# ANNUAL REPORT

*& Financial Statements*

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## Art For All Mental Health

Registered Charity Number 1213983

**For the period 7 July 2025 to 31 March 2026**

*Using art to support mental health and wellbeing across Gloucestershire*

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## Welcome

Thank you for taking the time to read the Annual Report of Art For All Mental Health, covering the period from 7 July 2025 to 31 March 2026. This report brings together our Trustees' Annual Report, our examined Receipts and Payments Accounts, and the Independent Examiner's Report in a single document, and has been prepared to give funders, supporters and partners a clear and accessible picture of our work and finances over the period.

# 1 Trustees' Annual Report

*For the period 7 July 2025 to 31 March 2026*

## A. Reference and Administration Details

| | |
|---|---|
| **Charity name** | Art For All Mental Health |
| **Registered charity number** | 1213983 |
| **Principal address** | Gas Green Youth & Community Centre, 6 Baker Street, Cheltenham, GL51 9HQ |
| **Period covered** | 7 July 2025 to 31 March 2026 |

**Charity Trustees**

| Name | Role | Date of appointment |
|---|---|---|
| Emma Jayne Royer | Chair | 01 July 2025 |
| Anna Belinda Peacock | Trustee | 08 April 2026 |
| Pippa Anne Baker-Walsh | Trustee | 06 January 2026 |
| Holly Theresa Anthea Royer | Trustee | 01 July 2025 |
| Cassie Maund-Powell | Trustee | 01 July 2025 |

## B. Structure, Governance and Management

The governing Constitution of the Charity was first adopted on 7 July 2025. The Charity operates the CIO – Foundation model: the trustees are the only members. There's no wider voting membership separate from the trustee board.

Trustees are appointed in accordance with the provisions set out in the charity's governing document. The board has the power to appoint additional trustees where appropriate, having regard to the skills, knowledge and experience required to ensure the effective governance of the charity.

## C. Objectives and Activities

The Charities objectives are to relieve the needs of adults experiencing poor mental health in Cheltenham and surrounding areas of Gloucestershire. It achieves this primarily through providing arts based activities/classes directed to relieving the effects of a mental health condition, stress and aid relaxation and comfort.

The trustees confirm that they have had regard to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and activities and when planning how its services are delivered. The trustees are satisfied that the charity's activities further its charitable purposes for the public benefit by supporting adults experiencing poor mental health through accessible arts-based activities in Cheltenham and the surrounding areas of Gloucestershire.

AFAMH is supported by 12 regular volunteers who provide valuable ongoing support across the organisation. Volunteers assist with creative sessions, participant support, events, administration, promotion and helping to maintain the welcoming and inclusive environment that is central to AFAMH.

In addition to our regular volunteers, our wider community of supporters grows during events and larger activities, with often more than 30 volunteers contributing their time, skills and enthusiasm to help deliver successful events.

Our volunteers bring a wide range of skills, lived experience and commitment. Their contribution strengthens our community, supports our staff team and enables us to provide opportunities and experiences for participants that would not be possible through paid staff alone.

## D. Achievements and Performance

During the year, Art for All Mental Health (AFAMH) continued to provide long-term therapeutic creative mental health support for adults experiencing moderate to severe mental health conditions across Gloucestershire. Through a programme of weekly therapeutic creative sessions, participants were supported to improve their mental health, reduce social isolation, build confidence, develop meaningful friendships and learn creative tools that support the sustainable management of their mental health conditions.

The charity continued to strengthen its organisational foundations following registration by developing governance, policies, partnerships and funding opportunities to support its long-term sustainability. Demand for our service continued to grow, reflecting the ongoing need for accessible, community-based support for people living with moderate to severe mental health conditions.

AFAMH's work has enabled participants to develop new creative skills, regain confidence and, for some, progress into volunteer roles within the charity, giving them opportunities to contribute to their community and support others through their lived experience.

The charity also continued to work collaboratively with local organisations, health professionals and community partners to improve access to therapeutic creative mental health support and reduce barriers to participation. By providing a therapeutic creative, person-centred service, AFAMH complements statutory mental health services, helping participants to manage their mental health more sustainably, become more connected within their communities and lead healthier, more fulfilling lives. Through this work, the charity contributes to reducing social isolation, promoting inclusion and strengthening community mental health across Gloucestershire.

## E. Financial Review

The figures below are drawn from the charity's Receipts and Payments Accounts for the period, which are set out in full later in this report and have been independently examined.

| Summary | £ |
|---|---|
| Total receipts for the period | 54,995 |
| Total payments for the period | 38,775 |
| **Net income for the period** | **16,220** |
| Cash funds brought forward (7 July 2025) | 10,025 |
| **Cash funds carried forward (31 March 2026)** | **26,245** |

**Reserves Policy**

The trustees recognise the importance of maintaining an appropriate level of reserves to safeguard the continuity of the charity's activities and to protect against unforeseen reductions in income or unexpected expenditure. The charity's reserves policy is to maintain unrestricted reserves at a level sufficient to provide financial stability, meet contractual commitments, and support the orderly continuation of services while alternative funding is secured, if required. As the charity is still in its infancy, it has not yet had the opportunity to build an adequate level of reserves. This remains a key objective and will be developed as the charity grows and its financial position strengthens.

**Funds in Deficit**

There were no funds materially in deficit at the end of the period.

**Going Concern**

Subsequent to the period end, the trustees were notified that National Lottery, the charity's largest single grant funder in the period, will not be renewing its funding for the financial year ending 31 March 2027. This represents a material reduction in the charity's anticipated income for the forthcoming year.

The trustees are aware of this funding risk and are working to respond. At the date of signing this report The Trustees are in the process of identifying alternative funding sources, as well as reviewing cost reduction measures.

Having regard to the actions set out above, the trustees consider it appropriate to prepare the accounts on a going concern basis, and do not consider there to be a material uncertainty regarding the charity's ability to continue its activities for the foreseeable future.

## F. Declaration

The trustees declare that they have approved the Trustees' Annual Report above.

| | |
|---|---|
| **Signed on behalf of the trustees** | Emma Royer |
| **Full name(s)** | EMMA-JAYNE ROYER. |
| **Position** | Chair of Trustees |
| **Date** | 31st August 2026. |

# 2 Independent Examiner's Report

**Report to the trustees / members of Art For All Mental Health**

| | |
|---|---|
| **On accounts for the period ended** | 31 March 2026 |
| **Charity number** | 1213983 |
| **Set out on pages** | As shown in the Receipts and Payments Accounts section of this report |

## Responsibilities and Basis of Report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31 March 2026.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and, in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- accounting records were not kept in accordance with section 130 of the Act, or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

| | |
|---|---|
| **Signed** |  |
| **Date** | 27 July 2026 |
| **Name & Position** | Jacob Follett – Director Follett Accounts & Tax Ltd |
| **Relevant professional qualification** | ICAEW Chartered Accountant |
| **Address** | Follett Accounts & Tax Ltd, Suite 3, Westend Courtyard, Stonehouse, Gloucestershire, GL10 3SL |

# 3 Receipts and Payments Accounts (CC16a)

| | |
|---|---|
| **Charity name** | Art For All Mental Health |
| **Registered charity number** | 1213983 |
| **Period** | 7 July 2025 to 31 March 2026 |
| **Basis of preparation** | Receipts and payments basis, all funds unrestricted |

## Section A – Receipts and Payments

### A1 Receipts

| | £ |
|---|---|
| Donations | 2,244 |
| Grant income – Gower R | 275 |
| Grant income – Barnwood Trust | 10,000 |
| Grant income – Cheltenham Borough Council | 12,000 |
| Grant income – Gloucestershire County Council | 7,500 |
| Grant income – National Lottery | 20,000 |
| Other revenue | 2,976 |
| **Total receipts** | **54,995** |

### A3 Payments

| | £ |
|---|---|
| Direct cost of charitable activities | 1,287 |
| Advertising & marketing | 55 |
| Wages & salaries | 27,708 |
| Pension contributions | 557 |
| Travel | 108 |
| HR and staff training | 392 |
| Rent | 3,900 |
| Repairs and maintenance | 805 |
| Insurance | 149 |
| IT software and consumables | 983 |
| Print, postage & stationery | 1,131 |
| Legal and accountancy | 960 |
| Bank fees | 14 |
| Purchase of fixed assets | 727 |
| **Total payments** | **38,775** |

**Net of Receipts / (Payments)**

| | £ |
|---|---|
| **Net receipts over payments for the period** | **16,220** |
| Cash funds brought forward (7 July 2025) | 10,025 |
| **Cash funds carried forward (31 March 2026)** | **26,245** |

*All funds held by the charity during the period were unrestricted; there were no restricted or endowment funds and no transfers between funds. Comparative figures for the prior year are not shown as this was the charity's first accounting period.*

## Section B – Statement of Assets and Liabilities at 31 March 2026

| | £ |
|---|---|
| **Cash in bank and in hand** | **26,245** |
| Computer and office equipment (cost, unrestricted fund) | 1,392 |

*There were no other monetary assets, investment assets or liabilities outstanding at the end of the period.*

**Approved and signed on behalf of the trustees:**

| | |
|---|---|
| **Date of approval** | 31st August 2026 |
| **Signature** | Emma-Jayne Royer |
| **Print name** | EMMA-JAYNE ROYER. |