Company registration number: CE034874
Charity registration number: 1206512

Gymnasts for Change International

(Charitable incorporated organisation)

Annual Report and Financial Statements

for the Year Ended 31 December 2025

Mr Nicholas William Bonnello FCA
RWB CA Limited
Northgate House North Gate
New Basford
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NG7 7BQ

Gymnasts for Change International

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 8
Policy on reserves	6
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12 to 18

Gymnasts for Change International

Reference and Administrative Details

Chair	Ms K N Roydon
Charity Registration Number	1206512
Company Registration Number	CE034874
	The Charity is incorporated in England & Wales.
Registered Office	1st Floor 105-111 Euston Street London NW1 2EW
Independent Examiner	Mr Nicholas William Bonnello FCA RWB CA Limited Northgate House North Gate New Basford Nottingham NG7 7BQ
Bankers	National Westminster 250 Bishopsgate London EC2M 4AA

Gymnasts for Change International

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 December 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Ms K N Roydon
	Dr E B Suckling
	Ms E Jotischky (resigned 25 March 2025)
	Mr M C Gass
	Ms G Field (resigned 17 March 2026)
	Ms L Horton (appointed 17 December 2025)
	Dr C M Robertson (appointed 17 December 2025)
Chair:	Ms K N Roydon

Objectives and activities

Objects and aims

Gymnasts for Change International (G4CI) is a survivor-led human rights organisation. Our mission is to promote human rights in sport by supporting individuals who have experienced abuse in gymnastics, advocating for reform of abusive coaching practices, and protecting future generations of athletes. We seek redress and recognition for survivors, systemic reform in coaching and administrative cultures, and safeguards to prevent future harm.

G4CI's charitable objectives are:
1. To promote the physical and emotional wellbeing of participants in gymnastics by raising awareness of abuse in the sport, commissioning research, and equipping the sector with preventative tools and best practices.
2. To support gymnasts who have experienced abuse, providing therapeutic and practical assistance to pursue redress.
3. To promote human rights in sport by exposing abuses, seeking accountability, and educating stakeholders on athletes' rights and welfare.

These objectives are underpinned by the charity's commitment to trauma-informed, survivor-led advocacy and a structural shift in global gymnastics governance and culture.

Public benefit

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Gymnasts for Change International

Trustees' Report

Achievements and performance

Organisational development during 2025

2025 was an important year of consolidation and growth. G4CI began the year with a very small core staff team consisting of a part-time CEO and a part-time Programme Curator. During the year, the charity invested deliberately in building a more sustainable staffing structure alongside high-quality consultant support, recruiting a permanent Operations Manager, and Lead for Content, Policy & Community Engagement. They worked alongside a Communications expert, and two Athlete Advocates. The Board was also strengthened through the recruitment of two trustees bringing relevant experience from elite sport, government, gymnastics and coaching.

This growth was part of a wider effort to reduce reliance on the CEO and move towards a more resilient organisation in which knowledge, responsibility and programme delivery could be shared across a capable, values-aligned team. G4CI invested substantially in strategy, team development, governance and organisational culture. Staff and trustees took part in facilitated strategy work, and the charity developed its Theory of Change, Charity Charter, communications strategy, policies and a more robust KPI and impact-reporting framework.

The charity also undertook a structured programme of diversity, equity and inclusion work, including neurodiversity, LGBTQI+ inclusion, language and allyship, alongside its existing trauma-informed practice. This learning increasingly shaped G4CI's policies, working practices and understanding of how power, identity, organisational culture and safeguarding interact.

Supporting survivors

G4CI continued to provide practical, therapeutic and advocacy support to survivors of abuse and harmful practice in gymnastics. During the reporting period, tailored complaints, safeguarding and advocacy support was provided to 14 new members and a further 25 existing members navigating British Gymnastics processes, safeguarding procedures and civil claims.

Support included helping people understand their options and rights, organise evidence, articulate safeguarding concerns and make informed decisions about participation in complex processes.

One safeguarding matter that had initially been closed without investigation was reopened following G4CI's advocacy. Six additional parents and two coaches subsequently came forward with reports or allegations relating to the same Head Coach. G4CI also raised concerns about fear of retaliation, resulting in British Gymnastics agreeing that G4CI could facilitate an anonymous group call with the lead case officer so that individuals could understand the process before deciding whether to identify themselves.

Therapeutic support remained an important part of the charity's work. In 1Q 25, G4CI's specialist psychotherapist delivered The Legacy of Trauma, a six-part therapeutic programme developed specifically for survivors of abuse in gymnastics. Eight survivors also participated in a live online therapy group. Feedback indicated that participants developed greater understanding of their experiences and the continuing effects of trauma, alongside strategies for coping, self-care and rebuilding trust.

Building survivor voice, knowledge and collective action

During 2025, G4CI began developing new ways for survivor experience to contribute to public understanding, research and reform. Six former gymnasts were trained in oral-history interviewing and three pilot survivor oral histories were completed. This learning and development phase laid the foundations for a permanent survivor-led historical archive and enabled the charity to test approaches to consent, safeguarding, ownership, data management and trauma-informed interviewing.

G4CI also continued to develop its Arts & Archive programme bringing together the Oral History Archive, the FIG Power Map and the ICP Solidarity Quilt. The Power Map was commissioned as a visual research tool to make complex relationships between international gymnastics governance, finance and safeguarding more accessible. The Solidarity Quilt was conceived as a collective creative space through which former gymnasts could represent experiences associated with institutional complaints processes. Together, these projects explored how art, archives and creative research could become substantive methods of survivor-led advocacy rather than simply communications tools.

The charity continued to develop its international survivor forum. Moving communication away from WhatsApp to a dedicated platform produced valuable learning: although the new space provided clearer boundaries and a more considered environment, participation reduced. G4CI used this experience to reconsider how best to balance safety, connection, survivor agency and sustainable organisational capacity. The charity increasingly focused on supporting survivors who wished to participate in creative advocacy, research and systems-change work, while establishing clearer boundaries around the therapeutic, legal and information support it could provide.

Research, safeguarding and institutional accountability

G4CI strengthened its survivor-led research and policy work during the year. Analysis of survivor testimony, casework and Independent Complaints Process outcomes identified recurring questions about the recognition of psychological abuse, non-contact physical abuse, coercive and controlling behaviour, dependency, meaningful choice and power within athlete-coach relationships. This work laid the foundations for a more structured research programme and helped the charity move from responding to individual incidents towards identifying patterns and potential systemic weaknesses.

G4CI maintained regular engagement with British Gymnastics' Head of Welfare and Safe Sport and used learning from casework to raise wider procedural concerns. Across 2025, G4CI saw some positive changes in British Gymnastics' approach to safeguarding and organisational reform and welcomed aspects of the Wagstaff Review and Reform '25, particularly their recognition that cultural change requires attention to leadership, governance, athlete voice and safeguarding practice. G4CI nevertheless remained concerned about the limited consideration of survivor perspectives within the Wagstaff Review and continued to experience significant problems in complaints, safeguarding and investigation processes.

Casework continued to identify concerns around investigative quality and consistency, recognition of patterns of abuse and coercive behaviour, evidential thresholds, sanctions, transparency, communication with complainants and the risk of secondary harm. By the end of 2025, G4CI concluded that repeated meetings with British Gymnastics' senior management were not resulting in sufficient substantive action on the issues being raised and withdrew from those meetings. The charity did not withdraw from engagement with British Gymnastics altogether, but determined that future engagement should be more clearly linked to specific actions, accountability and measurable change.

There were nevertheless examples of institutional response. British Gymnastics agreed to review wording within suspension communications after G4CI raised concerns that it could contribute to fear of retaliation. In a separate case, G4CI supported a member to use data-protection rights to secure formal correction of inaccurate information in an ICP outcome decision letter.

Partnerships and organisational learning

Rather than pursuing rapid international expansion during 2025, G4CI deliberately prioritised consolidation and organisational development. The charity worked with specialists in DEI, organisational strategy, law, psychotherapy, leadership, arts and archival practice. Partners and advisers included expertise relating to mandatory reporting, civil claims, trauma support, strategic development and creative practice. These relationships strengthened the charity's internal capability and helped clarify where a survivor-led organisation could make a distinctive contribution to wider safeguarding and human-rights work.

The charity also developed a more rigorous approach to monitoring and evaluation. Staff and trustees worked to distinguish outputs, outcomes and longer-term impact and to create measures capable of reflecting the complexity of survivor-led systems-change work. This strengthened both accountability and the charity's ability to learn from work that did not develop as initially expected.

Financial and organisational resilience

G4CI made a conscious decision not to undertake a substantial programme of income diversification during 2025. Leadership and the Board concluded that the organisation first needed sufficient staffing, governance, strategic clarity and delivery capacity to fundraise responsibly and manage additional funding well. The year was therefore used to build the foundations required for a more sustainable fundraising programme.

Founder dependency and staff capacity remained material organisational risks at the end of the reporting period. However, the charity had begun replacing informal and founder-held ways of working with clearer roles, shared strategic frameworks, stronger systems and a developing culture of collective leadership. This created a stronger basis for responsibility and decision-making to be distributed over time.

Overall progress

G4CI had made meaningful progress in 2025 from an emerging survivor-led initiative towards a more structured charity and international survivor movement. Not every ambition was completed during the year: fundraising diversification remained at an early stage, founder dependency was not fully resolved, and several research, archive and advocacy programmes were still in development. The charity regards this transparency as an important part of responsible governance.

G4CI ended 2025 with a stronger team, clearer strategy and accountability, more intentional survivor participation, specialist support, developing research and creative methods, and practical routes through which evidence from survivor experience and casework could inform institutional scrutiny and future safeguarding reform.

Financial review

Total income over the year was £338,841 (2024: £245,520). 2025 was the second year of our initial two-year grant from the Oak Foundation. Towards the end of the year we were awarded a further two years of unrestricted funding, with the first payment received in November 2025. In 2025, Oak was the organisation's sole funder. The Trustees are conscious of the risks that concentration carries, and broadening the income base is a priority for 2026.

Total expenditure was £166,562 (2024: £79,855). The increase in expenditure reflects the work undertaken in 2024 on developing the platform and transitioning the organisation from a grass roots volunteer led peer-to-peer network to a fully functioning charity, which bore fruit in 2025 as the organisation moved into full operation. The team grew over the year, with staff numbers rising from two at the end of 2024 to four at the end of 2025 and staff costs rising to £64,634 (2024: £28,166). The staff have worked alongside a number of highly engaged consultants, and we invested in bringing the team together, with staff, consultant, membership and trustee training and development costs of £11,780 (2024: £6,510) to support a shared, trauma-informed approach.

Direct charitable expenditure across our three areas of work – survivor support and training, communication and education, and advocacy – was £77,015 (2024: £17,774), reflecting the increased volume of activity delivered in our second year of operation. The staff who deliver this work are accounted for within staff costs rather than the activity lines, and most work across more than one area; the figures above therefore capture the direct costs of each activity rather than the full cost of delivery.

The net movement in funds for the year was a surplus of £172,279 (2024: £165,665), increasing total funds carried forward to £337,944 (2024: £165,665). As set out below, this surplus reflects the timing of grant income rather than an operating surplus, with funds received ahead of the work they will support.

Policy on reserves

The primary objective of this reserve policy is to ensure the financial stability and operational resilience of Gymnasts for Change International. This policy has been drawn up with regards to Charity Commission Guidance CC 19.

The aim of establishing reserves is:
- Primarily to mitigate the risks of unforeseen reductions in funding.
- Fund unexpected operational expenses.
- Cover the costs of an unplanned closure or transfer of the charity's operations should funding cease.

The organisation will maintain reserves equivalent to three months of core operating costs, providing a buffer to develop new sources of income or implement cost-saving measures. Core operating costs include amongst other expenses salaries, rent, accountancy and audit fees, and IT subscription services.

The reserve requirement is set at £30k.

This policy will be reviewed in light of any changes in the funding, operational or external environment and at minimum annually at the first Board meeting of the year.

Free reserves

At year end, unrestricted funds, which are equal to free reserves, stood at £337,944 (2024: £165,665) substantially above the £30,000 required reserves. This reflects the timing of our two-year grant from the organisation's principal funder: the funds were received during the year but will be applied to work in 2025 and 2026. The Trustees expect the funds to be substantially drawn down in 2026 and 2027.

Going concern

The Trustees consider the charity to be a going concern, having reviewed forecasts and confirmed sufficient reserves to meet planned commitments.

Structure, governance and management

Nature of governing document

Gymnasts for Change International (Charity number: 1206512) was established as a Charitable Incorporated Organisation, registered by the Charity Commission of England and Wales on 12th January 2024. The organisation is governed by its Constitution, which adopts the Foundation Model, giving the trustees sole voting rights to the organisation. This means all important decisions – about the charity's direction, finances, policies, and activities – are made and voted on by the trustees who retain overall responsibility for the charity. Day-to-day operations are delegated to the organisation's staff.

Gymnasts for Change International

Trustees' Report

Recruitment and appointment of trustees

Trustee terms and method of appointment are set out in our Constitution.

New trustees are appointed by the Board of Trustees for terms of three years, with an aim to ensure significant survivor representation. Appointments are guided by a skills, and diversity audit and follows an inclusive process which aims to build a diverse board reflecting lived experience and underrepresented communities.

Major risks and management of those risks

The trustees have identified and reviewed the charity's principal risks. Key risks are monitored through an annually updated risk register, with mitigating actions implemented as appropriate, including the integration of trauma-informed practices into our work.

Statement of trustees' responsibilities

The trustees (who are also the directors of Gymnasts for Change International for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Gymnasts for Change International

Trustees' Report

The annual report was approved by the trustees of the Charity on 27 September 2026 and signed on its behalf by:

Karen Roydon

Ms K N Roydon
Chair and trustee

Gymnasts for Change International

Independent Examiner's Report to the trustees of Gymnasts for Change International ('the Company')

I report to the Charity trustees on my examination of the accounts of the Company for the year ended 31 December 2025.

Responsibilities and basis of report

As the Charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Gymnasts for Change International as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Mr Nicholas William Bonnello FCA
Institute of Chartered Accountants in England and Wales
RWB CA Limited
Northgate House North Gate
New Basford
Nottingham
NG7 7BQ

27 September 2026

Gymnasts for Change International

Statement of Financial Activities for the Year Ended 31 December 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Total 2025 £
Income and Endowments from:			
Donations and legacies	3	338,841	338,841
Total income		338,841	338,841
Expenditure on:			
Charitable activities	4	(166,562)	(166,562)
Total expenditure		(166,562)	(166,562)
Net income		172,279	172,279
Net movement in funds		172,279	172,279
Reconciliation of funds			
Total funds brought forward		165,665	165,665
Total funds carried forward	13	337,944	337,944

	Note	Unrestricted funds £	Total 2024 £ (As restated)
Income and Endowments from:			
Donations and legacies	3	245,520	245,520
Total income		245,520	245,520
Expenditure on:			
Charitable activities	4	(79,855)	(79,855)
Total expenditure		(79,855)	(79,855)
Net income		165,665	165,665
Net movement in funds		165,665	165,665
Reconciliation of funds			
Total funds carried forward	13	165,665	165,665

All of the Charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 13.

Gymnasts for Change International

(Registration number: CE034874)
Balance Sheet as at 31 December 2025

	Note	2025 £	2024 £ (As restated)
Current assets			
Debtors	10	178	-
Cash at bank and in hand	11	352,420	168,823
		352,598	168,823
Creditors: Amounts falling due within one year	12	(14,654)	(3,158)
Net assets		337,944	165,665
Funds of the Charity:			
Unrestricted income funds			
Unrestricted funds		337,944	165,665
Total funds	13	337,944	165,665

For the financial year ending 31 December 2025 the Charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 10 to 18 were approved by the trustees, and authorised for issue on 27 September 2026 and signed on their behalf by:

Karen Roydon
.....
Ms K N Roydon
Chair and trustee

Gymnasts for Change International

Notes to the Financial Statements for the Year Ended 31 December 2025

1 Charity status

The Charity is a charitable incorporated organisation, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the Charity in the event of liquidation.

The address of its registered office is:
1st Floor
105-111 Euston Street
London
NW1 2EW

These financial statements were authorised for issue by the trustees on 27 September 2026.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Gymnasts for Change International meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the Charity.

Reclassification of comparative amounts
Grants received from other organisations of £245,520 in 2024 was classified as restricted based on the conditions stated in the offer letter dated 22 December 2023. However, the grant making organisation issued a letter September 2025 stating the conditions were non-binding therefore grants received in 2024 reclassified under unrestricted funds.

Income and endowments
All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Grants receivable

Grants are recognised when the Charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the Charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

3 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £
Grants, including capital grants;		
Grants from other charities	338,841	338,841
	338,841	338,841

	Unrestricted funds General £	Total 2024 £
Grants, including capital grants;		
Grants from other charities	245,520	245,520
	245,520	245,520

4 Expenditure on charitable activities

	Activity undertaken directly £	Activity support costs £	2025 £
Survivor support and training	18,093	-	18,093
Communication and education	43,582	-	43,582
Advocacy	15,340	-	15,340
Staff training and development	-	11,780	11,780
Legal expenses	-	150	150
Software and consumables	-	2,222	2,222
Office rent	-	2,679	2,679
General expenses	-	402	402
Telephone expenses	-	443	443
Bank charges	-	382	382
Entertainment	-	182	182

	Activity undertaken directly £	Activity support costs £	2025 £
Travel and subsistence	-	381	381
Office administration	-	4,033	4,033
Salaries	-	64,634	64,634
Insurance	-	1,119	1,119
	77,015	88,407	165,422

	Activity undertaken directly £	Activity support costs £	2024 £
Consultancy services	-	16,405	16,405
Survivor support and training	11,613	-	11,613
Communication and education	6,161	-	6,161
Staff training and development	-	6,510	6,510
Legal expenses	-	3,600	3,600
Software and consumables	-	1,229	1,229
Office rent	-	1,260	1,260
General expenses	-	406	406
Telephone expenses	-	329	329
Bank charges	-	557	557
Entertainment	-	481	481
Travel and subsistence	-	142	142
Office administration	-	1,976	1,976
Salaries	-	28,166	28,166
	17,774	61,061	78,835

In addition to the expenditure analysed above, there are also governance costs of £1,140 (2024 - £1,020) which relate directly to charitable activities. See note 5 for further details.

5 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total funds £
Independent examiner fees		
Examination of the financial statements	1,140	1,140
Total for period ended 31 December 2025	1,140	1,140
Total for period ended 31 December 2024	1,020	1,020

6 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the Charity during the year.

7 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £ (As restated)
Staff costs during the year were:		
Wages and salaries	63,146	27,560
Pension costs	1,488	606
	64,634	28,166

No employee received emoluments of more than £60,000 during the year.

8 Independent examiner's remuneration

	2025 £	2024 £ (As restated)
Examination of the financial statements	1,140	1,020

9 Taxation

The Charity is a registered charity and is therefore exempt from taxation.

10 Debtors

	2025 £
Prepayments	178

11 Cash and cash equivalents

	2025 £	2024 £ (As restated)
Cash at bank	352,420	168,823

12 Creditors: amounts falling due within one year

	2025 £	2024 £ (As restated)
Trade creditors	9,981	1,146
Other creditors	3,533	167
Accruals	1,140	1,845
	14,654	3,158

13 Funds

	Balance at 1 January 2025 £	Incoming resources £	Resources expended £	Balance at 31 December 2025 £
Unrestricted funds				
General				
General funds	165,665	338,841	(166,562)	337,944

	Incoming resources £	Resources expended £	Balance at 31 December 2024 £
Unrestricted funds			
General			
General funds	245,520	(79,855)	165,665

14 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 December 2025 £
Current assets	352,598	352,598
Current liabilities	(14,654)	(14,654)
Total net assets	337,944	337,944

	Unrestricted funds General £	Total funds at 31 December 2024 £ (As restated)
Current assets	168,823	168,823
Current liabilities	(3,158)	(3,158)
Total net assets	165,665	165,665

15 Related party transactions

There were no related party transactions in the year.