CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2025 To 31/12/2025

Charity name: Chinese Women in Peterborough

Charity registration number: 1205089

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion and integration of Chinese women; provide recreational and leisure activities to improve wellbeing and quality of life; and advance public education in Chinese traditional culture.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	CWIP delivered Tai Chi, Qigong, wellbeing activities, one to one support to women in need to improve health, inclusion, and confidence among Chinese and wider communities. Trained local instructors ensured sustainability. Cultural events and advocacy promoted understanding, reduced isolation, and supported women facing language and social barriers, advancing wellbeing and integration for public benefit.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit when planning and carrying out the charity's activities. All projects — including Tai Chi, wellbeing, and cultural inclusion initiatives — were designed and delivered to provide clear public benefit in line with the charity's stated purposes.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Although a relatively small grassroots charity, **Chinese Women in Peterborough (CWIP)** has continued to achieve significant success since becoming a Charitable Incorporated Organisation (CIO), delivering meaningful benefits to individuals and the wider community. During the year, CWIP delivered a broad programme of wellbeing, cultural, and inclusion-focused activities that directly supported its charitable objectives. The charity's flagship project, **Together for Tai Chi and Community Wellbeing**, provided regular Tai Chi and Qigong sessions for participants from diverse backgrounds. These sessions improved physical and mental wellbeing, reduced social isolation, increased confidence, and strengthened community connections. With funding from **The Evelyn Trust**, CWIP successfully trained **10 Tai Chi Champions**, equipping local volunteers with the skills and confidence to support and help deliver community wellbeing activities. This has strengthened the long-term sustainability of the project and enabled greater community-led delivery. CWIP worked in partnership with a range of organisations, including **Nene Park Trust**, to deliver Tai Chi in the Park sessions at Ferry Meadows and with PECT at Leighton Park, social gatherings, and mental health awareness activities. The charity also extended its wellbeing work through participation in a number of high-profile community and educational events, including: • Tai Chi demonstrations and workshops at the **Peterborough Place Partnership Network VISION Event** at the Key Theatre. • Community Tai Chi activities at **St John's Baptist Church** community events, Heritage Day Events • Demonstrations and lessons at the **Peterborough Celebrates Festival**. • A Tai Chi performance at the

		Cambridgeshire Community Foundation's 20th Anniversary Celebration at the Fitzwilliam Museum. • Tai Chi demonstrations at Peterborough Town Hall. • Teaching 120 women tai chi at Murray Edwards College, University of Cambridge on International Women's Day • Teaching midwives at Peterborough City Hospital and Hinchingbrooke Hospital on International Day of Midwives • Teaching tai chi at Nigerian Community events • Tai chi for The English Football League- The Posh Foundation's Mindful Motion Group enjoy Tai Chi Taster by Faustina Yang - https://www.efl.com/news/2025/february/11/the-posh-foundations-mindful-motion-group-enjoy-tai-chi-taster/ • Tai chi for Yaxley seniors group – over 30 seniors joined the tai chi exercise and celebration of Chinese New Year and culture In addition to its wellbeing programmes, CWIP played a leading role in promoting cultural understanding, diversity, and community cohesion. The charity co-hosted a large-scale **Chinese New Year Celebration** at Sand Martin House, which was featured on ITV News, bringing together people from many different communities to learn about and celebrate Chinese culture. Other cultural activities included: • **Lantern Festival** celebrations with traditional dumpling-making workshops. • **Dragon Boat Festival** activities, with CWIP's team winning the Mixed Crew Championship for the second consecutive year. • Participation in local community festivals and celebration events across Peterborough and Cambridgeshire. These events showcased traditional Chinese dance, Tai Chi, cultural performances, and heritage activities, helping to increase public understanding

		of Chinese culture while fostering mutual respect, inclusion, and stronger relationships between communities. CWIP also continued to provide vital support to women and families through informal wellbeing conversations, advocacy, signposting, and practical support for those experiencing language barriers, discrimination, loneliness, or mental health challenges. Overall, the charity's activities have made a positive and lasting difference to the health, wellbeing, confidence, and social connectedness of its beneficiaries. Through its programmes and partnerships, CWIP has advanced community cohesion, promoted equality and inclusion, encouraged active lifestyles, and increased public understanding of Chinese culture for the benefit of the wider community.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has £3,388 unrestricted cash funds as at 31 December 2025.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity has decided that holding reserves is unnecessary, i.e. holding zero reserves.
Amount of reserves held	Para 1.22	£nil
Reasons for holding zero reserves	Para 1.22	Whilst we have not provided for a compulsory reserves amount, the charity adopts a very conservative approach on its spending and does reserve its cash position so there is always sufficient funds available. We will continue to monitor the situation and adjust our reserves policy as required going forward. The reason of holding zero reserves is that the charity does not have committed projects, paid staff, or buildings/properties, and therefore all reserves are reported under unrestricted funds.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The vacancies may be filled by the decision of the members at the annual general meeting; if not filled at the annual general meeting, the members or the charity trustees may at any time decide to appoint a new charity trustee.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Chinese Women in Peterborough
Other name the charity uses	
Registered charity number	1205089
Charity's principal address	Allia Future Business Centre, 1 London Road, Peterborough, PE2 8AN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lizzy Cross			
2	Faye Yip			
3	Faustina Yang			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Lizzy Cross	Faye Yip
Position (eg Secretary, Chair, etc)	Chair	Secretary
Date	23/10/2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

Chinese Women in Peterborough	No (if any) 1205089

Receipts and payments accounts

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For the period from	01/01/2025	To	31/12/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising income	806	-	-	806	-
Grants	6,734	-	-	6,734	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	7,540	-	-	7,540	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,540	-	-	7,540	-
A3 Payments					
Training and Developments/Travel	1,784	-	-	1,784	-
IT software and Office supplies	444	-	-	444	-
Events,projects, activities, meeting cost	6,084	-	-	6,084	-
Insurance and license	124	-	-	124	-
Volunteer expenses	903	-	-	903	-
Venue Hire	961	-	-	961	-
Virtual Office	144	-	-	144	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	10,444	-	-	10,444	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	10,444	-	-	10,444	-
Net of receipts/(payments)	- 2,904	-	-	- 2,904	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		-	-	-	-
Cash funds this year end	- 2,904	-	-	- 2,904	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance at 31/12/2025	3,388	-	-
		-	-	-
			-	-
	Total cash funds	3,388	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
RKCross	Lizzy Cross	26/10/2026

	Faye Yip	26/10/2026