Breathe Easy Norwich
1200970
NNUH
Paula Browne
Corriena Scollay
Penny Holland
Sue Flack
Pauline Laybourne

All trustees are involved with the monthly meetings (February to December). Committee meetings are held four times a year to discuss speakers and it is ensured that a variety of speakers are invited. Meetings are held around lung health and occasional interesting talks. When required new trustees are invited from monthly meetings that they feel would benefit the group. Trustees meetings take place once a year and ad-hoc.

The object of Breathe Easy Norwich is for the public benefit to preserve and protect good health among, and relieve the needs of people who are suffering from respiratory diseases, and their families and carers, in East Anglia, in particular providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as singing for lung health, pulmonary rehabilitation exercise and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

Meetings are held February to December two of which are parties, a birthday party to celebrate the founding of the group, a christmas party, and an AGM and auction. The meetings are two hours long where the first half is taken up with a speaker, except the parties and AGM, and the second half is a chance for refreshments, catch ups and a raffle is held. Raffle prizes are supplied by members of the group.

Successful and informative meetings took place have taken place which involved talks on the following subjects:

Age UK information and support
Consultant Physician from NNUH
Medical Detection Dogs
Floristy demonstration
Experience of lung transplantation
Respiratory Pharmacist
The Red Cross
Chair based yoga

On average we have 30 attendees and all meetings are well received.

The charity has donated money for nebuliser units on the respiratory ward at the Norfolk and Norwich hospital. Hand held fans, for the respiratory patients have also been purchased by the Charity.

CHARITY COMMISSION FOR ENGLAND AND WALES

BREATHE EASY NORWICH	No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date: 1st APRIL 25	To	Period end date: 31st MARCH 26

Section A Receipts and payments

	Unrestricted funds (to the nearest £)	Restricted funds (to the nearest £)	Endowment funds (to the nearest £)	Total funds (to the nearest £)	Last year (to the nearest £)
A1 Receipts					
MONTHLY RAFFLE	595	-	-	595	592
MEETING REFRESHMENTS	91	-	-	91	200
SALES	209	-	-	209	413
DONATIONS	4,950	-	-	4,950	1,870
LEGACIES		-	-	-	10,500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
***Sub total** (Gross income for AR)*	5,845	-	-	5,845	13,575
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,845	-	-	5,845	13,575
A3 Payments					
ROOM HIRE	680	-	-	680	730
PRINTING	1,593	-	-	1,593	1,176
MAGAZINE	540	-	-	540	533
ACTIVITIES	747	-	-	747	470
BANK CHARGES	113	-	-	113	30
PURCHASES	5,917	-	-	5,917	4,193
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	9,590	-	-	9,590	7,132
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	9,590	-	-	9,590	7,132
Net of receipts/(payments)	- 3,745	-	-	- 3,745	6,443
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 3,745	-	-	- 3,745	6,443

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	IN BANK ACCOUNT	25,720	-	-
		-	-	-
		-	-	-
	Total cash funds	**25,720**	**-**	**-**
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
NONE	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
NONE		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
SPEAKER AND LEAD 2025	B.E.N..	150	-
MICROPHONE 2025	B.E.N..	100	-
ROLLER BNNERS2026	B.E.N..	140	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
NONE		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M. BAGGALEY	