In Memory of STEPHANIE CHARITABLE TRUST

Helping to create Self-Harm & Suicide Safer Communities

Reg. Charity No.: **1208999**

TRUSTEES' ANNUAL REPORT & RECEIPTS AND PAYMENTS ACCOUNTS

Financial Year Period: **July 5th, 2024 to December 31st, 2025**

PART 1: TRUSTEES' ANNUAL REPORT (TAR)

1. Reference and Administration Details

- **Charity Name:** In Memory of Stephanie Charitable Trust
- **Registered Charity Number:** 1208999
- **Principal Office Address:** 28 Featherston Road, Streetly, Sutton Coldfield, B74 3JN.
  Email: doug@inmemoryofstephanie.co.uk
- **Charity Trustees during the year:**
  - Douglas Cave (Chair)
  - Nirmali Cave
  - Lauren Cave
  - Stuart Cave
  - Bradley Hurst
  - Judith Hurst

2. Structure, Governance and Management

- **Type of Governing Document:** Constitution
- **How the Charity is Constituted:** Charitable Incorporated Organisation (CIO).
- **Trustee Selection Method:** Appointed or elected by existing trustees in accordance with the provisions of the Constitution

3. Objectives and Activities

- **Summary of the objects of the charity:**
  - For the public benefit to promote, preserve and protect the good mental health of the public, in particular but not exclusively that of children and young people, by means of but not exclusively:
    - providing financial and/or other support for those working to prevent suicide, particularly in young people, to develop and/or implement suicide prevention initiatives;

- promoting, supporting and funding research into the prevention of self-harm and suicide and the sharing of the useful results of such research;
- educating the public in and improving their understanding of mental health, self-harm and the factors which may increase the risk of suicide.

- For the public benefit to relieve the needs of children and young people who are experiencing or at risk of experiencing poor mental health in such ways as the charity trustees shall from time to time think fit, in particular but not exclusively by the provision of grants and additional support services to schools, including the provision of musical instruments and the provision of safe benches.

- **Summary of main activities in relation to these objects:**
  Despite a challenging year for Stephanie's family, the charity continued to raise funds and awareness for young people's mental health and suicide prevention. Through a series of sporting challenges the charity's trustees, friends and volunteers helped to raise **£3,423.00** in donations. The activities strengthened community engagement, promoted mental health awareness and supported the charity's ongoing work in honour of Stephanie's memory.

  The main activities undertaken during the year included:
  - **One Million Steps Challenge** in support of The Jordan Legacy.
  - **Charity cycle ride** from Hampton in Arden to Amsterdam supporting the Cameron Grant Memorial Trust.
  - **76km Kelowna cycling challenge** marking Stephanie's 28th birthday.
  - **Royal Sutton Fun Run** where Team Stephanie (9 family and friends) participated
  - **Vancouver Triathlon**

- **Public Benefit Statement:** The trustees have had regard to the guidance issued by the Charity Commission on public benefit. All activities are undertaken to further our charitable purposes for the public benefit.

4. Achievements and Performance

- **Summary of main achievements during the year:**
  The charity continued to raise awareness of the growing mental health challenges faced by young people, including self-harm and suicide prevention. Through the efforts of it's trustees, volunteers and supporters, the charity donated a total of **£4,000** to organisations delivering initiatives focused on prevention, education, early intervention and wellbeing. These services and support align with the charity's objectives and commitment to make a positive difference in Stephanie's memory. The organisations supported included:
  - **PAPYRUS Prevention of Young Suicide:** Supporting suicide prevention and advice services for young people at risk.
  - **Harmless:** Providing specialist support, education and training in self-harm and suicide prevention.
  - **Campaign Against Living Miserably (CALM):** Supporting suicide prevention and mental health awareness.
  - **Molly Rose Foundation:** Promoting suicide prevention, online safety and young people's mental health.

  The **Stephanie Cave Extra Mile Award**, which is presented annually at Sutton Coldfield Grammar School for Girls to honour outstanding student dedication to the music department and the school community, was awarded to **Emrys**, for her seven years of exceptional commitment, including supporting the music department and mentoring younger peers.

- **Additional Donations Made in Stephanie's Memory**
  During the financial period, a further **£6,175.00** was donated privately, in Stephanie's memory, directly to organisations whose work aligns with the charitable objectives of the charity. These included:
  - The Compassionate Friends
  - Cameron Grant Memorial Trust
  - The Jordan Legacy
  - PAPYRUS Prevention of Young Suicide
  - INQUEST Charitable Trust

  These donations were made independently of IMOSteph Charitable Trust and were neither received nor controlled by the charity. Although not included in the charity's financial accounts, they are gratefully acknowledged as a reflection of the continued generosity of family, friends and supporters, and the wider positive impact of Stephanie's memory.

5. Financial Review

- **Reserves Policy:** The trustees aim to maintain unrestricted reserves of at least £5,000 to support the charity's annual minimum charitable giving objective. Unrestricted cash funds at 31 December 2025 were **£7,306.**

- **Financial Position:** Receipts recorded for the period, excluding the £7,686 pre-registration fund balance, were £3,620; charitable payments made were £4,000 and cash funds at period end were £7,306.

- **Financial Note:**
  1. During the accounting period there were no trustee remunerations, reimbursements, related-party transactions or restricted donations to report.

  2. **Pre-registration bank balance:**
     Before the In Memory of Stephanie Charitable Trust was incorporated as a CIO on 5 July 2024, donations were raised through the In Memory of Stephanie fund for the charitable purposes for which the CIO was being established. These funds were held in a bank account in the joint names of two founding trustees. The balance of the fund on the date of incorporation was **£7,686**.

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PART 2: RECEIPTS AND PAYMENTS ACCOUNT (INCOME & EXPENDITURE)

Receipts (Income)	Unrestricted Funds (£)	Restricted Funds (£)	Total This Year (£)
Voluntary Donations	3,423.00	0.00	3,423.00
Grants Received	0.00	0.00	0.00
Fundraising Events	0.00	0.00	0.00
Other Income (Interest)	197.00	0.00	197.00
TOTAL RECEIPTS	**3,620.00**	**0.00**	**3,620.00**

Payments (Expenditure)	Unrestricted Funds (£)	Restricted Funds (£)	Total This Year (£)
Charitable Donations	4,000.00	0.00	4,000.00
Operational Costs	0.00	0.00	0.00
TOTAL PAYMENTS	**4,000.00**	**0.00**	**4,000.00**

Fund Reconciliation	Unrestricted Funds (£)	Restricted Funds (£)	Total This Year (£)
Net of Receipts / Payments	**(380.00)**	**0.00**	**(380.00)**
Pre-Registration Bank Balance (See Financial Note 2)	7,686.00	0.00	7,686.00
Cash funds carried forward (End of year)	**7,306.00**	**0.00**	**7,306.00**

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PART 3: STATEMENT OF ASSETS AND LIABILITIES

Asset/Liability Category	Description	Fund to which it belongs	Current Value / Amount (£)
Cash Funds	Bank Balance	Unrestricted	7,306.00
Other Assets		Unrestricted	0.00
Liabilities		Unrestricted	0.00

PART 4: DECLARATION AND APPROVAL

The trustees declare that they have approved the Trustees' Annual Report and Accounts above.

Signed on behalf of the charity's trustees:

Signature: _____
Name: Douglas Cave
Position: Chair of Trustees
Date: 29/10/2026.

Signature: _____
Name: Nirmali Cave
Position: Trustee
Date: 29/10/2026