Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	January	2025		31	December	2025

Section A Reference and administration details

Charity name Bwyd I Bawb

Other names charity is known by

Registered charity number (if any) 1205339

Charity's principal address

Ysgol Bro Banw
High Street
Ammanford
Postcode **SA18 2NS**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Evans	Chair	To 31 August 2025	
2	Sally Williams	Treasurer		
3	Catrin Morris	Secretary	To 30 April 2025	
4	Sarah Waters	Secretary	7 May 2025 to date	
5	Lucy Lock			
6	Emma Parfitt	Chair	7 May 2025 to date	
7	Bleddyn Jones		7 May 2025 to date	
8	Helen Louise Morgan		8 Oct 2025 to date	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Appointed by Management Group

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Objectives

To establish and run a daily affordable and nutritional food outlet for all members of the local community in Ammanford and families of pupils at Ysgol Bro Banw from Monday to Friday during school terms.

Community Provision

To further benefit the residents of Ammanford and its surrounding area, without discrimination, in a common effort to provide nourishing and affordable food for all members of the community as well as advance education in the interest of social welfare for recreation leisure time occupation and training, with the objective of improving the conditions of life for all residents.

Urban Regeneration

The promotion for the benefit of the public of urban regeneration in Ammanford, an area of social and economic deprivation by the following

means:

1. The provision of affordable food for the public at large,
2. The advancement of education and training for local people,
3. To provide a space for new ideas and projects to be developed.

Promotion of Social inclusion

To provide the opportunity for all families to access nutritious and affordable food, without discrimination and relieving the needs of those people who are social excluded and assisting them to integrate into society by providing an open and inclusive platform where they can purchase food at a price that is accessible to them.

Establishing and developing links with local organisations to collaborate on the projects which can then provide people with signposting to organisations, services and opportunities in the area.

Young People

To advance life and help young people through:

1. The provision of nutritional and affordable healthy food that is available, in order to improve their conditions of life,
2. Educate young people about the importance of a well-balanced, nutritional diet and the value of seasonal and locally grown produce,
3. Provide support and activities which develop skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals,
4. Promoting the wellbeing, benefits of growing food, which also aids to combat food insecurity

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

1. Provision of a “Pay as you Feel” food shop twice a week has been achieved.
2. Regular opportunities have been provided for members of the community to cook healthy and nutritious food.
3. Regular opportunities have been provided for members of the community to eat nutritious and affordable food.
4. Over one hundred children have been educated about the importance of a healthy, well balance and nutritious diet.
5. Children and young people have been provided with numerous opportunities to grow seasonal produce and cook food with it.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The “Pay as you Feel Shop” has been supporting families throughout the year, with several also being supported further with household goods through access to hardship funds.

The new kitchen has been fully utilised, and hosted several community events, craft fayres and coffee mornings.

Children have been educated about the importance of a healthy, well balance nutritious diet, with numerous opportunities provided for children and young people to grow seasonal produce in our school garden and cook with it.

In addition creative cookery classes have been undertaken with ingredients about to expire, to increase their shelf life supporting zero waste.

Christmas hampers were provided to families which included the necessary ingredients for traditional festive meal and gifts.

Section E Financial review

Brief statement of the charity's policy on reserves	Retain sufficient funds to ensure stability and continuation of "Pay as You Feel Shop". Ensure grants are spent on eligible criteria
Details of any funds materially in deficit	None. Closing fund at 31 Dec 2025 was £6,934 which is sufficient to continue operations for the foreseeable future.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	• Parents/community contributions to "Pay as You Feel Shop" • Active Support from local businesses who provide produce

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Sarah J Rees-Waters	
Full name(s)	Sarah Rees-Waters	Sally Williams
Position (eg Secretary, Chair, etc)	Secretary	Treasurer
Date	19/10/2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
Bwyd i Bawb	1205339

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	1/1/2025		12/31/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
	-	-	-	-	-
	-	-	-	-	-
Donations	6,117		-	6,117	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	6,117	-	-	6,117	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,117	-	-	6,117	-
A3 Payments					
Fareshare Membership and food costs	3,208	-	-	3,208	-
Garden equipment	1,011	-	-	1,011	-
Café equipment	339			339	
Technical equipment	30			30	
Repairs, maintenance and decorating costs	102			102	
Insurance	501	-	-	501	-
Community Event costs	1,536	-	-	1,536	-
Volunter expenses	472	-	-	472	-
Sundry	349	-	-	349	-
		-	-	-	-
Sub total	7,548	-	-	7,548	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	7,548	-	-	7,548	-
Net of receipts/(payments)	- 1,431	-	-	- 1,431	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,365	-	-	8,365	-
Cash funds this year end	6,934	-	-	6,934	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account Balance	6,934	-	-
		-	-	-
		-	-	-
	Total cash funds	6,934	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	[redacted]	Sally Anne Williams	9/25/2026
	[redacted]	Sarah Rees-Waters	**14/10/2026**