REGISTERED COMPANY NUMBER: CE035221 (England and Wales)
REGISTERED CHARITY NUMBER: 1206983

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30TH SEPTEMBER 2026

FOR

ELISHA HOUSE

Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

ELISHA HOUSE

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FOR THE YEAR ENDED 30TH SEPTEMBER 2026

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30TH SEPTEMBER 2026

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th September 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Elisha House provides supported residential accommodation for 31 men in recovery from substance and/or alcohol misuse. Through an extensive abstinence-based programme founded on the 12 Steps and the Five Ways to Wellbeing, the charity supports residents to achieve sustained recovery, improve wellbeing, rebuild independence, and positively reintegrate into their communities. We provide volunteering opportunities and work experience for residents and members of the community in our community gym, community café and community gardening projects. We have a strong community ethos. Our staff's lived experience of recovery provides hope and inspiration that lasting recovery is possible.

OBJECTIVES AND ACTIVITIES

SIGNIFICANT ACTIVITIES

Elisha House continued to provide residential recovery support, community activities and opportunities for personal development. This report brings together outcomes from the residential programme, youth project and wider community work for inclusion in the Trustees' annual report.

Residential support and outcomes

- Residential programme referrals -381
- New admissions - 47
- Residents completing community detox with Inspire - 24
- Planned discharges - 19

Referrals came through self-referrals, family members and professionals. Referral figures count referrals received and may include repeat referrals. Community detox was completed while individuals were resident, in partnership with Inspire.

Employment and progression

At the time of preparing this report, 11 individuals who left through planned discharges remain in paid employment, alongside six current residents undertaking paid work. These figures describe current employment status rather than the number who entered employment during the reporting year.

Volunteering and community contribution

At the time of reporting, 20 external volunteers support the organisation, contributing varying hours each week, with most volunteering at least six hours. In addition, 21 Stage 2 and Stage 3 residents commit eight hours each week to voluntary work.

Using an assumed average of six hours for each external volunteer, this represents approximately 288 hours of voluntary contribution each week, equivalent to 14,976 hours annually. This is an annualised estimate based on current participation levels, rather than a verified total of hours delivered during the reporting year.

Training and personal development

- Staff and volunteers training - two cohorts of either - 16 places
- Basic first aid - 10
- Food hygiene - 17
- Mental Health First Aid - 10
- Safeguarding - 8
- Budgeting course - 8
- Barista training - 12
- CrossFit Level 1 coaching - residents funded by Elisha House - 2

Our Education, Training and Employment Lead also completed naloxone training to support its future inclusion in in-house training. Training figures relate to participation in individual courses and are not a count of unique people across all courses.

Recovery and wellbeing

- Provided access to over 300 mutual aid meetings, seven recovery conventions and numerous church events.
- Supported 12 people to attend a recovery event in Snowdonia alongside other recovery organisations.
- Provided two yoga sessions each week in the gym and a weekly dance class.
- Continued drama and wellbeing sessions facilitated by Donna Worthington.

Two counsellors completing their placement hours with Elisha House, in partnership with their education providers, provide three and two hours respectively each week, offering a combined five scheduled counselling hours weekly. Our continued partnership with Colne Citadel also facilitates access to one of its volunteer counsellors to support residents.

OBJECTIVES AND ACTIVITIES

Community gym
CrossFit Colne provides residents and volunteers with free daily access to the community gym. A minimum of five classes each weekday, alongside classes on Saturdays and Sundays, are delivered by a combination of paid sessional workers and volunteer coaches.

The gym has developed into a vibrant community, bringing residents, volunteers and local people together. It has increased awareness of Elisha House's wider work, with many members contributing to activities and fundraising events. The gym reached the milestone of 100 paying members.

Youth project
Following the previous year's pilot, Elisha House rolled out a 10-week rolling youth programme offering two sessions each week. The project received 32 youth referrals, separate from the 381 residential programme referrals, bringing the combined number of referrals across the two projects to 413.

The programme is delivered by a graduate of the residential recovery programme who helped write and facilitate the original pilot. Volunteers support delivery, including a graduate of the pilot youth project.

Partnerships with other organisations provide a wide range of activities and educational input, including lived-experience sessions. The programme also creates opportunities for former participants to contribute through volunteering. The 32 referrals represent referrals received, rather than a confirmed attendance or completion total.

Creative activities and community engagement
Elisha House delivered a further production of Theatre of Hope in partnership with Pendle Leisure Trust and Donna Worthington. Residents helped create the production and performed to a sell-out audience of almost 500 paying attendees. Ticket income covered the production costs. The production provided opportunities for creative expression, teamwork and community participation.

Elisha House also supported Pendle Community Orchestra and attended the premiere of Caught Up, a film to which the project contributed. The film was commissioned through the Prosper Partnership Children, Young People and Families Operational Delivery Group and supports conversations about early intervention, prevention, and identifying and reporting concerns.

Participants also celebrated a football competition win during the year.

Gym members, residents and staff also completed the Born Survivor obstacle course together. The shared challenge provided a valuable opportunity for group bonding and strengthened connections across the Elisha House community.

Fundraising and grant support
Twenty participants completed Tough Mudder, raising over £6,000 for Elisha House. The event brought people together through a shared physical challenge and fundraising effort.

The following grant funding was secured during the reporting year:

- National Lottery £20,000
- Health Lottery £17,300

- Colne Town Council £1,000
- Lancaster Foundation £3,000
- Objective Media £2,850

OBJECTIVES AND ACTIVITIES

Public benefit

The trustees are confident that the charity offers services of real and practical use to the local population and therefore complies with the responsibility placed on all charities under the Charities Act 2011, to demonstrate a public benefit.

The trustees confirm that the activities undertaken by the charity provide clear public benefit.

This is demonstrated through:
- Providing safe supported accommodation for vulnerable individuals.
- Equipping participants with life skills, qualifications, and pathways to employment.
- Improving mental and physical wellbeing through therapeutic, fitness, and community activities.
- Reducing social isolation by engaging residents in volunteering and community projects.
- Delivering education and outreach that benefits the wider public, particularly around substance misuse awareness.

Plans for the future

Our plans for the coming year include; internal education plans, consider prison release support group, build links with local high schools in prevention work and build upon working with organisations working with teenagers not in education. We aim to continue to source training for those residents interested in becoming personal trainers and continue to promote gym access to those in our community who would normally find access to a gym facility difficult.

The Trustees would like to invest in suitable housing to provide supported move-on accommodation for our third stage residents.

The Trustees would like to thank and acknowledge the following; The Basement Project, Halifax for their continued mentorship and support, Sport England, The National Lottery, Pendle Leisure Trust, The Health Lottery, Colne Town Council, The Lancaster Foundation, Great Places, Inspire and our community for their support.

Plans for the future

Based on the progress achieved this year, planned future developments may include:
- Expanding training and employability programmes.
- Increasing community gym capacity and public health outreach.
- Building on the success of the young person's pilot to establish an ongoing youth engagement programme.
- Developing additional partnerships to enhance detox support and move-on housing opportunities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE035221 (England and Wales)

Registered Charity number

1206983

Registered office

Elisha House
Burnley Road
Colne
Lancashire
BB8 8DY

Trustees
Mrs J Whiteoak
G Whiteoak
S R Honor
M Leeds

Independent Examiner
Mark Sunter FCA
Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

Approved by order of the board of trustees on 29th October 2026 and signed on its behalf by:

Mrs J Whiteoak - Trustee J. E Whiteoak

Independent examiner's report to the trustees of Elisha House ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 30th September 2026.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Sunter FCA

Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

29th October 2026

ELISHA HOUSE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30TH SEPTEMBER 2026

	Notes	Unrestricted fund £	Restricted fund £	**30.9.26 Total funds £**	30.9.25 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	**44,150**	**44,150**	37,159
Charitable activities	5				
Charitable activities		**503,269**	-	**503,269**	494,365
Other trading activities	3	**93,768**	-	**93,768**	82,779
Investment income	4	**3,834**	-	**3,834**	-
Total		**600,871**	**44,150**	**645,021**	614,303
EXPENDITURE ON					
Raising funds	6	**99,816**	-	**99,816**	81,882
Charitable activities	7				
Charitable activities		**460,201**	**69,098**	**529,299**	493,781
Total		**560,017**	**69,098**	**629,115**	575,663
NET INCOME/(EXPENDITURE)		**40,854**	**(24,948)**	**15,906**	38,640
RECONCILIATION OF FUNDS					
Total funds brought forward		**320,705**	**279,559**	**600,264**	561,624
TOTAL FUNDS CARRIED FORWARD		**361,559**	**254,611**	**616,170**	600,264

The notes form part of these financial statements

ELISHA HOUSE

BALANCE SHEET
30TH SEPTEMBER 2026

	Notes	Unrestricted fund £	Restricted fund £	**30.9.26 Total funds £**	30.9.25 Total funds £
FIXED ASSETS					
Tangible assets	13	**295,490**	**224,155**	**519,645**	565,162
CURRENT ASSETS					
Cash at bank and in hand		**310,588**	**30,456**	**341,044**	278,499
CREDITORS					
Amounts falling due within one year	14	**(244,519)**	**-**	**(244,519)**	(243,397)
NET CURRENT ASSETS		**66,069**	**30,456**	**96,525**	35,102
TOTAL ASSETS LESS CURRENT LIABILITIES		**361,559**	**254,611**	**616,170**	600,264
NET ASSETS		**361,559**	**254,611**	**616,170**	600,264
FUNDS	15				
Unrestricted funds				**361,559**	320,705
Restricted funds				**254,611**	279,559
TOTAL FUNDS				**616,170**	600,264

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2026.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th September 2026 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29th October 2026 and were signed on its behalf by:

M Leeds - Trustee

The notes form part of these financial statements

CASH FLOW STATEMENT
FOR THE YEAR ENDED 30TH SEPTEMBER 2026

	Notes	30.9.26 £	30.9.25 £
Cash flows from operating activities			
Cash generated from operations	1	**54,711**	83,715
Net cash provided by operating activities		**54,711**	83,715
Cash flows from investing activities			
Purchase of tangible fixed assets		**-**	(24,167)
Sale of tangible fixed assets		**4,000**	-
Interest received		**3,834**	-
Net cash provided by/(used in) investing activities		**7,834**	(24,167)
Change in cash and cash equivalents in the reporting period		**62,545**	59,548
Cash and cash equivalents at the beginning of the reporting period		**278,499**	218,951
Cash and cash equivalents at the end of the reporting period		**341,044**	278,499

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 30TH SEPTEMBER 2026

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	30.9.26 £	30.9.25 £
Net income for the reporting period (as per the Statement of Financial Activities)	**15,906**	38,640
Adjustments for:		
Depreciation charges	**42,763**	43,919
Profit on disposal of fixed assets	**(1,246)**	-
Interest received	**(3,834)**	-
Increase in creditors	**1,122**	1,156
Net cash provided by operations	**54,711**	83,715

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.10.25 £	Cash flow £	At 30.9.26 £
Net cash			
Cash at bank and in hand	**278,499**	**62,545**	**341,044**
	278,499	**62,545**	**341,044**
Total	**278,499**	**62,545**	**341,044**

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 10% on cost
Motor vehicles	- 25% on reducing balance

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	30.9.26	30.9.25
	£	£
Grants	**44,150**	37,159

Grants received, included in the above, are as follows:

	30.9.26	30.9.25
	£	£
Crowdfunder	**-**	10,156
Richard Coles funding	**-**	10,000
Youth Project	**3,000**	4,003
Dowager Countess	**-**	10,000
Police funding	**-**	3,000
Colne Town Council	**1,000**	-
National Lottery Fund	**20,000**	-
Objective Media	**2,850**	-
Health Lottery	**17,300**	-
	44,150	37,159

3. OTHER TRADING ACTIVITIES

	30.9.26	30.9.25
	£	£
Gardening	**13,773**	26,510
Gym	**14,063**	5,698
Cafe	**60,455**	49,741
Other	**5,477**	830
	93,768	82,779

4. INVESTMENT INCOME

	30.9.26	30.9.25
	£	£
Interest receivable	**3,834**	-

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	30.9.26	30.9.25
		£	£
Housing benefit	Charitable activities	**503,269**	494,365

6. RAISING FUNDS

Other trading activities

	30.9.26	30.9.25
	£	£
Purchases	**99,816**	81,882

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Charitable activities	**484,207**	**45,092**	**529,299**

8. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
Charitable activities	**42,432**	**2,660**	**45,092**

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.9.26	30.9.25
	£	£
Depreciation - owned assets	**42,763**	43,919
Surplus on disposal of fixed assets	**(1,246)**	-

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th September 2026 nor for the year ended 30th September 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30th September 2026 nor for the year ended 30th September 2025.

continued...

11. STAFF COSTS

	30.9.26	30.9.25
	£	£
Wages and salaries	272,534	262,538
Social security costs	18,272	11,894
Other pension costs	2,336	1,988
	293,142	276,420

The average monthly number of employees during the year was as follows:

	30.9.26	30.9.25
Charitable activities	17	14
Management and administration	2	2
	19	16

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	-	37,159	37,159
Charitable activities			
Charitable activities	494,365	-	494,365
Other trading activities	82,779	-	82,779
Total	577,144	37,159	614,303
EXPENDITURE ON			
Raising funds	75,463	6,419	81,882
Charitable activities			
Charitable activities	453,182	40,599	493,781
Total	528,645	47,018	575,663
NET INCOME/(EXPENDITURE)	48,499	(9,859)	38,640
RECONCILIATION OF FUNDS			
Total funds brought forward	272,206	289,418	561,624
TOTAL FUNDS CARRIED FORWARD	320,705	279,559	600,264

continued...

13. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Totals £
COST				
At 1st October 2025	**278,040**	**349,190**	**32,912**	**660,142**
Disposals	**-**	**-**	**(7,500)**	**(7,500)**
At 30th September 2026	**278,040**	**349,190**	**25,412**	**652,642**
DEPRECIATION				
At 1st October 2025	**30,258**	**55,808**	**8,914**	**94,980**
Charge for year	**5,561**	**34,919**	**2,283**	**42,763**
Eliminated on disposal	**-**	**-**	**(4,746)**	**(4,746)**
At 30th September 2026	**35,819**	**90,727**	**6,451**	**132,997**
NET BOOK VALUE				
At 30th September 2026	**242,221**	**258,463**	**18,961**	**519,645**
At 30th September 2025	247,782	293,382	23,998	565,162

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.26 **£**	30.9.25 £
Social security and other taxes	**5,942**	4,915
Other creditors	**236,677**	236,582
Accrued expenses	**1,900**	1,900
	244,519	243,397

15. MOVEMENT IN FUNDS

	At 1.10.25 £	Net movement in funds £	At 30.9.26 £
Unrestricted funds			
General fund	**320,705**	**40,854**	**361,559**
Restricted funds			
Restricted fund	**279,559**	**(24,948)**	**254,611**
TOTAL FUNDS	**600,264**	**15,906**	**616,170**

continued...

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	**600,871**	**(560,017)**	**40,854**
Restricted funds			
Restricted fund	**44,150**	**(69,098)**	**(24,948)**
TOTAL FUNDS	**645,021**	**(629,115)**	**15,906**

Comparatives for movement in funds

	At 1.10.24 £	Net movement in funds £	At 30.9.25 £
Unrestricted fund	272,206	48,499	320,705
Restricted fund			
Restricted fund	289,418	(9,859)	279,559
TOTAL FUNDS	561,624	38,640	600,264

Comparative net movement in funds included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted fund	577,144	(528,645)	48,499
Restricted fund			
Restricted fund	37,159	(47,018)	(9,859)
TOTAL FUNDS	614,303	(575,663)	38,640

continued...

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30th September 2026.