THE MASTERPIECE – PSYCHOLOGICAL HEALTH AND WELL-BEING CHARITY

TRUSTEES' ANNUAL REPORT

PART 1 – CHARITY ACTIVITIES

For the year ended 31 March 2025

Charity Registration Number: *1202813*
Principal Office: 7 Nesfield Crescent , Belle Ilse , Leeds, UK, LS10 3LH,

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1. Structure

The Masterpiece – Psychological Health and Well-being Charity is governed by a Board of Trustees responsible for the charity's governance, strategic direction, financial oversight and delivery of its charitable purposes.

The Trustees are responsible for ensuring that the charity's resources are used appropriately, that activities provide public benefit and that appropriate governance, financial and safeguarding arrangements are maintained.

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2. Charitable Purposes

The charity's purpose is to promote psychological health, mental wellbeing and resilience within the community.

The charity seeks to improve awareness and understanding of mental health, reduce stigma, promote positive wellbeing and provide accessible psychological health and wellbeing education and support.

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3. Objectives

During 2024–2025, the charity's objectives were to:

- promote mental health and psychological wellbeing;
- provide accessible psychoeducation and mental health awareness;
- develop resilience and practical coping strategies;
- support community engagement and wellbeing;
- provide opportunities for people to discuss mental health in a supportive environment; and
- develop the resources and infrastructure required to expand the charity's activities.

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4. Activities and Outcomes

During 2024–2025, The Masterpiece delivered community-based psychological health and wellbeing activities, including **psychoeducation groups and mental health awareness workshops**. The charity hired **10 venues** to provide accessible spaces for these activities and provided refreshments to participants.

Volunteers supported the delivery of activities, including transporting equipment and assisting with community sessions. The charity also purchased equipment, maintained its website, and supported volunteer insurance and certification.

Outcomes
The activities enabled participants to:

- increase their awareness and understanding of mental health and psychological wellbeing;
- develop practical knowledge and strategies to support emotional wellbeing and resilience;
- engage in discussions about mental health in a supportive community environment;
- improve awareness of sources of help and appropriate support;
- participate in activities designed to reduce stigma and encourage positive attitudes towards mental health.

The Trustees consider that these activities contributed to the charity's objectives by increasing access to psychological health and wellbeing information and providing opportunities for community members to develop knowledge, resilience and practical coping strategies.
The charity also strengthened its organisational capacity during the year through the development of its volunteer base, acquisition of equipment, maintenance of its website and establishment of facilities for future activities.

5. Financial Performance

During the year, the charity received total income of **£5,000**, generated through fundraising and donations.
The funds were used to support the charity's activities and essential operating costs, including:

- **£2,000** for venue hire and refreshments;
- **£1,000** for volunteer and equipment transport;
- **£1,000** for equipment used in charitable activities;
- **£500** for website maintenance; and
- **£500** for volunteer insurance and certification.

Total expenditure for the year was **£5,000**, resulting in a **net movement in funds of £nil**.

The Trustees consider that the charity's income was applied appropriately in furtherance of its charitable purposes.

6. Financial Position
At 31 March 2025, the charity had used the income received during the year to support its charitable activities and associated costs.

The charity had **total income of £5,000 and total expenditure of £5,000** for the year.

The charity purchased **£1,000 of equipment** to support the delivery of its activities. The Trustees will continue to maintain appropriate records of the charity's assets and financial transactions.

The Trustees recognise the importance of maintaining sufficient funds to support the charity's future activities and intend to strengthen fundraising and develop appropriate reserves as the charity grows.

7. Public Benefit
The Trustees have considered the Charity Commission's guidance on public benefit and are satisfied that the charity's activities during the year were undertaken to further its charitable purposes and benefit the community.
The Trustees will continue to ensure that the charity's resources and activities are directed towards achieving its charitable objectives and providing meaningful benefit to those it serves.

8. Future Plans
The Trustees intend to build on the activities undertaken during 2024–2025 by expanding the charity's community reach and psychological health and wellbeing programmes.
Future priorities include:

- expanding psychoeducation and mental health awareness workshops;
- developing partnerships with community and voluntary organisations;
- increasing volunteer involvement;
- securing additional grants, donations and fundraising income;
- improving the resources and equipment available for activities; and
- developing appropriate methods for evaluating the impact of the charity's work.

9. Risk Management
The Trustees recognise the importance of identifying and managing risks to the charity and its beneficiaries.
Key areas of risk include financial sustainability, safeguarding, health and safety, volunteer management, data protection and compliance with relevant charity requirements.

The Trustees will continue to review these risks and maintain appropriate policies, procedures and insurance to support the safe and effective delivery of the charity's activities.

10. Trustees' Responsibilities

The Trustees are responsible for ensuring that the charity is properly governed and that its resources are used solely to further its charitable purposes.

The Trustees are also responsible for maintaining appropriate accounting records, safeguarding the charity's assets and ensuring that financial resources are properly managed.

The Trustees have reviewed the activities and financial performance for the year ended 31 March 2025 and consider that this report provides a fair, balanced and understandable review of the charity's structure, purposes, objectives, activities, financial performance and financial position.

Approved by the Trustees on: _____21/09/20226_____

Signed on behalf of the Trustees:

Name: ___Dr Talent Charura_____

Position: ___Trustee_____

Signature: ___tcharura_____

Date: _____21/09/2026_____