HTH TEAMWORK CIO

Annual Report and Financial Statements

Year ending 31 March 2026

Charity number: 1201215

HTH TEAMWORK CIO

Contents

	Page
Legal and administrative	1
Report of the trustees	2-5
Report of the Independent Examiner	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the accounts	9-13

HTH TEAMWORK CIO
Legal and administrative

Trustees	Rev B Howell C Kennedy B Stoneman E McMaster
Charity number	1201215
Independent examiner	J Hart FCCA TIG Corporate Finance Limited Metropolitan House Longrigg Road Swalwell NE16 3AS

HTH TEAMWORK CIO
Report of the Trustees
Year ended 31 March 2026

The trustees present their annual report and financial statements for the year ended 31 March 2026. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

HTH Teamwork CIO (Happy to Help Gateshead) exists to help older people remain safe, independent and comfortable in their own homes for as long as possible.

Our team of Home Help Assistants provides practical domestic support, including cleaning, shopping, errands and prescription collection, enabling older people to continue living independently in the communities where they feel most secure and connected.

For more than 25 years, we have seen the difference that personalised support can make to people's lives. Our ethos is centred on choice, ensuring that every individual's needs, wishes and values shape the services they receive. We remain committed to delivering person-centred support for as long as people need us.

During 2025/2026, our short-term, free support services continued to provide valuable assistance to older people experiencing health and financial inequalities. Our one-to-one assisted outings service also remained in high demand, enabling people to attend appointments, maintain social connections and participate in activities that are important to them, with reassurance that support was available throughout their journey.

Review of the Year

Throughout the year, HTH Teamwork CIO continued to provide practical support that enabled older people across Gateshead to remain independent and maintain their quality of life.

During 2025/2026 we:

- provided regular domestic support, shopping and errands to 268 people
- supported 16 people through our one-to-one assisted outings service
- employed 32 local Home Help Assistants, creating valuable employment opportunities within the local community.

Why Our Work Matters

Many older people face a combination of practical, financial and health-related challenges that can make it increasingly difficult to live independently.

These include:

- loneliness, social isolation and bereavement
- health and financial inequalities
- limited access to transport due to poor mobility, disability or inadequate local infrastructure
- anxiety caused by anti-social behaviour, crime and concerns about personal safety
- reduced availability of community-based face-to-face support since the COVID-19 pandemic
- memory loss, disability, poor mobility, anxiety and low mood, increasing the risk of losing independence
- increased risk of falls, illness and injury when everyday household tasks become difficult to manage

- pressure on unpaid carers and family members
- reduced capacity within statutory health and social care services.

Our services help address these challenges by providing reliable, practical assistance that enables people to remain safely in their own homes while maintaining dignity, independence and choice.

Our Impact
Feedback from the people we support demonstrates the positive difference our services make. Feedback shows:

- 91% of customers feel more independent and better able to remain living in their own homes
- 83% report increased confidence through regular contact with our Home Help Assistants
- 67% say they experience greater comfort in their home, contributing to improved wellbeing and increased participation in community life
- 60% value the routine and structure provided by regular visits, helping reduce feelings of low mood and isolation
- 84% report reduced anxiety, with 91% of those individuals also experiencing improvements in their overall health
- 90% feel less isolated and report increased resilience.

Many customers also tell us that our support reduces pressure on family members, allowing relatives to spend quality time together rather than focusing solely on household tasks.

Social Impact
Our work delivers positive outcomes across several areas of people's lives.

Employment
Our organisation contributes to the local economy by:

- providing employment opportunities within Gateshead
- developing employability skills
- increasing social capital
- reducing reliance on informal family support.

Community
Our services help people to:

- remain connected with their communities
- access other support services
- reduce loneliness and social isolation
- build positive support networks
- maintain independent living
- strengthen relationships with family and friends.

Health and Wellbeing
Beneficiaries report improvements in:

- happiness and overall wellbeing

- confidence and self-esteem
- mental health
- motivation and positivity
- daily routine and structure
- comfort within the home
- feelings of empowerment
- opportunities to spend meaningful time with family.

Housing

Our support also contributes to:

- improved home organisation and cleanliness
- safer home environments
- increased confidence in managing daily living
- reduced vulnerability and fear of crime
- greater independence within the home.

Future Plans

Following our conversion from a Community Interest Company to a Charitable Incorporated Organisation in December 2022, we remain committed to delivering high-quality, person-centred support to older people across Gateshead.

Our priority during the coming year is to secure funding to continue our free, time-limited support service for a further 12 months. This service provides practical assistance to people recovering from illness, injury or surgery, those experiencing bereavement, and individuals whose unpaid carers require temporary respite or are temporarily unavailable.

We will continue to work closely with our referral partners to ensure support reaches those who need it most while strengthening referral pathways and developing new partnerships across the voluntary, community and public sectors.

We also intend to expand our reach by growing our workforce, increasing the number of people we support and continuing to evaluate and measure the social impact of our services.

Our focus remains on reducing isolation, promoting independence and enabling older people to live safely and well in their own homes for as long as possible.

Financial review

The financial statements show a net income in funds of £11,826 (2025 £5,457). The cash balance at the bank is £52,630 (2025 £39,964).

The trustees are pleased with the surplus in this financial period and are optimistic this will continue going forward.

The trustees consider that the ideal level of reserves as at 31 March 2026 would be around £60,000. At this level of unrestricted reserves the charity could maintain operation for approximately 3 months.

Current unrestricted reserves amount to £46,181. The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management
The charity was established as a Charitable Incorporated organisation on 2 December 2022. It's working name is Happy to Help Gateshead.

The trustees who served during the year and up to the date of signature of the financial statements were:

- Rev B Howell
- Mrs C Kennedy
- Mr B Stoneman
- Mrs E McMaster

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth. Trustees are not remunerated for the work they carry out for the charity.

Signed on behalf of the trustees, on 21 September 2026.

E. McMaster

E McMaster
Trustee

Report of the Independent Examiner to the trustees of HTH Teamwork CIO

I report on the financial statements of HTH Teamwork CIO for the year ended 31 March 2026 which are set out on pages 7 to 13.

Respective responsibility of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements
- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare financial statements which accord with the accounting records and to comply with the accounting requirements set out in the Charities (Accounts and Reports) Regulations 2008,

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

J Hart FCCA
TIG Corporate Finance Limited
Metropolitan House
Longrigg Road
Swalwell
Gateshead NE16 3AS

Date: 21 September 2026

HTH TEAMWORK CIO
Statement of Financial Activities
Year ended 31 March 2026

	Notes	2026 £	*2025 £*
Income			
Donations and legacies	**2**	**9,137**	*10,740*
Charitable activities	**3**	**255,400**	*224,871*
Other income	**4**	**10,500**	*5,365*
Total income		**275,037**	*240,976*
Expenditure on:			
Charitable activities	**5**	**263,211**	*235,519*
Total expenditure		**263,211**	*235,519*
Net income/(expenditure) and net movement in funds		**11,826**	*5,457*
Reconciliation of funds:			
Total funds brought forward		**48,396**	*42,939*
Total funds carried forward		**60,222**	*48,396*

HTH TEAMWORK CIO
Balance Sheet as at 31 March 2026

	Notes	2026		2025	
		£	£	£	£
Fixed assets					
Tangible assets	7		417		490
Current assets					
Debtors	8	12,858		13,811	
Cash at bank and in hand		52,630		39,964	
Total current assets		65,488		53,775	
Liabilities					
Creditors: amounts falling due within one year	9	5,683		5,869	
Net current assets			59,805		47,906
Total net assets			60,222		48,396
The funds of the charity					
Restricted funds			14,041		14,041
Unrestricted funds			46,181		34,355
Total charity funds	10		60,222		48,396

Approved by the trustees on 21 September 2026 and signed on its behalf by

E. McMaster

E McMaster

1 Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.
- Restricted funds are subject specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.
- Investment income is recognised on a receivable basis.
- Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract.

Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Fixed assets
Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Fixtures and fittings	15% on reducing balance

Pensions
The charity operates a defined contribution pension scheme. Contributions are charged to expenditure as they become payable in accordance with the rules of the scheme.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2026 £	*2025 £*
Citylife Business Support Grant	-	**1,008**	**1,008**	-
Charles Hayward Foundation	-	-	-	*5,500*
Gateshead Council – Community Chest	-	-	-	*5,240*
The National Lottery Community Fund (Awards for All)	-	**8,129**	**8,129**	-
	-	**9,137**	**9,137**	*10,740*

3 Income from charitable activities

	Unrestricted £	2026 £	*2025 £*
Home help services	**240,275**	**240,275**	*206,156*
Social care	**15,125**	**15,125**	*18,715*
	255,400	**255,400**	*224,871*

4 Other income

	Unrestricted £	2026 £	*2025 £*
Employment allowance	**10,500**	**10,500**	*5,365*

5 Expenditure charitable activities

	Unrestricted £	Restricted £	2026 £	*2025 £*
Staff costs	**229,888**	**4,579**	**234,467**	*208,155*
Rent	**2,220**	**-**	**2,220**	*2,220*
Travel expenses	**4,344**	**675**	**5,019**	*5,213*
Office costs	**1,684**	**1,258**	**2,942**	*3,768*
Telephone	**1,296**	**-**	**1,296**	*1,389*
Accountancy	**900**	**-**	**900**	*990*
Software and IT	**1,992**	**-**	**1,992**	*1,632*
Training	**552**	**-**	**552**	*-*
Repairs and renewals	**-**	**-**	**-**	*-*
Bank charges	**612**	**-**	**612**	*744*
Legal and professional	**1,008**	**-**	**1,008**	*3,300*
Insurance	**4,845**	**-**	**4,845**	*1,349*
Sundry expenses	**-**	**-**	**-**	*-*
Management fee and Core contribution	**4,659**	**2,625**	**7,284**	*6,672*
Depreciation	**74**	**-**	**74**	*87*
	254,074	**9,137**	**263,211**	*235,519*

6 Staff costs and remuneration of key management

	2026 £	*2025 £*
Salaries	**217,774**	*200,010*
Social security	**15,016**	*6,739*
Other pension costs	**1,677**	*1,406*
	234,467	*208,155*

The average number of employees during the year was 27 (2025 – 27) with all employee time involved in providing either support to the governance of the charity or support services to charitable activities.

No employees were paid £60,000 or more.

7 Tangible fixed assets

	Fixtures & Equipment
	£
Cost	
At 1 April 2025	4,544
Additions	-
At 31 March 2026	**4,544**
Depreciation	
At 1 April 2025	4,054
Charge for year	74
At 31 March 2026	**4,127**
Net Book Value	
At 31 March 2026	**417**
At 31 March 2025	490

8 Debtors

	2026	*2025*
	£	*£*
Trade debtors	**11,434**	*12,459*
Prepayments	**1,424**	*1,353*
	12,858	*13,812*

9 Creditors: amounts falling due in one year

	2026	*2025*
	£	*£*
Trade creditors	**447**	-
Other creditors	**4,220**	*4,220*
Taxation and social security	**26**	*659*
Accruals	**990**	*990*
	5,683	*5,869*

10 Total charity funds

	At 1 April 2025	Income	Expenditure	At 31 March 2026
	£	£	£	£
Restricted	14,041	9,137	9,137	14,041
Unrestricted	34,355	265,900	254,074	46,181
General	48,396	275,037	263,211	60,222

11 Trustees remuneration and expenses

No remuneration was paid to trustees in the period.

None of the trustees were paid expenses during the year.

12 Pension scheme

The charity operates a defined contribution pension scheme. The pension costs represent contributions payable to the scheme. The cost was £1,677 (2025 - £1,406).

13 Related parties

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £5,004 (2025: £4,500). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,280 (2025: £2,172).