EVESHAM & DISTRICT MENTAL HEALTH SUPPORT SERVICES (EDMHSS)

Registered Charity 1201066

Trustees' Report and Accounts

1st April 2025 to 31st March 2026

Registered Office:

EDMHSS
Church Street Hub
20 Church Street
Evesham
Worcestershire
WR11 1DS

Telephone: 01386 429454
Email: edmhss@btconnect.com
Website: edmhss.org

Evesham & District Mental Health Support Services

Names of Officers, Trustees and Staff

Appointed by EDMHSS (CIO) for the period 1st April 2025 to 31st March 2026

Hon. President: Nigel Huddleston MP
Hon. Vice President: Mr Keith James

Hon. Chairman: Mrs Lindsay Roach (resigned as Chair 10/06/25)
Mr Paul Baker (appointed as Chair 10/06/25)
Vacant
Hon. Vice Chairman: Mr Paul Baker (resigned as Vice-Chair 10/06/25)
Vacant
Hon. Treasurer: Mr Ron Whitehouse (resigned as Treasurer/Trustee 22/04/25)
Vacant
Hon. Secretary: Mrs Paige Martin (resigned as Secretary 10/06/25)
Mrs Lisa Bennett (appointed as Secretary 10/06/25)

Trustees:
Mrs Teresa Cerra
Mrs Laurie Whiting
Mrs Lindsay Roach
Mrs Paige Martin (resigned as Trustee 12/08/25)

Professional Advisers

General Practice: Dr Meena Sood
Psychology: Mrs Elizabeth Machnicki
Counselling: Shaun Goodwin MA
Dipls. Psych. Sup. Sand. UKCP reg. Qualified Supervisor
Counselling: Ms Jill Evans. BA Hons, IntegrativeCounsellor. Dip Therapeutic Counselling. BACP reg

Staff

Mrs Sally Dance (Charity Manager)
Mrs Tracey Brisband (Meeting Centre Activity Co-ordinator)
Mrs Debbie Dickson (Marketing, PR & Fundraising Assistant, Meeting Centre Support Worker)

Mrs Colette Clifford (Meeting Centre Support Worker, Cleaner)
Mrs Janet Whitton (Meeting Centre Support Worker)
Mrs Carolyn Pym (Meeting Centre Support Worker)
Mrs Clare Crew (Meeting Centre Support Worker) appointed 03/09/25
Mrs Aline Cornish (Meeting Centre Support Worker) appointed 05/11/25

Mission Statement

Evesham & District Mental Health Support Services is a local mental health charity, working for a better life for everyone with experience of mental distress. This is done by: advancing the views, needs and ambitions of people with experience of mental distress; promoting inclusion by challenging discrimination; creating awareness through information and campaigning; and producing services which reflect needs and diversity.

Objects

The objects of the CIO are for the public benefit of those living in Evesham and its surrounding areas, to preserve and protect the physical and mental health of persons suffering from mental health disorders or conditions of emotional mental distress by providing a centre to provide social, emotional and practical support, including counselling.

Structure, Governance and Management

The Charity is a Charitable Incorporated Organisation (CIO), registered with the Charity Commission under charity number 1201066 on 18th November 2022.

EDMHSS has been operating since 1973, becoming a registered charity, Evesham & Pershore Mind (part of Mind) in June 1999, before becoming an independent charity, Evesham & District Mental Health Support Services, in May 2012.

EDMHSS was originally registered with the Charity Commission as an Unincorporated Association, charity number 1076039. On 10th May 2022, the EDMHSS (Unincorporated Association) AGM decided that EDMHSS should seek the benefits of incorporated status. The new CIO was registered on 18th November 2022 and all activities and assets transferred to it over the following months. The transitioning process was completed by the end of 2023/24. The Trustees applied for the closure of the Unincorporated Association, and it was removed from the Charity Commission register in May 2024. Reporting on the old charity can still be provided on request.

The Charity is managed and administered by a Board of at least three Trustees (there are currently five). The first Trustees were appointed for staggered periods of 1-3 years; subsequent Trustees are appointed at a properly convened meeting of the Charity Trustees and serve for a term of three years. Retiring Trustees are eligible for reappointment.

New Trustees may be introduced to EDMHSS in a variety of ways, such as using its services, working as a volunteer, recommendation by existing Trustees, or through the Volunteer Bureau or advertisement. Every effort is made to reflect the diversity of the local community.

The Trustees confirm that they have referred to the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

Activities

Counselling for adults has been provided on Mondays and Fridays. Demand for counselling has been steady due to the cost-of-living crisis and referrals being made from NHS Talking Therapies, who are unable to cope with demand, resulting in long waiting lists. Sixteen hours of adult counselling are provided each week.

Evesham & District Meeting Centre, which is part of the UK Meeting Centre Support Programme, researched at the University of Worcester, operated two days per week until September 2025. Due to increased demand for the service, an extra day commenced in September 2025 and was full within a month. Thirty Six places are available each week. The Meeting Centre offers warm and friendly support to those living with dementia and their carers and is a valuable community resource.

A monthly Memory Café has operated and has supported those with memory loss issues and their carers. It has been very beneficial to these families.

The Charity office, the central hub of everything, has been very busy helping the local community, by way of email support, telephone support and face-to-face support.

Online, the Charity website is very popular, and Facebook and Instagram accounts have been actively used to promote services.

Complaints

There have been no formal complaints during the year.

Networking

There is constant liaison with staff of mental health/dementia services for the benefit of individuals. Likewise, we have a good relationship with local Doctors' Surgeries and other mental health/dementia professionals.

Other groups with whom we have had contact: Active Lifestyles Herefordshire and Worcestershire, Wychavon District Council, Evesham Town Council, Worcestershire Health and Care NHS Trust, Evesham Dementia Action Alliance, Evesham Charity Network, Evesham Rotary Club, The University of Worcester, Evesham Volunteer Centre, Pershore Plus Volunteer Centre, Tesco, Morrisons, Worcestershire Wellbeing Hub, Pershore Wellbeing Hub, Cavendish Park Care Home, Willow Bank Residential Home, Age UK Wyvern and many other local charities, too numerous to mention here.

The Charity website has been a great asset, as have online social platforms such as Facebook, Twitter and Instagram.

Insurance

The Charity is covered by an Insurance Policy, No CC010354, provided by Victor Insurance. This covers public and products liability, employer's liability and charity trustee indemnity, professional indemnity and fidelity.

Financial Review

During this reporting period: Income was £128,952.38; expenditure was £120,564.52; with a surplus of £8,387.86. There was £91,662.19 in the CIO's bank/cash accounts at year end.

Surplus was due to grants awarded and income from the Meeting Centre being open an extra day from September 2025.

EDMHSS charges for some (not all) of its services as a contribution towards covering costs. All charges are benchmarked against those of similar providers, and reductions are available for the unemployed, sick and others in need. The Charity also helps clients access the relevant benefits (such as Attendance Allowance and Personal Independence Payment) to which they are entitled.

The Charity aims to utilise as much of its income as possible to fulfil its objectives, within the year the income is generated. The Charity, therefore, aims to maintain its cash reserves at a sufficient level required to cover wind-up costs.

Looking Forward: 2026/2027

The Charity has sufficient financial resources to move into 2026/27. While it is an active fundraiser and charges for some of its services (with reductions for those in need), its main funding comes from grants. It always has a good pipeline of grant applications in place. Over recent years, however, a combination of the Covid-19 pandemic and lengthy economic crisis has simultaneously greatly increased the demand for our services, greatly increased our operating costs, and greatly decreased the availability of funding. For the second time in five years, we have operated with surplus income. This puts us in an excellent position to increase services according to need in the future.

The support that the Charity provides to vulnerable adults suffering from mental distress, including dementia, contributes to a reduction in hospitalisation and admission to care homes; a reduction in work-related stress; and improved social interaction and consequently social skills. We look forward to continuing our support and help to all suffering mental and emotional distress in this area and further afield. There will be continued liaison with the statutory bodies and many agencies in the voluntary sector. It is hoped that we will be able to bring innovative ideas to help support our local community and be responsive to all suggestions for improving our services.

Chairman's Report (2025/26)

Since writing the 2025 Chairman's Report, as Vice Chairman, I was honoured to be asked to act as Chairman for the Charity, which I duly accepted.
Having secured sufficient contributions in the year 24/25, the past year has been 'relatively calm', although we recognise that we cannot take the continued receipt of such contributions for granted.
Once again we have had to meet increased costs, particularly with minimum wage levels, plus services costs, i.e. gas, electricity and insurances.
In the past few months we have had negotiations with regard to a new landlord, for our Church Street Meeting Centre, which have been successfully completed, giving us certainty in being able to continue to provide our services in the forthcoming years.

In this respect, our services continue to expand, reaching a greater number of those attending the Centre, further confirming the need for our support and services to the local community.

It is undoubtedly a privilege to be Chairman of the organisation and I, and the trustees, really appreciate the commitment of the staff and volunteers and thank them for their continuing support. As usual I will not name them, but they know to whom I am referring.

Thanks are due firstly, to those donors, both external organisations and private donors, whose generosity allows us to operate and meet our financial outgoings and secondly, to our professional advisers for their continuing support to the Charity.

Finally, I would wish to thank my fellow trustees for their support and input in the past year. We have an exceptional balance of skills within our trustee body and those combined skills make us the trustee body we are.

As ever, we, being the whole organisation, remain committed to the community in providing our services and as expressed in previous years, the benefit of these cannot be underestimated.

Paul Baker
Chair of Evesham and District Mental Health Support Services.

Armstrongs
Chartered Accountants & Tax Advisers

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E053

19 August 2026

Mrs S Dance
Evesham & District Mental Health Support Services
20 Church Street
Evesham
Worcestershire
WR11 1DS

To the Trustees of Evesham & District Mental Health Support Services,

We have performed certain procedures in respect of the Charity's unaudited financial statements for the year ended 31 March 2026.

In accordance with your instructions we have examined these financial statements from the accounting records and information supplied to us. Please note, this is a professional examination, not a full audit of the draft accounts along with the books and records supplied to us. There were no material errors or differences identified.

In our opinion the accounts accurately reflect the Charity's financial performance and position for the year to 31 March 2026.

Yours Sincerely,

G C Accountancy Limited

ICAEW CHARTERED ACCOUNTANTS
Chartered Tax Advisers
xero PLATINUM PARTNER
Armstrongs
Incorporating GC Accountancy

Armstrongs is the practising name of G C Accountancy Ltd. Company Registration No. 05224039, Registered in England & Wales.
A list of directors is available on request.

EVESHAM & DISTRICT MENTAL HEALTH SUPPORT SERVICES

Income and Expenditure Account 2025/2026 - Receipts & Payments (Cash) Basis

	2025/2026		2024/2025	
INCOME	£	£	£	£
Dementia Meeting Centre				
Fundraising	830.00		129.00	
Meeting Centre Attendance	66,823.00		42,596.50	
Meeting Centre Donations	7,632.57		7,065.62	
Meeting Centre Grants (general)	7,853.14		2,500.00	
Meeting Centre Grants (restricted)	20,325.00		32,525.00	
Total Dementia Meeting Centre Income		103,463.71		84,816.12
Other EDMHSS				
Bank Interest	512.95		802.16	
Counselling Donations	10,015.00		11,410.00	
Donations	3,335.72		3,641.41	
Grants (general)			1,500.00	
Grants (restricted)	11,625.00		28,125.00	
Total Other EDMHSS Income		25,488.67		45,478.57
Total Income		128,952.38		130,294.69
EXPENDITURE				
Dementia Meeting Centre				
Activities	2,416.15		711.62	
Cleaning	296.37		213.10	
EDMHSS Office Rent & Rent Insurance	10,572.63		5,713.18	
Fundraising Expenditure	141.60		118.00	
Gas & Electricity	1,734.10		1,641.64	
Health & Safety	381.37		418.42	
Insurance	507.58		240.29	
Office Costs (IT)	478.99		730.08	
Payroll Administration	512.62		1,410.35	
Pension Contributions	2,398.23		2,025.57	
Refreshments	1,273.24		800.95	
Repairs & Renewals	1,872.89		433.38	
Salaries & National Insurance	61,250.02		45,610.52	
Security	397.44		553.70	
Stationery & Publicity	1,292.82		1,243.03	
Telephone & Broadband	548.02		676.76	
Training	854.96		0.00	
Volunteer Administration	12.00		72.00	
Water Supply	265.40		170.43	
Website	275.26		52.50	
Total Dementia Meeting Centre Expenditure		87,481.69		62,835.52
Other EDMHSS				
Cleaning	197.58		213.10	
EDMHSS Office Rent & Rent Insurance	7,048.42		5,713.17	
Fundraising Expenditure	94.40		118.00	
Gas & Electricity	1,156.06		1,641.64	
Health & Safety	254.25		418.41	
Insurance	338.39		240.30	
Office Costs (IT)	319.32		730.07	
Trustee Expenses	176.98		0.00	
Payroll Administration	341.75		1,410.35	
Pension Contributions	1,322.22		1,532.37	
Repairs & Renewals	1,248.59		433.38	
Salaries & National Insurance	19,152.80		23,222.12	
Security	264.96		553.70	
Stationery & Publicity	223.83		172.26	
Telephone & Broadband	365.34		676.76	
Training	169.50		1,033.56	

Volunteer Administration	48.00		36.00	
Water Supply	176.94		170.42	
Website	183.50		52.50	
Total Other EDMHSS Expenditure		33,082.83		38,368.11
Total Expenditure		120,564.52		101,203.63
Surplus/Deficit Income over Expenditure		8,387.86		29,091.06

EVESHAM & DISTRICT MENTAL HEALTH SUPPORT SERVICES (E.D.M.H.S.S.)

STATEMENT OF ACCOUNT - 31.03.2026

	£	£	£	£
Balance brought forward 01.04.25				
Cash Account		230.47		
Current Account		2,747.78		
Savings Account		80,296.08		
			83,274.33	
Surplus/Loss for the year			8,387.86	
Balance carried forward 31.03.26				91,662.19
Accumulated Fund at start of year		83,274.33		
Surplus/Loss for the year		8,387.86		
Accumulated Fund at end of year				91,662.19
Accumulated fund at end of year comprises:				
Cash Account		7,065.34		
Current Account		787.82		
Savings Account		83,809.03		
		91,662.19		

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting Policies

a. Accounts are prepared on the Receipts & Payments (cash) basis.
b. All turnover is generated in the UK.
c. The Charity has no endowments and no investments.

2. The Dementia Meeting Centre opened in July 2021. It is shown in the accounts as a separate cost centre.
Where overheads cover both Meeting Centre and Other EDMHSS activity, these have been split 60:40 to reflect that the Meeting Centre operates for 3 days a week.
Staff-related costs such as salaries and pension contributions have been split between the Meeting Centre and EDMHSS individually for each employee based on how their time is split between the Meeting Centre and other tasks.

3. The highest-paid employee received a salary of £29,120 throughout 2025/26

4. Liabilities

On 31 March 2026, the Charity owed £329.54 for pensions management for March 2026.
No sums were owed to the Charity.
The Charity has entered into a premises lease of £14,500 per annum to 31 July 2030 and paid a £2,750 deposit.
Pensions management is supplied under a contract with three months' notice of termination.

5. Trustees of the unincorporated Charity unanimously agreed at their 12 October 2021 Committee meeting to pursue CIO status for EDMHSS. At the 10 May 2022 AGM, members unanimously adopted the following resolution: *"It is resolved that, subject to Charity Commission approval, (1) the existing unincorporated EDMHSS be converted to a Foundation CIO having the same name and charitable objects; (2) all the assets and activities of the current EDMHSS be transferred to the new CIO; (3) the current unincorporated EDMHSS be removed from the Register of Charities."*. EDMHSS (unincorporated) has since gradually handed over all activities to EDMHSS (CIO) and ceased operating on 1 October 2023.

In February 2024, the Charity Commission approved the transfer of assets to the CIO. EDMHSS (unincorporated) had an accumulated reserve of £74,625.14 for donation to the CIO. Office equipment, furniture and stationery stock were sold to the CIO at the NBV of £0 in 2023/24. 2025/26 is the second financial year that the accounts reflect only the CIO entity.

6. Transactions during Financial Year relating to 2026/27

During April 2025 the Charity paid £285.67 relating to pensions management expenses for March 2025.
A restricted grant from John Martin's Charity of £6,250 was received but related to the period April 2026 - June 2026.
Building Insurance was of £201.25 was paid relating to the period 26/03/2026 - 25/03/2027
Rent payments of £3,750 was paid relating to the period 25/03/2026 to 23/06/2026.

EVESHAM & DISTRICT MENTAL HEALTH SUPPORT SERVICES (E.D.M.H.S.S.)

Restricted Grants 2025/2026

	£	£	£
Balance b/f from 1st April, 2025			6,350.00
Income			
Eveson Trust		5,000.00	
Tesco Stronger Starts		1,000.00	
Barchester Charitable Foundation		950.00	
John Martin's Charity		25,000.00	
		31,950.00	
Expenditure			
Eveson Trust	5,000.00		
Barchester Charitable Foundation	950.00		
John Martin's Charity	25,000.00		
Warburton's Community Grant	100.00		
		31,050.00	
Change in balance of restricted funds - current year			900.00
Balance of restricted funds c/f 31st March, 2026			7,250.00