Survivors Together CIO

Registered Charity No: 1201320

Report and Accounts for the year to 31st December 2025

Survivors Together	Charity No	1201320

Legal and Administrative Information

Trustees	Hilary Colston Janice Anne Lewis (Chair) Brian Dexter (Treasurer) Helen Mash -appointed 5 February 2024 Sophie Howell -appointed 2 September 2025 Alexandra Eleftheriou- appointed 2 September 2025 Yvonne Fletcher - appointed 2 September 2025
Principal Address	Memorial Community Church 389-395 Barking Road Plaistow LONDON E13 8AL
Bankers	Nat West Bank East Ham (A) Branch 37 High Street North London E6 1HS
Independent Examiner	GSM Griffin Stone Moscrop & Co 21-27 Lamb's Conduit Street London, WC1N 3GS.

	Survivors Together	Charity No	1201320
	Chair's Report for the year ending 31st December 2025		

The trustees present their report and accounts for the year ended 31st December 2025

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charities Act 2011 and the SORP "Accounting and Reporting by Charities" issued in March 2008.

Structure and Governance
Survivors Together is a small charity. The Trustees are responsible for the govenance of the charity but the day to day management is undertaken by the Development Worker who reports to the steering committee.
The charity has three employees, pays for sessional and creche workers but relies heavily on volunteers

Risk
The trustees have given due consideration to the major risks to which the charity is exposed, and are satisfied that systems, policies and procedures are in place to mitigate expose to major risks.

Objectives
The charities objectives are
(I) the preservation, development and protection of good mental and emotional health among victims of childhood sexual abuse, by the provision of mutual support, education and support groups
(II) to advance the education of the public in matters relating to sexual abuse, including danger signs and how abuse can be identified and addressed

The charity provides support to women survivors of sexual abuse - providing a safe space, building friendships and being a place where women can build friendships with each other.
Work consists of group meetings and individual sessions. It operates predominantly in London Borough of Newham

Activity and Strategic Review

Survivors Together is a social support group with therapeutic themes in our work. We encourage healing journeys to enable what is a devastating and profound event or series of events on a life, to enable the ability to move from the position of victim to surviving and then thriving.

Our application to the Lloyds Foundation was successful in 2024; the Lloyds Foundation have awarded £25.000 a year for three years from May2024, dependent on the funding being matched. A donor has matched the first two years and further funding has been found for 2026.

Sarah Ward, the charity development worker took on the role of lead employee whilst the trustees looked at the staff structure prior to seeking new staff. Gill Sage continued to give administrative support.

The Lloyds Foundation have made available their capacity building programme, and the trustees began working with Locality.

A more detailed annual report with reports from events, meetings and words from our clients is available from the charity.

	Survivors Together	Charity No	1201320
	Chair's Report for the year ending 31st December 2025		

Financial Review

The Charity's financial transactions during the year and the financial sitiuation at the end of the year are set out in the following accounts. The trustees consider the financial position to be satisfactory.

Our income £78,309 (2024: £81,714) is on target. Of this, the sum transferred from the trust is £- (2024: £400) and new income is £78,309

Our expenditure was £ 60,732 (2024: £57,578), including expenditure of £8,333 from restricted funds. Our free reserves position with a closing balance of £59,339 (2024: £53,429) is as planned by the trutees, leaving the CIO in a good position for the year ahead. Expenditure was delayed in the year due to difficulty in recruiting a second Project Manager.

Reserves Policy

The charity policy is to aim to hold free reserves equivalent to six months expenditure to give the trustees time to make and implement necessary actions should funding drop or come to an end. Based on the current year, that target figure is £50,000. Total reserves stand at £71,006 of which £11,667 is retricted funds. The Free reserves figure is therefore £59,339. Which is just above target.

Post Year end events

There are no post-year events that affect the charity's financial security, activities nor an understanding of the accounts

Signed: *Hilary Colston* Date approved 24/10/2026

Chair of Trustees

	Survivors Together	Charity No	1201320
	Independent Examiner's Report		

To the Trustees.
I report on the accounts of the Trust for the year ended 31st December 2025, which are set out in the following pages.

Respective responsibilities of trustees and examiner
The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.
Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:
Examine the accounts under section 145 of the 2011 Act;
To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
To state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanation s from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention:
Which gives me reasonable cause to believe that in any material respect the requirements:

- To keep accounting records in accordance with section 386 of the companies Act 2011; and
- To prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities(2008);

have not been met; or
to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Dated

	Survivors Together			Charity No	1201320	CC17a
	Annual accounts for the period					
	From	01/01/2025	To	31/12/2025		

Section A Statement of financial activities

Registered Charity No: 1201320	Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Incoming resources (Note 3)						
Incoming resources from generated funds						
Voluntary income	S01	33,309	-	-	33,309	32,350
Investment income	S03	-	-	-	-	-
Incoming resources from charitable activities	S04	25,000	20,000	-	45,000	48,964
Other incoming resources	S05	-	-	-	-	400
Total incoming resources	S06	58,309	20,000	-	78,309	81,714
Resources expended (Notes 4-8)						
Costs of Generating Funds		-	-	-	-	-
Costs of generating voluntary income	S07	-	-	-	-	-
Charitable activities	S10	50,631	8,333	-	58,964	56,320
Governance costs	S11	1,768	-	-	1,768	258
Other resources expended		-	-	-	-	-
Total resources expended		52,399	8,333	-	60,732	56,578
Net incoming/(outgoing) resources before transfers		5,910	11,667	-	17,577	25,136
Gross transfers between funds		-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		5,910	11,667	-	17,577	25,136
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Gains and losses on investment assets		-	-	-	-	-
Net movement in funds		5,910	11,667	-	17,577	25,136
Total funds brought forward		53,429	-	-	53,429	28,293
Total funds carried forward		59,339	11,667	-	71,006	53,429

Survivors Together				Charity No	1201320	CC17a
		Annual accounts for the period				
From		01/01/2025	To	31/12/2025		

Section B

Registered Charity No: 1201320

	Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets		F01	F02	F03	F04	F05
Tangible assets	(Note 6)	-	-	-	-	-
Investments		-	-	-	-	-
Total fixed assets		-	-	-	-	-
Current assets						
Debtors	(Note 7)	71	-	-	71	71
Cash at bank and in hand		62,293	11,667	-	73,960	56,444
Total current assets		62,364	11,667	-	74,031	56,515
Creditors: amounts falling due within one year	(Note 8)	3,025	-	-	3,025	3,086
Net current assets/ (liabilities)		59,339	11,667	-	71,006	53,429
Total assets less current liabilities		59,339	11,667	-	71,006	53,429
Creditors: amounts falling due after one year		-	-	-	-	-
Net assets		59,339	11,667	-	71,006	53,429
Funds of the Charity						
Unrestricted funds		59,339			59,339	53,429
Restricted income funds	**(Note 9)**		11,667		11,667	-
Endowment funds	**(Note 9)**			-	-	-
Total funds		59,339	11,667	-	71,006	53,429

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Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Hilary Colston	Hilary Colston	24/10/2026
BJ Dexter	Brian Dexter	24/10/2026

Registered Charity No: 1201320

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with the Charities Act.

Note 2 Accounting policies

INCOMING RESOURCES

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees consider that receipt of funds is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when receivable.

EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters and the cost of E&PL insurances.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost or a reasonable value on receipt.

	Survivors Together			Charity No	1201320
	Annual accounts for the period				
	From		01/01/2025	To	31/12/2025

Section C **Notes to the accounts**

Note 3 Analysis of incoming resources

	Analysis	This year £	Last year £
Voluntary income (S01)	General Cash Gifts and one-off Donations	1,655	3,292
	Cash Donation re Othona weekend	-	-
	Gifts in Kind	-	-
	HMRC NI Rebate	4,654	2,058
	Match funding donation	27,000	27,000
	Gift Aid recoverable	-	-
	Total	33,309	32,350
Investment income (S03)	Bank Interest	-	-
		-	-
	Total	-	-
Incoming resources from charitable activities (S04)	Grant from National Lottery [R]	20,000	-
	Aspers [U]	-	1,687
	Postcode Society Trust [U]	-	22,277
	lloyds Foundation [U]	25,000	25,000
		-	-
	Total	45,000	48,964
Other income (S05)	Transfer from Survivors Together Charitable trust	-	400
		-	-
	Total	-	400

	Survivors Together			Charity No	1201320
	Annual accounts for the period				
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Section C **Notes to the accounts**

Note 4 Analysis of resources expended

		This year £	Last year £
Expenditure on Raising Funds		-	-
		-	-
	Total	-	-
Expenditure on Charitable activities (S10)	Staff Costs	50,208	48,514
	Meeting Room Hire	308	296
	Meeting Costs and Speakers	240	206
	Events and other client support	706	467
	Publicity and advertising	1,356	4,163
	Volunteer and Staff Travel	200	312
	Phone/Stationery/Postage	396	995
	Office and IT costs	1,869	491
	Training	3,532	226
	Gifts and Grant support	-	-
	Publications	150	-
	Consultancy	-	500
	Depreciation	-	150
	Total	58,964	56,320
Expenditure on Support costs (S11)	Insurance	268	258
	Legal and professional fees	780	-
	Independent Examination	720	-
	Total	1,768	258

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	Annual accounts for the period				
	From		01/01/2025	To	31/12/2025

Section C **Notes to the accounts**

Note 5 Paid employees

During the year there were five employees of the organisation. None of the Trustees

Number of Employees

	2025	2024
Charitable Activities	3	2

Employment Costs	2025 £	2024 £
Wages and Salaries	46,702	46,198
NIC	3,038	2,058
Employer Pension costs	468	258
	50,208	48,514

Note 6 Tangible fixed assets

6.1 Cost or valuation

	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Land and Buildings £	Total £
Balance brought forward	-	2,662	-	2,662
Additions	-	-	-	-
Revaluations	-	-	-	-
Disposals	-	-	-	-
Transfers *	-	-	-	-
Balance carried forward	-	2,662	-	2,662

6.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	Straight Line 50%		
** Rate				
	£	£	£	£
Balance brought forward	-	2,662		2,662
Depreciation charge for year	-	-		-
Impairment provisions	-	-		-
Revaluations	-	-		-
Disposals	-	-		-
Transfers*	-	-		-
Balance carried forward	-	2,662		2,662

6.3 Net book value

Brought forward	-	-	-	-
Carried forward	-	-		-

	Survivors Together			Charity No	1201320
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Section C **Notes to the accounts** **(cont)**

Registered Charity No: 1201320

Note 7 Debtors and prepayments

Analysis of debtors	Amounts falling due within		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Trade debtors	-	-	-	-
Other debtors	61	61	-	-
Prepayments and accrued income	10	10	-	-
Total	71	71	-	-

Note 8 Creditors and accruals

8.1 Analysis of creditors

	Amounts falling due within		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Loans and overdrafts	-	-	-	-
Trade creditors	1,143	664	-	-
Payroll creditors	662	1,921		-
Defered Income	-	-		
Accruals	1,220	500	-	-
Total	3,025	3,085	-	-

	Survivors Together		Charity No	1201320
	Annual accounts for the period			
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Section C	Notes to the accounts		(cont)	

Note 9 Endowment and restricted income funds

9.1 Funds held

The charity holds the following Restricted Funds.

Fund Name	Type PE, EE or R	Purpose and Restrictions
The National Lottery	Restricted	Holistic and Transformative Support for Female Victims of Childhood Sexual Abuse and Sexual Violence 1 /8/25 to 31/7/26
Postcode Society Trust	Unrestricted	Unrestricted funding Providing support to improve mental health of survivors of sexual abuse.
Lloyds Bank Foundation	Unrestricted	Unrestricted funding supporting organisational development. Support also includes coaching sessions for Trustees.
Lloyds Match Funding	Unrestricted	Unrestricted match donor

It has no permanent nor expendable endowment funds

9.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Fund balances carried forward £
The National Lottery	-	20,000	8,333	11,667
	-		-	-
Total Restricted Funds	**-**	**20,000**	**8,333**	**11,667**
Postcode fund	5,056	-	-	5,056
Lloyds Bank Foundation	11,500	25,000	25,000	11,500
Match Fund	12,921	27,000	20,000	19,921
General Funds	23,952	6309	7,399	22,862
Total Unrestricted Funds Funds	**53,429**	**58,309**	**52,399**	**59,339**

Note 10 Related Party Transactions and Transactions with Trustees

During the year donations received from Trustees amounted to £27,000.

Two of the Trustees are also trustees of Memorial Community Church who provide office space and meeting rooms to the charity at their standard rates