PROSTATE CANCER SUPPORT WIRRAL AND NORTH CHESHIRE GROUP

REGISTERED CHARITY No: 1208476

INTRODUCTION

The Trustees of Prostate Cancer Support Wirral and North Cheshire Group submit their annual report and examined financial statement for the year ending 31 December 2025.

The Group was set up as a support group originally in 2005 and achieved charitable status on 31 May 2024. Prior to that date the Group was affiliated to Prostate Cancer Support North West, a registered charity.

OBJECTIVES

The Charity's objectives are:

The relief of sickness and the preservation and protection of good physical and mental health of men with or at risk of prostate cancer and their families in the United Kingdom, in particular but not exclusively through:

a. Working to improve the understanding and knowledge of prostate cancer among the public including diagnosis, treatment, therapies and education

b. Providing services, facilities and equipment not normally provided by statutory authorities which will benefit patients

c. Providing financial support to further advance clinical research into prostate cancer

d. Enhancing the quality of life of sufferers including practical help, counselling and emotional support

ORGANISATION

The Charity Constitution is that of a Charitable Incorporated Organisation (CIO) (Foundation Model) and the Charity is governed by a Board of Trustees whose responsibility is to ensure the smooth and proper running of the Charity.

The Trustees meet as a Committee on a regular basis via Zoom and hold meetings every 6-8 weeks.

The Board of Trustees currently comprises (as of December 2025):

- David Powell – Chair
- Jenny Stanger
- Calvin Wood
- David Aspinall
- Chris Stone
- Eric Smethurst
- Ian Davies – Secretary and Treasurer

REVIEW OF PERIOD 1 JANUARY TO 31 DECEMBER 2025

MEETINGS

Regular monthly meetings are held at Trinity Methodist church Ellesmere Port on the last Saturday of the following months: January to June / Summer break July and August / September to November / December (No meeting).

The Charity has a separate meeting for Wives, Partners, Carers and family members which are held at Neston CYC on a 6-8 week basis.

We are always delighted to welcome new members and with our close co-operation with our local hospitals these newly diagnosed patients are sign-posted to join our meetings.

Again, the focus of our meetings has been a mixture of informal open meetings allowing members and their family to openly discuss their diagnosis and treatment as well as meetings with guest speakers from a professional health background. It is always heart-warming to hear new members freely talk about their situation and be embraced with support and guidance from other members. This aspect of our meetings shows how important it is to have a place for like-minded people to meet and talk together.

A quick review of the last 12 months:

Jan 2025 – open meeting

Feb 2025 – discussion / presentation by a member who had been diagnosed with prostate cancer and had his prostate removed. He decided he wanted to be involved with people on the ground and to share his experiences. After undertaking training courses and clearing police checks he now volunteers for Prostate Cancer UK on the telephone helpline. It was important for him to help others who were now in the same position he had been in when diagnosed with prostate cancer.

March 2025 – Prostate Cancer Nurse Specialist since 2023 but having worked in Oncology since 2006. Role includes involvement in Consultant led clinics as well as running nurse led clinics. Question and Answer session at the end which involved many questions on different aspects of diagnosis, treatments and access to other services.

April 2025 – discussion on travel insurance for men diagnosed with prostate cancer as well as cover for their family members. Another common occurrence resulted in a discussion as to how to identify scams be they generated by emails, phone or internet.

May 2025 – feedback on Prostate Cancer Support / Graham Fulford Charitable Trust conference held at the Christie Hospital

June 2025 – Annual Members' Meeting

Sept 2025 – saw our first meeting after the summer break. We had 3 new members in attendance who were on very different treatment plans ranging from removal of the prostate to radiotherapy and finally hormone replacement. We also had a guest speaker who was aSenior Researcher at Clatterbridge Cancer Centre – who was inviting any supporter of a person diagnosed with cancer to be part of a research project

Oct 2025 – open meeting with general discussion and input from members

Nov 2025 – dietician – gave a brief outline of her professional career and her links to our Group. She talked about the importance of diet and exercise to good health care and especially for pre and post -operative recovery.

Our ethos is to be a friendly, warm, welcoming and hospitable support group for patients diagnosed with prostate cancer as well as those indirectly affected by such a diagnosis.

It is very easy for trustees to believe that everything about the Support Group is working efficiently and effectively. That is why the best barometer of whether the charity, and in particular the trustees, are achieving their objectives is to ask our members. Towards the end of 2025 a wife of a member was asked to answer a few specific questions about our Support Group.

Comments from a wife of a member who attends by herself and was asked to give her views about our Group on particular topics

a) Your reception / first impressions when you first came to our Group and how you have observed the Group members treat other newly diagnosed prostate cancer patients

The Wirral Prostate group have been an absolute lifeline for me.

My husband was diagnosed with prostate cancer in October 2020 , right in the middle of the pandemic. It was a very scary and lonely journey with no support or guidance from anywhere.

Following his treatment I was struggling more than him and suffering episodes of extreme anxiety about our future. I reached out to the Macmillan nurse who put me in touch with Jenny the leader of the wives and partners group. This conversation with Jenny truly changed my whole life and outlook. I realised that prostate cancer did not necessarily mean a death sentence.

She invited me to join the next zoom meeting and from then on I was welcomed to the group like a friend. Everybody was so friendly and gave me so much support. I could not believe my fortune that I had been welcomed into such a kind, caring, supportive and professional group.

As we had to fund my husband's surgery privately, the group offered to help us try to recoup some of the money back from the NHS. When our claim was unsuccessful, Ian very kindly offered to check out the details to determine if it was worth appealing. This he did in his own time and received no payment. We were so very grateful for Ian's expertise and to the rest of the group for their ongoing support.

Since I joined the group, many new members have joined and are greeted with the same warmth and professionalism.

The group leaders go above and beyond to make every single person feel valued and important and no subject is out of bounds, whilst adhering to the group's strict ethos of keeping all conversations confidential between ourselves.

(b) The distance you travel to our Group either in time involved or number of trains etc and why you make the effort

As we had to fund my husband's treatment privately we could not use our local hospital . Therefore the support group is linked to the area where he had his treatment (Arrowe Park hospital on the Wirral).

My husband has difficulty discussing what happened to him, but because I want to keep up to date with treatments, help other newly diagnosed families the way I was helped, and also because I regard all the group members as friends, I make a 8 hour round trip, using 2 trains and a fair walk to attend the meetings.

I make the effort to do this because I want to show commitment and feel part of a community.

I am the only wife who attends without her husband but I am still warmly welcomed with open arms, lots of smiles and a cup of tea and biscuit. It is such a happy, positive atmosphere, and one I feel very proud to be a part of.

(c) The role of the Wives and Partner Group and why you think it is so important to have such a separate group

I also make a long trip to the wives and partners meeting and Jenny the group leader, very kindly meets me off the train and takes me to the venue. She also takes me back to the station afterwards.

The wives and partners meeting is very important as we all value discussing topics and concerns that we may not wish to talk about with our partners.

Jenny and the other ladies have gone above and beyond to help and reassure me and answer any questions.

Other new partners have been welcomed with equal warmth and the general atmosphere is one of a relaxing, caring, and supportive friendly environment . We also enjoy many a laugh and homemade cakes!

It is definitely worth the 8 hour trip.

Everybody is always concerned about my journey, asking how long it had taken me . Everyone genuinely cares.

Again I feel so fortunate to be part of such a wonderful group.

(d) Anything else you wish to add about what our Group provides and why it is so important

The group is an absolute lifeline to anyone who has been touched by prostate cancer.

The group leaders go above and beyond to make each meeting informative and interesting. External speakers are invited such as consultants and other Health care professionals, to ensure the group is kept up to date with the latest treatments.

It is vital that the group stays financially viable because the costs of renting out accommodation for meetings is increasing as is administration costs .

Without this group people touched by prostate cancer would have a very lonely journey. (Dec 2025)

KEEPING IN TOUCH

Our thanks go to all those members who regularly support our events and meetings. We also use newsletters via email to keep members and supporters in touch with what is going on at the local and national level which includes hyper-links to press articles and research reports.

FINANCIAL REPORT

RESPONSIBILITIES OF THE TRUSTEES

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems of financial control. They are also responsible for keeping proper accounting records which disclose with accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act.

The Charity submits a copy of the Accounts to the Charity Commission each year.

REPORT

Total funds for the period 1st January 2025 to 31st December 2025 amounted to £15,621 which were held in a NatWest Business / Charity Account and a Cambridge and Counties Bank Bond.

Income for 2025 was £1422 which included income from donations and membership fees.

Expenditure for 2025 was £1212 which included core costs for room hire, indemnity insurance as well as other expenses.

Two payments of £300.00 and £250.00 were made to one of the trustees, Ian Davies, under contract for services which was authorised by the terms / wording of the CIO constitution and in compliance with section 185 of the Charities Act 2011 (as amended) as well as Charity Commission Guidance.

We are extremely grateful for the donations and contributions we have received which have been acknowledged personally and in our Newsletters.

Ian D Davies

Secretary / Treasurer

26.10.2026

Prostate Cancer Support Wirral & North Cheshire Group

Registered Charity Number 1208476

Financial Report

I have prepared the attached accounts from the accounting records of the Prostate Cancer Support Wirral & North Cheshire Group for the period 1st January – 31st December 2025 The total fund was £15,621.86

Ian R Davies Hon. Treasurer

2 Egerton Drive
Upton
CHESTER
CH2 2JE

19th October 2026

Independent Examiners Report

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. The procedures undertaken do not provide all the evidence that would be required for an audit.

In connection with my examination, I am satisfied that the accounts presented are an accurate summary of the financial records for the period 1 January – 31 December 2025.

Ian Barlow

39 Greenfield Lane
CHESTER
CH2 2PQ

25th October 2026

Prostate Cancer Support Wirral & North Cheshire Group

Balance Sheet

For the Period 1 Jan 2025 to 31 December 2025

Assets			
Fixed Assets		**0.00**	**0.00**
		0.00	**0.00**
Current Assets			
Current Account	NatWest	3621.86	15411.76
Deposit Account	Cambridge Bank	12000.00	0.00
Total Cash at Bank		15621.86	15411.76
Total Assets		**15621.86**	**15411.76**
Liabilities			
Current Liabilities		0.00	0.00
Other Liabilities		0.00	0.00
Total Liabilities		**0.00**	**0.00**
Net Assets		**15621.86**	
Represented By:			
Funds brought forward		15411.76	
Surplus for year (-deficit)		210.10	
Less: Purchase of Equipment			
Total Equity		**15621.86**	**0.00**

Prostate Cancer Support Wirral & North Cheshire Group

Income & Expenditure Account

For the period 1 Jan 2025 to 31 December 2025

	Jan-Dec 2025	May-Dec 2024	
Ordinary Income/Expenses			
Income			
Donations	961.50	2038.00	
Membership fees	461.00	168.00	
HMRC - Gift Aid (Note 1)	0.00	450.00	
Total Income	**1422.50**	**2656.00**	
Expense			
Treasurer's Role (Note 2)	300.00	0.00	**Contract for services
Secretary's Role (Note 3)	250.00	0.00	**Contract for services
Post, Print & Stationery	19.25	24.85	
Room Hire (Note 4)	522.00	72.00	
Audio equipment	0.00	144.99	
Charity set-up fees	0.00	300.00	
Charity insurance	111.15	0.00	
HSBC account fees	0.00	15.00	
Miscellaneous - stopped cheque	10.00	0.00	
Total Expense	**1212.40**	**556.84**	
Net Ordinary Income (Note 5)	**210.10**	**2099.16**	
Other Income			
Bank Interest	0.00	0.00	
Other Income	**0.00**	**0.00**	
Net Income	**210.10**	**2099.16**	

	Type	Date	Num	Name	Memo	Clr	Split	Amount	Balance
Donations									
	Deposit	24.2.2025		J Mackie			Current Account	10.00	10.00
	Deposit	24.2.2025		K Goulding			Current Account	100.00	110.00
	Deposit	25.2.2025		H Evans			Current Account	8.00	118.00
	Deposit	13.3.2025		Hawks Bowling			Current Account	20.00	138.00
	Deposit	13.3.2025		Charles Stephens			Current Account	45.00	183.00
	Deposit	15.4.2025		Morris Minor Club			Current Account	110.50	293.50
	Deposit	28.4.2025		P Sweeney			Current Account	10.00	303.50
	Deposit	16.5.2025		S Courtney			Current Account	150.00	453.50
	Deposit	29.9.2025		G Carey			Current Account	8.00	461.50
	Deposit	10.11.2025		Rotary Heswall			Current Account	400.00	861.50
	Deposit	3.11.2025		Tarporley Freemasons			Current Account	100.00	961.50
Total Donations								961.50	961.50
TOTAL								**961.50**	961.50

Prostate Cancer Support Wirral & North Cheshire Group

Notes to the Accounts for the year ended 31st December 2025

1. HMRC – Gift Aid – no submission has been made to HMRC during 2025 but any Gift Aid relief for 2025 donations will be submitted in 2026 and will include donations made for the tax year from 1st January 2026.

2. Treasurer's Role – Contract for Services. The Treasurer has a contract to provide treasurer services to the charity. The contract is written and has been approved by the Trustees. The Treasurer, who is also a trustee, does not participate in any discussions on this matter. The non-voting members provided a recommendation to the Trustees on the amount to be paid at the Annual Members' Meeting. The final decision lies with the Trustees.

3. Secretary's Role – Contract for Services. The comments in Note 2 above apply equally to the Secretary role.

4. Room hire – the difference in the cost of room hire between this year's accounting period and 2024 is explained by the fact that the room hire for the Trinity church in 2024 was included in the accounts for the period 1st January 2024 to 30th May 2024 – the period immediately before the charity was incorporated with the Charity Commission which amounted to £402.00 and if added to £72.00 would give a total room hire figure for 2024 as £474.00.

5. Net ordinary income – although there is a significant reduction in the net ordinary income figure it can be explained by the reduction in the donations for 2025, no Gift Aid relief from HMRC for 2025 and additionally the payments under the Contract for Services to the Secretary and Treasurer were included in 2025 but did not appear in the 2024 accounts for the charity post incorporation with the Charity Commission.