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REGISTERED COMPANY NUMBER: 00609824 (England and Wales)
REGISTERED CHARITY NUMBER: 250706

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2025

FOR

PARK ROYAL OCCUPATIONAL HEALTH LIMITED

Carston ETL
Chartered Accountants
Second Floor
34 Lime Street
London
EC3M 7AT

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PARK ROYAL OCCUPATIONAL HEALTH LIMITED

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FOR THE YEAR ENDED 31 DECEMBER 2025

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the Charity and its principal activity have been that of providing occupational health and safety services to industry. The charity is so organised that the members, who are also the trustees, meet regularly to oversee its affairs and to receive the reports of the Company Officers.

FINANCIAL REVIEW

Review of developments

During the year under review the company had a surplus of £54,710 (2024 - £53,357).

The trustees decided the company will carry on but with alternative charitable activities. The trustees will look into various opportunities to try and maintain and hope to improve the value of the funds in hand. These various opportunities will be assessed, evaluated, earmarked and incorporated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
00609824 (England and Wales)

Registered Charity number
250706

Registered office
16 Dalston Gardens
Stanmore
Middlesex
HA7 1BU

Trustees
Mr R A J Strangeways
Mr I Metsovitis
Mr S Yip

Company Secretary
Mr D Lee

Independent Examiner
Carston ETL
Chartered Accountants
Second Floor
34 Lime Street
London
EC3M 7AT

Approved by order of the board of trustees on 6 July 2026 and signed on its behalf by:

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Signed by:
Ruwan Strangeways
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Mr R A J Strangeways - Trustee

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STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE YEAR ENDED 31 DECEMBER 2025

The trustees (who are also the directors of Park Royal Occupational Health Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

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Independent examiner's report to the trustees of Park Royal Occupational Health Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R Hogg

Carston ETL
Chartered Accountants
Second Floor
34 Lime Street
London
EC3M 7AT

6 July 2026

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PARK ROYAL OCCUPATIONAL HEALTH LIMITED

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2025

	Notes	Unrestricted funds £	Restricted fund £	**2025 Total funds £**	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Investment income	2	**63,674**	**-**	**63,674**	62,276
EXPENDITURE ON					
Charitable activities					
Other expenditure		**8,964**	**-**	**8,964**	8,919
NET INCOME		**54,710**	**-**	**54,710**	53,357
RECONCILIATION OF FUNDS					
Total funds brought forward		**1,832,635**	**23,058**	**1,855,693**	1,802,336
TOTAL FUNDS CARRIED FORWARD		**1,887,345**	**23,058**	**1,910,403**	1,855,693

The notes form part of these financial statements

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PARK ROYAL OCCUPATIONAL HEALTH LIMITED

BALANCE SHEET
31 DECEMBER 2025

	Notes	Unrestricted funds £	Restricted fund £	**2025 Total funds £**	2024 Total funds £
FIXED ASSETS					
Tangible assets	6	**684**	-	**684**	-
CURRENT ASSETS					
Cash at bank		**1,910,661**	-	**1,910,661**	1,856,623
CREDITORS					
Amounts falling due within one year	7	**(942)**	-	**(942)**	(930)
NET CURRENT ASSETS		**1,909,719**	-	**1,909,719**	1,855,693
TOTAL ASSETS LESS CURRENT LIABILITIES		**1,910,403**	-	**1,910,403**	1,855,693
NET ASSETS		**1,910,403**	-	**1,910,403**	1,855,693
FUNDS	8				
Unrestricted funds:					
Unrestricted Reserves				**1,547,000**	1,492,290
Capital Reserves				**340,345**	340,345
				1,887,345	1,832,635
Restricted funds:					
Restricted Funds				**23,058**	23,058
TOTAL FUNDS				**1,910,403**	1,855,693

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 6 July 2026 and were signed on its behalf by:

Signed by:
Ruwan Strangeways
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Mr R A J Strangeways - Trustee

The notes form part of these financial statements

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1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	**63,674**	62,276

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3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	**342**	-

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2025 nor for the year ended 31 December 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2025 nor for the year ended 31 December 2024.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Investment income	62,276	-	62,276
EXPENDITURE ON			
Charitable activities			
Other expenditure	8,919	-	8,919
NET INCOME	53,357	-	53,357
RECONCILIATION OF FUNDS			
Total funds brought forward	1,779,278	23,058	1,802,336
TOTAL FUNDS CARRIED FORWARD	1,832,635	23,058	1,855,693

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6. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	**1,026**
DEPRECIATION	
Charge for year	**342**
NET BOOK VALUE	
At 31 December 2025	**684**
At 31 December 2024	-

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Accruals and deferred income	**942**	930

8. MOVEMENT IN FUNDS

	At 1/1/25 £	Net movement in funds £	At 31/12/25 £
Unrestricted funds			
Unrestricted Reserves	**1,492,290**	**54,710**	**1,547,000**
Capital Reserves	**340,345**	**-**	**340,345**
	1,832,635	**54,710**	**1,887,345**
Restricted funds			
Restricted Funds	**23,058**	**-**	**23,058**
TOTAL FUNDS	**1,855,693**	**54,710**	**1,910,403**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Reserves	**63,674**	**(8,964)**	**54,710**
TOTAL FUNDS	**63,674**	**(8,964)**	**54,710**

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8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/1/24 £	Net movement in funds £	At 31/12/24 £
Unrestricted funds			
Unrestricted Reserves	1,438,933	53,357	1,492,290
Capital Reserves	340,345	-	340,345
	1,779,278	53,357	1,832,635
Restricted funds			
Restricted Funds	23,058	-	23,058
TOTAL FUNDS	1,802,336	53,357	1,855,693

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Reserves	62,276	(8,919)	53,357
TOTAL FUNDS	62,276	(8,919)	53,357

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/24 £	Net movement in funds £	At 31/12/25 £
Unrestricted funds			
Unrestricted Reserves	1,438,933	108,067	1,547,000
Capital Reserves	340,345	-	340,345
	1,779,278	108,067	1,887,345
Restricted funds			
Restricted Funds	23,058	-	23,058
TOTAL FUNDS	1,802,336	108,067	1,910,403

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8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Reserves	125,950	(17,883)	108,067
TOTAL FUNDS	125,950	(17,883)	108,067

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2025.

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PARK ROYAL OCCUPATIONAL HEALTH LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Investment income		
Deposit account interest	**63,674**	62,276
Total incoming resources	**63,674**	62,276
EXPENDITURE		
Support costs		
Finance		
Bank charges	**42**	60
Governance costs		
Postage and stationery	**135**	88
Sundries	**857**	584
Professional fees	**4,500**	4,980
Independent examiners' fee	**912**	900
Office & Storage	**2,176**	2,307
Computer equipment	**342**	-
	8,922	8,859
Total resources expended	**8,964**	8,919
Net income	**54,710**	53,357