CHARITY REGISTERED NUMBER: 1213175

THE REAL GOOD FOUNDATION

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE 12 MONTHS ENDED 31 DECEMBER 2025

THE REAL GOOD FOUNDATION

FOR THE PERIOD ENDED 31 DECEMBER 2025

CONTENTS

	Pages
Legal and administrative information	3
Independent Examiner's Report	4
Trustees' report	5
Balance sheet	6
Statement of financial activities	7
Schedule of funds	8
Notes	9-10

UMMAH CARE FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity Number:	1213175
Chairman:	Mr Mohammad Taj
Treasurer:	Mr Tariq Asghar
Trustees:	Mr Mohammad Taj (Chairman) Mr Mohammed Ali Mr Tariq Asghar (Treasurer) Ms Abid Khan
Registered Office:	19 Lindale Aveune Hodge Hill Birmingham
Bankers:	Lloyds Banking Group Plc

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE REAL GOOD FOUNDATION

FOR THE YEAR ENDED 31 DECEMBER 2025

I report on the accounts which are set out on pages 4 to 10

Respective responsibilities of the

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:
The trustees who are also directors of the company for the purpose of

Examine the accounts under section 145 of the 2011 Act; follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In our opinion the financial statements:

give a true and fair view of the of the state of the company's affairs as at 31 December 2025 and of its profit for the year then ended;

have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice - Financial Reporting Standard 102; and

have been prepared in accordance with the requirements of the Companies Act 2006.

..... Dated: 3rd September 2026

Abu Nowshed, FCCA
Chartered Certified Accountants
71 Wordsworth Road
Small Heath
Birmingham
B10 0ED
West Midlands

THE REAL GOOD FOUNDATION

REPORT OF THE TRUSTEES

FOR THE PERIOD ENDED 31 DECEMBER 2025

The Trustees present their report and financial statements for the period ended 31 December 2025 in accordance with The Charities Act 1993 and confirm that the latter comply with the requirements of the Act, the Trust Deed and the Charities SORP 2005.

Structure, Governance and Management

Trustee induction and training
New Trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During the induction day they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Organisation
A board of trustees of at least three members, who meet quarterly, administers the charity. A Chairman and a Treasurer are appointed by the trustees to manage the day-to-day operations of the charity.

Risk policy
The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

Objectives and activities
The objects of the charity ('the objects') are the relief of poverty of those in the UK and overseas by the provision of grants, items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.

Review of Period

The Charity was established in 2024 and to date has supported a food bank in Birmingham, UK, by providing essential sanitary and cleaning products. It has supported Ummah Care Foundation's Helping Hands Centre in Sanliurfa, Turkey for the rehabilitation of disabled refugee children and its cheap bread project in Pakistan. More lately the Charity has commenced a youth engagement project through sporting activities in Birmingham, UK.

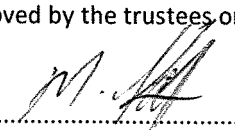
Accounting and reporting responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:
select suitable accounting policies and apply them consistently; observe the methods and principles in the Charities SORP 2015 (FRS102); make judgements and estimates that are reasonable and prudent; state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 3rd September 2026 signed on its behalf by:



.....

Mr Mohammad Taj (Chairman)
Trustee

THE REAL GOOD FOUNDATION

BALANCE SHEET

AT 31 DECEMBER

	Note	2025 £	2025 £	2024 £	2024 £
Tangible fixed assets					
Tangible assets			-		-
Current Assets					
Cash in Hand and at Bank		40,282		35,850	
		40,282		35,850	
Creditors					
Amounts falling due within one year		150		-	
		150		-	
Net current assets/(liabilities)			40,132		35,850
Total assets less current liabilities			40,132		35,850
Capital funds					
Unrestricted funds			40,132		35,850
Restricted funds			-		-
Total funds			40,132		35,850

Approved by the trustees on 3rd September 2026 and signed on its behalf.

.....

Mr Mohammad Taj (Chairman)

The annexed notes form part of these financial statements.

THE REAL GOOD FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PEROD ENDED 31 DECEMBER 2025

	Note	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Incoming resources					
Incoming Resources from generated funds					
Voluntary income		28,100	-	28,100	46,850
Total incoming resources	**2**	**28,100**	**-**	**28,100**	**46,850**
Resources expended					
Cost of generating funds					
Charitable expenditure	**3**	23,668	-	23,668	11,000
Governance Costs	**4**	150	-	150	-
Total resources expended		**23,818**	**-**	**23,818**	**11,000**
Net movement in funds		4,282	-	4,282	35,850
Transfer between funds		-	-	-	-
Total funds brought forward		35,850	-	35,850	-
Total funds carried forward		40,132	-	40,132	35,850

Details of Incoming resources and resources used are given in the notes to the financial statements.

THE REAL GOOD FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES

DETAILED ANALYSIS OF MOVEMENTS IN FUNDS

FOR THE PERIOD ENDED 31 DECEMBER 2025

	2025 £	2025 £	2024 £	2024 £
General Fund				
Balance B/fwd	35,850		-	
Surplus/(Deficit) for the year	4,282		35,850	
		40,132		**35,850**
Total funds at 31 December		**40,132**		**35,850**

THE REAL GOOD FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2025

1. Accounting policies

The financial statements have been prepared under the historical cost convention as modified by the inclusion of investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Charities Act 1993. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources
All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended
All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Land and buildings - Not Depreciated
Plant and Machinery - 15% per annum of cost
Fixtures and Fittings - 25 % per annum of cost

Fund accounting
General funds are unrestricted funds which are available for use at the discretion of the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund as set out in the notes to the financial statements.

2. Incoming resources

Voluntary Income	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
General donations	28,100	-	28,100	46,850
Total Donations	**28,100**	**-**	**28,100**	**46,850**

3. Charitable expenditure

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £
Birmingham Food Bank	21,007	-	-	-
UCF Cheap Bread Pakistan	400	-	-	-
UCF Helping Hands Turkey	2,000	-	10.000	-
Hot Meals Iraq	-	-	1,000	-
Youth Engagement	176	-	-	-
Bank Charges	85	-	-	-
Totals	**23,668**	**-**	**11,000**	**-**

4. Governance Costs

	Unrestricted Funds 2025 £	Unrestricted Funds 2024 £
Accountants Fees	150	-
Total	**150**	-