Youth Foundation

Trustees' Annual Report and Accounts

For the year ended 20 April 2026

Charity number 1202802 | Charitable Incorporated Organisation

1. Reference and administrative details

Charity name	Youth Foundation (formerly Nada Foundation)
Charity number	1202802
Legal form	Charitable Incorporated Organisation (foundation model)
Financial period	21 April 2025 to 20 April 2026
Chair	Abdel Salam Alahdal
Other trustees in the year	Shaymaa Ibrahim; Lobna Maktari
Bank	Virgin Money current account
PayPal	Charity PayPal account - nil balance and no transactions during the year

2. Structure, governance and management

Youth Foundation is a Charitable Incorporated Organisation governed by its constitution. The charity was originally registered as Nada Foundation and changed its name to Youth Foundation during the year. The charity number and legal entity remained unchanged.

The charity is governed by its board of trustees. Abdel Salam Alahdal remained Chair throughout the financial period. Shaymaa Ibrahim joined the board on 16 June 2025 and Lobna Maktari also served as a trustee during the year.

The charity had no employees. Its work was delivered by trustees, volunteers and external service providers. Trustees are not paid for acting as trustees. Where a trustee provided separate services to the charity, those payments are disclosed in note 4 to the accounts.

The trustees continued to strengthen financial controls, record keeping and grant-management arrangements during and after the year, including clearer allocation of expenditure to projects and improved retention of supporting evidence.

3. Objects and activities

The charity's objects focus on the promotion of equality and human rights, including raising awareness of the rights of women and children, ending child marriage, helping victims of human-rights abuse to rebuild their lives, and supporting women affected by abuse to achieve their potential.

The trustees have had regard to the Charity Commission's guidance on public benefit when planning and delivering the charity's activities.

4. Achievements and performance

Brighter Futures for Women - The National Lottery Community Fund

The charity continued to deliver its Brighter Futures for Women project, funded by a £20,000 grant received in May 2024. The project supported women from migrant and ethnic-minority backgrounds in Gateshead, Newcastle and the wider Tyne and Wear area through community connection, wellbeing support, learning and practical activities.

- Women's safe-space and friendship gatherings continued during 2024 and 2025 at the project office at 402 Aidan House, Gateshead, providing a familiar and informal meeting space intended to reduce isolation, encourage friendship and provide a trusted environment where women could speak openly and access support.
- On 29 May 2025 the charity held a preparatory meeting for training courses together with a psychological and social support session; 16 people signed in.
- During 2025 the charity promoted free learning opportunities including English, AI tools, graphic design, media, counselling-related learning, recreation and volunteering. Registration activity recorded interest across these areas.
- On 17 July 2025 the charity held the First Enlightening Meeting, "Together for a Brighter Future", with 14 women registered.
- A summer programme of sports sessions and activities was delivered during August to October 2025 for approximately 15 women.

After the financial year end, The National Lottery Community Fund approved an extension on 30 June 2026 to 30 September 2026. The project was completed within the extended period. The End of Grant Report submitted in November 2026 records total project expenditure of £19,965.00 from the £20,000 grant, leaving £35.00 unspent. The charity has asked the Fund to confirm how it wishes the remaining £35.00 to be dealt with.

Empowering Women Pilot - The Joicey Trust

The Joicey Trust awarded £1,000 for the Empowering Women Pilot in the previous financial period. The project was completed. No additional Joicey Trust income was received during 2025/26.

Digital Resilience and Leadership for Survivors

The charity received £360 through its Crowdfunder/Aviva Community Fund campaign during the year to support digital resilience and leadership activity for survivors.

The Screwfix Foundation

A restricted grant of £5,000 from The Screwfix Foundation was received on 20 April 2026 for the improvement of community facilities. The grant was unspent at the financial year end and will be applied to the approved project in the following period.

5. Financial review

Total receipts for the year were £5,510.45 and total payments were £7,857.87. Cash at bank decreased from £13,954.22 at the beginning of the year to £11,606.80 at 20 April 2026.

The National Lottery Community Fund grant is a restricted fund. At the start of the year £9,970.11 remained unspent. £7,404.81 was attributed to the project during the year, leaving £2,565.30 at 20 April 2026. The £5,000 Screwfix Foundation grant was received on the final day of the year and remained unspent at year end.

The Joicey Trust grant of £1,000 was received in the previous financial period and the associated pilot project has been completed. No additional Joicey Trust income is included in the current-year receipts.

The trustees continue to monitor unrestricted reserves and seek to maintain sufficient resources to meet operating costs and support future charitable activity.

6. Plans for the future

- Follow up with The National Lottery Community Fund on formal project closure and its instruction for the remaining £35.00.
- Deliver the Screwfix Foundation community facilities project and report to the funder.
- Complete final funder reporting for the Joicey Trust pilot.
- Expand digital skills, wellbeing and personal-development opportunities.
- Continue improving financial controls, project records and grant-management systems.
- Seek additional funding for sustainable delivery and stronger project coordination.

Receipts and Payments Accounts

For the year ended 20 April 2026

7. Statement of receipts and payments

Receipts	**2025/26**
Donations and charitable giving	£103.15
Crowdfunder / Aviva project receipts	£360.00
Other income / cashback / refunds	£47.30
Screwfix Foundation restricted grant	£5,000.00
Total receipts	**£5,510.45**

Payments	**2025/26**
Subscriptions	£497.01
Consultancy	£319.97
Printing, postage & stationery	£5.05
Sundry / activity costs	£1,668.64
Travel	£7.64
Marketing	£38.17
Bank fees	£1.50
Consultants / service providers	£2,312.10
Insurance	£141.89
Light & heat	£660.00
Rent	£1,505.00
Telephone	£700.90
Total payments	**£7,857.87**
Net receipts / (payments)	**(£2,347.42)**

8. Cash funds and assets

Cash funds	**£**
Bank balance at 21 April 2025	13,954.22
Net receipts / (payments)	(2,347.42)
Bank balance at 20 April 2026	**11,606.80**

The charity PayPal account had a nil balance and no transactions during the financial year.

Statement of assets and liabilities

Assets at 20 April 2026	Amount
Cash at bank	£11,606.80
PayPal	£0.00
Amounts due to the charity	£228.25
Total recorded monetary assets	**£11,835.05**

No liabilities, guarantees or debts secured by a charge on the charity's assets have been identified in the records used to prepare these accounts.

9. Notes to the accounts

Note 1 - Basis of preparation

These accounts have been prepared on the receipts and payments basis and summarise cash received and paid by the charity during the financial year from 21 April 2025 to 20 April 2026.

Note 2 - Restricted funds

Restricted grant receipts during the year included £5,000 from The Screwfix Foundation. The Brighter Futures for Women project continued to use funds received from The National Lottery Community Fund in an earlier financial period. At 20 April 2026, £2,565.30 of the Lottery grant remained unspent. The £5,000 Screwfix Foundation grant was received on 20 April 2026 and was unspent at year end. After the year end, the Lottery-funded project was completed by 30 September 2026; the final project report records £19,965.00 spent from the £20,000 grant and £35.00 remaining, pending the Fund's instruction.

Note 3 - Joicey Trust

The Joicey Trust awarded £1,000 for the Empowering Women Pilot in the previous financial period. The project was completed. No Joicey Trust income was received during 2025/26.

Note 4 - Trustee payment for services

During the year the charity paid £1,612.00 to Abdel Salam Alahdal, Chair and charity trustee, in eight payments between June and December 2025 for project coordination, design, grant administration and reporting services. These were operational services additional to his unpaid trustee responsibilities and would otherwise have required the charity to engage external providers. The payments were kept proportionate to the work undertaken, with the aim of delivering the work efficiently and at lower cost to the charity, and are included within the expenditure figures above.

The charity relied on the trustee-benefit provisions in clause 6 of its constitution, which permit a trustee or connected person to provide services to the CIO subject to the applicable conditions and sections 185 to 188 of the Charities Act 2011. No payment was made for acting as a trustee or as Chair.

Note 5 - Amounts due to the charity

Amounts due to the charity at 20 April 2026 total £228.25, comprising £180.00 of energy top-ups after the project office closed, £44.26 of payments made for other organisations, and £3.99 of groceries not used for the project. These amounts are being recovered or repaid to the charity.

10. Approval

The trustees confirm that, to the best of their knowledge and belief, this Trustees' Annual Report and these accounts give a fair summary of the charity's activities, receipts, payments, assets and liabilities for the year ended 20 April 2026.

Approved by the trustees and signed on their behalf by:

Name	Abdel Salam Alahdal
Role	Chair / Trustee
Electronic signature	Abdel Salam Alahdal
Date	9 November 2026

This document is intended for filing with the Charity Commission for England and Wales as the charity's Trustees' Annual Report and receipts and payments accounts for the year ended 20 April 2026.