Charity Registration number 1201408

Emotion Dysregulation in Autism
Charitable Incorporated Organisation

Annual report and financial statements

for the year ended 31 December 2025

Emotion Dysregulation in Autism

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Emotion Dysregulation in Autism

Legal and administrative information

Charitable Incorporated Organisation

Charity registration number	1201408
Principal office	The Exchange 3 Centenary Square Birmingham B1 2DR
Registered office	Companies999 Ltd 50-54 St. Pauls Square Birmingham B3 1QS
Website	www.emotiondysregautism.org
Independent Examiners	R. H. Jeffs and Rowe Ltd Chartered Accountants 27/28 Gelliwastad Road Pontypridd CF37 2BW

Emotion Dysregulation in Autism
Trustees' Annual Report
for the year ended 31 December 2025

Legal and Administrative Information

The Trustees present their report together with the financial statements of the Charity for the year ended 31 December 2025. The financial statements have been prepared in accordance with the accounting policies set out on pages 9 - 16 and comply with the Charity's CIO constiution/or/ trust deed and Statement of Recommended Practice - Accounting and Reporting by Charities.

Objectives and Activities

The charities principal objectives, as set out in its constitution, are:

The objects of the charity are for the public benefit, the relief of sickness and the preservation of health amongst young autistic and aspergic people and young people with 'emotion dysregulation' between the ages of 12 and 25 residing permanently or temporarily in England and Wales by:
i) Providing psychologically informed peer support
ii) Providing training to clinicians and communities (including through consultation and community workshops in places of worship, schools, youth groups etc) to help advance understanding of the needs and behavior patterns of 'emotionally dysregulated autistics' (high-functioning autistics with a risk of self-harm); and
iii) Promoting research, policy and youth social action into high-functioning autism and related subjects of study surrounding emotion dysregulation in autism to care agencies and the NHS.

Public Benefit

The trustees confirm that they have complied with their duty under section 17 of the Charities Act 2011 to have due regard to the guidance issued by the Charity Commission on public benefit. The trustees are satisfied that the charity's activities during the year have directly contributed to achieving its charitable purposes and provided clear benefits to the public, including:

EDA trustees have regarded evidence issued by CC on public benefit and we are satisfied that our beneficiaries (autistic young people with mental health needs) apply to these standards.Volunteers for the charity have been extremely resourceful and tirelessly passionate to aid in our mission to bridging the gap between autism and mental health for young people.

Achievements and Performance

The 2025-2026 financial year has been one of the most significant and transformative periods in our charity's history. Throughout the year, we made strategic decisions that required courage, clarity and a steadfast commitment to our mission of improving outcomes for autistic children, young people and their families.

As demand for support continues to rise and the pressures facing families become increasingly complex, we have taken decisive steps to reposition our organisation for greater long-term impact. This has included moving away from a predominantly inpatient-focused model towards a preventative, community-based approach that seeks to intervene earlier, reduce crises and create more sustainable outcomes for young people and those who support them.

While change of this scale inevitably presents challenges, it has also created exciting opportunities to deepen our impact, strengthen our voice and lay solid foundations for the future.

Strategic Pivot to Prevention and Community-Based Support

One of the most important developments this year has been our strategic shift from inpatient service provision towards early intervention and prevention in community settings.

This decision was driven by our experience on the frontline and by what autistic young people and families consistently tell us they need: support earlier, closer to home and before difficulties escalate into crisis. We have therefore focused our efforts on developing services and approaches that strengthen resilience, build family capacity and provide timely support within communities.

This transition has required us to review existing partnerships and funding arrangements while ensuring that our resources remain aligned to our mission and evidence of need. Whilst challenging, this refocusing places us in a stronger position to deliver meaningful and sustainable outcomes over the long term

Evolving Our Funding Partnerships

As part of our strategic transformation, we made the difficult but necessary decision to step away from certain funding relationships that no longer aligned with our future direction.

At the same time, we have worked proactively to establish and strengthen relationships with new NHS funding partners whose priorities are closely aligned with preventative, community-based support. This evolution represents more than a change in funding source; it reflects a wider shift towards partnership models that support innovation, early intervention and system-wide improvement.

We remain committed to ensuring that every funding relationship supports our values, strategic objectives and the needs of the communities we serve.

National Recognition and Policy Influence

A standout achievement this year was the opportunity to provide evidence and showcase our work in the House of Lords.

Being invited to contribute to national discussions on the experiences of autistic young people and families was both a privilege and a significant recognition of the expertise developed by our team and the lived experiences of those we support.

This prestigious platform allowed us to elevate the voices of young people and families, highlight the challenges they continue to face and advocate for meaningful improvements across health, education and social care systems. It also demonstrated the growing influence of our organisation as a trusted contributor to conversations about autism, early intervention and service reform.

We are proud that the insights gathered through our frontline work are helping to inform decision-makers and shape wider discussions about the future of support for autistic young people.

Frontline Impact and Supporting Families

Throughout this period of organisational change, our unwavering focus has remained on the young people and families who rely on us.

Our teams have continued to provide practical support, advocacy, guidance and interventions that help families navigate increasingly complex systems. Every day we witness the difference that timely support can make in reducing distress, preventing escalation and improving quality of life.

The experiences of the families we work alongside continue to inform our service delivery, strategic planning and advocacy priorities. Their voices remain at the heart of everything we do.

Building a Platform for Systems Change

Whilst direct support remains central to our work, we recognise that lasting impact requires change beyond individual interventions.

Over the past year, we have strengthened our commitment to systems change by combining frontline insight with strategic influence. Our ambition is not only to support autistic young people and families when challenges arise, but also to help shape the systems that affect their lives.

By bringing together evidence, lived experience and professional expertise, we are increasingly contributing to conversations about policy, service design and commissioning. We believe this dual focus, delivering practical support while influencing wider change, is essential to creating a fairer and more responsive system.

A Message From The Peer Support Team

Over the past year, we have continued to create safe, welcoming and inclusive spaces where young people can feel heard, understood and accepted for who they are. Through our peer support, mentoring, group sessions, activities and holiday programmes, we have supported young people to build confidence, develop new skills, connect with others and explore their emotions in ways that work for them.

Our work is rooted in lived experience. We understand that every young person is different, and we aim to meet them where they are, building trusting relationships and creating opportunities for them to recognise their strengths and feel empowered.

This year has been full of growth, connection and meaningful moments. Most importantly, we have seen young people take steps towards greater independence, confidence and participation.
This report celebrates the young people we have supported, the activities we have delivered and the impact our work has had over the past year.

Financial Review

The Statement of Financial Activities for the year is set out on page 7 of the financial statements. The charity's total income for the year was £180,976, compared with £183,291 in the prior year. Expenditure amounted to £223,931, resulting in a net movement in funds of (£42,955).

The principal funding sources during the year were [list main sources, e.g. grants, donations, earned income].

Reserves Policy

The trustees have established a policy to maintain unrestricted reserves sufficient to meet 1 months of core operating costs, currently estimated at £15,500. At 31 December 2025, unrestricted reserves amounted to (£6,722). The trustees have reconciled the reported reserves with those in the financial statements and explained any designated or committed amounts and expected timing of use.

Principal Risks and Uncertainties

The trustees have reviewed the major risks and uncertainties facing the charity, including financial sustainability, governance, environmental and cyber risks, and reputational factors.

Going Concern

The trustees confirm that they have assessed the charity's ability to continue as a going concern for at least twelve months from the date of approval of these financial statements and are satisfied that the charity has adequate resources to continue its operations.

At 31 December 2025, the charity had low reserves, an unrestricted funds deficit and net current liabilities. Since the year end, its financial position has improved following a change in its funding arrangements and the development of new relationships with NHS and charitable funding partners. During 2026, the charity has received income of £208,300 and donations of £4,360, with a further £54,500 forecast before the end of the year. Further grant income of £198,000 is anticipated during the first quarter of 2027.

At 4 September 2026, the charity held cash balances of £97,551.

The trustees have reviewed cash-flow forecasts covering at least twelve months from the expected date of approval of the financial statements. These forecasts take account of the timing and restrictions applying to grant income, forecast expenditure and the extent to which anticipated funding has not yet been secured. On the basis of the income already received, the current cash position and expected future funding, the trustees are satisfied that the charity has sufficient resources to meet its liabilities as they fall due. They therefore consider it appropriate to prepare the financial statements on the going-concern basis.

Investment Policy

Where the charity holds investments, the trustees ensure they are managed in accordance with the charity's investment policy, which takes account of ethical, social and environmental considerations.

Structure, Governance and Management

New trustees receive induction covering the charity's structure, objectives, and policies. Ongoing training and governance updates are provided as appropriate.

Remuneration Policy

The remuneration of key management personnel is determined by the trustees with reference to external benchmarking and the charity's financial position.

Emotion Dysregulation in Autism
Trustees' Annual Report
for the year ended 31 December 2025

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In preparing these financial statements, the trustees are required to:

a) select suitable accounting policies and apply them consistently;
b) observe the methods and principles in the Charities SORP;
c) make judgments and accounting estimates that are reasonable and prudent;
d) state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Board of Trustees on the 28 September 2026 and signed on its behalf by:

D.F.C.Ross-Thomas
D F C Ross-Thomas (Sep 28, 2026 16:22:41 GMT+1)
Declan Ross-Thomas
28 September 2026

Independent Examiner's Report to the Trustees of

Emotion Dysregulation in Autism

I report to the trustees on my examination of the financial statements of Emotion Dysregulation in Autism for the year ended 31 December 2025 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and Basis of Report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1) accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2) the financial statements do not accord with those records; or
3) the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

R. H. Jeffs + Rowe Ltd.

Robert Thomas BSc FCA
for and on behalf of R. H. Jeffs and Rowe Ltd
Chartered Accountants
Pontypridd

Date: 28 September 2026

Emotion Dysregulation in Autism

Statement of Financial Activities
for the year ended 31 December 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	*Unrestricted funds 2024 £*	*Restricted funds 2024 £*	*Total 2024 £*
Income from:	2						
- Grants		19,415	4,200	23,615	92,000	88,854	180,854
- Donations and legacies	2	2,977	-	2,977	2,437	-	2,437
From Trading Activities	2						
- Venue hire and rent		-	-	-	-	-	-
- Fee Income		154,380	-	154,380	-	-	-
Total Incoming Resources		176,776	4,200	180,976	94,437	88,854	183,291
Expenditure							
Charitable activities	3	188,629	35,302	223,931	101,267	89,556	190,823
Total Resources Expended		188,629	35,302	223,931	101,267	89,556	190,823
Net Incoming (Outgoing) resources		(11,853)	(31,102)	(42,955)	(6,830)	(702)	(7,532)
Transfer Between Funds		372	(372)	-	-	-	-
Net Incoming (Outgoing) resources		(11,481)	(31,474)	(42,955)	(6,830)	(702)	(7,532)
Total Funds brought forward		4,759	40,972	45,731	11,589	41,674	*53,263*
Total Funds carried forward	9	(6,722)	9,498	2,776	4,759	40,972	45,731

The statement of financial activities includes all gains and losses recognised in the year.

All incoming resources and resources expended derive from continuing activities.

Emotion Dysregulation in Autism

Charity number 1201408
Balance sheet
as at 31 December 2025

		2025		2024	
	Notes	**£**	**£**	**£**	**£**
Fixed Assets					
Tangible assets	**5**		3,263		*3,873*
Current Assets					
Debtors	**6**	2,900		*499*	
Cash at bank and in hand		12,312		*51,769*	
		15,212		*52,268*	
Creditors: amounts falling due within one year	**7**	(15,699)		*(10,410)*	
Net Current (liabilities)/assets			(487)		*41,858*
Net Assets			2,776		*45,731*
The Funds of the Charity					
Unrestricted Funds	**9**		(6,722)		4,759
Restricted Funds	**9**		9,498		40,972
Total Charity Funds			2,776		*45,731*

The financial statements were approved by the Trustee Board on 28 September 2026 and signed on its behalf by :-

D.F.C.Ross-Thomas
D.F.C.Ross-Thomas (Sep 29, 2026 16:22:41 GMT+1)

Declan Ross-Thomas

Notes to the financial statements for the year ended 31 December 2025

1. Accounting policies

1.1. Statutory Information

Emotion Dysregulation in Autism is a Charitable Incorporated Organisation registered in England and Wales, registration number 1201408. The registered office is 50-54 St. Pauls Square, Birmingham, England, B3 1QS. The nature of the charity's operations and principal activities is disclosed within the Trustees Report.

The financial statements are presented in Sterling (£), the charities functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

1.2. Basis of preparation and assessment of going concern.

The financial statements have been prepared under the historical cost convention, with items recognised at cost or transaction value unless otherwise stated in these notes.

They have been prepared in accordance with the Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK (FRS 102), and the Charities Act 2011. The Charities SORP is based on FRS 102 and provides a framework for accounting and reporting by charities in the UK.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Since year-end there has been a significant improvement in the charities cash position, and a number of new grants have been obtained. This provides evidence that going concern is a reasonable basis of preperation.

1.3. Taxation

As a registered charity Emotion Dysregulation in Autism, is entitled to the exemption from taxation in respect of income and capital gains received with sections 478-489 of the Corporation Tax Act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects purposes only.

Notes to the financial statements for the year ended 31 December 2025

1.4. Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.5. Incoming resources

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

The value of services provided by volunteers has not been included in these accounts.

Income from government grants, whether 'capital' or 'revenue' is recognised when the the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and not deferred.

Capital grants are classified in restricted funds with depreciation charged against the fund.

Room, venue hire and consultancy income is include in the accounts when the service is provided.

Income from investments is included in the accounts when the receipt is probable and the amount receivable can be measured reliably.

Notes to the financial statements for the year ended 31 December 2025

1.6. Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

1.7. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures and fittings	-	25% reducing balance
Computer equipment	-	33.33% straight line

Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8. Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Trade debtors and other debtors are recognised at the settlement amount due and prepayments are valued at the amount prepaid.

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9. Pensions

Employees of the charity are entitled to join a defined contribution "money purchase" scheme. The charity contribution is restricted to the contribution disclosed. Costs are allocated between restricted and unrestricted funds.

Notes to the financial statements for the year ended 31 December 2025

2	**Incoming Resources**	**Total year to 31/12/25 £**	**Total year to 31/12/24 £**
	Included within Incoming Resources for the year are:		
	Grants Received:		
	Unrestricted:	19,415	92,000
		19,415	92,000
	Restricted:		
	Restricted grant income	-	-
	BBC Children in Need	-	14,501
	Born This Way Foundation	-	27,264
	Young Gamechangers	-	19,979
	Commonwealth Games	-	4,500
	Groundwork	-	9,900
	Blagrave Listening Fund	-	12,710
	United by 2022	2,000	-
	Department of Work and Pensions	2,200	-
		4,200	88,854
	Total Grant income	23,615	180,854
	Donations and legacies		
	Donations and gifts	2,977	2,437
		2,977	2,437
	Income from charitable activities		
	Fee Income	154,380	-
		154,380	-
	Total income	180,976	183,291

Notes to the financial statements for the year ended 31 December 2025

3 Total resources expended

	Basis of Allocation	Charitable Activities	Governance	Total year to 31/12/25	Total year to 31/12/24
		£	£	£	£
Governance costs					
Governance	Direct	-	-	-	3,615
Audit & Accountancy	Direct		423	423	624
Independent examiners fees	Direct	-	2,400	2,400	-
Subscriptions	Direct	-	-	-	104
Bad debts	Direct	(1,393)	-	(1,393)	-
		(1,393)	2,823	1,430	4,343
Direct and Support costs allocated to activities					
Staff costs	Direct	152,939	-	152,939	121,630
Social security costs	Direct	8,670	-	8,670	2,217
Pension costs	Direct	1,630	-	1,630	1,327
Training and other staff costs	Direct	3,621	-	3,621	10,927
Printing, postage and stationery	Direct	90	-	90	-
Rent payable	Direct	192	-	192	-
Insurance	Direct	1,926	-	1,926	1,786
Consultancy	Direct	28,853	-	28,853	-
Telephone and internet	Direct	424	-	424	338
I.T. software and consumables	Direct	4,778	-	4,778	6,682
Travelling expenses	Direct	8,896	-	8,896	10,342
Events	Direct	1,694	-	1,694	13,894
Advertising	Direct	5,108	-	5,108	1,614
Bank Charges	Direct	-	-	-	47
Subscriptions	Direct	-	-	-	-
General expenses	Direct	1,792	-	1,792	240
Legal & Professional	Direct	217	-	217	-
Depreciation and impairment	Direct	1,040		1,040	1,659
Office Costs	Direct	-		-	66
Other Direct expenses	Direct	631	-	631	13,711
		222,501	-	222,501	186,480
		221,108	2,823	223,931	190,823

Notes to the financial statements for the year ended 31 December 2025

4 Staff Costs

	Total year to 31/12/25 £	Total year to 31/12/24 £
Staff costs during the year comprised of the following:		
Wages and salaries	152,939	121,630
Social security costs	8,670	2,217
Pension contributions	1,630	1,327
	163,239	125,174

The average number of full time and full time equivalent employees during the year was as follows:

	7	7
	7	7

Key management personnel

The key management personnel as detailed in the trustees report received benefits (consisting of gross salary, employers national insurance and employers pension) totalling £ (last year: £....).

Employees earning > £60,000

There was no employees who received emoluments of £60,000 or more during the year (2024: nil).

Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the current or prior year.

Notes to the financial statements for the year ended 31 December 2025

5 Tangible fixed assets

	Plant equipment £	Computer Equipment £	Total £
Cost or Valuation			
At 1 January 2025	2,220	3,312	5,532
Additions	-	429	429
At 31 December 2025	2,220	3,741	5,961
Depreciation			
At 1 January 2025	555	1,104	1,659
Charge for the year	416	623	1,039
At 31 December 2025	971	1,727	2,698
Net book values			
At 31 December 2025	1,249	2,014	3,263
At 31 December 2024	1,665	2,208	3,873

6. Debtors

	2025 £	2024 £
Trade debtors	1,200	499
Prepayments	1,700	-
	2,900	499

7. Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	450	419
Other taxes and social security costs	12,452	7,501
Other creditors	372	791
Accruals and deferred income	2,425	1,699
	15,699	10,410

8 Related party transactions

There were no related party transactions during the year.(2024 - Nil)

Notes to the financial statements for the year ended 31 December 2025

9 Movement on Funds

	At 01/01/24	Incoming Resources 2024	Outgoing Resources 2024	Transfers 2024	At 31/12/24	At 01/01/25	Incoming Resources 2025	Outgoing Resources 2025	Transfers	At 31/12/25
Unrestricted funds	£	£	£	£	£	£	£	£		£
General	11,589	94,437	(101,267)		4,759	4,759	176,776	(188,629)	372	(6,722)
Total unrestricted funds	11,589	94,437	(101,267)	-	4,759	4,759	176,776	(188,629)	372	(6,722)
Restricted funds										
The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:										
Univeristy of Birmingham	372			-	372	372			(372)	-
Commonwealth Games - Social Action	4,491	4,500	(5,339)	-	3,652	3,652				3,652
Innovate UK - Peer Support	6,289		(4,643)	-	1,646	1,646				1,646
Blagrave Listening Fund - Peer Support	12,198	12,710	(6,012)	-	18,896	18,896		(18,896)		-
Allen Lane Foundation - Peer Support	5,688		(5,688)	-	-	-				-
West Midlands Police Comm.	2,636			-	2,636	2,636		(2,636)		-
National Lottery - Peer Support	10,000		(10,000)	-	-	-				-
Young Gamechanges - Peer Support		19,979	(19,979)	-	-	-				-
Groundwork - Peer Support		9,900	(7,525)	-	2,375	2,375		(2,375)		-
Children in Need - Peer Support		14,501	(3,508)	-	10,993	10,993		(10,993)		-
Born This Way - Peer Support		27,264	(26,862)	-	402	402		(402)	-	-
							2,000			2,000
							2,200			2,200
Total Restricted funds	41,674	88,854	(89,556)	-	40,972	40,972	4,200	(35,302)	(372)	9,498
Total funds	53,263	183,291	(190,823)	-	45,731	45,731	180,976	(223,931)	-	2,776

As noted above the restricted funds held are to be used for peer support and social action in line with the charity's objectives, by providing training, education and organising community workshops.

2025 Emotion Dysregulation Signed Accounts (1)

Final Audit Report 2026-09-29

Created:	2026-09-29
By:	Zaynab Sohawon (zaynab1205@gmail.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAAGf9b52zE_Xv4TAwbS8j4zbiYW1wYDwgG

"2025 Emotion Dysregulation Signed Accounts (1)" History

Document created by Zaynab Sohawon (zaynab1205@gmail.com)
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