COFFEE AND COPING

TRUSTEES' ANNUAL REPORT

For the year ended 31 August 2026

Charity name: Coffee and Coping
Charity number: 1211144
Legal structure: Charitable Incorporated Organisation (CIO)

Registered address:

Unit 60 The Maltings
Roydon Road
Stanstead Abbotts
Ware
SG12 8HG

1. Reference and administrative details

Coffee and Coping is a Charitable Incorporated Organisation registered with the Charity Commission for England and Wales.

The trustees serving during the financial year were:

- Paul Hatherley
- Lee Robinson
- Laura Drane

2. Charitable objectives and purposes

The charity's primary purpose is to support people experiencing loneliness, social isolation, poor mental health, bereavement and difficult life circumstances, as well as those who need a safe and supportive place to talk.

Coffee and Coping aims to create welcoming, inclusive and non-judgemental environments where people can connect with others, access support and feel less isolated.

3. Activities and achievements during the year

During the financial year, the charity delivered a range of community-based activities and support, including:

- Community sessions.
- Men's groups.
- Women's groups.
- Outreach activities.
- Support groups.

These activities provide opportunities for people to meet, build connections and access informal support in a safe and welcoming environment.

Key achievements during the year included:

- Reaching more people within the community.
- Establishing and developing men's and women's groups.
- Providing regular opportunities for people to meet, socialise and connect.
- Helping to reduce loneliness and social isolation.
- Creating a safe, supportive and non-judgemental environment.
- Developing outreach and support for people who might otherwise struggle to access help.

The charity continued to develop its activities in response to the needs of the people it supports.

4. Plans for the future

During the coming financial year, the trustees intend to:

- Continue and expand existing community sessions and support groups.
- Further develop the Men's Communication Collective.
- Increase outreach activities to reach more people who may benefit from support.
- Explore new activities and partnership opportunities.
- Seek additional grants and fundraising opportunities to support the charity's ongoing work.

The trustees remain committed to developing the charity's services and making support accessible to those who need it.

5. Structure, governance and management

The charity is governed by its trustees, who are collectively responsible for overseeing its activities, finances and strategic direction.

The trustees communicate through a shared WhatsApp group, using this to discuss the charity's activities, operational matters, finances and future plans.

New trustees are appointed by agreement of the existing trustees.

6. Volunteers and staffing

The charity has no paid employees. Its activities and services are delivered through voluntary contributions and the commitment of those involved in the organisation.

The trustees recognise and value the contribution of volunteers in enabling the charity to continue its work within the community.

7. Financial review

During the financial year, the charity received total income of £23,119.05 and made total payments of £21,596.53, resulting in a surplus of £1,522.52.

The charity's income was generated through donations, grants, fundraising activities and other income. These funds were used to support the charity's activities and further its charitable objectives.

During the year, the charity received £3,900 in restricted funding from Hertfordshire Community Foundation for the Men's Communication Collective. The full amount was spent on the project during the financial year, and therefore no restricted funds remained at 31 August 2026.

8. Reserves policy

The charity does not currently have a formally adopted reserves policy. The trustees recognise the importance of maintaining sufficient funds to meet ongoing commitments and support the continued delivery of charitable activities. The trustees intend to consider and agree an appropriate reserves policy.

9. Assets and liabilities

At the end of the financial year, the charity had no significant assets and no outstanding debts or liabilities.

10. Approval of the report

This report was considered and approved by the trustees of Coffee and Coping.

Signed on behalf of the trustees:

Name: LEE ROBINSON

Position: Trustee

Signature:

Date: 6/11/26

Notes to the Accounts

1. Basis of accounting: Receipts and Payments basis

These accounts have been prepared on a receipts and payments basis. They consist of a summary of money received and paid during the year and the balances held at the year end.

2. Funds:

- Unrestricted funds:

Unrestricted funds of £6,217.62 are available for general charitable use.

- Restricted funds:

During the year, the charity received £3,900 of restricted funding from Hertfordshire Community Foundation for the Men's Communication Collective project.
The full amount of £3,900 was spent on the project during the financial year. There were therefore no restricted funds remaining at 31 August 2026.

3. Trustees' remuneration:

No trustees received any renumeration during the year.

4. Other notes:

Restricted funds were used to deliver the Outreach project and the Men's Communication Collective.
The charity continues to rely on volunteer support and individual fundraisers for its operations.

Statement of Balances

Cash at bank at start of year	£ 4,605.10
Surplus / (Deficit)	£ 1,522.52
Cash at bank at end of year	£ 6,127.62

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