Charity Registration No. 252129

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2025

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Joan Pheasant (Chair) Donna Farmery (Treasurer) Alison Barker Judith Slade (resigned 3rd March 2025) Josh Porritt Uzma Azam (appointed 7th September 2025) Lisa Howes (appointed 7th September 2025) Jane Hart (resigned 7th September 2025)
Charity number	252129
Principal address	NWY ASBAH Stringer House 34 Lupton Street LEEDS LS10 2QW
Independent examiner	Michael Daly
Bankers	Yorkshire Bank plc 20 Merrion Way Leeds West Yorkshire LS2 8NZ

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

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NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2025

The Trustees present their report and accounts for the year ended 31 December 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's constitution, the Charities Act 2011 and Accounting and Reportingby Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland publishedon 16 July 2014.

The charity was registered on 4 March 1968 and followed the rules first adopted on 28 October 1967 andthe constitution which has since been amended on 28 March 1985 and 27 March 2007. The constitution was revised during 2018 to take out the need for an AGM.

Registered charity number: 252129
Registered office: NWY ASBAH, Stringer House, 34 Lupton Street, Leeds, LS10 2QW

Trustees who served during the year:

Joan Pheasant (Chair)	
Jane Hart (Vice-Chair)	*resigned September 2025*
Alison Barker (Secretary)	*resigned December 2025*
Donna Cassidy (Treasurer)	
Joshua Porritt	
Uzma Azam	*appointed November 2025*
Lisa Howes	*appointed November 2025*

During the year, two Trustees resigned from the Board and two new Trustees were appointed.

Objectives and activities

NWY ASBAH exists to support people with spina bifida and/or hydrocephalus and related conditions who live, or have previously lived, in North and West Yorkshire, together with their families and carers.

In accordance with its charitable objectives, the Association seeks to support their wellbeing, education and inclusion in society. NWY ASBAH does this through the provision of support, information, activities and opportunities for community connection, alongside working with other organisations.

In planning and reviewing the Association's activities, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Supporting our community

Throughout 2025, NWY ASBAH continued to support people affected by spina bifida and/or hydrocephalus, together with their families and carers, through a combination of individual welfare support, support through specialist clinics and opportunities for community connection.

Until August 2025, the NWY ASBAH team continued to provide individual advice, guidance and support to members. The team also supported specialist clinics at Bradford and Leeds General Infirmary, signing up new members and connecting people with practical and individual support available through the charity alongside their clinical care. This work formed a significant part of the support provided by the Association during the first part of the year.

Alongside this work, NWY ASBAH continued to provide opportunities for members to connect with others, build friendships and access peer support. With the support of National Lottery and Postcode Lottery funding, 17 community events were delivered during the year, supporting at least 258 participant attendances.

Activities took place across West and North Yorkshire and included bowling, coffee get-togethers, craft sessions, family days out, cultural trips and theatre visits for adults, families and young people. These activities helped to reduce isolation, support wellbeing and create opportunities for members to connect with others who share similar lived experience.

Feedback from members highlighted the value of meeting other people and families with shared experiences:

"Thomas loved everything! It was his first time bowling and really liked that. He also loved being around other children in wheelchairs, it's so important for him to have that exposure as we don't know many other children in chairs so that experience is very valuable."

The number of activities delivered during 2025 was slightly lower than originally planned due to a temporary reduction in capacity during the transition to the new operating model. During this period, the Association prioritised the safe transition and continuity of support for members.

Developing a sustainable operating model

During 2025, Trustees undertook a review of the long-term sustainability of NWY ASBAH, including how the Association could continue to provide meaningful support to members beyond the period of current National Lottery funding.

As a result of this work, a service level agreement was established with Shine, the national charity supporting people affected by spina bifida and hydrocephalus. Under this partnership, Shine provides individual advice, guidance and welfare support, including support through clinics at Bradford and Leeds General Infirmary. NWY ASBAH continues to focus on providing opportunities for community connection, activities and peer support for members and their families.

The partnership also gives NWY ASBAH members access to Shine's wider support services and national programme of online events. Shine reports regularly to Trustees on the delivery of the agreed service and provides information required to support NWY ASBAH's reporting commitments.

The move to the new operating model resulted in a restructure during 2025 and the redundancy of the existing support worker and project management roles. Trustees recognise that this represented a significant period of change for the Association and would like to thank all those affected for their contribution to NWY ASBAH and its members.

In September 2025, a new Project Manager was appointed on a self-employed contract to support the delivery of the new operating model. The role includes management of the partnership with Shine, development and co-ordination of the member activities programme, communications, funding activity and reporting to the Trustees.

During the latter part of the year, work began to develop a structured programme of activities and opportunities for members. This included developing a forward calendar of events, introducing online tools to make it easier for members to find and book activities and establishing more regular communications to keep members informed and encourage greater participation.

Work also continued to strengthen relationships with other organisations and identify potential sources of future funding.

Financial review and sustainability

NWY ASBAH remains extremely grateful for the significant support received through National Lottery funding, alongside Postcode Lottery funding, other grants, donations and legacy income. This funding enables the Association to provide activities and support for members and their families.

Trustees continued to monitor the Association's financial position carefully throughout the year and recognise the importance of developing additional sources of income as existing grant funding comes to an end.

During the year, work therefore continued to identify further funding opportunities and ensure that the Association's resources are managed sustainably and used effectively for the benefit of members.

The Association remained financially stable throughout 2025, with total income of £81,014 and expenditure of £81,183, resulting in a small overall deficit of £170 for the year.

Income comprised restricted grant funding from The National Lottery Community Fund and People's Postcode Lottery, together with unrestricted donations and bank interest. These resources enabled the Association to continue supporting members whilst implementing its new operating model and investing in community activities, communications and organisational development.

Expenditure reflected the significant changes undertaken during the year, including the transition to the new partnership with Shine, delivery of activities for members and families, and the costs associated with operating and governing the Association.

The Trustees are satisfied that the Association's finances remain well managed and that its resources continue to be applied in support of the charity's objectives and the long-term sustainability of its services.

Reserves policy

Trustees aim to maintain an appropriate level of unrestricted reserves to provide financial resilience, meet the Association's ongoing commitments and ensure continuity of support and activities for members.

The level of reserves required is reviewed regularly, taking account of planned expenditure, future funding commitments and the risks associated with changes in income.

The Trustees maintain reserves to provide financial stability, meet unforeseen expenditure and ensure the Association can continue delivering support to members during periods of changing income.

At 31 December 2025, the Association held total reserves of £103,393, comprising £62,163 in unrestricted funds and £41,230 in restricted funds.

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2025

Restricted funds are held for specific charitable purposes and will be applied in accordance with the conditions of the grants from which they were received. Unrestricted reserves remain above the level set by the Trustees' reserves policy, providing a strong financial foundation as the Association continues to develop its new operating model and plans for the future.

The Trustees review the level of reserves regularly and are satisfied that they remain appropriate to support the charity's ongoing activities while maintaining financial resilience.

Structure and governance

NWY ASBAH is governed by a Board of Trustees in line with the Association's Constitution, which was last revised in June 2018.

During 2025, Trustees continued to oversee the Association's finances, policies and activities, as well as the transition to the new operating model and partnership with Shine.

The Trustees remain committed to ensuring that NWY ASBAH is well governed and able to respond to the changing needs of its members and families.

Looking ahead

As we move into 2026, our priority is to build on the new operating model, strengthen opportunities for members to connect and participate, continue to develop our partnership with Shine and secure the resources needed to ensure that NWY ASBAH remains sustainable and relevant to the community it serves.

Trustees will also review the Association's Constitution and governance arrangements during 2026 to ensure they remain appropriate for the organisation and support its future direction.

Thanks and acknowledgements

The Trustees would like to thank everyone who contributed to the work of NWY ASBAH during 2025.

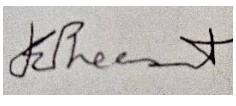
We are particularly grateful to our staff and contractors, including those who left the Association during the year, for their commitment and support of our members and families during a significant period of change.

Our thanks also go to everyone who has supported the Association's financial administration, technology, website, activities and wider operations throughout the year.

Finally, we would like to thank our President, Patrons, volunteers, funders, supporters and, most importantly, our members and families for their continued involvement in and support of NWY ASBAH.

Approval

This report was approved by the Trustees on 13th July 2026

Signed on behalf of the Trustees: 
Joan Pheasant, Chair
Date: 17th September 2026

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS ON THE UNAUDITED ACCOUNTS OF NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

I report on the accounts of the charity for the year ended 31 December 2025 which are set out on pages 9 to 14.

Respective responsibilities of trustees and examiner
The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:
(i) examine the accounts under section 145 of the 2011 Act;
(ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
(iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:-
(a) which gives me reasonable cause to believe that in any material respect the requirements:-

(i) to keep accounting records in accordance with section 130 of the 2011 Act; and
(ii) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or
(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



Date: 16/9/26
M Daly
Address: 103 The Gills, Otley, LS212BY

FCCA

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2025

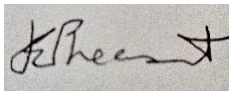
	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income					
Donations		5,263	-	5,263	2,172
Grants receivable	2	-	74,884	74,884	121,652
Interest receivable		867	-	867	921
Total incoming resources		6,130	74,884	81,014	124,745
Expenditure					
Charitable activities	3	6,440	74,743	81,183	89,633
Total expenditure		6,440	74,743	81,183	89,633
Net (expenditure)/income					
Net movement in funds		(310)	141	(169)	35,112
Total funds brought forward		62,473	41,089	103,562	68,450
Total funds carried forward		62,163	41,230	103,393	103,562

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

BALANCE SHEET
AS AT 31 DECEMBER 2025

	Notes	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Current assets					
Cash at bank		64,136	43,345	107,481	106,651
Debtors and Prepayments		-	-	-	-
Total current assets		64,136	43,345	107,481	106,651
Total assets		64,136	43,345	107,481	106,651
Creditors: amounts falling due within one year		1,973	2,115	4,088	3,089
Total assets less current liabilities		62,163	41,230	103,393	103,562
The funds of the charity					
Restricted funds	5	-	41,230	41,230	41,089
Unrestricted funds		62,163	-	62,163	62,473
Total charity funds		62,163	41,230	103,393	103,562

The accounts were approved by the trustees on 13thJuly 2026



Joan Pheasant (Chair)

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2025

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1. Accounting policies

1.1 Basis of preparation

The accounts are prepared under the historical cost convention.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

Having considered future planned activities and the reserves available to the charity, the trustees are satisfied that the financial statements should be prepared on the going concern basis.

North and West Yorkshire Association for Spina Bifida and Hydrocephalus meets the definition of a public benefit entity under FRS 102.

1.2 Incoming resources

All income is recognised once the charity has entitlement to the income. It is probable that the income will be received and the amount of income receivable can be measured reliably.

Core funding revenue grants are credited to the income and expenditure account as and when receivable.

Revenue grants for specific project funding are credited to the income and expenditure account as and when receivable and unspent amounts are carried forward as part of the restricted funds in the balance sheet.

Donations and other income are credited to the income and expenditure account as and when receivable.

1.3 Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. These include governance costs which are those costs associated with meeting the constitutional and statutory requirement of the charity.

All costs are allocated between the expenditure categories on the SOFA on a basis designed to reflect the use of the resource.

1.4 Accumulated funds

Unrestricted funds are available to be spent for any of the purposes of the charity.
Restricted funds are subject to specific conditions by donors as to how they may be used

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2025

2 Voluntary income

	Total 2025 £	Total 2024 £
Grants receivable		
Restricted projects		
National Lottery Community Fund	49,884	120,652
The Headley Foundation	-	1,000
Postcode Lottery	25,000	-
	74,884	121,652

3. Charitable activities

	2025	2024
Unrestricted Projects	£	£
Staff and Freelance costs (Redundancy payments)	4,467	-
Rent	-	-
Projects	-	-
Travel	-	-
Insurance	-	-
Training	-	-
Advertising and publicity	-	-
Memberships	-	-
Printing, postage and stationery	-	-
Project costs	-	-
Professional fees	1,973	-
Independent examination fee	-	-
Depreciation	-	-
	6,440	-

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2025

4. Charitable activities (ctd)

	2025	2024
Restricted Projects	**£**	**£**
Staff costs	46,995	67,873
Staff expenses	1,299	1,522
Payment to Shine	15,415	-
Rent	864	4,839
Overheads/utilities	845	746
Activities	4,922	2,574
Conference	-	4,187
Travel	1,000	2,524
Insurance	704	680
Equipment	-	301
Training	166	310
Marketing	52	1,035
Office costs	592	775
Volunteer costs	789	1,127
Professional Fees	1,100	1,140
Independent examination fee	-	-
	74,743	89,633

5. Staff Costs

	2025	2024
	£	**£**
Salaries and wages	38,490	66,666
Redundancy payments	4,467	-
Social Security costs	-	-
Employer contribution to pension scheme	650	1,094
Total	43,607	67,760
Other staff costs and expenses	42	113
Total salaried staff costs	43,649	67,873
Freelance Staff	7,813	-
Total staff costs	51,462	67,873
Average number of staff	3	4
Average FTE's	0.3	0.4

Highest paid employee was paid £26,364 (2024: £39,678).

NORTH AND WEST YORKSHIRE ASSOCIATION FOR SPINA BIFIDA AND HYDROCEPHALUS

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2025

5 Restricted funds

The income funds of the charity include restricted funds comprising unexpended balances of grant and donations held on trust for specific purposes:

	Movement in funds				
	Balance at 1 January 2025	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31 December 2025
	£	£	£	£	£
National Lottery Community Fund	38,089	49,884	(67,743)	-	20,230
The Headley Foundation	1,000	-	-	-	1,000
Sovereign Healthcare	2,000	-	-	-	2,000
Postcode Lottery		25,000	(7,000)		18,000
	41,089	74,884	(74,743)	-	41,230

	Movement in funds				
	Balance at 1 January 2024	Incoming Resources	Resources Expended	Transfers between funds	Balance at 31 December 2024
	£	£	£	£	£
National Lottery Community Fund	5,370	120,652	87,933	-	38,089
The Headley Foundation	-	1,000	-	-	1,000
Sovereign Healthcare	2,000	-	-	-	2,000
Community Foundation	1,700	-	1,700	-	-
	9,070	121,652	89,633	-	41,089

6. Donations

	2025	2024
J Thornton	5,000	-
Other donations	263	2,173
	5,263	2,173