MANA CHARITY

Charity number 1211147

TRUSTEES' ANNUAL REPORT
AND RECEIPTS & PAYMENTS ACCOUNTS

For the financial period

27 November 2024 to 31 December 2025

Legal form Charitable Incorporated Organisation (Foundation model)	Registered charity England and Wales

This first reporting period was principally an establishment and development period for Mana Charity. The trustees focused on building the foundations of the charity, developing its approach to inclusive wellbeing and planning future services for disabled people.

Trustees' Annual Report

For the period 27 November 2024 to 31 December 2025

Reference and administrative details

Registered name	MANA CHARITY
Working name	Mana
Charity number	1211147
Legal structure	Charitable Incorporated Organisation (CIO) - Foundation model
Registration date	27 November 2024
Registered address	7 Bell Yard, London, WC2A 2JR
Trustees	Emily Hyland (Chair) Rachel Forster (Trustee) Alexandra Stalker (Trustee)

Structure, governance and management

Mana Charity is a Charitable Incorporated Organisation governed by its constitution. The trustees are responsible for the governance, strategic direction and proper administration of the charity. During this first reporting period, the trustees' focus was on establishing the charity and developing the foundations needed for future delivery.

Charitable purpose and public benefit

Mana's charitable object is, for the public benefit, the relief and assistance of disabled people in the United Kingdom by providing wellbeing support services through information, advice and advocacy, courses and resources.

In planning the charity's activities, the trustees have had regard to the Charity Commission's guidance on public benefit. Mana's developing approach is centred on making wellbeing support practical, inclusive and responsive to the experiences of disabled people, with co-creation and lived experience intended to inform future services and resources.

Activities and development during the period

As Mana was newly established, the period was primarily one of planning, relationship-building and service development rather than significant expenditure or full programme delivery. The trustees explored three complementary areas of work:

1. Accessible health and wellbeing programmes

Development of an accessible wellbeing programme for disabled people, including people with learning disabilities. Planning considered how practical information, facilitated sessions and accessible resources could support physical, mental and social wellbeing, while ensuring that future delivery is shaped with disabled people and caregivers.

2. Inclusive food, growing and cooking

Exploration of a community-based model connecting inclusive growing, food skills and practical wellbeing. The concept considered how growing and cooking activities could build confidence, skills, connection and access to nutritious food, with scope for partnership working and community benefit.

3. Disability and food insecurity

Development of ideas addressing the intersection between disability, nutrition and food insecurity. The trustees considered barriers that disabled people may experience in accessing affordable food, nutrition information and emergency food support, and how future research, accessible resources, advocacy and partnership work could help address those barriers.

These workstreams were at development stage during the reporting period. The charity did not incur programme expenditure during the period and the report does not present these concepts as completed service delivery.

Financial review

The charity received one unrestricted donation of £1,200 during the period and made no payments. Accordingly, total receipts were £1,200, total payments were £0 and funds carried forward at 31 December 2025 were £1,200.

The £1,200 donation was made by Emily Hyland, Chair of the charity. It was a donation to the charity and not a loan. No trustee remuneration or trustee expense payments were made during the period.

Reserves

At the end of the period, Mana held £1,200 of unrestricted funds. As the charity remained at an early stage of development, the trustees intended to retain these funds to support the development and launch of charitable activities. A formal reserves policy had not yet been adopted during this first reporting period and will be considered as the charity's income and activities grow.

Risk management and safeguarding

The trustees recognise the importance of proportionate governance, safeguarding, financial controls and risk management as Mana moves from development into delivery. The charity's governance arrangements and operational policies will continue to be developed alongside its programmes and partnerships.

Plans for the future

Following this establishment period, the trustees intend to progress Mana from planning into delivery by developing and testing accessible wellbeing programmes, building partnerships with relevant community, disability and health organisations, seeking appropriate grant funding, and strengthening the charity's governance and evaluation arrangements. The three workstreams described above will provide a framework for deciding where Mana can create the greatest public benefit.

Trustees' responsibilities

The trustees are responsible for keeping proper accounting records, safeguarding the charity's assets and preparing the annual report and accounts in accordance with the charity's governing document and applicable charity law.

Approved by the trustees on: 16/09/2026

Signed on behalf of the trustees:



Emily Hyland
Chair

Receipts & Payments Accounts

For the period 27 November 2024 to 31 December 2025

Basis of preparation

These accounts have been prepared on the receipts and payments basis. Amounts are stated in pounds sterling and rounded to the nearest pound.

Receipts and payments account

	Unrestricted funds £	Restricted funds £	Total funds £
RECEIPTS			
Donation received	1,200	-	1,200
Total receipts	**1,200**	**-**	**1,200**
PAYMENTS			
Charitable activities	-	-	-
Governance / administration	-	-	-
Total payments	**-**	**-**	**-**
Net receipts	**1,200**	**-**	**1,200**
Funds brought forward	-	-	-
Funds carried forward at 31 December 2025	**1,200**	**-**	**1,200**

Statement of assets and liabilities at 31 December 2025

Monetary assets	£
Cash at bank	1,200
Total monetary assets	**1,200**

Liabilities

No liabilities have been identified on 31st December 2025 from the information provided.

Notes to the accounts

1. Funds

The £1,200 received during the period has been treated as unrestricted funds.

2. Related party transaction

Emily Hyland, Chair and trustee, donated £1,200 to Mana Charity during the period. The amount was a donation, not a loan, and no amount was repayable to the trustee at the period end.

3. Trustee remuneration and expenses

No trustee remuneration or trustee expenses were paid during the period.

4. Grants

The charity made no grants to individuals, charities or other organisations during the period.

5. Employees

The charity had no employees during the period.

Approval of the accounts

The receipts and payments accounts and statement of assets and liabilities were approved by the trustees.

Date approved: 16/09/2026



Emily Hyland
Chair