

Charity number: 270157 (England and Wales)
Charity number: SC041919 (Scotland)

MAHARISHI FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2021

MAHARISHI FOUNDATION

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TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2021

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Charity Commission report

The Trustees' Annual Report 2021

The Trustees present their Annual Report together with the audited financial statements for the year ended 31 December 2021.

The Trustees confirm that the Annual Report and financial statements comply with current statutory requirements, the requirements of the trust deed, and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

TRANSCENDENTAL MEDITATION – TM

With our history of teaching Transcendental Meditation (TM) in Great Britain for over fifty years, we are encouraged by the continuing interest from people of all ages and all walks of life.

Founded by Maharishi Mahesh Yogi, Transcendental Meditation is a simple, natural, effortless procedure practised for 15 to 20 minutes in the morning and evening, while sitting comfortably with eyes closed. It can be learned easily by anyone. Our courses are open to everyone regardless of gender, age, race, or religion – <https://uk.tm.org>

During the practice one's awareness settles down and one experiences a unique state of restful alertness. As the mind transcends mental activity to experience the simplest form of human awareness – Transcendental Consciousness – one's body becomes deeply relaxed. There is also an increase in the coherence of brain functioning. Regular transcending enlivens qualities of creativity, dynamism, orderliness, and organising power, resulting in increased effectiveness and success in daily life. At the same time, by experiencing deep rest during Transcendental Meditation accumulated stress and fatigue in the body is dissolved. When practised regularly, Transcendental Meditation offers everyone a simple technique to enrich mind, body, emotions, and personal relationships.

The UK has over 120 Certified Teachers of Transcendental Meditation. Due to the COVID hiatus, no new Teachers from the UK were trained in 2021. We have two teachers recently returned from the 2022 course with a further three now attending the next course to be completed early in 2023. To build a pipeline of potential new Teachers we continue to encourage Meditators to deepen their experiences by attending TM residence courses, now supplemented by a variety of online options.

Transcendental Meditation course

The initial course of instruction in Transcendental Meditation involves a series of lessons over six months. A seven-step introductory course comprises two lectures on the benefits and nature of the practice, a personal interview with the Teacher, and four lessons of about two hours, each taken on four consecutive days. After this, new meditators are fully equipped to practise TM on their own and enjoy all the benefits. Further lessons follow every two or four weeks for six months to ensure that the practice is correct and giving maximum benefit.

Maharishi Foundation makes its courses as accessible as possible via concessionary fees and extended payment terms for those on low incomes or in need. When possible, scholarships are provided to those unable to pay full fees, using funds donated specifically for this purpose. For example, the Charity has made grants available to NHS staff, (including ambulance drivers) who have been under huge pressure during the pandemic, military personnel (often suffering from PTSD), students, individuals and families on low incomes etc. Some of this support has come from the Edna Linnell Trust for whom Maharishi Foundation is the sole named beneficiary. Course fees for learning Transcendental Meditation are listed here: <https://uk.tm.org/transcendental-meditation-course-fee>

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Comprehensive follow-up is available for all who wish to take advantage of it. In a series of meetings, practitioners can discuss their experiences in meditation and learn more about the practice and its effects in daily life.

Scientific research on Transcendental Meditation

More than 380 peer-reviewed scientific research studies have been conducted at 300 universities and research institutes in 30 countries, including Harvard Medical School, Stanford Medical School and Yale Medical School. Findings have been published in over 160 scientific journals, including *The Lancet*, *British Medical Journal* and *American Journal of Cardiology*.

These studies have shown that regular practice leads to a wide range of benefits including decreased anxiety and depression, improved memory and clearer thinking, reduced high blood pressure, decreased illness and more harmonious relationships. See: <https://www.tm.org/research-on-meditation> These scientifically documented benefits are fully in accord with the objectives of the Charity.

Advanced Techniques of Transcendental Meditation & the TM-Sidhi Programme

Maharishi Foundation also teaches optional advanced courses. These can be taken in sequence by anyone who has learned TM. They further develop mind-body co-ordination and other benefits. There are four Advanced Techniques, each of which is ideally learned four months after the previous technique. Once someone has learned all four Advanced Techniques, she or he may then go on to learn the TM-Sidhi Programme after a further four months.

The TM-Sidhi Programme trains the individual to operate from the level of Transcendental Consciousness, greatly enhancing co-ordination between mind and body, and developing the ability to think and act in accord with Natural Law. The most powerful aspect of the TM-Sidhi Programme is the Yogic Flying technique, during which people report an experience of 'bubbling bliss'. Published research shows that at the same time a powerful influence of coherence, positivity, and harmony radiates throughout the environment.

The Maharishi Effect

Even a small proportion of the population practising Transcendental Meditation produces measurable effects in society. Extensive scientific research has established that crime decreases significantly in a community when as little as 1% of the population practises TM. This phenomenon was named 'the Maharishi Effect' in honour of Maharishi who had predicted it as early as 1960. The Maharishi Effect has been repeatedly confirmed in almost 50 published scientific research papers.

An even greater effect of coherence is produced in society by the TM-Sidhi Programme. This is particularly pronounced when Yogic Flying is practised in a group. The number required was found to correspond to the square root of one per cent of the population – for example, 800 for Great Britain, 2,000 for Europe, or 9,000 for the current population of the world.

Maharishi Foundation, and affiliated organisations in other countries, support initiatives to establish coherence-creating groups of experts in the TM-Sidhi Programme who, through their daily group practice, generate a powerful influence of coherence and positivity in each nation.

FURTHER EDUCATION & OTHER INITIATIVES

Maharishi Vedic Science

Maharishi Foundation also offers courses in Maharishi Vedic Science. Veda means 'knowledge' – total knowledge of Natural Law. Maharishi Vedic Science courses offered by the Charity cover four main areas: "Maharishi's Total Knowledge and Higher States of Consciousness" (a systematic and complete overview of Maharishi Vedic Science); prevention-oriented health care through Maharishi AyurVeda; knowledge of

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

architecture and planning in accord with the laws of nature through Maharishi Sthapatya Veda; and the science and art of music that is in accord with Natural Law through Maharishi Gandharva Veda.

During 2021, Dr Peter Warburton, the Chief Executive of Maharishi Foundation, in concert with the Maharishi Peace Palace administrative team, continued to lead a comprehensive series of online courses based on Maharishi's Total Knowledge attended by participants from the UK and many parts of the globe. A total of approximately 2,500 people have attended these courses in 2021.

European Union co-funded educational projects

Maharishi Foundation's involvement in a second €0.5m EU project within the Erasmus+ programme aimed at demonstrating the reduction of stress and violence in schools and promotion of social inclusion has now concluded. The benefits observed ranged from improved learning, creativity, well-being and emotional balance to greater resilience and reduced stress and anxiety. For the schools' teachers the research found that symptoms of burnout reduced, and resilience, psychological well-being and job satisfaction improved. The project exceeded all its targets, and this led to a very positive report from the EU Commission. Details can be found here: [friends-project.eu](https://www.friends-project.eu)

The team in Brussels continue to explore further opportunities for grants. Even though the UK has left the EU and withdrawn from the Erasmus+ programme, there are other possibilities for UK organisations to participate in EU funded projects and these are being pursued.

Maharishi AyurVeda

The Charity is also involved in the promotion of Maharishi AyurVeda in UK via its ownership of AyurVeda Limited (Company number 02167993).

AyurVeda is the world's longest continually practised medical science. Developed in India over 6,000 years ago. Ayurveda (knowledge of the quality and span of life) is a natural approach to creating balance and strengthening the body's innate healing ability. It is acknowledged by the World Health Organization and is growing in its global use as one of the most effective systems of natural healthcare. Twenty years ago, Ayurveda was almost unknown outside India. Comprehensive knowledge of it had become fragmented and lost. Working with the foremost Ayurveda experts in India, Maharishi systematised and restored it in its completeness. This revitalised form of Ayurveda is now known as Maharishi AyurVeda. The goal of Maharishi AyurVeda is to prevent sickness and promote balanced health and longevity by enlivening the inner intelligence of the body and strengthening its natural healing ability.

The sale of Maharishi AyurVeda Products, through the Charity's subsidiary AyurVeda Limited, supports better health and peace of mind. Products include herbal supplements, natural cosmetics, organic foods, publications, and more.

Licensed Maharishi AyurVeda Health Centres in Suffolk and Lancashire provide authentic Maharishi AyurVeda consultations and treatments to boost the immune system, remove impurities, and promote vitality and good health.

PROPERTIES OWNED BY MAHARISHI FOUNDATION AND ITS SUBSIDIARIES

Maharishi Peace Palace, Rendlesham, Suffolk

The Maharishi Peace Palace, the first of its kind in the UK, lies at the heart of the Maharishi Garden Village (MGV) in Rendlesham, Suffolk. The Peace Palace has been constructed according to Maharishi Sthapatya Veda, which embodies the ancient principles of Vedic architecture in accord with natural law, to promote the well-being of all occupants. It has 30 luxurious en-suite bedrooms, a large dining room, a central Great Hall for conferences, numerous meeting rooms, and dedicated halls for practice of TM and the TM-Sidhi Programme. Courses vary from a weekend to one-month or longer. All deepen the understanding and experience of Transcendental Meditation and associated programmes.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

In late March 2020, in accordance with UK Government guidelines required to reduce the impact of the Coronavirus pandemic, the Peace Palace was closed. It remained closed until Spring 2022 when it opened for a series of residential retreats and for practice of the Transcendental Meditation and TM-Sidhi programme by the local community.

In the absence of residential courses during the coronavirus pandemic, Maharishi Education Centre, the owner and operator of the Peace Palace, ran a series of online courses through the new Maharishi.Online platform. Supplementary income from over 2520 course participants was generated through the year.

These live interactive online courses, having started to fulfil the desire for knowledge during lockdown, have now become a regular feature, covering a variety of subjects presented by some of the organisation's foremost teachers for all to enjoy in the comfort of their own homes. Maharishi.Online has so far run twenty-six online courses, with others lined up and hundreds of enthusiastic participants eager for more. Past courses are available to view on-demand as "Archive Treasures".

Through a combination of generating supplemental income via on-line courses, claiming COVID support grants, tax holidays, furlough grants, reducing expenses, and some generous donations, Maharishi Education Centre has fortunately been able to limit the financial damage of the pandemic.

Maharishi Dome, Skelmersdale, Lancashire

Since 1980 a group of experts in Transcendental Meditation and the TM-Sidhi Programme have been living at a community in Skelmersdale with Maharishi Dome as its central facility. It is the largest such group in Europe. It numbers 150 permanent members including children and welcomes hundreds of visitors every year. Maharishi Dome is purpose-built for daily group practice and for courses. The long-term aim is to expand to a population that would enable 800 experts in Transcendental Meditation and the TM-Sidhi Programme to practise the programme together twice a day in the Maharishi Dome. Scientific research has established that 800 is the required number to create a significant influence of positivity and coherence in the collective consciousness of the entire UK.

The Dome has been running Transcendental Meditation retreats for 34 years and is estimated to have hosted over a million meditations. Following 6 months of closure in 2020 due to the COVID pandemic, we were able to fully re-open from April 2021 with appropriately adjusted protocols for course participants and local members.

A variety of online and in-person, individual meetings, one day and residential courses were held through the rest of the year with a total of 575 course participant days in the year. These included a very successful TM-Sidhi course for the first time in over 2 years. Together with continued strong financial support from Dome members, combined with some COVID shutdown grants and HMRC job support for partially furloughed employees through to March, this allowed the Dome to end the year with a small profit. Membership levels and donations held steady throughout 2021.

In addition, Transcendental Meditation is taught regularly to people in the region including local parents and children at the Maharishi School.

Extensive refurbishments and upgrades have taken place during the last two years.

Other properties owned by Maharishi Foundation

1. Bournemouth Transcendental Meditation Centre (from 2010)
2. 9 Garden Square, Rendlesham (2011)

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

SUBSIDIARY, ASSOCIATED & RELATED PARTIES

Subsidiary companies of Maharishi Foundation

Maharishi Education Centre Limited (MEC)
Ayurveda Limited
Maharishi Garden Village Limited
Maharishi Limited (dormant)

Related Parties of Maharishi Foundation

By virtue of common Trustees or Directors and related objects and activities, Maharishi Foundation is connected to:

The Spiritual Regeneration Movement of Great Britain (Charity number 204025)
David Lynch Foundation UK (Company number 07933959 and Charity number 1146643)
Maharishi World Development Fund (Charity number 328738)
Invincible Scotland Trust (Scottish Charity number SC013238)
Maharishi School Trust Ltd (Charity number 517958)
Maharishi International Graduate School (Company number 9023572 and Charity number 1178230)
Maharishi AyurVeda Institute (Charity number 800298)

Details of transactions and balances with these connected parties are given in note 28 to the financial statements.

POLICIES & OBJECTIVES

The objects of the Charity are to advance the education of the public by providing and assisting in the provision of training, meetings, classes and other learning opportunities; and to develop the physical, mental, creative and/or spiritual capacities of individuals and the public at large through the provision of, or assisting in the provision of, education and training, in particular in all aspects of Maharishi Vedic Science, including Transcendental Meditation and its advanced programmes, as founded by Maharishi Mahesh Yogi.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Investment policy

The Trustees have the power to invest unrestricted funds in such assets as they see fit in a prudent way that will attain good results with targeted returns.

Grant-making policy

The Trustees' policy is to award grants to support activities that are in accordance both with the objects of the Charity and the intentions expressed by donors when making contributions.

Fund-raising

The Charity had several fund-raising activities during the year, but none requiring disclosure under S162A of the Charities Act 2011.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

FINANCIAL STATEMENT AND RELATED POLICIES

Overall financial performance

Maharishi Foundation and its subsidiary undertakings generated a deficit of £280,521 in 2021 (2020: deficit of £128,161). The results for the year reflect the continued difficulties Covid 19 has brought to the Maharishi Foundation by significantly impacting demand for TM and ancillary courses. The Peace Palace run by Maharishi Education Centre Limited remained closed for the entire year and Ayurveda Limited also experienced reduced demand as it executed a transition to a slimmer operating model.

A key goal for 2021 was to improve on the TM teaching numbers by cautiously ramping up marketing activity in the first 6 months to match the continued easing of the UK Government's COVID restrictions. Thereafter, we expected a more normal pre-pandemic level of demand to manifest. In the event, numbers were successfully built up through to July 2021 but thereafter averaged around two-thirds of pre-COVID levels for the remainder of the year despite marketing commitments. Even though numbers learning were slightly lower (2,163 vs 2,194), compared to 2020, income from TM instructions was 4.2% up (£842k vs £808k) over the year due to a higher average fee (£385 vs £370). This reflects the greater impact of the pandemic on lower income households. Apart from residential courses, other courses did attract more support during the year, but they represent only around 10% of total income. In consequence, we launched another annual fundraiser in order to allow us to continue to manage our costs and provide a reasonable contingency for the first quarter of 2022 – see next section.

People taking courses in 2021:

Course	2021	2020	+/-
Transcendental Meditation	2,163	2,194	-1.4%
TM Advanced Techniques	223	94	137%
TM-Sidhi Course	16	0	999%
Residence Course participant days	211	687	-89%
Day Course participants days	51	29	76%
Online Course participants	2,620	1,900	38%

During 2021, the Charity and its trading subsidiary, Maharishi Education Centre Limited benefitted from continued furlough grant claims.

Donations

Following our successful appeal to supporters in 2020, in November 2021, a second national fundraising appeal was launched prior to the announcement of restrictions related to the Omicron COVID variant. In the event this raised £33k plus additional support of £22k from two longstanding contributors specifically for maintaining our online advertising. Additionally, a one-off donation of £50k was made to support fresh marketing initiatives, including website development and targeted PR activity. The Edna Linnell Trust contributed a grant of £10k to support scholarships for learning TM.

An amount of £80,430 (2020: £113,175) was raised in donations to promote the unique education provided by Maharishi Vedic Pandit students.

The Charity continued to receive donations for its Purusha Fund and THMD Fund (see note 20). Donations received by both groups combined were £87,715 (2020: £99,372) and grants made were £61,216 (2020: £73,052).

Charitable Grants

The Charity made charitable grants during the year of £295,828 (2020: £193,346). See note 8 of the financial statements.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

Expenditure

Maharishi Foundation Charity results suffered from an impairment of their investment in subsidiaries totalling £110,712 (2020: £279,887 impairment charge). However, on consolidation this is reversed and therefore does not impact on the results of the Group.

Going concern

Although the impact of the COVID global pandemic continues to constrain demand, since July 2020 our Teachers have benefitted from the introduction of a smartphone App which partially reduces the need for person-to-person tuition during the four-day instruction programme, whilst still imparting to students the same detailed guidance and advice. Both our premier course facilities are now running residential programmes again based on more moderate COVID protocols and a full schedule of courses is planned for the remainder of this year.

However, with the advent of significant inflation in the UK from March 2022, combined with the relaxation of post-COVID restrictions, demand for TM remains at around two-thirds of pre-COVID levels. In consequence, the board and Trustees are reviewing our promotional strategy for the second half of the year.

In addition, the Charity will benefit from a minimum of £300,000 in unrestricted legacy income before the end of 2022 (of which an interim distribution of £200,000 was received in June 2022). We are planning to use part of this income to underwrite further investment in an advertising campaign which progressively ramps up our monthly spend to levels exceeding those previously reached pre-COVID in a sustainable way. A significant proportion of the legacy income will be retained to improve the Charity's and the Group's deficit in unrestricted funds reserves and bring it back in line with the Charity's reserves policy.

The Trustees and management have prepared forecasts that indicate that the Charity and its subsidiary undertakings have sufficient resources to continue in operation and to meet their liabilities as they fall due for the foreseeable future, being a period of 12 months from the date of approval of the Annual Report and financial statements. Accordingly, the Trustees have prepared the financial statements on a going concern basis.

Reserves policy

Notes 20 and 23 show the assets and liabilities attributable to each fund and summarise the movement on each fund during the year.

At a Trustee meeting on 30 December 2015, the Trustees approved an unrestricted reserves policy target of £50,000. This policy carries forward into the current year. The unrestricted reserves of the Charity at 31 December 2021 were in deficit of £167,660 (2020: deficit of £150,044). The increase in the deficit of £17,616 was due primarily to the impairment of investments in trading subsidiaries amounting to £110,712 offset by a surplus on charitable activities of £93,000. The negative unrestricted funds reserves have arisen due to the effect of the global pandemic over the past couple of years. The Trustees are fully committed to replenishing these reserves in the year ending 31 December 2022 from the following:

- Improved trading performance from its trading subsidiaries as the removal of restrictions result in increased in person courses and higher attendance levels generating additional funds;
- Retention of a significant proportion of the legacy income expected to be received in FY 2022 to replenish the reserves, of which £200,000 has been received to date; and
- Detailed review of specific restricted income in conjunction with donors to determine whether income has cautiously been treated as restricted funds within these financial statements but should have been treated as unrestricted funds and subject to designation.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

Public Benefit statement

This statement complies with the duty in section 4 of the Charities Act 2011 to have due regard to Public Benefit guidance published by the Charity Commission. The Trustees have reviewed this guidance when reviewing our aims and objectives and in planning future activities. The Trustees consider how planned activities will contribute to the aims and objectives they have set.

Principal risks and uncertainties

The Trustees have a risk management strategy. This comprises an annual review of risks the Charity may face and the establishment of systems and procedures to mitigate those risks and the maintenance of a risk register.

Financial risk management objectives and policies

The Charity has been able to rely on largely consistent income from educational activities and donations from supporters over the years. This continues. However, major expansion activity has taken place during the past 5 years commencing with the construction of the Maharishi Peace Palace at Rendlesham and continuing with the increased marketing effort to instruct many more people in TM starting in January 2018.

Annual budgets are produced for each key department. Commencing In 2019, the Trustees now review these in the final quarter of each year. Generally, monthly budget reports are produced across the various key areas of the Charity and reviewed within each department. The key departments are: National/ Dome/ Peace Palace – each produce annual budgets, each of which is reviewed monthly.

Principal funding

About 90% of the operational funding of the Charity comes from the teaching of Transcendental Meditation. COVID impacts in 2021 caused a significant hiatus leading to teaching income at around two-thirds of normal levels. Ancillary sources of course income, including new online offerings, have improved the situation. To date in 2022 we expect to finish at a slightly higher level for the year.

The other main source of income is regular donations. These usually come into specific restricted funds which are used to support different projects. Each is discretely managed and very reasonable capital exists for the major ones. Modest improvements in these were achieved during the year.

STRUCTURE, GOVERNANCE & MANAGEMENT

Constitution

Maharishi Foundation is a Registered Charity, number 270157 (England and Wales), Charity number: SC041919 (Scotland). The governing document of the Charity is a trust deed, dated 29 August 1975, amended 7 July 2016.

Appointment of Trustees

New Trustees are recruited from supporters of the Charity who are well-known to the Custodian and the current Trustees. Trustees are also chosen with a view to ensure that England, Scotland and Wales are always represented. The Trust Deed stipulates that the number of Trustees must not be less than three or more than fifteen. The existing Trustees may appoint new Trustees by a resolution of a meeting of the Trustees. A memorandum of appointment shall be signed and sealed by the person presiding at the meeting and attested by two others present at the meeting.

All Trustees give their time voluntarily. Any expenses reclaimed from the Charity are set out in note 12 to the accounts.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

Trustee induction and training

New Trustees receive training notes and undergo training sessions to brief them on their legal obligations under Charity law and introduce them to the Trust Deed, Charity organisation and management structure, the latest audited accounts and management accounts, tax law, employment law returns to be completed, GDPR compliance, the advisers and auditors of the Charity, current issues and future plans of the Charity.

Custodian

The trust deed of the Charity provides for the appointment of a Custodian (the UK representative of Maharishi's global organisation) who will have a duty to advise the Trustees on any matter relating to the insight and knowledge of all aspects of Maharishi Vedic Science, including the standards required for accrediting teachers, in order to ensure the Trustees are satisfied that the purity and full effectiveness of Maharishi Vedic Science is preserved. At present the Custodian is also the Chief Executive.

Maharishi Foundation Board

During 2021, Maharishi Board continued to regularly co-ordinate key aspects of operational management including strategy implementation, financial planning, marketing, and organisational priorities. Both the Chief Executive and Chairman of the Trustees are members. The Board works with key officers of the Charity and is empowered by the Trustees with responsibility for expansion, promotion, running of courses and the operation of facilities owned by the Charity. Monthly financial reports are forwarded to the Trustees.

Marketing Group

This is composed of various officers and advisers of the Charity and meets regularly to plan and commission various marketing initiatives. It has a regular fortnightly meeting with representatives of the GMG agency specifically to review performance and tactics around our online advertising and website revisions.

National Directors

The Trustees have an administrative structure in England, Scotland and Wales to carry out the objectives of the Charity. Policy decisions of Maharishi Foundation are made by the Trustees while implementation is carried out by the Chief Executive in collaboration with three national directors in Scotland, England, and Wales:

David Rae, Scotland
Richard Johnson, England
Helen Evans, Wales

The National Directors enlist the support of volunteers to promote education of higher consciousness in 12 areas of society, namely: schools and universities, health care, agriculture, architecture, administration, trade and commerce, science and technology, law and order, cultural studies, political science and the economy, defence, and communication.

Volunteers

The Trustees are immensely grateful to the many volunteers who contribute their time and skills to help run the Charity, both centrally and in teaching centres around the country. Activities by volunteers include fundraising, promotion of courses, administration, bookkeeping and supporting our teachers as they run courses and hold advanced meetings in local areas.

Pay policy for key management personnel

As a Charity with a keen sense of mission and many long-term supporters, we rely heavily on a combination of affordable compensation and voluntary additional input over and above formal contractual arrangements. The

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

setting of pay for key management personnel is decided by the Trustees. There are four key management staff who receive a salary with a combined 2021 annual pay of £57,090 (2020: six - £56,762).

Related party relationships

Trustees and principal officers complete a Declaration of Interests, Conflicts and Related Party Transactions each year. Some UK-based Trustees as well as the CEO and COO have director roles in various subsidiaries of Maharishi Foundation. None of these positions are remunerated. Occasionally there may be an external organisation which is also declared; the Trustees may then agree remuneration is in order on a case-by-case basis. A Conflict-of-Interest policy also helps ensure proper transparency and accountability.

Trustees' indemnities

The Trustees, directors and employees have a liability insurance policy which provides cover in relation to claims and investigations arising from breach of duty or trust, negligence, defamation, and breach of warrant of authority. It also provides cover in relation to injury or property damage and misuse of data.

Post balance-sheet events

During 2020, the Trustees expressed concern about the financial performance of Ayurveda Limited, a subsidiary undertaking. Discussions were held with management in order to understand better the situation. The directors have since made a number of staff redundancies and the company is operating with a greatly pared down team. It has also sold the company warehousing facilities and engaged an independent fulfilment company. Throughout 2021, the company continued to trade, endeavouring to improve efficiency and increase profitability. Since 31 December 2021, the Trustees have continued to monitor the subsidiary's performance and it remains very possible that it will eventually be wound down and closed. Independently, plans are being developed for the future of Maharishi Ayurveda in the UK.

The Charity is expecting to benefit from over £300k of legacy income from four wills by the end of 2022. The majority of this will be unrestricted under the terms set by the respective benefactors.

Plans for future periods

A major focus is being placed on branding and marketing development as a result of new funding having become available. Central to this are the development of a new public-facing website for advertising TM with a pilot landing page due to be launched by the autumn. Other areas under review are enhanced PR and social media presence on Facebook, Instagram & Twitter.

Maharishi Dome will also be launching a new website by the end of 2022 with enhanced social media coverage.

Organisationally, the Maharishi Foundation Board is also looking at further opportunities to enhance the efficiency of the current organisation, particularly with several staff members looking to retire. The Board has succession planning as an ongoing focus.

Before the end of 2022, a major new facility is to be fully commissioned as the Edinburgh Peace Palace. This purpose-built building, like the Peace Palace in Rendlesham, is designed according to the Vastu principles of Maharishi Sthapatya Veda and will be occupied by 7 flats in addition to a new Transcendental Meditation teaching centre for the city. The development is being undertaken by Pada Vastu Ltd, a company wholly owned by Invincible Scotland Trust, a sister charity to Maharishi Foundation.

Finally, a major objective is to replace two premier teaching centres in London with a more central one. This will involve collaborative development with the Spiritual Regeneration Movement (SRM) and the Edna Linnell Trust who are the principal owners of these facilities.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

REFERENCE & ADMINISTRATIVE DETAILS OF THE CHARITY & TRUSTEES

Custodian of the Charity
Dr Peter Warburton

Trustees

Jemima Pitman, Trustee representing England
Dr Ajay Prakash Shrivastava, International Trustee
Graham Orr, Trustee representing Scotland, Chairman
David Rae, Trustee representing Scotland, National Director for Scotland
Gwyndaf Evans, Trustee representing Wales
David Hughes, Trustee representing Wales

Charity registered number
270157 (England and Wales)
Charity number: SC041919 (Scotland)

Principal office

Maharishi Peace Palace
Rendlesham
Woodbridge Suffolk
IP12 2GX

Independent auditor

Scrutton Bland LLP
Chartered Accountants
Statutory Auditor
Fitzroy House
Crown Street
Ipswich
Suffolk
IP1 3LG

Key management personnel

Dr Peter Warburton – Chief Executive
Nigel Grace – Chief Operating Officer
Norma Sullivan – Director of Transcendental Meditation Teaching
Charles Cunningham – Director of Communication

Bankers

Barclays Bank plc, Paddock Wood and St Helens
Lloyds TSB Bank plc, Skelmersdale and Wigan
CAF Bank Limited, Kent
Scottish Widows Bank, Edinburgh
Monmouthshire Building Society, Newport, South Wales
Virgin Money plc, Newcastle upon Tyne

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2021

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Group and the Charity and of their incoming resources and application of resources, including their income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Group and Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Group and the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Group and the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Group and the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the Charity's auditor is aware of that information.

Auditor

The auditor, Scrutton Bland LLP, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Graham Orr
(Chair of Trustees)
Date: 27 October 2022

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MAHARISHI FOUNDATION

Opinion

We have audited the financial statements of Maharishi Foundation (the 'Parent Charity') and its subsidiaries (the 'Group') for the year ended 31 December 2021 which comprise of the Consolidated Statement of Financial Activities, the Consolidated Balance Sheet, the Charity Balance Sheet, the Consolidated Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their financial statements in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the financial statements to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

In our opinion the financial statements:

- give a true and fair view of the state of the Group's and of the Parent Charity's affairs as at 31 December 2021 and of the Group's incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Parent Charity and the Group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Group's or the Parent Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' Report is inconsistent in any material respect with the financial statements; or
- the Parent Charity has not kept sufficient accounting records; or
- the Parent Charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Trustees' Responsibilities Statement, the Trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the Group's and the Parent Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the Group or the Parent Charity or to cease operations, or have no realistic alternative but to do so.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MAHARISHI FOUNDATION (CONTINUED)

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 151 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and charity sector experience, through discussion with the Trustees (as required by auditing standards), inspection of the Group's and Parent Charity's regulatory and legal correspondence and discussed with the Trustees the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The following laws and regulations were identified as being of significance to the Group:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, taxation regulations and the Charities Act 2011;
- The Group and the Parent Charity are subject to many other laws and regulations where the consequence of non-compliance could have a material effect on amounts or disclosures in the financial statements, for instance through the imposition of fines or litigation. We identified the following areas as those most likely to have such an effect which include employment law, safeguarding provisions and health and safety legislation.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: enquiries of management and those charged with governance as to whether the Group and Parent Charity comply with such regulations; enquiries of management and those charged with governance concerning any actual or potential litigation or claims, inspection of relevant legal documentation, review of Trustee meeting minutes, testing the appropriateness of entries in the nominal ledger, including journal entries and the performance of analytical procedures to identify any unexpected movements in account balances which may be indicative of fraud.

The likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditor's Report.

MAHARISHI FOUNDATION

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MAHARISHI FOUNDATION (CONTINUED)

Use of our report

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its Trustees, as a body, for our audit work, for this report, or for the opinions we have formed.

Scrutton Bland LLP
Chartered Accountants
Statutory Auditor
Fitzroy House
Crown Street
Ipswich
Suffolk
IP1 3LG

31 October 2022

Scrutton Bland LLP are eligible to act as auditor in terms of section 1212 of the Companies Act 2006.

MAHARISHI FOUNDATION

**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2021**

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	4	193,567	305,950	499,517	561,608
Charitable activities		902,448	69,373	971,821	885,328
Other trading activities		699,503	15,362	714,865	944,723
Investments	7	4,745	2,263	7,008	6,797
Total income		1,800,263	392,948	2,193,211	2,398,456
Expenditure on:					
Cost of goods and activities to generate funds		754,004	-	754,004	855,718
Charitable activities	9	1,316,495	403,233	1,719,728	1,670,789
Total expenditure		2,070,499	403,233	2,473,732	2,526,507
Net expenditure before net losses on investments					
		(270,236)	(10,285)	(280,521)	(128,051)
Disposal of investment		-	-	-	(110)
Net expenditure		(270,236)	(10,285)	(280,521)	(128,161)
Transfers between funds	20	(2,796)	2,796	-	-
Net movement in funds		(273,032)	(7,489)	(280,521)	(128,161)
Reconciliation of funds:					
	20				
Total funds brought forward		(245,765)	4,367,227	4,121,462	4,249,623
Net movement in funds		(273,032)	(7,489)	(280,521)	(128,161)
Total funds carried forward		(518,797)	4,359,738	3,840,941	4,121,462

The Consolidated Statement of Financial Activities includes all gains and losses recognised in the current and prior years.

The notes on pages 22 to 51 form part of these financial statements.

MAHARISHI FOUNDATION

**CONSOLIDATED BALANCE SHEET
AS AT 31 DECEMBER 2021**

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	13	5,151,391	5,332,088
Investments	14	10,291	10,291
		<hr/>	<hr/>
		5,161,682	5,342,379
Current assets			
Stocks	15	45,875	93,026
Debtors: amounts falling due after more than one year	16	25,000	25,000
Debtors: amounts falling due within one year	16	88,100	94,178
Cash at bank and in hand		719,943	668,629
		<hr/>	<hr/>
		878,918	880,833
Creditors: amounts falling due within one year	17	(909,482)	(719,669)
		<hr/>	<hr/>
Net current (liabilities)/assets		(30,564)	161,164
Total assets less current liabilities		<hr/>	<hr/>
		5,131,118	5,503,543
Creditors: amounts falling due after more than one year	18	(1,290,177)	(1,382,081)
		<hr/>	<hr/>
Net assets		3,840,941	4,121,462
		<hr/> <hr/>	<hr/> <hr/>

MAHARISHI FOUNDATION

**CONSOLIDATED BALANCE SHEET (CONTINUED)
AS AT 31 DECEMBER 2021**

	Note	2021 £	2020 £
Group funds			
Restricted funds	20	4,359,738	4,367,227
Unrestricted funds			
General funds	20	(518,797)	(245,765)
Total unrestricted funds	20	(518,797)	(245,765)
Total funds		3,840,941	4,121,462

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Graham Orr
(Chair of Trustees)
Date: 27 October 2022

The notes on pages 22 to 51 form part of these financial statements.

MAHARISHI FOUNDATION

**BALANCE SHEET
AS AT 31 DECEMBER 2021**

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	13	841,666	861,823
Investments	14	731,369	842,081
		<hr/>	<hr/>
		1,573,035	1,703,904
Current assets			
Debtors: amounts falling due after more than one year	16	2,696,083	2,625,376
Debtors: amounts falling due within one year	16	55,814	49,810
Cash at bank and in hand		490,144	411,973
		<hr/>	<hr/>
		3,242,041	3,087,159
Creditors: amounts falling due within one year	17	(384,716)	(238,178)
		<hr/>	<hr/>
Net current assets		2,857,325	2,848,981
		<hr/>	<hr/>
Total assets less current liabilities		4,430,360	4,552,885
Creditors: amounts falling due after more than one year	18	(490,012)	(522,223)
		<hr/>	<hr/>
Total net assets		3,940,348	4,030,662
		<hr/> <hr/>	<hr/> <hr/>
Charity funds			
Restricted funds		4,108,008	4,180,706
Unrestricted funds		(167,660)	(150,044)
		<hr/>	<hr/>
Total funds		3,940,348	4,030,662
		<hr/> <hr/>	<hr/> <hr/>

The financial statements were approved and authorised for issue by the Trustees on 27 October 2022 and signed on their behalf by:

Graham Orr
(Chair of Trustees)

The notes on pages 22 to 51 form part of these financial statements.

MAHARISHI FOUNDATION

**CONSOLIDATED STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2021**

	Notes	2021 £	2020 £
Cash flows from operating activities			
Net cash generated from operating activities	24	105,763	28,293
		<hr/>	<hr/>
Cash flows from investing activities			
Dividends, interests and rents from investments		7,008	6,797
Proceeds from the sale of tangible fixed assets		35,000	-
Purchase of tangible fixed assets		(1,840)	(9,044)
Proceeds from sale of investments		-	277,500
New loans received		-	242,764
		<hr/>	<hr/>
Net cash provided by investing activities		40,168	518,017
		<hr/>	<hr/>
Cash flows from financing activities			
Repayment of borrowings		(58,100)	(369,645)
Interest paid		(36,517)	(56,779)
		<hr/>	<hr/>
Net cash used in financing activities		(94,617)	(426,424)
		<hr/>	<hr/>
Change in cash and cash equivalents in the year		51,314	119,886
Cash and cash equivalents at the beginning of the year		668,629	548,743
		<hr/>	<hr/>
Cash and cash equivalents at the end of the year	25	719,943	668,629
		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 22 to 51 form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

1. General information

Maharishi Foundation (the "Charity") is a charity registered in England and Wales (270157) and in Scotland (SC041919). The registered office is Maharishi Peace Palace, 6 Gardenia Close, Rendlesham, Woodbridge, Suffolk, IP12 2GX.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Maharishi Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The Consolidated Statement of Financial Activities (SOFA) and Consolidated Balance Sheet consolidate the financial statements of the Charity and its subsidiary undertakings. The results of the subsidiary companies are consolidated on a line by line basis. Subsidiaries which have been excluded from the consolidation due to being immaterial are:

Maharishi Foundation Limited (Dormant)
Maharishi Limited (Dormant)

The Charity has taken advantage of the exemption available to a qualifying entity in FRS 102 from the requirement to present a charity only Cash Flow Statement within the consolidated financial statements.

A summary of the principal accounting policies, which have been applied consistently, is set out below:

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

2. Accounting policies (continued)

2.2 Going concern

The financial statements have been prepared on the going concern basis.

The Charity and its subsidiary undertakings (together the "Group") have slowly begun to deliver courses in person during the year whilst continuing to successfully deliver courses online. It is anticipated in the foreseeable future that courses will continue both in person and online to enable the courses to be offered to a wider range of people and management's forecasts for the next 12 months are based on this assumption. The Trustees and management have prepared forecasts that indicate that the Charity and its subsidiary undertakings have sufficient resources to continue in operation and to meet their liabilities as they fall due for the foreseeable future, being a period of 12 months from the date of approval of these financial statements. Accordingly, the Trustees have prepared the financial statements on a going concern basis.

In addition, the Directors of Ayurveda Limited are currently assessing the future operations of the subsidiary undertaking and there is a high likelihood that the subsidiary will be wound down and closed. In making their going concern assessment of the Group, the Trustees have considered whether there are sufficient funds available to the subsidiary to enable this to be undertaken.

At the year end the Charity and the Group had negative unrestricted funds reserves which have arisen due to the effect of the global pandemic over the past couple of years. The Trustees are fully committed to replenishing the reserves in the year ending 31 December 2022 from improved trading, partial allocation of legacy income expected to be received in 2022 and a detailed review of specific restricted funds in conjunction with donors to determine whether income has cautiously been treated as restricted funds within these financial statements but should have been treated as unrestricted funds and subject to designation.

2.3 Income

Course fees

Income from course fees for teaching the Transcendental Meditation and TM-Sidhi Programmes and other courses is recognised by reference to the course date.

Incoming resources

Other incoming resources such as voluntary incoming resources are accounted for as and when entitlement arises, the amount can be reliably quantified and the economic benefit to the Charity is considered probable.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Group to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

2. Accounting policies (continued)

2.4 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Group's objectives, as well as any associated support costs.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

All expenditure is inclusive of irrecoverable VAT.

2.5 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the Consolidated Statement of Financial Activities over the expected useful lives of the assets concerned. Other grants are credited to the Consolidated Statement of Financial Activities as the related expenditure is incurred.

2.6 Interest receivable

Interest on funds held on deposit or on loans is included when receivable and the amount can be measured reliably by the Group. Where loans are interest free as the donors have requested funds are made available for specific causes, the loan is discounted and notional interest is calculated and accounted for.

2.7 Grants

The Trustees' policy is to award grants that support activities that are in accord with the objects of the Charity and restrictions imposed by the donors of the funds.

2.8 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a Charitable Company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.9 Tangible fixed assets and depreciation

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

2. Accounting policies (continued)

2.9 Tangible fixed assets and depreciation (continued)

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Freehold property	- 2%
Plant and machinery	- Between 20 and 50%
Fixtures and fittings	- Between 20% and 50%
Leasehold rooms	- Over the period of the lease
Office equipment	- Between 20% and 50%

2.10 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Consolidated Statement of Financial Activities.

Investments in subsidiaries are stated at cost less provision for impairment.

Current asset investments are stated at the value gifted.

2.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs.

2.12 Debtors

Trade and other debtors are recognised at the settlement amount after any discount offered. Prepayments are valued at the amount prepaid.

2.13 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

2. Accounting policies (continued)

2.14 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Consolidated Statement of Financial Activities as a finance cost.

2.15 Financial instruments

The Group only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.16 Pensions

The Charity and its subsidiaries operate a defined contribution pension plan for its employees. A defined contribution pension plan is a pension plan under which the Group pays fixed contributions into a separate entity. Once the contributions have been paid the Group has no further payment obligations.

The contributions are recognised as an expense in profit or loss when they fall due. Amounts not paid are shown in other creditors as a liability in the Balance Sheet. The assets of the plan are held separately from the Group in independently administered funds.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

2. Accounting policies (continued)

2.17 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Group and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Group for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

Designated funds-the Trustees have a policy of donating a percentage of course fees received to support the tradition from which the teaching of Transcendental Meditation and its related techniques are derived.

2.18 Allocation of costs

Direct charitable costs are costs incurred in fulfilling the charitable objectives of the Charity.

Support costs of charitable activities include central management and administration costs, incurred directly in support of expenditure on the objects of the Charity. These costs are considered as part of total expenditure relating to the objects of the Charity.

Governance costs include costs incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements.

Costs of generating funds included costs incurred in order to raise income to support the activities of the Charity and its subsidiary undertakings.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

2. Accounting policies (continued)

3. Critical accounting estimates and areas of judgment

In the application of the accounting policies, Trustees are required to make judgements, estimates, and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revisions affected current and future periods.

The key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements are summarised below:

The Maharishi Peace Palace is included in the financial statements at original cost. An impairment review has been undertaken comparing original cost to value in use. Based on occupancy in 2019 a discounted future cashflow model supports the cost value included in the financial statements and no impairment is deemed necessary.

Fixed assets, including property, are depreciated to net residual value. In most cases this is nil. In the case of two properties that can or are used as residential properties, net residual value is considered to be higher than cost and on this basis no depreciation is charged.

The investment in Ayurveda Limited has been reduced to £Nil in prior years due to the probability that the subsidiary may not continue in operational existence in the foreseeable future.

The investment by the Charity in Maharishi Education Centre Limited has been written down in value so that it does not exceed the net assets of the subsidiary undertaking. The impairment change in the year amounting to £110,712 largely represents the annual depreciation charge on the Maharishi Peace Palace.

MAHARISHI FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

4. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	193,567	305,950	499,517
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Donations	216,769	344,839	561,608
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

5. Income from charitable activities

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Transcendental Meditation	842,064	-	842,064
Other courses	60,384	69,373	129,757
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	902,448	69,373	971,821
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Course fees			
Transcendental Meditation	807,896	-	807,896
Other courses	32,106	45,326	77,432
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
	840,002	45,326	885,328
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

6. Income from other trading activities

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income from non charitable trading activities			
Other trading income from subsidiary undertakings	224,790	5,606	230,396
Sale of Ayurveda products	466,363	-	466,363
Consultations and courses	-	8,486	8,486
Rental income and room hire	8,350	1,270	9,620
	699,503	15,362	714,865
	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Income from non charitable trading activities			
Other trading income from subsidiary undertakings	243,803	5,461	249,264
Sale of Ayurveda products	676,588	-	676,588
Consultations and courses	-	9,986	9,986
Rental income and room hire	-	4,964	4,964
Sale of TM News magazine	3,921	-	3,921
	924,312	20,411	944,723

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

7. Investment income

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Investment income on bank deposits	15	2,263	2,278
Other investment income	4,730	-	4,730
	<u>4,745</u>	<u>2,263</u>	<u>7,008</u>
	<u><u>4,745</u></u>	<u><u>2,263</u></u>	<u><u>7,008</u></u>
	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Investment income from bank deposits	121	1,036	1,157
Other Investment income	5,640	-	5,640
	<u>5,761</u>	<u>1,036</u>	<u>6,797</u>
	<u><u>5,761</u></u>	<u><u>1,036</u></u>	<u><u>6,797</u></u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

8. Analysis of grants

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Grants payable Group and Charity			
National admin 6 grants and sponsorship (2020: 6 grants)	62,908	1,353	64,261
General restricted 1 grant (2020: No grants)	-	395	395
TM Expenditure - MERU 4 grants (2020: No grants)	58,439	-	58,439
THMD programme 6 grants (2020: 11 grants)	-	25,246	25,246
Purusha programme 5 grants (2020: 4 grants)	-	35,970	35,970
Vedic Pandits fund 5 grants (2020: 5 grants)	-	100,000	100,000
Woollacombe fund 1 grant (2020: 0 grants)	-	11,517	11,517
	<u>121,347</u>	<u>174,481</u>	<u>295,828</u>
	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Grants payable Group and Charity			
National admin 6 grants (2019: 9 grants)	73,146	8,300	81,446
Woollacombe 1 grant (2019: No grants)	-	15,000	15,000
THMD programme 11 grants (2019: 11 grants)	-	30,860	30,860
Purusha programme 4 grants (2019: 7 grants)	-	16,006	16,006
Vedic Pandits fund 5 grants (2019: 4 grants)	-	50,034	50,034
	<u>73,146</u>	<u>120,200</u>	<u>193,346</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

9. Analysis of expenditure by activities

	Activities undertaken directly 2021 £	Grant funding of activities 2021 £	Support costs 2021 £	Total funds 2021 £
Direct costs - Charitable Activities	704,408	295,828	719,492	1,719,728

	Activities undertaken directly 2020 £	Grant funding of activities 2020 £	Support costs 2020 £	Total funds 2020 £
Direct costs - Charitable Activities	701,521	193,346	775,922	1,670,789

Analysis of direct costs

	Total funds 2021 £	Total funds 2020 £
Teachers Remuneration	489,298	452,212
Course administration, promotion and advertising	215,110	249,309
	704,408	701,521

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

9. Analysis of expenditure by activities (continued)

Analysis of support costs

	Activities 2021 £	Total funds 2021 £
Staff	512,825	512,825
Depreciation	15,449	15,449
Premises	53,837	53,837
Management	49,317	49,317
Finance and IT	76,120	76,120
Legal	11,944	11,944
	<u>719,492</u>	<u>719,492</u>

	Activities 2020 £	Total funds 2020 £
Staff costs	547,269	547,269
Depreciation	15,790	15,790
Premises	47,963	47,963
Management	65,545	65,545
Finance and IT	61,275	61,275
Legal	38,080	38,080
	<u>775,922</u>	<u>775,922</u>

10. Auditor's remuneration

	2021 £	2020 £
Fees payable to the Charity's auditor for the audit of the Group's Annual Report	18,000	16,560
Fees payable to the Charity's auditor in respect of: All non-audit services not included above	<u>14,352</u>	<u>28,149</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

11. Staff costs

	Group 2021 £	Group 2020 £	Charity 2021 £	Charity 2020 £
Wages and salaries	497,081	503,173	241,293	238,279
Social security costs	7,817	7,897	7,817	7,897
Contribution to defined contribution pension schemes	7,927	8,199	3,757	2,752
	512,825	519,269	252,867	248,928

An ex gratia termination payment was made during 2020 to one employee.

The average number of persons employed by the Charity during the year was as follows:

	Group 2021 No.	Group 2020 No.	Charity 2021 No.	Charity 2020 No.
General Fund (Full time)	5	5	5	5
MEC Limited (Full time)	7	9	-	-
General Fund (Part time)	8	6	8	6
Golden Dome (Part time)	7	9	9	9
Ayurveda Limited (Part time)	10	14	-	-
	37	43	22	20

No employee received remuneration amounting to more than £60,000 in either year.

Total remuneration paid to key management personnel in the year amounted to £57,090 (2020- £56,762).

12. Trustees' remuneration and expenses

During the current and prior years, none of the Trustees received any remuneration for qualifying services.

During the current and prior years no expenses were reimbursed or paid directly to Trustees.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

13. Tangible fixed assets

Group

	Freehold property £	Leasehold rooms £	Plant and machinery £	Fixtures and fittings £	Office equipment £	Total £
Cost or valuation						
At 1 January 2021	5,122,651	781,579	814,365	21,756	175,113	6,915,464
Additions	-	-	1,190	-	650	1,840
Disposals	(22,500)	-	-	-	(332)	(22,832)
At 31 December 2021	<u>5,100,151</u>	<u>781,579</u>	<u>815,555</u>	<u>21,756</u>	<u>175,431</u>	<u>6,894,472</u>
Depreciation						
At 1 January 2021	683,794	149,085	565,304	17,884	167,309	1,583,376
Charge for the year	89,473	5,208	63,439	1,079	4,654	163,853
On disposals	(3,125)	-	(264)	-	(759)	(4,148)
At 31 December 2021	<u>770,142</u>	<u>154,293</u>	<u>628,479</u>	<u>18,963</u>	<u>171,204</u>	<u>1,743,081</u>
Net book value						
At 31 December 2021	<u><u>4,330,009</u></u>	<u><u>627,286</u></u>	<u><u>187,076</u></u>	<u><u>2,793</u></u>	<u><u>4,227</u></u>	<u><u>5,151,391</u></u>
At 31 December 2020	<u><u>4,438,857</u></u>	<u><u>632,494</u></u>	<u><u>249,061</u></u>	<u><u>3,872</u></u>	<u><u>7,804</u></u>	<u><u>5,332,088</u></u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

13. Tangible fixed assets (continued)

Charity

	Freehold property £	Leasehold rooms £	Fixtures and fittings £	Office equipment £	Total £
Cost or valuation					
At 1 January 2021	568,955	781,579	18,331	26,725	1,395,590
Additions	-	-	-	650	650
At 31 December 2021	<u>568,955</u>	<u>781,579</u>	<u>18,331</u>	<u>27,375</u>	<u>1,396,240</u>
Depreciation					
At 1 January 2021	349,006	149,085	14,459	21,217	533,767
Charge for the year	11,379	5,208	1,079	3,141	20,807
At 31 December 2021	<u>360,385</u>	<u>154,293</u>	<u>15,538</u>	<u>24,358</u>	<u>554,574</u>
Net book value					
At 31 December 2021	<u>208,570</u>	<u>627,286</u>	<u>2,793</u>	<u>3,017</u>	<u>841,666</u>
At 31 December 2020	<u>219,949</u>	<u>632,494</u>	<u>3,872</u>	<u>5,508</u>	<u>861,823</u>

14. Fixed asset investments

Group	Investments in subsidiary companies £	Unlisted investments £	Total £
Cost			
At 1 January 2021	291	10,000	10,291
At 31 December 2021	<u>291</u>	<u>10,000</u>	<u>10,291</u>
Net book value			
At 31 December 2021	<u>291</u>	<u>10,000</u>	<u>10,291</u>
At 31 December 2020	<u>291</u>	<u>10,000</u>	<u>10,291</u>

MAHARISHI FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

14. Fixed asset investments (continued)

Charity	Investments in subsidiary companies £	Unlisted investments £	Total £
Cost or valuation			
At 1 January 2021	2,097,968	10,000	2,107,968
At 31 December 2021	2,097,968	10,000	2,107,968
Impairment			
At 1 January 2021	1,265,887	-	1,265,887
Charge for the year	110,712	-	110,712
At 31 December 2021	1,376,599	-	1,376,599
Net book value			
At 31 December 2021	721,369	10,000	731,369
At 31 December 2020	832,081	10,000	842,081

Principal subsidiaries

As at 31 December 2021, the following were subsidiary undertakings of the Charity:

Names	Company number	Class of shares	Holding
Ayurveda Limited	02167993	Ordinary	99%
Maharishi Education Centre Limited	03362427	Ordinary	100%
Maharishi Garden Village Limited	05322967	Ordinary	75%
Maharishi Foundation Limited	03034864	No share capital	100%
Maharishi Limited	5121468	Ordinary	100%

MAHARISHI FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

14. Fixed asset investments (continued)

The financial results of the subsidiaries for the year were:

Names	Income £	Expenditure £	(Loss) for the year £	Net assets £
Ayurveda Limited	466,370	582,500	(116,130)	(53,033)
Maharishi Education Centre Limited	334,841	445,262	(110,421)	721,369
Maharishi Garden Village Limited	17,152	18,369	(1,217)	21,995
Maharishi Limited	-	-	-	100

15. Stocks

	Group 2021 £	Group 2020 £	Charity 2020 £
Goods for resale	45,875	93,026	-

16. Debtors

	Group 2021 £	Group 2020 £	Charity 2021 £	Charity 2020 £
Due after more than one year				
Amounts owed by subsidiary undertakings	-	-	2,671,083	2,600,376
Other debtors	25,000	25,000	25,000	25,000
	25,000	25,000	2,696,083	2,625,376
Due within one year				
Trade debtors	42,664	41,301	29,620	24,064
Amounts owed by subsidiary undertakings	-	-	1,455	-
Tax recoverable	1,767	7,593	1,767	7,593
Other debtors	36,726	34,784	20,800	14,817
Prepayments and accrued income	6,943	10,500	2,172	3,336
	88,100	94,178	55,814	49,810

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

17. Creditors: Amounts falling due within one year

	Group 2021 £	Group 2020 £	Charity 2021 £	Charity 2020 £
Bank loans	21,827	10,628	8,200	8,280
Other loans	446,741	389,901	173,880	130,514
Trade creditors	204,748	109,760	77,287	30,498
Amounts owed to group undertakings	-	-	2,339	779
Other taxation and social security	23,649	26,667	1,617	2,066
Other creditors	80,142	93,091	14,251	23,687
Accruals and deferred income	132,375	89,622	107,142	42,354
	909,482	719,669	384,716	238,178

18. Creditors: Amounts falling due after more than one year

	Group 2021 £	Group 2020 £	Charity 2021 £	Charity 2020 £
Bank loans	196,722	256,392	150,349	158,740
Other loans	1,059,220	1,125,689	339,663	363,483
Accruals and deferred income	34,235	-	-	-
	1,290,177	1,382,081	490,012	522,223

The aggregate amount of liabilities payable or repayable wholly or in part more than five years after the reporting date is:

	Group 2021 £	Group 2020 £	Charity 2021 £	Charity 2020 £
Payable or repayable by instalments	625,791	689,440	-	167,020

19. Secured creditors

Group bank loans are secured by a legal charge over land and buildings. Included in the Group in other loans is an amount of £137,592 (2020: £189,898) which is also secured by a legal charge over land and buildings.

MAHARISHI FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

20. Statement of funds**Statement of funds - current year**

	Balance at 1 January 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2021 £
Unrestricted funds					
General Funds - all funds	(245,765)	1,800,263	(2,070,499)	(2,796)	(518,797)
Restricted funds					
General restricted fund	31,283	6,610	(507)	-	37,386
Golden Dome fund	295,503	185,045	(192,271)	-	288,277
Vedic Pandits fund	101,559	80,430	(116,755)	-	65,234
Purusha fund	64,581	35,655	(37,949)	-	62,287
THMD	102,387	52,060	(39,982)	-	114,465
National Coherence project	420,461	-	(1,573)	3,111	421,999
Lesley Woolley Legacy	47,927	7	-	1,435	49,369
Maharishi Peace palace (Suffolk)	2,920,771	31,461	(1,490)	-	2,950,742
Bournemouth TM Centre	185,180	497	(618)	(1,750)	183,309
Invincibility Schools fund	788	600	(287)	-	1,101
Ladies Peace Palace	3,780	-	(94)	-	3,686
Woollacombe fund	11,542	-	(11,517)	-	25
Global Mother Divine Organisation	(377)	345	(88)	-	(120)
Oxford	181,842	238	(102)	-	181,978
	<u>4,367,227</u>	<u>392,948</u>	<u>(403,233)</u>	<u>2,796</u>	<u>4,359,738</u>
Total of funds	<u><u>4,121,462</u></u>	<u><u>2,193,211</u></u>	<u><u>(2,473,732)</u></u>	<u><u>-</u></u>	<u><u>3,840,941</u></u>

MAHARISHI FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

20. Statement of funds (continued)
Statement of funds - prior year

	Balance at 1 January 2020 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 December 2020 £
Unrestricted funds						
General funds	(31,559)	1,986,844	(2,175,304)	(26,463)	(110)	(246,592)
Designated funds	827	-	-	-	-	827
	<u>(30,732)</u>	<u>1,986,844</u>	<u>(2,175,304)</u>	<u>(26,463)</u>	<u>(110)</u>	<u>(245,765)</u>
Restricted funds						
General restricted fund	31,233	104	(54)	-	-	31,283
Golden Dome fund	324,306	130,582	(181,968)	22,583	-	295,503
Vedic Pandits fund	54,253	113,175	(65,869)	-	-	101,559
Purusha fund	42,094	39,191	(16,704)	-	-	64,581
THMD	84,322	60,181	(45,997)	3,880	-	102,386
National Coherence project	428,758	603	(8,900)	-	-	420,461
Lesley Woolley Legacy	47,911	16	-	-	-	47,927
Maharishi Peace palace (Suffolk)	2,870,479	61,238	(10,945)	-	-	2,920,772
Bournemouth TM Centre	184,812	5,663	(5,295)	-	-	185,180
Invincibility Schools fund	186	859	(257)	-	-	788
Ladies Peace Palace	3,854	-	(74)	-	-	3,780
Woollacombe fund	26,562	-	(15,020)	-	-	11,542
Global Mother Divine Organisation	(317)	-	(60)	-	-	(377)
Oxford	181,902	-	(60)	-	-	181,842

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

20. Statement of funds (continued)

Statement of funds - prior year (continued)

	Balance at 1 January 2020 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 December 2020 £
	<u>4,280,355</u>	<u>411,612</u>	<u>(351,203)</u>	<u>26,463</u>	<u>-</u>	<u>4,367,227</u>
Total of funds	<u><u>4,249,623</u></u>	<u><u>2,398,456</u></u>	<u><u>(2,526,507)</u></u>	<u><u>-</u></u>	<u><u>(110)</u></u>	<u><u>4,121,462</u></u>

MAHARISHI FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

21. Description of funds

a) Unrestricted funds

i) General Fund

The General Fund includes all of the unrestricted funds of the Charity. These include the National Offices in Skelmersdale and Rendlesham, which deal with the administration of courses and the finances and accounts of the Charity, expansion and media activities, administration of Maharishi Open University in the UK, and the publication "Transcendental Meditation News" magazine.

b) Restricted funds

i) General Restricted Fund

This fund contains investments and some cash. Investment of funds and grants awarded from this fund are made at the recommendation of the donors of the funds, within the objects of Maharishi Foundation, and with the approval of the Trustees.

ii) Golden Dome Fund

A special fund, 'The Golden Dome Fund', was established in February 1983 to finance a project to build a Golden Dome that would accommodate a group of 800 practitioners of the Transcendental Meditation and TM-Sidhi Programme. This number is the square root of one per cent of the population of Great Britain – the number required to produce the Maharishi Effect.

This facility, Golden Dome in Skelmersdale, is used, for educational courses and group practice of Transcendental Meditation and the TM-Sidhi Programme by local residents and visitors to the facility.

iii) Vedic Pandits Fund

This fund was established in 2001 to support the setting up and maintenance of groups of Maharishi Vedic Pandits from India. The purpose of these groups is to practise different aspects of Maharishi's Vedic Science in order to develop higher states of consciousness and spread an influence of peace and harmony throughout the world.

iv) Purusha and THMD

The Purusha and THMD restricted funds were set up to promote courses to develop the mental and creative potential of the individual. The Purusha fund supports courses for men and the THMD fund supports courses for ladies.

v) National Coherence Project

This is a restricted fund set up with the aim of raising funds to support a permanent group of people practising the Transcendental Meditation and TM-Sidhi Programme to create coherence in national consciousness through the Maharishi Effect.

vi) Lesley Woolley Legacy

The Charity was left a legacy by Lesley Woolley, who died in August 2001. The Trustees want to honour the wishes of Lesley Woolley as closely as possible and are currently developing new projects where her legacy can be applied in a manner that will fulfil her intentions as expressed in her Will

MAHARISHI FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

vii) Maharishi Peace Palace (Suffolk) Fund

In September 2007 the Trustees passed a resolution to establish the Maharishi Peace Palace (Suffolk) Fund to fund the construction and maintenance of an educational facility in Suffolk. The Maharishi Peace Palace is being used to provide educational courses and a venue for group practice of Transcendental Meditation and the TM-Sidhi programme.

viii) Bournemouth TM Centre

In 2010 a property was purchased in Bournemouth to be used for a Transcendental Meditation Teaching Centre. The purchase price was largely funded from a grant.

ix) Maharishi Invincibility Schools Fund

The Maharishi Invincibility Schools Fund, funds the promotion and introduction of Consciousness-Based Education (CBE) in existing schools and colleges, including costs of faculty training and provision of CBE courses and study facilities for students and teachers. The fund will also be used to fund the development of new schools and colleges built according to the principles of Maharishi Sthapatya Veda, to provide scholarships to assist students and teachers to learn Transcendental Meditation and related Advanced Techniques, and to provide scholarships to students who may require help to pay tuition fees and other school or college fees in the context of CBE.

x) Ladies Peace Palace Fund

The Fund was set up to raise funds to establish an educational facility for ladies to be known as a Ladies Peace Palace, with similar objectives to the facility being developed in Suffolk.

xi) Global Mother Divine Organisation

The Global Mother Divine Organisation (GMDO) is as a separate division of Maharishi Foundation which serves and nourishes the ladies and girls of the UK and the world through Total Knowledge. The GMDO division of Maharishi Foundation includes five educational departments – see page 3.

xii) Oxford

The Oxford fund is a special fund set up for a Transcendental Meditation centre for Oxford to be established. The aim is for any building acquired for teaching purposes to be named after the donor's mother Edith Saunders who passed away in the mid 1990s.

xiii) Woollacombe fund

A gift from the estate of Graham Woollacombe's mother used for occasional training and educational grants.

MAHARISHI FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

22. Summary of funds**Summary of funds - current year**

	Balance at 1 January 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2021 £
General funds	(245,765)	1,800,263	(2,070,499)	(2,796)	(518,797)
Restricted funds	4,367,227	392,948	(403,233)	2,796	4,359,738
	<u>4,121,462</u>	<u>2,193,211</u>	<u>(2,473,732)</u>	<u>-</u>	<u>3,840,941</u>

Summary of funds - prior year

	Balance at 1 January 2020 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 31 December 2020 £
General funds	(30,732)	1,986,844	(2,175,304)	(26,463)	(110)	(245,765)
Restricted funds	4,280,355	411,612	(351,203)	26,463	-	4,367,227
	<u>4,249,623</u>	<u>2,398,456</u>	<u>(2,526,507)</u>	<u>-</u>	<u>(110)</u>	<u>4,121,462</u>

Transfer has been made to reflect amounts received under the Coronavirus Job Retention Scheme, claimed against Golden Dome wages paid.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

23. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	4,704,589	446,802	5,151,391
Fixed asset investments	291	10,000	10,291
Debtors due after more than one year	-	25,000	25,000
Current assets	(3,401,062)	4,254,980	853,918
Creditors due within one year	(681,052)	(228,430)	(909,482)
Creditors due in more than one year	(1,141,563)	(148,614)	(1,290,177)
Total	(518,797)	4,359,738	3,840,941

Analysis of net assets between funds - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Tangible fixed assets	4,871,050	461,038	5,332,088
Fixed asset investments	291	10,000	10,291
Debtors due after more than one year	-	25,000	25,000
Current assets	(3,529,321)	4,385,154	855,833
Creditors due within one year	(569,187)	(150,482)	(719,669)
Creditors due in more than one year	(1,018,598)	(363,483)	(1,382,081)
Total	(245,765)	4,367,227	4,121,462

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

24. Reconciliation of net movement in funds to net cash flow from operating activities

	Group 2021 £	Group 2020 £
Net expenditure for the year (as per Statement of Financial Activities)	(280,521)	(128,161)
Adjustments for:		
Depreciation charges	163,853	183,690
Dividends, interests and rents from investments	(7,008)	(6,797)
(Profit) on the disposal of tangible fixed assets	(16,316)	-
Decrease in stocks	47,151	18,775
Decrease in debtors	6,078	91,271
Increase/(decrease) in creditors	156,009	(187,264)
Interest payable and similar expenses	36,517	56,779
Net cash provided by operating activities	105,763	28,293

25. Analysis of cash and cash equivalents

	Group 2021 £	Group 2020 £
Cash in hand	719,943	668,629
Total cash and cash equivalents	719,943	668,629

26. Analysis of changes in net debt

	At 1 January 2021 £	Cash flows £	At 31 December 2021 £
Cash at bank and in hand	668,629	51,314	719,943
Debt due within 1 year	(400,529)	(18,039)	(418,568)
Debt due after 1 year	(1,382,081)	76,139	(1,305,942)
	(1,113,981)	109,414	(1,004,567)

27. Pension commitments

The Group operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Group in an independently administered fund. The pension cost charge represents contributions payable by the Group to the fund and amounted to £7,927 (2020 - £8,199). No amounts were outstanding to the scheme at either 31 December 2020 or 2021.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

28. Related party transactions

By virtue of at least one common Trustee and certain related objects and articles, Maharishi Foundation is connected to the following parties:

a) Spiritual Regeneration Movement of Great Britain

SRM made a loan of £155,000 to Maharishi Foundation in 2010 in order to help it purchase a building to be used as an administrative centre for the Charity in Rendlesham, Suffolk. An additional £5,000 was added to the loan by SRM in 2012. The loan carries a first charge over the property and accrues interest of 3% above bank base rate. The loan is a long-term loan and the loan plus accrued interest is not repayable until the property is sold or until the Trustees of Maharishi Foundation decide to make repayment at their discretion. Interest accrued in 2021 was £6,115 (2020 - £5,863).

b) David Lynch Foundation UK

In 2021 Maharishi Foundation paid £1,100 (2020 - £1,300) to David Lynch Foundation UK to support its promotional activities that resulted in many people taking courses offered by Maharishi Foundation.

c) Invincible Scotland Trust SCIO

In 2021 Maharishi Foundation paid standard commission on teaching fees of £40,920 to Invincible Scotland Trust (2020 - £35,965). An amount of £360 (2020 - £1,600) was received as a contribution towards marketing costs.

d) Maharishi International Graduate School

In 2017 Maharishi Foundation made a loan of £8,300 from the National Coherence Project restricted fund to Maharishi Graduate School at an interest rate of 2% above base rate which was written off in 2020 as a donation paid and is included within direct costs.

e) Peace Palace donations

H Godfrey, a Trustee, provided donations of £Nil to the Maharishi Peace Palace during 2021 (2020 - £10,000).

Maharishi World Development Fund, of which P Warburton is a trustee, provided donations of £Nil to the Peace Palace during 2021. (2020 - £20,000)

f) Peace Palace membership

A number of the Trustees are members of the Maharishi Peace Palace. Memberships have been purchased at normal commercial terms.

g) Close family remuneration

During the year an amount of £12,360 was paid as remuneration to L Warburton (wife of P Warburton).

h) Stitching Maharishi

During the year the Maharishi Foundation paid grants totaling £24,148 (200: £Nil) to 3 Stitching Maharishi Organisations, organisations which P Warburton has a degree of management over.

29. Post balance sheet events

During 2020, the Trustees expressed concern about the financial performance of Ayurveda Limited, a subsidiary undertaking and during 2021 the subsidiary continued to trade with the aim to improve both efficiency and increase its profitability. Since 31 December 2021, the Trustees have continued to monitor the subsidiary's performance and it remains very possible that it will eventually be wound down and closed.