Company registration number 01336352 (England and Wales)

Charity registration number 276108 (England and Wales)

SHEFFIELD MIND LIMITED

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

SHEFFIELD MIND LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	S M Bancroft I Parker (Chair) S Joseph B Strong I Burnell T Cruickshank B Graney	 (Appointed 10 July 2025)
Secretary	M Lewis	
Senior management	M Lewis E Bancer H Ward L Doyle-Price	Chief Executive Director of Services Senior Finance Manager Business Development Manager
Country of incorporation	United Kingdom (England and Wales)	01336352
Charity registration	England and Wales	276108
Registered office	The Wellbeing Centre 110 Sharrow Lane Sheffield South Yorkshire S11 8AL	
Auditor	Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP	
Bankers	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG	

Bankers (continued)

Virgin Money
7 Gold Street
Northampton
NN1 1EN

Insignis Asset Management Ltd
SJIC
Milton
Cambridge
CB4 0WS

SHEFFIELD MIND LIMITED

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SHEFFIELD MIND LIMITED

CHAIRMAN'S AND CEO'S STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

CHAIRMAN'S STATEMENT

For over 45 years, Sheffield Mind has been a constant in the city's mental health landscape – a trusted, independent charity rooted in local communities and responsive to local needs. As the world around us continues to change, so too do the challenges faced by the people we support. This year, more than ever, we have focused on deepening our expertise, strengthening partnerships, and ensuring that our services remain relevant, accessible and impactful.

Sheffield Mind continues to be an established source of expertise across the city. We are proud to be recognised not only as a provider of high-quality mental health support, but as leaders in areas that are too often under-understood. In particular, we have strengthened our work around hoarding and were incredibly proud to host our second national conference on hoarding disorder, continuing to lead in this frequently misunderstood field. This work was thankfully recognised by Sheffield City Council as we were successful in securing a two year grant to continue our work.

The wider VCSE sector continues to face significant pressures. Funding opportunities remain limited, and the ongoing cost-of-living crisis has reduced fundraising capacity across communities. These challenges are real and persistent. However, Sheffield Mind is responding with determination and creativity. We are actively exploring innovative business models to ensure we remain a steadfast and sustainable presence for Sheffield's communities. A key part of this approach is developing new sources of unrestricted income. This year, we have focused on expanding our Revive paid-for counselling service, creating additional revenue streams that can be reinvested into our wider charitable work. By growing Revive, we are not only broadening access to high-quality counselling, but also strengthening the financial resilience of the organisation as a whole.

I Parker

Miss I Parker
Chair
Date: 14/10/2026

SHEFFIELD MIND LIMITED

CHAIRMAN'S AND CEO'S STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

CEO REPORT

This has been another exciting year for Sheffield Mind, as we continued to evolve and develop, to support the mental health needs of the Sheffield public.

As part of our response to the growing need for mental health services, we continued to work more closely with the other South Yorkshire Minds (Rotherham & Barnsley Mind and Doncaster Mind). In addition to our local Sheffield offer, we are using the name Mind in South Yorkshire to offer a seamless service for people across South Yorkshire and we look forward to introducing more innovative services with our colleagues from the South Yorkshire Minds.

In the summer months, we continued to be a presence at both Kelham Pride and the 3-day Sheffield music festival, Tramlines. Sheffield Mind provides sensory tents at both events, providing respite for adults and children who identify as neurodivergent.

In September 2025 we held our 2nd national conference on hoarding disorder. This sell-out event at the Showroom Cinema featured guest academics, practitioners – and most of all, service users. Clients of our Magpies hoarding support service were front and centre on the day, holding workshops and sharing their knowledge with delegates from across the country. 2025 also saw the end of a 5-year association between our hoarding service and national lottery Reaching Communities funding, so we were very pleased to secure a 2-year grant from Sheffield City Council Adults Safeguarding Board from April 2026, so we can continue this much-needed work.

In October we held our first Bark in the Park fundraiser in Hillsborough Park, attracting many dog lovers, who all had a fabulous time. We hope to make this an annual event in the Sheffield calendar.

As we approach the new financial year, we look forward to the start of several new projects – a smoking cessation service for people with severe mental illness (SMI), a service supporting people with SMI who are struggling with energy debt and also being part of a peer support service in the Gleadless and Heeley neighbourhood mental health centre – a new project looking at new ways of providing mental health services in the community.

Thank you to all the staff and volunteers, who work so hard to make Sheffield Mind such a special place and thank you also to the board of trustees for your support and guidance.



Margaret Lewis
CEO
Sheffield Mind

Date: 14/10/26

SHEFFIELD MIND LIMITED

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2026

The trustees present their annual report and financial statements for the year ended 31 March 2026.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

Sheffield Mind was founded in 1978. We're a registered charity and company limited by guarantee. We are an independent, autonomous organisation, affiliated to National Mind, but responsible for our own fundraising. We are one of 100+ local Mind Associations across England and Wales that have agreed to support the mission and values of national Mind and strive to reflect them in our governing documents, principles and work.

Our Mission

To improve wellbeing and provide advice and support to empower anyone experiencing a mental health problem. We work locally with partners, to improve service provision and increase awareness.

Our Vision

We won't give up until everyone experiencing a mental health problem gets both support and respect.

Our Values

Informed: We listen, in order to improve
Diverse: We provide flexible and diverse services
Client Centred: The service user is at the core of everything we do
Supportive: Our services are recovery-focused
Together: We're stronger in partnerships

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Activities

Sheffield Mind has been delivering mental health services in the city for 48 years. We're a respected and trusted provider and we pride ourselves on the standards of care and support provided to service users by all staff, regardless of role.

We provide a range of services to address multiple and complex mental health needs in people of all ages.

Achievements and performance

Commercial Activities

During the year, we continued to develop and promote our Revive services, including counselling for adults and children, anger management and supported self-help. To strengthen our commercial offer and increase awareness of these services, we worked with a local marketing agency to enhance brand recognition and improve search engine optimisation. We anticipate that these developments will support continued growth in service uptake and income generation.

We also expanded our workplace wellbeing and training portfolio. Sheffield Mind continues to hold the Enhanced Standard within the Mind Quality Assurance Framework for Workplace Wellbeing Services, recognising both the quality of our provision and the positive impact of our delivery.

Over the past year, we delivered training to a diverse range of organisations, including Green Estates, South Yorkshire Housing Association, Family Voices and Amey. We have also developed a series of bespoke workshops and wellbeing sessions as part of our Employee Assistance Programme (EAP) offer, enabling us to respond more effectively to the needs of local employers.

Corporate Support

We remain deeply grateful to the local business community for its ongoing financial and in-kind support.

Particular thanks are due to **512 Logistics** and **Little Hummingbird Events** for sponsoring our flagship events, *Bark in the Park* and *Mental Elf*. Their support extended beyond financial contributions, with both organisations actively participating in the events, helping us to create a positive experience for attendees.

We would also like to thank **Kenwood Hall Hotel and Spa** for hosting a wellbeing open day and donating a proportion of the event proceeds to Sheffield Mind. In addition to generating valuable income, the event provided an important opportunity to raise awareness of our services and engage with new audiences.

We are especially grateful to **True North Brewery** and **Abbeydale Brewery** for their continued support and for organising the annual **Sheffield Half Pint Marathon**. Participation from local venues increased significantly during the year, helping to raise both funds and awareness. Sheffield Mind also collaborated on promotional merchandise, generating additional income through the initiative.

We were pleased to partner with the **North Leeds Food Festival** team to deliver the inaugural **Graves Food and Drink Festival.** The event proved highly successful and established a strong foundation for future collaboration.

Major Events

This year saw the launch of what we hope will become an annual fundraising fixture, **Bark in the Park**. The inaugural event attracted strong attendance, received excellent feedback from participants and demonstrated significant potential for future growth.

We also delivered our second **Mental Elf Fun Run** in partnership with Mind colleagues from across the region. The event attracted approximately two hundred participants and generated extensive regional media coverage. The success of Mental Elf has provided a strong platform from which to further develop the profile of our emerging **Mind in South Yorkshire** identity and collaborative work across the region.

Fundraising practices

Community Fundraising

We are immensely grateful to the individuals, groups and organisations who supported Sheffield Mind through community fundraising activities throughout the year.

From sponsored runs and physical challenges to bake sales and local events, supporters demonstrated remarkable creativity and commitment in raising funds for mental health services in Sheffield.

Physical challenge events remained particularly popular. We were delighted to welcome teams and individuals participating in **Mental Elf**, including representatives from **Forge Radio**, local supporters **Max and Kyle**, and a number of running and walking groups from across the region.

We also benefited from the generosity of local community organisations. The **Hathersage Players** made a significant contribution through proceeds generated from sales of their *Fully Monty* commemorative calendar, while the **204th Sheffield Guides** donated funds raised through ticket sales for their annual Christmas pantomime.

Additional support came from the **Edensor Village Group**, which made a donation in memory of a valued community member and from **Wrigleys Solicitors**, whose generous contribution reflected their commitment to promoting positive mental health and wellbeing.

Trusts and Foundations

We were pleased to receive continued support from a number of charitable trusts and foundations, including the **Facey Foundation, Dixon Pitchford Trust**, and the **Zachary Merton and George Woofindin Convalescent Trust.**

Their ongoing commitment enables Sheffield Mind to continue delivering high-quality services and support to people experiencing mental health challenges across Sheffield. We are extremely grateful for their confidence in our work and the vital role they play in helping us achieve our mission.

Financial review

Overall income in the year totals £1,114,980, this is an increase of 6% on the previous year. Expenditure has decreased slightly to £1,127,239, this is a 1.5% decrease on the previous year. The increase in income and decrease in expenditure has resulted in a lower deficit of £12,259 when compared with the previous year's deficit of £90,083.

Cash reserves remain healthy at £999,315 (after deduction of the ring fenced balance at stated in note 17 to the accounts) which is sufficient to cover both restricted and designated funds.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

In line with the policy the level of reserves has been set at £242,429 for FY25/26, at the end of FY24/25 the level was £282,711 for comparison.
This is reflective of the reduced staffing level between the two financial years.

In addition to the reserves held for winding down, an amount of £300,294 has been designated for planned future investments.

Plans for future periods
Our strategic Plan 2024-2027 details our approach to the following Strategic Priorities:

- Championing Lived Experience
- Reaching More People
- Investing in Our Staff
- Sustainability and Growth
- Measuring Our Impact

Structure, governance and management
The charity is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:
S M Bancroft
I Parker (Chair)
S Joseph (Appointed 10 July 2025)
B Strong
I Burnell
T Cruickshank
B Graney

Trustees are recruited as necessary and reviewed for what they can add, by the Board, before they enter an interview process.

There is a Mind induction software programme for self completion. We have all had recent training by a Mind facillitator to go through roles and responsibilities of Trustees.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Remuneration policy
Margaret (CEO) has checked salaries with other Mind branches and other local charity organisations. In the case of the Senior Finance Manager, this has proven to be unrepresentative and so the Trustees are in discussions re the other members of the SMT and potential future role changes.

Auditor
In accordance with the company's articles, a resolution proposing that Rogers Spencer be reappointed as auditor of the company will be put at a General Meeting.

Thanks and Acknowledgements

Every donation, fundraising activity, corporate partnership and grant award contributes directly to our ability to support people experiencing mental health challenges in Sheffield.

We would like to express our sincere thanks to everyone who has supported Sheffield Mind during the year. Whether through donating, fundraising, volunteering, sharing expertise or championing our work, your generosity and commitment have made a meaningful difference to the lives of people in our community. We are truly grateful for your support

The trustees' report was approved by the Board of Trustees.

I Parker

I Parker (Chair)
Trustee

Date: 14/10/2026

SHEFFIELD MIND LIMITED

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2026

The trustees, who are also the directors of Sheffield Mind Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SHEFFIELD MIND LIMITED

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF SHEFFIELD MIND LIMITED

Opinion

We have audited the financial statements of Sheffield Mind Limited (the 'charity') for the year ended 31 March 2026 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- We identified the laws and regulations applicable to the company through discussions with trustees and other management, and from our knowledge and experience of the charity sector;
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including legislation and data protection, anti-bribery, employment, environmental and health and safety legislation;
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting relevant correspondence; and
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- Understanding the design of the charity's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Tested journal entries to identify unusual transactions;
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- Investigated the rationale behind significant or unusual transactions,

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation;
- Reading the minutes of meetings of those charged with governance;
- Enquiring of management as to actual and potential litigation and claims; and
- Reviewing correspondence with relevant regulators.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Melvin Bailey FCCA DChA
For and on behalf of Rogers Spencer, Statutory Auditor
Chartered Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP
Date: 15 October 2026

Rogers Spencer is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

SHEFFIELD MIND LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Income from:							
Donations and legacies	3	40,467	210	40,677	58,133	-	58,133
Charitable activities	4	102,897	877,202	980,099	85,614	862,510	948,124
Other trading activities	6	58,694	540	59,234	27,731	-	27,731
Investments	7	34,970	-	34,970	21,456	-	21,456
Total income		237,028	877,952	1,114,980	192,934	862,510	1,055,444
Expenditure on:							
Raising funds	8	34,490	-	34,490	22,919	-	22,919
Charitable activities	9	148,466	944,283	1,092,749	134,934	987,674	1,122,608
Total expenditure		182,956	944,283	1,127,239	157,853	987,674	1,145,527
Net income/(expenditure)		54,072	(66,331)	(12,259)	35,081	(125,164)	(90,083)
Transfers between funds		(28,125)	28,125	-	(7,302)	7,302	-
Net movement in funds		25,947	(38,206)	(12,259)	27,779	(117,862)	(90,083)
Reconciliation of funds:							
Fund balances at 1 April 2025		1,186,265	103,204	1,289,469	1,158,486	221,066	1,379,552
Fund balances at 31 March 2026		1,212,212	64,998	1,277,210	1,186,265	103,204	1,289,469

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

SHEFFIELD MIND LIMITED

BALANCE SHEET

AS AT 31 MARCH 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Fixed assets					
Intangible assets	**14**		3,374		4,439
Tangible assets	**15**		409,502		422,955
			412,876		427,394
Current assets					
Debtors	**16**	69,858		51,426	
Cash at bank and in hand		1,728,382		1,833,985	
		1,798,240		1,885,411	
Creditors: amounts falling due within one year	**17**	(933,906)		(1,023,336)	
Net current assets			864,334		862,075
Total assets less current liabilities			1,277,210		1,289,469
The funds of the charity					
Restricted income funds	**19**		64,998		103,204
Unrestricted funds	**20**		1,212,212		1,186,265
			1,277,210		1,289,469

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2026.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 14/10/2026

I Parker

I Parker (Chair)
Trustee

SHEFFIELD MIND LIMITED

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2026

	Notes	2026 £	£	2025 £	£
Cash flows from operating activities					
Cash absorbed by operations	23		(135,054)		(98,633)
Investing activities					
Purchase of tangible fixed assets		(5,519)		(17,906)	
Investment income received		34,970		21,456	
Net cash generated from investing activities			29,451		3,550
Net decrease in cash and cash equivalents			(105,603)		(95,083)
Cash and cash equivalents at beginning of year			1,833,985		1,929,068
Cash and cash equivalents at end of year			1,728,382		1,833,985

1 Accounting policies

Charity information

Sheffield Mind Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is The Wellbeing Centre, 110 Sharrow Lane, Sheffield, South Yorkshire, S11 8AL.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Software	10% straight line

1.7 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% straight line
Office equipment	20% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies **(Continued)**

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Donations and gifts	40,467	210	40,677	58,133	-	58,133
Donations and gifts						
Donations and memberships	35,966	210	36,176	39,003	-	39,003
In memoriam and legacies	4,501	-	4,501	8,130	-	8,130
Dixon Pitchfork Charitable Trust	-	-	-	1,000	-	1,000
Zachary Merton Trust	-	-	-	5,000	-	5,000
Facey family Foundation Trust	-	-	-	5,000	-	5,000
	40,467	210	40,677	58,133	-	58,133

4 Income from charitable activities

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Income from grants and funding	-	877,202	877,202	-	862,510	862,510
Revive Counselling income	41,575	-	41,575	31,328	-	31,328
Revive Work Well Project	12,290	-	12,290	990	-	990
SDS - Budget Management Income	39,556	-	39,556	41,784	-	41,784
School activity & other	6,646	-	6,646	-	-	-
Revive Reed Partnership Project & Sensory Tent Income	2,830	-	2,830	11,512	-	11,512
	102,897	877,202	980,099	85,614	862,510	948,124

5 Income from grants and funding

	Total 2026 £	Total 2025 £
CCG Counselling Service	-	76,118
Springboard - Manor (MCDT)	-	1,225
Magpies - Reaching Communities	54,208	103,738
Springboard - Citywide	-	9,056
Community Connectors - CCG	282,482	244,327
VCSE Waiting List	-	6,023
NHS CCG Health Outcomes	55,197	45,276
Peer Support (Synergy)	85,085	86,448
Through the Clouds - CCG	-	38,588
Wellbeing Navigators	12,655	10,680
NHS CCG LGBTQ+ Rainbow Cafe	-	4,348
SSH (R&B Mind)	-	53,492
Anger Management SYPCC	-	7,500
Peak Edge Community Connector	18,631	26,083
Anger Management (ICB) RF	59,313	21,819
Authentic Voice Mind forward (SCC)	-	13,080
Mind Forward (SCC)	18,039	9,050
Active Minds (Mind)	5,000	5,000
Art Therapy Magpies (Synergy) RF	23,645	1,028
NHS England Training	3,735	7,252
Safer Spaces (SCC)	66,461	62,357
Stategic Co-ordinator	31,057	30,022
Authentic Voice (Safelives)	22,753	-
MMH (Woodhouse Wellbeing)	2,596	-
NHS Sheffield CCG - Counselling & Therapy	78,742	-
Carers Support Synergy	43,655	-
Nature Works (SYCF H&G Fund)	10,273	-
Weight Management (Morelife)	3,675	-
	877,202	862,510

6 Income from other trading activities

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Non-charitable trading activities	27,798	540	28,338	12,662	-	12,662
Fundraising events	30,896	-	30,896	15,069	-	15,069
	58,694	540	59,234	27,731	-	27,731

7 Income from investments

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Interest receivable	34,970	21,456

8 Expenditure on raising funds

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Fundraising and publicity		
Other fundraising costs	13,239	2,144
Staff costs	21,251	20,775
	34,490	22,919

9 Expenditure on charitable activities

	Charitable activities 2026 £	Charitable activities 2025 £
Direct costs		
Staff wages	718,746	695,727
Other charitable activities costs	56,301	97,509
	775,047	793,236
Share of support and governance costs (see note 10)		
Support	285,448	302,856
Governance	32,254	26,516
	1,092,749	1,122,608
Analysis by fund		
Unrestricted funds	148,466	134,934
Restricted funds	944,283	987,674
	1,092,749	1,122,608

10 Support costs allocated to activities

	2026 £	2025 £
Staff costs	221,956	216,364
Depreciation	20,037	21,630
Information technology	1,429	29,691
Office costs	12,788	30,372
Other support costs	29,238	4,800
Governance costs	32,254	26,515
	317,702	329,372
Analysed between:		
Charitable activities	317,702	329,372

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

Trustee expenses relating to travel costs were reimbursed for 1 trustee (2025: 1 trustee) amounting to £131 (2025: £104).

12 Employees

The average monthly number of employees during the year was:

	2026 Number	2025 Number
	36	41

Employment costs	2026 £	2025 £
Wages and salaries	853,321	869,975
Social security costs	84,692	47,222
Other pension costs	23,940	15,669
	961,953	932,866

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2026 £	2025 £
Aggregate compensation	189,260	133,120

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Intangible fixed assets

	Software £
Cost	
At 1 April 2025 and 31 March 2026	10,656
Amortisation and impairment	
At 1 April 2025	6,216
Amortisation charged for the year	1,066
At 31 March 2026	7,282
Carrying amount	
At 31 March 2026	3,374
At 31 March 2025	4,439

15 Tangible fixed assets

	Freehold land and buildings	Office equipment	Total
	£	£	£
Cost			
At 1 April 2025	459,106	86,154	545,260
Additions	-	5,519	5,519
At 31 March 2026	459,106	91,673	550,779
Depreciation and impairment			
At 1 April 2025	71,376	50,931	122,307
Depreciation charged in the year	9,182	9,788	18,970
At 31 March 2026	80,558	60,719	141,277
Carrying amount			
At 31 March 2026	378,548	30,954	409,502
At 31 March 2025	387,731	35,224	422,955

16 Debtors

	2026	2025
Amounts falling due within one year:	£	£
Trade debtors	31,056	43,423
Prepayments and accrued income	38,802	8,003
	69,858	51,426

17 Creditors: amounts falling due within one year

	Notes	2026	2025
		£	£
Other taxation and social security		14,458	14,472
Deferred income	18	130,620	93,596
Trade creditors		16,485	4,553
Other creditors		729,067	872,072
Accruals		43,276	38,643
		933,906	1,023,336

Included in creditors is an amount of £729,067 (2025 - £872,072) for Self Directed Support relating to funds held on behalf of clients. These funds are held in a separate ring fenced bank account which is included in cash and bank on the balance sheet.

18 Deferred income

	2026	2025
	£	£
Other deferred income	130,620	93,596

Deferred income is included in the financial statements as follows:

	2026	2025
	£	£
Deferred income is included within:		
Current liabilities	130,620	93,596

	2026	2025
	£	£
Movements in the year:		
Deferred income at 1 April 2025	93,596	56,474
Released from previous periods	(93,596)	(56,474)
Resources deferred in the year	130,620	93,596
Deferred income at 31 March 2026	130,620	93,596

Deferred income relates to grants received before conditions have been met to enable recognition of the income.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

19 Restricted funds

The restricted funds of the charity total unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2025	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2026
	£	£	£	£	£	£
Active Minds (Mind)	-	5,000	(3,569)	-	-	1,431
Anger Management (ICB)	-	59,313	(43,452)	-	-	15,861
Art Therapy (Synergy)	76	23,645	(23,585)	-	-	136
Art Therapy Magpies ICB	11,801	-	(11,154)	99	-	746
Authentic Voice	-	22,753	(22,753)	-	-	-
Community Connectors Fund (CCG)	20,698	282,482	(310,240)	11,823	-	4,763
Magpies - Reaching Communities	-	54,209	(79,092)	-	24,883	-
Magpies (SCC)	-	-	(379)	-	379	-
Mind Forward (SCC)	3,966	18,039	(16,418)	-	-	5,587
NHS CCG Health Outcomes	-	55,197	(55,197)	-	-	-
NHS CCG LGBTQ+ Rainbow Cafe	7,684	210	(2,176)	-	-	5,718
NHS England Training	7,252	3,735	(1,195)	-	-	9,792
NHS Sheffield CCG - Counselling & Therapy Service	-	79,282	(80,092)	-	810	-
Peak Edge Community Connector (NHS CCG)	4,648	18,630	(11,456)	(11,822)	-	-
Peer Support (Synergy)	-	85,085	(91,994)	-	6,909	-
Safer Spaces (SCC)	13,124	66,461	(86,663)	-	7,078	-
Strategic Co-ordinator (CCG)	168	31,057	(31,766)	-	541	-
Wellbeing Navigators	15,066	12,655	(12,655)	-	-	15,066
Carers Support Synergy	-	43,655	(49,324)	-	5,669	-
MMH (Woodhouse Wellbeing)	-	2,596	(2,084)	-	-	512
MMH (FURD)	-	-	(477)	-	477	-
Nature Works (SYCF H&G Fund)	-	10,273	(7,809)	-	-	2,464
Weight Management (Morelife)	-	3,675	(756)		-	2,919
NHS CCG Anger Management	7,472	-	-	(7,472)		-
SHSC Waiting List	5,959	-		(5,959)	-	-
SSH (R&B Mind)	132	-	-	(132)	-	-
This Is Us	99	-	-	(99)	-	-
Through The Clouds - Bereavement Service	3,752	-	-	(3,752)	-	-
Cost Of Living	1,307	-	-	(1,307)	-	-
	103,204	877,952	(944,286)	(18,621)	46,746	64,995

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

19 Restricted funds **(Continued)**

Previous year:	At 1 April 2024	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2025
	£	£	£	£	£	£
NHS CCG LGBTQ+ Rainbow Cafe	5,824	4,348	(2,488)	-	-	7,684
MHPN Strategic Coordinator	157	30,022	(30,011)	-	-	168
PCMH Community Connectors	23,026	244,324	(246,652)	-	-	20,698
Springboard	7,511	9,056	(13,219)	(3,749)	401	-
Through the Clouds	3,965	38,588	(38,801)	-	-	3,752
Waiting List (SHSC	4,258	-	(1,298)	(2,960)	-	-
Anger Management SYPCC	206	7,500	(8,491)	-	785	-
SSH (R&B Mind)	4,754	53,492	(58,114)	-	-	132
Waiting List (SPA/EWS)	5,959	-	-	-	-	5,959
Cost of living	1,307	-	-	-	-	1,307
NHS CGC Health Outcomes	-	45,276	(56,894)	6,370	5,248	-
Magpies - Reaching Communities	25,364	103,738	(135,106)	-	6,004	-
NHS CGC Anger Management	7,472	-	-	-	-	7,472
Safer Spaces (SCC)	13,635	62,357	(62,868)	-	-	13,124
Listening Line - Info Officer	19,468	-	-	(19,468)	-	-
This is Us	16,110	-	(4,066)	(11,945)	-	99
Gambling Commission	46,727	-	(49,822)	-	3,095	-
Waiting List (VCSE)	-	6,023	(6,589)	566	-	-
Peer Support (Synergy)	2,737	86,448	(96,143)	-	6,958	-
Wellbeing Navigators	32,586	10,680	(21,830)	(6,370)	-	15,066
Peak Edge Community Connector	-	26,086	(21,438)	-	-	4,648
Authentic Voice	-	13,080	(13,080)	-	-	-
Mind forward (SCC)	-	9,050	(8,833)	3,749	-	3,966
Active Minds (Mind)	-	5,000	(6,767)	-	1,767	-
Art Therapy (Synergy) RF	-	1,028	(952)	-	-	76
Art Therapy Magpies ICB	-	-	(144)	11,945	-	11,801
NHS England Training	-	7,252	-	-	-	7,252
NHS Sheffield CCG - Counselling and Therapy service	-	76,118	(81,425)	2,394	2,913	-
Springboard - Manor MCDT	-	1,225	(894)	-	(331)	-

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

19 Restricted funds **(Continued)**

Springboard - Parsons Cross (SOAR)	-	-	70		(70)	-
Anger management (ICB) RF	-	21,819	(21,819)	-	-	-
	221,066	862,510	(987,674)	(19,468)	26,770	103,204

19 **Restricted funds** **(Continued)**

Active Minds (Mind)
Working with FURD (Football Unites Racism Divides) to use football to bring people from different backgrounds and create a space to discuss mental health. Project ended in October 2025.

Anger Management (ICB)
Anger management group courses for adults funded by ICB.

Art Therapy (Synergy)
Art Therapy groups supported by a qualified art therapist. Project ended in March 2026.

Art Therapy (Magpies)
Art Therapy student support and activity funding from ICB repurposed from This is Us project. Ended in December 2025.

Authentic Voice (Safelives)
(Also known as the Echo project) Creating spaces, opportunities and networks for survivors of domestic abuse to share their lived experience to co-create the design and delivery of local policies and services intended to meet their needs.

Carers Support (Synergy)
A one-year contract to support indivduals who care for people with a mental illness and who require emotional of practical support or both ending in March 2026. The project has an agreed lower contractual overhead rate than actual levels and a strategic decision has been made to fund the resultant deficit with unrestricted income.

Community Connectors (CCG - Primary Care Sheffield)
"Providing support to people with severe mental illness
Also includes the Peak Edge Community Connector post which was initially funded separately from the main project and the remaining reserves have been transferred to Community Connectors accordingly."

Magpies - Reaching Communities
To provide help and support to hoarders in Sheffield area. The project was funded by Big Lottery until December 2025. The year end deficit of £25k was funded by unrestricted income.

Strategic Coordinator (ICB)
"Mental Health Professional Network Strategic Coordinator
Sheffield Mind hosts this post, which enables the VCSE sector to have a coordinated 'voice'
Project ended May 2026".

Mind Forward (SCC) - formerly Springboard
"Sheffield Mind hosts this post, which enables the VCSE sector to have a coordinated 'voice'
Project ended March 2026".

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

19 **Restricted funds** **(Continued)**

MMH Woodhouse
Sheffield Mind attending Woodhouse Wellbeing Wednesday men's mental health sessions.

Nature Works (SYCF H&G Accelerator Fund)
A creative group therapy initiative designed to support adults (18+) who are currently in work but have experienced recent absences due mental or physical health issues. This project harnesses the therapeutic power of nature-inspired creative activities to promote wellbeing, build personal and interpersonal strengths, and support individuals in sustaining their place in the workforce. 6 month funding in FY25/26.

NHS CCG Health Outcomes
To provide outreach and engagement to support people with Severe Mental Illness (SMI) access their annual GP Health Check and increase uptake of COVID 19 and flu vaccination by this population.

NHS CCG Counselling & Therapy
General counselling for adults who are registered with a Sheffield GP practice.

NHS England Training
Grant provided to support Sheffield Mind staff training.

Peer Support Service (Synergy)
Peer support workers have lived experience of mental health issues and use this experience to support people with severe mental illness. The project has an agreed lower contractual overhead rate than actual levels and a strategic decision has been made to fund the resultant deficit with unrestricted income.

Rainbow Minds
Previously funded by the ICB, the project has been privately funded to provide a safe and supportive space to people from the LGBTQ+ community, who are isolated, lonely, have mental health issues, or who want to meet new people.

Safer Space (SCC)
To provide a counselling service/talking therapy for adults who have lived with or have experienced domestic abuse in Sheffield and are living in safe accommodation. The funding provided by SCC doesn't cover the organisational overheads fully, a strategic decision was made to offset the cost with unrestricted reserves.

Weight Management (Morelife)
One year funding to provide weight management programmes between October 2025 and October 2026 for people with SMI (Severe Mental Illness).

Wellbeing Navigators - NHS South Yorkshire ICB
To provide guidance and financial support to individuals with Severe Mental Health (SMI) issues whose mental health and wellbeing is being adversely affected by the Cost of Living Crisis.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2026

19 Restricted funds (Continued)

Anger Management SYPCC
To provide Anger Management services from January 2024 till December 2024.

Cost of Living
Our cost of living service has been set up to provide support and information to people who are struggling to cope with rising costs or who are looking for advice about how they can manage their money more effectively. We provide one to one support and group information sessions and also have a discrete fund for current service users needing support with essentials. Project completed and funds transferred in line with contractual arrangements.

Gambling Commission - Restricted Donation
A two year pitol funded looking at effective ways of supporting young people (aged 11-25) who are at risk of gambling/gaming related harm.

Listening Line - Info officer (Spear & Jackson, Gripple)
To provide phone support to people isolated during the pandemic and provide information, advice and signposting.

Peak Edge Community Connector
"Providing support to people with severe mental illness in Peak Edge area (part of wider CC project but funded separately)
Ongoing but part of the main Community Connectors service"

SSH (R&B Mind)
Supported self-help is a free, 6-week guided programme. We give you the materials to understand and manage your feelings. And we call you regularly to give you support. Project completed and funds transferred in line with contractual arrangements.

This is Us - NHS South Yorkshire ICB
To work with local community groups through art therapy sessions to support participants to think about mental health, their experiences of using mental health services and how to access all the great VCSE (voluntary) sector support that is out there. Project completed and funds transferred in line with contractual arrangements.

Through the Clouds
Bereavement counselling for adults and children/young people. Project completed and funds transferred in line with contractual arrangements.

NHS CCG Anger Management
To provide Anger Management services, in advance of service procurement from April 2022. Project completed and funds transferred in line with contractual arrangements.

Waiting List (SPA/EWS)
To provide art therapy sessions for NHS adults patience.

Waiting List (SHSC)
Providing therapy sessions for PCMH patients with severe mental illness awaiting a mental health allocation. Project completed and funds transferred in line with contractual arrangements.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2025 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2026 £
Close down costs	70,229	-	-	(6,636)	63,593
Working capital	212,482	-	-	(33,646)	178,836
Other designated reserves (future projects)	-	-	-	300,294	300,294
General funds	903,554	237,028	(182,956)	(288,137)	669,489
	1,186,265	237,028	(182,956)	(28,125)	1,212,212

Previous year:	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Close down costs	62,775	-	-	7,454	70,229
Working capital	237,519	-	-	(25,037)	212,482
General funds	858,192	192,934	(157,853)	10,281	903,554
	1,158,486	192,934	(157,853)	(7,302)	1,186,265

21 Analysis of net assets between funds

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £
At 31 March 2026:			
Intangible fixed assets	3,374	-	3,374
Tangible assets	409,502	-	409,502
Current assets/(liabilities)	799,336	64,998	864,334
	1,212,212	64,998	1,277,210

21 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Intangible fixed assets	4,439	-	4,439
Tangible assets	422,955	-	422,955
Current assets/(liabilities)	758,871	103,204	862,075
	1,186,265	103,204	1,289,469

22 Related party transactions

There were no disclosable related party transactions during the year (2025 - none).

23 Cash absorbed by operations

	2026 £	2025 £
Deficit for the year	(12,259)	(90,083)
Adjustments for:		
Investment income recognised in statement of financial activities	(34,970)	(21,456)
Amortisation and impairment of intangible assets	1,066	1,066
Depreciation and impairment of tangible fixed assets	18,971	20,564
Movements in working capital:		
(Increase) in debtors	(18,432)	(4,591)
(Decrease) in creditors	(126,454)	(41,255)
Increase in deferred income	37,024	37,122
Cash absorbed by operations	(135,054)	(98,633)

24 Analysis of changes in net funds

The charity had no material debt during the year.