ANNUAL REPORT

Charity Details

Name of charity: Nutshell

Registration number: 1206638

Address: 2 Infirmary Street, Leeds, LS1 2JP

Names of Trustees:

- Gerard Dangerfield Keane
- Hayley Prince
- Karen Omer
- Nicky Wright
- Lucy Wright
- Kitty Wright

Annual Report

Structure and Governance

Nutshell has a Chairperson (Kitty Wright), a treasurer (Nicky Wright) and a secretary (Karen Omer). The trustees have 3 trustee meetings a year and an Annual General Meeting .

At these meetings the achievements and goals of the charity are understood and agreed by the trustees.

The bank account is with Barclays and all income and expenditure is visible and is shared with all the trustees.

Objectives and Activities

We offer mental health support to the family members of trans and non-binary people.

We find AND fund therapy with one of our highly qualified therapists. Therapy can be received online or in person.

We use our platform to educate and raise awareness around transgender.

Achievements and Performance

During the last year 7 families have been supported specifically with therapy and many others with informal support meetings. The feedback from people helped has been very positive.

There have been 5 significant business sessions with businesses which increases awareness and support.

The charity has also attended events, schools and spoken at panels.

Public benefit Statement

Nutshell exists to ensure mental health therapy is available for families so they can become more informed and better able to manage change in their own lives resulting from change in the lives of the people they love.

To fill the gap.

Our experience as a family highlighted the lack of support and information available for us (Lucy and Kitty) as crucial passengers in Nicky's journey.

Nutshell is here as a space for those also on the journey. Nutshell stands with and supports the charities and organisations doing incredible work for the transgender community.

Financial Review

Income
Donations and grants £4804

Expenditure
Direct Costs (therapists) £1685 Admin (IT & insurance) £326

Bank Balance as at 03/12/2025 £9859