

Charity registration number 223946 (England and Wales)

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr R M Wharton - Honorary Treasurer Mr D J D Arter Mr T H Cartmell Dr R M Jones Mr R Killen Canon B Rothwell Mrs J H Fearon Mr D Hurst Mr I W Brown - Chair Mrs L Faulder - Vice Chair Ms C Duthie Mrs L Devine	(Appointed 12 December 2024)
Patrons	Lord Melvyn Bragg of Wigton Mrs Anne Coulthard Mrs Connie Anderson	
Charity secretary	Mrs D Harrison	
Charity number	223946	
Principal address	The Convalescent Home Silloth Wigton Cumbria CA7 4JH	
Auditor	Saint & Co. Sterling House Wavell Drive Rosehill Carlisle CA1 2SA	
Bankers	Cumberland Building Society Station Road Silloth Wigton Cumbria CA7 4AE	
	HSBC Bank Plc 29 English Street Carlisle Cumbria CA3 8JX	

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

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CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Charity's objectives, as set out in its Trust Deed, are that the Home should be used for the purposes of a Sanatorium or Convalescent Institution for the use of the natives of either of the former counties of Cumberland and Westmorland and others. When planning our activities for the year, the Trustees have given careful consideration to the Charity Commission's guidance on public benefit, in particular, the specific guidance on fee charging, and the guidance on the charitable purposes of the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage, and the advancement of health.

The main objectives and activities focus on the care services delivered and are undertaken to further our charitable purposes for the public benefit.

Strategies for achieving aims and objectives

The strategies employed to achieve the Charity's objectives are:

- providing post operative convalescence, short and long stay nursing and residential care.
- delivering a range of extensive care services within the fee structure.
- a continued training programme for all staff, ensuring a highly trained and motivated workforce
- compliance with all health and safety measures, care home legislation and registration requirements.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Care services

The Charity has addressed the risk that the availability of benefits to the public could be restricted because nursing and residential fees are charged. However, we also offer our services to residents who do not pay for their care by themselves, but who are funded by the Local Authority. Therefore, the Trustees are confident that potential beneficiaries are not excluded because of their ability to pay for care fees.

The Trustees review fees annually. In common with other care homes, fees are based on a client's assessed needs and funded through a variety of sources, ranging from self-funding to local authority and health service provision. People who qualify for Free Nursing Care are assessed by a representative of the Cumbria Clinical Commissioning Group and receive a 'Funded Nursing Care Contribution' towards their fees or, in some circumstances, may receive total funding through the National Health Service.

Care Fees include all care and accommodation costs, food and drink, heating and light, a three monthly footcare service, laundry done on the premises, basic toiletries as well as other staff services. The Home's care services do not differentiate between those delivered to people funded through private means or through the local authority.

Invitations are regularly extended to our residents' family members and to local people who are elderly and living alone, to join our residents for meals, activities and outings.

Staff

Staff employment is only confirmed after rigorous checks have been made through a successful completion of a DBS application with the National Care Association.

All new members of staff are given induction training in line with the National Minimum Standards and the Care Act 2014. Also included in the programme is the Gold Standards Framework training. This involves all care service requirements, including health and safety training and an introduction to the Home's policies and procedures. The Manager and Training Co-ordinator ensure that members of staff are given the opportunity of further training and development throughout their time at the Home. New members of staff who have no formal qualifications are given the opportunity to undertake both the in-house Care Certificate and a vocational qualification.

Care Home Legislation

The Trustees are mindful of the legislation pertaining to the care of vulnerable people and the upkeep of their accommodation. The Home is properly insured, and the required periodic maintenance checks are made on the fabric of the building and the equipment used in the care of residents and patients.

Volunteers

We are forever indebted to the nursing home's League of Friends, who freely give of their time to raise funds for the benefit of residents and the Home. The League of Friends' hold a monthly coffee morning in Christ Church to which all are welcome.

Achievements and performance

Significant activities and achievements against objectives

The Care Quality Commission last carried out an inspection in August 2019 when the Home was awarded the official rating of Outstanding for the second time.

We continue to provide an outstanding level of Care for End of Life with individuals and families now choosing Silloth Nursing Home as an alternative to hospitals and hospices.

Emergency lighting was fitted to the rear of the building in October 2024 to create an illuminated walkway for emergency evacuations.

Our Staff training programmes continue and to date around 78% of care staff have received mandatory and statutory training covering the required standards. Lakes College have now moved to classroom-based training only, therefore options for online provision for vocational qualifications are being explored. We remain grateful to all of our staff for their hard work and continued commitment, many of whom have been with us for over 10 years.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Personnel

There were no retirements during the financial year, and the Trustees will be forever grateful to all former employees for their loyal service over the years.

Long Service Awards were awarded to RGN Christine Jackson, Laundress Beverley Collins and Secretary Dawn Harrison all of whom have completed 10 years' service.

Every year we thank our Staff for their hard work; this year is no exception. We are so grateful for the continuing sacrifices our staff have made this year, going beyond the normal realms of their employment. They have coped so well with the pressure, extra duties, extreme working conditions, the sadness and anguish that their vocation can bring.

Our sincere thanks go once again to Matron Lianne Searby, Sister Fiona Milne and all staff for another year of dedicated care for our Residents. We thank Dawn Harrison, Carrie Henderson and Jacqui Jewell for their hard work throughout the year.

Thanks are also due to Dr. Darren Hymers and his colleagues at Silloth Group Medical Practice for continuing to provide a service of excellent medical care.

Frequent consultations took place throughout the year with the Care Quality Commission and other external agencies, including the Department of Social Services, Mental Health Team, District Nursing Team and Public Health England. We are grateful for the guidance and advice given to the nursing home.

Donations

We are grateful to the Longcake Charity for their continued support to the Home and for all the donations over the years including £900 this year.

Donations included £540 from a fundraising event held at the Rugby Club, £500 from the Christmas Lunch team and a legacy of £1,237 from the estate of the late Alice Baxter.

The Home is thankful for all donations received during the year and in particular all those given by individuals in memory of their loved ones.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Financial review

The Home's main funding source, income from nursing and residential care fees, increased from £1,869,004 in 2024 to £2,071,265. This included Local Authority and NHS Cumbria funding. Turnover for the year, including care fees, donations, fundraising and investment income, totalled £2,119,811; an increase of £216,430 on the previous year.

Expenditure increased by £113,741 on the previous year, from £1,854,150 to £1,967,891. Staff costs will rise in the next financial year in accordance with the National Living Wage, as well as cost of living rises.

The Trustees are mindful of the upkeep of the premises; room refurbishment continues to be carried out as required.

The end of year resulted in a trading surplus of £151,087 arising from:

Total Incoming Resources 2024-2025	£2,119,811
Less Total Expenditure 2024-2025	(£1,967,891)
Gain/(Loss) on investments	(£833)
	<hr/>
	£151,087

Finances have been affected during the past several years. The Home will now focus on rebuilding reserves financed by future operating surpluses.

This year we were fortunate to be able to hold two fundraising events, the strawberry teas held in July which raised £750, and the Christmas Fete raised £980. It was lovely to welcome back large numbers of visitors to the Home; it is hoped that at least one event can be organised each year.

Total funds of the charity at the year end are £1,986,665.

The charity's current level of unrestricted free reserves (total funds less the amount held in tangible fixed assets and restricted funds) is £904,573. Included in these reserves there are designated funds of £37,617 for repair & refurbishment, training and patient amenities leaving £866,956 of freely available general unrestricted reserve. Restricted funds at the year end totalled £91,599 and endowment funds were £28,753. Tangible fixed assets of £961,741 are held for use by charity (unrestricted fund £961,741, restricted fund £nil) and can only be realised by the disposal of these assets.

Reserves policy

The Management Committee has examined the Charity's requirements for reserves, in light of the main risks to the organisation. Our major operational risk is the possibility of the failure to provide a service, which would result in relocating residents and patients. This would have a severe impact on the Charity. The Trustees estimated that it could take three to five months to relocate clients, and the need to meet running costs and staff contractual obligations during this time, were identified as a significant factor. The Management Committee has therefore established a policy whereby the unrestricted funds held by the charity should account for at least six months of the average annual expenditure. The reserves are needed to meet the working capital of the Charity, and the Trustees are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding.

The present level of reserves available to the Charity of £866,956 are below the anticipated level of £1,000,000. The Trustees remain confident that the Home had adequate reserves to support the operating costs. The Management Committee's policy is to increase reserves to the level required. This policy is reviewed annually.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Investment policy

Investment income recorded an increase over the financial year from £16,423 to £18,065 at 31st March.

In January 2025 the home re-invested £85,000 in a 1 year fixed term account with the Hampshire Trust Bank. The investment matures in January 2026.

The performance of the Home's investments is continually monitored by the Finance Committee. The Trustees agreed that the specialised unit trust designed for the charity sector, continues to meet the Home's requirements for the time being.

Major risks

The Management Committee has a risk management strategy, which comprises:

- an annual review of the risks the Charity may face;
- the establishment of systems and procedures to mitigate those risks identified in the strategy;
- the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise;
- vetting procedures as required by law for the protection of vulnerable people.

The Committee is responsible for the management of the risks faced by the home. Our risk register is reviewed annually, and the Trustees review any new risks identified during the year, on an ongoing basis. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and by the consistent quality of nursing and residential services. These procedures are under constant review.

Risks are identified, assessed and controls established throughout the year. The Trustees recognise that systems can only provide reasonable but not absolute assurance that major risks have been adequately managed. A key element in the management of financial risk is the setting of a reserves policy and its regular review by the Management Committee.

Plans for future periods

Looking to the future, the Management Committee has examined the circumstances facing the Charity and its future income and expenditure patterns. The Committee has therefore designated £25,000 for general refurbishment and repairs, £5,000 for training and £4,000 for beds. Staff training remains paramount.

The Trustees are committed to continual staff training and development and continue to review our training programme to ensure that courses remain relevant to the Home's requirements. A strong emphasis is therefore placed on courses pertaining to the Home's delivery of care, health and safety, and legislative requirements. Our training programme for the coming year continues to focus on: Palliative Care, National Vocational Qualifications in Care, Safety of Vulnerable Adults, Dementia, Fire Safety Awareness, Food Hygiene, Dignity, Nutrition, Tissue Viability, Health and Safety, First Aid Infection Control and Data Security and digital care plans.

Plans are in place to introduce Digital Care Plans to the Home, part funding was secured from the NHS to assist with initial costs, it is expected that the new system will be live towards the end of July 2025.

IDL will be carrying out work to improve the flow of water through the building with the installation of twin booster pumps and the boilers will be replaced to improve energy efficiencies.

The key objectives when determining future plans remain:

1. To maintain the current high standard of care
2. To maintain client accommodation and the nursing home to a high standard
3. To provide equipment and mobility aids where required
4. To continue to review staff training requirements
5. To meet legislative requirements pertaining to the running of the Home.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

Governing document

The Silloth Nursing and Residential Care Home is a registered charity, number 223946. Its full name is the Cumberland and Westmorland Convalescent Institution, and it was established by trust deed on 1 May, 1862 for the purposes of a Sanatorium or Convalescent Institution for the use of the natives of either of the Counties of Cumberland and Westmorland and others.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr R M Wharton - Honorary Treasurer

Mr D J D Arter

Mr T H Cartmell

Dr R M Jones

Mr R Killen

Mr G Wilkinson

(Deceased 17 February 2025)

Canon B Rothwell

Mrs J H Fearon

Mr D Hurst

Mr I W Brown - Chair

Mrs L Faulder - Vice Chair

Ms C Duthie

Mrs L Devine

(Appointed 12 December 2024)

Recruitment and appointment of trustees

The members of Committee are the Trustees of the charity. Members are elected as a vacancy occurs by unanimous vote of the existing board. The Charity's work focuses on vulnerable people and the Management Committee seeks to ensure that their needs are appropriately reflected through the diversity of its members. The Trustees keep the skill requirements under review and the more traditional business and medical skills are well represented on the Committee.

Organisational structure

The general running of the Charity is devolved to the Management Committee, which can have 16 members. The Trustees meet on the second Thursday of each month and there are sub-committees covering finance and housekeeping. Details of the current members are given on page 1 of these accounts.

We were sad to lose a valuable member of the Management Committee in February 2025 when Graham Wilkinson passed away. Graham was appointed as a Trustee in September 2009 and provided many years of advice and guidance.

The day-to-day running of the Home is delegated to the Manager, Mrs Lianne Searby who is supported by the relevant employees of the Charity.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Induction and training of trustees

The induction process for any newly appointed Trustee comprises an initial meeting with the Chairman and members of the Management Committee. Induction training includes an introduction to the sub-committees, objectives, policies and procedures of the Home. Trustees are required to read the relevant Charity Commission information and familiarise themselves with the activity of the Home and its legislative requirements.

All Trustees give of their time freely and no trustee remuneration was paid in the year. Details of trustee expenses and related party transactions are disclosed in note 10 of the accounts. Trustees are required to disclose all relevant interests and register them with the Management Committee and, in accordance with the Home's policy, withdraw from decisions where a conflict of interest arises. Trustees who are involved in the running of and sit on the board of independent trusts who have dealings with the charity are disclosed in note 21 of the accounts.

Remuneration policy

The Management Committee considers that they, together with the Manager, Committee Secretary and Senior Qualified Staff constitute the home's Key Management Personnel. Members of the Committee give of their time freely. Pay and remuneration of personnel is set on the recommendation of the Finance Committee and forwarded to the full Committee for possible alteration and subsequent ratification. This procedure is kept under annual review.

A number of criteria are used in setting pay:

- nature of the role and responsibilities
- retention of key personnel
- nursing/care home sector average salary for comparable positions
- competitive salaries in the region
- trends in pay across the nursing/care home sector

Relationship with related parties

The Charity has a close relationship with the Holme Cultram Sea Dyke Charity, which provides funding for people in need of emergency respite care who live within the boundaries of the Ancient Parish of Holme Cultram.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Saint & Co. will be proposed for reappointment as auditors of the trust at the forthcoming Annual General meeting.

The trustees' report was approved by the Board of Trustees.

Mr I W Brown - Chair

Trustee

30 July 2025

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

Opinion

We have audited the financial statements of Cumberland and Westmorland Convalescent Institution (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the statement of financial position, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the charity through discussions with trustees and other management;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- to address the risk of fraud through management bias and override of controls, we:
 - performed analytical procedures to identify any unusual or unexpected relationships;
 - tested journal entries to identify unusual transactions;
 - assessed whether judgements and assumptions made in determining the accounting estimates set out in the accounting policies were indicative of potential bias; and
 - investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance;
- enquiring of management as to actual and potential litigation and claims; and
- reviewing correspondence with relevant regulators such as Charity Commission and the charity's legal advisors.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

Other matters

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

This has been done in order for the financial statements to provide a true and fair view in accordance with current Generally Accepted Accounting Practice.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Saint & Co.
Chartered Accountants & Statutory Auditor
Sterling House
Wavell Drive
Rosehill
Carlisle
CA1 2SA
30 July 2025

Saint & Co. is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year						
		Unrestricted funds 2025	Restricted funds 2025	Endowment funds 2025	Total 2025	Total 2024
	Notes	£	£	£	£	£
Income from:						
Donations and legacies	3	11,141	2,507	-	13,648	11,765
Charitable activities	4	2,088,098	-	-	2,088,098	1,875,193
Investments	5	14,724	3,341	-	18,065	16,423
Total income		2,113,963	5,848	-	2,119,811	1,903,381
Expenditure on:						
Charitable activities	6	1,967,891	-	-	1,967,891	1,853,920
Other	11	-	-	-	-	230
Total expenditure		1,967,891	-	-	1,967,891	1,854,150
Net gains/(losses) on investments	12	572	-	(1,405)	(833)	2,254
Net incoming/(outgoing) resources before transfers		146,644	5,848	(1,405)	151,087	51,485
Net incoming/(outgoing) resources before transfers		146,644	5,848	(1,405)	151,087	51,485
Gross transfers between funds		5,027	(5,027)	-	-	-
Net movement in funds		151,671	821	(1,405)	151,087	51,485
Fund balances at 1 April 2024		1,714,642	90,778	30,158	1,835,578	1,784,093
Fund balances at 31 March 2025		1,866,313	91,599	28,753	1,986,665	1,835,578

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year		Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total 2024 £
	Notes				
Income from:					
Donations and legacies	3	11,765	-	-	11,765
Charitable activities	4	1,875,193	-	-	1,875,193
Investments	5	13,830	2,593	-	16,423
Total income		1,900,788	2,593	-	1,903,381
Expenditure on:					
Charitable activities	6	1,852,274	1,646	-	1,853,920
Other	11	230	-	-	230
Total expenditure		1,852,504	1,646	-	1,854,150
Net gains/(losses) on investments	12	(249)	-	2,503	2,254
Net incoming/(outgoing) resources before transfers		48,035	947	2,503	51,485
Gross transfers between funds		5,562	(5,562)	-	-
Net movement in funds		53,597	(4,615)	2,503	51,485
Fund balances at 1 April 2023		1,661,045	95,393	27,655	1,784,093
Fund balances at 31 March 2024		1,714,642	90,778	30,158	1,835,578

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	14		961,741		983,365
Investments	15		42,827		43,660
			<u>1,004,568</u>		<u>1,027,025</u>
Current assets					
Debtors	17	165,764		174,350	
Cash at bank and in hand		907,108		702,345	
		<u>1,072,872</u>		<u>876,695</u>	
Creditors: amounts falling due within one year	18	(90,775)		(68,142)	
Net current assets			<u>982,097</u>		<u>808,553</u>
Total assets less current liabilities			<u>1,986,665</u>		<u>1,835,578</u>
Net assets excluding pension liability			<u>1,986,665</u>		<u>1,835,578</u>
The funds of the charity					
Endowment funds	21		28,753		30,158
Restricted income funds	22		91,599		90,778
Unrestricted funds			1,866,313		1,714,642
			<u>1,986,665</u>		<u>1,835,578</u>

The financial statements were approved by the trustees on 30 July 2025

Mr R M Wharton - Honorary Treasurer
Trustee

Mr I W Brown - Chair
Trustee

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash generated from operations	27		186,698		72,926
Investing activities					
Investment income received		18,065		16,423	
Net cash generated from investing activities					
			18,065		16,423
Net cash used in financing activities					
			-		-
Net increase in cash and cash equivalents					
			204,763		89,349
Cash and cash equivalents at beginning of year			702,345		612,996
Cash and cash equivalents at end of year			<u>907,108</u>		<u>702,345</u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is The Convalescent Home, Silloth, Wigton, CA7 4JH, Cumbria.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Permanent endowment funds exist where the Charity receives a gift or legacy under the terms of which the capital may not be expended. The income may be restricted or unrestricted, depending on the terms of the original gift.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Donated goods are measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value.

Donated facilities and services are recognised in the accounts when received if the value can be reliably measured.

No amounts are included for the contribution of general volunteers.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Assets for distribution are recognised only when distributed. Assets given for use by the charity are recognised when receivable. Stocks of undistributed donated goods are not valued for balance sheet purposes.

Income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Charitable activities costs includes direct residential care home costs and management and administration expenditure

Direct residential care home costs include all costs associated with operating the primary activities of the charity, these being the running of the residential care home. The costs include wages, food, activity and premises costs and directly attributable telephone and sundry costs, including depreciation on assets directly used for charitable purposes. Management and administration expenditure includes cost of administration staff wages, running of the office and any legal fees and depreciation on office.

Governance costs

This is expenditure incurred in relation to audit, accountancy and legal fees.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Land and building improvements and major items of equipment are capitalised within these accounts. Fixed assets costing less than £10,000 are not capitalised, but written off to the Income and Expenditure Account as incurred. This is a departure from section 17 of FRS102 but is justified on the grounds that the assets are generally replacements of existing equipment. Assets not capitalised under this policy are disclosed in the notes to these accounts.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Property improvements	2% reducing balance
Plant and equipment	15% reducing balance
Land	No depreciation

Freehold land is not depreciated.

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Government Grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	10,847	2,507	13,354	11,446	-	11,446
Membership fees	240	-	240	290	-	290
Other	54	-	54	29	-	29
	<u>11,141</u>	<u>2,507</u>	<u>13,648</u>	<u>11,765</u>	<u>-</u>	<u>11,765</u>

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income from charitable activities		
Services provided under contract	2,071,265	1,869,004
Ancillary trading income	2,140	1,758
Other income	14,693	4,431
	<u>2,088,098</u>	<u>1,875,193</u>

5 Income from investments

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Interest receivable	14,724	3,341	18,065	13,830	2,593	16,423
	<u>14,724</u>	<u>3,341</u>	<u>18,065</u>	<u>13,830</u>	<u>2,593</u>	<u>16,423</u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on charitable activities

	Direct Costs 2025 £	Direct Costs 2024 £
Direct costs		
Staff costs	1,372,119	1,268,405
Depreciation and impairment	21,623	22,477
Equipment lease	22,165	23,385
Clinical waste, cleaning & refuse	43,051	51,393
Provisions, surgery & dispensary	138,374	139,927
Premises costs	99,473	81,280
Repairs and maintenance	62,235	62,064
General expenses	10,960	12,202
	<u>1,770,000</u>	<u>1,661,133</u>
Share of support and governance costs (see note 7)		
Support	188,652	176,260
Governance	9,239	16,527
	<u>1,967,891</u>	<u>1,853,920</u>
Analysis by fund		
Unrestricted funds	1,967,891	1,852,274
Restricted funds	-	1,646
	<u>1,967,891</u>	<u>1,853,920</u>

7 Support costs allocated to activities

	2025 £	2024 £
Staff costs	158,870	147,042
Office costs	8,349	6,898
Other staff costs	6,098	7,707
Sundry expenses	15,335	14,613
Governance costs	9,239	16,527
	<u>197,891</u>	<u>192,787</u>
Analysed between:		
Direct Costs	<u>197,891</u>	<u>192,787</u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

7	Support costs allocated to activities	(Continued)	
		2025	2024
		£	£
	Governance costs comprise:		
	Audit fees	3,030	2,886
	Accountancy	3,105	2,876
	Legal and professional	3,104	10,765
		<u>9,239</u>	<u>16,527</u>
		<u><u>9,239</u></u>	<u><u>16,527</u></u>
8	Net movement in funds	2025	2024
		£	£
	The net movement in funds is stated after charging/(crediting):		
	Fees payable to the charity's auditor:		
	- for the audit of the charity's financial statements	3,030	2,886
	- for other financial services	3,105	2,694
	Depreciation of owned tangible fixed assets	21,623	22,477
	Loss on disposal of tangible fixed assets	-	230
	Operating lease rental	20,356	23,385
		<u>20,356</u>	<u>23,385</u>
		<u><u>20,356</u></u>	<u><u>23,385</u></u>
9	Trustees		
	None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.		
10	Employees		
	The average monthly number of employees during the year was: 82 (2024: 81)		
		2025	2024
		Number	Number
	Nursing, caring services and domestic	80	79
	Clerical and administration	2	2
		<u>82</u>	<u>81</u>
		<u><u>82</u></u>	<u><u>81</u></u>
	Employment costs	2025	2024
		£	£
	Wages and salaries	1,392,732	1,287,809
	Social security costs	97,144	89,180
	Other pension costs	41,113	38,458
		<u>1,530,989</u>	<u>1,415,447</u>
		<u><u>1,530,989</u></u>	<u><u>1,415,447</u></u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Employees

(Continued)

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total remuneration paid to key management personnel for services provided to the charity was £91,461 (2024: £91,133).

Termination payments totalling £nil (2024: £2,887) were made in the reporting period.

There were no employees whose annual remuneration was more than £60,000.

11 Other expenditure

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Net loss on disposal of tangible fixed assets	-	230
	<u> </u>	<u> </u>

12 Gains and losses on investments

	Unrestricted funds 2025 £	Endowment funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Endowment funds 2024 £	Total 2024 £
Gains/(losses) arising on:						
Revaluation of investments	572	(1,405)	(833)	(249)	2,503	2,254
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14 Tangible fixed assets

	Property improvements £	Plant and equipment £	Land £	Total £
Cost				
At 1 April 2024	1,453,250	108,425	5,200	1,566,875
At 31 March 2025	1,453,250	108,425	5,200	1,566,875
Depreciation and impairment				
At 1 April 2024	490,934	92,577	-	583,511
Depreciation charged in the year	19,246	2,377	-	21,623
At 31 March 2025	510,180	94,954	-	605,134
Carrying amount				
At 31 March 2025	943,070	13,471	5,200	961,741
At 31 March 2024	962,316	15,849	5,200	983,365

The home considers that the market value of the land is in excess of the cost £5,200 included in the accounts. All assets are used primarily for direct charitable expenses. Accordingly depreciation of £21,623 has been charged to Direct Charitable Expenditure. The following assets were acquired during the year but, under the terms of the trust's accounting policy, not capitalised:-

	£
Carpets and flooring	3,594
Equipment renewals	14,912

15 Fixed asset investments

	Unlisted investments £	Other Investments £	Total £
Cost or valuation			
At 1 April 2024	43,540	120	43,660
Valuation changes	(833)	-	(833)
At 31 March 2025	42,707	120	42,827
Carrying amount			
At 31 March 2025	42,707	120	42,827
At 31 March 2024	43,540	120	43,660

Fixed asset investments revalued

Listed investments have been valued at publicly available market value, generally on the mid-market price at the close of business at the year end.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

15	Fixed asset investments		(Continued)
	Fixed asset investments not carried at market value		
	Other investments have been valued at cost, as there is no readily available market value.		
16	Financial instruments		
		2025	2024
		£	£
	Carrying amount of financial assets		
	Instruments measured at fair value through profit or loss	42,707	43,540
		<u> </u>	<u> </u>
17	Debtors		
		2025	2024
		£	£
	Amounts falling due within one year:		
	Trade debtors	145,450	158,176
	Prepayments and accrued income	20,314	16,174
		<u> </u>	<u> </u>
		165,764	174,350
		<u> </u>	<u> </u>
18	Creditors: amounts falling due within one year		
		2025	2024
		£	£
	Notes		
	Other taxation and social security	23,741	23,614
	Deferred income	6,779	8,135
	Trade creditors	33,842	26,003
	Other creditors	1,843	4,875
	Accruals	24,570	5,515
		<u> </u>	<u> </u>
		90,775	68,142
		<u> </u>	<u> </u>
19	Deferred income		
		2025	2024
		£	£
	Arising from fee income	6,779	8,135
		<u> </u>	<u> </u>
	Deferred income is included in the financial statements as follows:		
		2025	2024
		£	£
	Deferred income is included within:		
	Current liabilities	6,779	8,135
		<u> </u>	<u> </u>
	Movements in the year:		

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

19	Deferred income	(Continued)	
	Deferred income at 1 April 2024	8,135	3,903
	Released from previous periods	(8,135)	(3,903)
	Resources deferred in the year	6,779	8,135
		<u>6,779</u>	<u>8,135</u>
	Deferred income at 31 March 2025	<u>6,779</u>	<u>8,135</u>

The amount included in deferred income relates to fee income for the next financial year.

20	Retirement benefit schemes	2025	2024
		£	£
	Defined contribution schemes		
	Charge to profit or loss in respect of defined contribution schemes	41,113	38,458
		<u>41,113</u>	<u>38,458</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

Contributions amounting to £1,843 (2024: £2,862) were payable to the scheme at the year end and are included within other creditors.

21 Endowment funds

Endowment funds represent assets which must be held permanently by the charity. Income arising on the endowment funds can be used in accordance with the objects of the charity and is included as unrestricted income. Any capital gains or losses arising on the assets form part of the fund.

	At 1 April 2024	Gains and losses	At 31 March 2025
	£	£	£
Permanent endowments	30,158	(1,405)	28,753
	<u>30,158</u>	<u>(1,405)</u>	<u>28,753</u>
Previous year:			
	At 1 April 2023	Gains and losses	At 31 March 2024
	£	£	£
Permanent endowments	27,655	2,503	30,158
	<u>27,655</u>	<u>2,503</u>	<u>30,158</u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

21 Endowment funds

(Continued)

The holding of 1476 Charities Official Investment Fund units are held as part of the permanent endowment of the home. The income shares were gifts from G Moore (946) and R Carruthers (530). The Trustees may use the dividends paid to the home for general purposes.

22 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	At 31 March 2025
	£	£	£	£	£
Hampshire Trust	86,831	3,196	-	(5,027)	85,000
Sea Dyke Fund	3,947	2,652	-	-	6,599
	<u>90,778</u>	<u>5,848</u>	<u>-</u>	<u>(5,027)</u>	<u>91,599</u>
	<u><u>90,778</u></u>	<u><u>5,848</u></u>	<u><u>-</u></u>	<u><u>(5,027)</u></u>	<u><u>91,599</u></u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
Hampshire Trust	90,029	2,364	-	(5,562)	86,831
Sea Dyke Fund	3,718	229	-	-	3,947
Dr Hutton Legacy	1,646	-	(1,646)	-	-
	<u>95,393</u>	<u>2,593</u>	<u>(1,646)</u>	<u>(5,562)</u>	<u>90,778</u>
	<u><u>95,393</u></u>	<u><u>2,593</u></u>	<u><u>(1,646)</u></u>	<u><u>(5,562)</u></u>	<u><u>90,778</u></u>

The Dr Hutton legacy was used to purchase various items of equipment for the home, the expenditure each year relates to the depreciation on those assets.

The Hampshire Trust Account was set up as an investment opportunity and offered the best interest rates for the amount deposited. The transfer this year relates to the interest earned on this fund which was not re-invested and is deemed to be unrestricted.

The remaining restricted funds are used to fund respite fees for those who qualify.

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

23 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2025
	£	£	£	£	£	£
General repairs	25,000	-	(11,080)	11,080	-	25,000
Bed fund	4,000	-	-	-	-	4,000
Training fund	5,000	2,800	(596)	(2,204)	-	5,000
Patients amenities	2,982	2,135	(1,500)	-	-	3,617
General funds	1,677,660	2,109,029	(1,954,715)	(3,849)	572	1,828,696
	<u>1,714,642</u>	<u>2,113,963</u>	<u>(1,967,891)</u>	<u>5,027</u>	<u>572</u>	<u>1,866,313</u>

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2024
	£	£	£	£	£	£
General repairs	25,000	-	(2,400)	2,400	-	25,000
Bed fund	4,000	-	(6,728)	6,728	-	4,000
Training fund	5,000	-	(859)	859	-	5,000
Patients amenities	3,410	2,985	(3,413)	-	-	2,982
General funds	1,623,635	1,897,803	(1,839,104)	(4,425)	(249)	1,677,660
	<u>1,661,045</u>	<u>1,900,788</u>	<u>(1,852,504)</u>	<u>5,562</u>	<u>(249)</u>	<u>1,714,642</u>

24 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Endowment funds 2025	Total 2025
	£	£	£	£
At 31 March 2025:				
Tangible assets	961,741	-	-	961,741
Investments	14,074	-	28,753	42,827
Current assets/(liabilities)	890,498	91,599	-	982,097
	<u>1,866,313</u>	<u>91,599</u>	<u>28,753</u>	<u>1,986,665</u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

24 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Endowment funds 2024 £	Total 2024 £
At 31 March 2024:				
Tangible assets	983,365	-	-	983,365
Investments	13,502	-	30,158	43,660
Current assets/(liabilities)	717,775	90,778	-	808,553
	<u>1,714,642</u>	<u>90,778</u>	<u>30,158</u>	<u>1,835,578</u>

25 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	15,946	23,786
Between two and five years	19,685	34,125
	<u>35,631</u>	<u>57,911</u>

CUMBERLAND AND WESTMORLAND CONVALESCENT INSTITUTION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

26 Related party transactions

Transactions with related parties

The following trustees are involved in the running of and sit on the board of independent trusts who also have dealings with this charity:-

Mr D Hurst - Holme Cultram Sea Dyke Charity (Hon. Member)

Canon B Rothwell - The Longcake Charity

Mrs L Faulder - League of Friends (Silloth Nursing Home)

Mrs J Fearon - League of Friends (Silloth Nursing Home)

The aggregate of donations without conditions from trustees and related parties totalled £4,370 (2024: £2,900)

One trustee had a family member who was residents at the home during the year, no preferential rates or terms have been received by the trustee.

27 Cash generated from operations	2025	2024
	£	£
Surplus for the year	151,088	51,485
Adjustments for:		
Investment income recognised in statement of financial activities	(18,065)	(16,423)
(Gain)/loss on disposal of tangible fixed assets	-	230
Fair value gains and losses on investments	833	(2,254)
Depreciation and impairment of tangible fixed assets	21,623	22,477
Movements in working capital:		
Decrease in debtors	8,586	1,569
Increase in creditors	23,989	11,610
(Decrease)/increase in deferred income	(1,356)	4,232
Cash generated from operations	186,698	72,926

28 Analysis of changes in net funds

The charity had no material debt during the year.