HELP THE POOR FOUNDATION TRUSTEES' ANNUAL REPORT 2025–2026

Sheffield, England

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1. Reference and Administrative Details

Charity Name:	Help The Poor Foundation
Charity Registration Number:	1214806
Principal Office Address:	847 Abbeydale Road Sheffield S7 2BH
Reporting Period:	2025-2026
Exact Financial Year End Date:	4th September 2026
Trustees:	Mohammad Nawaz Tabasum Rehan Nawaz (Resigned July 2026) Asif Hassan Junaid Hasan
Chair of Trustees:	Mohammad Nawaz

2. Structure, Governance and Management

Help the Poor Foundation is a Charitable Incorporated Organisation governed by its constitution dated 4th September 2025. The charity is administered by a board of trustees who meet regularly to oversee the charity's activities, approve grants and review financial performance.

During the year, Tabasum Rehan Nawaz resigned as a trustee on July 2026, and the remaining trustees continued to oversee the charity's work.

All grant decisions require the approval of the trustees, who satisfy themselves as to the identity and circumstances of beneficiaries before funds are released.

3. Overview and Chair's Message

Help the Poor Foundation - Bringing Hope, Dignity and Opportunity

Help the Poor Foundation is a Sheffield-based charitable organisation dedicated to supporting vulnerable families through poverty relief, medical assistance, disability support, education, housing projects, sustainable livelihoods and other social challenges

Through the generosity of donors and volunteers, the charity provides both regular monthly assistance and one-off emergency grants to those in greatest need.

3.1 Chair's Message

Dear Supporters,

This year, Help the Poor Foundation continued its mission of providing practical support to disadvantaged individuals and families. Our work focused on relieving poverty, supporting widows, assisting people with disabilities, enabling education, funding medical needs and helping vulnerable families establish sustainable livelihoods.

Through the generosity of our donors and volunteers, we provided both emergency assistance and ongoing support to individuals and families facing poverty, illness, disability, educational hardship and housing insecurity. We were also able to respond to emergency situations while also maintaining a programme of regular monthly support for beneficiaries in need.

The year saw significant investment in welfare projects, helping families meet immediate needs while also supporting longer-term improvements through housing, education and livelihood initiatives. Every donation entrusted to the charity has made a meaningful difference in the lives of those we serve.

On behalf of the trustees, I would like to thank every donor, volunteer and supporter who continues to make this work possible.

Mohammad Nawaz

Chair of Trustees

4. Charitable Purposes and Public Benefit

4.1 Charitable Purposes

The prevention or relief of poverty in the UK, Pakistan and Kashmir by the provision of grants for items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.

The charity's activities during the year were directed towards supporting vulnerable individuals and families through poverty relief, medical assistance, disability support, education, housing-related assistance and sustainable livelihood opportunities, as described throughout this report.

Where charitable funds are directed to beneficiaries in Pakistan and Kashmir, the trustees maintain a process of due diligence to ensure funds reach their intended recipients safely and are applied for proper charitable purposes. This includes working through trusted local contacts to identify and verify beneficiaries, retaining evidence of beneficiary need and selection, and recording the method and amount of any funds remitted overseas, including currency conversion. Significant grants and project expenditure require documented trustee approval before funds are released.

4.2 Public Benefit

During the year, the charity carried out activities intended to further its charitable purposes for the public benefit, including financial and practical assistance to people and families experiencing poverty, disability, illness, educational hardship, housing insecurity and other significant social and financial difficulties.

The trustees confirm that, when making decisions relevant to the charity's activities, they have had regard to the Charity Commission's guidance on public benefit.

5. Activities and Achievements

Throughout the year, Help the Poor Foundation provided a combination of regular monthly assistance and one-off support. The activities described below reflect the charity's focus on immediate relief alongside longer-term improvements in education, housing and sustainable livelihoods.

5.1 One-Off Assistance

A total of **£3,799** was distributed through one-off payments to individuals and families requiring urgent support.

One-off grants covered:

- Poverty relief
- Widow support
- Disability support
- Education assistance
- Medical and illness-related support
- Housing and land purchase assistance
- Small business and livelihood support
- Vocational equipment and training

Examples of significant interventions included:

- Educational support to poor students: **£800**
- Disability scooter support: **£467**
- Educational assistance: **£533**
- Widow land purchase support: **£1,066**
- Housing construction support: **£533**
- Multiple land purchase and family poverty support grants of £**400**

5.2 Regular Monthly Support Programme

The charity maintained support for **29 regular beneficiaries** receiving monthly assistance.

5.3 Annual Commitment

Total annual regular support distributed: £4,416

5.4 Beneficiary Categories

The programme supported people affected by:

- Poverty
- Widowhood
- Disability
- Illness
- Mental health challenges
- Educational hardship
- Skills development and vocational learning
- Medication requirements

5.5 Examples of annual support included:

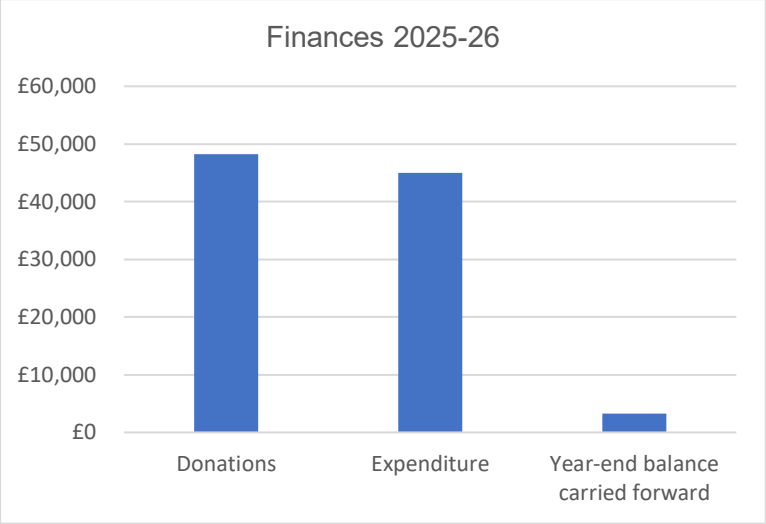
Category	Annual Support
Widow Support	Up to £320 per beneficiary
Disability Support	Up to £224 per beneficiary
Student Support	Up to £128 per beneficiary
Medication Support	£320 annually
Skills Training Support	£96 annually

6. Financial Review

6.1 Accounts 2025-26

The accounts have been prepared on a receipts and payments basis, as permitted for charities of this size under the Charities Act 2011.

During the reporting period, Income and Expenditure was as follows:

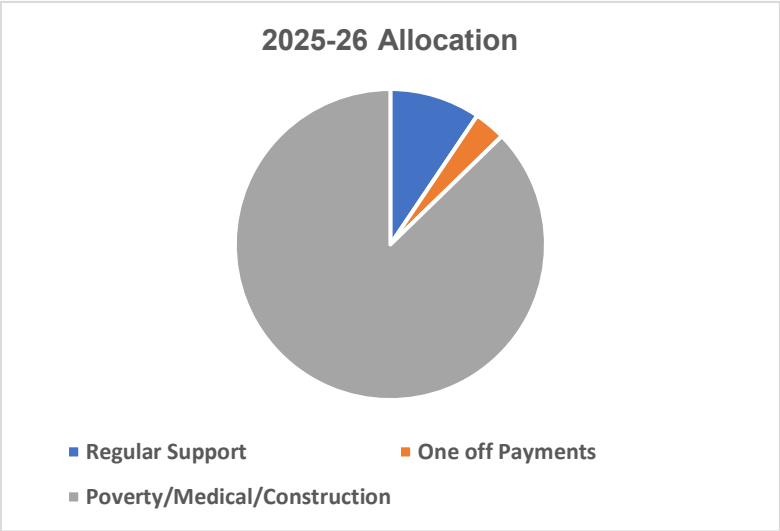


Donations	£48,224
Expenditure	£44,941
Balance c/f	£ 3,283

6.2 Reserves

The charity does not have a formal reserves policy as the balance noted in the accounts will be utilised to continue the support that is provided to families in need.

6.3 Programme Expenditure



Regular Support	£ 4,416
One off Payments	£ 3,799
Poverty/Medical/ Construction	£ 36,726
Total	£ 44,941

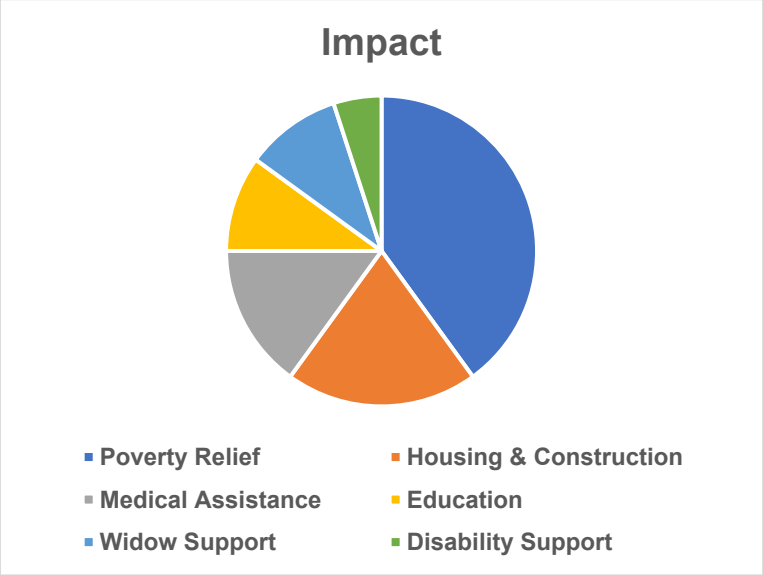
6.4 Financial Reporting and Independent Examination

The accounts have been examined by an Independent and the examination was carried out in accordance with the General Directions given by the Charity Commission. In connection with my examination, the accounts are kept in accordance with the Charities Act 2011.

The trustees confirm that they are satisfied the examiner has the requisite ability and practical experience to carry out a competent examination of the accounts, in accordance with section 145(1)(e) of the Charities Act 2011.

7. Impact Delivered

Throughout the year Help the Poor Foundation provided assistance in several key areas:



Poverty Relief	40%
Housing & Construction	20%
Medical Assistance	15%
Education	10%
Widow Support	10%
Disability Support	5%

7.1 Poverty Relief
Families facing severe financial hardship received direct support to help meet daily living costs and essential household needs. The majority of assistance focused on direct poverty alleviation through financial support to struggling individuals and families.

7.2 Support for Widows
Numerous widows received both emergency grants and regular monthly support, helping meet basic living expenses and improve financial stability.

7.3 Disability Assistance
Support included direct financial aid and specialised assistance such as mobility equipment and ongoing support for disabled beneficiaries.

7.4 Education Support
The charity funded educational costs for students and provided substantial grants to help disadvantaged children continue their studies.

7.5 Sustainable Livelihoods
Funding for barber equipment, sewing-related support, vocational opportunities and small enterprise assistance helped beneficiaries improve their long-term earning potential.

7.6 Housing and Land Assistance
The charity provided significant grants towards land purchases and house construction for families facing severe hardship.

7.7 Medical Support
Beneficiaries received assistance with medical treatment and healthcare-related expenses.

7.8 Housing Assistance
Support was provided towards construction and housing-related projects, helping families improve living conditions.

7.9 Education
Students received educational support to remain in school and pursue future opportunities.

7.10 Disability Support
Funding assisted disabled individuals through mobility, care and living support initiatives.

7.11 Livelihood Development
Projects helped beneficiaries establish sustainable sources of income and improve long-term financial independence.

These activities are reflected within both the regular support programme and major welfare funding allocations.

8. Plans for the Next Year

In the coming year, Help the Poor Foundation aims to:

- Continue supporting vulnerable families through regular monthly assistance.
- Expand educational support for disadvantaged students.
- Increase assistance for widows and disabled beneficiaries.
- Support more income-generating and sustainable livelihood projects.
- Strengthen fundraising efforts to increase the charity's reach and impact.
- Expand support for vulnerable families.
- Develop additional housing and welfare projects.
- Strengthen disability and medical support initiatives.
- Grow fundraising capacity across Sheffield and surrounding areas.
- Increase support for self-sufficiency and livelihood projects.

9. Donor Acknowledgements

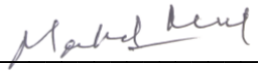
The trustees of Help the Poor wish to express sincere gratitude to all donors, volunteers and supporters whose generosity made this work possible. Every donation contributed directly to improving the lives of vulnerable individuals and families, helping them meet immediate needs while building a more secure future.

Together, we continue to bring hope, dignity and practical support to those who need it most.

10. Approval and Declaration

The trustees' annual report was approved by the trustees and authorised for issue on the date shown below.

Signed on behalf of the trustees:



Mohammad Nawaz

Chair of Trustees

Date: 27th September 2026

Independent Examiner's Report to the Trustees of Help the Poor Foundation

Charity Number: 1214806

I report on the accounts of **Help the Poor Foundation** for the period ended **4th September 2026**, which are set out on the Receipts and Payments Account and Statement of Assets and Liabilities.

Respective Responsibilities of Trustees and Examiner
The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

The trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:
- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report
My examination was carried out in accordance with the General Directions given by the Charity Commission.

An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement
In connection with my examination, no matter has come to my attention:
1. which gives me reasonable cause to believe that in any material respect the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
    - to prepare accounts which accord with those records and comply with the applicable requirements of the Charities Act 2011
    - have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

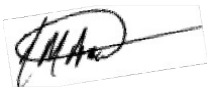
Matters for Trustees' Consideration
Without qualifying my report, I draw the trustees' attention to the importance of maintaining:

- adequate supporting documentation for overseas charitable payments;
- evidence of beneficiary selection and approval processes;
- records supporting foreign currency conversions where funds are remitted overseas; and
- documented trustee approval of significant grants and project expenditure.

These recommendations are intended to strengthen governance and accountability and do not affect my conclusion above.

Independent Examiner:

Mohammad Irshad Akbar Post Grad Dip Mgmt. CIM



19 Shirecliffe Lane
Sheffield
S3 9AD

Date: 20th September 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Help The Poor Foundation	1214806

Receipts and payments accounts

CC16a

For the period from	05/09/2025	To	04/09/2026

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	48 224	-	-	48 224	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	48 224	-	-	48 224	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	48 224	-	-	48 224	-
A3 Payments					
Regular Support	4 416	-	-	4 416	-
One off Payments	3 799	-	-	3 799	-
Poverty/Medical/Construction	36 726	-	-	36 726	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	44 941	-	-	44 941	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	44 941	-	-	44 941	-
Net of receipts/(payments)	3 283	-	-	3 283	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	3 283	-	-	3 283	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	3 283	-	-
		-	-	-
		-	-	-
	Total cash funds	3 283	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Mohammad Nawaz	Mohammad Nawaz	27/09/2026