CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/04/2025 **Period start date** **To 31/03/2026**
Period end date

Charity name:

Charity registration number:

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is the relief of persons caring for people with Dementia within the family at home (who do not qualify for NHS support and do not have sufficient resources for private care service) who live in Buckinghamshire. We do so by offering respite service through the provision of 2 hours community-based professional dementia carers twice a month, but with ambition to go beyond when conditions allow.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have increased the number of families we have supported from 8 to 13 providing 650 hours of free respite care to these families enabling family carers to regain some of their freedom, recharge their batteries and improve mental wellbeing. Quality outcomes show 12 out of 13 families report reduced stress levels and almost everyone reported improved ability to cope. With the ambition to support more families we continue to focus on increasing our income through grant donations and running fundraising events. We are working hard to expand and diversify the sources that refer family carers to our charity for support. This is challenging as we are also having to navigate organisational changes within the integrated care board and a change in responsibility for providing Council dementia support from Alzheimer's Society to Age UK Bucks.
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	

issued by the Charity Commission on public benefit		The trustees have had regard to the guidance issued by the Charity Commission on public benefit

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Focussed on applying for grants where our purpose falls into the scope of the grant body. We developed a relation with the Rothchild's Foundation. Also working to diversify income to become less dependent on grants
Policy on social investment including program related investment	Para 1.38	Not applicable yet but being investigated
Contribution made by Volunteers	Para 1.38	The charity runs almost exclusively by volunteers
Other		NA

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In addition to increasing the number of families we have supported with positive feedback from the carers and increasing the income, we are very proud to have been chosen as charity of the year by 3 major organisations: The Chiltern Hospital possibly the best private hospital in Bucks, Local Nationwide branches, Fergal O'Brien Racing. This allowed us to carry out more PR, raise our image and further creditability, with more events and to raise more funds. Organisationally we continue to grow and expand and will increase our diversity at the trustee board. A number of new policies have been put in place as part of our ongoing process of improvement.

Additional information (optional)
You may choose to include further statements where relevant about:

	Para 1.41	Family interviews and our first Client satisfaction survey were both very positive

Achievements against objectives set		with very heart-warming comments and high scores for services.
Performance of fundraising activities against objectives set	Para 1.41	We have identified financial savings to the NHS that could be achieved with professional respite which has helped us win grants
Investment performance against objectives	Para 1.41	Not applicable at this stage
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income for the year was £39,929 Restricted fund £14,500
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Trustees will maintain 3 months gross budget cost policy for 26/27 set at £12,500
Amount of reserves held	Para 1.22	The total reserve held for 25/26 was £9114
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The one significant uncertainty is the possible failure for third parties to refer new families to us for support.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Main source of income is still grants for 25/26 but income diversification plan is in place and it has started to work with more income from events
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	General Risk assessment policy in place
Other		

Structure, Governance and Management

Description of charity's trusts:		None
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	For a Charity of our size. trustees selection is mainly through personal contact directly. We also do it through promoting experience committee members to become trustees. In both cases, 3 months probation period is set and approval by the board is required

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Charity induction Dementia training DBS and if appropriate, safeguarding training Sharing existing internal policies and the Charity's constitution
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Our organisation is set with Trustees, Committee members for marketing, fundraising, Care, finance and events with a group of advisors that we call on from time to time. In parallel to the formal organisation, we have Volunteers who we call on to support events.
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Dementia Carers Respite
Other name the charity uses	N/A
Registered charity number	1202451
Charity's principal address	Orchard House Amersham Road Chesham- HP5 1NE Buckinghamshire

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Walid Marzouk	Chairman		
2	Peter Dennis Healy	Trustee		
3	Timothy Claude Garham	Trustee		
4	Brian Robert Dennis Whitnall	Trustee – Treasurer		
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13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	W. Marzouk	
Full name(s)	WALID MARZOUK	
Position (eg Secretary, Chair, etc)	Chairman	
Date	15th July 2026	

CHARITY COMMISSION FOR ENGLAND AND WALES

Dementia Carers Respite	No (if any)

Receipts and payments accounts

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For the period from	Apr-25	To	Mar-26

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	14,845	-	-	14,845	9,094
Grants	-	-	-	-	2,000
Lottery Grant	-	-	-	-	-
Rothschilds	-	7,000	-	7,000	500
Carers Fund	-	7,500	-	7,500	15,010
Sales	357	-	-	357	8,270
Golf Day	10,227	-	-	10,227	1,510
Sponsorship	-	-	-	-	966
***Sub total** (Gross income for AR)*	25,429	14,500	-	39,929	37,350
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	25,429	14,500	-	39,929	37,350
A3 Payments					
Marketing and Awareness	2,251	-	-	2,251	4,306
Insurance	483	-	-	483	466
Cost of Carers	-	11,900	-	11,900	6,600
Media	-	-	-	-	81
Events	3,113	-	-	3,113	2,175
Stationery/Printing	-	-	-	-	967
Training	65	-	-	65	99
Bank Charges	-	-	-	-	-
Care Co-ordination	-	5,247	-	5,247	4,820
Refund	-	-	-	-	560
Subscriptions	-	-	-	-	336
Software	-	-	-	-	327
Communication running cost	300	-	-	300	240
Auction cost	-	-	-	-	140
Admin cost	1,404	-	-	1,404	63
Office use	-	-	-	-	25
Consultants	2,176	3,304	-	5,480	-
Sub total	9,792	20,451	-	30,243	21,205
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	9,792	20,451	-	30,243	21,205
Net of receipts/(payments)	15,637	- 5,951	-	9,686	16,145
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	23,467	11,624	-	35,091	18,946
Cash funds this year end	39,104	5,673	-	44,777	35,091

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Bank balance	39,104	5,673	-
		-	-	-
		-	-	-
	Total cash funds	39,104	5,673	-
	(agree balances with receipts and payments account(s))			

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Restricted funds		5,673	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
[signature]	WALED MARZOUK	15-7-26

MAMS
MPI ACCOUNTING & MANAGEMENT SERVICES

173 Langley Road
Slough
Berkshire SL3 7EA
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Dementia Carers Respite (Charity number 1202451)
Accounts for the year ended 31 March 2026
Independent Examiner's Report to the members of Dementia Carers Respite (Charity number 1202451)

I have reviewed the accounts for the year ended 31 March 2026 which comprised the statement of financial activities and balance sheet. These financial statements have been prepared under the accounting policies set out therein.

The matters raised in this report are only those which came to my attention during the course of my review. This report has been prepared solely for the members. My work has been undertaken so that I might state to the members those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the members, for my examination, for this report, or for the opinions I have formed.

Basis of examiner's statement

My examination was carried out in accordance with the general directions given by the members of Dementia Carers Respite (Charity number 1202451).
An examination includes a review of the accounting and other records kept by the branch. It also includes consideration of any unusual items, and seeking explanations from the relevant branch officials. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Organization have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed.....
Okechuku Ashley Mpi, MBA FCCA

Date: 18 August 2026

MAMS
MPI ACCOUNTING & MANAGEMENT SERVICES

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Dementia Carers Respite
Cherry Tree Cottage
Weedon Hill
Hyde Heath
Amersham
Bucks
HP6 5RN

18th August 2026

Invoice

	£
Fee note for Independent Examation of Dementia Carers Respite financial statements for the year ended 31st March 2026	450.00

Bank details:
Account number: 57366764
Sort-code: 601928
Account name: MAMS

Total amount due	450.00