

Charity number: 305243

Hastings & Rother YMCA

Report of the Trustees and Unaudited Financial Statements

For the year ended 31 March 2025

Hastings & Rother YMCA
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Hastings & Rother YMCA
Report of the Trustees
For the year ended 31 March 2025

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

Chair's report

Statement by Judith Monk - Chair

The Board continues to work hard to maintain the Charity's long-term sustainability and still closely monitors revenue streams while this takes place.

The Y Centre, as we are locally known, is highly regarded by the community and those who attend there. We receive regular compliments on the staff and activities.

We have begun new projects this year especially around developing youth skills in self employment. Many young people are creative and entrepreneurial but need the framework skills to develop their potential. Our new Y Not project will provide that.

Funding for refurbishment is difficult to obtain but we are persistent in our efforts as the Board, staff and volunteers pull together.

The Charity continues to be solvent and moving in the right direction. With our dynamic team of volunteers and staff, we are looking forward to the future. We are immensely grateful to all our volunteers for their loyalty and hard work which has often been a lifeline in times of need.

We are also very grateful to our following funders for the year. You truly do make a huge difference in helping a community in need. Many smaller funds were also gratefully received.

National Lottery Awards for All	20,000
Ernest Kleinwort Charitable Trust	5,000
East Sussex County Council Skills Fund	25,000
Lions Club	1,000
YMCA England	725
HM Government Dept for Education HAF	17,150
Neighbourly	500
Old Town Carnival	<u>200</u>
Total	£ 69,575

OBJECTIVES AND ACTIVITIES

Our Mission Statement is -

"Hastings & Rother YMCA seeks to provide a welcoming and safe environment for children and young people in our community, accepting all in order to encourage self-worth and personal development of each individual through quality support and provision of imaginative affordable services."

To achieve this, we aim to work alongside people, be warm, welcoming and nurturing, to provide real support, to challenge disadvantage and to rescue young people in difficulty. The charity focuses on providing a range of sports and educational and training activities for children, young people and families. The charity is located in an area of high deprivation, with low incomes and high unemployment, so its services are founded on recognition of these circumstances for local people. The charity therefore aims to provide low cost and accessible services for people in the local community so that they can participate in activities which may otherwise be beyond their means or confidence to approach.

Objectives and aims

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

Hastings & Rother YMCA
Report of the Trustees Continued
For the year ended 31 March 2025

ACHIEVEMENTS AND PERFORMANCE

The charity continues to maintain a healthy surplus in the accounts and has been able to have some structural work done on the building to further our inroads towards being 'greener' and 'safer'. We have been able to completely refurbish two of our four toilet blocks, create a brand new fully equipped teaching and study room, refloored the gallery area and through to include our Green Room youth wing and added lots of new equipment to the training kitchen where some of our young people learn cooking skills.

Partnership working with other Charities has been enjoined and is working well. The Chair Judith Monk attends many local partnership meetings to ensure our community links are maintained. Some current partners are Surviving the Streets and the Art Shack which is located within our grounds. The Art Shack enjoyed prime TV exposure for the groundbreaking CPP, Crisp Packet Project created and run by Pen Huston. It is now known internationally!

Volunteers - We have a healthy number of volunteers at the Centre who contribute in a major way of how we operate and are valued most highly. Our Junior Volunteer Programme is unique in its inception and delivery. Our young cohort join at 14 and train with us until 18. They can then be employed by us when vacancies arise or use their qualifications as they go on to University, employment and life! Our older volunteers run the café, some skate sessions and oversee junior peers. Our Trustees are also all Volunteers. We highly value all of our volunteers.

Performance

The use of our facilities and buildings continues to grow. The YMCA is open every day from 9am to 10pm. When open more than 1,000 children, young people and families come to the YMCA each week to attend sports and youth work activities which included:

Roller skating: Sports and youth work activities are based on this including -

Parties provide parents with the opportunity to hold a whole class roller skating birthday party for their child which is affordable to families on low income. Training opportunities for our Junior Volunteer Crew. Football Parties have been added.

Family skating session: provide parents with an affordable health promoting activity they can share with their children and these sessions have been well attended. More families than ever are joining this activity and the sessions are busy with many families and their children forging supportive friendships both within the groups and with Centre staff and volunteers. Many more young people are also attending these events.

After School Skate: on Thursday afternoon has become very popular. This is a welcome respite session for parents who are free to leave the children under our supervision or sit and enjoy a coffee from the café and chat amongst themselves.

Silent Skate Sessions: We have added some Silent Skate sessions each week for those for whom noise, lights and crowds are difficult and include a chance of sport for home educated children.

Additional Skate Activities: have Roller Hockey, Roller Derby and Artistic Roller skating and a Sunday Brunch Skate session. We have developed and begun running a Ramps and Rails session for skaters needing a challenge. The ramps were built by staff and volunteers during lockdowns. Regular skaters are now becoming winners at UK competitions!

School Holiday Projects: We have been running free school holiday projects for up to 40 children a day who are on free school meals or have other personal or social needs. Some of these have been funded through the Dept for Education's Holiday and Food Funding which we refer to as HAF projects. All the children also receive meals and snacks. Three school half terms are not funded by the Dept for Education so these are fundraised by us to ensure we have continuity of provision for our families.

Support Groups

We have a range of free to attend Support Groups operating including ADHD Support Group, Kinship Carers Support Group, Care for the Carers and a Drug & Alcohol Rehab Group.

Dance

We host two highly successful and well attended dance schools providing opportunities for young people to learn a wide variety of dance genres.

Jigsaw Nursery:

We host one of the Jigsaw Group of highly regarded nurseries which provides us with a substantial and stable amount of revenue per annum and is an excellent high-quality resource for the Community.

Resources for the community:

The YMCA's buildings have been well used by sports groups including martial arts, five-a-side football and football training,

Hastings & Rother YMCA
Report of the Trustees Continued
For the year ended 31 March 2025

band practice, roller derby teams, a wide variety of exercise groups such as Pilates, Zumba, Yoga, Ballet Fit and Adult ballet classes. A local Taxi Driver group play football here three times a week to keep fit! Children's and Youth Football teams train indoors with us for the cold months. Local Neighbourhood Watch and Resident's Association's have free use of meeting rooms within our building. The Autistic Society also brings young people with autism to the Centre once a week for sporting activities. The Christmas break is now used to provide quality activities free of charge for local children and young people within HAF.

FINANCIAL REVIEW

Fund-raising: The charity is continually researching suitable funding streams in advance of refurbishment work. Much work has been undertaken in this regard. We are still continuing with a piecemeal approach of obtaining small pots of funds to do minor works. We are also continuing to fundraise for ongoing and new larger scale projects. We are currently seeking £150,000 to replace our roof which is past its best and then we can install solar panels to help reduce energy costs and help mitigate climate change.

Reserves

The charity has had enough cash on reserve to enable it to meet its financial obligations for 6 months. Reserves are kept to this level so any surplus can ensure a maximum spend on maintenance and charitable activities.

The accounts show a surplus of £53,829 for the year.

Accountants

The accountants were nominated and appointed at the Annual General Meeting. The Accounts are Knights Accountants, St Leonards-on-Sea.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

- The Hastings & Rother YMCA is a registered charity number 305243 and is an Unincorporated Charity. First registered on 29th January 1970, the current constitution was adopted on 17th November 2006.

- The principal activity of the charity is to provide facilities and the undertaking of specialist education and training, community work and sport.

- The Trustees meet every month and have no subcommittees.

- Trustees are appointed or re-appointed annually at the Annual General Meeting which takes place in November each year. Some of the Trustees and Volunteers have been involved with the YMCA for over 40 years. Trustees received no remuneration.

- Client facing Trustees, staff and volunteers are subject to Disclosure and Barring Service (DBS) checks. All the staff members and volunteers are trained in safeguarding, child protection, food hygiene and have first aid certificates. All paid staff are trained in health and safety at work. All Policies are reviewed and updated regularly.

- The Trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place or are in the process of development to mitigate exposure to these risks.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Hastings & Rother YMCA
Charity registration number	305243
Principal address	Y Sportscentre St Pauls Road St Leonards on Sea East Sussex TN37 6RS

Hastings & Rother YMCA
Report of the Trustees Continued
For the year ended 31 March 2025

Trustees

The trustees and officers serving during the year and since the year end were as follows:

Mr Christopher Mark Monk
Mr Martin Wesley Jefferies
Mrs Judith Christine Elizabeth Monk
Mrs Shirley Hazelden
Mrs Vivienne Barbara Bond
Mrs Shirley Hawke

Independent examiners

Knight Accountants
2-6 Sedlescombe Road North
St Leonards on Sea
East Sussex
TN37 7DG

Approved by the Board of Trustees and signed on its behalf by

31 July 2025

Mrs. Judith. Christine. Elizabeth. Monk.....

Hastings & Rother YMCA
Independent Examiners Report to the Trustees
For the year ended 31 March 2025

I report to the trustees on my examination of the accounts of the charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Knight Accountants

Knight Accountants
2-6 Sedlescombe Road North
St Leonards on Sea
East Sussex
TN37 7DG

31 July 2025

Hastings & Rother YMCA
Statement of Financial Activities
For the year ended 31 March 2025

	Notes	Unrestricted funds £	2024 £
Income and endowments from:			
Donations and legacies	2	68,249	24,571
Other trading activities	3	161,276	176,668
Investments	4		
Bank interest receivable		740	1,108
Other income	5		
Other income		3,559	3,251
Total		233,824	205,598
Expenditure on:			
Charitable activities	6/7		
Activity 1		(179,995)	(182,312)
Total		(179,995)	(182,312)
Net income		53,829	23,286
Reconciliation of funds			
Total funds brought forward		259,149	235,863
Total funds carried forward		312,978	259,149

Hastings & Rother YMCA
Statement of Financial Position
As at 31 March 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	13	229,233	188,175
		229,233	188,175
Current assets			
Stocks	14	500	500
Debtors	15	9,288	13,164
Cash at bank and in hand		97,370	84,083
		107,158	97,747
Creditors: amounts falling due within one year	16	(17,365)	(16,443)
Net current assets		89,793	81,304
Total assets less current liabilities		319,026	269,479
Creditors: amounts falling due after more than one year	17	(6,048)	(10,330)
Net assets		312,978	259,149
The funds of the charity			
Unrestricted income funds	18	312,978	259,149
Total funds		312,978	259,149

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

.....
Mrs Judith Christine Elizabeth Monk
Trustee

31 July 2025

Hastings & Rother YMCA
Notes to the Financial Statements
For the year ended 31 March 2025

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Charities Act 2011.

Hastings & Rother YMCA meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Going concern

In preparing the financial statements, the trustees are required to make an assessment of the ability of the charity to continue as a going concern. The trustees have prepared a cash flow forecast and budgets for the charity to establish the level of liquidity headroom the charity is expected to have during the 12 months from the date of approving the financial statements.

On the basis of these forecasts and the fact that the charity has substantial net assets, the trustees are confident that the charity has adequate resources to continue in operational existence and to meet its liabilities as they fall due for the foreseeable future. As a result of the above, the trustees have concluded that it remains appropriate to adopt a going concern basis of preparation in these financial statements.

Incoming resources

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Voluntary income is received by way of donation and gifts and is included in full in the Statement of Financial Activities when receivable, unless the related expenditure will be incurred in a later period in which case the donations will be carried forward as a creditor.

Grants, including grants for the purchase of assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Resources expended

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and Machinery	15 Reducing balance
Fixtures and Fittings	15 Reducing balance

Stocks and work in progress

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

Hastings & Rother YMCA
Notes to the Financial Statements Continued
For the year ended 31 March 2025

2. Income from donations and legacies

	2025	2024
	£	£
Unrestricted funds		
Donations received	1,601	1,001
Grants received	66,648	23,570
	68,249	24,571
	68,249	24,571

3. Income earned from other activities

	2025	2024
	£	£
Unrestricted funds		
Playgroup and creche	28,380	28,875
Session fees	108,140	122,112
Canteen	24,756	25,681
	161,276	176,668
	161,276	176,668

4. Investment income

	2025	2024
	£	£
Unrestricted funds		
Bank interest receivable	740	1,108
	740	1,108
	740	1,108

5. Other income

	2025	2024
	£	£
Unrestricted funds		
Other income	3,559	3,251
	3,559	3,251
	3,559	3,251

Hastings & Rother YMCA
Notes to the Financial Statements Continued
For the year ended 31 March 2025

6. Costs of charitable activities by fund type

	2025	2024
	£	£
Unrestricted funds		
Activity 1	168,575	165,171
Support costs	11,420	17,141
	179,995	182,312

7. Costs of charitable activities by activity type

	Activities undertaken directly	Grant funding of activities	Support costs	2025	2024
	£	£	£	£	£
Support costs					
Activity 1	162,591	5,984	11,420	179,995	182,312

8. Analysis of support costs

	2025	2024
	£	£
Activity 1		
Post and stationery		
Post and stationery	438	172
Sundries		
Sundries	180	755
Communications		
Communications	2,212	3,371
Bank charges and interest		
Bank charges and interest	3,598	4,117
Governance costs		
Accountancy fees	924	4,994
Independent examiners' remuneration	1,000	1,000
Professional fees	3,068	2,732
	4,992	8,726
	11,420	17,141

Hastings & Rother YMCA
Notes to the Financial Statements Continued
For the year ended 31 March 2025

9. Net income/(expenditure) for the year

This is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of owned fixed assets	323	346
Depreciation of assets held under hire purchase agreements	4,870	5,220
Accountancy fees	924	4,994
Auditor's fees	1,000	1,000

10. Staff costs and emoluments

Total staff costs for the year ended 31 March 2025 were:

	2025	2024
	£	£
Salaries and wages	91,843	97,086
	<u>91,843</u>	<u>97,086</u>

	2025	2024
Administration and centre	11	11
	<u>11</u>	<u>11</u>

12. Comparative for the Statement of Financial Activities

The comparative year values on the Statement of Financial Activities are for unrestricted funds.

Hastings & Rother YMCA
Notes to the Financial Statements Continued
For the year ended 31 March 2025

13. Tangible fixed assets

Cost or valuation	Land and Buildings	Plant and Machinery	Fixtures and Fittings	Computer Equipment	Total
	£	£	£	£	£
At 01 April 2024	196,698	23,004	99,010	-	318,712
Additions	-	191	2,884	3,902	6,977
At 31 March 2025	196,698	23,195	101,894	3,902	325,689
Depreciation					
At 01 April 2024	-	21,044	69,428	-	90,472
Charge for year	-	323	4,870	791	5,984
At 31 March 2025	-	21,367	74,298	791	96,456
Net book values					
At 31 March 2025	196,698	1,828	27,596	3,111	229,233
At 31 March 2024	196,698	1,960	29,582	-	228,240

14. Stocks and work in progress

	2025 £	2024 £
Stock	500	500
	500	500

15. Debtors

	2025 £	2024 £
Amounts due within one year:		
Trade debtors	4,334	3,903
Prepayments and accrued income	4,654	8,961
Other debtors		
Other debtors	300	300
	9,288	13,164

Hastings & Rother YMCA
Notes to the Financial Statements Continued
For the year ended 31 March 2025

16. Creditors: amounts falling due within one year

	2025	2024
	£	£
Loans and overdrafts	4,860	4,860
Trade creditors	7,958	9,767
Other creditors		
PAYE & social security	1,312	239
VAT	(417)	(1,632)
Accruals and deferred income	3,652	3,209
	17,365	16,443

The following liabilities disclosed under creditors falling due within one year are secured by the charity:

Bank loans and overdrafts	4,860	4,860
	4,860	4,860

17. Creditors: amounts falling due after more than one year

	2025	2024
	£	£
Loans and overdrafts	6,048	10,330
	6,048	10,330

The following liabilities disclosed under creditors falling due after more than one year are secured by the charity:

Bank loans and overdrafts	6,048	10,330
	6,048	10,330

18. Movement in funds

Unrestricted Funds

	Balance at 01/04/2024	Incoming resources	Outgoing resources	Balance at 31/03/2025
	£	£	£	£
<i>General</i>				
General	259,149	233,824	(179,995)	312,978
	259,149	233,824	(179,995)	312,978

Hastings & Rother YMCA
Notes to the Financial Statements Continued
For the year ended 31 March 2025

Unrestricted Funds - Previous year

	Balance at 01/04/2023	Incoming resources	Outgoing resources	Balance at 31/03/2024
	£	£	£	£
<i>General</i>				
General	235,863	205,598	(182,312)	259,149
	<u>235,863</u>	<u>205,598</u>	<u>(182,312)</u>	<u>259,149</u>

19. Analysis of net assets between funds

	Tangible fixed assets	Net current assets / (liabilities)	Creditors > one year	Net Assets
	£	£	£	£
Unrestricted funds				
<i>General</i>				
General	229,233	89,793	(6,048)	312,978
	<u>229,233</u>	<u>89,793</u>	<u>(6,048)</u>	<u>312,978</u>

Previous year

	Tangible fixed assets	Net current assets / (liabilities)	Creditors > one year	Net Assets
	£	£	£	£
Unrestricted funds				
<i>General</i>				
General	188,175	81,304	(10,330)	259,149
	<u>188,175</u>	<u>81,304</u>	<u>(10,330)</u>	<u>259,149</u>