at carrying value	(491,519)
Net loss on revaluation	(153,825)
	<u>2,166,997</u>

**THE OSTEOPATHIC FOUNDATION**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MAY 2021**

12. **Analysis of investments between funds as at year ended 31 May 2021**

	2021 £	2020 £
<b>Unrestricted funds</b>		
Listed investments	2,647,823	2,166,997
	<u>2,647,823</u>	<u>2,166,997</u>
	<u><u>2,647,823</u></u>	<u><u>2,166,997</u></u>

13. **Analysis of movement of social investments**

	<b>Programme related investments 2021 £</b>
At 1 June 2020	180,126
Loans provided in the year	18,750
Loan repayments in the year	(49,950)
Write off irrecoverable loans	(282)
	<u>148,644</u>
At 31 May 2021	<u><u>148,644</u></u>

**Comparative analysis of movement of social investments**

	<b>Programme related investments 2020 £</b>
At 1 July 2019	189,652
Loans provided in the year	31,944
Loan repayments in the year	(46,005)
Write back of loans	11,035
Write off irrecoverable loans	(6,500)
	<u>180,126</u>
At 31 May 2020	<u><u>180,126</u></u>

Concessionary loans provided to members of the Osteopathic profession to further their education are granted interest free loans repayable within 5 years of the grant date. Failure to meet the repayments without prior consent of The Osteopathic Foundation Board will result in the loan balance becoming repayable immediately.

THE OSTEOPATHIC FOUNDATION

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MAY 2021

14. Creditors: amounts falling due within one year

	2021 £	2020 £
<b>Unrestricted funds</b>		
Accruals and deferred income	27,654	31,335
	<u>27,654</u>	<u>31,335</u>
	=====	=====

15. Financial instruments

**Carrying amount of financial assets:**

Debt instruments measured at amortised cost	451,435	585,871
Instruments measured at fair value through profit or loss	2,647,823	2,166,998
	<u>2,647,823</u>	<u>2,166,998</u>
	=====	=====

**Carrying amount of financial liabilities:**

Measured at amortised cost	27,654	31,335
	<u>27,654</u>	<u>31,335</u>
	=====	=====

16. Movement in funds

**Unrestricted funds**

	Balance at 1 June 2020 £	Incoming resources £	Outgoing resources £	Gains and losses £	Balance at 31 May 2021 £
General	2,721,533	45,510	(160,716)	465,232	3,071,559
	<u>2,721,533</u>	<u>45,510</u>	<u>(160,716)</u>	<u>465,232</u>	<u>3,071,559</u>
	=====	=====	=====	=====	=====

**Comparative unrestricted funds previous period**

	Balance at 1 July 2019 £	Incoming resources £	Outgoing resources £	Gains and losses £	Balance at 31 May 2020 £
General	2,937,577	58,019	(129,474)	(144,587)	2,721,533
	<u>2,937,577</u>	<u>58,019</u>	<u>(129,474)</u>	<u>(144,587)</u>	<u>2,721,533</u>
	=====	=====	=====	=====	=====

# THE OSTEOPATHIC FOUNDATION

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MAY 2021

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### 17. Purpose of unrestricted funds

The advancement and promotion of the development of and education in the science and practice of Osteopathy for the benefit of the public.

### 18. Analysis of net assets between funds

	Investments £	Net current assets £	Net assets £
<b>Unrestricted funds</b>			
General	2,796,467	275,092	3,071,559
	<u>2,796,467</u>	<u>275,092</u>	<u>3,071,559</u>
	=====	=====	=====
	Investments £	Net current assets £	Net assets £
<b>Comparative unrestricted funds previous year</b>			
General	2,347,123	374,410	2,721,533
	<u>2,347,123</u>	<u>374,410</u>	<u>2,721,533</u>
	=====	=====	=====

### 19. Trustees/members expenses

Some travel expenses for members of The Osteopathic Foundations Board were met in the year totalling £516 (2020: £7,324). No members of the Board were remunerated.

### 20. Related party transactions

The Institute of Osteopathy is the sole Trustee of the charity and have charged secretariat fees to The Osteopathic Foundation of £62,726 (2020: £60,721) for the administration of the charity throughout the year.

**THE OSTEOPATHIC FOUNDATION**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MAY 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Income and endowment</b>		
<b>Donations and legacies</b>		
Donations	1,280	1,761
Legacies	50	92
	<u>1,330</u>	<u>1,853</u>
<b>Investments</b>		
Income from listed investments	40,296	48,651
Bank interest receivable	53	206
Other interest receivable	3,756	7,216
	<u>44,105</u>	<u>56,073</u>
<b>Other income</b>		
Fees	75	93
	<u>75</u>	<u>93</u>
<b>Total incoming resources</b>	45,510	58,019
<b>Expenditure</b>		
<b>Charitable activities</b>		
Bad debt expense	282	6,500
Write back of loan balance	(3,500)	(11,035)
Grants	58,035	32,643
	<u>(54,817)</u>	<u>(28,108)</u>
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy fees	(4,800)	(3,600)
Investment management fees	(20,998)	(17,408)
Legal fees	(1,520)	(5,723)
Cost of trustees' meeting	4,137	(5,441)
Other costs	(474)	(8,475)
Secretariat (Institute of Osteopathy)	(82,244)	(60,721)
	<u>(105,899)</u>	<u>(101,368)</u>
<b>Total resources expended</b>	<u><u>(160,716)</u></u>	<u><u>(129,476)</u></u>

**THE OSTEOPATHIC FOUNDATION**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MAY 2021**

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	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Net income before gains and losses</b>		
<b>Other recognised gains and losses</b>		
Gain/(Loss) on revaluation of investments	390,421	(153,825)
Gain on disposal of commercial investments	74,811	9,238
	<hr/>	<hr/>
	465,232	(144,587)
	<hr/>	<hr/>
<b>Net Gain/(Loss)</b>	<u>350,026</u>	<u>(216,044)</u>