A.I.R

Lifting Lives

Trustees' Annual Report

For the period 1 May 2025 to 30 April 2026

1. Reference and Administrative Information

Registered charity name: A.I.R
Registered charity number: 1210279
Legal form: Charitable Incorporated Organisation
Principal address: 1 Stanley Street, Castleford, WF10 4LW
Telephone: 01977 804484
Email: info@aircharity.co.uk
Website: www.aircharity.co.uk

Trustees who served during the year

- John Paul Wright (Chair) – trustee throughout the year
- David James Frankland – trustee throughout the year
- Angela Keenan – resigned with effect from 2 July 2025
- James Lane – appointed with effect from 2 July 2025

John Paul Wright, David James Frankland and Angela Keenan were appointed on 1 October 2024. We thank Angela for her contribution to the charity and welcome James to the board.

Professional advisers

B M Howarth Chartered Accountants
Metic House, Ripley Drive, Normanton, WF6 1QT
Email: wakefield@bm-howarth.co.uk | Telephone: 01924 866020

2. Structure Governance and Management

A.I.R is governed by its constitution. The trustees are responsible for the charity's direction, its finances and ensuring that its work furthers its charitable purposes. Trustees are appointed by resolution at a properly convened trustee meeting, in accordance with the constitution, with regard to the skills and experience needed by the charity. The constitution provides for a minimum of three and a maximum of twelve trustees.

Governance and risk oversight

The trustees review finances, service delivery and development plans. Safeguarding, health and safety, confidentiality and financial controls remain central to our oversight. The main risks are harm to participants, injury during physical activity, reliance on grant funding and limited capacity or premises. Our approach is to maintain safe, supervised delivery, oversee partnership arrangements and avoid committing to expansion beyond the charity's resources.

3. Objectives and Activities

A.I.R provides opportunities for people to improve their physical and mental wellbeing through sport, supportive activities and community connection. Our work places particular emphasis on people experiencing disadvantage, isolation, addiction recovery or other challenges in their lives.

Approved charitable purposes

The Charity Commission has approved our updated aims and objectives. The approved charitable purposes are:

- To promote community participation in healthy recreation, in particular but not exclusively by providing facilities and opportunities for participation in the sport of boxing and other healthy activities such as walking, mountain climbing, badminton, rounders, football, cricket, and other forms of physical exercise.
- To promote and protect good physical and mental health and wellbeing, including the provision of support, mentoring, and activities for those in recovery from addiction, trauma, mental health difficulties, or other related life challenges.
- To relieve poverty and distress among people who are homeless, vulnerable, or at risk of homelessness, by providing access to sport, mentoring, training, warm drinks, a safe space, food bank services, and other community-based initiatives that assist with rehabilitation, stability, and reintegration.
- To advance education and relieve unemployment by providing work mentoring, skills development, and training opportunities to help individuals improve their prospects and contribute positively to society.

These purposes provide the basis for our work and its future development. Each activity must serve a clear charitable purpose and respond to the needs of the people we support.

Community participation in healthy recreation

Boxing and fitness are central to our approach. Structured sessions give young people and adults an opportunity to be active in a supportive setting. Alongside physical fitness, the sessions encourage confidence, discipline and a positive routine. Participants can develop at their own pace, with an emphasis on safe practice and inclusion.

Our wider purposes also allow us to offer other forms of healthy recreation. Walking and group activities can provide an accessible way for people to take part, build social connections and improve their wellbeing.

Physical and mental health and wellbeing

We use structured sport and wellbeing activities to support physical health, confidence and emotional wellbeing. Boxing-based sessions for people in recovery provide a constructive outlet, regular routine and opportunities for peer support. The emphasis is on helping people stay engaged with positive activities and connected to others.

Our wider approach includes guided relaxation, art therapy, mindful walks and group activities intended to reduce anxiety and isolation. Access to therapeutic support, including hypnotherapy and psychotherapy, forms part of the scope for developing this work. Any expansion will depend on suitable resources, appropriately qualified practitioners and safe delivery arrangements.

Relieving poverty and distress

A welcoming, safe space can help people who are vulnerable, experiencing hardship or facing housing instability to engage with support. Our approach brings together structured activities, mentoring, peer connection and practical guidance. Keeping activities free or affordable helps reduce financial barriers to participation.

Working with local agencies and signposting people to housing, benefits and essential services are part of this approach. The updated purposes also provide scope for practical community support, including warm drinks and food bank services, as provision develops.

Education and employment

Mentoring and structured activities help people develop communication, teamwork, confidence and personal responsibility. These skills can support progression towards training, volunteering or employment. Practical and creative workshops, volunteering opportunities and links to further education are areas we intend to develop under the updated purposes.

4. Partnership Working

A.I.R works with Castleford Boxing Academy CIC, which provides an established community boxing setting and access to coaching and structured sessions. The trustees oversee this relationship to ensure that the charity's support remains aligned with its purposes and benefits the people it is intended to reach.

5. Public Benefit

The trustees have had regard to the Charity Commission's guidance on public benefit. Our activities aim to improve physical health, support mental wellbeing and reduce isolation. For people in recovery, regular activity and peer connection offer practical support alongside their wider recovery arrangements. We aim to keep provision accessible to people who might otherwise face barriers to taking part.

6. Achievements and Performance

Our work has centred on boxing and wellbeing provision with Castleford Boxing Academy CIC. The updated purposes provide a clearer basis for wider support. During the year, we received grants from ASDA Foundation, Albert Hunt, Groundwork UK and The Liz and Terry Bramall Foundation.

When the Sovereign Health Care project could not proceed, we contacted the funder and returned its £5,000 grant in full.

7. Financial Review

The financial summary below covers 1 May 2025 to 30 April 2026 and reflects the updated income and expenditure statement for the year ended 30 April 2026. Income, expenditure and the annual deficit are reported to the nearest whole pound, in line with that statement. Bank balances and the detailed income breakdown are shown to pence.

Income expenditure and bank balances

Item	Amount
Opening bank balance at 1 May 2025	£9,345.85
Total income for the year	£9,278
Total expenditure for the year	£9,809
Deficit for the year	£531
Closing bank balance at 30 April 2026	£8,815.30

The accounts report total income of £9,278 and total expenditure of £9,809, resulting in a deficit of £531. Expenditure includes the £5,000 repayment to Sovereign Health Care of a grant received before the start of this reporting period. Other expenditure totalled £4,809. The bank balance decreased by £530.55, reflecting the underlying amounts before rounding.

Detailed income received during the year

Source	Amount
ASDA Foundation	£1,000.00
Albert Hunt	£2,000.00
The Liz and Terry Bramall Foundation	£3,000.00
Groundwork UK	£2,626.67
JustGiving	£116.82
Boxing gym income from Castleford Boxing Academy	£534.61
Total receipts	£9,278.10

We are grateful to our funders, donors and partners for their support. The annual accounts group income under the heading Donations. The breakdown above retains the individual sources recorded in the cashbook, including £534.61 of income from the boxing gym. Its total of £9,278.10 is reported as £9,278 in the annual accounts. Funds awarded for a specific purpose are managed in accordance with the relevant grant conditions.

Sovereign Health Care grant repayment

A.I.R received a grant of £5,000 from Sovereign Health Care in April 2025, before the start of this reporting year. The project for which the funding had been awarded subsequently fell through. We contacted Sovereign Health Care to explain the position and returned the full £5,000 on 29 August 2025. The original receipt belongs to the previous reporting period; the repayment is recorded in the year ended 30 April 2026.

Expenditure recorded in the annual accounts

Expenditure category	Amount
ASDA	£500
Sovereign Health Care grant repayment	£5,000
Wakeham Trust	£2,560
Albert Hunt	£780
Bank charges	£69
Unrestricted	£900
Total expenditure	£9,809

The expenditure categories and amounts above match the updated annual accounts and are rounded to the nearest whole pound. They describe expenditure during the year and do not show the balances remaining in individual funds.

Approach to reserves

Our approach is to retain unrestricted funds to help maintain continuity of activities, meet essential costs and manage uncertainty in future funding. We also seek to develop services at a pace that the charity can afford. The trustees keep reserves needs under review as provision and financial commitments change.

The closing bank balance was £8,815.30. Funds held for specific funded activities must remain available for those purposes. The bank balance therefore should not be treated as a measure of unrestricted reserves; the fund balances and any commitments must be considered separately.8. Plans for the Future

Our priority is to build on the charity's existing sport and wellbeing work while developing services within the updated charitable purposes. We intend to explore wider recreational activities, mentoring, practical skills workshops and opportunities for volunteering. Further wellbeing and therapeutic provision will depend on the funding, skills and facilities needed to deliver it safely.

We will explore improvements to facilities and accessible spaces, reviewing community need, funding and resources before committing to new provision.

9. Trustees Responsibilities Statement

The trustees are responsible for the annual report and accounts, appropriate accounting records, safeguarding assets and ensuring that funds are used for the charity's purposes.

10. Approval

This report was approved by the trustees and signed on their behalf by:

John Paul Wright
Chair of Trustees

Signature: _____

Date of approval: 23·10·26