CHARITY COMMISSION FOR ENGLAND AND WALES

Tamworth & Surrounding Area Helping Hand Charity | 1207169

Receipts and payments accounts

CC16a

For the period from	Period start date 01/02/2025	To	Period end date 31/01/2026

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Community Café Sales	52,441	-	-	52,441	-
Social Prescribing Sales	105,150	-	-	105,150	-
Rental Income	1,124	-	-	1,124	-
Contributions Towards Charity Projects	23,605	-	-	23,605	-
Other Sales	10,083	-	-	10,083	-
Donations	1,500	-	-	1,500	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	193,903	-	-	193,903	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	193,903	-	-	193,903	-
A3 Payments					
Community Café Purchases	15,901	-	-	15,901	-
Salaries	94,322	-	-	94,322	-
Employer Pension Contributions	1,863	-	-	1,863	-
Motor Expenses	1,912	-	-	1,912	-
Entertainment	1,210	-	-	1,210	-
Accountancy Fees	2,521	-	-	2,521	-
Insurance	232	-	-	232	-
Hire of Equipment	233			233	
Bank Charges	22			22	
General Expenses	1,096	-	-	1,096	-
Repairs and Renewals	2,437	-	-	2,437	-
Sub total	121,749	-	-	121,749	-
A4 Asset and investment purchases. (see table)					
		-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	121,749	-	-	121,749	-
Net of receipts/(payments)	72,154	-	-	72,154	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,174	-	-	4,174	-
Cash funds this year end	76,328	-	-	76,328	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Deposits	69,577	-	-
	Cash	671	-	-
		-		
		-	-	-
	Total cash funds	**70,248**	**-**	**-**
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Trade Debtors	46,582	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Loan from Community Together CIC		40,027	
	Trade Creditors		475	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		Mr Steven Hodgetts	10/11/2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees (Charity Name): TAMWORTH & SURROUNDING AREA HELPING HAND CHARITY

On accounts for the year ended: 31/01/2026 **Charity no (if any)**: 1207169

Set out on pages: 1 TO 2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/01/2026.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable*.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- ~~the accounting records were not kept in accordance with section 130 of the Charities Act; or~~
- ~~the accounts did not accord with the accounting records; or~~
- ~~the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.~~

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: [signature] **Date:** 10/11/2026

Name: MR PETER ROBERT DAVID GROVE

Relevant professional qualification(s) or body: ASSOCIATION OF ACCOUNTING TECHNICIANS (A.A.T.)

(if any):	
Address:	3 SWEENEY DRIVE, TATENHILL, BURTON ON TRENT, STAFFORDSHIRE. DE13 9FP.

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	1st	Feb	2025		31st	Jan	2026

Section A Reference and administration details

Charity name	Tamworth and Surrounding Areas Helping Hand Charity
Other names charity is known by	
Registered charity number (if any)	1207169
Charity's principal address	Unit 2, Offa House
	Orchard Street, Tamworth,
	Staffordshire
	Postcode B79 7RE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lee Bates			
2	Steve Hodgetts			
3	Sue Warmington			
4				
5				
6				
7				
8				
9				
10				
11				
12				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Policies and Procedures

1. Accepting of Equipment and IT Usage Policy
2. Bullying and Harassment Policy
3. Business Continuity Plan
4. Code of Conduct
5. Complaints and Compliments
6. Disciplinary
7. Driving
8. Environmental and Sustainability
9. Equality and Diversity
10. GDPR Data Protection Policy
11. Grievance
12. Health and Safety
13. Lone Working
14. Protection of Adults at Risk
15. Safeguarding Children
16. Safer Recruitment
17. Whistleblowing

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The prevention or relief of poverty and social isolation. Working with partners such as Local and County Council, Food bank, Hygiene Bank, Citizens Advice Bureau. Making appropriate referrals to the relevant agencies who can provide appropriate support. Referral to in-house services such as Helping Hand Café, Social Isolation Groups, Form Filling Service and Social Prescribing.

We will support or signpost people who accesses our services including children, youth, older people, those experiencing long term health conditions, have a disability or are socially isolated.

We provide a holistic approach focusing on 'What Matters to Me'.

Services can be accessed via telephone, email or visiting our Helping Hand Café.

The aim of our Helping Hand Cafe is Serving Knowledge, Empowering Lives.

Community Development. Identifying gaps in community provision, working with Community Groups to develop the community offering of support. Working together with other Community Groups and statutory providers, promoting opportunities and groups that provide local support within the Community.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We provide **Volunteering** and **Work Experience** Opportunities. Come and have a chat to us tell us what you are interested in, what skills you have and what you would like to have a go at and we will try and accommodate your request. Whether you can volunteer for 1 hour a week, 1 day a week, 1 day a month we always appreciate the time you give us.

Providing a series of **Social Activities** to help improve people's well-being and reducing Social Isolation. These include cuppa and chat group, Wednesday craft group, Friday Lunch and Laugher group or our LBGTQIA+ Community safe space and social activities

Our **Helping Hand Café** that is the gateway to these services. Open 6 days a week, with 2 late evenings. Acknowledging that support isn't just 9am to 5pm. This gives those working who may need support access to our service of an evening and weekend.

Providing a space for local talent to showcase their talent on a Saturday which in turn gives people somewhere to visit as weekends as this time can be lonely for those who are socially isolated.

Providing **low-cost food and refreshments** at affordable prices for everyone.

Our **pay it forward scheme** is where someone can pay for food and drink for someone else. Tell us what you would like to pay for, we print off the receipt with the items on and place it on a board. Those who are struggling financially or someone homeless for example can look at the board and take the appropriate receipt to the and we will give them those items.

Providing a **safe space** for people to come and obtain the appropriate support they need, including a support group for Tamworth and surrounding areas **LBGTQIA+** Community

Our **Social Prescribing Team** receive referrals for non-medical support for people who:

- have one or more long term conditions
- need support with low level mental health issues
- are lonely or isolated
- have complex social needs which affect their wellbeing.

We work with people over a number of weeks or months depending on their needs to improve general and mental wellbeing.

We signpost to other group, both statutory and non-statutory.

We offer a person-centred and ‘what matters to me’ approach.

Social Prescribers have a case load of 20 plus for part-time staff and 50 plus for full-time staff keeping in touch with those they are supporting.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Volunteers play a key role to the success of Tamworth and Surrounding Areas Helping Hand Charity.

Supported by a small staff team our volunteers help run our Helping Hand Café.

We also support those with learning difficulties giving them an opportunity to learn new skills and play an active part in their community.

In addition, we support those students undertaking Work Experience, giving them an opportunity to experience what working for a charity is like.

Tamworth & Surrounding Areas Helping Hand Charity will apply for grant funding from funders where the criteria match those of the Charity and will help us deliver our objectives.

Section D Achievements and performance

Section D Achievements and performance

Summary of the main achievements of the charity during the year

We continue to run our Helping Hand Café which has now been operating for two years.

The aim of our Café is Serving knowledge, Empowering lives.

Our Café is not just a 9am – 5pm Café. We are here to help those who need support to improve their general health and mental wellbeing.

We open two late evenings a week and of a Saturday means those who are working and may need help can come and speak with us outside the normal 9am – 5pm hours.

Signposting to appropriate support such as social groups, exercise groups, Citizens Advice Bureau, substance misuse support groups etc

Our Cuppa and Chat Group and Craft group continue to meet each week for a couple of hours and if they wish can have some lunch with us. Learning new skills, making new friends.

A further group Knit and Knatter groups have started up during the year.

On a Saturday we usually have local artist come and perform. Entry is free again encouraging social isolation. Again, many groups don't have any activities of a weekend, and weekends can seem a long while without speaking to anyone.

We provide a safe space on a Thursday evening for the LBGTQIA+ Community. A weekly timetable of events is put on ranging from crafts, bingo and some weeks have entertainment. Access to the café for low-cost food is also available.

Our pay it forward board is for those who are struggling to buy maybe a warm drink or food. Customers can choose to buy something for someone else in the community who are struggling and Pay it Forward. The item purchased by someone is then put on a Board and those struggling just take the receipt to the till and the item on the receipt is prepared for them.

Students from local schools and college come to us for Work Experience. If they have a specific interested we try to match their interest to an activity we deliver. We try to give them a full experience of working for a charity. Interacting with staff members and customers gaining confidence and learning or enhancing skills.

Our Volunteers continue to contribute to our success whether they wish to gain experience for a CV, are looking to volunteer as lonely and isolated or just wish to give something back to the Community. We appreciate and support all our volunteers.

Our form filling service helps those struggling to complete forms. This could be an Attendance Allowance form, PIP, Blue Badge etc. This could bring in extra income for people which in turn improves a person's wellbeing both mentally and physically. Just having someone to guide them and support them can relieve a huge amount of stress from that person.

Our Social Prescribing Team help people improve their mental and general well-being. Signposting to groups, statutory and non-statutory

organisation. Working with people over a number of weeks or months depending on their needs. Regular contact is maintained.

Section E Financial review

Brief statement of the charity's policy on reserves	The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure.
Details of any funds materially in deficit	We have no deficits

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charities funding will come from a variety of sources.

Grant funding. Applying for funding that can support and enhance our aims and objectives.

Contract Work. Applying for tenders again that align with our aims and objectives and that give us the opportunity to maintain or even expand our offering.

Self- funding. We aim long term for our Helping Hand Cafe to be self-sustaining covering overheads, all day-to-day costs and staff salaries. In addition, we will hold raffles and general fundraising events throughout the year to raise funds

Business Donations. Promote our services within the local business sector. As well as any financial donation is helpful, practical support such as donating time to help us with a specific task, project or repair or equipment such as stationary. All this is helpful.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	**Steve Hodgetts**	**Lee Bates**
Full name(s)	Steve Hodgetts	Lee Bates
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	21/10/2026	