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**Charity number: 1207350**

# THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

**UNAUDITED**

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 DECEMBER 2025**

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# THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

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# THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

## REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 DECEMBER 2025

| | |
|---|---|
| **Trustees** | J Manning (resigned 4 September 2025)<br>D Ballantine (resigned 2 December 2025)<br>Y Manning<br>G Lincoln<br>J Edwards<br>G Thompson (appointed 24 July 2026)<br>J Hall (appointed 24 July 2026)<br>C Wardle (appointed 24 July 2026)<br>M J Johnson (appointed 26 June 2026)<br>K Lewis-Stevenson (appointed 24 July 2026)<br>S Stallwood (appointed 24 July 2026)<br>C Chandratillake (appointed 24 July 2026) |
| **Charity registered number** | 1207350 |
| **Principal office** | C/O Hillier Hopkins LLP<br>249 Silbury Boulevard<br>Milton Keynes<br>Buckinghamshire<br>MK9 1NA |
| **Accountants** | Hillier Hopkins LLP<br>249 Silbury Boulevard<br>Milton Keynes<br>Buckinghamshire<br>MK9 1NA |

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# THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

## TRUSTEES' REPORT
## FOR THE YEAR ENDED 31 DECEMBER 2025

The Trustees present their annual report together with the financial statements of The Arthur Ellis Mental Health Foundation for the year ended 31 December 2025.

### Objectives and activities

### a. Policies and objectives

The objectives of the Charity are to support the needs of people who are above the age of 8 years old experiencing mental health problems by providing mentoring services and promoting good mental health and wellbeing.

**1-1 Support**
Providing safe spaces for young people and adults to talk about challenges in their lives to improve their mental health and wellbeing.

**Raising public awareness**
Raising awareness of mental health and wellbeing issues and providing tools and resources.

We recognised that from our first year, we were offering an 8- session programme but beneficiaries were completing around 3 sessions each. This is due to those not engaging with the service/non-starters and people not finishing the course.

This helps us to establish some clear objectives:

- Improve engagement in the service
- Increase the number of sessions each individual had

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

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**Objectives and activities (continued)**

**b. Statement from our CEO**

Our beneficiaries are at the heart of what we do.

This year, we really wanted to hear their voices and enhance our service to become more effective for them. We invested in new processes and procedures to improve the beneficiary experience. Conducting surveys, focus groups and gaining feedback around the service.

This was to help us see how we can make our service more accessible, easier to engage with and ultimately, more impactful.

This feedback helped us migrate to new systems, enabling people to have more control over their sessions as well as brining in new team members under new roles to support beneficiaries with their experience.

As a result, we have seen engagement with our service go up by 72% across the year meaning more people are receiving more help through our service individually.

By implementing these changes, we delivered an additional 1,040 sessions for our beneficiaries which has been driven by our team and the trust building with us across sectors of our community.

We will continue to build a robust service for our beneficiaries, with them at the heart of everything we do and continue to improve ourselves and our service for them.

**Achievements and performance**

**a. Main achievements of the Charity**

**Highlights**
- 1,775 people referred for support
- 7,655 1-1 support sessions provided to children, young people and adults
- Less referrals and 1,000 more sessions delivered has increased our engagement in sessions by 72%
- 2,000 attendees to our Annual Festival
- Average waiting time - 2 days referral process, starting support in 21 days

**Beneficiary Wellbeing Outcomes (Average):**
Children under 10 +14%
Young people (11-17) +24%
Adults 18+ +77%

It is estimated that 1 in 5 young people will have a mental health problem in the UK and 1 in 4 adults.

With the rise of mental health awareness, GPs are now spending around 40% of their time dedicated to mental health cases, amounting to approximately 500,000 appointments per day.

With the increase of demand, there are approximately 1.7 million people on waiting lists to access mental health support with waiting times exceeding 18 months in a lot of cases.

We have established an annual festival in Milton Keynes. A festival that would break down barriers to things that are good for our wellbeing, bring families together and showcase amazing things that we can do for our wellbeing that can be really fun!

With 2,000 people attending, four hundred two course meals distributed to the community and families

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**Achievements and performance (continued)**

engaging in 20 fun activities for free, including Badminton, Tai Chi, Cake Decorating, Art and Garden Games. The project was an enormous success, so we are doing it again.

**Financial review**

**a. Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

**b. Reserves policy**

The Trustees review the reserves policy annually as part of the charity's financial planning and governance framework. The policy is designed to ensure that the charity maintains sufficient unrestricted funds to provide financial resilience, manage unforeseen risks, meet commitments as they fall due, and continue delivering support to beneficiaries during periods of income uncertainty. The Trustees have adopted a risk-based approach in line with Charity Commission guidance on charity reserves.

In determining an appropriate level of reserves, the Trustees consider the charity's income profile, expenditure commitments, future plans, potential risks and opportunities, and the need to maintain continuity of services. The Trustees have established a target level of free reserves of £120,000, equivalent to approximately six months of operating expenditure. At 31 December 2025, the charity held total unrestricted funds of £147,282, all of which were available as free reserves as the charity held no fixed assets or designated funds at the year end. This level of reserves is above the target set by the Trustees and provides an appropriate level of financial security while supporting the charity's plans for future growth and service development.

The Trustees will continue to monitor reserves throughout the year and, where reserves are materially above or below the target level, will consider appropriate actions to ensure the charity remains financially sustainable.

**c. Financial activities**

This is the second year that the Charity has traded, and has shown a positive movement in the year, with income of £330,957 and expenditure of £251,227.

A surplus of £79,730 has been made in the year, this is very positive for the Charity in the year and we are aiming for this to increase in the future to build up reserves to underpin future growth aspirations and plans.

**d. Financial highlights**

This year, The Arthur Ellis Mental Health Foundation saw growth in two areas. Additional support from our fantastic donors including regular donors giving every month as well as corporate donors supporting the charity. These key partnerships offer us unrestricted fund that support our growth and delivery.

We also saw more partnerships with organisations we offer services to, providing more people across the community with our support.

With a large proportion of our income going towards the delivery of services, our donors and corporate partnerships are essential to support the ongoing growth and investment into the charity to make our services better for the community.

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**e. How funds were used**

This year, we invested a lot in the service itself, with the aim of increasing engagement with our services and extending our reach to those who need support. This included bringing in a Transformation Consultant, reviewing our mission, our values and our team roles and responsibilities.

This also included a variety of surveys and focus groups into our community and partnerships to understand their feedback and voices for us to continue offering a good service.

With that, we moved to a different system which enables our beneficiaries to access sessions, change them themselves providing more control over their support.

We also brought in a new member of staff that supports beneficiaries with their sessions full time.

With an additional 1,775 referrals this year, we have had to focus on making our services more robust to cope but to also continue seeing people quickly to offer the early intervention to what they may be experiencing.

Going forward, we will be using funds to continue growing the services, strengthening them for us to receive more referrals in the following year, recruiting more colleagues to cope with our demand and improving the working environment to retain staff we currently have so our beneficiaries have consistency with who they come in contact with on a day to day basis.

**Structure, governance and management**

**a. Constitution**

The Arthur Ellis Mental Health Foundation is a registered charity, number 1207350, and is constituted under the CIO constitution.

**b. Methods of appointment or election of Trustees**

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the CIO constitution.

The constitution states that there should be a minimum of three trustees. At year end, it had three.

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## TRUSTEES' REPORT (CONTINUED)
## FOR THE YEAR ENDED 31 DECEMBER 2025

### Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the CIO constitution. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Signed by:
Svetla Stallwood
42FCB7A3EAC44C7...

**S Stallwood**
Trustee
Date: 29-10-2026

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## INDEPENDENT EXAMINER'S REPORT
## FOR THE YEAR ENDED 31 DECEMBER 2025

**Independent Examiner's Report to the Trustees of The Arthur Ellis Mental Health Foundation ('the Charity')**

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 December 2025.

**Responsibilities and Basis of Report**

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent Examiner's Statement**

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

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## INDEPENDENT EXAMINER'S REPORT (CONTINUED)
## FOR THE YEAR ENDED 31 DECEMBER 2025

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed: Dated:

James Johnson FCA

**Hillier Hopkins LLP**
249 Silbury Boulevard
Milton Keynes
Buckinghamshire
MK9 1NA

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## THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

## STATEMENT OF FINANCIAL ACTIVITIES
## FOR THE YEAR ENDED 31 DECEMBER 2025

| | Note | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total funds 2025 £ | *Total funds 2024 £* |
|---|---|---|---|---|---|
| **Income from:** | | | | | |
| Donations and legacies | 3 | **23,410** | **5,000** | **28,410** | *22,200* |
| Charitable activities | 4 | **302,547** | **-** | **302,547** | *194,328* |
| **Total income** | | **325,957** | **5,000** | **330,957** | *216,528* |
| **Expenditure on:** | | | | | |
| Charitable activities | 5 | **235,508** | **15,719** | **251,227** | *148,976* |
| **Total expenditure** | | **235,508** | **15,719** | **251,227** | *148,976* |
| **Net income/(expenditure)** | | **90,449** | **(10,719)** | **79,730** | *67,552* |
| Transfers between funds | 12 | **(9,219)** | **9,219** | **-** | *-* |
| **Net movement in funds** | | **81,230** | **(1,500)** | **79,730** | *67,552* |
| **Reconciliation of funds:** | | | | | |
| Total funds brought forward | | **67,552** | **-** | **67,552** | *-* |
| Net movement in funds | | **81,230** | **(1,500)** | **79,730** | *67,552* |
| **Total funds carried forward** | | **148,782** | **(1,500)** | **147,282** | *67,552* |

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 11 to 21 form part of these financial statements.

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## THE ARTHUR ELLIS MENTAL HEALTH FOUNDATION

## BALANCE SHEET
## AS AT 31 DECEMBER 2025

| | Note | | 2025 £ | | *2024 £* |
|---|---|---|---|---|---|
| **Current assets** | | | | | |
| Debtors | 10 | **39,125** | | *23,189* | |
| Cash at bank and in hand | | **108,878** | | *44,715* | |
| | | **148,003** | | *67,904* | |
| **Current liabilities** | | | | | |
| Creditors: amounts falling due within one year | 11 | **(721)** | | *(352)* | |
| **Net current assets** | | | **147,282** | | *67,552* |
| **Total assets less current liabilities** | | | **147,282** | | *67,552* |
| **Net assets excluding pension asset** | | | **147,282** | | *67,552* |
| **Total net assets** | | | **147,282** | | *67,552* |
| **Charity funds** | | | | | |
| Restricted funds | 12 | | **-** | | *-* |
| Unrestricted funds | 12 | | **147,282** | | *67,552* |
| **Total funds** | | | **147,282** | | *67,552* |

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Signed by:
Svetla Stallwood
42FCB7A3EAC44C7...
**S Stallwood**
Trustee
Date: 29-10-2026

The notes on pages 11 to 21 form part of these financial statements.

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2025

### 1. General information

The Arthur Ellis Mental Health Foundation is a charity registered in England and Wales within the United Kingdom. The address of the Charity is C/O Hillier Hopkins LLP, 249 Silbury Boulevard, Milton Keynes, Buckinghamshire, MK9 1NA.

The Charity's principal activity is that of providing mental health support.

The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

### 2. Accounting policies

#### 2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Arthur Ellis Mental Health Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

#### 2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

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## 2. Accounting policies (continued)

### 2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

### 2.4 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### 2.5 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### 2.6 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

### 2.7 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

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## 2. Accounting policies (continued)

### 2.8 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

### 2.9 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

## 3. Income from donations and legacies

| | **Unrestricted funds 2025 £** | **Restricted funds 2025 £** | **Total funds 2025 £** |
|---|---|---|---|
| Donations | 13,410 | - | **13,410** |
| Grants | 10,000 | 5,000 | **15,000** |
| **Total 2025** | 23,410 | 5,000 | **28,410** |

| | *Unrestricted funds 2024 £* | *Restricted funds 2024 £* | *Total funds 2024 £* |
|---|---|---|---|
| Donations | *2,000* | - | *2,000* |
| Grants | *1,700* | *18,500* | *20,200* |
| | *3,700* | *18,500* | *22,200* |

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## 4. Income from charitable activities

| | Unrestricted funds 2025 £ | Total funds 2025 £ |
|---|---|---|
| Charitable activities | 302,547 | **302,547** |

| | *Unrestricted funds 2024 £* | *Total funds 2024 £* |
|---|---|---|
| Charitable activities | *194,328* | *194,328* |

## 5. Analysis of expenditure on charitable activities

**Summary by fund type**

| | Unrestricted funds 2025 £ | Restricted funds 2025 £ | Total 2025 £ |
|---|---|---|---|
| Charitable activities | 235,508 | 15,719 | **251,227** |

| | *Unrestricted funds 2024 £* | *Restricted funds 2024 £* | *Total 2024 £* |
|---|---|---|---|
| Charitable activities | *128,976* | *20,000* | *148,976* |

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## 6. Analysis of expenditure by activities

| | Activities undertaken directly 2025 £ | Support costs 2025 £ | Total funds 2025 £ |
|---|---|---|---|
| Charitable activities | 120,616 | 130,611 | **251,227** |

| | *As restated Activities undertaken directly 2024 £* | *As restated Support costs 2024 £* | *As restated Total funds 2024 £* |
|---|---|---|---|
| Charitable activities | *68,653* | *80,323* | *148,976* |

### Analysis of direct costs

| | Activities 2025 £ | Total funds 2025 £ |
|---|---|---|
| Event costs | 6,983 | **6,983** |
| Cost of activities | 113,633 | **113,633** |
| | 120,616 | **120,616** |

| | *Activities 2024 £* | *Total funds 2024 £* |
|---|---|---|
| Event costs | *10,000* | *10,000* |
| Cost of activities | *58,653* | *58,653* |
| | *68,653* | *68,653* |

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## 6. Analysis of expenditure by activities (continued)

### Analysis of support costs

| | Activities 2025 £ | Total funds 2025 £ |
|---|---|---|
| Staff costs (note 8) | 97,153 | **97,153** |
| Web hosting | 25,896 | **25,896** |
| Insurance | 1,224 | **1,224** |
| Bank charges | 576 | **576** |
| Governance costs | 5,762 | **5,762** |
| | 130,611 | **130,611** |

| | *As restated Activities 2024 £* | *As restated Total funds 2024 £* |
|---|---|---|
| Staff costs (note 8) | *50,934* | *50,934* |
| Web hosting | *23,154* | *23,154* |
| Insurance | *1,168* | *1,168* |
| Bank charges | *380* | *380* |
| Advertising | *2,859* | *2,859* |
| Staff training | *280* | *280* |
| Governance costs | *1,548* | *1,548* |
| | *80,323* | *80,323* |

## 7. Independent examiner's remuneration

| | 2025 £ | *2024 £* |
|---|---|---|
| Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts | **2,652** | *1,548* |

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## 8. Staff costs

| | 2025<br>£ | *2024*<br>*£* |
|---|---|---|
| Wages and salaries | **92,243** | *45,741* |
| National insurance | **2,460** | *4,345* |
| Pension costs | **2,450** | *848* |
| | **97,153** | *50,934* |

The average number of persons employed by the Charity during the year was as follows:

| | 2025<br>No. | *2024*<br>*No.* |
|---|---|---|
| Staff | **8** | *5* |

No employee received remuneration amounting to more than £60,000 in either year.

## 9. Trustees' remuneration and expenses

During the year ended 31 December 2025, no Trustees received any remuneration or other benefits *(2024 - £NIL)*.

During the year ended 31 December 2025, no Trustee expenses have been incurred *(2024 - £NIL)*.

## 10. Debtors

| | 2025<br>£ | *2024*<br>*£* |
|---|---|---|
| **Due within one year** | | |
| Trade debtors | **18,930** | *17,720* |
| Other debtors | **20,195** | *5,469* |
| | **39,125** | *23,189* |

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## 11. Creditors: Amounts falling due within one year

| | 2025 £ | *2024 £* |
|---|---|---|
| Trade creditors | **270** | - |
| Pensions payable | **451** | *352* |
| | **721** | *352* |

## 12. Statement of funds

### Statement of funds - current year

| | Balance at 1 January 2025 £ | Income £ | Expenditure £ | Transfers in/out £ | Balance at 31 December 2025 £ |
|---|---|---|---|---|---|
| **Unrestricted funds** | | | | | |
| General funds | **67,552** | **325,957** | **(237,008)** | **(9,219)** | **147,282** |
| **Restricted funds** | | | | | |
| Wellbeing Festival | **-** | **5,000** | **(5,483)** | **483** | **-** |
| Emotional & wellbeing support | **-** | **-** | **(8,736)** | **8,736** | **-** |
| | **-** | **5,000** | **(14,219)** | **9,219** | **-** |
| **Total of funds** | **67,552** | **330,957** | **(251,227)** | **-** | **147,282** |

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## 12. Statement of funds (continued)

### Statement of funds - prior year

| | *Income* £ | *Expenditure* £ | *Balance at 31 December 2024* £ |
|---|---|---|---|
| **Unrestricted funds** | | | |
| General funds | *198,028* | *(130,476)* | *67,552* |
| **Restricted funds** | | | |
| Wellbeing Festival | *8,500* | *(8,500)* | *-* |
| Emotional & wellbeing support | *10,000* | *(10,000)* | *-* |
| | *18,500* | *(18,500)* | *-* |
| **Total of funds** | *216,528* | *(148,976)* | *67,552* |

Wellbeing Festival - To fund costs associated with holding the Charity's Wellbeing Festival.

Emotional & wellbeing support - To fund the improvement of access to emotional and wellbeing support.

## 13. Summary of funds

### Summary of funds - current year

| | **Balance at 1 January 2025** £ | **Income** £ | **Expenditure** £ | **Transfers in/out** £ | **Balance at 31 December 2025** £ |
|---|---|---|---|---|---|
| General funds | **67,552** | **325,957** | **(237,008)** | **(9,219)** | **147,282** |
| Restricted funds | **-** | **5,000** | **(14,219)** | **9,219** | **-** |
| | **67,552** | **330,957** | **(251,227)** | **-** | **147,282** |

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## 13. Summary of funds (continued)

### Summary of funds - prior year

| | *Income* £ | *Expenditure* £ | *Balance at 31 December 2024* £ |
|---|---|---|---|
| General funds | *198,028* | *(130,476)* | *67,552* |
| Restricted funds | *18,500* | *(18,500)* | - |
| | *216,528* | *(148,976)* | *67,552* |

## 14. Analysis of net assets between funds

### Analysis of net assets between funds - current year

| | **Unrestricted funds 2025 £** | **Total funds 2025 £** |
|---|---|---|
| Current assets | 148,003 | **148,003** |
| Creditors due within one year | (721) | **(721)** |
| **Total** | 147,282 | **147,282** |

### Analysis of net assets between funds - prior year

| | *Unrestricted funds 2024* £ | *Total funds 2024* £ |
|---|---|---|
| Current assets | *67,904* | *67,904* |
| Creditors due within one year | *(352)* | *(352)* |
| **Total** | *67,552* | *67,552* |

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## 15. Pension commitments

The Charity operates a defined contribution scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents the contributions payable by the Charity to the fund and amounted to £2,450 (2024: £848). Contributions totalling £451 (2024: £352) were payable to the fund at the balance sheet date and are included in creditors.

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**The Arthur Ellis Mental Health Foundation**
**5 Trevelyan Way**
**Old Wolverton**
**Milton Keynes**
**Bucks**
**MK12 5FU**

Hillier Hopkins LLP
249 Silbury Boulevard
Milton Keynes
Bucks
MK9 1NA

Dear Sirs

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in connection with your independent examination of the charitable company's financial statements for the year ended 31 December 2025. These enquiries have included inspection of supporting documentation where appropriate and are sufficient to satisfy ourselves that we can make each of the following representations. All representations are made to the best of our knowledge and belief.

**General**

1 We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.

2 All the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.

3 All the accounting records have been made available to you for the purpose of your engagement. We have provided you with unrestricted access to all appropriate persons within the charity, and with all other records and related information requested, including minutes of all management and trustee meetings and correspondence with The Charity Commission.

4 The financial statements are free of material misstatements, including omissions.

5 The effects of uncorrected misstatements (as set out in the appendix to this letter) are immaterial both individually and in total.

**Assets and liabilities**

6 The charity has satisfactory title to all assets and there are no liens or encumbrances on the charitable company's assets, except for those that are disclosed in the notes to the financial statements.

7 All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.

8 We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

**Accounting estimates**

9 Significant assumptions used by us in making accounting estimates, including those measured at fair value, are reasonable.

**Loans and arrangements**

10 The charity has not granted any advances or credits to, or made guarantees on behalf of, directors other than those disclosed in the financial statements.

**Legal claims**

11 We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for, and disclosed in, the financial statements.

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**Laws and regulations**

12 We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose effects should be considered when preparing the financial statements.

**Related parties**

13 Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

**Subsequent events**

14 All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

**Going concern**

15 We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements.

**Grants and donations**

16 All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income.

Yours faithfully

**Printed name: S Stallwood**

**Signed:** Signed by: Svetla Stallwood 42FCB7A3EAC44C7...

Signed on behalf of the board of trustees

Date: 29-10-2026

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