CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	NORTHERN LIGHTS PARKINSONS SUPPORT GROUP		
On accounts for the year ended	06 April 2026	**Charity no (if any)**	1203401
Set out on pages	3		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 06/04/2026.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	22/10/2026
Name:	Cécile Parker		
Relevant professional qualification(s) or body (if any):	FCCA		
Address:	Century House, Roman Road Blackburn, BB1 2LD		

Section B	Disclosure
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	

Charity Number: 1203401
Financial Year Ending 6th April 2026

Northern Lights
Parkinson's Support Group

Income	£
Membership	1,880.00
Bowls Membership	315.00
Buster	3,110.00
Tuesday Club	409.00
Yoga	910.00
Golf Subs	1,536.75
Golf Events	2,943.80
Football Subs	281.00
Football Events	16,532.32
Social Events	13,176.82
Fundraising Activities	10,954.76
Physio	2,820.00
Donations	16,730.72
Sponsorships	7,000.00
Grants	23,380.00
Clothing	557.00
NLPD Costs	549.42
Total Income	**103,086.59**

Expenditure	£
Bowls Membership	740.00
Buster	1,590.50
Tuesday Club	1,929.62
Yoga	210.00
Football Events	26,044.13
Football Subs	5.00
Golf Expenditure	1,284.10
Golf Events	17,513.15
Social Events	21,069.79
Fundraising Activities	2,532.37
Physio	12,000.00
Support	260.00
Clothing	655.00
NLPD Costs	8,870.42
Total Expenditure	**94,704.08**

Bank Balance	
Main Account	24,184.56
Football Account	1,152.70
Golf Account	11,843.01
Petty Cash	69.06
Total Bank Balance	**37,249.33**

Reconciliation	
Opening Bank Balance	28,866.82
Income	103,086.59
Expenditure	94,704.08
Closing Bank Balance	**37,249.33**

Signed [signature] **Signed** [signature]

Name TRACY ROCHE **Name** JOHN ROCHE

Position TREASURER **Position** CHAIRPERSON

Date 29/10/2026 **Date** 29/10/26

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Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1	APRIL	Year 2025		Day 31	MARCH	Year 2026

Charity name	Northern Lights Parkinson's Support group
Other names charity is known by	NLPSG
Registered charity number (if any)	1203401
Charity's principal address	20 The Fieldings Liverpool
Postcode	L31 2PT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled t appoint trustee (if any)
1	John Roche	Chairperson		
2	Tracy Roche	Treasurer		
3	Norman Stead			
4	June Houghton			
5	Mary Stead			
6	Christine McIndoe			
7	Rod Houghton			
8	Chris lambert			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Description of the charity's trusts

Type of governing document	We adhere to our charity constitution
How the charity is constituted	We are an unincorporated association
Trustee selection methods	Selected by members at the AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

To offer support to people living with Parkinson's disease and to help them find a way to enjoy their lives as much as possible. There will be the need to raise funds in order to offer and implement beneficial opportunities to members of the parkinson's community. The nature of opportunities will depend upon several factors including but not limited to Health and Safety considerations personal and organisation focussed Cost-a realistic cost per person subsidy will be agreed on an individual basis between the trustees. The Parkinson's community refers to patients,their families and carers whose lives are affected by Parkinson's disease.

Summary of the main achievements of the charity during the year

We are seeing our numbers steadily increasing and continue to spread awareness of Parkinson's condition through social fundraising and sporting events . We continue to have referrals from hospitals and parkinson's nurses and GP practices and hope to work even closer with the NHS to get a 16 week plan in place to support newly diagnosed from the beginning of their journey, It is very rewarding to see the difference that our NLPSG charity makes to peoples lives who are living with this condition.

We manage to raise considerable amounts through donations.sponsorships,grants and fundraising activities to enable us to offer a warm comfortable space where people can drop into our premises and feel safe and supported within our Parkinson's community.

It is scientifically proven that exercise can slow down the progression of Parkinson's Disease, therefore we continue to offer as many activities as possible to suit all individuals.
We continue to offer

1) Walking football-weekly sessions and tournaments
2) Golf sessions-weekly sessions and events throughout the year
3) Yoga-weekly sessions
4) Table tennis/Pool/Air hockey- open sessions
5) Cribbage/dominoes/board games-open sessions
6) Line dancing-weekly sessions
7) Book club-zoom sessions
8) Social activities throughout the year
9) Therapy session-Reiki/Reflexology
10) Neuro physio -weekly sessions
11) Physio-sports massage and physio
12) Many more activities available within our community

and activities (Optional information)

Brief statement of the charity's policy on reserves	This will go towards cost of hall/premises hire/Neuro physio/employment of Development operator director
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

The **trustees declare that they have approved the trustees' report** above.

Signed on behalf of the charity's trustees

Signature(s)	*TRoche*	
Full name(s)	TRACY ROCHE	JOHN ROCHE
Position (eg Secretary, Chair, etc)	TREASURER	CHAIRPERSON
Date	29/10/20	