2025
Trustee Report



IT TAKES A VILLAGE TO RAISE A CHILD

~ AFRICAN PROVERB

Family First Ghana is a charitable organisation that is passionate about supporting families who have children with complex medical needs and disabilities in Kumasi, Ghana.

Registered Charity 1208800



Family Care

It takes a village to raise a child is a famous African proverb that emphasises the importance of family and community support. Family First Ghana recognises the importance of strong partnerships with families and the wider support network surrounding each child. We work with families, teachers, therapists, and other professionals involved in a child's care, meeting regularly to reflect on the child's progress, listen to the child's and family's wishes, goals, and priorities, and adapt support plans accordingly. This collaborative approach ensures that each child's care plan remains truly child-centred, responsive, and meaningful.





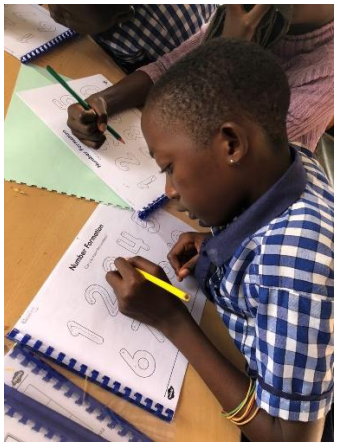
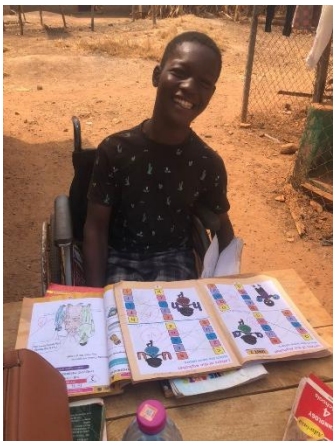
Our activities and purposes:

Improve access to inclusive services (e.g. healthcare, therapeutic interventions, education).	Work with schools, hospitals, NGOs & communities to raise awareness of disability and medical conditions.	Provide relief and assistance to families who have children with disabilities and/or ill health.

Inclusive Education

This year, we have worked with local mainstream and specialist schools to improve access to good-quality education for children with special educational needs and disabilities. We believe every child should have the opportunity to achieve their full potential and celebrate each achievement, thereby encouraging confidence, independence, and a love of learning.







Family First Ghana's role:

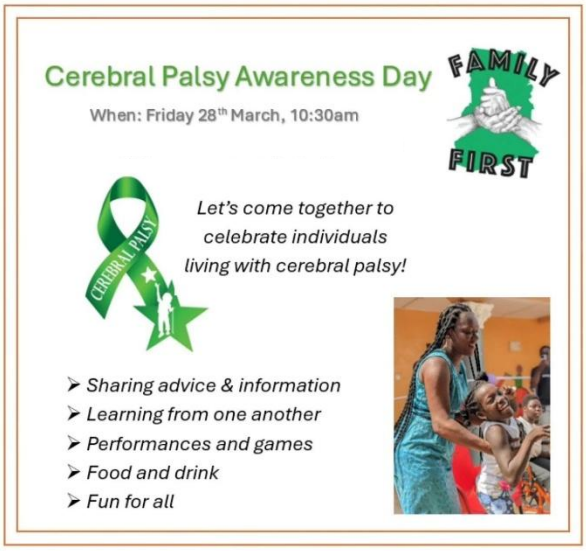
- *Sponsor children's school fees*
- *Support access to a range of educational opportunities – school, university, vocational training, tutoring, and individual educational programmes*
- *Provide learning materials, resources, equipment, and teacher training*
- *Oversee the special needs department at Agape Love Inclusive School*

Disability Awareness

In March 2025, we hosted a vibrant celebration for Cerebral Palsy Awareness Month.









Knowledge is power!

In June 2025, our project co-ordinator went live on the radio to talk about disability awareness and to provide families with guidance on where to seek support.



Therapy



Through our therapy programme, 20 children and young people in Kumasi access regular physiotherapy sessions, alongside tailored speech and language and occupational therapy exercises, helping them to develop mobility, communication, independence, and participation in everyday life.



Noble takes first steps



Patrick masters chair-to-chair transfers and independence in getting in & out of taxis



Afriyie is proudly feeding himself now



Stephen strengthens his standing skills

Specialist equipment

Where possible, we work with skilled local professionals to design, make, and adapt specialist equipment. This ensures each child is carefully measured and fitted with equipment tailored to their individual needs, supporting their comfort, safety, mobility, and independence.








A BIG THANK YOU

To our team in Ghana

A huge thank you to our dedicated and skilled team in Ghana, including our project coordinators, graduates of the Disability and Rehabilitation Degree programme at KNUST, physiotherapists, teachers, passionate volunteers and partner organisations. Their commitment and hard work help to ensure that children and young people with disabilities, and their families, receive the care and support they need.







To our sponsors, supporters, and donors around the world

We are also extremely grateful to everyone who supports Family First Ghana. Every donation and fundraiser, every message of encouragement, and every share of our work makes a difference. Your support enables us to raise awareness of disability, improve access to inclusive education and healthcare, and work towards a brighter future for children and young people with disabilities and their families in Kumasi.

To our grant providers

We are particularly grateful to the Michael Betty Little Trust, who awarded us a £3,500 grant in December 2025 to support a teacher's salary at Agape Love Inclusive School. This generous support will make a valuable contribution to our work in providing inclusive education. We sincerely appreciate their generosity and the confidence they have placed in Family First Ghana.



Harry took on an incredible challenge and ran his **first marathon - 26.2 miles!** Now *that* is impressive. And he did it all while raising funds for **Family First Ghana**!

Administration

Principle Office Address: 4 Kirke Grove, Taunton, TA28SB

Trustees: Rosie Watts (Chair of Trustees); Sarah Withams; Louisa Stevenson-Hamilton; Michael Pascual

Custodian trustees: none

Trustees are appointed by invitation from the existing board of Trustees, if there is a unanimous agreement of all existing Trustees. New Trustees will be given a copy of the Charity Commission's guidance for Trustees "The Essential Trustee" (CC3) and a copy of the current version of our constitution and annual report and statement of accounts.

Structure, governance and management: Family First Ghana was registered as a Charitable Incorporated Organisation in June 2024. As a very small charity, the board of trustees and dedicated team in Ghana work collaboratively together to ensure we identify and support families and young people who have the highest levels of need. By working with services, professionals and community leaders, we aim to build a sustainable infrastructure of support for individuals living with disability and/or complex medical needs.

Charity Objectives (as stated in the constitution): The relief of sickness and the preservation of good health and to relieve the needs of children and young people in Ghana who are physically or developmentally disabled by provision of financial and material assistance and other such facilities as the trustees shall, from time to time at their absolute discretion, determine with the object of improving the conditions of life for persons who are in need of such facilities. The trustees confirm that they have paid due regard to the Charity Commission’s guidance on public benefit when determining the activities of the charity.

Risk management: We have a safeguarding and anti-money laundering policy in place to mitigate risk. Our trustees conduct regular risk assessments for any projects carried out to limit risk to the organisation, staff, trustees, and beneficiaries.

Reserves policy: As a very small charity, our organisation currently does not have a formal reserve policy. We actively monitor our financial situation on a monthly basis to ensure we can cover our operational costs on a month-to-month basis and plan for any proposed projects.

Gift Aid: During the year, we successfully completed our registration with HMRC for Gift Aid. This is an important development for the charity, enabling us to increase the value of eligible donations from UK taxpayers and make supporters’ generosity go even further.

Financial Reporting

Family First Ghana
Receipts and Payment
Year Ended 31 December 2025

	Unrestricted funds (£)	Restricted funds (£)	Total funds (£)
Receipts			
Sponsorship	4,560	0	4,560
Donation	306	0	306
Fundraising	500	0	500
Interest	21	0	21
Grant	0	3500	3,500
Total Receipts	5,387	3,500	**8,887**
Payments			
Administration	82	0	82
Care	687	668	1,355
Disability awareness	161	0	161
Education	2129	807	2,936
Healthcare	171	0	171
Specialist equipment	349	0	349
Staff salary (Ghana)	1925	0	1,925
Therapy	1216	0	1,216
Travel and transportation	140	0	140
Total payments	6860	1475	**8335**
Net receipts	-1,473	2,025	552
Cash brought forward	6387	5409	11796
Cash funds carried forward	4,914	7,434	**12,348**

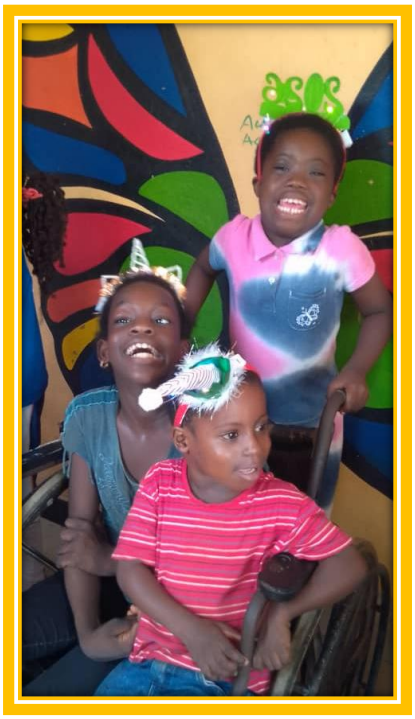
Financial Reporting

Family First Ghana
Statement of Assets and Liabilities
Year Ended 31 December 2025

2025	£
Unrestricted funds	4914
Restricted funds	7434
➢ *Salary of teacher*	*3500*
➢ *Medical, living, education costs of a family currently residing in Italy for medical care*	*3934*
Total assets	**12348**
Funds accrued	0
Total liabilities	0

Looking forward to 2026

We are excited to see how Family First Ghana continues to grow over the next year and to help build a brighter future for individuals living with disabilities in Kumasi, Ghana. We are grateful to have received a grant this year, which will help us expand our team and special educational needs (SEN) department at Agape Love Inclusive School. This grant will help us create more opportunities for children with disabilities and provide the support they need to thrive.



Please follow our work on social media and get in touch with any questions or if you'd like to get involved in supporting our charity!

Website: www.familyfirstghana.com

Email: familyfirstghana@hotmail.com

Facebook: www.facebook.com/FamilyFirstGhana/

Instagram: www.instragram.com/ghanafamilyfirst/





We believe that every child deserves the opportunity to learn, play and develop in safe, inclusive and accessible environments.

