NIALL STRINGER FOUNDATION

1202781

Trustees' Annual Report
for the year ended 31 December 2025

Objectives & Activities

Summary of the purposes of the charity as set out in its governing document

The Niall Stringer Foundation was founded from the sadness of a young man taking his own life and because his family, friends and community of volunteers wanted to do their part in creating a lasting legacy in honour of Niall Stringer.

For the public benefit, to promote and protect the physical and mental health of young people engaged in sports clubs and sporting environments at all levels, with a focus on club rugby through:

- making grants to support mental health work related issues and initiatives
- working with other organisations and partners to raise awareness of mental health
- provide insight and support improvement.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

We have continued to expand the free to sportsclub mental health first aid training that takes place and have done so across the UK. Across 2025 we trained in excess of 50 individuals across six locations in the UK to be qualified Mental Health First Aiders. Those trained are able to support and access over 12,200 young people who are members of the sports clubs they represent.

We have continued to deliver individual grants to those most in need of access to professional support services, which given increasing demand for these services through the National Health Service, some simply cannot access the care they need, as quickly as they need it.

In October 2025 we partnered with the Mortgage Industry Mental Health Charter (MIMHC) to host a fundraising event for the charity. The event was the first of its kind in the industry as an entirely alcohol-free event and raised more than £50,000 with over 300 people in attendance. This gave huge exposure to the work of the Charity and our aim to improve access to mental health support and services for young people.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

The trustees have had regard to the Charity Commission's guidance on public benefit when planning the charity's activities and making grant decisions.

Grant making policy

The Charity has a policy on grant making and this is reviewed annually by the Trustees. In 2025 we adopted a new tracking process for receiving and reviewing all grants, using an interactive form to do so, making it easier for those applying and for determining the awarding of grants.

Contribution made by volunteers

Volunteers continue to be the life blood of the Foundation and over the year we believe that we have had in excess of 20 active volunteers. This is in addition to the events and fundraising activity that takes place each year and has a wide range of volunteers involved.

Achievements & Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Making mental health a discussion topic continues to be a key achievement. We have expanded our programme to deliver support for sports clubs across the UK with the provision of Mental Health First Aid Training. At the same time, we have continued to support a small number of individual grants to young people, giving them access to private therapy and counselling when this has been most needed.

We have continued to support our larger 'Partner Charity', Sane UK as they develop the Niall's Line, giving direct access for young people to reach out for the support they need with their mental health. We have also set the ambitious goal of creating a 'Key Event' each year which will draw in core fundraising for the Charity.

Achievements against objectives set

2023

Establish the Chairty as a registered entity for charitable purposes	Achieved
Build brand recognition and awareness of the Charity	Achieved
Create a platform for fundraising and charitable activities	Achieved
Establish a grant making policy and begin to make our first awards	Achieved

2024

Expand the experience of the Trustees to include safeguarding and finance leads	Achieved
Formally establish a firm core charity partner, SANE to support service delivery	Achieved
Expand our MHFA training programme	Achieved
Establish wider sector support in the Financial Services sector	Achieved

2025

Further expand our MHFA training programme to double the number of events	Achieved
Scope out a plan to deliver a 'Key Event' approach for the fundraising activity	Achieved
Increase our online and social profile to improve engagement with young people	Achieved
Develop a Foundation Supporters Programme	In Progress

Performance of fundraising activities against objectives set

2023

Raise £30,000 to establish the charity	Exceeded
Initiate long term donation plan to support Sane	Achieved
Develop a range of smaller fundraising activities for the Charity	Achieved

2024

Raise £40,000 to build a sustainable platform for the Charity	Exceeded
Expand funding to SANE to deliver dedicated service line for Niall	Achieved
Develop match funding and external event fundraising opportunities	Achieved

2025

Raise £50,000 to build a sustainable platform for the Charity	Exceeded
Expand our Small Grant Scheme with increased number of grants awarded	Achieved
Deliver a 'Key Event' each year to raise the core funds for the Charity	Achieved

Financial Review

Review of the charity's financial position at the end of the period

The charity remains on sound financial footing since it was established and met the continued ambitious plans in 2025 which is set for the year, far exceeding our expectations. We believe that we can continue to build on further high-profile campaigns in 2026 and beyond, delivering on all our core objectives and expanding the provision of training of mental health first aiders and individual grants to more people than ever before.

We expect the position to only further improve as the awareness of the Charity increases and the experiences we deliver can be showcased as how we can truly benefit the community we are working to support.

Statement explaining the policy for holding reserves stating why they are held

The trustees aim to maintain unrestricted reserves of at least £10,000 to provide sufficient working capital, meet ongoing commitments and allow the charity to respond to unforeseen reductions in income or increases in expenditure.

Amount of reserves held

At 31st December 2025, the charity held unrestricted reserves of £79,163.79, compared with the minimum target of £10,000. The trustees consider this level appropriate in view of the charity's planned grant-making, training activities and reliance on fundraising income.

Funds in material deficit

No funds were in material deficit at 31st December 2025.

The charity's principal sources of funds

The principal source of funds for the charity is the proceeds from one-off fundraising events, facilitated by the Trustees or independent of them, such as Quiz Nights, through JustGiving donations and through the ongoing support from financial services firms and events where we are the chosen charity partner.

Structure, Governance & Management

Governing Document

The formal constitution of The Niall Stringer Foundation was approved on 5th January 2023 and later amended on 5th April 2023. It is established as an unincorporated association and has remained so since its registration.

There have been no changes to the Governing document in the last twelve months.

Trustee Selection Method

The initial Trustees were drawn from key members of the NS10 Working Group. The NS10 Working Group was established to deliver the plans associated with NS10 and it comprised of key family, friend and local volunteers, drawing together different expertise. These individuals were in place until the formal establishment of The Niall Stringer Foundation.

The Charity is committed to ensuring a minimum of three Trustees and any new Trustees must bring benefit to the growth and evolution of the charity.

In 2024 we refreshed the Trustees of the Charity to broaden the experience and demographics of the Trustees to ensure we are both more represented and able to deliver the best possible focus and outcomes for our work.

New trustees are appointed by resolution of the existing trustees in accordance with the charity's constitution. Prospective trustees are selected by reference to the skills, knowledge and experience required by the charity and receive appropriate induction on their legal responsibilities and the charity's activities, policies and procedures. There were no changes to the method of appointing trustees during the year. Details of trustees appointed after the year end are included in the reference and administrative information.

Policies and procedures adopted for the charity

We have a wide breadth of approved policies and procedures in place to support our activity; these can be seen below:

- Bullying and harassment policy and procedures
- Complaints handling
- Complaints policy and procedures
- Financial reserves policy and procedures
- Internal charity financial controls policy and procedures
- Internal risk management policy and procedures
- Safeguarding policy and procedures
- Safeguarding vulnerable beneficiaries
- Social media policy and procedures
- Trustee conflicts of interest policy and procedures
- Trustee expenses policy and procedures
- Volunteer management

The above policies remain in place and have been reviewed as part of our annual review process.

Reference & Administrative Details

Key administrative information

Charity name	Niall Stringer Foundation
Other name the charity uses	NS10 Foundation, NS10
Registered charity number	1202781
Charity's principal address	62 Picketts Avenue, Leigh-On-Sea, Essex, SS9 4HW

Trustees who served during the year or were in office at the date of approval

	Trustee Name	Office	Dates acted for
1	Philip Stringer	Chairman	1st August 2024 to date
2	Stefano Aylott		1st August 2024 to 24th April 2024 30th July 2024 to date
3	Robert Jupp		1st August 2024 to date
4	William Lloyd-Hayward	Treasurer	24th April 2024 to date
5	Melanie Elves		24th April 2024 to date
6	Alexandra Johnston		30th July 2024 to 7th May 2026
7	John Janes		7th May 2026 to date
8	Sue Elves	Secretary	7th May 2026 to date

Declarations

The trustees confirm that they have approved the Trustees' Annual Report above.

Approved by the Board of Trustees on 24 September 2026 and signed on its behalf by:

Signature: 

Full name: Robert Paul Jupp

Position: Trustee

Date: 26th October 2026

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CHARITY COMMISSION FOR ENGLAND AND WALES

The Niall Stringer Foundation	1202781

Receipts and payments accounts

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For the period from	1/1/2025	To	12/31/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations, Legacies and Grants	31,458	-	-	31,458	50,126
Fundraising Events	21,739	-	-	21,739	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total *(Gross income for AR)*	53,197	-	-	53,197	50,126
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	53,197	-	-	53,197	50,126
A3 Payments					
Grants and Donations Paid	12,248	-	-	12,248	27,196
Website Costs	312	-	-	312	3,300
Cost of Charitable Activities	2,002	-	-	2,002	497
Audit Fees	900	-	-	900	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	15,462	-	-	15,462	30,993
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	15,462	-	-	15,462	30,993
Net of receipts/(payments)	37,735	-	-	37,735	19,133
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	41,429	-	-	41,429	22,296
Cash funds this year end	79,164	-	-	79,164	41,429

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Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Cash at bank	79,164	-	-
		-	-	-
		-	-	-
	Total cash funds	79,164	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
DocuSigned by: Rob Jupp Signed by: A98E57B1AEF64F6...	Robert Jupp	10/29/2026
William Lloyd 8CF7D110B79A421...	William Lloyd	10/29/2026

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE NIALL STRINGER FOUNDATION 1202781

We report to the charity trustees on our examination of the accounts of The Niall Stringer Foundation ("the charity") for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

We report in respect of our examination of the charity's accounts carried out under section 145 of the Act. In carrying out our examination, we have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners' statement

We have completed our examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that, in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement that the accounts give a "true and fair" view, which is not a matter considered as part of an independent examination.

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrea Kaley FCA FCCA
For and on behalf of Xeinadin Billericay Ltd

Address:
The Old Grange
Warren Estate
Lordship Road
Writtle
Essex
CM1 3WT

Date: 30 October 2026

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