Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	29	Sept	2024		31	March	2026

Section A Reference and administration details

Charity name	Welsh Bikers for Suicide Prevention
Other names charity is known by	
Registered charity number (if any)	1211500
Charity's principal address	Unit 28, Vastre Industrial Estate,
	Newtown, Powys
Postcode	**SY16 1DZ**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Josie Greenslade	Chairman		
2	Pamala Millar	Secretary		
3	Helen Rhian Kidd	Treasurer		
4				
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	The organisation is a CIO (Charitable Incorporated Organisation).
How the charity is constituted (eg. trust, association, company)	It uses the Foundation model, so trustees = members
Trustee selection methods (eg. appointed by, elected by)	There is no wider voting membership beyond the trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustee induction and training
The trustees recognise the importance of appropriate induction, training and ongoing development to support effective governance and safe delivery of the charity's activities. During the first part of the charity's second year, trustees will be undertaking a Mental Health First Aid course to strengthen their knowledge, confidence and ability to support people experiencing mental health difficulties.

Organisational structure and wider networks
The charity is managed by its trustee board, who are responsible for oversight, decision-making and ensuring that activities are delivered in line with the charity's objectives. The charity works closely with the local community and is continuing to build positive relationships with local people, supporters and organisations to increase awareness, encourage engagement and strengthen support for those who may benefit from its services.

Relationships with related parties and similar organisations
The trustees have been in contact with another mental health charity which has a similar purpose, although it is not based in Wales. This contact has been used to obtain information and guidance on training and to consider examples of good practice that may help inform the development of the charity. The trustees will continue to ensure that any such relationships are managed appropriately and in the best interests of the charity.

Risk Management
The trustees have considered the main risks facing the charity, including safeguarding, volunteer capacity, and financial sustainability. Appropriate measures are in place, including safeguarding procedures, clear governance, and careful financial oversight

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Charitable Objectives

Welsh Bikers for Suicide Prevention exists to support both men and women, and also veterans, in the Mid Wales area who are experiencing mental health difficulties. In line with our governing document, the charity's purpose is to provide counselling, camaraderie, and skills-development opportunities to improve wellbeing, reduce isolation, and strengthen resilience among those at risk.

Summary of Activities Undertaken to Further These Objectives

During the reporting period, the charity worked to advance its aims through the following activities:

- **Counselling and emotional support** We offered one-to-one support, signposting, and informal counselling to individuals experiencing mental health challenges, helping them access appropriate services and develop coping strategies.
- **Camaraderie and peer connection** We facilitated opportunities for social connection, mutual support, and community engagement. These activities help reduce isolation, build trust, and create a safe environment where individuals feel able to talk openly about their struggles.
- **Skills development and confidence-building** We provided practical skills-based activities designed to improve confidence, purpose, and personal capability e.g. men working together on motorbikes. These activities support recovery, encourage positive routine, and help individuals re-engage with community life.

All activities were delivered exclusively in support of our charitable objectives, and no resources were used for non-charitable purposes, in accordance with the constitution.

Public Benefit

The trustees confirm that they have considered the Charity Commission's guidance on public benefit throughout the year. Our work provides clear public benefit by supporting vulnerable individuals, reducing suicide risk, improving mental health outcomes, and strengthening community wellbeing across Mid Wales.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have

Main Activities Undertaken for the Public Benefit

During the reporting period, Welsh Bikers for Suicide Prevention delivered a range of activities designed to support vulnerable

individuals, particularly men and ex-veterans in Mid Wales, who are experiencing mental health challenges. All activities were carried out exclusively to further our charitable objectives and provide clear public benefit.

Regular Support Activities

- **Bike Nights (Fortnightly):** Our Bike Nights have continued to be one of our most successful and valued activities. We welcomed an average of around 10 attendees every fortnight, providing a safe, informal space where individuals can connect, talk openly, and build supportive relationships. These evenings have become a reliable source of camaraderie and routine for many participants.

- **Monthly Open Mornings**: Held once a month on Saturday mornings. These have attracted strong attendance, including visitors travelling from both North and South Wales, and almost every month we are welcoming new people. This demonstrates the growing reach and reputation of our charity. These sessions offer a calm, welcoming environment for conversation, signposting, and peer support.

had regard to the guidance issued by the Charity Commission on public benefit)

Enhancements to Facilities and Resources

- **Kitchen Refurbishment:** Thanks to Lottery funding and generous donations, we were able to refurbish our kitchen facilities. This has been an important development, enabling us to offer food during our sessions. Providing food has helped create a warm, homely atmosphere and has encouraged attendees to stay longer, engage more deeply, and feel cared for.

- **Purchase of Equipment (Bike Lift):** We invested in new equipment, including a bike lift, which has proven extremely successful as a talking point among both men and women. Conversations around bike engines, maintenance, and shared interests have helped break the ice, build confidence, and encourage individuals who may otherwise struggle to open up. This practical addition has significantly strengthened our ability to foster connection and peer support.

Collaboration and Capacity Building

- **Engagement with Mental Health Organisations** We have been in contact with other mental health organisations to seek advice and guidance, particularly regarding Mental Health First Aid training for trustees and volunteers. This collaboration ensures that our team is equipped with appropriate skills and knowledge to support individuals safely and effectively and reflects our commitment to responsible governance and safeguarding.

Counselling, Signposting and Skills Development

Alongside our group activities, trustees and volunteers have continued to provide informal counselling, listening support, and signposting to professional services. We have also offered skills-based activities that help individuals build confidence, purpose, and positive routine.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Counselling, signposting and one-to-one support

Throughout the year, trustees and volunteers have provided informal counselling, listening support, and signposting to professional services where appropriate.

Skills-based activities

We have continued to offer practical skills-development opportunities that help individuals build confidence, purpose, and positive routine.

We are beginning to attract people who are showing an interest in becoming volunteers.

All activities were delivered exclusively to further our charitable objectives.

Section D Achievements and peformance

Summary of the main achievements of the charity during the year

4. Achievements and Performance

The charity has made significant progress in strengthening community support for vulnerable individuals in Mid Wales. Key achievements include:

- Establishing regular, well-attended Bike Nights that have become a cornerstone of our support model.
- Running that attract attendees from across Wales, showing the growing reputation and trust in our organisation.
- Providing consistent emotional support and signposting to individuals experiencing mental health challenges.
- Building a strong sense of community and belonging among attendees, many of whom report improved wellbeing and reduced isolation.

Section D Achievements and peformance

- Building up a good relationship with a local motorcycle club who attend our bike nights and support by using their knowledge about bikes to encourage conversations.
- Creating an excellent website and good communication between the Charity and public through different social media sites, leaflets, business cards.
- Setting up a Just Giving page, and having QR codes displayed on walls, collection boxes and charity stall in order that people can donate directly to the Charity by using their phone.
- Purchasing of a gazebo printed with Charity name and logo to use at events, e.g. motorcycle rallies, Christmas fayres, etc, which has promoted the Charity and helped to publicise the support given.

These achievements demonstrate clear public benefit and align directly with our charitable objects.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity aims to maintain a small unrestricted reserve to ensure continuity of activities and cover essential running costs.

The charity began the reporting period with an opening balance of £500 and closed the period with a balance of approximately £5,651. This represents a net increase in funds of around £5,151 over the reporting period.

The year-end balance provides the charity with a modest level of unrestricted reserves, helping to support future activities and provide financial stability as the organisation continues to grow and develop its services.

Financial Summary 2025/26

Receipts and Payments Account

	£
Total Receipts	26,285.37
Total Payments	(20,634.85)
Surplus for the Year	5,650.52

Summary of Income

Income Source	£
Grants and Major Donations	18,880.00
Fundraising and Donations	579.28
Sponsorship	500.00
Room Hire Income	2,758.72
Other Income and Refunds	3,567.37
Total Income	**26,285.37**

Summary of Expenditure

Expenditure Type	£
Venue Costs	1,724.20
Utilities and Communications	874.04
Equipment and Project Resources	9,205.87
Printing, Branding and Promotion	1,963.00
Postage and Delivery	129.93
Administration and Other Costs	1,494.82
Project Expenses	5,241.99
Total Expenditure	**£20,634.85**

	£
Closing Bank Balance at 31 May 2026	5,650.52

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The trustees are pleased to report a positive financial position at the end of the reporting period. The charity has benefited from successful grant applications, strong community support, and effective fundraising activities. Careful management of expenditure has enabled the organisation to invest in equipment, facilities and project delivery while maintaining healthy reserves for future sustainability. The trustees remain committed to ensuring that funds are used efficiently and effectively to further the charity's charitable objectives and maximise benefit to the communities it serves.

Section F Other optional information

For the second year the Trustees are looking to expand by opening up two further hubs – one in Swansea, and one in Gwent. This will increase the support that the Charity can provide. Both these hubs will have strong connections to both the biking community and veterans.

Refurbishment of the hub in Newtown will continue in order to provide a more relaxing atmosphere, and also improving the facilities on the outside of the hub by providing seating and tables, and an overhead canopy.

The purchase of CCTV has improved the security of the property.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	P.Millar	
Full name(s)	Pamala Millar	
Position (eg Secretary, Chair, etc)	Secretary	
Date	07.08.2026	

Allt-y-Nant,
11 Cefn Morfa,
Llandrindod Wells
Powys
LD1 5NP

2025-2026 Accounts for Welsh Bikers for Suicide Prevention

Having had access to all relevant information to audit the accounts for the above group, I am satisfied that all is in order. I do draw attention to the loan from J Green where items were paid for by him and then paid back via the group's account, allowing for what seems like a slight short fall in balance.

B.G.Hardiman

Barry Hardiman

19/9/2026